



KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING - 5 KM

B4SPORT

Organizator: PFNW
Data: 2016-06-11
Miejsce: Kolbuszowa
Dystans: 5 km



Klasyfikacja: K40-44

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	KOŁODZIEJCZAK Beata	294	SOCHO TEAM	K40-44	1			00:07:26	00:16:51	00:33:50.25	00:41:16.95		6:46	8.9 (100%)
2	ZAŃKO Katarzyna	274		K40-44	2			00:07:27	00:17:19	00:35:14.40	00:42:41.60	+00:01:24 (4.0%)	7:02	8.5 (95.5%)
3	WAWRZYNIAK Anna	563	FACE NORDIC WALKING TEAM	K40-44	3			00:07:26	00:17:47	00:36:04.10	00:43:30.80	+00:02:13 (6.2%)	7:12	8.3 (93.3%)
4	KONIK Aleksandra	398	BIESZCZADZKI KLUB NORDIC WALKING	K40-44	4			00:07:28	00:18:03	00:36:05.95	00:43:34.30	+00:02:15 (6.3%)	7:13	8.3 (93.3%)
5	KORDOWSKA Bogusława	70	UPOJENI WIATREM	K40-44	5			00:07:28	00:18:05	00:36:19.95	00:43:48.30	+00:02:29 (6.9%)	7:16	8.3 (93.3%)
6	JÓŹWIAK Marianna	382	WTW.WŁOCŁAWEK	K40-44	6			00:07:27	00:17:58	00:36:42.45	00:44:09.95	+00:02:52 (7.8%)	7:20	8.2 (92.1%)
7	BIELIŃSKA-RUS Jagoda	104		K40-44	7			00:07:27	00:17:48	00:37:20.20	00:44:47.65	+00:03:29 (9.4%)	7:28	8 (89.9%)
8	MANDZIUK Marta	281	KBBB / TKKF	K40-44	8			00:07:31	00:19:01	00:37:54.75	00:45:26.05	+00:04:04 (10.7%)	7:35	7.9 (88.8%)
9	JONDERKO Julia	379	WŁÓCZYKIJE SKOCZÓW	K40-44	9			00:07:31	00:18:58	00:38:16.05	00:45:47.15	+00:04:25 (11.6%)	7:39	7.8 (87.6%)
10	MAŁODOBRY Wioletta	440	KOLBUSZOWSKI KLUB NORDIC WALKING	K40-44	10			00:07:31	00:19:11	00:38:45.45	00:46:16.50	+00:04:55 (12.7%)	7:45	7.7 (86.5%)
11	KĘDZIERSKA Edyta	622		K40-44	11			00:07:30	00:19:49	00:39:02.85	00:46:32.90	+00:05:12 (13.3%)	7:48	7.7 (86.5%)
12	OSAK Beata	469	CHODŻĘ Z SERCEM	K40-44	12			00:07:28	00:19:45	00:39:15.60	00:46:44.45	+00:05:25 (13.8%)	7:51	7.6 (85.4%)
13	SZEMBERSKA Małgorzata	534	KLUBSPORTU.PL	K40-44	13			00:07:27	00:19:58	00:40:03.20	00:47:31.15	+00:06:12 (15.5%)	8:00	7.5 (84.3%)
14	OBREBSKA Wioletta	463	CHODŻĘ Z SERCEM	K40-44	14			00:07:30	00:19:59	00:40:04.80	00:47:35.05	+00:06:14 (15.6%)	8:01	7.5 (84.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
15	GUZIOR Agnieszka	366	KLUBSPORTU.PL	K40-44	15			00:07:28	00:19:59	00:40:10.15	00:47:38.40	+00:06:19 (15.8%)	8:02	7.5 (84.3%)
16	CAG-SOBCZYK Edyta	317	KLUBSPORTU.PL	K40-44	16			00:07:27	00:20:03	00:40:22.25	00:47:50.20	+00:06:32 (16.2%)	8:04	7.4 (83.1%)
17	MARCINIUK Katarzyna	443	CHODZĘ Z SERCEM	K40-44	17			00:07:31	00:21:19	00:42:27.40	00:49:59.35	+00:08:37 (20.3%)	8:29	7.1 (79.8%)
18	KUŚMIEREK Beata	420	BŁĘKITNI NW DZIEMIANY	K40-44	18			00:07:27	00:21:10	00:42:30.70	00:49:58.15	+00:08:40 (20.4%)	8:30	7.1 (79.8%)
19	MYTYCH Elżbieta	458	KOLBUSZOWSKI KLUB NORDIC WALKING	K40-44	19			00:07:31	00:21:24	00:43:03.25	00:50:34.25	+00:09:13 (21.4%)	8:36	7 (78.7%)
20	KOWALCZYK Joanna	142	SANTANDER CONSUMER BANK	K40-44	20			00:07:29	00:22:18	00:43:54.75	00:51:24.35	+00:10:04 (22.9%)	8:47	6.8 (76.4%)
21	STEFAŃSKA Małgorzata	299	KLUB NW 'WŁÓCZYKIJE'	K40-44	21			00:07:29	00:22:25	00:43:56.25	00:51:25.50	+00:10:06 (23.0%)	8:47	6.8 (76.4%)
22	MIERZEJEWSKA Monika	669	KOLBUSZOWSKI KLUB NORDIC WALKING	K40-44	22			00:07:30	00:22:27	00:44:43.10	00:52:13.25	+00:10:52 (24.3%)	8:56	6.7 (75.3%)
23	KRZYŚCIN Mirosława	411	SANTANDER CONSUMER BANK	K40-44	23			00:07:29	00:22:14	00:44:44.45	00:52:14.00	+00:10:54 (24.4%)	8:57	6.7 (75.3%)
24	SZCZUREK Agnieszka	670	KOLBUSZOWSKI KLUB NORDIC WALKING	K40-44	24			00:07:30	00:22:27	00:44:48.85	00:52:19.35	+00:10:58 (24.5%)	8:57	6.7 (75.3%)
25	STĘPIEŃ Anna	233	SANTANDER CONSUMER BANK	K40-44	25			00:07:31	00:22:59	00:46:00.80	00:53:32.75	+00:12:10 (26.5%)	9:12	6.5 (73.0%)
DQ	ŚWIĆ Joanna	546	CHODZĘ Z SERCEM	K40-44		1	Tak	DQ	00:20:48 DQ	00:41:50.20 DQ	DQ		-	- (0.0%)
DQ	PRUSAK Edyta	269	KROKODYLE	K40-44			Tak	DQ	00:22:03 DQ	00:44:08.00 DQ	DQ		-	- (0.0%)

Znaleziono 27 wynik(ów)