

# KOŁOBRZESKA 15-STKA ZAŚLUBIN

B4SPORT  
INTELEGENNE ZAWODY SPORTOWE

**Event:** Kołobrzaska 15-stka Zaślubin  
**Organiser:** Miejski Ośrodek Sportu i Rekreacji  
**Date:** 2024-03-17  
**Place:** Kołobrzeg  
**Distance:** 15 km



Classification: K-30

Place	Participant	Number	Club	Category	MCat	Start time	Net time 15km	Czas brutto 15km	Gap	Pace min/km	Pace km/h
1	BOHOMIAHKOVA Khrystyna	44	STAYER RUN CLUB	K-30	1	00:00:00	00:55:15.82	00:55:16.14		3:41	16.3 (100%)
2	KUCZYŃSKA Wioletta	262	WIERZBICKI RUNNING PROJECT	K-30	2	00:00:00	00:57:01.95	00:57:02.92	+00:01:46 (3.1%)	3:48	15.8 (96.9%)
3	ZATOŃ Olga	564		K-30	3	00:00:14	00:59:38.90	00:59:53.21	+00:04:23 (7.4%)	3:58	15.1 (92.6%)
4	PRZYBYŁA Agnieszka	404	RUN GOKU TEAM	K-30	4	00:00:01	00:59:40.43	00:59:41.62	+00:04:24 (7.4%)	3:58	15.1 (92.6%)
5	KRYNICKA GRZYB Małgorzata	250		K-30	5	00:00:00	01:00:57.19	01:00:57.50	+00:05:41 (9.3%)	4:03	14.8 (90.8%)
6	CYGAN Małgorzata	85		K-30	6	00:00:06	01:03:38.87	01:03:45.08	+00:08:23 (13.2%)	4:14	14.1 (86.5%)
7	KUBIAK Jagoda	256		K-30	7	00:00:18	01:05:41.45	01:06:00.17	+00:10:25 (15.9%)	4:22	13.7 (84.0%)
8	MICKIEWICZ - SZYMAŃSKA Ilona	338		K-30	8	00:00:03	01:05:43.80	01:05:47.78	+00:10:27 (15.9%)	4:22	13.7 (84.0%)
9	STORCZYK-RAK Agnieszka	460		K-30	9	00:00:04	01:09:14.20	01:09:18.97	+00:13:58 (20.2%)	4:36	13 (79.8%)
10	MAZIEC Beata	325	NICE'S RUNNERSTEAM	K-30	10	00:00:05	01:09:23.43	01:09:28.50	+00:14:07 (20.4%)	4:37	13 (79.8%)
11	KUJTKOWSKA Urszula	264		K-30	11	00:00:37	01:09:39.61	01:10:17.56	+00:14:23 (20.7%)	4:38	12.9 (79.1%)
12	FELSKA Natalia	112	MŻS WOŁCZA MAŁA	K-30	12	00:00:35	01:13:09.79	01:13:45.35	+00:17:53 (24.5%)	4:52	12.3 (75.5%)
13	LIPKA Daria	289	KPP WAŁCZ	K-30	13	00:00:22	01:13:48.40	01:14:10.86	+00:18:32 (25.1%)	4:55	12.2 (74.8%)
14	WIĘSEK Natalia	530	ULTRA WAY TEAM	K-30	14	00:00:06	01:14:03.92	01:14:10.88	+00:18:48 (25.4%)	4:56	12.2 (74.8%)
15	GRABCZEWSKA Ewa	137	KPP WAŁCZ	K-30	15	00:00:24	01:14:51.80	01:15:16.80	+00:19:35 (26.2%)	4:59	12 (73.6%)
16	MACIAS Justyna	297	KB BRYZA POSTOMINO	K-30	16	00:00:19	01:17:28.82	01:17:48.28	+00:22:13 (28.7%)	5:09	11.6 (71.2%)
17	SAWICKA - WERS Urszula	429	NADMORSZY BIEGACZE KOŁOBRZEG	K-30	17	00:00:23	01:17:40.45	01:18:04.42	+00:22:24 (28.9%)	5:10	11.6 (71.2%)
18	GRABOWSKA Marta	138		K-30	18	00:00:33	01:20:51.72	01:21:24.77	+00:25:35 (31.7%)	5:23	11.1 (68.1%)
19	CIEŚLAK Monika	82		K-30	19	00:00:15	01:21:00.82	01:21:16.60	+00:25:45 (31.8%)	5:24	11.1 (68.1%)
20	WOJDA Paulina	596		K-30	20	00:00:21	01:21:36.86	01:21:58.74	+00:26:21 (32.3%)	5:26	11 (67.5%)
21	BOBER Anna	41	#ZALINIAMETYTEAM	K-30	21	00:00:32	01:21:51.75	01:22:24.72	+00:26:35 (32.5%)	5:27	11 (67.5%)
22	SUCHODOLSKA Aleksandra	466		K-30	22	00:00:42	01:22:07.29	01:22:50.27	+00:26:51 (32.7%)	5:28	11 (67.5%)
23	KUZIAK Aleksandra	273	GRABOWO	K-30	23	00:00:16	01:22:16.58	01:22:32.62	+00:27:00 (32.8%)	5:29	10.9 (66.9%)
24	SALAWA Anna	425	BIEGAJZMAŃKIEMTEAM	K-30	24	00:00:26	01:23:14.17	01:23:41.06	+00:27:58 (33.6%)	5:32	10.8 (66.3%)
25	MONGIAŁO Aleksandra	351		K-30	25	00:00:55	01:23:38.57	01:24:33.87	+00:28:22 (33.9%)	5:34	10.8 (66.3%)
26	OLESIŃSKA Patrycja	370		K-30	26	00:00:25	01:23:56.36	01:24:21.42	+00:28:40 (34.2%)	5:35	10.7 (65.6%)

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27	<b>KOWALSKA Katarzyna</b>	<b>225</b>	TRIDARKO	K-30	27	00:00:38	<b>01:24:41.31</b>	<b>01:25:20.27</b>	+00:29:25 (34.7%)	5:38	10.6 (65.0%)
28	<b>OLAS Iwona</b>	<b>367</b>		K-30	28	00:00:35	<b>01:25:35.82</b>	<b>01:26:11.25</b>	+00:30:19 (35.4%)	5:42	10.5 (64.4%)
29	<b>SIUTKOWSKA Martyna</b>	<b>442</b>		K-30	29	00:00:39	<b>01:26:49.48</b>	<b>01:27:29.40</b>	+00:31:33 (36.4%)	5:47	10.4 (63.8%)
30	<b>BRODECKA Monika</b>	<b>53</b>	BIEGOLAS KOSZALIN	K-30	30	00:00:29	<b>01:27:11.73</b>	<b>01:27:40.80</b>	+00:31:55 (36.6%)	5:48	10.3 (63.2%)
31	<b>BEJNAR Katarzyna</b>	<b>30</b>		K-30	31	00:00:27	<b>01:28:47.89</b>	<b>01:29:15.74</b>	+00:33:32 (37.8%)	5:55	10.1 (62.0%)
32	<b>FILIPIAK Honorata</b>	<b>117</b>		K-30	32	00:00:38	<b>01:30:00.70</b>	<b>01:30:39.21</b>	+00:34:44 (38.6%)	6:00	10 (61.3%)
33	<b>ROMANOWICZ Monika</b>	<b>411</b>	DZIKIE ŻÓŁWIE	K-30	33	00:00:47	<b>01:31:58.35</b>	<b>01:32:45.64</b>	+00:36:42 (39.9%)	6:07	9.8 (60.1%)
34	<b>ARTEMENKO Yana</b>	<b>11</b>		K-30	34	00:00:21	<b>01:32:21.59</b>	<b>01:32:43.27</b>	+00:37:05 (40.2%)	6:09	9.7 (59.5%)
35	<b>DĄBROWSKA Izabela</b>	<b>88</b>		K-30	35	00:00:30	<b>01:33:02.19</b>	<b>01:33:33.10</b>	+00:37:46 (40.6%)	6:12	9.7 (59.5%)
36	<b>CHMIELEWSKA Katarzyna</b>	<b>71</b>		K-30	36	00:00:39	<b>01:35:04.10</b>	<b>01:35:43.93</b>	+00:39:48 (41.9%)	6:20	9.5 (58.3%)
37	<b>RUDINICZ Sylwia</b>	<b>589</b>		K-30	37	00:00:56	<b>01:38:24.60</b>	<b>01:39:21.55</b>	+00:43:08 (43.8%)	6:33	9.1 (55.8%)

Total 37 results.