

KOSZALIN JUMP & RUN CLASSIC

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organizator: Akademia Rozrywki Iwona Sierotko
Data: 2021-08-21
Miejsce: Koszalin
Dystans: 5 km



Klasyfikacja: Fala 1

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Fala	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	RYKIEL Michał	115		Fala 1	1	1	00:26:42.00		5:20	11.2 (100%)
2	PROSKI Krzysztof	117		Fala 1	2	1	00:32:57.00	+00:06:15 (19.0%)	6:35	9.1 (81.3%)
3	SZCZYPEK Arkadiusz	107	ZASTOPUJ	Fala 1	3	1	00:33:24.05	+00:06:42 (20.1%)	6:40	9 (80.4%)
4	MALATYŃSKI Maciej	161		Fala 1	4	1	00:33:41.55	+00:06:59 (20.8%)	6:44	8.9 (79.5%)
5	OTTO Michał	116		Fala 1	5	1	00:33:54.55	+00:07:12 (21.3%)	6:46	8.8 (78.6%)
6	ANGRYS Maciej	112		Fala 1	6	1	00:34:35.55	+00:07:53 (22.8%)	6:55	8.7 (77.7%)
7	RUTZ Norbert	177		Fala 1	7	1	00:35:39.75	+00:08:57 (25.1%)	7:07	8.4 (75.0%)
8	HAWRANIAK Piotr	122		Fala 1	8	1	00:35:55.60	+00:09:13 (25.7%)	7:11	8.4 (75.0%)
9	BARTOSIŃSKI Mateusz	176		Fala 1	9	1	00:36:08.25	+00:09:26 (26.1%)	7:13	8.3 (74.1%)
10	JÓŃSKA Martyna	168		Fala 1	10	1	00:36:18.80	+00:09:36 (26.5%)	7:15	8.3 (74.1%)
11	MACIEJEWSKI Radosław	126		Fala 1	11	1	00:36:41.00	+00:09:59 (27.2%)	7:20	8.2 (73.2%)
12	ZIELIŃSKI Damian	119	SZABEL TEAM	Fala 1	12	1	00:38:14.75	+00:11:32 (30.2%)	7:38	7.8 (69.6%)
13	HAŁAJKO Magdalena	153		Fala 1	13	1	00:38:31.90	+00:11:49 (30.7%)	7:42	7.8 (69.6%)
14	MATERA Piotr	120	SZEBEL TEAM	Fala 1	14	1	00:39:39.15	+00:12:57 (32.7%)	7:55	7.6 (67.9%)
15	WOLF Beata	123		Fala 1	15	1	00:40:33.35	+00:13:51 (34.2%)	8:06	7.4 (66.1%)
16	SAMORAJCZYK Piotr	113	ZASTOPUJ	Fala 1	16	1	00:41:37.65	+00:14:55 (35.9%)	8:19	7.2 (64.3%)
17	BAREJKO Łukasz	127		Fala 1	17	1	00:41:43.85	+00:15:01 (36.0%)	8:20	7.2 (64.3%)
18	KUBIAK Monika	148		Fala 1	18	1	00:42:17.90	+00:15:35 (36.9%)	8:27	7.1 (63.4%)
19	POBUSKA Urszula	149		Fala 1	19	1	00:42:17.95	+00:15:35 (36.9%)	8:27	7.1 (63.4%)
20	RZE? Jacek	121		Fala 1	20	1	00:42:19.20	+00:15:37 (36.9%)	8:27	7.1 (63.4%)
21	ROGAŁA Jacek	114	ZASTOPUJ	Fala 1	21	1	00:42:21.65	+00:15:39 (37.0%)	8:28	7.1 (63.4%)
22	DOMAŃSKA Justyna	155		Fala 1	22	1	00:43:09.95	+00:16:27 (38.1%)	8:37	7 (62.5%)
23	MOLENDĄ Magdalena	101		Fala 1	23	1	00:44:29.50	+00:17:47 (40.0%)	8:53	6.7 (59.8%)
24	RYBKA Martyna	156		Fala 1	24	1	00:44:46.30	+00:18:04 (40.4%)	8:57	6.7 (59.8%)
25	MOLENDĄ Grzegorz	102		Fala 1	25	1	00:44:51.05	+00:18:09 (40.5%)	8:58	6.7 (59.8%)
26	GAŁAJ Halina	152		Fala 1	26	1	00:45:21.85	+00:18:39 (41.1%)	9:04	6.6 (58.9%)

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							5km			
27	DBUCHOWSKA Magdalena	166	SZWAGRY BIEGAJĄ	Fala 1	27	1	00:45:42.15	+00:19:00 (41.6%)	9:08	6.6 (58.9%)
28	RUTKOWSKI Artur	109		Fala 1	28	1	00:45:46.00	+00:19:04 (41.7%)	9:09	6.6 (58.9%)
29	MACHNIKOWSKA Monika	134		Fala 1	29	1	00:46:39.20	+00:19:57 (42.8%)	9:19	6.4 (57.1%)
30	POTEJKO Julia	165		Fala 1	30	1	00:46:42.05	+00:20:00 (42.8%)	9:20	6.4 (57.1%)
31	MALTYWSKA Luiza	162		Fala 1	31	1	00:46:51.30	+00:20:09 (43.0%)	9:22	6.4 (57.1%)
32	WOSZYKOWSKA Katarzyna	159		Fala 1	32	1	00:46:53.80	+00:20:11 (43.1%)	9:22	6.4 (57.1%)
33	WALKOWIAK Daria	128		Fala 1	33	1	00:47:04.85	+00:20:22 (43.3%)	9:24	6.4 (57.1%)
34	KLIMOWSKA Katarzyna	160		Fala 1	34	1	00:47:13.10	+00:20:31 (43.5%)	9:26	6.4 (57.1%)
35	SZANEK Agnieszka	145		Fala 1	35	1	00:47:36.75	+00:20:54 (43.9%)	9:31	6.3 (56.3%)
36	TETLOCH Adam	154		Fala 1	36	1	00:48:30.50	+00:21:48 (45.0%)	9:42	6.2 (55.4%)
37	BALONIS Justyna	139	SZABEL TEAM	Fala 1	37	1	00:48:45.85	+00:22:03 (45.2%)	9:45	6.2 (55.4%)
38	SZMYT Marcin	103		Fala 1	38	1	00:48:49.15	+00:22:07 (45.3%)	9:45	6.1 (54.5%)
39	POŁOCZAŃSKI Piotr	104		Fala 1	39	1	00:48:49.25	+00:22:07 (45.3%)	9:45	6.1 (54.5%)
40	WOJTALIK Jacek	130		Fala 1	40	1	00:49:13.70	+00:22:31 (45.8%)	9:50	6.1 (54.5%)
41	JAWORSKI Marek	131		Fala 1	41	1	00:49:22.10	+00:22:40 (45.9%)	9:52	6.1 (54.5%)
42	KAI Jacek	129		Fala 1	42	1	00:49:22.80	+00:22:40 (45.9%)	9:52	6.1 (54.5%)
43	WOJSK Daniel	108		Fala 1	43	1	00:49:32.25	+00:22:50 (46.1%)	9:54	6.1 (54.5%)
44	SAŃKO Anna	138		Fala 1	44	1	00:49:41.50	+00:22:59 (46.3%)	9:56	6 (53.6%)
45	WALKOWIAK Dariusz	150		Fala 1	45	1	00:49:51.95	+00:23:09 (46.5%)	9:58	6 (53.6%)
46	ZIEMANN Natalia	143		Fala 1	46	1	00:51:34.30	+00:24:52 (48.2%)	10:18	5.8 (51.8%)
47	ZIEMANN Żaneta	142	BECZKA I PIRAT	Fala 1	47	1	00:52:09.80	+00:25:27 (48.8%)	10:25	5.8 (51.8%)
48	MOŁDAWA Małgorzata	171		Fala 1	48	1	00:52:30.60	+00:25:48 (49.2%)	10:30	5.7 (50.9%)
49	SERAFIN Sylwia	124		Fala 1	49	1	00:54:18.50	+00:27:36 (50.8%)	10:51	5.5 (49.1%)
50	JARMUŻ Łukasz	125		Fala 1	50	1	00:54:18.70	+00:27:36 (50.8%)	10:51	5.5 (49.1%)
51	JUDERZEJ Paweł	110		Fala 1	51	1	00:56:13.50	+00:29:31 (52.5%)	11:14	5.3 (47.3%)
52	MARUCIK Łukasz	151		Fala 1	52	1	00:56:59.15	+00:30:17 (53.1%)	11:23	5.3 (47.3%)
53	CIEŚLAK Kamil	118		Fala 1	53	1	00:56:59.35	+00:30:17 (53.1%)	11:23	5.3 (47.3%)
54	JASTRZĘBSKA Karolina	141		Fala 1	54	1	00:57:22.20	+00:30:40 (53.5%)	11:28	5.2 (46.4%)
55	FIJOŁEK Aleksandra	135		Fala 1	55	1	00:58:02.85	+00:31:20 (54.0%)	11:36	5.2 (46.4%)
56	SOKOŁOWSKA Tola	170		Fala 1	56	1	00:58:24.75	+00:31:42 (54.3%)	11:40	5.1 (45.5%)
57	JANISIAK Magdalena	146		Fala 1	57	1	00:59:14.90	+00:32:32 (54.9%)	11:50	5.1 (45.5%)
58	BROVCHENKO Sylwia	175		Fala 1	58	1	00:59:19.80	+00:32:37 (55.0%)	11:51	5.1 (45.5%)
59	BALONIS Agnieszka	137		Fala 1	59	1	00:59:30.45	+00:32:48 (55.1%)	11:54	5 (44.6%)
60	BECZKOWICZ Agata	105		Fala 1	60	1	00:59:36.95	+00:32:54 (55.2%)	11:55	5 (44.6%)
61	BRAŃKA Anna	140		Fala 1	61	1	00:59:45.95	+00:33:03 (55.3%)	11:57	5 (44.6%)
62	ADAMOWICZ Klaudia	158		Fala 1	62	1	01:00:10.75	+00:33:28 (55.6%)	12:02	5 (44.6%)
63	WICHER Agnieszka	144		Fala 1	63	1	01:00:11.40	+00:33:29 (55.6%)	12:02	5 (44.6%)
64	JĘDRASZCZYK Justyna	147		Fala 1	64	1	01:00:24.85	+00:33:42 (55.8%)	12:04	5 (44.6%)
65	BRZEZIŃSKA Magdalena	111		Fala 1	65	1	01:00:26.85	+00:33:44 (55.8%)	12:05	5 (44.6%)
66	ZIFTARSKA Julia	169		Fala 1	66	1	01:01:07.35	+00:34:25 (56.3%)	12:13	4.9 (43.8%)
67	JÓZEFOWSKI Mariusz	157		Fala 1	67	1	01:01:09.75	+00:34:27 (56.3%)	12:13	4.9 (43.8%)
68	OBLEMSKA Katarzyna	133		Fala 1	68	1	01:01:13.90	+00:34:31 (56.4%)	12:14	4.9 (43.8%)
69	MICHALAK Grzegorz	136		Fala 1	69	1	01:01:14.80	+00:34:32 (56.4%)	12:14	4.9 (43.8%)
70	ŁESTOWSKI Paweł	132		Fala 1	70	1	01:01:15.65	+00:34:33 (56.4%)	12:15	4.9 (43.8%)

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71	LEOCKO Iwona	167		Fala 1	71	1	01:01:21.95	+00:34:39 (56.5%)	12:16	4.9 (43.8%)
72	MAKAREWICZ Anna	163		Fala 1	72	1	01:01:22.45	+00:34:40 (56.5%)	12:16	4.9 (43.8%)
73	BORKOWSKI Arkadiusz	106	BECZKA I PIRAT	Fala 1	73	1	01:01:25.70	+00:34:43 (56.5%)	12:17	4.9 (43.8%)
74	MOŁDAWA Karolina	173		Fala 1	74	1	01:02:11.70	+00:35:29 (57.1%)	12:26	4.8 (42.9%)
75	STRZYŻ Dorota	172		Fala 1	75	1	01:04:49.15	+00:38:07 (58.8%)	12:57	4.6 (41.1%)

Znaleziono 75 wynik(ów)