



KONSTANCIN-JEZIORNA - PUCHAR POLSKI NORDIC WALKING 2018 - 10 KM

B4SPORT

Wydarzenie: PUCHAR POLSKI NORDIC WALKING 2018
Organizator: Polska Federacja Nordic Walking
Data: 2018-05-19
Miejsce: Konstancin-Jeziorna
Dystans: 10 km



Klasyfikacja: M50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	SIWAK Piotr	362	KS METRACO POLKOWICE	M50-59	1	1		00:14:36	00:29:20	00:43:50	00:58:33.05		5:51	10.2 (100%)
2	JANOCHA Robert	322	MUKS PODKARPACIE JEDLICZE	M50-59	2			00:14:38	00:29:22	00:43:53	00:58:45.05	+00:00:12 (0.3%)	5:52	10.2 (100%)
3	JUREK Adam	185	KS METRACO POLKOWICE	M50-59	3	1		00:15:02	00:30:24	00:45:51	01:01:54.50	+00:03:21 (5.4%)	6:11	9.7 (95.1%)
4	LENZ Andrzej	341	MUSZKIETEROWIE	M50-59	4			00:15:36	00:31:11	00:46:48	01:02:26.00	+00:03:52 (6.2%)	6:14	9.6 (94.1%)
5	SPYCHAŁA Lesław	356	WESOŁY BORSUK TEAM	M50-59	5			00:15:09	00:30:45	00:46:48	01:02:40.40	+00:04:07 (6.6%)	6:16	9.6 (94.1%)
6	KLIMCZAK Adam	329		M50-59	6			00:16:11	00:32:43	00:49:03	01:05:20.85	+00:06:47 (10.4%)	6:32	9.2 (90.2%)
7	PONIATOWSKI Dariusz	354		M50-59	7			00:17:10	00:33:48	00:50:29	01:06:59.20	+00:08:26 (12.6%)	6:42	9 (88.2%)
8	GADOMSKI Krzysztof	313		M50-59	8			00:17:11	00:34:25	00:52:04	01:09:51.15	+00:11:18 (16.2%)	6:59	8.6 (84.3%)
9	CZAKIERZ Marek	405	WIKING NORDIC WALKING TEAM CZĘSTOCHOWA	M50-59	9			00:18:26	00:37:04	00:55:31	01:13:31.60	+00:14:58 (20.4%)	7:21	8.2 (80.4%)
10	HAJNUS Wojciech	43		M50-59	10			00:17:43	00:36:28	00:55:24	01:13:43.80	+00:15:10 (20.6%)	7:22	8.1 (79.4%)
11	PALUCH Paweł	353	AVOCADO WELLNESS CLUB	M50-59	11			00:18:12	00:37:05	00:55:45	01:14:21.45	+00:15:48 (21.3%)	7:26	8.1 (79.4%)
12	DAWIDKO Jarostaw	390		M50-59	12			00:18:59	00:38:09	00:57:36	01:16:33.60	+00:18:00 (23.5%)	7:39	7.8 (76.5%)

Znaleziono 12 wynik(ów)