



## KOSZALIŃSKI BIEG GÓRSKI 5 KM

B4SPORT

**Organizator:** Koszalińskie Towarzystwo Krzewienia Kultury  
Fizycznej  
**Data:** 2017-05-03  
**Miejsce:** Koszalin  
**Dystans:** 5 km



Klasyfikacja: M50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>KULCZYK Jerzy</b>	<b>110</b>		M50-59	1	00:00:06	<b>00:20:14.90</b>	<b>00:20:21.65</b>		4:03	14.8 (100%)
2	<b>SŁOBODZIAN Jerzy</b>	<b>75</b>	NYSA BIEGA	M50-59	2	00:00:07	<b>00:21:42.65</b>	<b>00:21:49.85</b>	+00:01:27 (6.7%)	4:20	13.8 (93.2%)
3	<b>SZAMREJ Wojciech</b>	<b>78</b>		M50-59	3	00:00:07	<b>00:23:01.55</b>	<b>00:23:09.35</b>	+00:02:46 (12.1%)	4:36	13 (87.8%)
4	<b>CHAMIELEC Bogusław</b>	<b>113</b>		M50-59	4	00:00:10	<b>00:24:46.70</b>	<b>00:24:57.00</b>	+00:04:31 (18.3%)	4:57	12.1 (81.8%)
5	<b>RUTKOWSKI Ryszard</b>	<b>73</b>	RUTKOWSKI TEAM	M50-59	5	00:00:07	<b>00:24:48.50</b>	<b>00:24:56.00</b>	+00:04:33 (18.4%)	4:57	12.1 (81.8%)
6	<b>ŚWIETLIK Tomasz</b>	<b>52</b>		M50-59	6	00:00:10	<b>00:27:01.55</b>	<b>00:27:12.15</b>	+00:06:46 (25.1%)	5:24	11.1 (75.0%)
7	<b>KRUPIŃSKI Krzysztof</b>	<b>45</b>	E-UROLOG.EU	M50-59	7	00:00:17	<b>00:28:55.50</b>	<b>00:29:13.00</b>	+00:08:40 (30.0%)	5:47	10.4 (70.3%)
8	<b>JANUSZEWSKI Jacek</b>	<b>24</b>	17 WOG KOSZALIN	M50-59	8	00:00:14	<b>00:30:27.20</b>	<b>00:30:41.55</b>	+00:10:12 (33.5%)	6:05	9.9 (66.9%)
9	<b>MRUGALSKI Stanisław</b>	<b>55</b>		M50-59	9	00:00:20	<b>00:31:01.35</b>	<b>00:31:21.70</b>	+00:10:46 (34.7%)	6:12	9.7 (65.5%)
10	<b>KLENIEWSKI Piotr</b>	<b>36</b>	ZACHODNIOPOMORSKIE	M50-59	10	00:00:08	<b>00:33:05.20</b>	<b>00:33:14.00</b>	+00:12:50 (38.8%)	6:37	9.1 (61.5%)

Znaleziono 10 wynik(ów)