

Event: Kudowski Festiwal Biegowy
Organiser: Fundacja MARATONY GÓRSKIE
Date: 2023-04-02
Place: Kudowa-Zdrój
Distance: 10 km

Classification: K-40

Place	Participant	Number	Club	Category	MCat	Jakubowice 5.3km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	KOZŁOWSKA Marzena	5005	BBL LASY BOGDANIEC	K-40	1	00:50:51	01:23:49.70	01:23:49.70		8:22	7.2 (100%)
2	MAJCHRZAK GALADYK Helena	5030		K-40	2	00:51:18	01:24:56.95	01:24:56.95	+00:01:07 (1.3%)	8:29	7.1 (98.6%)
3	PLACHIMOWICZ Natalia	5083	MOCNA GRUPA CEZARA	K-40	3	00:50:34	01:25:01.95	01:25:01.95	+00:01:12 (1.4%)	8:30	7.1 (98.6%)
4	SKARŻEŃSKA - SOKOŁOWSKA Jagoda	5119	NIEZWYCIĘŻENI Z WRZOSOWEJ	K-40	4	00:53:04	01:26:50.70	01:26:50.70	+00:03:01 (3.5%)	8:41	6.9 (95.8%)
5	KOZŁOWSKA Magdalena	5029		K-40	5	00:52:44	01:29:03.90	01:29:03.90	+00:05:14 (5.9%)	8:54	6.7 (93.1%)
6	BISZCZUK Magdalena	5085		K-40	6	00:52:44	01:30:51.25	01:30:51.25	+00:07:01 (7.7%)	9:05	6.6 (91.7%)
7	PIEKARCZYK Anna	5127		K-40	7	00:54:30	01:33:01.55	01:33:01.55	+00:09:11 (9.9%)	9:18	6.5 (90.3%)
8	PAWLIKOWSKA Anna	5115		K-40	8	00:45:26	01:34:44.85	01:34:44.85	+00:10:55 (11.5%)	9:28	6.3 (87.5%)
9	MATUSZEWSKA Anna	5055		K-40	9	00:56:19	01:35:59.25	01:35:59.25	+00:12:09 (12.7%)	9:35	6.3 (87.5%)
10	BUCZAK-MROZIŃSKA Paulina	5062		K-40	10	00:46:21	01:37:41.65	01:37:41.65	+00:13:51 (14.2%)	9:46	6.1 (84.7%)
11	MIKOŁAJEWICZ Beata	5021	#BIEGAJLESZNO	K-40	11	01:01:01	01:39:47.75	01:39:47.75	+00:15:58 (16.0%)	9:58	6 (83.3%)
12	GOLEBIOWSKA Małgorzata	5024	RUN TEAM RYDZYNA	K-40	12	01:01:19	01:43:21.65	01:43:21.65	+00:19:31 (18.9%)	10:20	5.8 (80.6%)
13	PRZYBYŁ Agnieszka	5064		K-40	13	01:04:52	01:50:39.50	01:50:39.50	+00:26:49 (24.2%)	11:03	5.4 (75.0%)
14	PIASKOWSKA Ania	5001	PIASKITEAM	K-40	14	01:04:41	01:50:40.75	01:50:40.75	+00:26:51 (24.3%)	11:04	5.4 (75.0%)
15	KUCHARSKA Kamila	5098	RIKO I SPÓŁKA	K-40	15	01:05:38	01:52:08.45	01:52:08.45	+00:28:18 (25.2%)	11:12	5.4 (75.0%)
16	PISULA Maja	5000		K-40	16	01:06:22	01:52:11.95	01:52:11.95	+00:28:22 (25.3%)	11:13	5.3 (73.6%)
17	BARTNIK Fatima	5122		K-40	17	01:09:07	02:01:20.20	02:01:20.20	+00:37:30 (30.9%)	12:08	4.9 (68.1%)
18	GAŁEK Anita	5009		K-40	18	01:07:33	02:01:35.40	02:01:35.40	+00:37:45 (31.1%)	12:09	4.9 (68.1%)

Total 18 results.