

KOŁOBRZESKA 15-STKA ZAŚLUBIN

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Wydarzenie: Kołobrzaska 15-stka Zaślubin
Organizator: Miejski Ośrodek Sportu i Rekreacji
Data: 2024-03-17
Miejsce: Kołobrzeg
Dystans: 15 km



Klasyfikacja: K-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
1	HAŁKA Justyna	146	KO-Ł-OB	K-40	1	00:00:09	01:05:22.04	01:05:32.01		4:21	13.8 (100%)
2	WIZE Małgorzata	541		K-40	2	00:00:03	01:06:00.16	01:06:03.27	+00:00:38 (1.0%)	4:24	13.6 (98.6%)
3	ANDRZEJCZAK Anna	6	NKB CHYŻY NOWY TOMYŚL	K-40	3	00:00:17	01:08:03.74	01:08:21.25	+00:02:41 (4.0%)	4:32	13.2 (95.7%)
4	BANASIAK Agnieszka	19		K-40	4	00:00:16	01:08:19.17	01:08:36.14	+00:02:57 (4.3%)	4:33	13.2 (95.7%)
5	NOWICKA Karolina	360	KB WYGAN	K-40	5	00:00:02	01:08:43.92	01:08:46.89	+00:03:21 (4.9%)	4:34	13.1 (94.9%)
6	CHODOR Martyna	73	7PRO SIÓDMIĄK TEAM	K-40	6	00:00:11	01:08:59.01	01:09:10.21	+00:03:36 (5.2%)	4:35	13 (94.2%)
7	IWANOWICZ Magda	160		K-40	7	00:00:32	01:12:01.47	01:12:33.90	+00:06:39 (9.2%)	4:48	12.5 (90.6%)
8	FEDORCZAK Joanna	111	NICE'S RUNNERSTEAM	K-40	8	00:00:11	01:12:09.31	01:12:20.45	+00:06:47 (9.4%)	4:48	12.5 (90.6%)
9	CHODOR Izabela	72	TKKF KOSZALIN	K-40	9	00:00:12	01:12:13.21	01:12:25.47	+00:06:51 (9.5%)	4:48	12.5 (90.6%)
10	KOZIARZ Anna	231		K-40	10	00:00:09	01:12:34.51	01:12:44.10	+00:07:12 (9.9%)	4:50	12.4 (89.9%)
11	TOMASZEWICZ Magda	501		K-40	11	00:00:16	01:12:42.98	01:12:59.78	+00:07:20 (10.1%)	4:50	12.4 (89.9%)
12	DŁUGA Magdalena	93	TEAM TERMINATORUN	K-40	12	00:00:12	01:13:07.15	01:13:20.12	+00:07:45 (10.6%)	4:52	12.3 (89.1%)
13	KUROWSKA Olga	269	SHELTIES RACE	K-40	13	00:00:40	01:14:29.41	01:15:09.46	+00:09:07 (12.2%)	4:57	12.1 (87.7%)
14	WYSOCKA Urszula	560		K-40	14	00:00:08	01:15:50.56	01:15:59.28	+00:10:28 (13.8%)	5:03	11.9 (86.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
15	ZIELIŃSKA Danuta	570	USB USTKA	K-40	15	00:00:07	01:17:03.35	01:17:11.17	+00:11:41 (15.2%)	5:08	11.7 (84.8%)
16	KLUPŚ Monika	209	POZYTYWNI Z PASJĄ	K-40	16	00:00:25	01:17:33.86	01:17:59.26	+00:12:11 (15.7%)	5:10	11.6 (84.1%)
17	MIKULSKA GAWLE Karina	342	UNITY LINE	K-40	17	00:00:15	01:18:05.86	01:18:21.46	+00:12:43 (16.3%)	5:12	11.5 (83.3%)
18	KULCZYK Katarzyna	267	KB BRYZA POSTOMINO	K-40	18	00:00:30	01:18:06.09	01:18:36.13	+00:12:44 (16.3%)	5:12	11.5 (83.3%)
19	LACHCIK Iwona	276		K-40	19	00:00:26	01:18:14.31	01:18:40.86	+00:12:52 (16.5%)	5:12	11.5 (83.3%)
20	JABŁOŃSKA Katarzyna	162		K-40	20	00:00:24	01:18:22.70	01:18:47.39	+00:13:00 (16.6%)	5:13	11.5 (83.3%)
21	SIUTA Marta	441		K-40	21	00:00:08	01:18:50.48	01:18:59.45	+00:13:28 (17.1%)	5:15	11.4 (82.6%)
22	GRZESIAK Magdalena	144		K-40	22	00:00:25	01:19:28.72	01:19:54.66	+00:14:06 (17.8%)	5:17	11.3 (81.9%)
23	MURAWSKA Monika	353	BIEGACZE ŚWINOUJŚCIA	K-40	23	00:00:15	01:21:42.14	01:21:57.69	+00:16:20 (20.0%)	5:26	11 (79.7%)
24	GREŃDA Monika	142	DOBRZANY	K-40	24	00:00:20	01:22:06.25	01:22:27.02	+00:16:44 (20.4%)	5:28	11 (79.7%)
25	WARNIEŁŁO Adriana	519		K-40	25	00:00:37	01:22:17.63	01:22:55.09	+00:16:55 (20.6%)	5:29	10.9 (79.0%)
26	SZYMKOWIAK-PIASKOWSKA Barbara	489	#ZALINIAMETYTEAM	K-40	26	00:00:05	01:22:37.12	01:22:43.07	+00:17:15 (20.9%)	5:30	10.9 (79.0%)
27	KRYCIŃSKA Jolanta	248		K-40	27	00:00:21	01:22:38.19	01:23:00.00	+00:17:16 (20.9%)	5:30	10.9 (79.0%)
28	RĘBELIŃSKA Anna	409		K-40	28	00:00:21	01:23:22.77	01:23:44.61	+00:18:00 (21.6%)	5:33	10.8 (78.3%)
29	CIESZYŃSKA Marta	80	BEAUTY STUDIO LĘBORK	K-40	29	00:00:36	01:24:42.93	01:25:19.31	+00:19:20 (22.8%)	5:38	10.6 (76.8%)
30	MARZEC Agnieszka	321		K-40	30	00:00:42	01:25:24.28	01:26:07.20	+00:20:02 (23.5%)	5:41	10.5 (76.1%)
31	KĘPKA Karolina	194	STOPA SŁUPSK	K-40	31	00:00:43	01:25:56.49	01:26:40.40	+00:20:34 (23.9%)	5:43	10.5 (76.1%)
32	SUŁEK Dorotka	468	KB BRYZA POSTOMINO	K-40	32	00:00:25	01:26:03.64	01:26:28.79	+00:20:41 (24.0%)	5:44	10.5 (76.1%)
33	WAJS Agnieszka	517		K-40	33	00:00:47	01:26:16.48	01:27:03.86	+00:20:54 (24.2%)	5:45	10.4 (75.4%)
34	MALINOWSKA Anna	310	GRABOWO	K-40	34	00:00:57	01:26:16.90	01:27:14.61	+00:20:54 (24.2%)	5:45	10.4 (75.4%)
35	ZIELIŃSKA Berenika	572		K-40	35	00:00:10	01:27:15.05	01:27:25.92	+00:21:53 (25.1%)	5:49	10.3 (74.6%)
36	NAKONIECZNA Katarzyna	358	BIEGOLAS KOSZALIN	K-40	36	00:00:28	01:27:17.51	01:27:46.24	+00:21:55 (25.1%)	5:49	10.3 (74.6%)
37	BURBULIS Agnieszka	63	LOKATOR NIERUCHOMOŚCI PIŁA	K-40	37	00:00:36	01:27:23.96	01:27:59.99	+00:22:01 (25.2%)	5:49	10.3 (74.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
38	KĘSICKA-BLOCH Aneta	195		K-40	38	00:00:36	01:28:02.74	01:28:38.94	+00:22:40 (25.8%)	5:52	10.2 (73.9%)
39	KROCZYŃSKA Kinga	240		K-40	39	00:00:31	01:28:30.19	01:29:01.38	+00:23:08 (26.1%)	5:54	10.2 (73.9%)
40	JANUSZEWSKA Anna	169		K-40	40	00:00:52	01:29:21.74	01:30:14.60	+00:23:59 (26.9%)	5:57	10.1 (73.2%)
41	DYMEK Urszula	107	BIEGACZE JÓZEFA NOJI	K-40	41	00:00:20	01:31:08.55	01:31:29.27	+00:25:46 (28.3%)	6:04	9.9 (71.7%)
42	DRYMEL Agata	102		K-40	42	00:00:27	01:31:31.46	01:31:58.73	+00:26:09 (28.6%)	6:06	9.8 (71.0%)
43	RYCKIEWICZ Anna	421		K-40	43	00:00:39	01:35:04.22	01:35:43.71	+00:29:42 (31.2%)	6:20	9.5 (68.8%)
44	GIERMAKOWSKA Helena	132		K-40	44	00:00:10	01:36:41.09	01:36:51.14	+00:31:19 (32.4%)	6:26	9.3 (67.4%)
45	BRĘGOSZEWSKA-SZYSZKO Adrianna	52		K-40	45	00:00:26	01:37:42.05	01:38:08.55	+00:32:20 (33.1%)	6:30	9.2 (66.7%)
46	KONDAK Anna	215		K-40	46	00:00:37	01:38:33.56	01:39:11.30	+00:33:11 (33.7%)	6:34	9.1 (65.9%)
47	JAKUBIAK Katarzyna	164		K-40	47	00:00:37	01:38:34.39	01:39:11.52	+00:33:12 (33.7%)	6:34	9.1 (65.9%)
48	PRAWDA Iwona	397		K-40	48	00:00:23	01:39:11.20	01:39:34.24	+00:33:49 (34.1%)	6:36	9.1 (65.9%)
49	GARBACZ - ZATORSKA Milena	127		K-40	49	00:00:21	01:40:17.08	01:40:38.31	+00:34:55 (34.8%)	6:41	9 (65.2%)
50	SZUTRA Agnieszka	481	7	K-40	50	00:00:31	01:49:42.25	01:50:13.81	+00:44:20 (40.4%)	7:18	8.2 (59.4%)
51	STEC Wioletta	457	14 ZBOT 142 BATALION LEKKIEJ PIECHOTY	K-40	51	00:00:31	02:04:54.87	02:05:26.30	+00:59:32 (47.7%)	8:19	7.2 (52.2%)

Znaleziono 51 wynik(ów)