



KOSZALIN - PUCHAR POMORZA NORDIC WALKING - 5KM

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2016-08-13
Miejsce: Koszalin
Dystans: 5 km



Klasyfikacja: M60-64

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Żół. kartki | Czer. kartki | Czas startu | 2.5km | Czas netto 5km | Czas brutto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------------|------------|-------------------------------------|-----------|------|-------------|--------------|-------------|----------|--------------------|--------------------|-------------------|--------------|-------------|
| 1 | KLARKOWSKI Bogdan | 47 | KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE | M60-64 | 1 | | | 00:07:31 | 00:17:17 | 00:35:01.80 | 00:42:32.80 | | 7:00 | 8.6 (100%) |
| 2 | BOJAN Miro | 150 | | M60-64 | 2 | | | 00:07:30 | 00:18:05 | 00:36:17.40 | 00:43:47.40 | +00:01:15 (3.5%) | 7:15 | 8.3 (96.5%) |
| 3 | LUBAWIŃSKI Jerzy Bernard | 66 | FACE NORDIC WALKING TEAM | M60-64 | 3 | | | 00:07:30 | 00:18:03 | 00:36:44.60 | 00:44:15.00 | +00:01:42 (4.7%) | 7:21 | 8.2 (95.3%) |
| 4 | KAZIÓW Ryszard | 42 | DWA KIJE SŁUPSK | M60-64 | 4 | | | 00:07:30 | 00:18:19 | 00:36:59.20 | 00:44:29.20 | +00:01:57 (5.3%) | 7:23 | 8.1 (94.2%) |
| 5 | SWYSTUN Sławomir | 250 | PENDOLINO MORSY GDAŃSK | M60-64 | 5 | | | 00:07:31 | 00:18:30 | 00:37:41.85 | 00:45:13.50 | +00:02:40 (7.1%) | 7:32 | 8 (93.0%) |
| 6 | ZIELIŃSKI Andrzej | 128 | | M60-64 | 6 | | | 00:07:30 | 00:19:44 | 00:40:04.50 | 00:47:34.50 | +00:05:02 (12.6%) | 8:00 | 7.5 (87.2%) |
| 7 | BUDASZ Krzysztof | 9 | JEZIORKI - AKTYWNA WIEŚ | M60-64 | 7 | | | 00:07:30 | 00:25:34 | 00:52:05.50 | 00:59:35.50 | +00:17:03 (32.8%) | 10:25 | 5.8 (67.4%) |

Znaleziono 7 wynik(ów)