



## KOSZALIN - PUCHAR POMORZA NORDIC WALKING - 5KM

B4SPORT

**Organiser:** Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej  
**Date:** 2016-08-13  
**Place:** Koszalin  
**Distance:** 5 km



Classification: M-Dzieci

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	2.5km	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	<b>KUŚMIEREK Mateusz</b>	<b>60</b>	BŁĘKITNI NW DZIEMIANY	M-Dzieci	1			00:05:08	00:18:31	<b>00:36:48.05</b>	<b>00:41:56.05</b>		7:21	8.2 (100%)
2	<b>BIK Przemysław</b>	<b>4</b>	KS METRACO POLKOWICE	M-Dzieci	2			00:05:08	00:18:32	<b>00:36:48.55</b>	<b>00:41:56.55</b>	+00:00:00 (0.0%)	7:21	8.2 (100%)
3	<b>NOWAK Jakub</b>	<b>76</b>	KLUB NW 'PATYCZAKI' GRUDZIĄDZ	M-Dzieci	3			00:05:08	00:20:19	<b>00:42:27.90</b>	<b>00:47:35.90</b>	+00:05:39 (13.3%)	8:29	7.1 (86.6%)
4	<b>WAWRZYNIAK Igor</b>	<b>119</b>	FACE NORDIC WALKING TEAM	M-Dzieci	4			00:05:08	00:21:13	<b>00:44:22.95</b>	<b>00:49:31.40</b>	+00:07:34 (17.1%)	8:52	6.8 (82.9%)
5	<b>GRUDNOWSKI Sebastian</b>	<b>32</b>	BŁĘKITNI NW DZIEMIANY	M-Dzieci	5			00:05:09	00:22:19	<b>00:46:02.35</b>	<b>00:51:11.70</b>	+00:09:14 (20.1%)	9:12	6.5 (79.3%)
6	<b>GRUDNOWSKI Norbert</b>	<b>31</b>	BŁĘKITNI NW DZIEMIANY	M-Dzieci	6			00:05:07	00:22:20	<b>00:46:03.40</b>	<b>00:51:11.35</b>	+00:09:15 (20.1%)	9:12	6.5 (79.3%)
7	<b>ROSZMAN Mikołaj</b>	<b>94</b>	PENDOLINO	M-Dzieci	7			00:05:09	00:25:50	<b>00:51:49.85</b>	<b>00:56:59.00</b>	+00:15:01 (29.0%)	10:22	5.8 (70.7%)
8	<b>GIERSZENDORF Borys</b>	<b>23</b>	FACE NORDIC WALKING TEAM	M-Dzieci	8			00:05:09	00:26:24	<b>00:53:51.00</b>	<b>00:59:00.00</b>	+00:17:02 (31.7%)	10:46	5.6 (68.3%)

Total 8 results.