

KOSZALIŃSKI BIEG GÓRSKI 5 KM - ZAWODY DRUŻYNOWE

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2017-05-03
Miejsce: Koszalin
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	KOZAK Arkadiusz	148	MRS&MR PERFECT KASPEROWICZ	Drużyna Męska	1	00:00:06	00:19:41.95	00:19:48.20		3:56	15.2 (100%)
2	ORZECOWSKI Kamil	58	TKKF KOSZALIN	M-OPEN	1	00:00:06	00:19:56.80	00:20:03.40	+00:00:14 (1.2%)	3:59	15 (98.7%)
3	KULCZYK Jerzy	110		M-OPEN	2	00:00:06	00:20:14.90	00:20:21.65	+00:00:32 (2.7%)	4:03	14.8 (97.4%)
4	ZABORSKI Ryszard	93	TKKF KOSZALIN	M-OPEN	3	00:00:06	00:20:43.65	00:20:50.10	+00:01:01 (5.0%)	4:08	14.5 (95.4%)
5	FAMULSKI Cezary	98	JW 1223 KOSZALIN	M-OPEN	4	00:00:07	00:20:54.30	00:21:01.50	+00:01:12 (5.8%)	4:10	14.4 (94.7%)
6	MUSIAŁ Krzysztof	112	TKKF KOSZALIN	M-OPEN	5	00:00:07	00:21:05.15	00:21:12.35	+00:01:23 (6.6%)	4:13	14.2 (93.4%)
7	SZKOŁUDA Miłosz	108	DECATHLON KOSZALIN	M-OPEN	6	00:00:07	00:21:10.85	00:21:17.95	+00:01:28 (7.0%)	4:14	14.2 (93.4%)
8	SŁOBODZIAN Jerzy	75	NYSA BIEGA	M-OPEN	7	00:00:07	00:21:42.65	00:21:49.85	+00:02:00 (9.3%)	4:20	13.8 (90.8%)
9	WOJCIECHOWICZ Jacek	91	WWW.STUDIOTANCAPASJA.PL	M-OPEN	8	00:00:06	00:22:05.70	00:22:12.45	+00:02:23 (10.8%)	4:25	13.6 (89.5%)
10	NAKONIECZNY Rafał	135	TKKF IV KOSZALIN	Drużyna Mieszana	1	00:00:08	00:22:22.55	00:22:30.90	+00:02:40 (12.0%)	4:28	13.4 (88.2%)
11	DZIUBAŃSKI Grzegorz	16	OPEL ACTIVE TEAM	M-OPEN	9	00:00:07	00:22:37.80	00:22:45.25	+00:02:55 (13.0%)	4:31	13.3 (87.5%)
12	GAWEŁ Ireneusz	129	POŁCZYN ZDRÓJ BIEGA	Drużyna Męska	2	00:00:08	00:22:40.30	00:22:48.90	+00:02:58 (13.1%)	4:32	13.2 (86.8%)
13	SZYMAJDA Grzegorz	133	TKKF IV KOSZALIN	Drużyna Mieszana	2	00:00:08	00:22:49.00	00:22:57.15	+00:03:07 (13.7%)	4:33	13.1 (86.2%)
14	BARTOSIŃSKI Bartłomiej	121	DECATHLON KOSZALIN	M-OPEN	10	00:00:07	00:22:52.65	00:23:00.15	+00:03:10 (13.9%)	4:34	13.1 (86.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
15	WOJTALIK Łukasz	149	POŁCZYN ZDRÓJ BIEGA	Drużyna Męska	3	00:00:08	00:22:56.90	00:23:05.85	+00:03:14 (14.2%)	4:35	13.1 (86.2%)
16	RYŚKIEWICZ Rafał	74		M-OPEN	11	00:00:06	00:23:00.10	00:23:07.00	+00:03:18 (14.4%)	4:36	13 (85.5%)
17	ZWOLIŃSKI Jan	96	TKKF KOSZALIN	M-OPEN	12	00:00:09	00:23:01.15	00:23:11.10	+00:03:19 (14.4%)	4:36	13 (85.5%)
18	SZAMREJ Wojciech	78		M-OPEN	13	00:00:07	00:23:01.55	00:23:09.35	+00:03:19 (14.4%)	4:36	13 (85.5%)
19	BONISŁAWSKI Jarosław	100	FADOMODA TEAM	M-OPEN	14	00:00:11	00:23:06.30	00:23:18.20	+00:03:24 (14.7%)	4:37	13 (85.5%)
20	JAŻWIŃSKI Dawid	28	TKKF KOSZALIN	M-OPEN	15	00:00:08	00:23:15.20	00:23:23.35	+00:03:33 (15.3%)	4:39	12.9 (84.9%)
21	MAZUR Emiliusz	51	ŻYJ Z ENERGIAŁ	M-OPEN	16	00:00:07	00:23:25.40	00:23:32.95	+00:03:43 (15.9%)	4:41	12.8 (84.2%)
22	SZYMAŃSKI Piotr	150	POŁCZYN ZDRÓJ BIEGA	Drużyna Męska	4	00:00:08	00:23:28.45	00:23:37.20	+00:03:46 (16.1%)	4:41	12.8 (84.2%)
23	BARANOWSKI Piotr	2		M-OPEN	17	00:00:06	00:23:45.60	00:23:52.05	+00:04:03 (17.1%)	4:45	12.6 (82.9%)
24	ŚNIEŻKO Marcin	82	TKKF KOSZALIN	M-OPEN	18	00:00:08	00:24:03.85	00:24:12.25	+00:04:21 (18.1%)	4:48	12.5 (82.2%)
25	ZATORSKI Zbigniew	119	KOŁOBRZEG BIEGA	M-OPEN	19	00:00:14	00:24:27.35	00:24:41.40	+00:04:45 (19.5%)	4:53	12.3 (80.9%)
26	ŁAGUTKO Kamila	111	ŻYJ Z ENERGIAŁ	K-OPEN	1	00:00:07	00:24:30.55	00:24:38.35	+00:04:48 (19.6%)	4:54	12.2 (80.3%)
27	CHAMIELEC Bogusław	113		M-OPEN	20	00:00:10	00:24:46.70	00:24:57.00	+00:05:04 (20.5%)	4:57	12.1 (79.6%)
28	RUTKOWSKI Ryszard	73	RUTKOWSKI TEAM	M-OPEN	21	00:00:07	00:24:48.50	00:24:56.00	+00:05:06 (20.6%)	4:57	12.1 (79.6%)
29	IWANIEC Dariusz	137	TKKF II KOSZALIN	Drużyna Męska	5	00:00:08	00:24:49.35	00:24:58.00	+00:05:07 (20.6%)	4:58	12.1 (79.6%)
30	WIELGUS Paweł	89	MRS&MR PERFECT KASPEROWICZ	Drużyna Męska	6	00:00:06	00:24:58.90	00:25:05.60	+00:05:16 (21.1%)	4:59	12 (78.9%)
31	KASPEROWICZ Zdzisław	35	MRS&MR PERFECT KASPEROWICZ	Drużyna Męska	7	00:00:06	00:25:00.95	00:25:07.55	+00:05:19 (21.3%)	5:00	12 (78.9%)
32	MAJ-DZIUBAŃSKA Izabela	80	AKMB PĘDZIWIATR GLIWICE	K-OPEN	2	00:00:07	00:25:08.85	00:25:16.80	+00:05:26 (21.7%)	5:01	11.9 (78.3%)
33	CZAPLIŃSKI Jacek	13		M-OPEN	22	00:00:10	00:25:13.05	00:25:24.00	+00:05:31 (21.9%)	5:02	11.9 (78.3%)
34	JARZYNA Roman	26		M-OPEN	23	00:00:09	00:25:13.80	00:25:22.90	+00:05:31 (21.9%)	5:02	11.9 (78.3%)
35	JAROSZ Jakub	131	TKKF I KOSZALIN	Drużyna Mieszana	3	00:00:09	00:25:20.65	00:25:30.20	+00:05:38 (22.3%)	5:04	11.8 (77.6%)
36	KUŁAKOWSKI Dawid	136	TKKF II KOSZALIN	Drużyna Męska	8	00:00:09	00:25:25.45	00:25:35.40	+00:05:43 (22.5%)	5:05	11.8 (77.6%)
37	JAROSZ Dariusz	130	TKKF I KOSZALIN	Drużyna Mieszana	4	00:00:09	00:25:32.65	00:25:42.15	+00:05:50 (22.9%)	5:06	11.7 (77.0%)

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38	WRÓBLEWSKI Jacek	92	TKKF KOSZALIN	M-OPEN	24	00:00:09	00:25:37.60	00:25:47.25	+00:05:55 (23.1%)	5:07	11.7 (77.0%)
39	JADCZAK Tomasz	114		M-OPEN	25	00:00:09	00:25:51.45	00:26:00.85	+00:06:09 (23.8%)	5:10	11.6 (76.3%)
40	GOŃKA Krzysztof	122	DECATHLON KOSZALIN	M-OPEN	26	00:00:08	00:25:59.20	00:26:07.35	+00:06:17 (24.2%)	5:11	11.5 (75.7%)
41	SZABLA Ewelina	77		K-OPEN	3	00:00:08	00:26:10.25	00:26:18.50	+00:06:28 (24.7%)	5:14	11.5 (75.7%)
42	MISZCZYK Jan	53	ROZBIEGANY KOSZALIN	M-OPEN	27	00:00:18	00:26:11.50	00:26:29.55	+00:06:29 (24.8%)	5:14	11.5 (75.7%)
43	KAJKOWSKI Rafał	32	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH KOSZALIN	M-OPEN	28	00:00:06	00:26:14.10	00:26:20.75	+00:06:32 (24.9%)	5:14	11.4 (75.0%)
44	RUTKOWSKI Artur	72	RUTKOWSKI TEAM	M-OPEN	29	00:00:07	00:26:14.90	00:26:22.10	+00:06:32 (25.0%)	5:15	11.4 (75.0%)
45	MUCHA Krzysztof	56	KOSZALIN	M-OPEN	30	00:00:09	00:26:15.15	00:26:25.05	+00:06:33 (25.0%)	5:15	11.4 (75.0%)
46	WACHOLC Michał	85		M-OPEN	31	00:00:07	00:26:21.00	00:26:28.70	+00:06:39 (25.2%)	5:16	11.4 (75.0%)
47	BIL Adrian	6		M-OPEN	32	00:00:14	00:26:21.30	00:26:35.65	+00:06:39 (25.3%)	5:16	11.4 (75.0%)
48	BRESZKA Tomasz	104		M-OPEN	33	00:00:08	00:26:28.40	00:26:37.05	+00:06:46 (25.6%)	5:17	11.3 (74.3%)
49	CHODOR Martyna	132	TKKF I KOSZALIN	Drużyna Mieszana	5	00:00:09	00:26:31.95	00:26:41.75	+00:06:50 (25.8%)	5:18	11.3 (74.3%)
50	PĘKAŁA Piotr	64	ROZBIEGANY KOSZALIN	M-OPEN	34	00:00:11	00:26:55.45	00:27:06.90	+00:07:13 (26.8%)	5:23	11.1 (73.0%)
51	ŚWIETLIK Tomasz	52		M-OPEN	35	00:00:10	00:27:01.55	00:27:12.15	+00:07:19 (27.1%)	5:24	11.1 (73.0%)
52	RÓG Michał	71	JW 1223 KOSZALIN	M-OPEN	36	00:00:12	00:27:10.35	00:27:23.10	+00:07:28 (27.5%)	5:26	11 (72.4%)
53	CIUPA Marcin	11	H2DESIGN	M-OPEN	37	00:00:10	00:27:11.90	00:27:22.05	+00:07:29 (27.6%)	5:26	11 (72.4%)
54	KOSECKA Katarzyna	146	KOŁOBRZEG BIEGA	Drużyna Kobięca	1	00:00:08	00:27:14.30	00:27:22.50	+00:07:32 (27.7%)	5:26	11 (72.4%)
55	PEŁECHATA Julita	145	KOŁOBRZEG BIEGA	Drużyna Kobięca	2	00:00:07	00:27:14.55	00:27:22.35	+00:07:32 (27.7%)	5:27	11 (72.4%)
56	CHODOR Izabela	9	TKKF KOSZALIN	K-OPEN	4	00:00:10	00:27:26.30	00:27:37.25	+00:07:44 (28.2%)	5:29	10.9 (71.7%)
57	MICERSKI Tomasz	138	TKKF II KOSZALIN	Drużyna Męska	9	00:00:10	00:27:28.55	00:27:38.85	+00:07:46 (28.3%)	5:29	10.9 (71.7%)
58	KOWALCZYK Mariusz	41	ROZBIEGANY KOSZALIN	M-OPEN	38	00:00:10	00:27:39.40	00:27:50.20	+00:07:57 (28.8%)	5:32	10.8 (71.1%)
59	JAROSZEWSKI Daniel	4		M-OPEN	39	00:00:13	00:27:43.70	00:27:57.10	+00:08:01 (29.0%)	5:32	10.8 (71.1%)
60	ROGOŻA Ireneusz	70		M-OPEN	40	00:00:12	00:27:44.20	00:27:56.90	+00:08:02 (29.0%)	5:32	10.8 (71.1%)

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61	CHOŁUJ Jarek	10		M-OPEN	41	00:00:12	00:27:44.55	00:27:57.15	+00:08:02 (29.0%)	5:33	10.8 (71.1%)
62	ZUKAL Piotr	120		M-OPEN	42	00:00:19	00:27:47.50	00:28:07.00	+00:08:05 (29.1%)	5:33	10.8 (71.1%)
63	WICHER Krzysztof	88	ADWOKATURA	M-OPEN	43	00:00:11	00:28:10.50	00:28:21.85	+00:08:28 (30.1%)	5:38	10.7 (70.4%)
64	OTTO Michał	60		M-OPEN	44	00:00:09	00:28:17.70	00:28:27.00	+00:08:35 (30.4%)	5:39	10.6 (69.7%)
65	JUSZCZAK Krzysztof	31		M-OPEN	45	00:00:22	00:28:31.65	00:28:54.05	+00:08:49 (30.9%)	5:42	10.5 (69.1%)
66	MRUGALSKA Magdalena	107	JW 1223 KOSZALIN	K-OPEN	5	00:00:15	00:28:32.70	00:28:48.00	+00:08:50 (31.0%)	5:42	10.5 (69.1%)
67	RETERSKI Damian	102		M-OPEN	46	00:00:12	00:28:33.60	00:28:46.25	+00:08:51 (31.0%)	5:42	10.5 (69.1%)
68	WIATRZYK Krzysztof	87	DARŁOWO	M-OPEN	47	00:00:10	00:28:34.75	00:28:45.10	+00:08:52 (31.1%)	5:43	10.5 (69.1%)
69	KRZEWIŃSKA Małgorzata	46	TKKF KOSZALIN	K-OPEN	6	00:00:10	00:28:38.55	00:28:49.50	+00:08:56 (31.2%)	5:43	10.5 (69.1%)
70	SZAMREJ Piotr	118		M-OPEN	48	00:00:15	00:28:40.40	00:28:55.95	+00:08:58 (31.3%)	5:44	10.5 (69.1%)
71	MAJCHRZAK Paweł	50	SUNDAYBIKERS KARLINO TEAM	M-OPEN	49	00:00:09	00:28:52.30	00:29:02.20	+00:09:10 (31.8%)	5:46	10.4 (68.4%)
72	OSOBNIAK Ryszard	59	ROZBIEGANY KOSZALIN	M-OPEN	50	00:00:17	00:28:53.00	00:29:10.10	+00:09:11 (31.8%)	5:46	10.4 (68.4%)
73	KRUPIŃSKI Krzysztof	45	E-UROLOG.EU	M-OPEN	51	00:00:17	00:28:55.50	00:29:13.00	+00:09:13 (31.9%)	5:47	10.4 (68.4%)
74	KOZŁOWIECKI Waldemar	42	TKKF KOSZALIN	M-OPEN	52	00:00:11	00:29:05.75	00:29:17.30	+00:09:23 (32.3%)	5:49	10.3 (67.8%)
75	ZDROWIECKI Artur	94		M-OPEN	53	00:00:10	00:29:24.15	00:29:34.75	+00:09:42 (33.0%)	5:52	10.2 (67.1%)
76	BORKOWSKA-KOWALCZYK Daria	7	WOMENS FIGHT CLUB KOSZALIN ROZBIEGANY KOSZALIN	K-OPEN	7	00:00:11	00:29:26.75	00:29:37.75	+00:09:44 (33.1%)	5:53	10.2 (67.1%)
77	GRABOWSKA-LESISZ Aneta	147	KOŁOBRZEG BIEGA	Drużyna Kobięca	3	00:00:08	00:29:35.45	00:29:43.75	+00:09:53 (33.4%)	5:55	10.1 (66.4%)
78	KRASIŃSKI Witold	43		M-OPEN	54	00:00:15	00:29:41.85	00:29:57.05	+00:09:59 (33.7%)	5:56	10.1 (66.4%)
79	BŁACH Piotr	103		M-OPEN	55	00:00:08	00:29:44.60	00:29:53.25	+00:10:02 (33.8%)	5:57	10.1 (66.4%)
80	BRZEZIŃSKI Robert	106	HERKULES	M-OPEN	56	00:00:06	00:29:47.95	00:29:54.05	+00:10:06 (33.9%)	5:57	10.1 (66.4%)
81	KAMIŃSKI Tomasz	141	TKKF III KOSZALIN	Drużyna Mieszana	6	00:00:08	00:29:48.40	00:29:57.30	+00:10:06 (33.9%)	5:57	10.1 (66.4%)
82	MAZURKIEWICZ Jolanta	140	TKKF III KOSZALIN	Drużyna Mieszana	7	00:00:09	00:29:48.70	00:29:58.00	+00:10:06 (33.9%)	5:57	10.1 (66.4%)
83	BARTKOWSKI Ryszard	99		M-OPEN	57	00:00:09	00:30:16.00	00:30:25.35	+00:10:34 (34.9%)	6:03	9.9 (65.1%)

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84	DUDZIAK Piotr	15	KOSZALIN	M-OPEN	58	00:00:10	00:30:24.40	00:30:34.75	+00:10:42 (35.2%)	6:04	9.9 (65.1%)
85	JANUSZEWSKI Jacek	24	17 WOG KOSZALIN	M-OPEN	59	00:00:14	00:30:27.20	00:30:41.55	+00:10:45 (35.3%)	6:05	9.9 (65.1%)
86	GRZYBOWSKI Piotr	109		M-OPEN	60	00:00:12	00:30:41.60	00:30:53.70	+00:10:59 (35.8%)	6:08	9.8 (64.5%)
87	LASKOWSKI Grzegorz	49		M-OPEN	61	00:00:14	00:30:43.50	00:30:58.00	+00:11:01 (35.9%)	6:08	9.8 (64.5%)
88	POTRZEBOWSKA Agata	66	DEAF	K-OPEN	8	00:00:12	00:30:47.90	00:31:00.15	+00:11:05 (36.0%)	6:09	9.7 (63.8%)
89	KOWALCZYK Piotr	40		M-OPEN	62	00:00:18	00:30:50.10	00:31:08.40	+00:11:08 (36.1%)	6:10	9.7 (63.8%)
90	JANICKA Katarzyna	134	TKKF IV KOSZALIN	Drużyna Mieszana	8	00:00:09	00:31:01.10	00:31:11.00	+00:11:19 (36.5%)	6:12	9.7 (63.8%)
91	MRUGALSKI Stanisław	55		M-OPEN	63	00:00:20	00:31:01.35	00:31:21.70	+00:11:19 (36.5%)	6:12	9.7 (63.8%)
92	DĄBROWSKA Alicja	14	TKKF KOSZALIN	K-OPEN	9	00:00:10	00:31:03.50	00:31:14.20	+00:11:21 (36.6%)	6:12	9.7 (63.8%)
93	KUPREWICZ Grzegorz	47	JW 1223 KOSZALIN	M-OPEN	64	00:00:11	00:31:06.25	00:31:18.15	+00:11:24 (36.7%)	6:13	9.6 (63.2%)
94	BASIAK Krystian	5	KOSZALIN	M-OPEN	65	00:00:13	00:31:06.45	00:31:19.45	+00:11:24 (36.7%)	6:13	9.6 (63.2%)
95	KARNICKI Zygmunt	34	TKKF KOSZALIN	M-OPEN	66	00:00:16	00:31:47.65	00:32:03.65	+00:12:05 (38.0%)	6:21	9.4 (61.8%)
96	ZIĘBA Paweł	95	TKKF KOSZALIN	M-OPEN	67	00:00:12	00:31:49.05	00:32:01.45	+00:12:07 (38.1%)	6:21	9.4 (61.8%)
97	GŁOWACKI Włodzimierz	143	BABECZKI KOSZALIN	M-OPEN	68	00:00:13	00:31:54.90	00:32:08.60	+00:12:12 (38.3%)	6:23	9.4 (61.8%)
98	POTRZEBOWSKI Marek	67	DEAF	M-OPEN	69	00:00:13	00:32:08.00	00:32:21.55	+00:12:26 (38.7%)	6:25	9.3 (61.2%)
99	JURKIEWICZ Andrzej	30		M-OPEN	70	00:00:15	00:32:36.35	00:32:51.50	+00:12:54 (39.6%)	6:31	9.2 (60.5%)
100	SZEWczyk Paulina	79		K-OPEN	10	00:00:11	00:32:37.10	00:32:48.35	+00:12:55 (39.6%)	6:31	9.2 (60.5%)
101	SEEWALD Jan	105		M-OPEN	71	00:00:14	00:32:42.00	00:32:56.90	+00:13:00 (39.8%)	6:32	9.2 (60.5%)
102	KOSIM Maciej	39	NIGHT RUNNERS WROCŁAW	M-OPEN	72	00:00:15	00:32:42.05	00:32:57.35	+00:13:00 (39.8%)	6:32	9.2 (60.5%)
103	MAZUREK Barbara	142	BABECZKI KOSZALIN	K-OPEN	11	00:00:14	00:32:50.65	00:33:05.55	+00:13:08 (40.0%)	6:34	9.1 (59.9%)
104	HELLER Zdzisław	21	NIEZRZESZONY	M-OPEN	73	00:00:17	00:32:58.75	00:33:15.85	+00:13:16 (40.3%)	6:35	9.1 (59.9%)
105	GRZYBOWSKI Krzysztof	139	TKKF III KOSZALIN	Drużyna Mieszana	9	00:00:09	00:32:59.45	00:33:08.80	+00:13:17 (40.3%)	6:35	9.1 (59.9%)
106	GZELA Olga	20	BABECZKI KOSZALIN, ROZBIEGANY KOSZALIN	K-OPEN	12	00:00:14	00:33:01.25	00:33:15.35	+00:13:19 (40.3%)	6:36	9.1 (59.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
107	KLENIEWSKI Piotr	36	ZACHODNIOPOMORSKIE	M-OPEN	74	00:00:08	00:33:05.20	00:33:14.00	+00:13:23 (40.5%)	6:37	9.1 (59.9%)
108	KONKEL Joanna	37	MKS 'ŚWIĘC SŁAWNO'	K-OPEN	13	00:00:11	00:33:22.20	00:33:34.00	+00:13:40 (41.0%)	6:40	9 (59.2%)
109	HRYCIÓW Paweł	22	BIĄŁOGARD	M-OPEN	75	00:00:14	00:33:26.15	00:33:40.15	+00:13:44 (41.1%)	6:41	9 (59.2%)
110	HRANKOWSKA Monika	25		K-OPEN	14	00:00:16	00:33:33.85	00:33:50.05	+00:13:51 (41.3%)	6:42	8.9 (58.6%)
111	WIERZBICKI Kacper	90		M-OPEN	76	00:00:13	00:34:16.10	00:34:29.75	+00:14:34 (42.5%)	6:51	8.8 (57.9%)
112	GAWIECKA Mariola	18	ROZBIEGANY KOSZALIN	K-OPEN	15	00:00:10	00:34:29.95	00:34:40.65	+00:14:48 (42.9%)	6:54	8.7 (57.2%)
113	WALCZAK Agnieszka	86	TKKF KOSZALIN	K-OPEN	16	00:00:15	00:34:49.75	00:35:05.60	+00:15:07 (43.4%)	6:58	8.6 (56.6%)
114	BRESZKA Paweł	8	DARŁOWO	M-OPEN	77	00:00:16	00:35:01.80	00:35:18.35	+00:15:19 (43.8%)	7:00	8.6 (56.6%)
115	WENCŁAW-JUSZCZAK Marta	117		K-OPEN	17	00:00:13	00:35:18.10	00:35:31.15	+00:15:36 (44.2%)	7:03	8.5 (55.9%)
116	SAGAN Jadwiga	115		K-OPEN	18	00:00:14	00:35:33.65	00:35:47.80	+00:15:51 (44.6%)	7:06	8.4 (55.3%)
117	RETERSKI Przemysław	101		M-OPEN	78	00:00:12	00:36:02.65	00:36:15.30	+00:16:20 (45.3%)	7:12	8.3 (54.6%)
118	FRUBA Karina	17	STOPA SŁUPSK	K-OPEN	19	00:00:12	00:36:10.25	00:36:23.00	+00:16:28 (45.5%)	7:14	8.3 (54.6%)
119	KOROL Elżbieta	38	BABECZKI KOSZALIN	K-OPEN	20	00:00:15	00:36:13.60	00:36:29.05	+00:16:31 (45.6%)	7:14	8.3 (54.6%)
120	KURCZ Barbara	48	BABECZKI KOSZALIN	K-OPEN	21	00:00:17	00:36:28.25	00:36:45.75	+00:16:46 (46.0%)	7:17	8.2 (53.9%)
121	IMIOŁEK Jacek	23		M-OPEN	79	00:00:18	00:37:52.10	00:38:10.10	+00:18:10 (48.0%)	7:34	7.9 (52.0%)
122	TREJDER Maria	83	BAJADERKI KOSZALIN	K-OPEN	22	00:00:12	00:38:24.50	00:38:36.90	+00:18:42 (48.7%)	7:40	7.8 (51.3%)
123	MOŻEJKO Anna	54	BABECZKI KOSZALIN	K-OPEN	23	00:00:16	00:38:45.15	00:39:01.15	+00:19:03 (49.2%)	7:45	7.7 (50.7%)
124	STEC Edyta	76	BABECZKI KOSZALIN	K-OPEN	24	00:00:15	00:38:45.85	00:39:01.20	+00:19:03 (49.2%)	7:45	7.7 (50.7%)
125	PASEK Jan	62		M-OPEN	80	00:00:10	00:39:05.20	00:39:15.60	+00:19:23 (49.6%)	7:49	7.7 (50.7%)
126	KOZŁOWIECKA Małgorzata	97		K-OPEN	25	00:00:13	00:39:11.75	00:39:25.60	+00:19:29 (49.7%)	7:50	7.7 (50.7%)
127	VON BARDELEBEN Agnieszka	84	BABECZKI KOSZALIN	K-OPEN	26	00:00:17	00:39:15.80	00:39:32.95	+00:19:33 (49.8%)	7:51	7.6 (50.0%)
128	PASEK Paula	61		K-OPEN	27	00:00:11	00:43:20.20	00:43:31.85	+00:23:38 (54.5%)	8:40	6.9 (45.4%)
129	RADOMSKA Iwona	68		K-OPEN	28	00:00:18	00:44:41.45	00:44:59.75	+00:24:59 (55.9%)	8:56	6.7 (44.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
130	GARBACZ-ZATORSKA Milena	116		K-OPEN	29	00:00:13	00:44:49.75	00:45:03.05	+00:25:07 (56.1%)	8:58	6.7 (44.1%)
131	KRAWCZUK-KIEŁB Anna	44	ŻYJ Z ENERGIAŁ	K-OPEN	30	00:00:17	00:47:09.15	00:47:26.55	+00:27:27 (58.2%)	9:25	6.4 (42.1%)
132	RESPONDEK Dariusz	69		M-OPEN	81	00:00:10					(0.0%)

Znaleziono 132 wynik(ów)