



KROSNO BIEGA DLA TOMKA - BIEG I NW 2.3 KM

B4SPORT

Wydarzenie: KROSNO BIEGA DLA TOMKA
Organizator: Fundacja Ultra
Data: 2021-09-29
Miejsce: Zamek Kamieniec w Odrzykoniu
Dystans: 2.3 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 2.3km	Czas brutto 2.3km	Różn	Tempo min/km	Tempo km/h
1	SMOLIK Bartosz	84		Bieg - Mężczyźni	1	00:13:33.00	00:13:33.00		5:53	10.2 (100%)
2	SMERECKI Maciej	226	POSMAKUJ RUN TEAM			00:15:19.00	00:15:19.00	+00:01:46 (11.5%)	6:39	9 (88.2%)
3	BOŻEK Grzegorz	201	DZIKIE ŻYCIE RUNTEAM			00:16:04.00	00:16:04.00	+00:02:31 (15.7%)	6:59	8.6 (84.3%)
4	ŁOPATKIEWICZ Beata	216				00:16:31.00	00:16:31.00	+00:02:58 (18.0%)	7:10	8.4 (82.4%)
5	GUŻKOWSKI Rafał	205				00:16:44.00	00:16:44.00	+00:03:11 (19.0%)	7:16	8.2 (80.4%)
6	SUWAJ Dorota	228				00:17:10.00	00:17:10.00	+00:03:37 (21.1%)	7:27	8 (78.4%)
7	SUWAJ Sławomir	227				00:17:12.00	00:17:12.00	+00:03:39 (21.2%)	7:28	8 (78.4%)
8	DRWIĘGA Przemysław	245		Bieg - Mężczyźni	2	00:17:20.00	00:17:20.00	+00:03:47 (21.8%)	7:32	8 (78.4%)
9	WOJNAR Alicja	241		Bieg - Kobiety	1	00:19:52.00	00:19:52.00	+00:06:19 (31.8%)	8:38	6.9 (67.6%)
10	CZELNA Angelika	233		Bieg - Kobiety	2	00:20:24.00	00:20:24.00	+00:06:51 (33.6%)	8:52	6.8 (66.7%)
11	JASŁOWSKI Łukasz	210	KB ATHLETIC ZRĘCIN			00:21:32.00	00:21:32.00	+00:07:59 (37.1%)	9:21	6.4 (62.7%)
12	KANDEFER Danuta	212	ZAPARZYMY.PL-OBIEKTY NAPĘDZANE KAWĄ			00:21:41.00	00:21:41.00	+00:08:08 (37.5%)	9:25	6.4 (62.7%)
13	ZADYLAK Piotr	230				00:21:43.00	00:21:43.00	+00:08:10 (37.6%)	9:26	6.4 (62.7%)
14	MAJKUT Sabina	218				00:22:18.00	00:22:18.00	+00:08:45 (39.2%)	9:41	6.2 (60.8%)
15	DRZYZGA Klaudia	202				00:22:28.00	00:22:28.00	+00:08:55 (39.7%)	9:46	6.1 (59.8%)
16	GOLONKA Dawid	203				00:22:30.00	00:22:30.00	+00:08:57 (39.8%)	9:46	6.1 (59.8%)
17	KIEŁTYKA GLAZAR Ewa	213	ZAPARZYMY.PL-OBIEKTY NAPĘDZANE KAWĄ			00:22:43.00	00:22:43.00	+00:09:10 (40.4%)	9:52	6.1 (59.8%)
18	BIEDKA Marcin	242		Bieg - Mężczyźni	3	00:22:47.00	00:22:47.00	+00:09:14 (40.5%)	9:54	6.1 (59.8%)
19	POLAK Szymon	237		Bieg - Mężczyźni	4	00:23:19.00	00:23:19.00	+00:09:46 (41.9%)	10:08	5.9 (57.8%)
20	HANUS Joanna	206				00:23:25.00	00:23:25.00	+00:09:52 (42.1%)	10:10	5.9 (57.8%)
21	PÓŁCHŁOPEK Agnieszka	118		Bieg - Kobiety	3	00:23:45.00	00:23:45.00	+00:10:12 (42.9%)	3:23	17.7 (173.5%)
22	JĘCZKOWSKI Remigiusz	247		Bieg - Mężczyźni	5	00:23:52.00	00:23:52.00	+00:10:19 (43.2%)	10:22	5.8 (56.9%)
23	PÓŁCHŁOPEK Krzysztof	119		Bieg - Mężczyźni	6	00:24:23.00	00:24:23.00	+00:10:50 (44.4%)	3:29	17.2 (168.6%)
24	PUDŁO Kacper	223	POSMAKUJ RUN TEAM			00:25:17.00	00:25:17.00	+00:11:44 (46.4%)	10:59	5.5 (53.9%)
25	JĘCZKOWSKA Maja	248		Bieg - Kobiety	4	00:25:18.00	00:25:18.00	+00:11:45 (46.4%)	11:00	5.5 (53.9%)
26	GUZIK Anna	204				00:25:21.00	00:25:21.00	+00:11:48 (46.5%)	11:01	5.4 (52.9%)
27	KUNDYS Magdalena	214	WKURW TEAM			00:25:37.00	00:25:37.00	+00:12:04 (47.1%)	11:08	5.4 (52.9%)
28	PĘKALSKA-JAWORSKA Mariola	120		Bieg - Kobiety	5	00:25:39.00	00:25:39.00	+00:12:06 (47.2%)	3:39	16.4 (160.8%)
29		243				00:25:41.00	00:25:41.00	+00:12:08 (47.2%)	11:10	5.4 (52.9%)

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30	JAMROZ Elzbieta	208				00:25:42.00	00:25:42.00	+00:12:09 (47.3%)	11:10	5.4 (52.9%)
31	PRAJSNAR Agata	222				00:25:44.00	00:25:44.00	+00:12:11 (47.3%)	11:11	5.4 (52.9%)
32	WÓJCIK-DRUCIAK Iwona	229				00:26:06.00	00:26:06.00	+00:12:33 (48.1%)	11:20	5.3 (52.0%)
33	HYZIAK Patryk	207				00:26:49.00	00:26:49.00	+00:13:16 (49.5%)	11:39	5.1 (50.0%)
34	JASŁOWSKA Justyna	234		Bieg - Kobiety	6	00:26:56.00	00:26:56.00	+00:13:23 (49.7%)	11:42	5.1 (50.0%)
35	WOJTOWICZ Ewelina	239		Bieg - Kobiety	7	00:27:34.00	00:27:34.00	+00:14:01 (50.8%)	11:59	5 (49.0%)
36	MARECKA Anna	249		Bieg - Kobiety	8	00:27:35.00	00:27:35.00	+00:14:02 (50.9%)	11:59	5 (49.0%)
37	DRWIĘGA Weronika	244		Bieg - Kobiety	9	00:28:31.00	00:28:31.00	+00:14:58 (52.5%)	12:23	4.8 (47.1%)
38	NIEMIEC-DRWIĘGA Bernadeta	220	KILOMETRY ODDECHÓW			00:28:32.00	00:28:32.00	+00:14:59 (52.5%)	12:24	4.8 (47.1%)
39	ZAJDEL-BALON Agnieszka	240		Bieg - Kobiety	10	00:30:10.00	00:30:10.00	+00:16:37 (55.1%)	13:06	4.6 (45.1%)
40	PÓŁCHŁOPEK Jolanta	235		Bieg - Kobiety	11	00:30:30.00	00:30:30.00	+00:16:57 (55.6%)	13:15	4.5 (44.1%)
41	PACOŃ Bogumiła	221				00:32:20.00	00:32:20.00	+00:18:47 (58.1%)	14:03	4.3 (42.2%)
42	LEŚNIAK Dorota	236		Bieg - Kobiety	12	00:32:23.00	00:32:23.00	+00:18:50 (58.2%)	14:04	4.3 (42.2%)
43	ROSIŃSKA Maria	224				00:32:42.00	00:32:42.00	+00:19:09 (58.6%)	14:13	4.2 (41.2%)
44	ROSIŃSKA Maria	225				00:32:44.00	00:32:44.00	+00:19:11 (58.6%)	14:13	4.2 (41.2%)
45	BILIK Jakub	232		Bieg - Mężczyźni	7	00:35:12.00	00:35:12.00	+00:21:39 (61.5%)	15:18	3.9 (38.2%)
46		246				00:44:34.00	00:44:34.00	+00:31:01 (69.6%)	19:22	3.1 (30.4%)
47	POLAK Monik	238		Bieg - Kobiety	13	01:12:00.00	01:12:00.00	+00:58:27 (81.2%)	31:18	1.9 (18.6%)

Znaleziono 47 wynik(ów)