



KONSTANCIN-JEZIORNA - PUCHARY REGIONALNE NORDIC WALKING - 5 KM

B4SPORT

Event: Puchary Regionalne Nordic Walking 2019
Organiser: Polska Federacja Nordic Walking
Date: 2019-04-27
Place: Konstancin-Jeziorna
Distance: 5 km



Classification: M70+

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start_All 2.5km	Net time 5km	Gap	Pace min/km	Pace km/h
1	SANIUK Edward	261	FACE TEAM NORDIC WALKING	M70+	1			00:16:56	00:34:05.39		6:49	8.8 (100%)
2	WASILEWSKI Sławomir	96	PASJA NORDIC WALKING	M70+	2			00:18:00	00:36:10.21	+00:02:04 (5.8%)	7:14	8.3 (94.3%)
3	DĄBROWSKI Andrzej	144	MARSZ PO ZDROWIE	M70+	3			00:19:10	00:39:04.60	+00:04:59 (12.8%)	7:49	7.7 (87.5%)
4	LIPIEC Dariusz	209	BYLEDOBIEC	M70+	4			00:19:49	00:40:23.27	+00:06:17 (15.6%)	8:04	7.4 (84.1%)
5	MAJCHERCZYK Wacław	215	MOSIR TKKF SATURN CZELADŹ	M70+	5			00:20:04	00:40:40.13	+00:06:34 (16.2%)	8:08	7.4 (84.1%)
6	PIĄTKOWSKI Józef	235	KS METRACO POLKOWICE	M70+	6			00:20:11	00:40:59.62	+00:06:54 (16.8%)	8:12	7.3 (83.0%)
7	DZIECIUCH Gustaw	149		M70+	7			00:22:24	00:45:13.09	+00:11:07 (24.6%)	9:02	6.6 (75.0%)
8	JEDYNAK Stanisław	173	PASJA NORDIC WALKING	M70+	8			00:21:16	00:46:10.33	+00:12:04 (26.2%)	9:14	6.5 (73.9%)
9	DROP Mieczysław	146	KS SOKÓŁ GAŚAWA	M70+	9			00:27:31	00:54:25.13	+00:20:19 (37.4%)	10:53	5.5 (62.5%)

Total 9 results.