



# KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING - 5 KM

B4SPORT

**Organizator:** PFNW  
**Data:** 2016-06-11  
**Miejsce:** Kolbuszowa  
**Dystans:** 5 km



Klasyfikacja: M-Dzieci

| Msc | Zawodnik                  | Numer      | Klub                             | Kategoria | Mkat | Żół.<br>kartki | Czer.<br>kartki | Czas<br>startu | 2.5km    | Czas<br>netto<br>5km | Czas<br>brutto<br>5km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|---------------------------|------------|----------------------------------|-----------|------|----------------|-----------------|----------------|----------|----------------------|-----------------------|----------------------|-----------------|----------------|
| 1   | <b>KUŚMIEREK Mateusz</b>  | <b>419</b> | BŁĘKITNI NW DZIEMIANY            | M-Dzieci  | 1    |                |                 | 00:00:06       | 00:17:08 | <b>00:34:00.95</b>   | <b>00:34:07.80</b>    |                      | 6:48            | 8.8<br>(100%)  |
| 2   | <b>GNUS Dawid</b>         | <b>602</b> | KBBB / TKKF                      | M-Dzieci  | 2    |                |                 | 00:00:08       | 00:17:08 | <b>00:34:08.70</b>   | <b>00:34:16.80</b>    | +00:00:07<br>(0.4%)  | 6:49            | 8.8<br>(100%)  |
| 3   | <b>SITKO Maciej</b>       | <b>510</b> | KOLBUSZOWSKI KLUB NORDIC WALKING | M-Dzieci  | 3    |                |                 | 00:00:06       | 00:17:20 | <b>00:35:14.95</b>   | <b>00:35:21.60</b>    | +00:01:14<br>(3.5%)  | 7:03            | 8.5<br>(96.6%) |
| 4   | <b>BIK Przemysław</b>     | <b>313</b> | KS METRACO POLKOWICE             | M-Dzieci  | 4    |                |                 | 00:00:07       | 00:17:18 | <b>00:36:04.85</b>   | <b>00:36:12.65</b>    | +00:02:03<br>(5.7%)  | 7:13            | 8.3<br>(94.3%) |
| 5   | <b>SUDOŁ Karol</b>        | <b>610</b> |                                  | M-Dzieci  | 5    |                |                 | 00:00:08       | 00:18:50 | <b>00:38:00.75</b>   | <b>00:38:08.95</b>    | +00:03:59<br>(10.5%) | 7:36            | 7.9<br>(89.8%) |
| 6   | <b>KOLASA Maciej</b>      | <b>391</b> | EPOKA NORDICA ŁÓDŹ               | M-Dzieci  | 6    |                |                 | 00:00:07       | 00:19:31 | <b>00:38:09.05</b>   | <b>00:38:16.60</b>    | +00:04:08<br>(10.8%) | 7:37            | 7.9<br>(89.8%) |
| 7   | <b>DZIEMIŃSKI Jan</b>     | <b>341</b> | BŁĘKITNI NW DZIEMIANY            | M-Dzieci  | 7    |                |                 | 00:00:07       | 00:18:54 | <b>00:38:19.90</b>   | <b>00:38:27.05</b>    | +00:04:18<br>(11.3%) | 7:40            | 7.8<br>(88.6%) |
| 8   | <b>LEŚNIEWSKI Wiktor</b>  | <b>620</b> |                                  | M-Dzieci  | 8    |                |                 | 00:00:08       | 00:19:22 | <b>00:39:12.90</b>   | <b>00:39:21.30</b>    | +00:05:11<br>(13.3%) | 7:50            | 7.6<br>(86.4%) |
| 9   | <b>ŁAGODA Paweł</b>       | <b>611</b> |                                  | M-Dzieci  | 9    |                |                 | 00:00:08       | 00:18:43 | <b>00:39:54.90</b>   | <b>00:40:03.35</b>    | +00:05:53<br>(14.8%) | 7:59            | 7.5<br>(85.2%) |
| 10  | <b>JABŁOŃSKI Dominik</b>  | <b>613</b> |                                  | M-Dzieci  | 10   |                |                 | 00:00:09       | 00:19:27 | <b>00:40:05.30</b>   | <b>00:40:14.30</b>    | +00:06:04<br>(15.1%) | 8:01            | 7.5<br>(85.2%) |
| 11  | <b>SALACH Konrad</b>      | <b>619</b> |                                  | M-Dzieci  | 11   |                |                 | 00:00:09       | 00:20:12 | <b>00:40:06.35</b>   | <b>00:40:15.35</b>    | +00:06:05<br>(15.2%) | 8:01            | 7.5<br>(85.2%) |
| 12  | <b>GRUDNOWSKI Norbert</b> | <b>362</b> | BŁĘKITNI NW DZIEMIANY            | M-Dzieci  | 12   |                |                 | 00:00:07       | 00:19:34 | <b>00:41:42.70</b>   | <b>00:41:49.85</b>    | +00:07:41<br>(18.5%) | 8:20            | 7.2<br>(81.8%) |
| 13  | <b>LEWANDOWSKI Jakub</b>  | <b>607</b> |                                  | M-Dzieci  | 13   |                |                 | 00:00:09       | 00:20:18 | <b>00:41:54.75</b>   | <b>00:42:04.05</b>    | +00:07:53<br>(18.8%) | 8:23            | 7.2<br>(81.8%) |
| 14  | <b>WĘGLARZ Adam</b>       | <b>606</b> |                                  | M-Dzieci  | 14   |                |                 | 00:00:09       | 00:22:11 | <b>00:44:38.65</b>   | <b>00:44:48.45</b>    | +00:10:37<br>(23.8%) | 8:55            | 6.7<br>(76.1%) |

| Msc | Zawodnik       | Numer | Klub                             | Kategoria | Mkat | Żół.<br>kartki | Czer.<br>kartki | Czas<br>startu | 2.5km    | Czas<br>netto<br>5km | Czas<br>brutto<br>5km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|----------------|-------|----------------------------------|-----------|------|----------------|-----------------|----------------|----------|----------------------|-----------------------|----------------------|-----------------|----------------|
| 15  | KONIK Mikołaj  | 396   | BIESZCZADZKI KLUB NORDIC WALKING | M-Dzieci  | 15   |                |                 | 00:00:06       | 00:22:11 | 00:44:48.20          | 00:44:54.95           | +00:10:47<br>(24.1%) | 8:57            | 6.7<br>(76.1%) |
| 16  | WALESZKO Adam  | 559   |                                  | M-Dzieci  | 16   |                |                 | 00:00:08       | 00:23:28 | 00:48:53.85          | 00:49:02.55           | +00:14:52<br>(30.4%) | 9:46            | 6.1<br>(69.3%) |
| 17  | NOWAK Mateusz  | 461   |                                  | M-Dzieci  | 17   |                |                 | 00:00:07       | 00:24:48 | 00:48:57.10          | 00:49:05.05           | +00:14:56<br>(30.5%) | 9:47            | 6.1<br>(69.3%) |
| 18  | STARZEC Patryk | 603   |                                  | M-Dzieci  | 18   |                |                 | 00:00:10       | 00:26:19 | 00:54:42.20          | 00:54:52.75           | +00:20:41<br>(37.8%) | 10:56           | 5.5<br>(62.5%) |

Znaleziono 18 wynik(ów)