

KOSZALIN JUMP & RUN CLASSIC

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organizator: Akademia Rozrywki Iwona Sierotko
Data: 2021-08-21
Miejsce: Koszalin
Dystans: 5 km



Klasyfikacja: OPEN -M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Fala	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	RYKIEL Michał	115		Fala 1	1	1	00:26:42.00		5:20	11.2 (100%)
2	WEBER Paweł	200		Fala 3	1	3	00:31:04.20	+00:04:22 (14.1%)	6:12	9.7 (86.6%)
3	KRÓL Artur	183		Fala 2	1	2	00:31:26.90	+00:04:44 (15.1%)	6:17	9.5 (84.8%)
4	JARZĘBSKI Łukasz	233		Fala 3	2	3	00:32:17.75	+00:05:35 (17.3%)	6:27	9.3 (83.0%)
5	SOBIERAJ Rafał	195		Fala 3	3	3	00:32:24.75	+00:05:42 (17.6%)	6:28	9.3 (83.0%)
6	PROSKI Krzysztof	117		Fala 1	2	1	00:32:57.00	+00:06:15 (19.0%)	6:35	9.1 (81.3%)
7	SZCZYPEK Arkadiusz	107	ZASTOPUJ	Fala 1	3	1	00:33:24.05	+00:06:42 (20.1%)	6:40	9 (80.4%)
8	KOSA Jacek	201		Fala 3	4	3	00:33:36.20	+00:06:54 (20.5%)	6:43	8.9 (79.5%)
9	MALATYŃSKI Maciej	161		Fala 1	4	1	00:33:41.55	+00:06:59 (20.8%)	6:44	8.9 (79.5%)
10	OTTO Michał	116		Fala 1	5	1	00:33:54.55	+00:07:12 (21.3%)	6:46	8.8 (78.6%)
11	ANGRYS Maciej	112		Fala 1	6	1	00:34:35.55	+00:07:53 (22.8%)	6:55	8.7 (77.7%)
12	RATA Marcin	231		Fala 3	5	3	00:35:18.60	+00:08:36 (24.4%)	7:03	8.5 (75.9%)
13	RUTZ Norbert	177		Fala 1	7	1	00:35:39.75	+00:08:57 (25.1%)	7:07	8.4 (75.0%)
14	HAWRANIAK Piotr	122		Fala 1	8	1	00:35:55.60	+00:09:13 (25.7%)	7:11	8.4 (75.0%)
15	NOWAKOWSKI Kamil	186		Fala 3	6	3	00:36:04.25	+00:09:22 (26.0%)	7:12	8.3 (74.1%)
16	BARTOSIŃSKI Mateusz	176		Fala 1	9	1	00:36:08.25	+00:09:26 (26.1%)	7:13	8.3 (74.1%)
17	BIELAWA Piotr	174		Fala 2	2	2	00:36:10.60	+00:09:28 (26.2%)	7:14	8.3 (74.1%)
18	MACIEJEWSKI Radosław	126		Fala 1	11	1	00:36:41.00	+00:09:59 (27.2%)	7:20	8.2 (73.2%)
19	ZIELIŃSKI Damian	119	SZABEL TEAM	Fala 1	12	1	00:38:14.75	+00:11:32 (30.2%)	7:38	7.8 (69.6%)
20	JAWORSKI Przemysław	245		Fala 4	1	4	00:38:22.85	+00:11:40 (30.4%)	7:40	7.8 (69.6%)
21	TOCICKI Hubert	215		Fala 3	8	3	00:39:15.00	+00:12:33 (32.0%)	7:51	7.6 (67.9%)
22	MATERA Piotr	120	SZEBEL TEAM	Fala 1	14	1	00:39:39.15	+00:12:57 (32.7%)	7:55	7.6 (67.9%)
23	KOLUYIC Mateusz	236		Fala 3	10	3	00:39:58.20	+00:13:16 (33.2%)	7:59	7.5 (67.0%)
24	ZANIEWICZ Roman	217		Fala 3	11	3	00:41:10.30	+00:14:28 (35.1%)	8:14	7.3 (65.2%)
25	STANKIEWICZ Artur	179		Fala 2	3	2	00:41:22.00	+00:14:40 (35.5%)	8:16	7.3 (65.2%)
26	SAMORAJCZYK Piotr	113	ZASTOPUJ	Fala 1	16	1	00:41:37.65	+00:14:55 (35.9%)	8:19	7.2 (64.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Fala	Czas netto	Różn	Tempo min/km	Tempo km/h
							5km			
27	BAREJKO Łukasz	127	ZASTOPIJ	Fala 1	17	1	00:41:43.85	+00:15:01 (36.0%)	8:20	7.2 (64.3%)
28	RZE? Jacek	121		Fala 1	20	1	00:42:19.20	+00:15:37 (36.9%)	8:27	7.1 (63.4%)
29	ROGAŁA Jacek	114		Fala 1	21	1	00:42:21.65	+00:15:39 (37.0%)	8:28	7.1 (63.4%)
30	GRABOWSKI Patryk	227		Fala 3	14	3	00:42:36.10	+00:15:54 (37.3%)	8:31	7 (62.5%)
31	KULAK Dominik	187		Fala 3	16	3	00:42:53.55	+00:16:11 (37.8%)	8:34	7 (62.5%)
32	MOLENDĄ Grzegorz	102	SZWAGRY BIEGAJĄ	Fala 1	25	1	00:44:51.05	+00:18:09 (40.5%)	8:58	6.7 (59.8%)
33	MAKSYMIOUK Karol	232		Fala 3	22	3	00:45:25.55	+00:18:43 (41.2%)	9:05	6.6 (58.9%)
34	GRABAREK Kacper	197		Fala 3	23	3	00:45:28.65	+00:18:46 (41.3%)	9:05	6.6 (58.9%)
35	MACIŃSKI Maciej	199		Fala 3	24	3	00:45:34.20	+00:18:52 (41.4%)	9:06	6.6 (58.9%)
36	RUTKOWSKI Artur	109		Fala 1	28	1	00:45:46.00	+00:19:04 (41.7%)	9:09	6.6 (58.9%)
37	JANOWICZ Przemysław	202	SZABEL TEAM	Fala 3	25	3	00:46:20.20	+00:19:38 (42.4%)	9:16	6.5 (58.0%)
38	KRYSTOWCZYK Piotr	244		Fala 4	2	4	00:46:22.25	+00:19:40 (42.4%)	9:16	6.5 (58.0%)
39	TETLOCH Adam	154		Fala 1	36	1	00:48:30.50	+00:21:48 (45.0%)	9:42	6.2 (55.4%)
40	SZMYT Marcin	103		Fala 1	38	1	00:48:49.15	+00:22:07 (45.3%)	9:45	6.1 (54.5%)
41	POŁOCZAŃSKI Piotr	104		Fala 1	39	1	00:48:49.25	+00:22:07 (45.3%)	9:45	6.1 (54.5%)
42	OSIŃSKI Jacek	210	BECZKA I PIRAT	Fala 3	29	3	00:48:54.85	+00:22:12 (45.4%)	9:46	6.1 (54.5%)
43	WOJTALIK Jacek	130		Fala 1	40	1	00:49:13.70	+00:22:31 (45.8%)	9:50	6.1 (54.5%)
44	JAWORSKI Marek	131		Fala 1	41	1	00:49:22.10	+00:22:40 (45.9%)	9:52	6.1 (54.5%)
45	KAI Jacek	129		Fala 1	42	1	00:49:22.80	+00:22:40 (45.9%)	9:52	6.1 (54.5%)
46	WOJSK Daniel	108		Fala 1	43	1	00:49:32.25	+00:22:50 (46.1%)	9:54	6.1 (54.5%)
47	WALKOWIAK Dariusz	150	SZABEL TEAM	Fala 1	45	1	00:49:51.95	+00:23:09 (46.5%)	9:58	6 (53.6%)
48	BINAŚ Damian	185		Fala 3	34	3	00:51:41.95	+00:24:59 (48.4%)	10:20	5.8 (51.8%)
49	BRODECKI Igor	184		Fala 2	5	2	00:51:44.50	+00:25:02 (48.4%)	10:20	5.8 (51.8%)
50	GILITA Damian	246		Fala 4	4	4	00:52:27.45	+00:25:45 (49.1%)	10:29	5.7 (50.9%)
51	WACNOWSKI Mariusz	248		Fala 4	5	4	00:52:30.10	+00:25:48 (49.1%)	10:30	5.7 (50.9%)
52	JARMUŻ Łukasz	125	BECZKA I PIRAT	Fala 1	50	1	00:54:18.70	+00:27:36 (50.8%)	10:51	5.5 (49.1%)
53	STASZAŁEK Łukasz	194		Fala 3	39	3	00:54:24.75	+00:27:42 (50.9%)	10:52	5.5 (49.1%)
54	CERAJEWSKI Dawid	192		Fala 3	40	3	00:54:25.10	+00:27:43 (50.9%)	10:53	5.5 (49.1%)
55	URBAŃSKI Cezary	206		Fala 3	42	3	00:54:40.85	+00:27:58 (51.2%)	10:56	5.5 (49.1%)
56	CZUBOWICZ Arkadiusz	234		Fala 3	43	3	00:55:49.20	+00:29:07 (52.2%)	11:09	5.4 (48.2%)
57	JUDERZEJ Paweł	110	SZABEL TEAM	Fala 1	51	1	00:56:13.50	+00:29:31 (52.5%)	11:14	5.3 (47.3%)
58	MARUCIK Łukasz	151		Fala 1	52	1	00:56:59.15	+00:30:17 (53.1%)	11:23	5.3 (47.3%)
59	CIEŚLAK Kamil	118		Fala 1	53	1	00:56:59.35	+00:30:17 (53.1%)	11:23	5.3 (47.3%)
60	ZANIEWICZ Karol	212		Fala 3	46	3	01:00:30.75	+00:33:48 (55.9%)	12:06	5 (44.6%)
61	JÓZEFOWSKI Mariusz	157		Fala 1	67	1	01:01:09.75	+00:34:27 (56.3%)	12:13	4.9 (43.8%)
62	MICHALAK Grzegorz	136	BECZKA I PIRAT	Fala 1	69	1	01:01:14.80	+00:34:32 (56.4%)	12:14	4.9 (43.8%)
63	ŁESTOWSKI Paweł	132		Fala 1	70	1	01:01:15.65	+00:34:33 (56.4%)	12:15	4.9 (43.8%)
64	BORKOWSKI Arkadiusz	106		Fala 1	73	1	01:01:25.70	+00:34:43 (56.5%)	12:17	4.9 (43.8%)
65	ZAGDAŃSKA Agnieszka	221		Fala 3	48	3	01:05:55.55	+00:39:13 (59.5%)	13:11	4.6 (41.1%)
66	CZAJKOWSKI Paweł	218		Fala 3	49	3	01:28:23.10	+01:01:41 (69.8%)	17:40	3.4 (30.4%)
67	REISKE Adrian	250	BECZKA I PIRAT	Fala 3	51	3	01:32:52.50	+01:06:10 (71.3%)	18:34	3.2 (28.6%)
68	MOLENDĄ Marcin	241		Fala 4	10	4	01:38:15.90	+01:11:33 (72.8%)	19:39	3.1 (27.7%)