



KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING - 5 KM

B4SPORT

Event: KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING
Organiser: PFNW
Date: 2017-06-03
Place: Kolbuszowa
Distance: 5 km



Classification: M30-39

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	Start_All 2.5km	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	STILLER Karol	214	KING&QUEEN	M30-39	1			00:03:12	00:14:24	00:29:12.10	00:32:24.40		5:50	10.3 (100%)
2	HAŁAS Marcin	76		M30-39	2			00:01:54	00:15:41	00:31:30.65	00:33:25.60	+00:02:18 (7.3%)	6:18	9.5 (92.2%)
3	BIŃCZYK Dariusz	13	ZABIEGANI CZĘSTOCHOWA	M30-39	3			00:01:54	00:15:40	00:31:47.10	00:33:42.05	+00:02:35 (8.1%)	6:21	9.4 (91.3%)
4	MITURA-ZIELONKA Paweł	134	RYBNICKI KLUB NORDIC WALKING	M30-39	4			00:01:55	00:16:11	00:33:03.20	00:34:59.15	+00:03:51 (11.7%)	6:36	9.1 (88.3%)
5	DEMBICKI Sebastian	32		M30-39	5			00:01:55	00:17:20	00:34:51.45	00:36:46.70	+00:05:39 (16.2%)	6:58	8.6 (83.5%)
6	MIESZKOWSKI Jan Paweł	299		M30-39	6			00:01:56	00:19:18	00:39:12.05	00:41:08.75	+00:09:59 (25.5%)	7:50	7.7 (74.8%)
7	WACŁAW Andrzej	507	MSP MDKN.W	M30-39	7			00:04:27	00:19:49	00:40:19.00	00:44:46.25	+00:11:06 (27.6%)	8:03	7.4 (71.8%)
8	KOCHANOWICZ Andrzej	297		M30-39	8			00:01:57	00:20:23	00:41:11.50	00:43:09.35	+00:11:59 (29.1%)	8:14	7.3 (70.9%)
9	KARCZEWSKI Krzysztof	85	RUCH PO ZDROWIE WŁOCŁAWEK	M30-39	9			00:01:56	00:21:56	00:45:04.30	00:47:00.40	+00:15:52 (35.2%)	9:00	6.7 (65.0%)
10	ŻEBRACKI Tomasz	52		M30-39	10			00:01:57	00:23:50	00:47:45.60	00:49:42.70	+00:18:33 (38.9%)	9:33	6.3 (61.2%)
11	PIASTA Tomasz	165	SANTANDER CONSUMER BANK S.A.	M30-39	11			00:00:45	00:27:10	00:54:36.45	00:55:22.05	+00:25:24 (46.5%)	10:55	5.5 (53.4%)

Total 11 results.