



KOMPANIA PIECHOTY - 100 KM NA 100-LECIE BITWY WARSZAWSKIEJ















B4SPORT

Event: 100 KM NA 100-LECIE BITWY WARSZAWSKIEJ
Organiser: IST Software Sp. z o.o., B4SPORT.PL,
BIEGIGORSKIE.PL
Date: 2020-08-01
Place: Polska
Distance: 100 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE












Classification: All








| Place | Participant | Number | Club | Category | MCat | Start time | Distance | Gap | Pace min/km | Pace km/h |
|-------|-----------------------------|------------|-------------------------|-------------------|------|------------|-----------------|----------|-------------|---------------|
| 1 | BOCZULA Krzysztof | 507 | WKB PIAST WROCLAW | M Weteran Młodszy | 1 | 00:00:00 | 369,4 KM | 0 | 11:30 | 5.2 (100%) |
| 2 | BŁAUCIAK Mirosław | 147 | ZAWSZE NA CZAS RUN TEAM | M Masters | 1 | 00:00:00 | 328,6 KM | -40.816 | 12:26 | 4.8 (92.3%) |
| 3 | BŁAUCIAK Monika | 145 | ZAWSZE NA CZAS RUN TEAM | K Masters | 1 | 00:00:00 | 312,4 KM | -57.007 | 10:59 | 5.5 (105.8%) |
| 4 | SZWED Krzysztof | 26 | BIEGIGORSKIE.PL | M Weteran Młodszy | 2 | 00:00:00 | 301,5 KM | -67.973 | 4:42 | 12.7 (244.2%) |
| 5 | KRAWCZYK Maciej | 501 | | M Senior Starszy | 1 | 00:00:00 | 286,1 KM | -83.371 | 16:04 | 3.7 (71.2%) |
| 6 | HOŁDYŃSKI Mirosław | 76 | WKB "META" LUBLINIEC | M Weteran Młodszy | 3 | 00:00:00 | 261,1 KM | -108.389 | 7:01 | 8.5 (163.5%) |
| 7 | PYRZAK Paweł | 13 | | M Senior Starszy | 2 | 00:00:00 | 259,9 KM | -109.53 | 5:04 | 11.8 (226.9%) |
| 8 | CHODKIEWICZ Grzegorz | 532 | TRZEBA BIEGAĆ I ... | M Senior Starszy | 3 | 00:00:00 | 252,4 KM | -117.053 | 6:21 | 9.4 (180.8%) |
| 9 | BIELECKA Izabela | 164 | | K Masters | 2 | 00:00:00 | 239,1 KM | -130.383 | 7:40 | 7.8 (150.0%) |
| 10 | KUFLIK Mirosław | 367 | ZABIERZÓW BIEGA | M Weteran Młodszy | 4 | 00:00:00 | 234,1 KM | -135.306 | 5:59 | 10 (192.3%) |
| 11 | MAŁECKI Janusz | 96 | IDEE SOLIDARNOŚCI 80-89 | M Weteran Młodszy | 5 | 00:00:00 | 226,3 KM | -143.18 | 9:10 | 6.5 (125.0%) |
| 12 | SUJAK Mirosław | 41 | MKB DREPTAK | M Weteran Młodszy | 6 | 00:00:00 | 224,0 KM | -145.453 | 5:33 | 10.8 (207.7%) |
| 13 | MACZKA Joanna | 224 | | K Masters | 3 | 00:00:00 | 218,1 KM | -151.361 | 11:10 | 5.4 (103.8%) |
| 14 | CHAMCZYK Hanna | 452 | | K Weteran Młodszy | 1 | 00:00:00 | 212,2 KM | -157.261 | 8:28 | 7.1 (136.5%) |

| Place | Participant | Number | Club | Category | MCat | Start time | Distance | Gap | Pace min/km | Pace km/h |
|-------|--|------------|--|-------------------|------|------------|-----------------|----------|-------------|---------------|
| 15 | ŻERDZIŃSKA Agnieszka | 370 | MASZ PROJEKT | K Masters | 4 | 00:00:00 | 205,3 KM | -164.14 | 8:55 | 6.7 (128.8%) |
| 16 | ZĄBCZYŃSKI Dominik | 274 | BIEGIGORSKIE.PL | M Masters | 2 | 00:00:00 | 203,6 KM | -165.813 | 8:28 | 7.1 (136.5%) |
| 17 | LER Andrzej  | 285 | | M Weteran Młodszy | 7 | 00:00:00 | 203,0 KM | -166.443 | 13:28 | 4.5 (86.5%) |
| 18 | KONIECZNY Piotr  | 120 | USB USTKA | M Masters | 3 | 00:00:00 | 200,7 KM | -168.793 | 5:14 | 11.4 (219.2%) |
| 19 | RZEPLIŃSKA-FILIPOWICZ Edyta  | 61 | | K Masters | 5 | 00:00:00 | 194,7 KM | -174.783 | 10:48 | 5.6 (107.7%) |
| 20 | FILIPOWICZ Karolina  | 63 | | K Junior | 1 | 00:00:00 | 194,7 KM | -174.783 | 10:48 | 5.6 (107.7%) |
| 21 | ŻERDZIŃSKI Michał | 369 | MASZ PROJEKT | M Masters | 4 | 00:00:00 | 181,0 KM | -188.462 | 9:04 | 6.6 (126.9%) |
| 22 | LER Maria  | 286 | | K Weteran Młodszy | 2 | 00:00:00 | 178,0 KM | -191.463 | 13:51 | 4.3 (82.7%) |
| 23 | MARONDEL Katarzyna  | 568 | SILESIA NORDIC TEAM | K Senior Starszy | 1 | 00:00:00 | 171,5 KM | -197.957 | 10:43 | 5.6 (107.7%) |
| 24 | NIEWALDA Marcin | 454 | LET'S WOD TEAM | M Senior Starszy | 4 | 00:00:00 | 168,9 KM | -200.584 | 13:50 | 4.3 (82.7%) |
| 25 | SMERDKA Kamil  | 187 | | M Senior Młodszy | 1 | 00:00:00 | 166,5 KM | -202.937 | 4:54 | 12.2 (234.6%) |
| 26 | WOLNIAKOWSKI Krzysztof  | 150 | | M Senior Młodszy | 2 | 00:00:00 | 166,2 KM | -203.266 | 7:18 | 8.2 (157.7%) |
| 27 | MOCZULSKA Beata | 255 | | K Senior Starszy | 2 | 00:00:00 | 163,8 KM | -205.683 | 11:44 | 5.1 (98.1%) |
| 28 | FUJARA Artur | 583 | LEŚNE RUSAŁKI | M Senior Starszy | 5 | 00:00:00 | 162,3 KM | -207.117 | 18:16 | 3.3 (63.5%) |
| 29 | ZĄBCZYŃSKI Dominik  | 1 | BIEGIGORSKIE.PL | M Masters | 5 | 00:00:00 | 158,1 KM | -211.343 | 8:40 | 6.9 (132.7%) |
| 30 | WÓJTOWICZ Marcin  | 103 | | M Masters | 6 | 00:00:00 | 157,3 KM | -212.097 | 6:52 | 8.7 (167.3%) |
| 31 | JAKUBOWSKI Dariusz  | 278 | DGW | M Weteran Młodszy | 8 | 00:00:00 | 154,0 KM | -215.484 | 13:02 | 4.6 (88.5%) |
| 32 | KWIATKOWSKI Mariusz  | 348 | | M Weteran Młodszy | 9 | 00:00:00 | 153,3 KM | -216.171 | 6:22 | 9.4 (180.8%) |
| 33 | SADOWSKI Krzysztof  | 4 | | M Senior Starszy | 6 | 00:00:00 | 149,5 KM | -219.906 | 6:49 | 8.8 (169.2%) |
| 34 | PETYNKA Daniel | 420 | | M Senior Starszy | 7 | 00:00:00 | 148,9 KM | -220.503 | 11:09 | 5.4 (103.8%) |
| 35 | KOC Iwona | 66 | | K Masters | 6 | 00:00:00 | 145,9 KM | -223.563 | 10:45 | 5.6 (107.7%) |
| 36 | KOZAK Krzysztof | 28 | | M Weteran Młodszy | 10 | 00:00:00 | 145,9 KM | -223.573 | 5:00 | 12 (230.8%) |
| 37 | ZMYSŁOWSKA Anna  | 87 | | K Senior Starszy | 3 | 00:00:00 | 144,4 KM | -225.073 | 13:24 | 4.5 (86.5%) |
| 38 | MARON Tomasz | 519 | TOWARZYSTWO LEKKOATLETYCZNE ATHLETICS JASTRZĘBIE | M Senior Starszy | 8 | 00:00:00 | 141,4 KM | -228.018 | 12:00 | 5 (96.2%) |





| Place | Participant | Number | Club | Category | MCat | Start time | Distance | Gap | Pace min/km | Pace km/h |
|-------|----------------------|--------|-----------------------------|-------------------|------|------------|-----------------|----------|-------------|---------------|
| 39 | LER Mirosława | 297 | | K Weteran Starszy | 1 | 00:00:00 | 141,4 KM | -228.023 | 19:26 | 3.1 (59.6%) |
| 40 | PINDRAL Paweł | 466 | | M Masters | 7 | 00:00:00 | 140,8 KM | -228.622 | 6:55 | 8.7 (167.3%) |
| 41 | RAMIREZ Julio | 266 | | M Masters | 8 | 00:00:00 | 138,5 KM | -230.919 | 7:34 | 7.9 (151.9%) |
| 42 | KORDZIŃSKI Kazimierz | 309 | BIEGIGORSKIE.PL | M Weteran Starszy | 1 | 00:00:00 | 138,5 KM | -230.973 | 6:41 | 9 (173.1%) |
| 43 | JĘDRZEJEWSKI Daniel | 192 | TRI STAROGARD GDAŃSKI | M Masters | 9 | 00:00:00 | 137,3 KM | -232.162 | 15:45 | 3.8 (73.1%) |
| 44 | KARPAŁA Wiktor | 83 | | M Senior Młodszy | 3 | 00:00:00 | 137,2 KM | -232.201 | 11:36 | 5.2 (100%) |
| 45 | GRYC Janusz | 107 | | M Masters | 10 | 00:00:00 | 136,5 KM | -232.989 | 5:27 | 11 (211.5%) |
| 46 | SKOWRON Tomasz | 65 | | M Weteran Młodszy | 11 | 00:00:00 | 136,4 KM | -232.994 | 7:21 | 8.1 (155.8%) |
| 47 | ŚMIECH Mariusz | 593 | | M Masters | 11 | 00:00:00 | 134,4 KM | -235.028 | 7:39 | 7.8 (150.0%) |
| 48 | LANGE Daniel | 102 | STOŁECZNY LEGION HDK BASZTA | M Senior Starszy | 9 | 00:00:00 | 134,4 KM | -235.053 | 11:33 | 5.2 (100%) |
| 49 | WĘGRZYN Justyna | 305 | | K Masters | 7 | 00:00:00 | 134,0 KM | -235.473 | 6:32 | 9.2 (176.9%) |
| 50 | PACEK Mirosław | 179 | | M Weteran Młodszy | 12 | 00:00:00 | 133,4 KM | -236.064 | 11:05 | 5.4 (103.8%) |
| 51 | ŁYSKAWIŃSKI Bartosz | 12 | | M Senior Starszy | 10 | 00:00:00 | 132,4 KM | -237.07 | 9:15 | 6.5 (125.0%) |
| 52 | ZDANCEWICZ Paulina | 229 | MDK BOGUCICE-ZAWODZIE | K Senior Młodszy | 1 | 00:00:00 | 130,4 KM | -239.057 | 12:36 | 4.8 (92.3%) |
| 53 | CZELIŃSKI Leszek | 535 | | M Weteran Młodszy | 13 | 00:00:00 | 128,1 KM | -241.333 | 5:26 | 11 (211.5%) |
| 54 | NOWAKOWSKA Magdalena | 282 | | K Senior Młodszy | 2 | 00:00:00 | 127,1 KM | -242.333 | 17:35 | 3.4 (65.4%) |
| 55 | KUBIAK Mirosław | 138 | GB WIELKOPOLSCY BIEGACZE | M Weteran Młodszy | 14 | 00:00:00 | 126,2 KM | -243.218 | 5:24 | 11.1 (213.5%) |
| 56 | GRABOWSKI Emil | 293 | | M Masters | 12 | 00:00:00 | 125,9 KM | -243.526 | 7:29 | 8 (153.8%) |
| 57 | STANNY Mariusz | 294 | | M Masters | 13 | 00:00:00 | 125,9 KM | -243.581 | 5:02 | 11.9 (228.8%) |
| 58 | SZYMCZYK Marcin | 394 | OTM.B | M Masters | 14 | 00:00:00 | 124,6 KM | -244.815 | 4:59 | 12 (230.8%) |
| 59 | PAWLUK Bartosz | 133 | ŚLĘZAKTEAM | M Senior Starszy | 11 | 00:00:00 | 124,2 KM | -245.212 | 5:03 | 11.9 (228.8%) |
| 60 | KLINGSPORT Mateusz | 352 | | M Senior Starszy | 12 | 00:00:00 | 123,2 KM | -246.277 | 5:12 | 11.5 (221.2%) |
| 61 | GAWLIŃSKA Anna Maria | 44 | | K Masters | 8 | 00:00:00 | 123,1 KM | -246.386 | 12:59 | 4.6 (88.5%) |
| 62 | KAPICA Tomasz | 404 | | M Weteran Młodszy | 15 | 00:00:00 | 121,5 KM | -247.957 | 7:54 | 7.6 (146.2%) |

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|-------|----------------------|--------|--------------------------|-------------------|------|------------|-----------------|-----------|-------------|---------------|
| 63 | KRZYWICKA Katarzyna | 204 | | K Masters | 9 | 00:00:00 | 121,1 KM | - 248.365 | 23:52 | 2.5 (48.1%) |
| 64 | PAWLIKOWSKI Wojciech | 432 | | M Masters | 15 | 00:00:00 | 120,5 KM | - 248.932 | 5:09 | 11.6 (223.1%) |
| 65 | WASILEWSKI Adam | 343 | | M Weteran Młodszy | 16 | 00:00:00 | 120,2 KM | - 249.194 | 5:15 | 11.4 (219.2%) |
| 66 | ŁĄCZKOWSKI Dawid | 256 | | M Masters | 16 | 00:00:00 | 120,1 KM | - 249.313 | 7:06 | 8.4 (161.5%) |
| 67 | PŁOCHOCKI Artur | 570 | | M Masters | 17 | 00:00:00 | 120,1 KM | - 249.374 | 7:36 | 7.9 (151.9%) |
| 68 | ROŚLON Kinga | 456 | | K Senior Starszy | 4 | 00:00:00 | 120,1 KM | - 249.376 | 6:05 | 9.9 (190.4%) |
| 69 | SZWARC Ilona | 64 | | K Senior Starszy | 5 | 00:00:00 | 119,9 KM | - 249.563 | 11:50 | 5.1 (98.1%) |
| 70 | SIKORA Magdalena | 561 | | K Senior Starszy | 6 | 00:00:00 | 118,8 KM | - 250.658 | 11:30 | 5.2 (100%) |
| 71 | KLIMEK Marta | 189 | | K Senior Starszy | 7 | 00:00:00 | 118,7 KM | - 250.753 | 6:48 | 8.8 (169.2%) |
| 72 | ZAGÓRSKI Rafał | 67 | | M Masters | 18 | 00:00:00 | 118,4 KM | - 251.041 | 5:58 | 10 (192.3%) |
| 73 | RAŻNIAK Beata | 384 | KOBIETY NA 5 + | K Weteran Młodszy | 3 | 00:00:00 | 118,0 KM | - 251.477 | 8:30 | 7.1 (136.5%) |
| 74 | OSMAŃSKA Elżbieta | 283 | | K Weteran Młodszy | 4 | 00:00:00 | 117,6 KM | - 251.803 | 8:44 | 6.9 (132.7%) |
| 75 | TOMALA Paweł | 24 | 15GBZ | M Masters | 19 | 00:00:00 | 117,5 KM | - 251.899 | 5:00 | 12 (230.8%) |
| 76 | FOTEK Arkadiusz | 191 | FOTEK TEAM | M Masters | 20 | 00:00:00 | 116,0 KM | - 253.416 | 6:58 | 8.6 (165.4%) |
| 77 | CHUDZIK Paweł | 528 | | M Senior Starszy | 13 | 00:00:00 | 115,6 KM | - 253.885 | 7:15 | 8.3 (159.6%) |
| 78 | MILCZAREK Janusz | 169 | | M Weteran Młodszy | 17 | 00:00:00 | 115,3 KM | - 254.139 | 6:25 | 9.3 (178.8%) |
| 79 | SKURNÓG Cezary | 477 | | M Senior Młodszy | 4 | 00:00:00 | 114,5 KM | - 254.907 | 8:34 | 7 (134.6%) |
| 80 | PRZYBYŁO Paweł | 174 | | M Senior Starszy | 14 | 00:00:00 | 114,2 KM | - 255.207 | 6:45 | 8.9 (171.2%) |
| 81 | PLACHA Jan | 252 | IM-POSSIBLE TEAM | M Masters | 21 | 00:00:00 | 113,7 KM | - 255.761 | 5:50 | 10.3 (198.1%) |
| 82 | WASILEWICZ Lonia | 227 | | K Masters | 10 | 00:00:00 | 113,5 KM | - 255.909 | 7:56 | 7.5 (144.2%) |
| 83 | KRYŚCIAK Edward | 162 | | M Weteran Młodszy | 18 | 00:00:00 | 113,1 KM | - 256.311 | 9:07 | 6.6 (126.9%) |
| 84 | PARADECKA Katarzyna | 213 | MDK BOGUCICE-ZAWODZIE | K Senior Starszy | 8 | 00:00:00 | 113,0 KM | - 256.394 | 16:34 | 3.6 (69.2%) |
| 85 | CHRAPEK Aneta | 156 | | K Senior Młodszy | 3 | 00:00:00 | 113,0 KM | - 256.463 | 20:38 | 2.9 (55.8%) |
| 86 | BORKOWSKI Leszek | 18 | NOWI SIEDLCE - NW WSCHÓD | M Weteran Młodszy | 19 | 00:00:00 | 112,4 KM | - 257.031 | 8:32 | 7 (134.6%) |



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|-------|---|--------|--|-------------------|------|------------|-----------------|--------------|-------------|------------------|
| 87 | DZIEDZIC Józef  | 114 | ZABIEGANY WOŁOMIN | M Weteran Młodszy | 20 | 00:00:00 | 112,4 KM | - 257.075 | 17:16 | 3.5 (67.3%) |
| 88 | WNUK Katarzyna | 236 | | K Senior Młodszy | 4 | 00:00:00 | 112,2 KM | - 257.198 | 6:30 | 9.2 (176.9%) |
| 89 | NOGA Krzysztof | 70 | THX NOGAS | M Weteran Młodszy | 21 | 00:00:00 | 111,9 KM | - 257.519 | 9:38 | 6.2 (119.2%) |
| 90 | SZCZEPAŃSKI Patryk  | 334 | | M Orleża | 1 | 00:00:00 | 111,8 KM | -257.62 | 12:26 | 4.8 (92.3%) |
| 91 | ADAMKIEWICZ Klaudia  | 267 | | K Senior Starszy | 9 | 00:00:00 | 111,7 KM | - 257.734 | 8:11 | 7.3 (140.4%) |
| 92 | ANTONIUK-MAJCHRZAK Justyna | 451 | | K Senior Młodszy | 5 | 00:00:00 | 111,6 KM | - 257.803 | 31:04 | 1.9 (36.5%) |
| 93 | PARUCH Marta | 457 | | K Senior Starszy | 10 | 00:00:00 | 111,2 KM | - 258.233 | 7:10 | 8.4 (161.5%) |
| 94 | JANZER Janusz | 6 | PKB PRZEMYŚL/ AMBASADOR FESTIWALU BIEGÓW W KRYNICY | M Weteran Młodszy | 22 | 00:00:00 | 111,2 KM | - 258.274 | 7:38 | 7.9 (151.9%) |
| 95 | KLIBER Marcin | 353 | | M Senior Starszy | 15 | 00:00:00 | 111,2 KM | - 258.287 | 6:36 | 9.1 (175.0%) |
| 96 | KARPAŁA Hanna  | 141 | | K Weteran Młodszy | 5 | 00:00:00 | 110,4 KM | - 259.043 | 12:54 | 4.6 (88.5%) |
| 97 | CEGIEŁKO Paweł | 545 | | M Masters | 22 | 00:00:00 | 110,4 KM | - 259.083 | 5:56 | 10.1 (194.2%) |
| 98 | KOZŁOWSKI Jakub  | 176 | | M Senior Starszy | 16 | 00:00:00 | 109,8 KM | - 259.624 | 7:20 | 8.2 (157.7%) |
| 99 | OBOLEWICZ Karol  | 520 | | M Senior Starszy | 17 | 00:00:00 | 109,7 KM | - 259.713 | 10:27 | 5.7 (109.6%) |
| 100 | MEUS-SZLĘK Dagmara  | 218 | MDK BOGUCICE-ZAWODZIE | K Senior Starszy | 11 | 00:00:00 | 109,5 KM | - 259.905 | 12:34 | 4.8 (92.3%) |
| 101 | RASZEWSKA Izabela | 542 | FORMA NA PIĄTKĘ | K Masters | 11 | 00:00:00 | 109,2 KM | - 260.249 | 28:53 | 2.1 (40.4%) |
| 102 | KRYTOWSKI Piotr | 257 | AC WARTA ZAWIERCIE | M Senior Starszy | 18 | 00:00:00 | 108,8 KM | - 260.613 | 5:56 | 10.1 (194.2%) |
| 103 | MISIEWICZ Wanda | 160 | | K Senior Starszy | 12 | 00:00:00 | 108,5 KM | - 260.979 | 7:31 | 8 (153.8%) |
| 104 | SKOTNICKI Jacek  | 446 | LEGION KLUB HDK | M Senior Starszy | 19 | 00:00:00 | 107,6 KM | - 261.893 | 6:37 | 9.1 (175.0%) |
| 105 | ZARZECZNA Andżelika  | 210 | TEAM HENRYKÓW :) | K Masters | 12 | 00:00:00 | 107,4 KM | - 262.091 | 14:37 | 4.1 (78.8%) |
| 106 | ZARZECZNY Mateusz  | 211 | TEAM HENRYKÓW :) | M Orleża | 2 | 00:00:00 | 107,4 KM | - 262.091 | 14:37 | 4.1 (78.8%) |
| 107 | ZARZECZNY Marcin  | 209 | TEAM HENRYKÓW :) | M Masters | 23 | 00:00:00 | 107,4 KM | - 262.091 | 14:37 | 4.1 (78.8%) |
| 108 | MARON Tadeusz | 514 | | M Senior Starszy | 20 | 00:00:00 | 107,4 KM | - 262.093 | 10:06 | 5.9 (113.5%) |
| 109 | PASTUSZAK Daniel | 143 | | M Senior Młodszy | 5 | 00:00:00 | 107,0 KM | - 262.417 | 10:57 | 5.5 (105.8%) |
| 110 | BILIŃSKI Rafał | 366 | | M Masters | 24 | 00:00:00 | 106,9 KM | - 262.574 | 5:52 | 10.2 (196.2%) |






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|-------|--|------------|-----------------------------------|-------------------|------|------------|-----------------|-----------|-------------|---------------|
| 111 | DOWIEDCZYK Justyna | 572 | | K Senior Starszy | 13 | 00:00:00 | 106,7 KM | - 262.728 | 9:00 | 6.7 (128.8%) |
| 112 | WASILEWSKI Grzegorz | 385 | SPK BIKE | M Masters | 25 | 00:00:00 | 106,0 KM | - 263.399 | 5:02 | 11.9 (228.8%) |
| 113 | POPIELA Mariusz  | 127 | UCZNIOWSKI KLUB SPORTOWY KRZEMIEŃ | M Senior Starszy | 21 | 00:00:00 | 105,8 KM | - 263.649 | 9:36 | 6.2 (119.2%) |
| 114 | HELLER Zdzisław | 388 | HERBMARATONOW.PL | M Weteran Starszy | 2 | 00:00:00 | 105,8 KM | - 263.663 | 9:10 | 6.5 (125.0%) |
| 115 | GUZ Piotr  | 98 | | M Senior Młodszy | 6 | 00:00:00 | 105,1 KM | - 264.344 | 11:54 | 5 (96.2%) |
| 116 | FURMANIAK Agata | 166 | | K Senior Młodszy | 6 | 00:00:00 | 105,0 KM | - 264.443 | 5:27 | 11 (211.5%) |
| 117 | SZYMAŃSKI Paweł | 486 | | M Senior Starszy | 22 | 00:00:00 | 104,9 KM | - 264.543 | 5:16 | 11.4 (219.2%) |
| 118 | ZIELIŃSKI Piotr | 42 | | M Senior Starszy | 23 | 00:00:00 | 104,5 KM | - 264.963 | 4:38 | 12.9 (248.1%) |
| 119 | PIETRZYK Joanna | 302 | SKTR DOKTOREK SIEDLCE | K Senior Starszy | 14 | 00:00:00 | 104,2 KM | - 265.243 | 11:46 | 5.1 (98.1%) |
| 120 | DREWNIK Mateusz  | 126 | | M Senior Młodszy | 7 | 00:00:00 | 104,2 KM | - 265.286 | 9:45 | 6.2 (119.2%) |
| 121 | WYŻGA Wojciech | 461 | | M Weteran Młodszy | 23 | 00:00:00 | 104,1 KM | - 265.361 | 6:19 | 9.5 (182.7%) |
| 122 | KOSTECKI Sebastian | 199 | ASZWOJ | M Masters | 26 | 00:00:00 | 104,0 KM | - 265.413 | 7:17 | 8.2 (157.7%) |
| 123 | SWOBODA Leszek  | 504 | MAFIA TEAM LUBLINIEC | M Masters | 27 | 00:00:00 | 103,9 KM | - 265.533 | 5:33 | 10.8 (207.7%) |
| 124 | GNAŚ Anna  | 483 | DRUŻYNA KOBIETY NA 5 + | K Senior Starszy | 15 | 00:00:00 | 103,8 KM | - 265.632 | 12:20 | 4.9 (94.2%) |
| 125 | BOGAJ Dariusz | 356 | | M Masters | 28 | 00:00:00 | 103,7 KM | -265.79 | 9:18 | 6.4 (123.1%) |
| 126 | GODZIC Dariusz | 409 | | M Masters | 29 | 00:00:00 | 103,4 KM | - 266.077 | 9:20 | 6.4 (123.1%) |
| 127 | LEDWOŃ Izabela | 146 | CSZWS | K Masters | 13 | 00:00:00 | 103,2 KM | - 266.213 | 6:18 | 9.5 (182.7%) |
| 128 | KOZACZUK Kamil | 582 | | M Senior Starszy | 24 | 00:00:00 | 103,2 KM | - 266.227 | 6:11 | 9.7 (186.5%) |
| 129 | DYJAK Bożena  | 17 | | K Weteran Młodszy | 6 | 00:00:00 | 102,8 KM | - 266.597 | 11:08 | 5.4 (103.8%) |
| 130 | DAŁEK Edyta  | 361 | | K Senior Starszy | 16 | 00:00:00 | 102,8 KM | - 266.623 | 10:59 | 5.5 (105.8%) |
| 131 | MAKUCH Mateusz | 231 | | M Senior Młodszy | 8 | 00:00:00 | 102,5 KM | - 266.913 | 9:06 | 6.6 (126.9%) |
| 132 | PRUCHYŃSKI Kamil | 206 | LEGION HDK | M Senior Starszy | 25 | 00:00:00 | 102,5 KM | - 266.963 | 6:00 | 10 (192.3%) |
| 133 | NIEWIADOMSKI Wojciech | 86 | | M Senior Młodszy | 9 | 00:00:00 | 102,4 KM | - 267.021 | 12:45 | 4.7 (90.4%) |
| 134 | KUZMIN Dmytro | 23 | | M Masters | 30 | 00:00:00 | 102,4 KM | - 267.083 | 9:42 | 6.2 (119.2%) |

| Place | Participant | Number | Club | Category | MCat | Start time | Distance | Gap | Pace min/km | Pace km/h |
|-------|------------------------|--------|------------------------|-------------------|------|------------|-----------------|-----------|-------------|---------------|
| 135 | KANCLERZ Marcin | 139 | | M Masters | 31 | 00:00:00 | 102,3 KM | - 267.102 | 4:23 | 13.7 (263.5%) |
| 136 | KRASUCKI Paweł | 413 | | M Masters | 32 | 00:00:00 | 102,3 KM | - 267.133 | 4:36 | 13 (250.0%) |
| 137 | GAŁEK Grzegorz | 590 | | M Masters | 33 | 00:00:00 | 102,3 KM | - 267.172 | 5:21 | 11.2 (215.4%) |
| 138 | KARWAT Dawid | 33 | | M Senior Starszy | 26 | 00:00:00 | 102,2 KM | - 267.212 | 6:55 | 8.7 (167.3%) |
| 139 | MAZUR Ireneusz | 539 | | M Senior Starszy | 27 | 00:00:00 | 102,2 KM | - 267.213 | 5:04 | 11.8 (226.9%) |
| 140 | BEKAS Dariusz | 567 | | M Senior Starszy | 28 | 00:00:00 | 102,2 KM | - 267.213 | 5:44 | 10.5 (201.9%) |
| 141 | REKOWSKI Radosław | 190 | | M Senior Starszy | 29 | 00:00:00 | 102,2 KM | - 267.253 | 6:43 | 8.9 (171.2%) |
| 142 | ZIEMIANEK Krystian | 212 | | M Senior Młodszy | 10 | 00:00:00 | 102,2 KM | - 267.254 | 5:17 | 11.3 (217.3%) |
| 143 | SZYMAŃSKA Patrycja | 540 | | K Senior Starszy | 17 | 00:00:00 | 102,2 KM | - 267.282 | 7:40 | 7.8 (150.0%) |
| 144 | KLOSEK Dariusz | 2 | LEGION KLUB HDK | M Weteran Młodszy | 24 | 00:00:00 | 102,1 KM | - 267.303 | 10:09 | 5.9 (113.5%) |
| 145 | SZULC Piotr | 19 | ITALIANO | M Masters | 34 | 00:00:00 | 102,1 KM | - 267.323 | 5:41 | 10.5 (201.9%) |
| 146 | MAŁUCKI Tomasz | 556 | ROZWIŃ Z NAMI SKRZYDŁA | M Senior Starszy | 30 | 00:00:00 | 102,1 KM | - 267.371 | 5:47 | 10.4 (200.0%) |
| 147 | SĄGOL Mateusz | 295 | A MY SWOJE! | M Senior Młodszy | 11 | 00:00:00 | 102,0 KM | - 267.456 | 7:23 | 8.1 (155.8%) |
| 148 | KRUPA Aleksandra | 100 | | K Senior Młodszy | 7 | 00:00:00 | 101,9 KM | - 267.582 | 7:10 | 8.4 (161.5%) |
| 149 | WOŹNIAK Michał | 308 | | M Senior Młodszy | 12 | 00:00:00 | 101,8 KM | - 267.685 | 6:00 | 10 (192.3%) |
| 150 | ZBICIAK Adam | 68 | | M Weteran Młodszy | 25 | 00:00:00 | 101,7 KM | - 267.773 | 5:16 | 11.4 (219.2%) |
| 151 | KORNACKI Sławomir | 208 | | M Weteran Młodszy | 26 | 00:00:00 | 101,6 KM | - 267.833 | 10:06 | 5.9 (113.5%) |
| 152 | BORZYCH Tomasz | 588 | LEŚNE RUSAŁKI | M Senior Starszy | 31 | 00:00:00 | 101,6 KM | - 267.854 | 19:57 | 3 (57.7%) |
| 153 | MAZURKIEWICZ Agnieszka | 402 | | K Masters | 14 | 00:00:00 | 101,4 KM | - 267.994 | 9:27 | 6.3 (121.2%) |
| 154 | KLIN Mariusz | 350 | CHEŁM BIEGA | M Masters | 35 | 00:00:00 | 101,3 KM | - 268.113 | 5:52 | 10.2 (196.2%) |
| 155 | KORAL Jakub | 581 | | M Senior Młodszy | 13 | 00:00:00 | 101,3 KM | - 268.133 | 5:41 | 10.5 (201.9%) |
| 156 | WYSZYŃSKA Agnieszka | 324 | MDK BOGUCICE-ZAWODZIE | K Masters | 15 | 00:00:00 | 101,3 KM | - 268.174 | 15:24 | 3.9 (75.0%) |
| 157 | PĘKAŁA Piotr | 304 | SP MANOWO | M Masters | 36 | 00:00:00 | 101,2 KM | - 268.215 | 5:03 | 11.9 (228.8%) |
| 158 | KORNACKA Agnieszka | 207 | | K Senior Młodszy | 8 | 00:00:00 | 101,2 KM | - 268.233 | 9:45 | 6.1 (117.3%) |

| Place | Participant | Number | Club | Category | MCat | Start time | Distance | Gap | Pace min/km | Pace km/h |
|-------|---|------------|---------------------------|-------------------|------|------------|-----------------|-----------|-------------|---------------|
| 159 | CAPUTA Andrzej | 51 | | M Weteran Młodszy | 27 | 00:00:00 | 101,2 KM | - 268.262 | 12:53 | 4.7 (90.4%) |
| 160 | WESOŁOWSKI Łukasz | 27 | | M Senior Starszy | 32 | 00:00:00 | 101,2 KM | - 268.276 | 6:13 | 9.6 (184.6%) |
| 161 | ZNAMIROWSKA-BAŁDYGA Katarzyna | 488 | | K Senior Młodszy | 9 | 00:00:00 | 101,2 KM | -268.28 | 17:39 | 3.4 (65.4%) |
| 162 | WANATOWSKI Dariusz | 508 | ZRYW RADZIEJÓW | M Masters | 37 | 00:00:00 | 101,1 KM | - 268.333 | 5:19 | 11.3 (217.3%) |
| 163 | KRUKOWSKA Magdalena | 485 | SZWLA | K Senior Starszy | 18 | 00:00:00 | 101,1 KM | - 268.333 | 5:49 | 10.3 (198.1%) |
| 164 | DOLICHER Krzysztof | 15 | | M Senior Młodszy | 14 | 00:00:00 | 101,1 KM | - 268.343 | 6:42 | 8.9 (171.2%) |
| 165 | RESZKA Martyna | 247 | | K Senior Młodszy | 10 | 00:00:00 | 101,0 KM | - 268.483 | 5:23 | 11.1 (213.5%) |
| 166 | KRUPA Piotr | 130 | WOODRUN | M Senior Starszy | 33 | 00:00:00 | 100,9 KM | - 268.507 | 5:15 | 11.4 (219.2%) |
| 167 | WYSOCKI Dominik | 203 | | M Senior Starszy | 34 | 00:00:00 | 100,9 KM | - 268.512 | 5:21 | 11.2 (215.4%) |
| 168 | KIJ Beata | 32 | | K Senior Starszy | 19 | 00:00:00 | 100,9 KM | - 268.513 | 8:55 | 6.7 (128.8%) |
| 169 | KACZMAREK Michał | 216 | MDK BOGUCICE-ZAWODZIE | M Senior Starszy | 35 | 00:00:00 | 100,8 KM | - 268.605 | 19:47 | 3 (57.7%) |
| 170 | KILIJANEK Piotr | 358 | | M Masters | 38 | 00:00:00 | 100,8 KM | - 268.606 | 6:56 | 8.6 (165.4%) |
| 171 | KULA Ilona | 110 | KOPER TEAM | K Masters | 16 | 00:00:00 | 100,8 KM | - 268.613 | 6:08 | 9.8 (188.5%) |
| 172 | DZIEPAK Piotr  | 14 | 1. BLTR | M Masters | 39 | 00:00:00 | 100,8 KM | - 268.657 | 6:28 | 9.3 (178.8%) |
| 173 | LER Piotr  | 301 | | M Junior | 1 | 00:00:00 | 100,8 KM | - 268.673 | 13:21 | 4.5 (86.5%) |
| 174 | OLEŚ Dariusz | 134 | LEGIA WARSZAWA | M Senior Starszy | 36 | 00:00:00 | 100,8 KM | - 268.691 | 6:48 | 8.8 (169.2%) |
| 175 | ŁUCZAK Wojciech | 72 | | M Senior Starszy | 37 | 00:00:00 | 100,6 KM | - 268.883 | 7:33 | 7.9 (151.9%) |
| 176 | BARTOSZ Beata | 445 | | K Senior Starszy | 20 | 00:00:00 | 100,5 KM | - 268.933 | 11:31 | 5.2 (100%) |
| 177 | KRAJEWSKI Mariusz | 112 | | M Senior Młodszy | 15 | 00:00:00 | 100,5 KM | - 268.965 | 6:48 | 8.8 (169.2%) |
| 178 | JACHIMSKI Piotr | 239 | | M Senior Starszy | 38 | 00:00:00 | 100,5 KM | - 268.973 | 5:01 | 11.9 (228.8%) |
| 179 | WIECZYŃSKI Jerzy  | 552 | TWARDZIELA TEAM BOGATYNIA | M Weteran Młodszy | 28 | 00:00:00 | 100,5 KM | - 268.973 | 6:40 | 9 (173.1%) |
| 180 | FISZER Bartłomiej | 50 | | M Senior Młodszy | 16 | 00:00:00 | 100,5 KM | - 268.982 | 6:40 | 9 (173.1%) |
| 181 | WIDZ Sylwia  | 180 | | K Senior Młodszy | 11 | 00:00:00 | 100,4 KM | - 269.053 | 10:33 | 5.7 (109.6%) |
| 182 | WOCIAL Marek | 11 | | M Masters | 40 | 00:00:00 | 100,4 KM | - 269.093 | 4:43 | 12.7 (244.2%) |







| Place | Participant | Number | Club | Category | MCat | Start time | Distance | Gap | Pace min/km | Pace km/h |
|-------|----------------------|--------|---|-------------------|------|------------|-----------------|-----------|-------------|---------------|
| 183 | WACŁAWEK Tomek | 97 | TEAM TOMSON | M Senior Młodszy | 17 | 00:00:00 | 100,3 KM | - 269.103 | 6:48 | 8.8 (169.2%) |
| 184 | KUŚMIERCZAK Sławomir | 59 | | M Weteran Młodszy | 29 | 00:00:00 | 100,3 KM | - 269.112 | 6:24 | 9.4 (180.8%) |
| 185 | OBREBOWSKI Dariusz | 7 | | M Masters | 41 | 00:00:00 | 100,3 KM | - 269.113 | 5:59 | 10 (192.3%) |
| 186 | TALAGA Aleksandra | 243 | | K Senior Młodszy | 12 | 00:00:00 | 100,3 KM | - 269.143 | 8:46 | 6.8 (130.8%) |
| 187 | WASIAK Magda | 312 | | K Senior Starszy | 21 | 00:00:00 | 100,3 KM | - 269.143 | 12:28 | 4.8 (92.3%) |
| 188 | POŚPIECH Michał | 215 | ZDUN TRIATHLON TEAM / SUPERMARATON KALISZ / PWSZ (AKADEMIA KALISKA) | M Masters | 42 | 00:00:00 | 100,3 KM | - 269.145 | 5:53 | 10.2 (196.2%) |
| 189 | MICHALAK Andrzej | 73 | | M Masters | 43 | 00:00:00 | 100,2 KM | - 269.203 | 4:40 | 12.8 (246.2%) |
| 190 | BUKOWSKA Magda | 448 | 12BDOW | K Masters | 17 | 00:00:00 | 100,2 KM | - 269.226 | 9:51 | 6.1 (117.3%) |
| 191 | PONCYLIUSZ Artur | 36 | | M Masters | 44 | 00:00:00 | 100,2 KM | - 269.235 | 6:04 | 9.9 (190.4%) |
| 192 | PŁÓCIENNIK Łukasz | 158 | | M Senior Starszy | 39 | 00:00:00 | 100,2 KM | -269.27 | 5:44 | 10.5 (201.9%) |
| 193 | KAZUBEK Maciej | 151 | | M Masters | 45 | 00:00:00 | 100,2 KM | - 269.289 | 8:27 | 7.1 (136.5%) |
| 194 | WITKOWSKI Sławomir | 113 | ORANGE | M Masters | 46 | 00:00:00 | 100,2 KM | - 269.291 | 6:47 | 8.8 (169.2%) |
| 195 | ZIĘBA Paweł | 201 | ZIELONA MILA ZAWIERCIE | M Masters | 47 | 00:00:00 | 100,1 KM | - 269.305 | 5:06 | 11.7 (225.0%) |
| 196 | KUBIAK Marta | 81 | | K Senior Starszy | 22 | 00:00:00 | 100,1 KM | - 269.333 | 6:30 | 9.2 (176.9%) |
| 197 | DUPLICKA Angelika | 311 | MDK BOGUCICE-ZAWODZIE | K Senior Starszy | 23 | 00:00:00 | 100,1 KM | - 269.351 | 25:18 | 2.4 (46.2%) |
| 198 | WOJNA Justyna | 182 | | K Masters | 18 | 00:00:00 | 100,0 KM | - 269.432 | 10:29 | 5.7 (109.6%) |
| 199 | MACANDER Jakub | 95 | | M Senior Młodszy | 18 | 00:00:00 | 100,0 KM | - 269.443 | 5:06 | 11.7 (225.0%) |
| 200 | BAGDASARYAN Vazgen | 549 | | M Senior Starszy | 40 | 00:00:00 | 100,0 KM | - 269.443 | 5:44 | 10.4 (200.0%) |
| 201 | RYBACKI Bartek | 271 | | M Senior Starszy | 41 | 00:00:00 | 99,9 KM | - 269.504 | 3:07 | 19.2 (369.2%) |
| 202 | CZYRNIA Martin | 321 | MAFIA TEAM LUBLINIEC | M Senior Młodszy | 19 | 00:00:00 | 99,0 KM | - 270.439 | 4:24 | 13.6 (261.5%) |
| 203 | RĄCZKOWSKI Michał | 290 | SZLACHETNA PACZKA | M Senior Młodszy | 20 | 00:00:00 | 98,9 KM | - 270.512 | 15:49 | 3.8 (73.1%) |
| 204 | KNAP Rafał | 550 | | M Masters | 48 | 00:00:00 | 97,9 KM | - 271.496 | 5:48 | 10.3 (198.1%) |
| 205 | PRZYBYSZEWSKI Marcin | 148 | 12BZ | M Senior Starszy | 42 | 00:00:00 | 97,8 KM | - 271.686 | 16:51 | 3.6 (69.2%) |
| 206 | STRĄCZEK Dawid | 467 | | M Senior Starszy | 43 | 00:00:00 | 97,6 KM | - 271.846 | 5:44 | 10.4 (200.0%) |



| Place | Participant | Number | Club | Category | MCat | Start time | Distance | Gap | Pace min/km | Pace km/h |
|-------|--|------------|----------------------------|-------------------|------|------------|----------------|----------|-------------|---------------|
| 207 | KOCH-BRZOZOWSKA Katarzyna | 326 | DEVIL MIĘDZYCHÓD | K Senior Starszy | 24 | 00:00:00 | 96,8 KM | -272.682 | 9:21 | 6.4 (123.1%) |
| 208 | MAŁUCKI Ryszard | 555 | ROZWIŃ Z NAMI SKRZYDŁA | M Weteran Starszy | 3 | 00:00:00 | 96,6 KM | -272.836 | 6:03 | 9.9 (190.4%) |
| 209 | KUKIEŁKA Jarosław  | 557 | EPTM | M Senior Starszy | 44 | 00:00:00 | 91,3 KM | -278.163 | 7:17 | 8.2 (157.7%) |
| 210 | KOTYNIOWICZ Krzysztof  | 478 | | M Masters | 49 | 00:00:00 | 90,9 KM | -278.554 | 15:54 | 3.8 (73.1%) |
| 211 | KOTYNIOWICZ Brygida | 481 | | K Masters | 19 | 00:00:00 | 90,5 KM | -278.931 | 15:16 | 3.9 (75.0%) |
| 212 | DADAN Marek | 251 | | M Weteran Młodszy | 30 | 00:00:00 | 89,4 KM | -280.023 | 7:14 | 8.3 (159.6%) |
| 213 | CHOJECKI Wojtek | 37 | | M Weteran Młodszy | 31 | 00:00:00 | 87,5 KM | -281.933 | 6:07 | 9.8 (188.5%) |
| 214 | MAKAREWICZ Katarzyna | 177 | | K Masters | 20 | 00:00:00 | 87,5 KM | -281.933 | 13:06 | 4.6 (88.5%) |
| 215 | MATZANKE Michał | 396 | | M Senior Starszy | 45 | 00:00:00 | 86,3 KM | -283.179 | 6:26 | 9.3 (178.8%) |
| 216 | STRASZAK Monika | 193 | MDK BOGUCICE-ZAWODZIE | K Senior Starszy | 25 | 00:00:00 | 84,7 KM | -284.788 | 9:12 | 6.5 (125.0%) |
| 217 | PURCHAŁKA Daria | 168 | | K Senior Starszy | 26 | 00:00:00 | 84,6 KM | -284.823 | 10:22 | 5.8 (111.5%) |
| 218 | KORSAKOV Kostiantyn | 214 | - | M Masters | 50 | 00:00:00 | 83,3 KM | -286.143 | 5:23 | 11.1 (213.5%) |
| 219 | LEŚNIEWSKI Sławomir | 521 | PARKRUN SŁODOWO, WŁOCŁAWEK | M Weteran Młodszy | 32 | 00:00:00 | 83,3 KM | -286.143 | 7:18 | 8.2 (157.7%) |
| 220 | KISIEL Laura | 417 | BBKTS | K Weteran Młodszy | 7 | 00:00:00 | 80,7 KM | -288.753 | 5:23 | 11.1 (213.5%) |
| 221 | DANISEWICZ Przemysław | 116 | | M Senior Młodszy | 21 | 00:00:00 | 80,4 KM | -289.033 | 16:55 | 3.5 (67.3%) |
| 222 | HRYNISZYN Agnieszka | 153 | | K Senior Młodszy | 13 | 00:00:00 | 80,1 KM | -289.346 | 11:59 | 5 (96.2%) |
| 223 | GRYZ Jacek | 407 | | M Masters | 51 | 00:00:00 | 79,6 KM | -289.863 | 5:52 | 10.2 (196.2%) |
| 224 | MARKOWSKA Katarzyna | 237 | | K Masters | 21 | 00:00:00 | 78,8 KM | -290.613 | 9:25 | 6.4 (123.1%) |
| 225 | GAŁKOWSKI Marcin | 574 | | M Senior Starszy | 46 | 00:00:00 | 78,5 KM | -290.974 | 8:22 | 7.2 (138.5%) |
| 226 | WAWRZCZAK Zdzisław | 390 | STR SZPRYCHA | M Weteran Starszy | 4 | 00:00:00 | 78,2 KM | -291.283 | 10:44 | 5.6 (107.7%) |
| 227 | PODLASEK Jacek | 77 | | M Senior Starszy | 47 | 00:00:00 | 77,0 KM | -292.463 | 17:22 | 3.5 (67.3%) |
| 228 | STEINKE Dominika | 563 | | K Masters | 22 | 00:00:00 | 76,3 KM | -293.19 | 3:45 | 16 (307.7%) |
| 229 | TOWIAŃSKI Patryk | 240 | | M Masters | 52 | 00:00:00 | 76,2 KM | -293.212 | 6:53 | 8.7 (167.3%) |
| 230 | BRODNICKA Ewelina | 39 | | K Masters | 23 | 00:00:00 | 75,0 KM | -294.464 | 6:24 | 9.4 (180.8%) |

| Place | Participant | Number | Club | Category | MCat | Start time | Distance | Gap | Pace min/km | Pace km/h |
|-------|---|--------|--------------------------------------|-------------------|------|------------|----------------|----------|-------------|---------------|
| 231 | KRUCZEK Paweł  | 405 | JW 2771 | M Senior Starszy | 48 | 00:00:00 | 74,7 KM | -294.77 | 6:21 | 9.4 (180.8%) |
| 232 | ZIÓŁKOWSKA Beata | 131 | | K Masters | 24 | 00:00:00 | 74,0 KM | -295.403 | 5:35 | 10.7 (205.8%) |
| 233 | KOWALSKI Piotr | 25 | BMWP | M Senior Starszy | 49 | 00:00:00 | 73,5 KM | -295.963 | 5:49 | 10.3 (198.1%) |
| 234 | PIECZEK Aleksandra | 5 | WIECZORNE BIEGANIE W SZCZECINIE | K Masters | 25 | 00:00:00 | 73,2 KM | -296.253 | 18:37 | 3.2 (61.5%) |
| 235 | ZIELIŃSKI Kamil | 460 | | M Senior Młodszy | 22 | 00:00:00 | 72,8 KM | -296.66 | 8:38 | 6.9 (132.7%) |
| 236 | KIELAK Natalia | 272 | | K Senior Starszy | 27 | 00:00:00 | 72,5 KM | -296.99 | 17:22 | 3.5 (67.3%) |
| 237 | DELALICZ DE LAVAL Rafał  | 595 | | M Senior Starszy | 50 | 00:00:00 | 72,0 KM | -297.461 | 13:55 | 4.3 (82.7%) |
| 238 | STEFANÓW Mirosław  | 142 | WKU | M Masters | 53 | 00:00:00 | 71,7 KM | -297.773 | 5:45 | 10.4 (200.0%) |
| 239 | BOGACZ Marek | 118 | HIGHLANDERS | M Senior Starszy | 51 | 00:00:00 | 71,6 KM | -297.891 | 9:47 | 6.1 (117.3%) |
| 240 | GRUZLEWSKI Radosław | 178 | | M Senior Starszy | 52 | 00:00:00 | 71,1 KM | -298.308 | 8:47 | 6.8 (130.8%) |
| 241 | TUZINEK Paweł | 230 | ZABIEGANY SKARYSZEW | M Masters | 54 | 00:00:00 | 71,1 KM | -298.311 | 5:30 | 10.9 (209.6%) |
| 242 | FIJAŁKOWSKI Tomasz | 246 | 11 MBOT | M Masters | 55 | 00:00:00 | 70,8 KM | -298.69 | 9:54 | 6.1 (117.3%) |
| 243 | WEIMANN Paweł | 362 | | M Weteran Starszy | 5 | 00:00:00 | 70,3 KM | -299.152 | 16:16 | 3.7 (71.2%) |
| 244 | ŻEBROWSKA Małgorzata | 222 | | K Senior Starszy | 28 | 00:00:00 | 70,2 KM | -299.223 | 11:28 | 5.2 (100%) |
| 245 | MILEWICZ Marcin  | 506 | | M Senior Starszy | 53 | 00:00:00 | 69,3 KM | -300.107 | 16:20 | 3.7 (71.2%) |
| 246 | OSIŃSKA Karina | 437 | JAS KÓŁKA | K Masters | 26 | 00:00:00 | 69,2 KM | -300.213 | 7:13 | 8.3 (159.6%) |
| 247 | SIERADZKI Damian | 186 | | M Senior Młodszy | 23 | 00:00:00 | 67,9 KM | -301.543 | 12:08 | 4.9 (94.2%) |
| 248 | OGIŃSKA Anetta | 123 | TOWARZYSTWO WIOŚLARZY MASTERS POZNAŃ | K Masters | 27 | 00:00:00 | 67,4 KM | -302.073 | 10:01 | 6 (115.4%) |
| 249 | OLSZEWSKA Agnieszka | 56 | | K Senior Starszy | 29 | 00:00:00 | 67,3 KM | -302.113 | 5:53 | 10.2 (196.2%) |
| 250 | TRZCIŃSKI Michał | 472 | | M Masters | 56 | 00:00:00 | 67,2 KM | -302.223 | 6:51 | 8.7 (167.3%) |
| 251 | CISZEWSKA Danuta | 34 | | K Senior Starszy | 30 | 00:00:00 | 66,5 KM | -302.923 | 5:26 | 11 (211.5%) |
| 252 | NASKRĘT Mariusz | 449 | | M Masters | 57 | 00:00:00 | 65,9 KM | -303.513 | 6:36 | 9.1 (175.0%) |
| 253 | ADAMIAK Marcin  | 58 | | M Masters | 58 | 00:00:00 | 64,9 KM | -304.507 | 6:43 | 8.9 (171.2%) |
| 254 | FOKT Marta | 559 | | K Senior Starszy | 31 | 00:00:00 | 64,6 KM | -304.806 | 13:38 | 4.4 (84.6%) |





| Place | Participant | Number | Club | Category | MCat | Start time | Distance | Gap | Pace min/km | Pace km/h |
|-------|-------------------------------------|------------|-----------------------|-------------------|------|------------|----------------|----------|-------------|---------------|
| 255 | FRAŃCZUK Robert | 253 | | M Senior Starszy | 54 | 00:00:00 | 64,1 KM | -305.36 | 7:19 | 8.2 (157.7%) |
| 256 | WIECZOREK Paweł | 524 | BIEGIEMRADOM! | M Masters | 59 | 00:00:00 | 63,9 KM | -305.534 | 5:53 | 10.2 (196.2%) |
| 257 | RADOMSKI Łukasz | 323 | | M Senior Starszy | 55 | 00:00:00 | 63,7 KM | -305.773 | 11:46 | 5.1 (98.1%) |
| 258 | MŁACZEWSKI Daniel | 586 | | M Weteran Starszy | 6 | 00:00:00 | 63,2 KM | -306.209 | 14:13 | 4.2 (80.8%) |
| 259 | MATEJEK BIEDRZYCKA Agnieszka | 491 | | K Senior Starszy | 32 | 00:00:00 | 63,1 KM | -306.32 | 16:55 | 3.5 (67.3%) |
| 260 | MAZURKIEWICZ Grzegorz | 400 | | M Masters | 60 | 00:00:00 | 62,8 KM | -306.682 | 6:13 | 9.6 (184.6%) |
| 261 | SROKA Andrzej | 129 | WOŹNIAKRUNNINGTEAM | M Senior Starszy | 56 | 00:00:00 | 61,5 KM | -307.947 | 6:46 | 8.9 (171.2%) |
| 262 | ZAJDENC Sławomir | 416 | BTW BYDGOSZCZ | M Weteran Starszy | 7 | 00:00:00 | 61,4 KM | -308.044 | 8:02 | 7.5 (144.2%) |
| 263 | KULASA Iwona | 101 | | K Senior Starszy | 33 | 00:00:00 | 60,6 KM | -308.81 | 9:56 | 6 (115.4%) |
| 264 | BIAŁEK Agnieszka | 444 | | K Masters | 28 | 00:00:00 | 60,6 KM | -308.864 | 7:42 | 7.8 (150.0%) |
| 265 | JURA Waldemar | 21 | | M Weteran Młodszy | 33 | 00:00:00 | 60,4 KM | -309.013 | 10:37 | 5.6 (107.7%) |
| 266 | ZARĘBSKA Kasia | 248 | | K Senior Starszy | 34 | 00:00:00 | 60,4 KM | -309.013 | 10:49 | 5.5 (105.8%) |
| 267 | WILK Marek | 75 | EASYRUN RACIBÓRZ | M Senior Starszy | 57 | 00:00:00 | 59,4 KM | -310.024 | 6:13 | 9.6 (184.6%) |
| 268 | WOJCIECHOWSKI Jan | 393 | | M Weteran Młodszy | 34 | 00:00:00 | 59,4 KM | -310.057 | 4:16 | 14.1 (271.2%) |
| 269 | MOŹDŻER Wiktor | 512 | RAZ SZCZECIN | M Masters | 61 | 00:00:00 | 59,1 KM | -310.367 | 10:12 | 5.9 (113.5%) |
| 270 | PACZKOWSKI Paweł | 442 | | M Masters | 62 | 00:00:00 | 58,7 KM | -310.703 | 5:54 | 10.2 (196.2%) |
| 271 | KUŁACZKOWSKI Konrad | 16 | B4SPORT | M Senior Starszy | 58 | 00:00:00 | 58,6 KM | -310.801 | 13:35 | 4.4 (84.6%) |
| 272 | JANOWSKI Bartłomiej | 487 | | M Masters | 63 | 00:00:00 | 58,4 KM | -311.029 | 6:24 | 9.4 (180.8%) |
| 273 | OSTROWSKI Tomasz | 443 | FC OSTRY FAMILY | M Masters | 64 | 00:00:00 | 58,3 KM | -311.101 | 4:06 | 14.6 (280.8%) |
| 274 | BOROWIEC Kamil | 332 | | M Senior Starszy | 59 | 00:00:00 | 57,9 KM | -311.513 | 5:07 | 11.7 (225.0%) |
| 275 | GABOR Krzysztof | 368 | ROZTOCZE CYCLING TEAM | M Masters | 65 | 00:00:00 | 57,7 KM | -311.773 | 5:21 | 11.2 (215.4%) |
| 276 | TAJKOWSKI Wojtek | 69 | | M Masters | 66 | 00:00:00 | 57,1 KM | -312.313 | 10:25 | 5.8 (111.5%) |
| 277 | BANASZEWSKI Michał | 471 | PARKRUN GRUDZIĄDZ | M Masters | 67 | 00:00:00 | 57,1 KM | -312.353 | 8:49 | 6.8 (130.8%) |
| 278 | PAWŁOWSKI Przemysław | 89 | | M Senior Młodszy | 24 | 00:00:00 | 56,7 KM | -312.76 | 5:06 | 11.7 (225.0%) |

| Place | Participant | Number | Club | Category | MCat | Start time | Distance | Gap | Pace min/km | Pace km/h |
|-------|----------------------|--------|---------------------------------|-------------------|------|------------|----------|----------|-------------|---------------|
| 279 | TREPKOWSKA Paulina | 566 | | K Senior Starszy | 35 | 00:00:00 | 56,6 KM | -312.843 | 5:39 | 10.6 (203.8%) |
| 280 | MOROZ Katarzyna | 154 | | K Masters | 29 | 00:00:00 | 56,6 KM | -312.893 | 8:49 | 6.8 (130.8%) |
| 281 | KOSIATY Piotr | 383 | | M Masters | 68 | 00:00:00 | 55,9 KM | -313.533 | 6:40 | 9 (173.1%) |
| 282 | BUKO Anita | 422 | | K Weteran Młodszy | 8 | 00:00:00 | 55,5 KM | -313.931 | 3:57 | 15.2 (292.3%) |
| 283 | ROMANOWICZ Dariusz | 317 | VAXINIS | M Masters | 69 | 00:00:00 | 55,2 KM | -314.253 | 7:50 | 7.6 (146.2%) |
| 284 | KOŁAKOWSKI Krzysztof | 128 | CROSS TRENING MAZOVIA CIECHANÓW | M Senior Starszy | 60 | 00:00:00 | 54,4 KM | -315.003 | 5:57 | 10.1 (194.2%) |
| 285 | DĘBIŃSKA Adela | 205 | LEGION HDK | K Senior Starszy | 36 | 00:00:00 | 54,4 KM | -315.023 | 11:45 | 5.1 (98.1%) |
| 286 | WOJTKOWIAK Robert | 389 | SZYBKIE ŚLIMAKI | M Senior Starszy | 61 | 00:00:00 | 54,0 KM | -315.46 | 7:50 | 7.6 (146.2%) |
| 287 | SZLESIŃSKI Łukasz | 430 | | M Masters | 70 | 00:00:00 | 53,1 KM | -316.391 | 13:40 | 4.4 (84.6%) |
| 288 | ANDRZEJAK Agnieszka | 544 | | K Masters | 30 | 00:00:00 | 52,9 KM | -316.517 | 8:20 | 7.2 (138.5%) |
| 289 | KĘPIŃSKA Joanna | 329 | | K Masters | 31 | 00:00:00 | 52,7 KM | -316.743 | 8:10 | 7.3 (140.4%) |
| 290 | ZAJĄC Anna | 124 | TOMASZOWSKA GRUPA BIEGOWA | K Weteran Młodszy | 9 | 00:00:00 | 52,7 KM | -316.783 | 6:14 | 9.6 (184.6%) |
| 291 | MINDA Michał | 499 | KOLOSLOXD | M Senior Starszy | 62 | 00:00:00 | 52,6 KM | -316.856 | 6:13 | 9.7 (186.5%) |
| 292 | BEDNAREK Grzegorz | 526 | | M Senior Starszy | 63 | 00:00:00 | 52,5 KM | -316.953 | 5:43 | 10.5 (201.9%) |
| 293 | LUDWICKA Weronika | 221 | | K Senior Starszy | 37 | 00:00:00 | 52,1 KM | -317.373 | 9:13 | 6.5 (125.0%) |
| 294 | MĘDRYKOWSKI Damian | 558 | | M Senior Starszy | 64 | 00:00:00 | 52,1 KM | -317.374 | 5:13 | 11.5 (221.2%) |
| 295 | BARGŁOWSKI Kamil | 197 | | M Junior | 2 | 00:00:00 | 52,0 KM | -317.404 | 5:30 | 10.9 (209.6%) |
| 296 | BOGUCKI Michał | 378 | | M Senior Starszy | 65 | 00:00:00 | 51,9 KM | -317.503 | 6:26 | 9.3 (178.8%) |
| 297 | MATUS Dawid | 57 | | M Senior Młodszy | 25 | 00:00:00 | 51,2 KM | -318.293 | 4:43 | 12.7 (244.2%) |
| 298 | WOŹNIAK Mariusz | 54 | | M Masters | 71 | 00:00:00 | 51,1 KM | -318.391 | 6:08 | 9.8 (188.5%) |
| 299 | LICHTENSZTEJN Piotr | 340 | | M Masters | 72 | 00:00:00 | 51,0 KM | -318.443 | 3:52 | 15.5 (298.1%) |
| 300 | BRYGOŁA Karolina | 546 | | K Senior Starszy | 38 | 00:00:00 | 51,0 KM | -318.488 | 6:21 | 9.4 (180.8%) |
| 301 | JODŁOWSKI Mateusz | 71 | | M Senior Starszy | 66 | 00:00:00 | 50,9 KM | -318.507 | 17:13 | 3.5 (67.3%) |
| 302 | KOWALCZYK Renata | 376 | BBL | K Weteran Młodszy | 10 | 00:00:00 | 50,9 KM | -318.533 | 6:41 | 9 (173.1%) |






| Place | Participant | Number | Club | Category | MCat | Start time | Distance | Gap | Pace min/km | Pace km/h |
|-------|---|------------|------------------------|-------------------|------|------------|----------------|-----------|-------------|---------------|
| 303 | BOGUSZ Damian | 217 | | M Senior Starszy | 67 | 00:00:00 | 50,8 KM | - 318.683 | 6:55 | 8.7 (167.3%) |
| 304 | RADZIWONOWICZ Michał  | 170 | | M Senior Młodszy | 26 | 00:00:00 | 50,5 KM | - 318.923 | 9:04 | 6.6 (126.9%) |
| 305 | PASZTETNIK Marek | 241 | | M Senior Młodszy | 27 | 00:00:00 | 50,3 KM | - 319.132 | 6:29 | 9.2 (176.9%) |
| 306 | GŁODZIK Tomasz  | 48 | | M Senior Starszy | 68 | 00:00:00 | 50,0 KM | - 319.407 | 7:11 | 8.3 (159.6%) |
| 307 | MACKENZIE Renata | 517 | | K Masters | 32 | 00:00:00 | 49,7 KM | - 319.703 | 6:58 | 8.6 (165.4%) |
| 308 | WIELGUS Aleksandra | 91 | SPONTAN POTĘGOWO | K Senior Starszy | 39 | 00:00:00 | 49,6 KM | - 319.813 | 6:32 | 9.2 (176.9%) |
| 309 | SZCZELASZCZYK Joanna | 157 | | K Senior Starszy | 40 | 00:00:00 | 49,5 KM | - 319.923 | 8:23 | 7.2 (138.5%) |
| 310 | PŁASZCZYMAKA Szymon | 121 | | M Senior Starszy | 69 | 00:00:00 | 49,3 KM | - 320.188 | 7:10 | 8.4 (161.5%) |
| 311 | BLACKLEDGE Hanna  | 537 | | K Weteran Starszy | 2 | 00:00:00 | 49,0 KM | - 320.434 | 10:17 | 5.8 (111.5%) |
| 312 | MILEWSKI Kamil | 125 | | M Senior Młodszy | 28 | 00:00:00 | 48,9 KM | - 320.583 | 6:33 | 9.2 (176.9%) |
| 313 | MAMET Tomasz  | 52 | | M Masters | 73 | 00:00:00 | 47,5 KM | - 321.973 | 9:09 | 6.6 (126.9%) |
| 314 | SOBIERAJSKI Jacek  | 45 | | M Masters | 74 | 00:00:00 | 47,0 KM | - 322.443 | 50:23 | 1.2 (23.1%) |
| 315 | TREJDER Maria | 234 | | K Masters | 33 | 00:00:00 | 46,8 KM | - 322.638 | 7:11 | 8.3 (159.6%) |
| 316 | JANKOWSKI Jarosław | 291 | | M Masters | 75 | 00:00:00 | 46,4 KM | - 323.063 | 3:06 | 19.3 (371.2%) |
| 317 | SZKLARSKI Przemysław | 450 | LET'S WOD TEAM | M Senior Starszy | 70 | 00:00:00 | 46,1 KM | - 323.362 | 5:45 | 10.4 (200.0%) |
| 318 | ŻAK Jakub | 90 | | M Senior Starszy | 71 | 00:00:00 | 45,4 KM | - 324.033 | 5:21 | 11.2 (215.4%) |
| 319 | PANIAK Marzena | 232 | | K Senior Młodszy | 14 | 00:00:00 | 45,3 KM | - 324.123 | 9:32 | 6.3 (121.2%) |
| 320 | JANICKA Anna  | 441 | | K Masters | 34 | 00:00:00 | 45,0 KM | - 324.443 | 6:33 | 9.1 (175.0%) |
| 321 | DYLUS Artur | 391 | | M Senior Starszy | 72 | 00:00:00 | 44,8 KM | - 324.608 | 9:50 | 6.1 (117.3%) |
| 322 | PAWLIK Piotr | 200 | KPP SŁUBICE | M Senior Starszy | 73 | 00:00:00 | 44,4 KM | - 325.083 | 5:20 | 11.2 (215.4%) |
| 323 | SKRZECZ Tomasz | 220 | | M Senior Starszy | 74 | 00:00:00 | 44,1 KM | - 325.354 | 6:01 | 9.9 (190.4%) |
| 324 | CYBULSKI Dawid | 538 | DM BUILDING SP. Z O.O. | M Senior Starszy | 75 | 00:00:00 | 44,0 KM | - 325.403 | 6:05 | 9.9 (190.4%) |
| 325 | ORZECH Marcin | 184 | BIEGOWO TEAM | M Senior Starszy | 76 | 00:00:00 | 44,0 KM | - 325.443 | 5:10 | 11.6 (223.1%) |
| 326 | SKOCZYLAS Anita | 85 | MUAY RUNNING TEAM | K Masters | 35 | 00:00:00 | 43,7 KM | - 325.778 | 7:17 | 8.2 (157.7%) |




| Place | Participant | Number | Club | Category | MCat | Start time | Distance | Gap | Pace min/km | Pace km/h |
|-------|--|------------|------------------------------|------------------|------|------------|----------------|----------|-------------|---------------|
| 327 | SIKORA Joanna | 313 | | K Senior Starszy | 41 | 00:00:00 | 43,7 KM | -325.789 | 6:29 | 9.2 (176.9%) |
| 328 | ZYCH Karol | 397 | | M Orłęta | 3 | 00:00:00 | 43,5 KM | -325.923 | 6:57 | 8.6 (165.4%) |
| 329 | PACIOREK Adam | 463 | ALTICO | M Senior Starszy | 77 | 00:00:00 | 43,4 KM | -326.02 | 7:57 | 7.5 (144.2%) |
| 330 | RADKA Izabela | 458 | LET'S WOD TEAM | K Senior Młodszy | 15 | 00:00:00 | 43,2 KM | -326.206 | 7:39 | 7.8 (150.0%) |
| 331 | KRASOWSKI Tomasz | 53 | | M Masters | 76 | 00:00:00 | 43,2 KM | -326.279 | 7:20 | 8.2 (157.7%) |
| 332 | STOŃ Weronika | 299 | | K Senior Młodszy | 16 | 00:00:00 | 43,1 KM | -326.333 | 37:43 | 1.6 (30.8%) |
| 333 | KOCIORUBA Szymon | 495 | | M Masters | 77 | 00:00:00 | 42,8 KM | -326.65 | 6:59 | 8.6 (165.4%) |
| 334 | KACZOROWSKI Grzegorz | 10 | | M Senior Młodszy | 29 | 00:00:00 | 42,7 KM | -326.72 | 6:55 | 8.7 (167.3%) |
| 335 | SYSKA Iza | 510 | | K Senior Młodszy | 17 | 00:00:00 | 42,6 KM | -326.813 | 6:44 | 8.9 (171.2%) |
| 336 | ADAMSKA-MIŚ Lidia  | 55 | | K Masters | 36 | 00:00:00 | 42,6 KM | -326.833 | 11:17 | 5.3 (101.9%) |
| 337 | PTASZEK Iza | 591 | SHAMROCK BEAVERS ZIELONKI PL | K Masters | 37 | 00:00:00 | 42,3 KM | -327.097 | 11:55 | 5 (96.2%) |
| 338 | BORKOWSKI Piotr | 344 | | M Senior Starszy | 78 | 00:00:00 | 42,3 KM | -327.163 | 7:58 | 7.5 (144.2%) |
| 339 | TARAS Arkadiusz | 322 | | M Senior Młodszy | 30 | 00:00:00 | 42,3 KM | -327.173 | 11:27 | 5.2 (100%) |
| 340 | DUMIN Magdalena | 277 | | K Senior Młodszy | 18 | 00:00:00 | 42,3 KM | -327.183 | 11:17 | 5.3 (101.9%) |
| 341 | KOZŁOWSKI Witold | 314 | | M Senior Starszy | 79 | 00:00:00 | 42,0 KM | -327.433 | 6:55 | 8.7 (167.3%) |
| 342 | LEWANDOWSKI Marcin | 188 | | M Senior Młodszy | 31 | 00:00:00 | 41,6 KM | -327.873 | 5:12 | 11.5 (221.2%) |
| 343 | PIOZUN Damian | 363 | | M Senior Młodszy | 32 | 00:00:00 | 41,4 KM | -328.083 | 6:58 | 8.6 (165.4%) |
| 344 | KOSMALA Anna | 38 | | K Senior Młodszy | 19 | 00:00:00 | 41,1 KM | -328.326 | 13:40 | 4.4 (84.6%) |
| 345 | MICHLOWICZ Barbara | 459 | LET'S WOD TEAM | K Senior Starszy | 42 | 00:00:00 | 41,1 KM | -328.33 | 15:16 | 3.9 (75.0%) |
| 346 | JAGLARZ Magdalena | 327 | | K Senior Młodszy | 20 | 00:00:00 | 40,9 KM | -328.513 | 8:42 | 6.9 (132.7%) |
| 347 | SIWEK Magdalena  | 43 | | K Senior Starszy | 43 | 00:00:00 | 40,8 KM | -328.6 | 5:43 | 10.5 (201.9%) |
| 348 | KĘPIŃSKI Jarosław | 349 | | M Masters | 78 | 00:00:00 | 40,7 KM | -328.733 | 7:45 | 7.7 (148.1%) |
| 349 | DUCZEK Marcin | 300 | | M Masters | 79 | 00:00:00 | 40,4 KM | -329.093 | 5:57 | 10.1 (194.2%) |
| 350 | MICHALIK Katarzyna | 172 | | K Senior Starszy | 44 | 00:00:00 | 40,3 KM | -329.166 | 8:02 | 7.5 (144.2%) |

| Place | Participant | Number | Club | Category | MCat | Start time | Distance | Gap | Pace min/km | Pace km/h |
|-------|-----------------------|--------|-----------------------------------|-------------------|------|------------|----------|----------|-------------|---------------|
| 351 | PODGRUDNY Radosław ▯ | 484 | | M Masters | 80 | 00:00:00 | 40,1 KM | -329.313 | 6:57 | 8.6 (165.4%) |
| 352 | SULŻYCKI Cezary | 181 | 15 GIŻYCKA BRYGADA ZMECHANIZOWANA | M Senior Starszy | 80 | 00:00:00 | 40,1 KM | -329.353 | 6:11 | 9.7 (186.5%) |
| 353 | BIEDRZYCKI Jacek | 496 | | M Masters | 81 | 00:00:00 | 39,4 KM | -330.051 | 14:43 | 4.1 (78.8%) |
| 354 | ŚWIERCZYŃSKI Karol ▯ | 523 | | M Senior Młodszy | 33 | 00:00:00 | 39,4 KM | -330.063 | 6:25 | 9.3 (178.8%) |
| 355 | SZYMCZAK Czesław | 319 | | M Weteran Starszy | 8 | 00:00:00 | 39,1 KM | -330.363 | 7:01 | 8.5 (163.5%) |
| 356 | DUTKOWSKA Natalia | 347 | OSOBA PRYWATNA | K Senior Starszy | 45 | 00:00:00 | 39,0 KM | -330.403 | 7:16 | 8.2 (157.7%) |
| 357 | CAŁKA Justyna | 562 | | K Senior Młodszy | 21 | 00:00:00 | 39,0 KM | -330.403 | 12:59 | 4.6 (88.5%) |
| 358 | LIRO Marcin | 244 | | M Senior Starszy | 81 | 00:00:00 | 38,6 KM | -330.83 | 6:57 | 8.6 (165.4%) |
| 359 | GARCZAREK Alicja | 518 | | K Senior Starszy | 46 | 00:00:00 | 38,6 KM | -330.865 | 10:09 | 5.9 (113.5%) |
| 360 | SADOWSKI Bartłomiej | 9 | ZAWSZE GOTOWI ZAWSZE BLISKO | M Masters | 82 | 00:00:00 | 38,4 KM | -331.043 | 6:17 | 9.5 (182.7%) |
| 361 | WYDMAŃSKA Anna | 310 | | K Senior Młodszy | 22 | 00:00:00 | 38,4 KM | -331.058 | 8:45 | 6.8 (130.8%) |
| 362 | PŁÓCIENNIK Karol | 196 | | M Senior Starszy | 82 | 00:00:00 | 38,3 KM | -331.177 | 4:48 | 12.5 (240.4%) |
| 363 | KOBIELA Anna | 439 | | K Senior Młodszy | 23 | 00:00:00 | 38,2 KM | -331.233 | 11:08 | 5.4 (103.8%) |
| 364 | NOGA Jakub | 31 | THE NOGAS | M Senior Młodszy | 34 | 00:00:00 | 38,1 KM | -331.366 | 6:24 | 9.4 (180.8%) |
| 365 | WITASIAK Paulina ▯ | 418 | | K Senior Młodszy | 24 | 00:00:00 | 38,1 KM | -331.393 | 6:35 | 9.1 (175.0%) |
| 366 | MAŁKIŃSKI Marcin | 509 | | M Masters | 83 | 00:00:00 | 38,0 KM | -331.413 | 6:35 | 9.1 (175.0%) |
| 367 | KAZNODZIEJ Piotr | 541 | | M Masters | 84 | 00:00:00 | 37,3 KM | -332.107 | 9:35 | 6.3 (121.2%) |
| 368 | SERLIKOWSKA Agnieszka | 585 | | K Senior Starszy | 47 | 00:00:00 | 37,3 KM | -332.153 | 25:47 | 2.3 (44.2%) |
| 369 | BORDZIO Wojciech | 464 | | M Senior Młodszy | 35 | 00:00:00 | 36,8 KM | -332.653 | 5:54 | 10.2 (196.2%) |
| 370 | NAZARUK Kamil | 426 | | M Senior Młodszy | 36 | 00:00:00 | 36,5 KM | -332.903 | 5:20 | 11.2 (215.4%) |
| 371 | MAGDZIARZ Magdalena | 429 | | K Senior Starszy | 48 | 00:00:00 | 36,5 KM | -332.973 | 13:46 | 4.4 (84.6%) |
| 372 | STARUCH Andrzej | 80 | | M Weteran Starszy | 9 | 00:00:00 | 36,1 KM | -333.331 | 6:21 | 9.4 (180.8%) |
| 373 | DANILEWICZ Damian | 419 | | M Senior Starszy | 83 | 00:00:00 | 35,4 KM | -334.085 | 13:48 | 4.3 (82.7%) |
| 374 | ORZYŁOWSKI Marcin | 594 | | M Senior Starszy | 84 | 00:00:00 | 35,1 KM | -334.325 | 13:44 | 4.4 (84.6%) |

| Place | Participant | Number | Club | Category | MCat | Start time | Distance | Gap | Pace min/km | Pace km/h |
|-------|--|------------|----------------------------------|-------------------|------|------------|----------------|----------|-------------|---------------|
| 375 | ODRZYWOLSKI Michał | 592 | OŻW SZCZECIN | M Senior Starszy | 85 | 00:00:00 | 35,1 KM | -334.359 | 6:06 | 9.8 (188.5%) |
| 376 | WAWRZYNIAK Agnieszka | 589 | | K Masters | 38 | 00:00:00 | 34,6 KM | -334.827 | 6:35 | 9.1 (175.0%) |
| 377 | GŁOS Anna | 503 | LUBLINBIEGA | K Masters | 39 | 00:00:00 | 34,5 KM | -334.933 | 6:14 | 9.6 (184.6%) |
| 378 | WATOROWSKI Irek | 159 | | M Senior Starszy | 86 | 00:00:00 | 34,2 KM | -335.223 | 5:30 | 10.9 (209.6%) |
| 379 | SZKWAREK Kamila | 292 | | K Senior Starszy | 49 | 00:00:00 | 34,1 KM | -335.373 | 6:51 | 8.7 (167.3%) |
| 380 | KOCIK Arkadiusz  | 425 | | M Weteran Młodszy | 35 | 00:00:00 | 34,0 KM | -335.447 | 6:22 | 9.4 (180.8%) |
| 381 | LATAŁA Robert  | 500 | | M Masters | 85 | 00:00:00 | 33,8 KM | -335.612 | 5:44 | 10.5 (201.9%) |
| 382 | TOL Monika | 571 | MAFIA TEAM LUBLINIEC | K Senior Starszy | 50 | 00:00:00 | 33,8 KM | -335.673 | 6:20 | 9.5 (182.7%) |
| 383 | KRAWCZYK Piotr | 431 | | M Masters | 86 | 00:00:00 | 33,7 KM | -335.7 | 7:00 | 8.6 (165.4%) |
| 384 | BABIŃSKA Ewelina | 493 | | K Senior Starszy | 51 | 00:00:00 | 33,4 KM | -336.023 | 6:06 | 9.8 (188.5%) |
| 385 | SPYCHALSKI Zdzisław | 412 | | M Weteran Młodszy | 36 | 00:00:00 | 33,4 KM | -336.093 | 6:58 | 8.6 (165.4%) |
| 386 | CISIELSKA Natalia | 171 | | K Senior Starszy | 52 | 00:00:00 | 33,3 KM | -336.193 | 9:55 | 6 (115.4%) |
| 387 | SWĘD Arek | 284 | | M Masters | 87 | 00:00:00 | 32,8 KM | -336.682 | 18:34 | 3.2 (61.5%) |
| 388 | GOGACZ Monika | 60 | | K Senior Starszy | 53 | 00:00:00 | 32,6 KM | -336.873 | 16:12 | 3.7 (71.2%) |
| 389 | GOŁĄB Paweł | 20 | | M Senior Starszy | 87 | 00:00:00 | 32,5 KM | -336.943 | 5:50 | 10.3 (198.1%) |
| 390 | GROMEK Paweł | 470 | | M Masters | 88 | 00:00:00 | 32,3 KM | -337.173 | 9:51 | 6.1 (117.3%) |
| 391 | ŚLIWA Sabina | 408 | 1. BAZA LOTNICTWA TRANSPORTOWEGO | K Senior Młodszy | 25 | 00:00:00 | 32,2 KM | -337.217 | 10:33 | 5.7 (109.6%) |
| 392 | CISZOWSKA Agata | 280 | | K Senior Młodszy | 26 | 00:00:00 | 31,9 KM | -337.543 | 16:12 | 3.7 (71.2%) |
| 393 | KŁOS Aleksandra | 79 | | K Senior Młodszy | 27 | 00:00:00 | 31,8 KM | -337.598 | 10:05 | 5.9 (113.5%) |
| 394 | ZUKOWSKI Paweł | 140 | | M Masters | 89 | 00:00:00 | 31,8 KM | -337.627 | 7:50 | 7.7 (148.1%) |
| 395 | ZYCH Agnieszka | 392 | | K Masters | 40 | 00:00:00 | 31,8 KM | -337.693 | 6:21 | 9.4 (180.8%) |
| 396 | JASKULSKI Darek  | 74 | SAM SOBIE | M Masters | 90 | 00:00:00 | 31,3 KM | -338.103 | 10:31 | 5.7 (109.6%) |
| 397 | STATEK Gabriela  | 105 | | K Junior | 2 | 00:00:00 | 31,3 KM | -338.173 | 8:41 | 6.9 (132.7%) |
| 398 | KRZYSIAK Anna | 202 | | K Masters | 41 | 00:00:00 | 31,2 KM | -338.233 | 5:17 | 11.3 (217.3%) |

| Place | Participant | Number | Club | Category | MCat | Start time | Distance | Gap | Pace min/km | Pace km/h |
|-------|-----------------------------------|------------|------------------------------------|------------------|------|------------|----------------|--------------|-------------|------------------|
| 399 | FIGAT Arkadiusz | 335 | GRUPA BIEGOWA ENDORFINY BARTOSZYCE | M Masters | 91 | 00:00:00 | 31,0 KM | - 338.413 | 6:06 | 9.8 (188.5%) |
| 400 | OGOŃSKA Olga | 414 | | K Senior Młodszy | 28 | 00:00:00 | 30,8 KM | - 338.643 | 7:15 | 8.3 (159.6%) |
| 401 | KOĆMIEROWSKA Natalia | 268 | | K Senior Młodszy | 29 | 00:00:00 | 30,6 KM | - 338.843 | 16:26 | 3.7 (71.2%) |
| 402 | MIKULSKI Damian | 296 | | M Senior Starszy | 88 | 00:00:00 | 30,6 KM | - 338.873 | 12:26 | 4.8 (92.3%) |
| 403 | JARZYŃKA-SUJATA Klaudia 🇵🇱 | 275 | | K Senior Młodszy | 30 | 00:00:00 | 30,6 KM | - 338.885 | 8:07 | 7.4 (142.3%) |
| 404 | GNIEWEK Alina | 502 | | K Senior Starszy | 54 | 00:00:00 | 30,5 KM | - 338.937 | 19:55 | 3 (57.7%) |
| 405 | SKITAŁ Dawid | 306 | | M Senior Młodszy | 37 | 00:00:00 | 30,4 KM | - 339.083 | 5:49 | 10.3 (198.1%) |
| 406 | KOLIS Konrad | 494 | | M Senior Starszy | 89 | 00:00:00 | 30,0 KM | - 339.399 | 6:43 | 8.9 (171.2%) |
| 407 | OLENDER Julia | 374 | | K Senior Młodszy | 31 | 00:00:00 | 30,0 KM | - 339.479 | 6:47 | 8.8 (169.2%) |
| 408 | MAŁECKI Piotr | 365 | | M Senior Starszy | 90 | 00:00:00 | 29,3 KM | - 340.133 | 6:52 | 8.7 (167.3%) |
| 409 | ZAJĄCZKOWSKI Sławomir | 336 | | M Senior Starszy | 91 | 00:00:00 | 29,3 KM | - 340.172 | 6:20 | 9.5 (182.7%) |
| 410 | PELC Eliza 🇵🇱 | 260 | | K Masters | 42 | 00:00:00 | 29,0 KM | - 340.473 | 10:51 | 5.5 (105.8%) |
| 411 | ANTAS Marcin | 553 | | M Senior Starszy | 92 | 00:00:00 | 28,9 KM | - 340.563 | 6:17 | 9.5 (182.7%) |
| 412 | PISZCZEK Michał | 62 | | M Masters | 92 | 00:00:00 | 28,7 KM | - 340.716 | 6:51 | 8.7 (167.3%) |
| 413 | SKIRZEWSKI Aleksander | 94 | | M Senior Młodszy | 38 | 00:00:00 | 28,2 KM | - 341.263 | 7:47 | 7.7 (148.1%) |
| 414 | SKUBIŃSKI Mateusz | 548 | | M Masters | 93 | 00:00:00 | 28,0 KM | - 341.435 | 6:42 | 8.9 (171.2%) |
| 415 | STAWIARZ Tomasz | 288 | | M Masters | 94 | 00:00:00 | 28,0 KM | - 341.443 | 6:19 | 9.5 (182.7%) |
| 416 | PLEBANEK-LIRO Anna | 281 | BRAK | K Senior Starszy | 55 | 00:00:00 | 27,9 KM | - 341.588 | 7:00 | 8.6 (165.4%) |
| 417 | EICHLER Piotr | 377 | TYGRYSY WALCZĄCE | M Masters | 95 | 00:00:00 | 27,7 KM | - 341.792 | 4:58 | 12.1 (232.7%) |
| 418 | ZAWALICH Katarzyna | 315 | | K Masters | 43 | 00:00:00 | 27,6 KM | - 341.833 | 6:12 | 9.7 (186.5%) |
| 419 | FURMAN Mateusz | 435 | | M Senior Młodszy | 39 | 00:00:00 | 27,4 KM | - 341.999 | 4:45 | 12.6 (242.3%) |
| 420 | CYBUL Anna | 276 | | K Masters | 44 | 00:00:00 | 27,4 KM | - 342.063 | 5:32 | 10.8 (207.7%) |
| 421 | ILCHYSHYN Vadym | 167 | | M Senior Starszy | 93 | 00:00:00 | 27,3 KM | - 342.123 | 5:25 | 11 (211.5%) |
| 422 | METT Mariusz | 219 | CZC SZ | M Masters | 96 | 00:00:00 | 27,3 KM | - 342.143 | 7:19 | 8.2 (157.7%) |

| Place | Participant | Number | Club | Category | MCat | Start time | Distance | Gap | Pace min/km | Pace km/h |
|-------|---|------------|---------------------------------|------------------|------|------------|----------------|-----------|-------------|---------------|
| 423 | ŁAGIEWSKI Andrzej | 341 | LDC | M Senior Starszy | 94 | 00:00:00 | 27,3 KM | - 342.173 | 5:18 | 11.3 (217.3%) |
| 424 | STEMPSKI Maciej  | 584 | | M Masters | 97 | 00:00:00 | 27,3 KM | - 342.192 | 11:04 | 5.4 (103.8%) |
| 425 | GARYGA Łukasz | 355 | RUNHOGS TYCHY | M Masters | 98 | 00:00:00 | 27,0 KM | - 342.416 | 5:15 | 11.4 (219.2%) |
| 426 | JURKIEWICZ Katarzyna | 155 | | K Senior Starszy | 56 | 00:00:00 | 26,8 KM | - 342.646 | 21:05 | 2.8 (53.8%) |
| 427 | KUREK Dorota | 560 | | K Masters | 45 | 00:00:00 | 26,5 KM | - 342.973 | 7:16 | 8.2 (157.7%) |
| 428 | DOBROĆ Tomasz | 245 | | M Senior Starszy | 95 | 00:00:00 | 26,5 KM | - 342.993 | 8:29 | 7.1 (136.5%) |
| 429 | JANUSEK Wojciech | 345 | | M Senior Młodszy | 40 | 00:00:00 | 26,3 KM | - 343.153 | 23:28 | 2.6 (50.0%) |
| 430 | DOBROWOLSKI Dominik | 298 | 5BSP | M Senior Młodszy | 41 | 00:00:00 | 26,1 KM | - 343.301 | 7:01 | 8.5 (163.5%) |
| 431 | WALISZEWSKA-PLEWA Izabela | 401 | | K Masters | 46 | 00:00:00 | 26,1 KM | - 343.393 | 7:46 | 7.7 (148.1%) |
| 432 | RATAJCZAK Krzysztof Tomasz  | 198 | LEGION HDK 10 BKPANC ŚWIĘTOSZÓW | M Senior Młodszy | 42 | 00:00:00 | 26,0 KM | - 343.446 | 8:15 | 7.3 (140.4%) |
| 433 | POLAK Daniel | 497 | | M Senior Starszy | 96 | 00:00:00 | 26,0 KM | - 343.486 | 8:48 | 6.8 (130.8%) |
| 434 | SZURLEJ-WĘGLARZ Ewa | 473 | | K Masters | 47 | 00:00:00 | 25,9 KM | - 343.573 | 11:01 | 5.4 (103.8%) |
| 435 | BORYSIEWICZ Bartłomiej | 238 | BIEGOWO TEAM | M Senior Starszy | 97 | 00:00:00 | 25,8 KM | - 343.673 | 5:59 | 10 (192.3%) |
| 436 | ZACHURA Szymon  | 364 | | M Senior Młodszy | 43 | 00:00:00 | 25,8 KM | - 343.693 | 7:17 | 8.2 (157.7%) |
| 437 | WĘGLARZ Mariusz | 474 | | M Masters | 99 | 00:00:00 | 25,6 KM | - 343.823 | 9:31 | 6.3 (121.2%) |
| 438 | WALIGÓRA Aneta | 554 | | K Senior Młodszy | 32 | 00:00:00 | 25,6 KM | - 343.861 | 20:01 | 3 (57.7%) |
| 439 | STANCEL Wojciech  | 108 | | M Senior Młodszy | 44 | 00:00:00 | 25,5 KM | - 343.903 | 7:30 | 8 (153.8%) |
| 440 | KONIECZNA Karolina  | 137 | | K Senior Młodszy | 33 | 00:00:00 | 25,5 KM | - 343.993 | 10:38 | 5.6 (107.7%) |
| 441 | ROKUSZEWSKI Piotr | 307 | | M Senior Starszy | 98 | 00:00:00 | 25,4 KM | - 344.034 | 7:41 | 7.8 (150.0%) |
| 442 | KARCZEWSKI Dawid | 152 | | M Senior Młodszy | 45 | 00:00:00 | 25,4 KM | - 344.062 | 5:27 | 11 (211.5%) |
| 443 | KLAUS-KOWALSKA Martyna | 279 | SPORT.PL | K Senior Starszy | 57 | 00:00:00 | 25,2 KM | - 344.277 | 7:33 | 7.9 (151.9%) |
| 444 | ORWAT Krzysztof | 398 | ZASAPANI | M Senior Starszy | 99 | 00:00:00 | 25,1 KM | - 344.301 | 6:02 | 9.9 (190.4%) |
| 445 | ZIELIŃSKI David | 579 | | M Senior Młodszy | 46 | 00:00:00 | 25,1 KM | - 344.313 | 8:14 | 7.3 (140.4%) |
| 446 | PAS Magdalena | 265 | | K Senior Młodszy | 34 | 00:00:00 | 25,1 KM | - 344.323 | 6:27 | 9.3 (178.8%) |

| Place | Participant | Number | Club | Category | MCat | Start time | Distance | Gap | Pace min/km | Pace km/h |
|-------|--|------------|---------------------|-------------------|------|------------|----------------|----------|-------------|---------------|
| 447 | KRUSZEWSKI Piotr | 173 | MYŚLĘ, ŻE DAM RADEĘ | M Senior Starszy | 100 | 00:00:00 | 25,0 KM | -344.433 | 6:03 | 9.9 (190.4%) |
| 448 | MIROWSKI Dominik | 223 | | M Senior Starszy | 101 | 00:00:00 | 25,0 KM | -344.433 | 6:18 | 9.5 (182.7%) |
| DNC | DĄBROWSKI Maciej | 331 | | M Senior Młodszy | | 00:00:00 | KM | | 3:48 | 15.7 (301.9%) |
| DNC | KIJAS Patrycja  | 564 | | K Masters | | 00:00:00 | KM | | 9:10 | 6.5 (125.0%) |
| DNC | SIKORA Paulina | 551 | | K Senior Młodszy | | 00:00:00 | KM | | 112:13 | 0.5 (9.6%) |
| DNC | SKIERKOWSKA-RAK Rozalia  | 498 | | K Masters | | 00:00:00 | KM | | 10:26 | 5.7 (109.6%) |
| DNC | SADOWSKA Kamila | 465 | | K Senior Młodszy | | 00:00:00 | KM | | 8:41 | 6.9 (132.7%) |
| DNC | JEMIELITY Magdalena | 163 | | K Senior Starszy | | 00:00:00 | KM | | 6:09 | 9.7 (186.5%) |
| DNC | SOKOŁOWSKI Jarosław | 490 | | M Senior Starszy | | 00:00:00 | KM | | 7:08 | 8.4 (161.5%) |
| DNC | ZĘBALSKA Magdalena | 194 | | K Senior Starszy | | 00:00:00 | KM | | 10:40 | 5.6 (107.7%) |
| DNC | PETERS Patrycja | 576 | | K Senior Młodszy | | 00:00:00 | KM | | 10:39 | 5.6 (107.7%) |
| DNC | NACHYŁA Aleksandra  | 575 | | K Senior Młodszy | | 00:00:00 | KM | | 7:52 | 7.6 (146.2%) |
| DNC | KINDER Sebastian | 233 | | M Senior Starszy | | 00:00:00 | KM | | 5:28 | 11 (211.5%) |
| DNC | BISKUP Kamil | 492 | | M Senior Młodszy | | 00:00:00 | KM | | 5:32 | 10.8 (207.7%) |
| DNC | BARGIEŁ Natalia | 455 | | K Senior Młodszy | | 00:00:00 | KM | | 6:57 | 8.6 (165.4%) |
| DNC | ŚWIĄTEK Artur | 462 | AZS PWSTE JAROSŁAW | M Masters | | 00:00:00 | KM | | 5:51 | 10.3 (198.1%) |
| DNC | BUŁA Małgorzata | 475 | | K Masters | | 00:00:00 | KM | | 3:46 | 15.9 (305.8%) |
| DNC | JAGAŚ Cezary | 372 | | M Senior Starszy | | 00:00:00 | KM | | 4:20 | 13.8 (265.4%) |
| DNC | KRUPA Katarzyna | 273 | | K Senior Starszy | | 00:00:00 | KM | | 9:39 | 6.2 (119.2%) |
| DNC | SZYGENDA Waldemar | 387 | | M Weteran Młodszy | | 00:00:00 | KM | | 6:56 | 8.6 (165.4%) |
| DNC | ŁATA Edyta | 531 | | K Senior Młodszy | | 00:00:00 | KM | | 7:10 | 8.4 (161.5%) |
| DNC | WAL Mateusz | 328 | | M Senior Młodszy | | 00:00:00 | KM | | 6:46 | 8.9 (171.2%) |
| DNC | DRUCH Piotr | 325 | | M Senior Starszy | | 00:00:00 | KM | | 11:31 | 5.2 (100%) |
| DNC | KOWAL Katarzyna | 338 | | K Senior Młodszy | | 00:00:00 | KM | | 8:57 | 6.7 (128.8%) |

| Place | Participant | Number | Club | Category | MCat | Start time | Distance | Gap | Pace min/km | Pace km/h |
|-------|-------------------------------------|------------|--------------------|-------------------|------|------------|-----------|-----|-------------|---------------|
| DNC | HĘCIŃSKA Joanna | 479 | | K Senior Starszy | | 00:00:00 | KM | | 10:17 | 5.8 (111.5%) |
| DNC | NAGÓRSKI Ryszard | 183 | | M Weteran Starszy | | 00:00:00 | KM | | 7:15 | 8.3 (159.6%) |
| DNC | POCZTAREK Ewelina | 351 | | K Senior Starszy | | 00:00:00 | KM | | 6:06 | 9.8 (188.5%) |
| DNC | MACHOWSKI Maciej | 447 | | M Senior Starszy | | 00:00:00 | KM | | 7:20 | 8.2 (157.7%) |
| DNC | RATYNSKA Kasia | 250 | | K Masters | | 00:00:00 | KM | | 5:59 | 10 (192.3%) |
| DNC | ADASZEWSKA Małgorzata | 375 | | K Masters | | 00:00:00 | KM | | 18:07 | 3.3 (63.5%) |
| DNC | KOCIK Adam | 78 | SKRA OTUSZ | M Masters | | 00:00:00 | KM | | 6:14 | 9.6 (184.6%) |
| DNC | SZALBÓT Martyna | 547 | | K Senior Młodszy | | 00:00:00 | KM | | 8:05 | 7.4 (142.3%) |
| DNC | KLACZAK Maciej | 82 | | M Senior Starszy | | 00:00:00 | KM | | 13:49 | 4.3 (82.7%) |
| DNC | MACHNICKI Tomasz | 270 | | M Senior Starszy | | 00:00:00 | KM | | 6:22 | 9.4 (180.8%) |
| DNC | TROJANOWSKA-BARAN Aleksandra | 565 | | K Senior Młodszy | | 00:00:00 | KM | | 6:00 | 10 (192.3%) |
| DNC | MIELCAREK Ania | 46 | | K Masters | | 00:00:00 | KM | | 8:13 | 7.3 (140.4%) |
| DNC | GRZYB Krzysztof | 399 | NKS START NAMYSŁÓW | M Senior Starszy | | 00:00:00 | KM | | 8:32 | 7 (134.6%) |
| DNC | SADOWSKA Alicja | 587 | | K Senior Starszy | | 00:00:00 | KM | | 6:19 | 9.5 (182.7%) |
| DNC | KAJTANIAK Paweł | 379 | JK FITNESS & GYM | M Masters | | 00:00:00 | KM | | 5:50 | 10.3 (198.1%) |

Total 485 results.