

Wydarzenie: Sztafeta Górna 2020
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2020-08-30
Miejsce: Kudowa-Zdrój
Dystans: 10 km

Klasyfikacja: OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Jakubowice 5.3km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	SADZIK Robert	3059	NEOPROFIL	M-30	1	00:27:12	00:45:54.35	00:45:55.25		4:35	13.1 (100%)
2	NORBERT Michał	3041	KB SOBÓTKA	M-30	2	00:27:41	00:46:34.85	00:46:35.80	+00:00:40 (1.5%)	4:39	12.9 (98.5%)
3	WRZESZCZ Mariusz	3032	TEAMDKMS	M-20	1	00:28:21	00:48:09.80	00:48:11.30	+00:02:16 (4.7%)	4:49	12.5 (95.4%)
4	KARWACKI Maciej	3017		M-20	2	00:29:44	00:50:35.90	00:50:37.70	+00:04:42 (9.3%)	5:03	11.9 (90.8%)
5	BOCZEK Leszek	3010		M-30	3	00:30:38	00:52:12.50	00:52:14.95	+00:06:19 (12.1%)	5:13	11.5 (87.8%)
6	KURAŚ Szymon	3042	NKB CHYŻY NOWY TOMYŚL	M-30	4	00:31:12	00:52:55.80	00:52:57.70	+00:07:02 (13.3%)	5:17	11.3 (86.3%)
7	PIECUCH Marcin	3068		M-30	5	00:33:00	00:53:46.25	00:53:48.70	+00:07:53 (14.7%)	5:22	11.2 (85.5%)
8	KOTELUK Tomasz	3064	GMINA STRZELCE OP.	M-40	1	00:31:54	00:54:44.40	00:54:45.90	+00:08:50 (16.1%)	5:28	11 (84.0%)
9	GORYNIAK Rafał	3031		M-40	2	00:32:52	00:55:21.95	00:55:30.20	+00:09:34 (17.3%)	5:32	10.8 (82.4%)
10	KACZMAREK Tomasz	3060		M-20	3	00:33:52	00:57:01.00	00:57:01.00	+00:11:05 (19.5%)	5:42	10.5 (80.2%)
11	JĘDRYCHOWSKI Bartłomiej	3056	KUDOWIANKA RUN/ WEMECO	M-30	6	00:34:04	00:57:28.60	00:57:31.40	+00:11:36 (20.2%)	5:44	10.4 (79.4%)
12	RACZKOWSKI Wojciech	3044	KOTWICA BRZEG	M-40	3	00:34:37	00:57:41.10	00:57:44.90	+00:11:49 (20.5%)	5:46	10.4 (79.4%)
13	SASIN Dominika	3030		K-20	1	00:34:19	00:58:23.10	00:58:25.85	+00:12:30 (21.4%)	5:50	10.3 (78.6%)
14	ŚLADCZYK Dominik	3047		M-30	7	00:36:14	00:59:15.95	00:59:25.40	+00:13:30 (22.7%)	5:55	10.1 (77.1%)
15	SZARSKI Jacek	3034		M-20	4	00:35:22	00:59:36.10	00:59:46.55	+00:13:51 (23.2%)	5:57	10.1 (77.1%)
16	PĘCZAR Aneta	3045		K-20	2	00:36:01	01:00:45.85	01:00:48.10	+00:14:52 (24.5%)	6:04	9.9 (75.6%)
17	PIJANOWSKI Paweł	3029		M-40	4	00:37:34	01:01:28.00	01:01:39.75	+00:15:44 (25.5%)	6:08	9.8 (74.8%)
18	RECZUCH Andrzej	3069	DYWIZJON 102	M-40	5	00:36:25	01:01:43.70	01:01:46.50	+00:15:51 (25.7%)	6:10	9.7 (74.0%)
19	BAHRANOWSKA-KILIAN Maria	3050	AZS AWF KRAKÓW MASTERS	K-20	3	00:36:44	01:02:55.45	01:02:57.45	+00:17:02 (27.1%)	6:17	9.5 (72.5%)
20	STANEK Wojciech	3063	WKURW_TEAM	M-30	8	00:37:38	01:03:29.60	01:03:34.90	+00:17:39 (27.8%)	6:20	9.5 (72.5%)
21	STELMACH Piotr	3037	STELMACH TEAM	M-40	6	00:39:20	01:05:38.45	01:05:45.60	+00:19:50 (30.2%)	6:33	9.1 (69.5%)
22	MAZIAREK Michał	3046		M-30	9	00:40:26	01:07:11.05	01:07:14.50	+00:21:19 (31.7%)	6:43	8.9 (67.9%)
23	KLIN Robert	3035	WATAHA	M-40	7	00:40:39	01:08:28.65	01:08:33.35	+00:22:38 (33.0%)	6:50	8.8 (67.2%)
24	PISULA Łukasz	3004		M-30	10	00:41:32	01:08:38.55	01:08:47.40	+00:22:52 (33.2%)	6:51	8.7 (66.4%)
25	DYJA Magdalena	3028		K-20	4	00:41:14	01:08:45.65	01:08:54.20	+00:22:58 (33.4%)	6:52	8.7 (66.4%)
26	RĘBIAŁKOWSKI Jakub	3005		M-30	11	00:41:13	01:08:45.40	01:08:54.40	+00:22:59 (33.4%)	6:52	8.7 (66.4%)
27	HOTAŁA Sylwia	3057	KUDOWIANKA RUN	K-30	1	00:41:58	01:09:14.75	01:09:17.85	+00:23:22 (33.7%)	6:55	8.7 (66.4%)
28	FRYSIAK Barbara	3009	WIELUŃ	K-50	1	00:42:25	01:11:54.00	01:11:56.00	+00:26:00 (36.2%)	7:11	8.3 (63.4%)
29	ŚMIECHOWSKA Małgorzata	3018		K-40	1	00:44:21	01:12:02.50	01:12:06.15	+00:26:10 (36.3%)	7:12	8.3 (63.4%)

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30	MOSÓR Mariusz	3012	LISY PUSTYNI	M-40	8	00:42:23	01:12:14.25	01:12:22.05	+00:26:26 (36.5%)	7:13	8.3 (63.4%)
31	MAZIAREK Adela	3033		K-30	2	00:44:51	01:13:18.55	01:13:23.10	+00:27:27 (37.4%)	7:19	8.2 (62.6%)
32	MAZUR Kamil	3066		M-30	12	00:42:24	01:13:44.15	01:13:49.70	+00:27:54 (37.8%)	7:22	8.1 (61.8%)
33	KUSTRA Klaudia	3036		K-30	3	00:45:13	01:17:28.15	01:17:33.35	+00:31:38 (40.8%)	7:44	7.7 (58.8%)
34	JERMAK Lidia	3008	KOTWICA BRZEG	K-20	5	00:46:03	01:17:33.00	01:17:37.15	+00:31:41 (40.8%)	7:45	7.7 (58.8%)
35	BUCZAK-MROZIŃSKA Paulina	3048		K-40	2	00:47:06	01:18:04.10	01:18:15.15	+00:32:19 (41.3%)	7:48	7.7 (58.8%)
36	KUCZYŃSKA Małgorzata	3053	INSULA ZAWONIA TEQM	K-40	3	00:47:05	01:18:04.10	01:18:15.30	+00:32:20 (41.3%)	7:48	7.7 (58.8%)
37	PIETRZAK Grzegorz	3054		M-40	9	00:47:30	01:19:22.00	01:19:27.80	+00:33:32 (42.2%)	7:56	7.6 (58.0%)
38	RACZKOWSKA Joanna	3043	KOTWICA	K-30	4	00:47:31	01:19:47.50	01:19:51.90	+00:33:56 (42.5%)	7:58	7.5 (57.3%)
39	MAKOWSKA Anna	3040		K-40	4	00:49:34	01:23:00.65	01:23:05.40	+00:37:10 (44.7%)	8:18	7.2 (55.0%)
40	STACHOWIAK Danuta	3055	ROKIETNICA BIEGA	K-40	5	00:51:20	01:24:46.40	01:24:50.25	+00:38:55 (45.9%)	8:28	7.1 (54.2%)
41	STOBIŃSKA Kamila	3003		K-40	6	00:52:13	01:28:52.20	01:28:57.10	+00:43:01 (48.4%)	8:53	6.8 (51.9%)
42	TOMASZEWSKA Marta	3021	SMOK TRÓJGŁOWY	K-30	5	00:56:17	01:29:14.05	01:29:24.15	+00:43:28 (48.6%)	8:55	6.7 (51.1%)
43	TOMASZEWSKI Bartosz	3022	SMOK TRÓJGŁOWY	M-30	13	00:56:18	01:29:14.35	01:29:24.30	+00:43:29 (48.6%)	8:55	6.7 (51.1%)
44	MAZZARA Dominika	3058	PROGRES	K-30	6	00:55:16	01:32:12.45	01:32:15.60	+00:46:20 (50.2%)	9:13	6.5 (49.6%)
45	SZKODA Mariusz	3062	3:33 TEAM	M-50	1	00:45:24	01:34:01.30	01:34:07.75	+00:48:12 (51.2%)	9:24	6.4 (48.9%)
46	STELMACH Barbara	3038	STELMACH TEAM	K-50	2	00:49:07	01:34:32.75	01:34:39.60	+00:48:44 (51.5%)	9:27	6.3 (48.1%)
47	JERZY Nowik	3061		M-50	2	00:44:56	01:34:40.45	01:34:54.60	+00:48:59 (51.6%)	9:28	6.3 (48.1%)
48	JURASZ Aleksandra	3011		K-30	7	00:44:54	01:35:06.80	01:35:11.05	+00:49:15 (51.8%)	9:30	6.3 (48.1%)
49	STOPNICKI Ignacy	3067	TUPOT USTKA	M-60	1	00:57:38	01:35:31.55	01:35:44.40	+00:49:49 (52.0%)	9:33	6.3 (48.1%)
50	STARUCH Andrzej	3051		M-60	2	00:48:18	01:35:51.10	01:35:54.35	+00:49:59 (52.1%)	9:35	6.3 (48.1%)
51	STARUCH Tomasz	3052		M-30	14	00:48:20	01:35:53.05	01:35:54.85	+00:49:59 (52.1%)	9:35	6.3 (48.1%)
52	MOSÓR Lilla	3065	LISY PUSTYNI	K-40	7	00:57:46	01:37:42.85	01:37:53.55	+00:51:58 (53.1%)	9:46	6.1 (46.6%)
53	LIŚKIEWICZ Marzena	3001		K-30	8	00:49:25	01:39:22.40	01:39:27.65	+00:53:32 (53.8%)	9:56	6 (45.8%)
54	MICHALIK Katarzyna	3049		K-30	9	01:00:56	01:48:15.00	01:48:27.95	+01:02:32 (57.7%)	10:49	5.5 (42.0%)
55	KAŁKA Bożena	3014		K-30	10	01:22:23	02:39:06.95	02:39:15.90	+01:53:20 (71.2%)	15:54	3.8 (29.0%)
56	KAŁKA Marcin	3015		M-30	15	01:22:23	02:39:07.80	02:39:16.45	+01:53:21 (71.2%)	15:54	3.8 (29.0%)

Znaleziono 56 wynik(ów)