



KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING - 5 KM

B4SPORT

Organiser: PFNW
Date: 2016-06-11
Place: Kolbuszowa
Distance: 5 km



Classification: M55-59

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	2.5km	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	GAJEWSKI Eugeniusz	354	KS METRACO POLKOWICE	M55-59	1			00:03:33	00:15:25	00:31:02.85	00:34:36.05		6:12	9.7 (100%)
2	WOROCH Roman	572	KS METRACO POLKOWICE	M55-59	2			00:03:34	00:15:23	00:31:05.00	00:34:39.15	+00:00:02 (0.1%)	6:13	9.7 (100%)
3	MICHALSKI Andrzej	279	FACE NORDIC WALKING TEAM	M55-59	3			00:03:32	00:16:01	00:32:31.45	00:36:04.35	+00:01:28 (4.5%)	6:30	9.2 (94.8%)
4	CIEŚLUK Roman	61	EPOKA NORDICA ŁÓDŹ	M55-59	4			00:03:35	00:16:17	00:32:43.10	00:36:18.45	+00:01:40 (5.1%)	6:32	9.2 (94.8%)
5	SŁOMIAN Leszek	513	UNIA MIAST	M55-59	5			00:03:34	00:16:29	00:33:07.45	00:36:41.45	+00:02:04 (6.3%)	6:37	9.1 (93.8%)
6	FLIS Marek	697	GREEN TEAM ZIELONA GÓRA	M55-59	6			00:03:34	00:16:32	00:33:46.85	00:37:21.45	+00:02:44 (8.1%)	6:45	8.9 (91.8%)
7	ZARZYCKI Zdzisław	581		M55-59	7			00:03:35	00:17:01	00:34:28.75	00:38:03.90	+00:03:25 (10.0%)	6:53	8.7 (89.7%)
8	GAPIŃSKI Leszek	591	WESOŁY BORSUK TEAM	M55-59	8			00:03:34	00:16:59	00:34:43.10	00:38:17.70	+00:03:40 (10.6%)	6:56	8.6 (88.7%)
9	GIERLASIŃSKI Krzysztof	262		M55-59	9			00:03:32	00:17:30	00:35:01.80	00:38:34.75	+00:03:58 (11.4%)	7:00	8.6 (88.7%)
10	URBANIAK Marian	555		M55-59	10			00:03:33	00:17:29	00:35:05.80	00:38:39.40	+00:04:02 (11.5%)	7:01	8.5 (87.6%)
11	GOŁĘBIEWSKI Andrzej	267	KLUB NW 'PATYCZAKI' GRUDZIĄDZ	M55-59	11	1		00:03:33	00:17:25	00:35:34.00	00:39:07.95	+00:04:31 (12.7%)	7:06	8.4 (86.6%)
12	MOŻYSZEK Piotr	456	FORMA NA PIĄTKĘ NW PABIANICE	M55-59	12			00:03:33	00:17:56	00:36:18.15	00:39:51.35	+00:05:15 (14.5%)	7:15	8.3 (85.6%)
13	FRYC Jan	353	KOLBUSZOWSKI KLUB NORDIC WALKING	M55-59	13			00:03:34	00:19:12	00:39:00.85	00:42:35.55	+00:07:58 (20.4%)	7:48	7.7 (79.4%)
14	WACŁAW Andrzej	556	SKS MEDYK RZESZÓW NW	M55-59	14			00:03:34	00:19:34	00:39:13.40	00:42:47.70	+00:08:10 (20.8%)	7:50	7.6 (78.4%)

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15	MARCZYK Jerzy Paweł	447	FACE NORDIC WALKING TEAM	M55-59	15			00:03:36	00:20:12	00:40:56.45	00:44:32.70	+00:09:53 (24.2%)	8:11	7.3 (75.3%)
DQ	ŚRODA Jerzy	677	KOLBUSZOWSKI KLUB NORDIC WALKING	M55-59			Tak	DQ	00:19:34 DQ	00:39:41.50 DQ	DQ		-	- (0.0%)

Total 16 results.