



# KOSZALIŃSKI BIEG NIEPODLEGŁOŚCI - 4.8280 KM

B4SPORT

**Organizator:** Urząd Miasta i Gminy Koszalin, Zarząd Obiektów Sportowych Sp. z o.o.  
**Data:** 2016-11-11  
**Miejsce:** Koszalin  
**Dystans:** 4.828 km



Klasyfikacja: K-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 1.609km	Start_All 3.218km	Czas netto 4.828km	Czas brutto 4.828km	Różn	Tempo min/km	Tempo km/h
1	<b>KONIECZNA Anka</b>	<b>216</b>	ROZBIEGANY KOSZALIN	K-40	1	00:00:13	00:07:15	00:14:33	<b>00:21:56.55</b>	<b>00:22:10.10</b>		4:32	13.2 (100%)
2	<b>ZACHCIAŁ-PEC Joanna</b>	<b>208</b>		K-40	2	00:00:06	00:07:46	00:15:51	<b>00:23:41.90</b>	<b>00:23:48.50</b>	+00:01:45 (7.4%)	4:54	12.2 (92.4%)
3	<b>MĘDEL Marta</b>	<b>113</b>		K-40	3	00:00:14	00:07:59	00:16:15	<b>00:24:08.70</b>	<b>00:24:23.05</b>	+00:02:12 (9.1%)	5:00	12 (90.9%)
4	<b>TROSKOWSKA Ewa</b>	<b>194</b>	KOSZALIN	K-40	4	00:00:14	00:08:21	00:17:02	<b>00:25:25.45</b>	<b>00:25:40.00</b>	+00:03:28 (13.7%)	5:15	11.4 (86.4%)
5	<b>BRYŁA Katarzyna</b>	<b>15</b>		K-40	5	00:00:09	00:08:09	00:16:49	<b>00:25:32.75</b>	<b>00:25:41.90</b>	+00:03:36 (14.1%)	5:17	11.3 (85.6%)
6	<b>WALCZAK Agnieszka</b>	<b>198</b>	TKKF KOSZALIN	K-40	6	00:00:13	00:08:45	00:17:45	<b>00:26:36.15</b>	<b>00:26:50.05</b>	+00:04:39 (17.5%)	5:30	10.9 (82.6%)
7	<b>NOWACKA Elżbieta</b>	<b>130</b>	-	K-40	7	00:00:15	00:08:57	00:18:31	<b>00:28:06.45</b>	<b>00:28:22.40</b>	+00:06:09 (21.9%)	5:49	10.3 (78.0%)
8	<b>TREJDER Maria</b>	<b>193</b>	BAJADERKI KOSZALIN	K-40	8	00:00:17	00:09:58	00:20:13	<b>00:30:19.90</b>	<b>00:30:37.75</b>	+00:08:23 (27.7%)	6:16	9.6 (72.7%)
9	<b>NEJMAN Małgorzata</b>	<b>127</b>	ORLEN RUNNING TEAM	K-40	9	00:00:18	00:10:13	00:20:20	<b>00:30:22.20</b>	<b>00:30:40.35</b>	+00:08:25 (27.7%)	6:17	9.5 (72.0%)
10	<b>KURCZ Barbara</b>	<b>100</b>	BABECZKI KOSZALIN	K-40	10	00:00:17	00:10:26	00:21:02	<b>00:31:21.50</b>	<b>00:31:38.95</b>	+00:09:24 (30.0%)	6:29	9.2 (69.7%)
11	<b>BŁOŃSKA Agnieszka</b>	<b>9</b>	BABECZKI KOSZALIN	K-40	11	00:00:16	00:09:56	00:20:29	<b>00:31:22.00</b>	<b>00:31:38.95</b>	+00:09:25 (30.0%)	6:29	9.2 (69.7%)
12	<b>KRAWCZUK-KIEŁB Anna</b>	<b>95</b>	ŻYJ Z ENERGIA	K-40	12	00:00:16	00:10:04	00:21:10	<b>00:32:28.25</b>	<b>00:32:44.75</b>	+00:10:31 (32.4%)	6:43	8.9 (67.4%)

Znaleziono 12 wynik(ów)