



KONSTANCIN-JEZIORNA - PUCHAR POLSKI NORDIC WALKING 2018 - 21.1 KM

B4SPORT

Wydarzenie: PUCHAR POLSKI NORDIC WALKING 2018
Organizator: Polska Federacja Nordic Walking
Data: 2018-05-19
Miejsce: Konstancin-Jeziorna
Dystans: 21.1 km



Klasyfikacja: Wszyscy

Punkt pomiarowy: 18,6 km

Msc	Zawodnik	Numer	Klub	Kategoria	Żół. kartki	Czer. kartki	Start_All 1.1km	Start_All 3.6km	Start_All 6.1km	Start_All 8.6km	Start_All 11.1km	Start_All 13.6km	Start_All 16.1km	Start_All 18.6km
1	ROSAK Marcin	461	RUNNERSKI.PL/GREEN TEAM ZIELONA GÓRA	M40-49			00:07:12	00:21:56	00:36:53	00:51:41	01:06:13	01:20:37	01:35:12	01:49:55
2	DEPKA PRĄDZYŃSKI Olgierd	438	BIEGAMYRAZEM.PL	M60+			00:07:19	00:21:55	00:36:50	00:51:39	01:06:12	01:20:44	01:35:34	01:50:34
3	KORDOWSKI Piotr	448	NOWA HUTA TEAM	M40-49			00:07:14	00:21:56	00:36:51	00:51:43	01:06:16	01:20:44	01:35:35	01:50:36
4	SZARSZUNOWICZ Mariusz	467	KS METRACO POLKOWICE	M40-49	1		00:07:20	00:22:21	00:37:39	00:53:11	01:08:48	01:24:52	01:41:09	01:57:16
5	PUSZKIEL Leszek	460	GREEN TEAM ZIELONA GÓRA	M60+			00:07:19	00:22:34	00:37:59	00:53:35	01:09:12	01:25:28	01:41:41	01:57:18
6	BARCZYK Bogdan	431	VIKING NORDIC TEAM CZĘSTOCHOWA	M50-59			00:07:15	00:22:17	00:37:38	00:53:03	01:08:49	01:24:32	01:40:49	01:57:22
7	KUŚMIEREK Patryk	452	BŁĘKITNI NW DZIEMIANY	M18-29			00:07:47	00:23:44	00:39:26	00:55:02	01:10:30	01:26:11	01:42:01	01:58:34
8	SZEREMETA Grzegorz	468	CIDRY LOTAJOM	M40-49			00:07:16	00:22:19	00:37:39	00:53:05	01:08:53	01:24:54	01:41:12	01:58:37
9	ŻACZEK Władysław	479	ANDRESPOL AKTYWNI	M50-59			00:07:37	00:23:43	00:39:27	00:55:05	01:10:50	01:27:10	01:43:27	02:00:02
10	PIETRZYK Jarosław	457	VIKING NORDIC TEAM CZĘSTOCHOWA	M30-39			00:07:41	00:23:53	00:40:04	00:56:10	01:12:16	01:28:15	01:44:29	02:00:03
11	NACZK Leonard	454	DYNAMIC	M40-49			00:07:25	00:22:39	00:38:04	00:53:41	01:09:26	01:26:03	01:43:09	02:00:25
12	ŚWISŁOCKI Bogdan	471	FACE NORDIC WALKING TEAM	M50-59			00:07:40	00:23:49	00:39:58	00:56:05	01:12:10	01:28:10	01:44:23	02:01:00
13	BUŁAKOWSKI Bohdan	437	PASJA NORDIC WALKING	M60+			00:08:05	00:24:22	00:40:43	00:57:05	01:13:33	01:30:01	01:46:29	02:03:01
14	KOWALSKI Marek	450	UNIA MIAST	M50-59			00:08:09	00:25:04	00:41:42	00:58:14	01:14:49	01:31:28	01:48:19	02:05:10
15	NIEDŹWIECKA Katarzyna	455	FACE NORDIC WALKING TEAM	K40-49			00:08:21	00:25:34	00:42:33	00:59:13	01:15:47	01:32:15	01:48:33	02:05:11
16	STĘPIEŃ Lucyna	466	KS METRACO POLKOWICE	K60+			00:08:14	00:24:52	00:41:28	00:58:09	01:15:00	01:31:45	01:48:28	02:05:25
17	SPYCHAŁA Marzena	478	WESOŁY BORSUK TEAM	K40-49			00:08:22	00:25:34	00:42:35	00:59:14	01:15:50	01:32:17	01:48:38	02:05:34
18	JANOSZKA Irena	442	CIDRY LOTAJOM	K50-59			00:08:20	00:25:06	00:41:55	00:58:38	01:15:21	01:32:02	01:48:52	02:06:12
19	STEFANICKI Marek	465	WŁÓCZYKIJE ŚWINOUJŚCIE	M60+			00:08:09	00:25:13	00:42:02	00:58:44	01:15:27	01:32:20	01:49:23	02:06:40
20	ŚCIBUT Ania	470	FORMA NA PIĄTKĘ NW	K40-49			00:08:25	00:25:30	00:42:36	00:59:39	01:16:36	01:33:46	01:51:08	02:08:51
21	FRANKIEWICZ Mirosław	439	FORMA NA PIĄTKĘ NW	M40-49			00:08:14	00:24:50	00:41:28	00:58:24	01:15:39	01:33:15	01:51:06	02:09:04
22	RAKOWIECKI Zbigniew	477		M50-59			00:08:19	00:25:21	00:42:28	00:59:37	01:17:00	01:34:15	01:51:38	02:09:24

Msc	Zawodnik	Numer	Klub	Kategoria	Żół. kartki	Czer. kartki	Start_All 1.1km	Start_All 3.6km	Start_All 6.1km	Start_All 8.6km	Start_All 11.1km	Start_All 13.6km	Start_All 16.1km	Start_All 18.6km
23	KRYSZCZUK Krzysztof	451	NOWI SIEDLCE/NW WSCHÓD	M50-59			00:08:03	00:24:44	00:41:34	00:58:24	01:15:29	01:33:03	01:51:05	02:09:27
24	ŻAMOJCIN Marek	473	NORDICLUB SZCZECIN	M50-59			00:08:05	00:25:18	00:42:35	00:59:59	01:17:20	01:34:49	01:52:31	02:10:12
25	SMUS Damian Kamil	463	EPOKA NORDICA ŁÓDŹ	M18-29			00:08:20	00:25:33	00:42:49	00:59:47	01:17:06	01:34:45	01:52:31	02:10:14
26	BOCZAR Beata	434	GREEN TEAM ZIELONA GÓRA	K50-59			00:08:23	00:25:34	00:42:44	01:00:05	01:17:41	01:35:15	01:53:01	02:11:08
27	KANIOWSKA Beata	445	VIKING NORDIC TEAM CZĘSTOCHOWA	K40-49			00:08:23	00:25:55	00:43:33	01:01:14	01:18:42	01:36:28	01:54:25	02:12:18
28	BORKOWSKI Leszek	435	NOWI SIEDLCE	M50-59			00:08:29	00:26:31	00:44:21	01:02:05	01:19:46	01:37:21	01:55:12	02:12:48
29	KOWALCZYK Mariusz	449	GREEN TEAM ZIELONA GÓRA	M50-59			00:08:19	00:25:24	00:42:30	00:59:45	01:17:16	01:35:20	01:53:58	02:13:02
30	LIGĘZA Janusz	474		M50-59			00:08:34	00:25:31	00:42:43	01:00:20	01:18:16	01:36:28	01:54:50	02:13:23
31	KARASIEWICZ Irena	464	FACE NORDIC WALKING TEAM	K50-59			00:08:28	00:25:57	00:43:43	01:01:51	01:20:16	01:38:51	01:57:33	02:16:20
32	WESOŁOWSKI Wojciech	475		M60+			00:08:09	00:25:14	00:42:28	01:00:35	01:19:08	01:38:25	01:58:03	02:17:27
33	ROSOŁEK Elżbieta	441	GREEN TEAM ZIELONA GÓRA	K50-59			00:08:50	00:27:24	00:45:52	01:04:05	01:22:10	01:40:25	01:59:09	02:18:34
34	MARCINKOWSKI Wojtek	453	UNIA MIAST	M40-49			00:08:36	00:27:02	00:45:31	01:03:59	01:22:30	01:40:55	01:59:56	02:19:25
35	OLSZAŃSKA Krystyna	456	SEKCJA NORDIC WALKING KLUBU BIAŁA BIEGA	K60+			00:08:47	00:27:15	00:45:31	01:03:54	01:22:25	01:41:12	02:00:14	02:19:37
36	KOŁACZ Jakub	447		M30-39			00:08:45	00:26:43	00:45:16	01:03:48	01:22:28	01:41:20	02:00:38	02:19:50
37	KABAŁA Marzena	444	BIEGAMYRAZEM.PL	K40-49			00:08:52	00:27:20	00:45:51	01:04:20	01:23:04	01:41:34	02:00:32	02:20:00
38	BIŃCZYK Jacek	433	CISOWIANKA	M50-59			00:08:39	00:26:50	00:45:11	01:03:43	01:22:20	01:41:12	02:00:27	02:20:02
39	BARCZYK Jolanta	432	VIKING NORDIC TEAM CZĘSTOCHOWA	K50-59			00:08:55	00:27:31	00:46:18	01:05:23	01:24:25	01:43:11	02:02:06	02:21:16
40	POSTEK Danuta	458	MARSZ PO ZDROWIE	K50-59			00:09:02	00:28:08	00:47:03	01:05:55	01:24:52	01:43:29	02:02:32	02:21:58
41	GERLE-KOTULA Anna	440	UNIA MIAST	K30-39			00:09:01	00:28:16	00:47:21	01:06:56	01:26:46	01:46:40	02:06:49	02:27:06
42	ZAWADZKA Maria	472	KS METRACO POLKOWICE	K60+			00:09:31	00:30:05	00:49:54	01:09:35	01:29:18	01:48:59	02:08:39	02:28:25
43	ROZMUS Jolanta	462	FACE NORDIC WALKING TEAM	K60+			00:09:46	00:30:06	00:50:09	01:10:23	01:30:42	01:51:08	02:11:40	02:32:15
44	KARASIEWICZ Iwona	446	NORDICLUB SZCZECIN	K30-39			00:09:40	00:30:36	00:51:23	01:11:45	01:32:16	01:53:01	02:14:28	02:35:51
45	BUCZKOWSKA Wiesława	436	FACE NORDIC WALKING TEAM	K60+			00:08:33	00:26:16	00:44:40	01:03:17	01:22:15	01:41:38	02:02:34	

Znaleziono 45 wynik(ów)