

DFBG



KUDOWSKA SZTAFETA GÓRSKA

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Kudowski Festiwal Biegowy
Fundacja MARATONY GÓRSKIE
2024-04-14
Kudowa-Zdrój
10 km

KUDOWSKA DZIESIĄTKA 10 KM

B4SPORT

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: OPEN K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Jakubowice 5.3km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	GÓRAL Karolina	5041		K-30	1	00:29:49	00:50:12.40	00:50:12.40		5:01	12 (100%)
2	MOREVA Daria	5078	TRAIL RUNNING SCHOOL	K-40	1	00:35:31	00:59:58.45	00:59:58.45	+00:09:46 (16.3%)	5:59	10 (83.3%)
3	TROJNIAK Daria	5044		K-30	2	00:35:52	01:00:17.95	01:00:17.95	+00:10:05 (16.7%)	6:01	10 (83.3%)
4	PINCIUREK Paulina	5023	SMAK RADOŚCI	K-30	3	00:37:01	01:03:26.85	01:03:26.85	+00:13:14 (20.9%)	6:20	9.5 (79.2%)
5	JANOSZ Ada	5002	TUPTUP	K-20	1	00:41:23	01:08:29.00	01:08:29.00	+00:18:16 (26.7%)	6:50	8.8 (73.3%)
6	PAWLIKOWSKA Anna	5079		K-50	1	00:41:15	01:08:31.15	01:08:31.15	+00:18:18 (26.7%)	6:51	8.8 (73.3%)
7	SZAL Małgorzata	5095	TENIS CENTRUM AS	K-30	4	00:41:21	01:09:00.35	01:09:00.35	+00:18:47 (27.2%)	6:54	8.7 (72.5%)
8	SALNIKOVA Elizaveta	5047		K-20	2	00:41:11	01:10:44.05	01:10:44.05	+00:20:31 (29.0%)	7:04	8.5 (70.8%)
9	LUBAŃSKA Monika	5051		K-30	5	00:42:36	01:11:06.50	01:11:06.50	+00:20:54 (29.4%)	7:06	8.4 (70.0%)
10	KULS Karolina	5033		K-40	2	00:44:18	01:13:38.75	01:13:38.75	+00:23:26 (31.8%)	7:21	8.1 (67.5%)
11	KUNECKA Hanna	5093		K-20	3	00:45:04	01:14:05.45	01:14:05.45	+00:23:53 (32.2%)	7:24	8.1 (67.5%)
12	KOPACKA Edyta	5027	KB SOBÓTKA	K-30	6	00:44:36	01:15:08.70	01:15:08.70	+00:24:56 (33.2%)	7:30	8 (66.7%)
13	DWORCZAK Małgorzata	5048		K-40	3	00:45:26	01:16:10.45	01:16:10.45	+00:25:58 (34.1%)	7:37	7.9 (65.8%)
14	KWAŚNA Katarzyna	5063	KFS	K-40	4	00:45:20	01:16:14.55	01:16:14.55	+00:26:02 (34.1%)	7:37	7.9 (65.8%)
15	MURAWSKA Joanna	5053		K-30	7	00:45:23	01:17:19.15	01:17:19.15	+00:27:06 (35.1%)	7:43	7.8 (65.0%)
16	MARCZAK Ola	5066	KB HARCOWNIK JELCZ-LASKOWICE	K-30	8	00:46:17	01:18:09.35	01:18:09.35	+00:27:56 (35.8%)	7:48	7.7 (64.2%)
17	RYBARCZYK Agnieszka	5014	#BIEGIEMWLAS	K-40	5	00:46:09	01:18:47.25	01:18:47.25	+00:28:34 (36.3%)	7:52	7.6 (63.3%)
18	SZAFRON Patrycja	5030		K-30	9	00:46:41	01:19:01.35	01:19:01.35	+00:28:48 (36.5%)	7:54	7.6 (63.3%)
19	MATECKA Magdalena	5029		K-30	10	00:46:42	01:19:01.75	01:19:01.75	+00:28:49 (36.5%)	7:54	7.6 (63.3%)
20	FIERKOWICZ Teresa	5083	ŚWIERADÓW-ZDRÓJ GÓRSKIE UZDROWISKO	K-50	2	00:47:22	01:20:47.45	01:20:47.45	+00:30:35 (37.9%)	8:04	7.4 (61.7%)
21	GACKA-PRZYSMAC Anna	5046		K-50	3	00:45:04	01:21:07.10	01:21:07.10	+00:30:54 (38.1%)	8:06	7.4 (61.7%)
22	MIELNIK Natalia	5087		K-30	11	00:47:33	01:21:59.25	01:21:59.25	+00:31:46 (38.8%)	8:11	7.3 (60.8%)
23	ZAWADZKA Kinga	5099		K-40	6	00:49:10	01:23:43.85	01:23:43.85	+00:33:31 (40.0%)	8:22	7.2 (60.0%)
24	TSUSHKA Iryna	5097	WILLA DUNAJEC	K-30	12	00:52:45	01:27:01.05	01:27:01.05	+00:36:48 (42.3%)	8:42	6.9 (57.5%)

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25	CHROMA Agnieszka	5008		K-40	7	00:50:27	01:27:19.60	01:27:19.60	+00:37:07 (42.5%)	8:43	6.9 (57.5%)
26	TECHNER Magdalena	5059		K-40	8	00:52:45	01:28:16.65	01:28:16.65	+00:38:04 (43.1%)	8:49	6.8 (56.7%)
27	SZPYT Agnieszka	5034		K-50	4	00:53:16	01:28:55.40	01:28:55.40	+00:38:43 (43.5%)	8:53	6.7 (55.8%)
28	ZIÓŁKOWSKA Monika	5025		K-40	9	00:53:17	01:29:59.25	01:29:59.25	+00:39:46 (44.2%)	8:59	6.7 (55.8%)
29	PIEC Kamila	5039		K-30	13	00:53:18	01:30:03.75	01:30:03.75	+00:39:51 (44.3%)	9:00	6.7 (55.8%)
30	BIEŃ Katarzyna	5042		K-30	14	00:54:36	01:31:19.85	01:31:19.85	+00:41:07 (45.0%)	9:07	6.6 (55.0%)
31	KORECKA Beata	5038	JASIEŃ	K-50	5	00:54:44	01:33:42.45	01:33:42.45	+00:43:30 (46.4%)	9:22	6.4 (53.3%)
32	PAKIET Arleta	5096	ŚWIERADÓW-ZDRÓJ GÓRSKIE UZDROWISKO	K-50	6	00:54:07	01:34:31.80	01:34:31.80	+00:44:19 (46.9%)	9:27	6.3 (52.5%)
33	KWIATKOWSKA Honorata	5069	HYDRO ZASAPANI ŁÓDŹ	K-40	10	00:55:08	01:35:03.15	01:35:03.15	+00:44:50 (47.2%)	9:30	6.3 (52.5%)
34	RUDZIŃSKA Marzena	5036		K-50	7	00:59:47	01:45:00.30	01:45:00.30	+00:54:47 (52.2%)	10:30	5.7 (47.5%)
35	DOBROWOLSKA Bożena	5011	SPORTOWI EMERYCI JELENIA GORA	K-60	1	00:59:47	01:45:03.55	01:45:03.55	+00:54:51 (52.2%)	10:30	5.7 (47.5%)
36	DŁUŻNIEWSKA Ewa	5058		K-30	15	01:16:47	02:16:55.10	02:16:55.10	+01:26:42 (63.3%)	13:41	4.4 (36.7%)

Znaleziono 36 wynik(ów)