



## KOSZALIŃSKI BIEG GÓRSKI 5KM

B4SPORT

**Organizator:** Koszalińskie Towarzystwo Krzewienia Kultury  
Fizycznej  
**Data:** 2016-08-13  
**Miejsce:** Koszalin  
**Dystans:** 5 km



Klasyfikacja: Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>ŁAGUTKO Kamila</b>	<b>336</b>	ŻYJ Z ENERGIA	Kobiety	1	00:00:06	<b>00:27:15.40</b>	<b>00:27:21.75</b>		5:27	11 (100%)
2	<b>FRONTCZAK Izabela</b>	<b>362</b>	TKKF KOSZALIN	Kobiety	2	00:00:07	<b>00:29:17.65</b>	<b>00:29:25.20</b>	+00:02:02 (7.0%)	5:51	10.2 (92.7%)
3	<b>PEŁECHATA Julita</b>	<b>341</b>	ROZBIEGANY KOSZALIN	Kobiety	3	00:00:08	<b>00:31:26.95</b>	<b>00:31:35.00</b>	+00:04:11 (13.3%)	6:17	9.5 (86.4%)
4	<b>SZABLA Ewelina</b>	<b>349</b>		Kobiety	4	00:00:08	<b>00:31:33.45</b>	<b>00:31:41.90</b>	+00:04:18 (13.6%)	6:18	9.5 (86.4%)
5	<b>ANTOSZ Alicja</b>	<b>376</b>		Kobiety	5	00:00:07	<b>00:33:09.00</b>	<b>00:33:16.10</b>	+00:05:53 (17.8%)	6:37	9 (81.8%)
6	<b>CHODOR Izabela</b>	<b>305</b>		Kobiety	6	00:00:08	<b>00:33:24.45</b>	<b>00:33:33.10</b>	+00:06:09 (18.4%)	6:41	9 (81.8%)
7	<b>SOBALA Anna</b>	<b>347</b>		Kobiety	7	00:00:17	<b>00:34:23.00</b>	<b>00:34:40.00</b>	+00:07:07 (20.7%)	6:52	8.7 (79.1%)
8	<b>KONKEL Joanna</b>	<b>325</b>	MKS 'ŚWIĘC' SŁAWNO	Kobiety	8	00:00:13	<b>00:35:52.80</b>	<b>00:36:05.90</b>	+00:08:37 (24.0%)	7:10	8.4 (76.4%)
9	<b>SZYLKA Justyna</b>	<b>367</b>	ZSM GDAŃSK	Kobiety	9	00:00:07	<b>00:38:29.25</b>	<b>00:38:37.20</b>	+00:11:13 (29.2%)	7:42	7.8 (70.9%)
10	<b>SUSKA Joanna</b>	<b>368</b>	DUBOIS	Kobiety	10	00:00:08	<b>00:38:43.05</b>	<b>00:38:51.70</b>	+00:11:27 (29.6%)	7:44	7.7 (70.0%)
11	<b>HRANKOWSKA Monika</b>	<b>320</b>		Kobiety	11	00:00:13	<b>00:39:24.95</b>	<b>00:39:38.05</b>	+00:12:09 (30.8%)	7:53	7.6 (69.1%)
12	<b>LABUDDA Katarzyna</b>	<b>335</b>		Kobiety	12	00:00:07	<b>00:39:30.00</b>	<b>00:39:37.45</b>	+00:12:14 (31.0%)	7:54	7.6 (69.1%)
13	<b>CHAŁAT Dorota</b>	<b>304</b>	ERA KOBIET STOWARZYSZENIE	Kobiety	13	00:00:13	<b>00:41:16.40</b>	<b>00:41:30.05</b>	+00:14:01 (34.0%)	8:15	7.3 (66.4%)
14	<b>KOROL Dominika</b>	<b>327</b>	BABECZKI KOSZALIN	Kobiety	14	00:00:13	<b>00:41:51.00</b>	<b>00:42:04.75</b>	+00:14:35 (34.9%)	8:22	7.2 (65.5%)
15	<b>BUDZYŃSKA Elżbieta</b>	<b>377</b>	BBL SŁUPSK	Kobiety	15	00:00:09	<b>00:43:11.55</b>	<b>00:43:20.65</b>	+00:15:56 (36.9%)	8:38	6.9 (62.7%)
16	<b>KRAWCZUK-KIEŁB Anna</b>	<b>333</b>	ŻYJ Z ENERGIA	Kobiety	16	00:00:16	<b>00:43:26.75</b>	<b>00:43:43.25</b>	+00:16:11 (37.3%)	8:41	6.9 (62.7%)
17	<b>KOZŁOWIECKA Małgorzata</b>	<b>330</b>		Kobiety	17	00:00:12	<b>00:44:23.35</b>	<b>00:44:35.50</b>	+00:17:07 (38.6%)	8:52	6.8 (61.8%)

Znaleziono 17 wynik(ów)