



KOSZALIN - PUCHAR POMORZA NORDIC WALKING - BAŁTYCKI TOUR NORDIC WALKING - 10 KM

B4SPORT
WALKING AND FITNESS

Organiser: PFNW
Date: 2017-05-03
Place: Koszalin
Distance: 10 km



Classification: K50-59

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	JĘDRASIAK Renata	166	KS METRACO POLKOWICE	K50-59	1			00:01:46	00:17:29	00:35:00	00:52:52	01:10:40.35	01:12:26.90		7:04	8.5 (100%)
2	ŻOŁNO Magdalena	216	EKSPEDYCJA NORDIC TEAM SZCZECIN	K50-59	2			00:01:46	00:19:36	00:39:29	00:59:27	01:19:09.80	01:20:56.55	+00:08:29 (10.7%)	7:55	7.6 (89.4%)
3	KASZUBOWSKA Monika	168		K50-59	3			00:01:47	00:20:28	00:41:11	01:02:03	01:23:27.75	01:25:14.85	+00:12:47 (15.3%)	8:20	7.2 (84.7%)
4	OMARSKA Grażyna	187	PASJA NORDIC WALKING	K50-59	4			00:01:47	00:20:53	00:41:46	01:02:58	01:24:03.05	01:25:50.75	+00:13:22 (15.9%)	8:24	7.1 (83.5%)
5	DOBROWOLSKA Dorota	158	EKSPEDYCJA NORDIC TEAM SZCZECIN	K50-59	5			00:01:46	00:22:13	00:45:03	01:08:08	01:31:33.90	01:33:20.65	+00:20:53 (22.8%)	9:09	6.6 (77.6%)

Total 5 results.