



KONSTANCIN-JEZIORNA - PUCHARY REGIONALNE NORDIC WALKING - 10 KM

B4SPORT

Event: Puchary Regionalne Nordic Walking 2019
Organiser: Polska Federacja Nordic Walking
Date: 2019-04-27
Place: Konstancin-Jeziorna
Distance: 10 km



Classification: M30-39

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Net time 10km	Gap	Pace min/km	Pace km/h
1	DZIEDZIEWICZ Andrzej	103		M30-39	1			00:14:48	00:30:05	00:45:28	01:01:01.05		6:06	9.8 (100%)
2	PIETRZYK Jarosław	74	NORDIC TEAM CZĘSTOCHOWA	M30-39	2			00:16:23	00:33:20	00:50:38	01:07:35.95	+00:06:34 (9.7%)	6:45	8.9 (90.8%)
3	SURIAK Michał	86	NORDIC TEAM CZĘSTOCHOWA	M30-39	3			00:19:16	00:38:39	00:58:04	01:17:57.49	+00:16:56 (21.7%)	7:47	7.7 (78.6%)
4	PINIS Michał	75	NORDIC TEAM CZĘSTOCHOWA	M30-39	4			00:19:56	00:40:31	01:00:37	01:20:16.16	+00:19:15 (24.0%)	8:01	7.5 (76.5%)
5	NOWAK Przemysław	65		M30-39	5			00:20:55	00:41:53	01:02:56	01:23:42.16	+00:22:41 (27.1%)	8:22	7.2 (73.5%)

Total 5 results.