



KOSZALIŃSKI BIEG GÓRSKI 5 KM

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2017-05-03
Miejsce: Koszalin
Dystans: 5 km



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	ŁAGUTKO Kamila	111	ŻYJ Z ENERGIA	K30-39	1	00:00:07	00:24:30.55	00:24:38.35		4:54	12.2 (100%)
2	MAJ-DZIUBAŃSKA Izabela	80	AKMB PĘDZIWIATR GLIWICE	K30-39	2	00:00:07	00:25:08.85	00:25:16.80	+00:00:38 (2.5%)	5:01	11.9 (97.5%)
3	SZABLA Ewelina	77		K30-39	3	00:00:08	00:26:10.25	00:26:18.50	+00:01:39 (6.3%)	5:14	11.5 (94.3%)
4	CHODOR Izabela	9	TKKF KOSZALIN	K30-39	4	00:00:10	00:27:26.30	00:27:37.25	+00:02:55 (10.7%)	5:29	10.9 (89.3%)
5	MRUGALSKA Magdalena	107	JW 1223 KOSZALIN	K16-29	1	00:00:15	00:28:32.70	00:28:48.00	+00:04:02 (14.1%)	5:42	10.5 (86.1%)
6	KRZEWIŃSKA Małgorzata	46	TKKF KOSZALIN	K50-59	1	00:00:10	00:28:38.55	00:28:49.50	+00:04:08 (14.4%)	5:43	10.5 (86.1%)
7	BORKOWSKA-KOWALCZYK Daria	7	WOMENS FIGHT CLUB KOSZALIN ROZBIEGANY KOSZALIN	K30-39	5	00:00:11	00:29:26.75	00:29:37.75	+00:04:56 (16.8%)	5:53	10.2 (83.6%)
8	POTRZEBOWSKA Agata	66	DEAF	K30-39	6	00:00:12	00:30:47.90	00:31:00.15	+00:06:17 (20.4%)	6:09	9.7 (79.5%)
9	DĄBROWSKA Alicja	14	TKKF KOSZALIN	K50-59	2	00:00:10	00:31:03.50	00:31:14.20	+00:06:32 (21.1%)	6:12	9.7 (79.5%)
10	SZEWczyk Paulina	79		K16-29	2	00:00:11	00:32:37.10	00:32:48.35	+00:08:06 (24.9%)	6:31	9.2 (75.4%)
11	MAZUREK Barbara	142	BABECZKI KOSZALIN	K30-39	7	00:00:14	00:32:50.65	00:33:05.55	+00:08:20 (25.4%)	6:34	9.1 (74.6%)
12	GZELA Olga	20	BABECZKI KOSZALIN, ROZBIEGANY KOSZALIN	K30-39	8	00:00:14	00:33:01.25	00:33:15.35	+00:08:30 (25.8%)	6:36	9.1 (74.6%)
13	KONKEL Joanna	37	MKS 'ŚWIĘC SŁAWNO'	K50-59	3	00:00:11	00:33:22.20	00:33:34.00	+00:08:51 (26.6%)	6:40	9 (73.8%)
14	HRANKOWSKA Monika	25		K30-39	9	00:00:16	00:33:33.85	00:33:50.05	+00:09:03 (27.0%)	6:42	8.9 (73.0%)

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15	GAWIECKA Mariola	18	ROZBIEGANY KOSZALIN	K40-49	1	00:00:10	00:34:29.95	00:34:40.65	+00:09:59 (29.0%)	6:54	8.7 (71.3%)
16	WALCZAK Agnieszka	86	TKKF KOSZALIN	K40-49	2	00:00:15	00:34:49.75	00:35:05.60	+00:10:19 (29.6%)	6:58	8.6 (70.5%)
17	WENCLAW-JUSZCZAK Marta	117		K40-49	3	00:00:13	00:35:18.10	00:35:31.15	+00:10:47 (30.6%)	7:03	8.5 (69.7%)
18	SAGAN Jadwiga	115		K40-49	4	00:00:14	00:35:33.65	00:35:47.80	+00:11:03 (31.1%)	7:06	8.4 (68.9%)
19	FRUBA Karina	17	STOPA SŁUPSK	K30-39	10	00:00:12	00:36:10.25	00:36:23.00	+00:11:39 (32.2%)	7:14	8.3 (68.0%)
20	KOROL Elżbieta	38	BABECZKI KOSZALIN	K40-49	5	00:00:15	00:36:13.60	00:36:29.05	+00:11:43 (32.3%)	7:14	8.3 (68.0%)
21	KURCZ Barbara	48	BABECZKI KOSZALIN	K40-49	6	00:00:17	00:36:28.25	00:36:45.75	+00:11:57 (32.8%)	7:17	8.2 (67.2%)
22	TREJDER Maria	83	BAJADERKI KOSZALIN	K40-49	7	00:00:12	00:38:24.50	00:38:36.90	+00:13:53 (36.2%)	7:40	7.8 (63.9%)
23	MOŻEJKO Anna	54	BABECZKI KOSZALIN	K30-39	11	00:00:16	00:38:45.15	00:39:01.15	+00:14:14 (36.8%)	7:45	7.7 (63.1%)
24	STEC Edyta	76	BABECZKI KOSZALIN	K30-39	12	00:00:15	00:38:45.85	00:39:01.20	+00:14:15 (36.8%)	7:45	7.7 (63.1%)
25	KOZŁOWIECKA Małgorzata	97		K50-59	4	00:00:13	00:39:11.75	00:39:25.60	+00:14:41 (37.5%)	7:50	7.7 (63.1%)
26	VON BARDELEBEN Agnieszka	84	BABECZKI KOSZALIN	K40-49	8	00:00:17	00:39:15.80	00:39:32.95	+00:14:45 (37.6%)	7:51	7.6 (62.3%)
27	PASEK Paula	61		K30-39	13	00:00:11	00:43:20.20	00:43:31.85	+00:18:49 (43.4%)	8:40	6.9 (56.6%)
28	RADOMSKA Iwona	68		K16-29	3	00:00:18	00:44:41.45	00:44:59.75	+00:20:10 (45.2%)	8:56	6.7 (54.9%)
29	GARBACZ-ZATORSKA Milena	116		K40-49	9	00:00:13	00:44:49.75	00:45:03.05	+00:20:19 (45.3%)	8:58	6.7 (54.9%)
30	KRAWCZUK-KIEŁB Anna	44	ŻYJ Z ENERGIA	K40-49	10	00:00:17	00:47:09.15	00:47:26.55	+00:22:38 (48.0%)	9:25	6.4 (52.5%)

Znaleziono 30 wynik(ów)