

**Wydarzenie:** KREWKI BIEG  
**Organizator:** Tryumf  
**Data:** 2020-06-12  
**Miejsce:** Polska  
**Dystans:** 15 km

Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Dystans	Różn	Tempo min/km	Tempo km/h
1	<b>BERNAT Joanna</b>	<b>671</b>	HDK KREWKI URSYNÓW	K - MASTERS	1	<b>315,2 KM</b>	0	7:23	8.1 (100%)
2	<b>PLEWA Sylwia</b>	<b>713</b>	WOJSKOWY KLUB HDK PCK "LOGISTYK" WAŁCZ	K - MASTERS	2	<b>261,4 KM</b>	-53.84	6:27	9.3 (114.8%)
3	<b>BŁAUCIAK Monika</b>	<b>692</b>	WOJSKOWY KLUB HDK PCK "LOGISTYK" WAŁCZ	K - MASTERS	3	<b>260,5 KM</b>	-54.709	47:32	1.3 (16.0%)
4	<b>RABIEGA Monika</b>	<b>633</b>	LUCKY LUKI	K - MASTERS	4	<b>222,4 KM</b>	-92.793	6:10	9.7 (119.8%)
5	<b>MALANOWSKA Zuzanna</b>	<b>823</b>	HDK KREWKI URSYNÓW	K - SENIOR 2	1	<b>150,0 KM</b>	-165.213	12:21	4.9 (60.5%)
6	<b>BOŻKO Katarzyna</b>	<b>357</b>		K - SENIOR 1	1	<b>144,6 KM</b>	-170.612	9:20	6.4 (79.0%)
7	<b>MARCINKIEWICZ Magdalena</b>	<b>685</b>		K - SENIOR 2	2	<b>117,0 KM</b>	-198.203	9:10	6.5 (80.2%)
8	<b>ADAMCZYK Dorota</b>	<b>261</b>		K - SENIOR 2	3	<b>112,9 KM</b>	-202.265	5:27	11 (135.8%)
9	<b>STANIOS Natalia</b>	<b>584</b>	KLUB HDK WAT PCHOR	K - SENIOR 1	2	<b>112,3 KM</b>	-202.915	6:16	9.6 (118.5%)
10	<b>KRUPA Aleksandra</b>	<b>735</b>		K - SENIOR 1	3	<b>101,9 KM</b>	-213.334	7:10	8.4 (103.7%)
11	<b>SZCZEPAŃSKA Marta</b>	<b>57</b>		K - SENIOR 2	4	<b>101,0 KM</b>	-214.178	9:32	6.3 (77.8%)
12	<b>LIPIECKA-PISZ Agnieszka</b>	<b>736</b>		K - MASTERS	5	<b>94,0 KM</b>	-221.212	9:41	6.2 (76.5%)
13	<b>FALBA Wioletta</b>	<b>456</b>	ROZBIEGANE DZIAŁDOWO	K - WETERAN 1	1	<b>94,0 KM</b>	-221.235	5:55	10.1 (124.7%)
14	<b>STORZYSZ-KORCYL Katarzyna</b>	<b>680</b>		K - SENIOR 2	5	<b>90,6 KM</b>	-224.604	10:59	5.5 (67.9%)
15	<b>LACH Agnieszka</b>	<b>198</b>		K - MASTERS	6	<b>81,6 KM</b>	-233.615	6:27	9.3 (114.8%)
16	<b>GUDOWSKA Dominika</b>	<b>684</b>		K - SENIOR 2	6	<b>80,7 KM</b>	-234.525	5:32	10.8 (133.3%)
17	<b>PIETRUSZKIEWICZ Agnieszka</b>	<b>489</b>		K - MASTERS	7	<b>79,4 KM</b>	-235.761	6:43	8.9 (109.9%)
18	<b>GOSTOMSKA Małgorzata</b>	<b>218</b>	REBELLION OF FREE RUNNERS	K - MASTERS	8	<b>77,8 KM</b>	-237.355	7:55	7.6 (93.8%)
19	<b>TOMACZKOWSKA Bożena</b>	<b>578</b>		K - WETERAN 1	2	<b>74,3 KM</b>	-240.872	9:36	6.2 (76.5%)
20	<b>ORLIKOWSKA Dorota</b>	<b>682</b>		K - SENIOR 1	4	<b>73,9 KM</b>	-241.295	8:53	6.7 (82.7%)
21	<b>KASPRZAK Sylwia</b>	<b>161</b>	KRWIODAWCY W MUNDURACH BARTOSZYCE	K - SENIOR 2	7	<b>70,6 KM</b>	-244.585	6:20	9.5 (117.3%)
22	<b>TOMASZEWSKA Dorota</b>	<b>37</b>	KLUB HDK IM. KSIĘŻNEJ HELENY JABŁONOWSKIEJ W PUSTKOWIE OSIEDLU	K - MASTERS	9	<b>70,1 KM</b>	-245.134	11:13	5.3 (65.4%)
23	<b>SZELONGIEWICZ Agnieszka</b>	<b>744</b>		K - SENIOR 2	8	<b>60,4 KM</b>	-254.748	7:42	7.8 (96.3%)
24	<b>DMOCHOWSKA Agnieszka</b>	<b>397</b>	WATAHA TEAM	K - SENIOR 2	9	<b>60,3 KM</b>	-254.945	6:43	8.9 (109.9%)
25	<b>BŁASZKIEWICZ Malwina</b>	<b>644</b>		K - SENIOR 1	5	<b>59,8 KM</b>	-255.425	6:50	8.8 (108.6%)
26	<b>KUŹMIŃSKA Beata</b>	<b>698</b>		K - SENIOR 2	10	<b>59,1 KM</b>	-256.105	8:55	6.7 (82.7%)
27	<b>WADOWSKA Sandra</b>	<b>533</b>	WWW.VIRTUAL-IT.PL TEAM	K - SENIOR 1	6	<b>58,5 KM</b>	-256.725	12:01	5 (61.7%)
28	<b>CHUDZIAK Agnieszka</b>	<b>207</b>		K - SENIOR 2	11	<b>57,3 KM</b>	-257.878	6:13	9.6 (118.5%)
29	<b>MIKRUT Katarzyna</b>	<b>805</b>		K - MASTERS	10	<b>57,1 KM</b>	-258.079	12:09	4.9 (60.5%)
30	<b>KUBIK Wanda</b>	<b>696</b>		K - SENIOR 2	12	<b>55,8 KM</b>	-259.425	7:04	8.5 (104.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Dystans	Różn	Tempo min/km	Tempo km/h
31	<b>MISTERSKA Anna</b>	<b>665</b>		K - SENIOR 2	13	<b>54,2 KM</b>	-261.015	6:02	9.9 (122.2%)
32	<b>KUPREWICZ Małgorzata</b>	<b>790</b>		K - SENIOR 2	14	<b>53,8 KM</b>	-261.425	6:10	9.7 (119.8%)
33	<b>MANDYWEL Ilona</b>	<b>594</b>	KRWIODAWCY W MUNDURACH BARTOSZYCE	K - MASTERS	11	<b>52,6 KM</b>	-262.625	5:36	10.7 (132.1%)
34	<b>KUPIS Kamila</b>	<b>80</b>	BBL OSTROŁĘKA	K - SENIOR 1	7	<b>52,5 KM</b>	-262.713	6:49	8.8 (108.6%)
35	<b>KULIKOWSKA Marzena</b>	<b>448</b>		K - MASTERS	12	<b>51,0 KM</b>	-264.185	7:46	7.7 (95.1%)
36	<b>DULSKA Katarzyna</b>	<b>779</b>		K - SENIOR 2	15	<b>50,7 KM</b>	-264.515	5:24	11.1 (137.0%)
37	<b>WODNICKA Julia</b>	<b>789</b>	KRAKOWSKA SZKOŁA SPORTU	K - JUNIOR	1	<b>50,6 KM</b>	-264.552	8:18	7.2 (88.9%)
38	<b>CHĘCIŃSKA Agnieszka</b>	<b>504</b>		K - MASTERS	13	<b>50,1 KM</b>	-265.145	7:22	8.1 (100%)
39	<b>GREMBOWSKA Magdalena</b>	<b>25</b>		K - SENIOR 2	16	<b>49,4 KM</b>	-265.805	6:44	8.9 (109.9%)
40	<b>GIELAS-MGLEJ Edyta</b>	<b>678</b>	KRAKOWSKA SZKOŁA SPORTU	K - MASTERS	14	<b>48,3 KM</b>	-266.855	12:26	4.8 (59.3%)
41	<b>WOJNA Justyna</b>	<b>681</b>		K - MASTERS	15	<b>48,2 KM</b>	-266.958	10:56	5.5 (67.9%)
42	<b>GASPEROWICZ Teresa</b>	<b>253</b>		K - MASTERS	16	<b>47,7 KM</b>	-267.495	6:27	9.3 (114.8%)
43	<b>DĘBIŃSKA Adela</b>	<b>319</b>	INTERNETOWY KLUB LEGION HDK	K - SENIOR 2	17	<b>45,9 KM</b>	-269.335	9:42	6.2 (76.5%)
44	<b>SKIERKA Agata</b>	<b>659</b>	7 PBOT	K - SENIOR 2	18	<b>45,3 KM</b>	-269.85	11:17	5.3 (65.4%)
45	<b>SKOLIMOWSKA Ania</b>	<b>119</b>	HDK KREWKI URSYNÓW	K - SENIOR 2	19	<b>42,6 KM</b>	-272.574	7:21	8.2 (101.2%)
46	<b>KUBIK Aurelia</b>	<b>173</b>	FUN CLUB BOSMANA	K - SENIOR 2	20	<b>42,0 KM</b>	-273.225	7:18	8.2 (101.2%)
47	<b>PERŁOWSKA-GOZDEK Anna</b>	<b>690</b>	KRAKOWSKA SZKOŁA SPORTU	K - SENIOR 2	21	<b>41,3 KM</b>	-273.895	8:01	7.5 (92.6%)
48	<b>POKRYWKA Roksana</b>	<b>136</b>		K - JUNIOR	2	<b>41,3 KM</b>	-273.911	14:59	4 (49.4%)
49	<b>SKOCZYLAS Anita</b>	<b>598</b>	MUAY RUNNING TEAM	K - MASTERS	17	<b>40,1 KM</b>	-275.135	7:47	7.7 (95.1%)
50	<b>MORDEC Ewelina</b>	<b>88</b>	HDK PCK W RZESZOWIE	K - SENIOR 2	22	<b>39,7 KM</b>	-275.537	11:16	5.3 (65.4%)
51	<b>KOŚCIŃSKA Elżbieta</b>	<b>54</b>	WOJSKOWY KLUB HDK SZCZECIN	K - MASTERS	18	<b>38,1 KM</b>	-277.135	6:51	8.7 (107.4%)
52	<b>OSTROWSKA Izabela</b>	<b>216</b>		K - MASTERS	19	<b>37,4 KM</b>	-277.799	10:11	5.9 (72.8%)
53	<b>BANDURA Daria</b>	<b>149</b>	KRWIODAWCY W MUNDURACH BARTOSZYCE	K - MASTERS	20	<b>36,9 KM</b>	-278.305	6:36	9.1 (112.3%)
54	<b>KOSECKA Helena</b>	<b>751</b>	WOJSKOWY KLUB HDK PCK " LOGISTYK" WAŁCZ	K - MASTERS	21	<b>35,9 KM</b>	-279.282	7:27	8 (98.8%)
55	<b>MICHALIK Katarzyna</b>	<b>566</b>		K - SENIOR 2	23	<b>35,7 KM</b>	-279.473	9:00	6.7 (82.7%)
56	<b>BRODOWSKA Pola</b>	<b>360</b>		K - SENIOR 1	8	<b>34,8 KM</b>	-280.426	5:55	10.1 (124.7%)
57	<b>WOŁOCH Justyna</b>	<b>92</b>	KRWIODAWCY W MUNDURACH BARTOSZYCE	K - SENIOR 1	9	<b>34,7 KM</b>	-280.495	6:04	9.9 (122.2%)
58	<b>KOLLEK Anna</b>	<b>523</b>	BIEGAMY RAZEM WŁADYSŁAWOWO	K - WETERAN 1	3	<b>33,4 KM</b>	-281.775	8:14	7.3 (90.1%)
59	<b>LISOWSKA Magdalena</b>	<b>470</b>		K - MASTERS	22	<b>33,3 KM</b>	-281.879	7:37	7.9 (97.5%)
60	<b>PRZYBYŁKA Agnieszka</b>	<b>695</b>		K - SENIOR 2	24	<b>32,2 KM</b>	-283.008	10:54	5.5 (67.9%)
61	<b>DOBRUCH Hanna</b>	<b>539</b>		K - WETERAN 1	4	<b>31,4 KM</b>	-283.795	7:10	8.4 (103.7%)
62	<b>OJRZANOWSKA Maria</b>	<b>723</b>		K - MASTERS	23	<b>31,2 KM</b>	-283.961	6:45	8.9 (109.9%)
63	<b>LIPIECKA Anna</b>	<b>629</b>		K - SENIOR 2	25	<b>30,9 KM</b>	-284.285	8:00	7.5 (92.6%)
64	<b>RÓŻAK Alicja</b>	<b>555</b>		K - SENIOR 2	26	<b>30,0 KM</b>	-285.155	6:13	9.7 (119.8%)
65	<b>ANDRYSZCZYK Aleksandra</b>	<b>833</b>	SZKOLNE KOŁO HDK ZSZ NR.4 OSTROŁĘKA	K - JUNIOR	3	<b>29,8 KM</b>	-285.372	14:02	4.3 (53.1%)
66	<b>GOMOLISZEK Małgorzata</b>	<b>579</b>	GOMOS	K - MASTERS	24	<b>29,6 KM</b>	-285.61	9:52	6.1 (75.3%)
67	<b>TOMASZEWSKA Anna</b>	<b>353</b>		K - SENIOR 2	27	<b>29,1 KM</b>	-286.055	15:48	3.8 (46.9%)
68	<b>KAPALKA Agata</b>	<b>806</b>		K - SENIOR 2	28	<b>27,9 KM</b>	-287.279	12:22	4.8 (59.3%)
69	<b>LITWA Małgorzata</b>	<b>807</b>	SZKOLNY KLUB HDK ZSZ NR 4 OSTROŁĘKA	K - MASTERS	25	<b>27,7 KM</b>	-287.525	7:17	8.2 (101.2%)
70	<b>ROMANOWSKA Joanna</b>	<b>72</b>	KRWIODAWCY W MUNDURACH BARTOSZYCE	K - MASTERS	26	<b>27,5 KM</b>	-287.665	6:39	9 (111.1%)
71	<b>BIAŁEK Laura</b>	<b>332</b>	KLUB HDK LEGION	K - SENIOR 1	10	<b>26,6 KM</b>	-288.565	6:35	9.1 (112.3%)
72	<b>OLCZAK Beata</b>	<b>702</b>		K - MASTERS	27	<b>26,0 KM</b>	-289.245	11:19	5.3 (65.4%)
73	<b>JOCHYMEK Karolina</b>	<b>355</b>		K - SENIOR 1	11	<b>25,4 KM</b>	-289.796	7:26	8.1 (100%)
74	<b>JAKÓB Marta</b>	<b>112</b>		K - MASTERS	28	<b>24,7 KM</b>	-290.495	78:22	0.8 (9.9%)
75	<b>GERASYMENKO Maryna</b>	<b>573</b>		K - SENIOR 2	29	<b>24,5 KM</b>	-290.675	96:07	0.6 (7.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Dystans	Różn	Tempo min/km	Tempo km/h
76	<b>CHMURA Katarzyna</b>	<b>202</b>		K - SENIOR 2	30	<b>23,8 KM</b>	-291.38	6:41	9 (111.1%)
77	<b>PIECZEK Aleksandra</b>	<b>163</b>	WIECZORNE BIEGANIE W SZCZECINIE	K - MASTERS	29	<b>23,4 KM</b>	-291.761	13:59	4.3 (53.1%)
78	<b>MERECKA Natalia</b>	<b>812</b>	SZKOLNY KLUB HDK ZSZ NR 4 W OSTROŁĘCE	K - JUNIOR	4	<b>23,2 KM</b>	-291.969	18:07	3.3 (40.7%)
79	<b>GRABOWSKA Weronika</b>	<b>402</b>		K - SENIOR 1	12	<b>22,6 KM</b>	-292.635	5:22	11.2 (138.3%)
80	<b>KOWALSKA Natalia</b>	<b>140</b>		K - SENIOR 1	13	<b>22,4 KM</b>	-292.825	6:54	8.7 (107.4%)
81	<b>KRAUSIEWICZ-JELEN Agnieszka</b>	<b>77</b>		K - MASTERS	30	<b>22,1 KM</b>	-293.145	8:27	7.1 (87.7%)
82	<b>KRZYSIAK Aneczka</b>	<b>113</b>		K - MASTERS	31	<b>22,0 KM</b>	-293.185	5:17	11.3 (139.5%)
83	<b>RAJEWSKA Maja</b>	<b>285</b>		K - SENIOR 1	14	<b>21,7 KM</b>	-293.466	6:38	9 (111.1%)
84	<b>KOWALIK Dominika</b>	<b>676</b>		K - SENIOR 2	31	<b>21,7 KM</b>	-293.545	9:42	6.2 (76.5%)
85	<b>ORAMUS Karina</b>	<b>571</b>		K - SENIOR 2	32	<b>21,4 KM</b>	-293.815	6:48	8.8 (108.6%)
86	<b>PRACON Izabela</b>	<b>606</b>		K - JUNIOR	5	<b>21,3 KM</b>	-293.945	5:44	10.5 (129.6%)
87	<b>SAJNÓG Małgorzata</b>	<b>796</b>		K - SENIOR 2	33	<b>21,0 KM</b>	-294.182	6:10	9.7 (119.8%)
88	<b>DUDA-MACIEJCZEK Katarzyna</b>	<b>175</b>		K - SENIOR 2	34	<b>20,6 KM</b>	-294.552	7:07	8.4 (103.7%)
89	<b>JAKUBIEC Urszula</b>	<b>162</b>		K - SENIOR 1	15	<b>20,3 KM</b>	-294.876	5:41	10.6 (130.9%)
90	<b>MICHALSKA Monika</b>	<b>450</b>		K - MASTERS	32	<b>20,2 KM</b>	-294.955	7:39	7.8 (96.3%)
91	<b>FILIPOWSKA Sylwia</b>	<b>608</b>		K - MASTERS	33	<b>20,0 KM</b>	-295.165	7:51	7.6 (93.8%)
92	<b>BARDZIK Marzena</b>	<b>304</b>	PIEKIELNIE ZGRANI	K - MASTERS	34	<b>20,0 KM</b>	-295.185	11:00	5.4 (66.7%)
93	<b>KASPERCZAK Emilia</b>	<b>290</b>	PIEKIELNIE ZGRANI	K - MASTERS	35	<b>20,0 KM</b>	-295.195	11:52	5.1 (63.0%)
94	<b>GALICKA Zuzanna</b>	<b>189</b>		K - SENIOR 1	16	<b>19,2 KM</b>	-296.035	7:40	7.8 (96.3%)
95	<b>PYRGIEL Małgorzata</b>	<b>468</b>		K - SENIOR 2	35	<b>19,1 KM</b>	-296.048	7:05	8.5 (104.9%)
96	<b>CIEŚMIELEWSKA Patrycja</b>	<b>274</b>		K - SENIOR 1	17	<b>19,0 KM</b>	-296.159	18:43	3.2 (39.5%)
97	<b>SIUDAK Marzena</b>	<b>118</b>		K - SENIOR 1	18	<b>19,0 KM</b>	-296.205	6:50	8.8 (108.6%)
98	<b>ZAWADZKA Iwona</b>	<b>190</b>		K - SENIOR 2	36	<b>18,8 KM</b>	-296.435	7:13	8.3 (102.5%)
99	<b>PŁOSA Monika</b>	<b>527</b>		K - SENIOR 2	37	<b>18,6 KM</b>	-296.548	9:27	6.3 (77.8%)
100	<b>WOROBIEC Weronika</b>	<b>371</b>		K - SENIOR 1	19	<b>18,6 KM</b>	-296.569	63:37	0.9 (11.1%)
101	<b>CZUBAKOWSKA Beata</b>	<b>787</b>		K - SENIOR 2	38	<b>18,5 KM</b>	-296.669	6:37	9.1 (112.3%)
102	<b>NIEDZIÓŁKA Monika</b>	<b>85</b>		K - MASTERS	36	<b>18,5 KM</b>	-296.725	9:33	6.3 (77.8%)
103	<b>MAZIARCZYK-KOTWICA Katarzyna</b>	<b>9</b>		K - SENIOR 2	39	<b>18,0 KM</b>	-297.193	7:03	8.5 (104.9%)
104	<b>BOGUSIEWICZ Maria</b>	<b>622</b>		K - SENIOR 2	40	<b>17,8 KM</b>	-297.395	7:37	7.9 (97.5%)
105	<b>MASTEK Katarzyna</b>	<b>128</b>		K - SENIOR 2	41	<b>17,8 KM</b>	-297.395	318:56	0.2 (2.5%)
106	<b>DYMEK Aneta</b>	<b>413</b>		K - SENIOR 2	42	<b>17,4 KM</b>	-297.795	9:14	6.5 (80.2%)
107	<b>REJNAT Aleksandra</b>	<b>820</b>		K - MASTERS	37	<b>17,2 KM</b>	-298.035	7:36	7.9 (97.5%)
108	<b>DROZDEK Martyna</b>	<b>663</b>		K - SENIOR 1	20	<b>17,1 KM</b>	-298.095	9:27	6.3 (77.8%)
109	<b>KLISZCZ Beata</b>	<b>514</b>		K - SENIOR 2	43	<b>17,1 KM</b>	-298.119	7:39	7.8 (96.3%)
110	<b>BOJDO Klaudia</b>	<b>752</b>		K - SENIOR 2	44	<b>17,0 KM</b>	-298.186	10:19	5.8 (71.6%)
111	<b>JAWORSKA Justyna</b>	<b>767</b>		K - SENIOR 1	21	<b>16,8 KM</b>	-298.434	40:49	1.5 (18.5%)
112	<b>RAPA Magdalena</b>	<b>774</b>		K - SENIOR 1	22	<b>16,7 KM</b>	-298.465	4:33	13.2 (163.0%)
113	<b>WALAS Katarzyna</b>	<b>824</b>	HDK PCK W RZESZOWIE	K - SENIOR 2	45	<b>16,6 KM</b>	-298.575	5:55	10.1 (124.7%)
114	<b>STATEK Gabriela</b>	<b>543</b>		K - JUNIOR	6	<b>16,6 KM</b>	-298.625	18:11	3.3 (40.7%)
115	<b>FLISS Emilia</b>	<b>766</b>		K - SENIOR 1	23	<b>16,6 KM</b>	-298.645	12:12	4.9 (60.5%)
116	<b>PYĆ Dorota</b>	<b>481</b>		K - SENIOR 1	24	<b>16,5 KM</b>	-298.705	78:11	0.8 (9.9%)
117	<b>PĘDZIWIATR Joanna</b>	<b>174</b>	SĄ WOLNIEJSI	K - SENIOR 2	46	<b>16,5 KM</b>	-298.745	6:26	9.3 (114.8%)
118	<b>HAWŁAS Małgorzata</b>	<b>620</b>		K - SENIOR 2	47	<b>16,2 KM</b>	-298.999	10:34	5.7 (70.4%)
119	<b>CYBULSKA Anna</b>	<b>660</b>		K - SENIOR 2	48	<b>16,1 KM</b>	-299.076	9:11	6.5 (80.2%)
120	<b>KUMIŃSKA Anna</b>	<b>834</b>	SZKOLNE KOŁO HDK ZSZ NR 4	K - JUNIOR	7	<b>16,1 KM</b>	-299.09	7:03	8.5 (104.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Dystans	Różn	Tempo min/km	Tempo km/h
121	<b>KOWALCZYK Ilona</b>	<b>732</b>		K - SENIOR 2	49	<b>16,1 KM</b>	-299.125	7:11	8.3 (102.5%)
122	<b>KULIK Angelika</b>	<b>153</b>	PCK SULECHÓW	K - SENIOR 2	50	<b>15,9 KM</b>	-299.255	10:53	5.5 (67.9%)
123	<b>KUTRYB Weronika</b>	<b>811</b>	SZKOLNY KLUB HDK ZSZ NR4 OSTROŁĘKA	K - JUNIOR	8	<b>15,8 KM</b>	-299.365	6:40	9 (111.1%)
124	<b>WILCZEK Marta</b>	<b>249</b>	RUNNERB	K - SENIOR 2	51	<b>15,8 KM</b>	-299.435	6:10	9.7 (119.8%)
125	<b>OKROJEK Patrycja</b>	<b>793</b>	KLUB HDK NIL	K - SENIOR 1	25	<b>15,7 KM</b>	-299.465	6:45	8.9 (109.9%)
126	<b>IWAŃCZUK Katarzyna</b>	<b>96</b>		K - SENIOR 2	52	<b>15,7 KM</b>	-299.478	4:24	13.6 (167.9%)
127	<b>PYĆ Gabriela</b>	<b>739</b>		K - SENIOR 2	53	<b>15,7 KM</b>	-299.505	7:32	7.9 (97.5%)
128	<b>DYKACZ Joanna</b>	<b>679</b>		K - MASTERS	38	<b>15,7 KM</b>	-299.507	24:48	2.4 (29.6%)
129	<b>WŁODEK Katarzyna</b>	<b>239</b>		K - SENIOR 2	54	<b>15,7 KM</b>	-299.544	9:53	6.1 (75.3%)
130	<b>CICHOCKA Katarzyna</b>	<b>632</b>		K - SENIOR 2	55	<b>15,6 KM</b>	-299.555	7:17	8.2 (101.2%)
131	<b>UBERNA Anna</b>	<b>215</b>		K - SENIOR 1	26	<b>15,6 KM</b>	-299.585	6:17	9.5 (117.3%)
132	<b>SZAL Anna</b>	<b>712</b>		K - SENIOR 2	56	<b>15,6 KM</b>	-299.598	7:55	7.6 (93.8%)
133	<b>STOKARSKA Beata</b>	<b>180</b>		K - WETERAN 1	5	<b>15,5 KM</b>	-299.678	8:16	7.3 (90.1%)
134	<b>STEFAŃCZYK Joanna</b>	<b>668</b>		K - SENIOR 1	27	<b>15,5 KM</b>	-299.687	6:22	9.4 (116.0%)
135	<b>BIELECKA Marta</b>	<b>98</b>		K - SENIOR 2	57	<b>15,5 KM</b>	-299.704	8:55	6.7 (82.7%)
136	<b>ZACZ Ludmiła</b>	<b>159</b>	KLUB HONOROWYCH DAWCÓW MPK	K - MASTERS	39	<b>15,4 KM</b>	-299.765	5:05	11.8 (145.7%)
137	<b>SZUŃKO Hanna</b>	<b>467</b>	HDK LEGION	K - SENIOR 1	28	<b>15,4 KM</b>	-299.811	6:17	9.5 (117.3%)
138	<b>ZGŁOBICKA Izabela</b>	<b>399</b>		K - SENIOR 2	58	<b>15,4 KM</b>	-299.836	7:57	7.5 (92.6%)
139	<b>ZARZECZNA Patrycja</b>	<b>340</b>		K - SENIOR 2	59	<b>15,4 KM</b>	-299.837	9:30	6.3 (77.8%)
140	<b>GABAŁA Aleksandra</b>	<b>477</b>		K - SENIOR 1	29	<b>15,3 KM</b>	-299.855	8:40	6.9 (85.2%)
141	<b>CZOPEK Edyta</b>	<b>803</b>		K - SENIOR 1	30	<b>15,3 KM</b>	-299.885	7:09	8.4 (103.7%)
142	<b>KAMIŃSKA Kornelia</b>	<b>602</b>		K - SENIOR 1	31	<b>15,3 KM</b>	-299.915	6:18	9.5 (117.3%)
143	<b>SZCZEPANIAK Klaudia</b>	<b>400</b>	WATAHA ŁĄCZY NAS BIEGANIE /DRUŻYNA SZPIKU	K - SENIOR 2	60	<b>15,3 KM</b>	-299.935	6:19	9.5 (117.3%)
144	<b>LENCZEWSKA-MACIĄG Dorota</b>	<b>82</b>		K - MASTERS	40	<b>15,2 KM</b>	-299.971	6:46	8.9 (109.9%)
145	<b>WIESZCZEK Karolina</b>	<b>828</b>		K - SENIOR 1	32	<b>15,2 KM</b>	-300.011	7:22	8.1 (100%)
146	<b>GRABOWICZ Marcin</b>	<b>217</b>	CSWŁĄD POZNAŃ	K - SENIOR 2	61	<b>15,2 KM</b>	-300.025	4:57	12.1 (149.4%)
147	<b>WARDENGA Joanna</b>	<b>391</b>	JEJKOWICE BIEGAJĄ	K - MASTERS	41	<b>15,2 KM</b>	-300.027	6:57	8.6 (106.2%)
148	<b>SEBUNIA Aleksandra</b>	<b>117</b>	HDK LEGION ODDZIAŁ INTERNETOWY	K - MASTERS	42	<b>15,2 KM</b>	-300.04	7:59	7.5 (92.6%)
149	<b>JUSZYŃSKA Aleksandra</b>	<b>61</b>		K - SENIOR 1	33	<b>15,2 KM</b>	-300.045	8:08	7.4 (91.4%)
150	<b>MUSIOŁ Helena</b>	<b>657</b>		K - MASTERS	43	<b>15,1 KM</b>	-300.065	6:44	8.9 (109.9%)
151	<b>PIETRYKA Joanna</b>	<b>520</b>		K - SENIOR 2	62	<b>15,1 KM</b>	-300.085	6:04	9.9 (122.2%)
152	<b>ZAGROBELNA Bożena</b>	<b>688</b>		K - MASTERS	44	<b>15,1 KM</b>	-300.095	8:51	6.8 (84.0%)
153	<b>REJNAT Agata</b>	<b>816</b>		K - SENIOR 1	34	<b>15,1 KM</b>	-300.115	7:51	7.6 (93.8%)
154	<b>GAJDA Weronika</b>	<b>759</b>	OSP LUBLINIEC	K - SENIOR 1	35	<b>15,1 KM</b>	-300.125	5:00	12 (148.1%)
155	<b>JEDRYCHOWSKA Anna</b>	<b>7</b>	HDK LEGION ODDZIAŁ INTERNETOWY	K - SENIOR 1	36	<b>15,1 KM</b>	-300.125	9:40	6.2 (76.5%)
156	<b>SMOLIŃSKA Aneta</b>	<b>132</b>	LEŻNICOWY BZIK	K - SENIOR 2	63	<b>15,0 KM</b>	-300.165	5:14	11.4 (140.7%)
157	<b>GROCHOCKA Dorota</b>	<b>502</b>		K - SENIOR 2	64	<b>15,0 KM</b>	-300.174	9:54	6.1 (75.3%)
158	<b>OWSIANIK Sylwia</b>	<b>375</b>		K - MASTERS	45	<b>15,0 KM</b>	-300.185	6:20	9.5 (117.3%)
159	<b>BUDZAJ Magdalena</b>	<b>771</b>		K - MASTERS	46	<b>15,0 KM</b>	-300.19	7:38	7.9 (97.5%)
160	<b>KATARZYNA Sosnowska</b>	<b>431</b>		K - SENIOR 1	37	<b>15,0 KM</b>	-300.194	7:47	7.7 (95.1%)
161	<b>RYBKA Sonia</b>	<b>425</b>		K - SENIOR 2	65	<b>15,0 KM</b>	-300.194	5:29	10.9 (134.6%)
162	<b>LUBAŃSKA Alicja</b>	<b>638</b>		K - WETERAN 1	6	<b>15,0 KM</b>	-300.195	6:23	9.4 (116.0%)
DNC	<b>SZWARC Ilona</b>	<b>390</b>		K - SENIOR 2		<b>KM</b>		5:56	10.1 (124.7%)
DNC	<b>MARCINIAK PORADZISZ Justyna Anna</b>	<b>574</b>		K - SENIOR 2		<b>KM</b>		8:23	7.2 (88.9%)
DNC	<b>ROŻEK Katarzyna</b>	<b>247</b>		K - SENIOR 2		<b>KM</b>		8:20	7.2 (88.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Dystans	Różn	Tempo min/km	Tempo km/h
DNC	<b>KARBOWSKA Joanna</b>	<b>570</b>	WKHDK PRZY PWD DWDP-W	K - SENIOR 2		<b>KM</b>		7:04	8.5 (104.9%)
DNC	<b>GÓRNA Justyna</b>	<b>691</b>	LEGION HDK	K - MASTERS		<b>KM</b>		7:30	8 (98.8%)
DNC	<b>KOŁODZIEJCZYK Marta</b>	<b>280</b>		K - SENIOR 1		<b>KM</b>		7:15	8.3 (102.5%)
DNC	<b>WARDA Anna</b>	<b>610</b>	HDK LEGION	K - MASTERS		<b>KM</b>		11:16	5.3 (65.4%)
DNC	<b>KORZENIOWSKA Karolina</b>	<b>75</b>	QĄSKABALPINKA	K - SENIOR 2		<b>KM</b>		12:33	4.8 (59.3%)

Znaleziono 170 wynik(ów)