



KOSZALIŃSKI BIEG GÓRSKI 15KM

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2016-08-13
Miejsce: Koszalin
Dystans: 15 km



Klasyfikacja: M-4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5km	10km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
1	JURA Krzysztof	411	MTS HAMER	M-4	1	00:00:08	00:26:08	00:54:40	01:23:00.50	01:23:08.85		5:32	10.8 (100%)
2	JAROSZ Wiesław	408	JW. 1223/BLOG	M-4	2	00:00:06	00:24:32	00:54:14	01:26:33.25	01:26:39.75	+00:03:32 (4.1%)	5:46	10.4 (96.3%)
3	PĘKAŁA Piotr	424	ROZBIEGANY KOSZALIN	M-4	3	00:00:11	00:30:49	01:01:56	01:33:34.15	01:33:45.70	+00:10:33 (11.3%)	6:14	9.6 (88.9%)
4	WÓJCIK Damian	448	RUNNERSWADE	M-4	4	00:00:10	00:29:33	01:01:11	01:35:09.85	01:35:20.35	+00:12:09 (12.8%)	6:20	9.5 (88.0%)
5	JAROSZ Dariusz	407	TKKF KOSZALIN	M-4	5	00:00:10	00:30:11	01:03:27	01:36:21.40	01:36:31.70	+00:13:20 (13.9%)	6:25	9.3 (86.1%)
6	JARZYNA Roman	410	SZWLA STARGARD	M-4	6	00:00:13	00:29:24	01:03:20	01:37:48.50	01:38:01.75	+00:14:48 (15.1%)	6:31	9.2 (85.2%)
7	DUDZIAK Piotr	401	BIEGNIJMY.PL	M-4	7	00:00:06	00:31:05	01:05:11	01:39:29.25	01:39:36.20	+00:16:28 (16.6%)	6:38	9 (83.3%)
8	KSZCZANOWICZ Jacek	416		M-4	8	00:00:17	00:30:16	01:05:40	01:48:06.10	01:48:23.75	+00:25:05 (23.2%)	7:12	8.3 (76.9%)
9	CHWALEBA Jan	435		M-4	9	00:00:15	00:32:08	01:09:22	01:49:13.75	01:49:29.55	+00:26:13 (24.0%)	7:16	8.2 (75.9%)
10	RATAJCZAK Robert	434		M-4	10	00:00:25	00:33:14	01:10:27	01:49:52.60	01:50:18.20	+00:26:52 (24.5%)	7:19	8.2 (75.9%)
11	WESOŁOWSKI Jarosław	450		M-4	11	00:00:15	00:31:17	01:07:40	01:50:15.95	01:50:31.75	+00:27:15 (24.7%)	7:21	8.2 (75.9%)
12	MAZUR Emilisz	419	JRG-2 KOSZALIN	M-4	12	00:00:06	00:29:16	01:10:19	01:54:56.65	01:55:03.30	+00:31:56 (27.8%)	7:39	7.8 (72.2%)
13	TUDRUJ Andrzej	427		M-4	13	00:00:17	00:37:45	01:20:31	02:05:43.85	02:06:00.90	+00:42:43 (34.0%)	8:22	7.2 (66.7%)

Znaleziono 13 wynik(ów)