



Wydarzenie:
Organizator:

Data:
Miejsce:
Dystans:

ŁABISZYŃSKI BIEG ŚWIĘTOJAŃSKI 2017

ŁABISZYŃSKI BIEG ŚWIĘTOJAŃSKI 2017
UCZNIOWSKI KLUB SPORTOWY LIDER oraz GMINA
ŁABISZYN
Łabiszyn
5 km

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	BEDNAREK Adrian	229	KUCHNIAISPORT.PL	M - Open	1	00:00:00	00:17:18.20	00:17:18.45		3:27	17.3 (100%)
2	WIWATOWSKI Michał	173		M - Open	2	00:00:00	00:18:07.55	00:18:08.20	+00:00:49 (4.5%)	3:37	16.5 (95.4%)
3	CYROK Maciej	106	IDEALNIE NIEDOSKONALI	M - Open	3	00:00:01	00:18:12.30	00:18:13.60	+00:00:54 (5.0%)	3:38	16.5 (95.4%)
4	CHRZĄSZCZ Bartosz	247	BRZEZIŃSKI RUN CLUB	M - Open	4	00:00:01	00:18:52.80	00:18:54.45	+00:01:34 (8.4%)	3:46	15.9 (91.9%)
5	KAMIŃSKI Piotr	236		M - Open	5	00:00:01	00:18:53.95	00:18:55.60	+00:01:35 (8.4%)	3:46	15.9 (91.9%)
6	TUCHOLSKI Bartłomiej	163	BYDGOSKIE OKONIE	M - Open	6	00:00:02	00:19:03.10	00:19:05.15	+00:01:44 (9.2%)	3:48	15.7 (90.8%)
7	SENGER Michał	131	SOKÓŁ GAŚAWA / PAŁUKI RUNNING TEAM	M - Open	7	00:00:01	00:19:12.40	00:19:13.40	+00:01:54 (9.9%)	3:50	15.6 (90.2%)
8	KOWALSKI Krzysztof	130		M - Open	8	00:00:02	00:19:19.65	00:19:21.65	+00:02:01 (10.5%)	3:51	15.5 (89.6%)
9	KRAKOWIAK Szymon	30	IDEALNIE NIEDOSKONALI	M - Open	9	00:00:00	00:19:33.10	00:19:34.05	+00:02:14 (11.5%)	3:54	15.3 (88.4%)
10	MAĆKOWSKI Maciej	207	MYSLECINEK BDG	M - Open	10	00:00:00	00:19:34.15	00:19:34.50	+00:02:15 (11.6%)	3:54	15.3 (88.4%)
11	NAWROCKI Sławomir	99		M - Open	11	00:00:05	00:19:34.65	00:19:40.50	+00:02:16 (11.6%)	3:55	15.3 (88.4%)
12	SPYCHAŁSKI Zbigniew	240		M - Open	12	00:00:00	00:19:35.30	00:19:36.15	+00:02:17 (11.7%)	3:55	15.3 (88.4%)
13	TARASKA Marcin	232	ŚLIMAKI BARCIN	M - Open	13	00:00:02	00:19:46.00	00:19:48.20	+00:02:27 (12.5%)	3:57	15.2 (87.9%)
14	BASA Jacek	273		M - Open	14	00:00:00	00:19:50.90	00:19:51.30	+00:02:32 (12.8%)	3:58	15.1 (87.3%)
15	ROMANOWSKI Michał	90		M - Open	15	00:00:01	00:19:52.90	00:19:53.90	+00:02:34 (13.0%)	3:58	15.1 (87.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
16	JANKIEWICZ Maciej	178	SPÓJNIA BIAŁE BŁOTA	M - Open	16	00:00:02	00:19:56.60	00:19:58.90	+00:02:38 (13.2%)	3:59	15.1 (87.3%)
17	DURCZAK Jerzy	197		M - Open	17	00:00:02	00:19:56.75	00:19:59.25	+00:02:38 (13.2%)	3:59	15 (86.7%)
18	CZAJKA Beniamin	117		M - Open	18	00:00:01	00:19:56.80	00:19:58.75	+00:02:38 (13.3%)	3:59	15 (86.7%)
19	SZYMANOWSKA Agnieszka	138		K - Open	1	00:00:00	00:20:00.10	00:20:00.45	+00:02:41 (13.5%)	4:00	15 (86.7%)
20	MILECKI Mikołaj	164		M - Open	19	00:00:01	00:20:06.80	00:20:07.90	+00:02:48 (14.0%)	4:01	14.9 (86.1%)
21	TELEJKO Łukasz	174	ROLL&RUN KRISMEDIA TEAM	M - Open	20	00:00:04	00:20:07.40	00:20:11.90	+00:02:49 (14.0%)	4:01	14.9 (86.1%)
22	KOWALSKI Jacek	171		M - Open	21	00:00:03	00:20:15.65	00:20:19.05	+00:02:57 (14.6%)	4:03	14.8 (85.5%)
23	KUŁAKOWSKI Krzysztof	208	RUN PASJA	M - Open	22	00:00:03	00:20:16.15	00:20:19.25	+00:02:57 (14.6%)	4:03	14.8 (85.5%)
24	LEWANDOWSKI Rafał	196	B4SPORT.PL	M - Open	23	00:00:04	00:20:22.65	00:20:27.60	+00:03:04 (15.1%)	4:04	14.7 (85.0%)
25	BUTRYN Nikodem	162		M - Open	24	00:00:03	00:20:49.60	00:20:53.00	+00:03:31 (16.9%)	4:10	14.4 (83.2%)
26	JANICKI Mariusz	150		M - Open	25	00:00:02	00:20:58.75	00:21:00.95	+00:03:40 (17.5%)	4:11	14.3 (82.7%)
27	KRUPA Piotr	72		M - Open	26	00:00:05	00:20:59.65	00:21:04.90	+00:03:41 (17.6%)	4:11	14.3 (82.7%)
28	SAPA Kacper	210	BYDGOSKIE ŻÓŁWIE	M - Open	27	00:00:05	00:21:00.65	00:21:06.10	+00:03:42 (17.6%)	4:12	14.3 (82.7%)
29	PASZKIET Remi	34	#SLIMAKIBARCIN	M - Open	28	00:00:04	00:21:04.30	00:21:09.05	+00:03:46 (17.9%)	4:13	14.2 (82.1%)
30	CZYŻEWSKI Daniel	133		M - Open	29	00:00:05	00:21:06.75	00:21:12.60	+00:03:48 (18.0%)	4:13	14.2 (82.1%)
31	WĘGIELEWSKI Szymon	113		M - Open	30	00:00:06	00:21:24.20	00:21:30.85	+00:04:06 (19.2%)	4:16	14 (80.9%)
32	WŁODARCZYK Wojciech	110		M - Open	31	00:00:03	00:21:34.70	00:21:37.80	+00:04:16 (19.8%)	4:18	13.9 (80.3%)
33	BIEL Marek	192	1% DLA DARII BIEL	M - Open	32	00:00:02	00:21:40.20	00:21:43.00	+00:04:22 (20.2%)	4:20	13.8 (79.8%)
34	BAGROWSKI Marek	204	UMK COLLEGIUM MEDICUM RATOWNICTWO-MEDYCZNE BIEGA	M - Open	33	00:00:03	00:21:45.20	00:21:48.30	+00:04:27 (20.5%)	4:21	13.8 (79.8%)
35	JUREK Piotr	85	BBL SZUBIN	M - Open	34	00:00:03	00:21:46.50	00:21:50.20	+00:04:28 (20.5%)	4:21	13.8 (79.8%)
36	ŁUKARSKI Jędrzej	206	ALFY	M - Open	35	00:00:12	00:21:49.85	00:22:02.55	+00:04:31 (20.7%)	4:22	13.7 (79.2%)
37	WINKOWSKI Michał	266		M - Open	36	00:00:01	00:21:50.75	00:21:52.30	+00:04:32 (20.8%)	4:22	13.7 (79.2%)
38	MORITZ Rafał	118	ŚLIMAKI BARCIN	M - Open	37	00:00:16	00:21:51.85	00:22:08.55	+00:04:33 (20.9%)	4:22	13.7 (79.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
39	PRZYBYŁ Maciej	42	OLIWKA&MALIKA	M - Open	38	00:00:07	00:21:58.90	00:22:06.05	+00:04:40 (21.3%)	4:23	13.6 (78.6%)
40	KANARKOWSKA Zofia	59		K - Open	2	00:00:01	00:21:59.25	00:22:01.20	+00:04:41 (21.3%)	4:24	13.6 (78.6%)
41	NIEDBALSKI Grzegorz	209	RUN BYDGOSZCZ	M - Open	39	00:00:05	00:21:59.65	00:22:04.70	+00:04:41 (21.3%)	4:23	13.6 (78.6%)
42	STYPCZYŃSKI Roman	80		M - Open	40	00:00:08	00:22:02.35	00:22:10.70	+00:04:44 (21.5%)	4:24	13.6 (78.6%)
43	GOLON Marlena	228	RUN PASJA	K - Open	3	00:00:03	00:22:04.40	00:22:07.80	+00:04:46 (21.6%)	4:24	13.6 (78.6%)
44	JANUSZKIEWICZ Piotr	187		M - Open	41	00:00:07	00:22:05.65	00:22:13.40	+00:04:47 (21.7%)	4:25	13.6 (78.6%)
45	KANARKOWSKI Tomasz	60		M - Open	42	00:00:01	00:22:06.05	00:22:07.95	+00:04:47 (21.7%)	4:25	13.6 (78.6%)
46	SKARWECKI Remigiusz	22		M - Open	43	00:00:04	00:22:12.35	00:22:16.80	+00:04:54 (22.1%)	4:26	13.5 (78.0%)
47	WĘGRZYNOWSKI Sławomir	8	KABEL TEAM BYDGOSZCZ	M - Open	44	00:00:01	00:22:19.65	00:22:21.50	+00:05:01 (22.5%)	4:28	13.4 (77.5%)
48	ŻEGLICZ Marek	128	SPÓJNIA BIAŁE BLOTA	M - Open	45	00:00:11	00:22:24.10	00:22:35.60	+00:05:05 (22.8%)	4:28	13.4 (77.5%)
49	GIE'ZAK Artur	201		M - Open	46	00:00:05	00:22:28.20	00:22:33.30	+00:05:10 (23.0%)	4:29	13.4 (77.5%)
50	KRZYŻANOWSKI Robert	277	RUN PASJA	M - Open	47	00:00:03	00:22:37.40	00:22:41.10	+00:05:19 (23.5%)	4:31	13.3 (76.9%)
51	MARKOWSKI Andrzej	101	AMF	M - Open	48	00:00:02	00:22:41.40	00:22:43.90	+00:05:23 (23.7%)	4:32	13.2 (76.3%)
52	NAGOW Michał	202		M - Open	49	00:00:06	00:22:48.20	00:22:54.50	+00:05:30 (24.1%)	4:33	13.2 (76.3%)
53	GAC Wojciech	245	CHEMIK BYDGOSZCZ	M - Open	50	00:00:13	00:22:49.00	00:23:02.65	+00:05:30 (24.2%)	4:33	13.1 (75.7%)
54	SIUDA Sebastian	165		M - Open	51	00:00:04	00:23:01.80	00:23:06.00	+00:05:43 (24.9%)	4:36	13 (75.1%)
55	ŚWIATOWY Krystian	112	ŚLIMAKI BARCIN	M - Open	52	00:00:10	00:23:13.45	00:23:23.70	+00:05:55 (25.5%)	4:38	12.9 (74.6%)
56	BOLLIN Łukasz	243	GRUPA TRZYMAJĄCA WAGĘ	M - Open	53	00:00:10	00:23:16.00	00:23:26.50	+00:05:57 (25.6%)	4:39	12.9 (74.6%)
57	FLEJTER Artur	280		M - Open	54	00:00:16	00:23:16.10	00:23:32.75	+00:05:57 (25.6%)	4:39	12.9 (74.6%)
58	SZYMAŃSKI Tomasz	188		M - Open	55	00:00:01	00:23:22.85	00:23:24.25	+00:06:04 (26.0%)	4:40	12.8 (74.0%)
59	PRZYBYŁ Bartłomiej	55	PAŁUKI RUNNING TEAM	M - Open	56	00:00:07	00:23:25.35	00:23:32.75	+00:06:07 (26.1%)	4:41	12.8 (74.0%)
60	BŁAŻAK Leszek	58		M - Open	57	00:00:02	00:23:26.05	00:23:28.30	+00:06:07 (26.2%)	4:41	12.8 (74.0%)
61	KAMIŃSKI Łukasz	265		M - Open	58	00:00:03	00:23:34.00	00:23:37.30	+00:06:15 (26.6%)	4:42	12.7 (73.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
62	FURMANIAK Łukasz	121		M - Open	59	00:00:06	00:23:34.75	00:23:41.20	+00:06:16 (26.6%)	4:43	12.7 (73.4%)
63	SKRZYPNIAK Rafał	170	ŁABISZYN	M - Open	60	00:00:08	00:23:37.25	00:23:45.65	+00:06:19 (26.7%)	4:43	12.7 (73.4%)
64	GDANIEC Mateusz	159		M - Open	61	00:00:08	00:23:38.80	00:23:47.70	+00:06:20 (26.8%)	4:43	12.7 (73.4%)
65	ŚCIBAK Wojciech	244	JFTC SU	M - Open	62	00:00:07	00:23:42.40	00:23:49.60	+00:06:24 (27.0%)	4:44	12.7 (73.4%)
66	BIĄŁOWĄS Dariusz	88	R2G	M - Open	63	00:00:04	00:23:43.70	00:23:48.65	+00:06:25 (27.1%)	4:44	12.6 (72.8%)
67	LEWANDOWSKI Paweł	153		M - Open	64	00:00:08	00:23:48.10	00:23:56.90	+00:06:29 (27.3%)	4:45	12.6 (72.8%)
68	PŁACZKOWSKI Rafał	24	ŚLIMAKI BARCIN	M - Open	65	00:00:16	00:23:48.30	00:24:04.85	+00:06:30 (27.3%)	4:45	12.6 (72.8%)
69	LEŚNIEWSKI Tomasz	215		M - Open	66	00:00:09	00:23:49.95	00:23:59.80	+00:06:31 (27.4%)	4:46	12.6 (72.8%)
70	KOŁOMAŃSKI Oskar	267		M - Open	67	00:00:01	00:23:58.35	00:24:00.10	+00:06:40 (27.8%)	4:47	12.5 (72.3%)
71	PACZKOWSKI Mirosław	168		M - Open	68	00:00:04	00:23:59.20	00:24:03.40	+00:06:41 (27.9%)	4:47	12.5 (72.3%)
72	DRWĘCKI Daniel	94	MENIKSON	M - Open	69	00:00:13	00:24:01.25	00:24:15.05	+00:06:43 (28.0%)	4:48	12.5 (72.3%)
73	SIKORA Antoni	56	ŻNIŃSKI KLUB BIEGACZA 1992	M - Open	70	00:00:03	00:24:01.70	00:24:05.00	+00:06:43 (28.0%)	4:48	12.5 (72.3%)
74	JANKOWSKI Dariusz	254	PAŁUKI RUNNING TEAM	M - Open	71	00:00:07	00:24:05.65	00:24:12.85	+00:06:47 (28.2%)	4:49	12.5 (72.3%)
75	KOSMIDER Patryk	233		M - Open	72	00:00:04	00:24:13.05	00:24:17.35	+00:06:54 (28.6%)	4:50	12.4 (71.7%)
76	MIŁOSZ Przemysław	137	RODZINAPL	M - Open	73	00:00:09	00:24:14.90	00:24:24.85	+00:06:56 (28.6%)	4:51	12.4 (71.7%)
77	BUCZKOWSKI Wojciech	278		M - Open	74	00:00:05	00:24:19.25	00:24:24.85	+00:07:01 (28.9%)	4:51	12.3 (71.1%)
78	WAŚOWSKI Łukasz	47	DZIKI Z BALCZEWA	M - Open	75	00:00:09	00:24:25.30	00:24:34.90	+00:07:07 (29.1%)	4:53	12.3 (71.1%)
79	ROŚ Sławek	65	ARMIA CHRYSYUSA	M - Open	76	00:00:00	00:24:31.55	00:24:32.35	+00:07:13 (29.4%)	4:54	12.2 (70.5%)
80	BECH Karolina	248		K - Open	4	00:00:01	00:24:34.60	00:24:36.00	+00:07:16 (29.6%)	4:55	12.2 (70.5%)
81	KATULSKI Radosław	20	KS SOKÓŁ GAŚAWA	M - Open	77	00:00:06	00:24:39.75	00:24:46.50	+00:07:21 (29.8%)	4:56	12.2 (70.5%)
82	PODSIEDLIK Zbigniew	250	22 ODN BYDGOSZCZ	M - Open	78	00:00:01	00:24:40.30	00:24:41.85	+00:07:22 (29.9%)	4:56	12.2 (70.5%)
83	WOJCIECHOWSKI Grzegorz	179		M - Open	79	00:00:06	00:24:40.90	00:24:47.10	+00:07:22 (29.9%)	4:56	12.2 (70.5%)
84	OSTROWSKI Piotr	205	OSTROWSKI TEAM	M - Open	80	00:00:12	00:24:46.05	00:24:58.05	+00:07:27 (30.1%)	4:57	12.1 (69.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
85	SULECKI Arkadiusz	21		M - Open	81	00:00:08	00:24:52.45	00:25:00.45	+00:07:34 (30.4%)	4:58	12.1 (69.9%)
86	KĘDZIORSKI Paweł	198	CENTRUM HURTOWE PASZ	M - Open	82	00:00:12	00:24:52.85	00:25:05.80	+00:07:34 (30.5%)	4:58	12.1 (69.9%)
87	POTRZEBOWSKA Agata	108	DEAF	K - Open	5	00:00:11	00:24:54.00	00:25:05.05	+00:07:35 (30.5%)	4:58	12 (69.4%)
88	PIJAROWSKI Łukasz	23		M - Open	83	00:00:10	00:24:54.15	00:25:04.60	+00:07:35 (30.5%)	4:58	12 (69.4%)
89	PANEK Krzysztof	180		M - Open	84	00:00:00	00:24:55.15	00:24:55.80	+00:07:36 (30.6%)	4:59	12 (69.4%)
90	PILARSKI Szymon	43		M - Open	85	00:00:11	00:24:58.40	00:25:09.50	+00:07:40 (30.7%)	4:59	12 (69.4%)
91	KUBERA Sławomir	141	IDEALNIE NIEDOSKONAŁY	M - Open	86	00:00:19	00:25:05.10	00:25:24.40	+00:07:46 (31.0%)	5:01	12 (69.4%)
92	BRZozowski Piotr	12	BRZOZA TRI TEAM	M - Open	87	00:00:15	00:25:06.90	00:25:22.00	+00:07:48 (31.1%)	5:01	11.9 (68.8%)
93	BIAŁECKI Karol	115	AGENCJA BEZPIECZEŃSTWA WEWNĘTRZNEGO	M - Open	88	00:00:12	00:25:09.75	00:25:21.75	+00:07:51 (31.2%)	5:01	11.9 (68.8%)
94	OGRODOWICZ Marek	17	POLSKA RUNNING TEAM	M - Open	89	00:00:11	00:25:12.80	00:25:24.00	+00:07:54 (31.4%)	5:02	11.9 (68.8%)
95	CZYŻEWSKA Justyna	16		K - Open	6	00:00:02	00:25:13.25	00:25:15.30	+00:07:55 (31.4%)	5:02	11.9 (68.8%)
96	WOJCIECHOWSKI Jarosław	100		M - Open	90	00:00:05	00:25:14.35	00:25:19.60	+00:07:56 (31.4%)	5:02	11.9 (68.8%)
97	WOJCIECHOWSKA Emilia	98		K - Open	7	00:00:04	00:25:14.70	00:25:19.50	+00:07:56 (31.5%)	5:03	11.9 (68.8%)
98	SCIGOCKI Waldemar	68		M - Open	91	00:00:09	00:25:20.25	00:25:29.85	+00:08:02 (31.7%)	5:04	11.8 (68.2%)
99	STACHOWIAK Dawid	185		M - Open	92	00:00:19	00:25:23.15	00:25:42.80	+00:08:04 (31.8%)	5:04	11.8 (68.2%)
100	SZUPRYCZYŃSKI Szymon	216	OWD TEAM	M - Open	93	00:00:17	00:25:37.30	00:25:55.10	+00:08:19 (32.5%)	5:07	11.7 (67.6%)
101	KRYSZTOFIAK Robert	242		M - Open	94	00:00:09	00:25:37.85	00:25:47.15	+00:08:19 (32.5%)	5:07	11.7 (67.6%)
102	BLEJA Krystian	136	PGB SPORTOWA PACZKA	M - Open	95	00:00:20	00:25:38.10	00:25:58.45	+00:08:19 (32.5%)	5:07	11.7 (67.6%)
103	BEDNARSKA Milena	218		K - Open	8	00:00:05	00:25:38.80	00:25:44.55	+00:08:20 (32.5%)	5:07	11.7 (67.6%)
104	BRZozowski Jarosław	10	BRZOZA TRI TEAM	M - Open	96	00:00:12	00:25:47.45	00:25:59.50	+00:08:29 (32.9%)	5:09	11.6 (67.1%)
105	MERECKI Michał	14		M - Open	97	00:00:08	00:25:49.80	00:25:58.40	+00:08:31 (33.0%)	5:10	11.6 (67.1%)
106	ŚRUBAS Paweł	191	URZĄD MIASTA RADZIEJÓW	M - Open	98	00:00:13	00:25:51.45	00:26:04.95	+00:08:33 (33.1%)	5:10	11.6 (67.1%)
107	BALCERZAK Leszek	102		M - Open	99	00:00:14	00:25:52.50	00:26:06.80	+00:08:34 (33.1%)	5:10	11.6 (67.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
108	WIŚNIEWSKI Włodzimierz	225	SPC	M - Open	100	00:00:20	00:25:55.35	00:26:15.65	+00:08:37 (33.2%)	5:11	11.6 (67.1%)
109	BOROWIEC Wioleta	135	BBL SZUBIN	K - Open	9	00:00:01	00:25:56.75	00:25:58.15	+00:08:38 (33.3%)	5:11	11.6 (67.1%)
110	DACIO Darek	77		M - Open	101	00:00:05	00:26:01.30	00:26:07.00	+00:08:43 (33.5%)	5:12	11.5 (66.5%)
111	CABAŃSKA Katarzyna	116	VITAPOL	K - Open	10	00:00:07	00:26:01.45	00:26:08.85	+00:08:43 (33.5%)	5:12	11.5 (66.5%)
112	WYSOKIŃSKI Sławomir	241	TARKOWO BIEGA	M - Open	102	00:00:10	00:26:02.60	00:26:13.35	+00:08:44 (33.6%)	5:12	11.5 (66.5%)
113	ZAPARUCHA Mikołaj	158	ZAPA	M - Open	103	00:00:12	00:26:10.30	00:26:23.00	+00:08:52 (33.9%)	5:14	11.5 (66.5%)
114	TRETKOWSKI Piotr	220		M - Open	104	00:00:08	00:26:14.60	00:26:23.30	+00:08:56 (34.1%)	5:15	11.4 (65.9%)
115	ZDROJKOWSKA Joanna	176	ROLL&RUN KRISMEDIA TEAM	K - Open	11	00:00:13	00:26:18.10	00:26:31.90	+00:08:59 (34.2%)	5:15	11.4 (65.9%)
116	KRUSZYNA Renata	92		K - Open	12	00:00:09	00:26:21.00	00:26:30.10	+00:09:02 (34.3%)	5:16	11.4 (65.9%)
117	GRYCZKA Maciej	261		M - Open	105	00:00:13	00:26:25.70	00:26:38.90	+00:09:07 (34.5%)	5:17	11.4 (65.9%)
118	JUREK Aleksander	53		M - Open	106	00:00:06	00:26:31.00	00:26:37.05	+00:09:12 (34.7%)	5:18	11.3 (65.3%)
119	TOMASZEWSKA Agnieszka	256		K - Open	13	00:00:12	00:26:32.35	00:26:44.60	+00:09:14 (34.8%)	5:18	11.3 (65.3%)
120	GOŁATA Bogusław	234		M - Open	107	00:00:02	00:26:40.35	00:26:43.25	+00:09:22 (35.1%)	5:20	11.2 (64.7%)
121	GOŁATA Ewa	235	BBL INOWROCŁAW	K - Open	14	00:00:02	00:26:40.45	00:26:43.25	+00:09:22 (35.1%)	5:20	11.2 (64.7%)
122	WOŁOSEWICZ Adam	268		M - Open	108	00:00:17	00:26:48.80	00:27:06.60	+00:09:30 (35.5%)	5:21	11.2 (64.7%)
123	JAMRÓZ Joanna	186	RUN PASJA	K - Open	15	00:00:03	00:26:55.60	00:26:59.30	+00:09:37 (35.7%)	5:23	11.1 (64.2%)
124	RATAJ Magdalena	81	IDEALNIE NIEDOSKONALI	K - Open	16	00:00:08	00:27:00.00	00:27:08.40	+00:09:41 (35.9%)	5:24	11.1 (64.2%)
125	KAMIŃSKA Małgorzata	279		K - Open	17	00:00:09	00:27:00.80	00:27:10.00	+00:09:42 (35.9%)	5:24	11.1 (64.2%)
126	SMOLIŃSKI Krzysztof	147		M - Open	109	00:00:11	00:27:02.40	00:27:14.20	+00:09:44 (36.0%)	5:24	11.1 (64.2%)
127	WOŁOSZYN Kazimierz	194	BRZOZA BIEGA / ROWEROWA BRZOZA	M - Open	110	00:00:06	00:27:05.30	00:27:11.95	+00:09:47 (36.1%)	5:25	11.1 (64.2%)
128	TRELA Jolanta	79		K - Open	18	00:00:14	00:27:08.85	00:27:23.75	+00:09:50 (36.3%)	5:25	11 (63.6%)
129	MARCYJANIAK Krzysztof	169	KS ZRYW RADZIEJÓW	M - Open	111	00:00:13	00:27:09.30	00:27:22.30	+00:09:51 (36.3%)	5:25	11 (63.6%)
130	GOŁATTA Magdalena	263		K - Open	19	00:00:18	00:27:11.25	00:27:29.35	+00:09:53 (36.4%)	5:26	11 (63.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
131	KNIEĆ Zosia	227		K - Open	20	00:00:17	00:27:13.25	00:27:30.60	+00:09:55 (36.4%)	5:26	11 (63.6%)
132	ZIELIŃSKI Radosław	104		M - Open	112	00:00:17	00:27:13.35	00:27:30.65	+00:09:55 (36.4%)	5:26	11 (63.6%)
133	BESSER Joanna	61		K - Open	21	00:00:02	00:27:15.10	00:27:17.90	+00:09:56 (36.5%)	5:27	11 (63.6%)
134	GRZESIAK KNUT Lucyna	119		K - Open	22	00:00:18	00:27:16.30	00:27:34.30	+00:09:58 (36.6%)	5:27	11 (63.6%)
135	LAMPE Marta	276		K - Open	23	00:00:17	00:27:16.95	00:27:34.55	+00:09:58 (36.6%)	5:27	11 (63.6%)
136	LANGE Monika	264		K - Open	24	00:00:17	00:27:17.05	00:27:34.40	+00:09:58 (36.6%)	5:27	11 (63.6%)
137	SULECKA Agnieszka	15		K - Open	25	00:00:07	00:27:24.30	00:27:31.80	+00:10:06 (36.9%)	5:28	10.9 (63.0%)
138	SZYGENDA Radek	39	WRD KWP POZNAŃ	M - Open	113	00:00:14	00:27:24.35	00:27:38.65	+00:10:06 (36.9%)	5:28	10.9 (63.0%)
139	KARÓLEWSKI Krzysztof	213		M - Open	114	00:00:05	00:27:26.10	00:27:31.10	+00:10:07 (36.9%)	5:29	10.9 (63.0%)
140	JUREK Sylwia	52		K - Open	26	00:00:06	00:27:27.20	00:27:33.35	+00:10:09 (37.0%)	5:29	10.9 (63.0%)
141	ZYZIK Magdalena	45		K - Open	27	00:00:04	00:27:27.65	00:27:31.80	+00:10:09 (37.0%)	5:29	10.9 (63.0%)
142	KARÓLEWSKI Marek	214		M - Open	115	00:00:05	00:27:27.95	00:27:33.20	+00:10:09 (37.0%)	5:29	10.9 (63.0%)
143	HŁOND Andrzej	7		M - Open	116	00:00:18	00:27:28.20	00:27:46.50	+00:10:10 (37.0%)	5:29	10.9 (63.0%)
144	HAUS Katarzyna	258	BBL SZUBIN	K - Open	28	00:00:01	00:27:33.00	00:27:34.85	+00:10:14 (37.2%)	5:30	10.9 (63.0%)
145	KUBIAK Tomasz	120		M - Open	117	00:00:09	00:27:39.10	00:27:48.30	+00:10:20 (37.4%)	5:31	10.8 (62.4%)
146	KLICZKOWSKA Klaudia	71		K - Open	29	00:00:00	00:27:54.40	00:27:55.05	+00:10:36 (38.0%)	5:35	10.7 (61.8%)
147	KUBOWICZ-KAMIŃSKA Hania	262		K - Open	30	00:00:12	00:27:54.65	00:28:06.65	+00:10:36 (38.0%)	5:34	10.8 (62.4%)
148	KUBOWICZ Piotr	89	KLUB SPORTOWY PEGAZ	M - Open	118	00:00:11	00:27:54.85	00:28:06.40	+00:10:36 (38.0%)	5:35	10.7 (61.8%)
149	STUDZIŃSKA Justyna	84		K - Open	31	00:00:08	00:27:57.45	00:28:05.45	+00:10:39 (38.1%)	5:35	10.7 (61.8%)
150	BEDNARSKA Małgorzata	246		K - Open	32	00:00:05	00:28:01.40	00:28:06.85	+00:10:43 (38.3%)	5:36	10.7 (61.8%)
151	FURMANIAK Natalia	122		K - Open	33	00:00:06	00:28:01.95	00:28:08.60	+00:10:43 (38.3%)	5:36	10.7 (61.8%)
152	GÓRSKA Weronika	181		K - Open	34	00:00:15	00:28:07.55	00:28:23.20	+00:10:49 (38.5%)	5:37	10.7 (61.8%)
153	KOSIŃSKA Patrycja	189		K - Open	35	00:00:15	00:28:09.50	00:28:25.20	+00:10:51 (38.5%)	5:38	10.7 (61.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
154	BARNIGIEL Agnieszka	184		K - Open	36	00:00:04	00:28:10.20	00:28:14.90	+00:10:52 (38.6%)	5:38	10.7 (61.8%)
155	WAJGELT Weronika	142		K - Open	37	00:00:04	00:28:10.30	00:28:14.60	+00:10:52 (38.6%)	5:38	10.7 (61.8%)
156	DURDA Dominika	96		K - Open	38	00:00:12	00:28:10.50	00:28:22.60	+00:10:52 (38.6%)	5:38	10.7 (61.8%)
157	POTRZEBOWSKI Marek	107	DEAF	M - Open	119	00:00:11	00:28:10.55	00:28:22.10	+00:10:52 (38.6%)	5:38	10.6 (61.3%)
158	OGRODOWICZ Marcin	18		M - Open	120	00:00:11	00:28:10.90	00:28:22.55	+00:10:52 (38.6%)	5:38	10.6 (61.3%)
159	GÓRSKI Jacek	183		M - Open	121	00:00:16	00:28:15.00	00:28:31.10	+00:10:56 (38.7%)	5:39	10.6 (61.3%)
160	KULPIŃSKA Maria	160		K - Open	39	00:00:15	00:28:16.05	00:28:31.55	+00:10:57 (38.8%)	5:39	10.6 (61.3%)
161	KAŻMIERCZAK Beata	257	PAŁUKI RUNNING TEAM	K - Open	40	00:00:08	00:28:17.55	00:28:25.75	+00:10:59 (38.8%)	5:39	10.6 (61.3%)
162	WIŚNIEWSKA Elwira	25		K - Open	41	00:00:08	00:28:17.65	00:28:25.70	+00:10:59 (38.8%)	5:39	10.6 (61.3%)
163	OBREMSKI Wojciech	123		M - Open	122	00:00:02	00:28:18.65	00:28:21.35	+00:11:00 (38.9%)	5:39	10.6 (61.3%)
164	BYCZKOWSKI Zenon	143	INDYWIDUALNIE	M - Open	123	00:00:15	00:28:22.95	00:28:38.00	+00:11:04 (39.0%)	5:40	10.6 (61.3%)
165	GOTOWICZ Mariusz	161	KDP GOTOWICZ	M - Open	124	00:00:08	00:28:24.10	00:28:32.40	+00:11:05 (39.1%)	5:40	10.6 (61.3%)
166	CHOJNACKA Paulina	154	TORUŃ PODGÓRZ	K - Open	42	00:00:15	00:28:33.70	00:28:49.50	+00:11:15 (39.4%)	5:42	10.5 (60.7%)
167	BRAĞIEL Jakub	2	VEGE RUNNERS	M - Open	125	00:00:21	00:28:39.00	00:29:00.95	+00:11:20 (39.6%)	5:43	10.5 (60.7%)
168	SZULC Marta	223		K - Open	43	00:00:03	00:28:55.75	00:28:59.55	+00:11:37 (40.2%)	5:47	10.4 (60.1%)
169	ŚWIĘCICKA Martyna	151	BYDGOSZCZ	K - Open	44	00:00:14	00:28:57.95	00:29:11.95	+00:11:39 (40.3%)	5:47	10.4 (60.1%)
170	ŚWIĘCICKI Andrzej	152	BYDGOSZCZ	M - Open	126	00:00:14	00:28:58.75	00:29:13.60	+00:11:40 (40.3%)	5:47	10.4 (60.1%)
171	JAWORSKA Sylwia	125	IDEALNIE NIEDOSKONALI	K - Open	45	00:00:19	00:29:00.00	00:29:19.60	+00:11:41 (40.3%)	5:48	10.3 (59.5%)
172	BRYWCZYŃSKA Justyna	4	RODOS TEAM	K - Open	46	00:00:14	00:29:01.70	00:29:16.10	+00:11:43 (40.4%)	5:48	10.3 (59.5%)
173	BRYWCZYŃSKI Wiktor	6	RODOS TEAM	M - Open	127	00:00:14	00:29:01.85	00:29:16.25	+00:11:43 (40.4%)	5:48	10.3 (59.5%)
174	MARNOCHA Łukasz	177		M - Open	128	00:00:11	00:29:08.65	00:29:19.70	+00:11:50 (40.6%)	5:49	10.3 (59.5%)
175	BRAĞIEL Anna	3	VEGE RUNNERS	K - Open	47	00:00:21	00:29:09.85	00:29:31.05	+00:11:51 (40.7%)	5:50	10.3 (59.5%)
176	WASZAK Kinga	237		K - Open	48	00:00:16	00:29:25.55	00:29:42.50	+00:12:07 (41.2%)	5:53	10.2 (59.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
177	LEŚNA Sandra	203	PAŁUKI RUNNING TEAM	K - Open	49	00:00:10	00:29:26.20	00:29:36.20	+00:12:08 (41.2%)	5:53	10.2 (59.0%)
178	BYRTEK Sandra	146	CAŁY CZAS DO PRZODU	K - Open	50	00:00:14	00:29:27.55	00:29:42.35	+00:12:09 (41.3%)	5:53	10.2 (59.0%)
179	SZYMANOWSKA Katarzyna	260		K - Open	51	00:00:08	00:29:29.45	00:29:38.05	+00:12:11 (41.3%)	5:54	10.2 (59.0%)
180	BYRTEK Grzegorz	145	CAŁY CZAS DO PRZODU	M - Open	129	00:00:15	00:29:29.55	00:29:44.65	+00:12:11 (41.3%)	5:53	10.2 (59.0%)
181	SANCEWICZ-JAKUBEK Małgorzata	272		K - Open	52	00:00:17	00:29:40.75	00:29:58.10	+00:12:22 (41.7%)	5:56	10.1 (58.4%)
182	PIASECKA Daria	199		K - Open	53	00:00:07	00:29:45.30	00:29:52.80	+00:12:27 (41.8%)	5:57	10.1 (58.4%)
183	MIKUŁA Tomasz	172	GORDON RUN	M - Open	130	00:00:20	00:29:49.90	00:30:10.30	+00:12:31 (42.0%)	5:58	10.1 (58.4%)
184	SKIBIŃSKI Sebastian	33		M - Open	131	00:00:18	00:29:52.90	00:30:11.70	+00:12:34 (42.1%)	5:58	10 (57.8%)
185	WALTER Ania	251		K - Open	54	00:00:12	00:30:11.75	00:30:24.35	+00:12:53 (42.7%)	6:02	9.9 (57.2%)
186	KMIEĆ Norbert	144		M - Open	132	00:00:14	00:30:30.75	00:30:45.00	+00:13:12 (43.3%)	6:06	9.8 (56.6%)
187	JAKUBOWSKI Grzegorz	36		M - Open	133	00:00:06	00:30:31.50	00:30:37.80	+00:13:13 (43.3%)	6:06	9.8 (56.6%)
188	SCIGOCKA Beata	69		K - Open	55	00:00:09	00:30:33.85	00:30:42.85	+00:13:15 (43.4%)	6:06	9.8 (56.6%)
189	POLITOWSKI Krzysztof	221	MRÓWKA ŻŁOTÓW	M - Open	134	00:00:11	00:30:37.75	00:30:49.60	+00:13:19 (43.5%)	6:07	9.8 (56.6%)
190	ŁANINO Kinga	9		K - Open	56	00:00:07	00:30:43.35	00:30:51.25	+00:13:25 (43.7%)	6:08	9.8 (56.6%)
191	SKOTNY Alicja	40		K - Open	57	00:00:03	00:30:55.50	00:30:59.35	+00:13:37 (44.0%)	6:11	9.7 (56.1%)
192	STYPCZYŃSKA Karolina	195		K - Open	58	00:00:16	00:30:58.95	00:31:15.85	+00:13:40 (44.2%)	6:11	9.7 (56.1%)
193	PULC Marcin	222		M - Open	135	00:00:13	00:30:59.75	00:31:13.45	+00:13:41 (44.2%)	6:12	9.7 (56.1%)
194	MERECKA Magdalena	13		K - Open	59	00:00:13	00:31:00.55	00:31:13.55	+00:13:42 (44.2%)	6:12	9.7 (56.1%)
195	ŚLIWIŃSKA Kornela	211		K - Open	60	00:00:12	00:31:00.60	00:31:13.50	+00:13:42 (44.2%)	6:12	9.7 (56.1%)
196	POCHOWSKA ROBACZEWSKA Karina	200		K - Open	61	00:00:07	00:31:03.40	00:31:11.10	+00:13:45 (44.3%)	6:12	9.7 (56.1%)
197	BOGDANÓW Karolina	87		K - Open	62	00:00:19	00:31:09.40	00:31:28.55	+00:13:51 (44.5%)	6:13	9.6 (55.5%)
198	GZUBICKA Justyna	190		K - Open	63	00:00:06	00:31:14.85	00:31:21.45	+00:13:56 (44.6%)	6:15	9.6 (55.5%)
199	CIESIELSKA Oktawia	175	ROLL&RUN KRISMEDIA TEAM	K - Open	64	00:00:13	00:31:17.85	00:31:31.75	+00:13:59 (44.7%)	6:15	9.6 (55.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
200	KŁOSSOK Kamila	26		K - Open	65	00:00:00	00:32:15.00	00:32:15.25	+00:14:56 (46.3%)	6:27	9.3 (53.8%)
201	GRABSKA Sylwia	103		K - Open	66	00:00:17	00:32:18.60	00:32:36.10	+00:15:00 (46.4%)	6:27	9.3 (53.8%)
202	FLICIŃSKA Joanna	54		K - Open	67	00:00:16	00:32:21.95	00:32:38.10	+00:15:03 (46.5%)	6:28	9.3 (53.8%)
203	STĘPKOWSKA Izabela	148		K - Open	68	00:00:20	00:32:32.70	00:32:53.10	+00:15:14 (46.8%)	6:30	9.2 (53.2%)
204	LIBERA Sabina	253		K - Open	69	00:00:13	00:32:52.80	00:33:06.40	+00:15:34 (47.4%)	6:34	9.1 (52.6%)
205	PASIEKA Magda	64	MAM TE MOC	K - Open	70	00:00:10	00:32:59.50	00:33:10.30	+00:15:41 (47.6%)	6:36	9.1 (52.6%)
206	KOTOWSKA-KOWALSKA Anna	63	GORZEN RUN	K - Open	71	00:00:10	00:32:59.55	00:33:10.30	+00:15:41 (47.6%)	6:36	9.1 (52.6%)
207	GÓŹDŹ Hanna	166	JAŚ BIEGA	K - Open	72	00:00:07	00:33:11.10	00:33:18.80	+00:15:52 (47.9%)	6:38	9 (52.0%)
208	NIESPOREK Ewa	86		K - Open	73	00:00:10	00:33:26.20	00:33:36.70	+00:16:08 (48.3%)	6:41	9 (52.0%)
209	GÓRSKA Violetta	182	-	K - Open	74	00:00:15	00:33:54.20	00:34:10.15	+00:16:36 (49.0%)	6:47	8.8 (50.9%)
210	ŚWIDER Patrycja	66	ARMIA CHRYSTUSA	K - Open	75	00:00:10	00:34:06.80	00:34:17.30	+00:16:48 (49.3%)	6:49	8.8 (50.9%)
211	KUBIAK Daria	67	ARMIA CHRYSTUSA	K - Open	76	00:00:09	00:34:07.65	00:34:17.35	+00:16:49 (49.3%)	6:49	8.8 (50.9%)
212	MATUSZEWSKA Agnieszka	134		K - Open	77	00:00:19	00:34:12.25	00:34:31.85	+00:16:54 (49.4%)	6:50	8.8 (50.9%)
213	OLSZEWSKI Rafał	157	T.G.SOKÓŁ GNIEWKOWO	M - Open	136	00:00:18	00:34:59.60	00:35:18.30	+00:17:41 (50.6%)	7:00	8.6 (49.7%)
213	OLSZEWSKA Ewa	156	T.G.SOKÓŁ GNIEWKOWO	K - Open	78	00:00:18	00:34:59.60	00:35:18.30	+00:17:41 (50.6%)	7:00	8.6 (49.7%)
215	KOTECKA Asia	91		K - Open	79	00:00:05	00:35:18.00	00:35:23.10	+00:17:59 (51.0%)	7:03	8.5 (49.1%)
216	KOZUBOWSKA Agnieszka	132		K - Open	80	00:00:04	00:35:18.25	00:35:22.90	+00:18:00 (51.0%)	7:03	8.5 (49.1%)
217	WESOŁOWSKA Kaja	224		K - Open	81	00:00:44	00:35:57.40	00:36:41.85	+00:18:39 (51.9%)	7:11	8.3 (48.0%)
218	ZELEK Aleksandra	78		K - Open	82	00:00:19	00:37:10.30	00:37:29.60	+00:19:52 (53.5%)	7:26	8.1 (46.8%)
219	ROGÓŹ Sławomir	269		M - Open	137	00:00:19	00:41:30.05	00:41:49.75	+00:24:11 (58.3%)	8:18	7.2 (41.6%)

Znaleziono 219 wynik(ów)