

KOŁOBRZESKA 15-STKA ZAŚLUBIN

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Wydarzenie: Kołobrzaska 15-stka Zaślubin
Organizator: Miejski Ośrodek Sportu i Rekreacji
Data: 2024-03-17
Miejsce: Kołobrzeg
Dystans: 15 km



Klasyfikacja: M-60

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
1	KOWALSKI Mirosław	227	SZCZECINECCY BIEGACZE	M-60	1	00:00:03	01:01:48.71	01:01:52.36		4:07	14.6 (100%)
2	MACIEJKO Witold	298		M-60	2	00:00:17	01:03:06.76	01:03:24.02	+00:01:18 (2.1%)	4:12	14.3 (97.9%)
3	MYSZKOWSKI Jan	355		M-60	3	00:00:06	01:05:37.83	01:05:44.58	+00:03:49 (5.8%)	4:22	13.7 (93.8%)
4	KOŚCIELNIAK Robert	220	TKKF KOSZALIN	M-60	4	00:00:16	01:05:55.24	01:06:11.99	+00:04:06 (6.2%)	4:23	13.7 (93.8%)
5	ANTONOWICZ Wojciech	9		M-60	5	00:00:17	01:08:03.51	01:08:20.94	+00:06:14 (9.2%)	4:32	13.2 (90.4%)
6	RATAJCZAK Janusz	408	KB AKTYWNI KRZYŻ WLKP	M-60	6	00:00:08	01:08:43.17	01:08:51.50	+00:06:54 (10.1%)	4:34	13.1 (89.7%)
7	MARZEC Bogdan	322	MARATONCZYK	M-60	7	00:00:13	01:11:40.39	01:11:53.91	+00:09:51 (13.8%)	4:46	12.6 (86.3%)
8	ZADROŻNY Sławomir	563	STOPKA PILAWA	M-60	8	00:00:37	01:11:40.57	01:12:18.34	+00:09:51 (13.8%)	4:46	12.6 (86.3%)
9	KRUKOWSKI Tadeusz	246	BRAK	M-60	9	00:00:20	01:13:45.14	01:14:05.91	+00:11:56 (16.2%)	4:55	12.2 (83.6%)
10	SUCHANEK Radosław	464		M-60	10	00:00:13	01:13:52.14	01:14:05.56	+00:12:03 (16.3%)	4:55	12.2 (83.6%)
11	CHUDY Roman	75	RUN TEAM RYDZYNA	M-60	11	00:00:09	01:14:20.28	01:14:30.21	+00:12:31 (16.9%)	4:57	12.1 (82.9%)
12	GAŁAN Leszek	123		M-60	12	00:00:10	01:14:47.58	01:14:58.50	+00:12:58 (17.4%)	4:59	12 (82.2%)
13	RĘBISZ Jan	410		M-60	13	00:00:40	01:16:11.06	01:16:51.22	+00:14:22 (18.9%)	5:04	11.8 (80.8%)
14	KIERZNOWSKI Andrzej	197	KB WYGAN	M-60	14	00:00:41	01:16:47.22	01:17:28.74	+00:14:58 (19.5%)	5:07	11.7 (80.1%)
15	LIPIŃSKI Krzysztof	288	KB MANIAC POZNAŃ	M-60	15	00:00:26	01:16:56.59	01:17:23.57	+00:15:07 (19.7%)	5:07	11.7 (80.1%)
16	ZENEL Marek	567		M-60	16	00:00:19	01:21:43.01	01:22:02.02	+00:19:54 (24.4%)	5:26	11 (75.3%)
17	OSOBNIAK Ryszard	378		M-60	17	00:00:38	01:21:58.54	01:22:37.44	+00:20:09 (24.6%)	5:27	11 (75.3%)
18	WEGNER Marek	523	TKKF WODNIK	M-60	18	00:00:29	01:22:29.70	01:22:59.02	+00:20:40 (25.1%)	5:29	10.9 (74.7%)
19	MILCZAREK Janusz	344	WYCIECZKA BIEGOWA	M-60	19	00:00:15	01:22:32.40	01:22:47.80	+00:20:43 (25.1%)	5:30	10.9 (74.7%)
20	MYSIO Lech	354		M-60	20	00:00:19	01:22:34.26	01:22:53.35	+00:20:45 (25.1%)	5:30	10.9 (74.7%)
21	MAŁKIŃSKI Józef	314		M-60	21	00:00:29	01:25:51.68	01:26:21.52	+00:24:02 (28.0%)	5:43	10.5 (71.9%)
22	TYLL Grzegorz	512		M-60	22	00:00:46	01:27:34.91	01:28:21.49	+00:25:46 (29.4%)	5:50	10.3 (70.5%)
23	BUZAŁA Walenty	67	STOWARZYSZENIE BIEGACZY GMINA SZYDŁOWO	M-60	23	00:00:36	01:27:58.29	01:28:34.96	+00:26:09 (29.7%)	5:51	10.2 (69.9%)
24	BUTOWICZ Adam	66		M-60	24	00:00:35	01:29:37.42	01:30:12.95	+00:27:48 (31.0%)	5:58	10 (68.5%)
25	WOJTKUN Waldemar	548		M-60	25	00:00:27	01:32:30.92	01:32:58.15	+00:30:42 (33.2%)	6:10	9.7 (66.4%)
26	HELLER Zdzisław	152		M-60	26	00:00:48	01:37:31.81	01:38:20.46	+00:35:43 (36.6%)	6:30	9.2 (63.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
27	MITROSZ Andrzej	347	BRAT ALBERT TEAM	M-60	27	00:00:43	01:37:37.48	01:38:21.32	+00:35:48 (36.7%)	6:30	9.2 (63.0%)
28	WOŹNIAK Piotr	552		M-60	28	00:00:00	01:41:31.30	01:41:31.30	+00:39:42 (39.1%)	6:46	8.9 (61.0%)
29	SALITA Lech	426		M-60	29	00:00:46	01:42:57.91	01:43:44.33	+00:41:09 (40.0%)	6:51	8.7 (59.6%)
30	WOLNY Franciszek	550		M-60	30	00:00:12	01:44:46.50	01:44:58.82	+00:42:57 (41.0%)	6:59	8.6 (58.9%)

Znaleziono 30 wynik(ów)