



KOSZALIŃSKI BIEG NIEPODLEGŁOŚCI - 1 MILA

B4SPORT

Organizator: Urząd Miasta i Gminy Koszalin, Zarząd Obiektów Sportowych Sp. z o.o.
Data: 2016-11-11
Miejsce: Koszalin
Dystans: 1.609 km

 **HERKULES**
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Klasyfikacja: M-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 1.609km	Czas brutto 1.609km	Różn	Tempo min/km	Tempo km/h
1	IGNACZAK Piotr	256	KB 10 BIAŁOGARD	M-OPEN	1	00:00:03	00:05:20.70	00:05:24.55		3:19	18.1 (100%)
2	BARAŃSKI Przemysław	243	KM PSP SZCZECIN/ MLUKS TRZEBIATÓW	M-OPEN	2	00:00:03	00:05:27.20	00:05:31.15	+00:00:06 (2.0%)	3:23	17.7 (97.8%)
3	TUTUS Michał	290	JW 1223	M-OPEN	3	00:00:05	00:05:31.90	00:05:37.15	+00:00:11 (3.4%)	3:26	17.5 (96.7%)
4	CHWIAŁKOWSKI Cyprian	246		M-OPEN	4	00:00:04	00:05:36.00	00:05:40.70	+00:00:15 (4.6%)	3:28	17.3 (95.6%)
5	JAŻWIŃSKI Dawid	262	TKKF KOSZALIN	M-OPEN	5	00:00:04	00:05:47.30	00:05:51.90	+00:00:26 (7.7%)	3:35	16.7 (92.3%)
6	ŚNIADECKI Wojciech	289		M-OPEN	6	00:00:05	00:05:53.65	00:05:59.35	+00:00:32 (9.3%)	3:39	16.4 (90.6%)
7	SIWIK Stanisław	283	283. KRT DARŻEWO	M-OPEN	7	00:00:05	00:05:54.60	00:06:00.45	+00:00:33 (9.6%)	3:40	16.3 (90.1%)
8	ZBOIŃSKI Wojciech	294		M-OPEN	8	00:00:04	00:05:55.45	00:05:59.55	+00:00:34 (9.8%)	3:40	16.3 (90.1%)
9	WEBER Paweł	291		M-OPEN	9	00:00:04	00:06:04.00	00:06:08.55	+00:00:43 (11.9%)	3:46	15.9 (87.8%)
10	JAROSZ Jakub	259	TKKF KOSZALIN	M-OPEN	10	00:00:04	00:06:24.40	00:06:29.35	+00:01:03 (16.6%)	3:59	15.1 (83.4%)
11	PEC Daniel	274		M-OPEN	11	00:00:04	00:06:31.05	00:06:35.20	+00:01:10 (18.0%)	4:02	14.8 (81.8%)
12	JAROSZ Dariusz	260	TKKF KOSZALIN	M-OPEN	12	00:00:05	00:06:31.40	00:06:36.95	+00:01:10 (18.1%)	4:02	14.8 (81.8%)
13	JAROSZ Konrad	261	GIMNAZJUM NR 9	M-OPEN	13	00:00:05	00:06:31.55	00:06:37.25	+00:01:10 (18.1%)	4:03	14.8 (81.8%)
14	BRONIKOWSKI Adrian	296		M-OPEN	14	00:00:04	00:06:41.80	00:06:46.35	+00:01:21 (20.2%)	4:09	14.4 (79.6%)
15	WRÓBLEWSKI Jacek	293	GIMNAZJUM 7	M-OPEN	15	00:00:04	00:06:44.25	00:06:49.20	+00:01:23 (20.7%)	4:11	14.3 (79.0%)
16	GAWROŃSKI Paweł	252		M-OPEN	16	00:00:05	00:06:50.30	00:06:55.55	+00:01:29 (21.8%)	4:14	14.1 (77.9%)
17	GRZYBOWSKI Piotr	254	KB RUN 42	M-OPEN	17	00:00:04	00:06:53.80	00:06:58.15	+00:01:33 (22.5%)	4:17	14 (77.3%)
18	STĘPNIEWSKI Karol	285		M-OPEN	18	00:00:04	00:07:08.30	00:07:12.70	+00:01:47 (25.1%)	4:25	13.5 (74.6%)
19	SZULC Marcel	288	ROZBIEGANY KOSZALIN	M-OPEN	19	00:00:05	00:07:54.05	00:07:59.75	+00:02:33 (32.3%)	4:54	12.2 (67.4%)
20	SZULC Arkadiusz	287	ROZBIEGANY KOSZALIN	M-OPEN	20	00:00:05	00:07:54.50	00:08:00.35	+00:02:33 (32.4%)	4:55	12.2 (67.4%)
21	HAJDAS Daniel	255	SYLWETKA4YOU	M-OPEN	21	00:00:07	00:07:59.90	00:08:07.00	+00:02:39 (33.2%)	4:58	12.1 (66.9%)
22	KORDECKI Oskar	266		M-OPEN	22	00:00:04	00:08:03.75	00:08:08.45	+00:02:43 (33.7%)	5:00	12 (66.3%)
23	GŁOWACKI Włodzimierz	253		M-OPEN	23	00:00:23	00:08:18.15	00:08:41.15	+00:02:57 (35.6%)	5:09	11.6 (64.1%)
24	BANASZEK Jakub	242	ZSS OBJAZDA	M-OPEN	24	00:00:04	00:08:40.10	00:08:44.95	+00:03:19 (38.3%)	5:22	11.1 (61.3%)
25	WIŚNIEWSKI Paweł	292	FOOTBALL ACADEMY KOSZALIN	M-OPEN	25	00:00:04	00:09:09.80	00:09:14.75	+00:03:49 (41.7%)	5:41	10.5 (58.0%)
26	BEK Kacper	245	GRYF LOK BIAŁOGARD	M-OPEN	26	00:00:08	00:09:41.90	00:09:50.45	+00:04:21 (44.9%)	6:01	10 (55.2%)
27	ROGANOWSKI Rafał	279		M-OPEN	27	00:00:08	00:09:57.65	00:10:05.90	+00:04:36 (46.3%)	6:10	9.7 (53.6%)

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							1.609km	1.609km			
28	ROGANOWSKI Krzysztof	281		M-OPEN	28	00:00:08	00:09:58.10	00:10:06.10	+00:04:37 (46.4%)	6:11	9.7 (53.6%)
29	ROGANOWSKI Hubert	280		M-OPEN	29	00:00:07	00:09:58.50	00:10:05.95	+00:04:37 (46.4%)	6:11	9.7 (53.6%)
30	KRACZKOWSKI Marcel	267		M-OPEN	30	00:00:04	00:10:19.65	00:10:24.50	+00:04:58 (48.2%)	6:25	9.3 (51.4%)
31	KRAMARZ Stanisław	269	ROSSBIEGANI	M-OPEN	31	00:00:07	00:10:31.50	00:10:38.95	+00:05:10 (49.2%)	6:31	9.2 (50.8%)
32	IMIOŁEK Marcel	257		M-OPEN	32	00:00:07	00:10:36.50	00:10:43.85	+00:05:15 (49.6%)	6:35	9.1 (50.3%)
33	SKOWRON Adam	284	CSSP	M-OPEN	33	00:00:08	00:10:45.55	00:10:53.90	+00:05:24 (50.3%)	6:40	9 (49.7%)
34	KAZIMIERCZAK Leszek	298	CSSP	M-OPEN	34	00:00:07	00:10:46.60	00:10:53.65	+00:05:25 (50.4%)	6:41	9 (49.7%)
35	RABKA Michał	277		M-OPEN	35	00:00:06	00:10:50.30	00:10:56.60	+00:05:29 (50.7%)	6:43	8.9 (49.2%)
36	KOMOROWSKI Maksymilian	265	SP 10	M-OPEN	36	00:00:07	00:11:42.90	00:11:50.55	+00:06:22 (54.4%)	7:16	8.2 (45.3%)
37	RABKA Jakub	278		M-OPEN	37	00:00:06	00:12:16.75	00:12:23.50	+00:06:56 (56.5%)	7:37	7.9 (43.6%)
38	DYBA Ryszard	249		M-OPEN	38	00:00:06	00:12:17.00	00:12:23.75	+00:06:56 (56.5%)	7:37	7.9 (43.6%)
39	ZDROWIECKI Igor	295		M-OPEN	39	00:00:04	00:12:21.20	00:12:26.15	+00:07:00 (56.7%)	7:40	7.8 (43.1%)
40	BARTNIK Marian	244	TKKF KOSZALIN	M-OPEN	40	00:00:04	00:12:33.55	00:12:37.85	+00:07:12 (57.4%)	7:47	7.7 (42.5%)

Znaleziono 40 wynik(ów)