



ŁABISZYŃSKI BIEG ŚWIĘTOJAŃSKI 2019

B4SPORT

Wydarzenie:
Organizator:

ŁABISZYŃSKI BIEG ŚWIĘTOJAŃSKI 2019
UCZNIOWSKI KLUB SPORTOWY LIDER oraz GMINA
ŁABISZYN

Data:
Miejsce:
Dystans:

2019-06-09
Łabiszyn
5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	ŚWIĄTKOWSKI Paweł	232		M - Open	1	00:17:04.40	00:17:05.30		3:25	17.6 (100%)
2	MAĆKOWSKI Maciej	141		M - Open	2	00:17:30.40	00:17:31.30	+00:00:26 (2.5%)	3:30	17.1 (97.2%)
3	CHRZĄSZCZ Bartosz	32	BRZEZIŃSKI RUN CLUB	M - Open	3	00:17:42.40	00:17:44.00	+00:00:38 (3.6%)	3:32	16.9 (96.0%)
4	MAĆKOWSKI Maciej	142	UPS BYDGOSZCZ	M - Open	4	00:17:48.95	00:17:50.05	+00:00:44 (4.2%)	3:33	16.8 (95.5%)
5	NOWAK Marcin	170	UMWW	M - Open	5	00:17:57.90	00:17:59.50	+00:00:54 (5.0%)	3:35	16.7 (94.9%)
6	RETECKI Krzysztof	202	LKS BOGMAR PRESTO OSTROMECKO	M - Open	6	00:18:06.75	00:18:09.85	+00:01:04 (5.9%)	3:37	16.6 (94.3%)
7	TARASKA Marcin	234	#SLIMAKIBARCIN	M - Open	7	00:18:12.15	00:18:14.25	+00:01:08 (6.3%)	3:38	16.5 (93.8%)
8	KOLMAJER Rafał	272	FOR SPORT POLSKA	M - Open	8	00:18:14.50	00:18:16.80	+00:01:11 (6.5%)	3:38	16.5 (93.8%)
9	KUREK Przemysław	127	2001	M - Open	9	00:18:35.35	00:18:35.35	+00:01:30 (8.1%)	3:43	16.1 (91.5%)
10	TOMKIEWICZ Rafał	236	SZYBKIE RYSIE TEAM	M - Open	10	00:18:39.35	00:18:41.45	+00:01:36 (8.6%)	3:43	16.1 (91.5%)
11	STANKIEWICZ Jacek	220		M - Open	11	00:18:44.55	00:18:46.75	+00:01:41 (9.0%)	3:44	16 (90.9%)
12	GŁON Michał	54		M - Open	12	00:18:45.75	00:18:47.70	+00:01:42 (9.1%)	3:45	16 (90.9%)
13	KUŁAKOWSKI Krzysztof	126	RUN PASJA	M - Open	13	00:18:48.65	00:18:50.75	+00:01:45 (9.3%)	3:45	16 (90.9%)
14	KOWALSKI Krzysztof	107		M - Open	14	00:18:48.80	00:18:51.95	+00:01:46 (9.4%)	3:45	16 (90.9%)
15	KUREK Stanisław	271		M - Open	15	00:19:02.80	00:19:04.80	+00:01:59 (10.4%)	3:48	15.8 (89.8%)
16	MACZYŃSKI Grzegorz	140	TKKF KOLEJARZ BYDGOSZCZ	M - Open	16	00:19:08.10	00:19:09.20	+00:02:03 (10.8%)	3:49	15.7 (89.2%)
17	CZAJKA Beniamin	38	ŁABISZYN RUNNERS	M - Open	17	00:19:17.95	00:19:17.95	+00:02:12 (11.5%)	3:51	15.6 (88.6%)
18	KRUPA Piotr	113	WOODRUN TEAM	M - Open	18	00:19:18.40	00:19:22.05	+00:02:16 (11.8%)	3:51	15.5 (88.1%)
19	CYROK Maciej	37	MMC TEAM DĄBROWA	M - Open	19	00:19:19.60	00:19:23.30	+00:02:18 (11.9%)	3:52	15.5 (88.1%)
20	KUBIAK Tomasz	121	TG SOKÓŁ GNIEWKOWO	M - Open	20	00:19:18.65	00:19:23.90	+00:02:18 (11.9%)	3:51	15.5 (88.1%)
21	SZWEDA Mirosława	229	DRUŻYNA SZPIKU	K - Open	1	00:19:28.10	00:19:29.60	+00:02:24 (12.3%)	3:53	15.4 (87.5%)
22	MASIAKOWSKI Dawid	147		M - Open	21	00:19:28.05	00:19:32.00	+00:02:26 (12.5%)	3:53	15.4 (87.5%)
23	BUZAŁA Mikołaj	25		M - Open	22	00:19:29.90	00:19:33.85	+00:02:28 (12.7%)	3:54	15.4 (87.5%)
24	NOWICKI Tomasz	175	'BODO' ŁABISZYN SZUBIŃSKA 15	M - Open	23	00:19:37.40	00:19:42.00	+00:02:36 (13.3%)	3:55	15.3 (86.9%)
25	WERNER Michał	242	ŁABISZYN RUNNERS	M - Open	24	00:19:42.30	00:19:44.40	+00:02:39 (13.4%)	3:56	15.2 (86.4%)
26	SŁOWIŃSKI Marcin	273		M - Open	25	00:19:51.35	00:19:55.00	+00:02:49 (14.2%)	3:58	15.1 (85.8%)
27	NOWAK Bogdan	172	ŁABISZYN RUNNERS	M - Open	26	00:19:55.00	00:19:57.80	+00:02:52 (14.4%)	3:59	15.1 (85.8%)
28	ADAMCZAK Filip	1		M - Open	27	00:19:59.25	00:20:02.05	+00:02:56 (14.7%)	4:00	15 (85.2%)
29	SKARWECKI Remigiusz	215	ŁABISZYN RUNNERS	M - Open	28	00:20:16.80	00:20:19.85	+00:03:14 (15.9%)	4:03	14.8 (84.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
30	BAGIŃSKI Aleksander	9	ŁABISZYN RUNNERS	M - Open	29	00:20:19.35	00:20:21.85	+00:03:16 (16.1%)	4:03	14.8 (84.1%)
31	KUJACH Agnieszka	123		K - Open	2	00:20:23.45	00:20:24.65	+00:03:19 (16.3%)	4:04	14.7 (83.5%)
32	ANDLER Daniel	2		M - Open	30	00:20:40.30	00:20:42.10	+00:03:36 (17.5%)	4:08	14.5 (82.4%)
33	JASTRZĘBSKI Krzysztof	86	HAWK TU I TERAZ	M - Open	31	00:20:41.40	00:20:47.70	+00:03:42 (17.8%)	4:08	14.5 (82.4%)
34	BOŁKA Szymon	16		M - Open	32	00:20:43.05	00:20:51.95	+00:03:46 (18.1%)	4:08	14.5 (82.4%)
35	KOTER Mirosław	105		M - Open	33	00:21:04.85	00:21:06.75	+00:04:01 (19.1%)	4:13	14.2 (80.7%)
36	KAŹMIERSKI Mirosław	96	JANIKOWONASPORTOWO	M - Open	34	00:21:10.00	00:21:14.45	+00:04:09 (19.5%)	4:14	14.2 (80.7%)
37	ROMANOWSKI Michal	205		M - Open	35	00:21:18.40	00:21:20.85	+00:04:15 (20.0%)	4:15	14.1 (80.1%)
38	AUGUSTYNOWICZ Andrzej	8	RCI BYDGOSZCZ	M - Open	36	00:21:22.50	00:21:27.70	+00:04:22 (20.4%)	4:16	14 (79.5%)
39	BARCZAK Tomasz	12		M - Open	37	00:21:27.15	00:21:31.00	+00:04:25 (20.6%)	4:17	14 (79.5%)
40	PALACZ Wioletta	184		K - Open	3	00:21:31.45	00:21:33.40	+00:04:28 (20.7%)	4:18	13.9 (79.0%)
41	OLSZEWSKI Rafał	179	T.G.SOKÓŁ GNIEWKOWO	M - Open	38	00:21:34.90	00:21:38.85	+00:04:33 (21.1%)	4:19	13.9 (79.0%)
42	GRZEGORZEWSKI Rafał	71		M - Open	39	00:21:42.75	00:21:46.90	+00:04:41 (21.5%)	4:20	13.8 (78.4%)
43	FRĄCKOWSKI Patryk	47		M - Open	40	00:21:47.20	00:21:50.25	+00:04:44 (21.7%)	4:21	13.8 (78.4%)
44	JUREK Piotr	87	BBL SZUBIN	M - Open	41	00:21:44.10	00:21:51.30	+00:04:46 (21.8%)	4:20	13.8 (78.4%)
45	SUPERCZYNSKI Andrzej	224	1990	M - Open	42	00:21:45.20	00:21:53.30	+00:04:48 (21.9%)	4:21	13.8 (78.4%)
46	KRUSZYNA Robert	115		M - Open	43	00:21:53.60	00:21:57.25	+00:04:51 (22.2%)	4:22	13.7 (77.8%)
47	MICHALIK Joanna	152		K - Open	4	00:21:56.80	00:21:58.50	+00:04:53 (22.2%)	4:23	13.7 (77.8%)
48	MAŁACHA Dawid	146		M - Open	44	00:21:54.05	00:22:04.10	+00:04:58 (22.6%)	4:22	13.7 (77.8%)
49	JASIŃSKI Artur	85	BBL SZUBIN	M - Open	45	00:22:00.50	00:22:07.30	+00:05:02 (22.8%)	4:24	13.6 (77.3%)
50	MAĆKOWSKI Bartosz	143		M - Open	46	00:22:15.20	00:22:19.85	+00:05:14 (23.5%)	4:27	13.5 (76.7%)
51	PTASZYŃSKI Oliwier	199	CAMPTAK	M - Open	47	00:22:18.15	00:22:21.05	+00:05:15 (23.5%)	4:27	13.4 (76.1%)
52	NAWROCKI Dariusz	162	ŁABISZYN RUNNERS	M - Open	48	00:22:19.60	00:22:23.10	+00:05:17 (23.7%)	4:28	13.4 (76.1%)
53	ROMEL Michał	206		M - Open	49	00:22:16.55	00:22:25.70	+00:05:20 (23.8%)	4:27	13.5 (76.7%)
54	MACEWICZ Rafał	139		M - Open	50	00:22:22.90	00:22:36.10	+00:05:30 (24.4%)	4:28	13.4 (76.1%)
55	BŁOCH Krzysztof	269		M - Open	51	00:22:31.55	00:22:38.00	+00:05:32 (24.5%)	4:30	13.3 (75.6%)
55	LADA Przemysław	130		M - Open	52	00:22:29.25	00:22:38.00	+00:05:32 (24.5%)	4:30	13.3 (75.6%)
57	KWIATKOWSKI Łukasz	129	SBR TEAM	M - Open	53	00:22:44.45	00:22:47.55	+00:05:42 (25.0%)	4:32	13.2 (75.0%)
58	WYSOCKI Piotr	254		M - Open	54	00:22:50.55	00:23:00.60	+00:05:55 (25.7%)	4:34	13.1 (74.4%)
59	ASTUKIEWICZ Tomasz	4		M - Open	55	00:22:51.85	00:23:01.60	+00:05:56 (25.8%)	4:34	13.1 (74.4%)
60	ŚWIĘCICKI Andrzej	233		M - Open	56	00:22:58.70	00:23:07.70	+00:06:02 (26.1%)	4:35	13.1 (74.4%)
61	FIGLER Iwona	46	TRISPACE	K - Open	5	00:23:06.65	00:23:11.90	+00:06:06 (26.3%)	4:37	13 (73.9%)
62	KONOPA Filip	101	UKS BAILAMOS BYDGOSZCZ	M - Open	57	00:23:01.90	00:23:19.20	+00:06:13 (26.7%)	4:36	13 (73.9%)
63	KUJAWA Roger	124	#ŚLIMAKIBARCIN	M - Open	58	00:23:18.25	00:23:22.20	+00:06:16 (26.9%)	4:39	12.9 (73.3%)
64	ZIÓŁKOWSKI Mieczysław	260	DECATHLON TEAM INOWROCLAW	M - Open	59	00:23:19.40	00:23:24.35	+00:06:19 (27.0%)	4:40	12.9 (73.3%)
65	MONDRACH Hubert	159		M - Open	60	00:23:27.70	00:23:35.65	+00:06:30 (27.6%)	4:41	12.8 (72.7%)
66	KATULSKI Radosław	92		M - Open	61	00:23:32.60	00:23:39.30	+00:06:34 (27.8%)	4:42	12.7 (72.2%)
67	PTASZYŃSKA Kacper	198	CAMPTAK	M - Open	62	00:23:36.65	00:23:39.50	+00:06:34 (27.8%)	4:43	12.7 (72.2%)
68	STYPCZYŃSKI Roman	223	KOBYLARNIA S.A	M - Open	63	00:23:36.85	00:23:44.85	+00:06:39 (28.0%)	4:43	12.7 (72.2%)
69	DRABIK Maja	42	ŁABISZYN RUNNERS	K - Open	6	00:23:52.50	00:23:56.75	+00:06:51 (28.6%)	4:46	12.6 (71.6%)
70	CYROK Marek	36	MMC TEAM DĄBROWA	M - Open	64	00:23:55.30	00:23:59.55	+00:06:54 (28.8%)	4:47	12.5 (71.0%)
71	BALCERZAK Leszek	10		M - Open	65	00:23:38.40	00:24:02.85	+00:06:57 (28.9%)	4:43	12.7 (72.2%)
72	POPIELARZ Robert	195	WKURW_TEAM	M - Open	66	00:24:06.80	00:24:09.65	+00:07:04 (29.3%)	4:49	12.4 (70.5%)

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73	RENC Patryk	201	SERCE TYBETU	M - Open	67	00:24:09.10	00:24:13.85	+00:07:08 (29.5%)	4:49	12.4 (70.5%)
74	UTECHT Sławomir	240		M - Open	68	00:24:02.20	00:24:14.00	+00:07:08 (29.5%)	4:48	12.5 (71.0%)
75	RÓG Radosław	208		M - Open	69	00:24:08.30	00:24:19.80	+00:07:14 (29.8%)	4:49	12.4 (70.5%)
76	SIUDA Sebastian	214		M - Open	70	00:24:14.40	00:24:20.50	+00:07:15 (29.8%)	4:50	12.4 (70.5%)
77	LEWANDOWSKI Władysław	132	DECATHLON TEAM INOWROCŁAW	M - Open	71	00:24:22.05	00:24:27.60	+00:07:22 (30.1%)	4:52	12.3 (69.9%)
78	CIARKOWSKI Mirosław	33		M - Open	72	00:24:24.90	00:24:28.60	+00:07:23 (30.2%)	4:53	12.3 (69.9%)
79	STĘPIEŃ Rafał	222		M - Open	73	00:24:25.20	00:24:31.00	+00:07:25 (30.3%)	4:53	12.3 (69.9%)
80	PODSIEDLIK Zbigniew	191	22ODN	M - Open	74	00:24:28.45	00:24:39.85	+00:07:34 (30.7%)	4:53	12.3 (69.9%)
81	STAWCZYK Dariusz	221		M - Open	75	00:24:31.30	00:24:43.50	+00:07:38 (30.9%)	4:54	12.2 (69.3%)
82	ROGALSKA Justyna	204		K - Open	7	00:24:39.55	00:24:46.10	+00:07:40 (31.0%)	4:56	12.2 (69.3%)
83	CIUPER Witold	35		M - Open	76	00:24:33.90	00:24:46.75	+00:07:41 (31.0%)	4:54	12.2 (69.3%)
84	KOWALCZYK Tomasz	265		M - Open	77	00:24:42.95	00:24:47.20	+00:07:41 (31.1%)	4:56	12.1 (68.8%)
85	ZAPARUCHA Mikołaj	256	ZAPA	M - Open	78	00:24:41.80	00:24:50.45	+00:07:45 (31.2%)	4:56	12.1 (68.8%)
86	CABAŃSKA Katarzyna	28	#SLIMAKIBARCIN	K - Open	8	00:24:47.80	00:24:51.60	+00:07:46 (31.3%)	4:57	12.1 (68.8%)
87	GREINERT Michał	68		M - Open	79	00:24:53.85	00:24:55.45	+00:07:50 (31.4%)	4:58	12 (68.2%)
88	KRYSTOFIAK Michał	116	ULUNG TEAM	M - Open	80	00:24:46.05	00:24:59.50	+00:07:54 (31.6%)	4:57	12.1 (68.8%)
89	GRABOWSKA Dominika	62	MOC I SIŁA	K - Open	9	00:24:55.95	00:25:01.10	+00:07:55 (31.7%)	4:59	12 (68.2%)
90	BAŁYS Łukasz	11		M - Open	81	00:24:59.70	00:25:04.45	+00:07:59 (31.8%)	5:00	12 (68.2%)
91	SEMRAU Andrzej	211	ULUNG TEAM	M - Open	82	00:24:51.95	00:25:06.15	+00:08:00 (31.9%)	4:58	12.1 (68.8%)
92	ZDROJEWSKI Mirosław	258		M - Open	83	00:24:53.60	00:25:06.75	+00:08:01 (32.0%)	4:58	12.1 (68.8%)
93	BRYWCZYŃSKA Justyna	20	#SLIMAKIBARCIN	K - Open	10	00:25:18.85	00:25:22.80	+00:08:17 (32.7%)	5:03	11.8 (67.0%)
94	GRZECHNIK Paulina	70		K - Open	11	00:25:15.15	00:25:23.15	+00:08:17 (32.7%)	5:03	11.9 (67.6%)
95	MICHALAK Mariusz	150		M - Open	84	00:25:24.25	00:25:33.55	+00:08:28 (33.1%)	5:04	11.8 (67.0%)
96	TUREK Marta	237	TRIBA BOSIR BARCIN	K - Open	12	00:25:25.00	00:25:37.30	+00:08:32 (33.3%)	5:05	11.8 (67.0%)
97	TUREK Michał	238	TRIBA BOSIR BARCIN	M - Open	85	00:25:25.50	00:25:37.40	+00:08:32 (33.3%)	5:05	11.8 (67.0%)
98	BRZOZOWSKI Jarosław	22	BRZOZA TRI TEAM	M - Open	86	00:25:27.00	00:25:40.45	+00:08:35 (33.4%)	5:05	11.8 (67.0%)
99	RATAJCZAK Paweł	200		M - Open	87	00:25:47.75	00:25:52.40	+00:08:47 (34.0%)	5:09	11.6 (65.9%)
100	POPKOWSKI Michał	196	PAŁUKI RUNNING TEAM	M - Open	88	00:25:49.35	00:25:56.35	+00:08:51 (34.1%)	5:09	11.6 (65.9%)
101	NIEMCZEWSKI Jakub	166	ŁABISZYN RUNNERS	M - Open	89	00:25:48.95	00:25:56.90	+00:08:51 (34.1%)	5:09	11.6 (65.9%)
102	GAIDA Milena	49		K - Open	13	00:25:52.80	00:25:57.80	+00:08:52 (34.2%)	5:10	11.6 (65.9%)
103	MĘTEL Laura	149	ŁABISZYN RUNNERS	K - Open	14	00:25:57.05	00:26:01.60	+00:08:56 (34.3%)	5:11	11.6 (65.9%)
104	KRETOWICZ Piotr	111		M - Open	90	00:25:50.90	00:26:06.50	+00:09:01 (34.5%)	5:10	11.6 (65.9%)
105	RÓG Adam	207		M - Open	91	00:26:03.15	00:26:13.50	+00:09:08 (34.8%)	5:12	11.5 (65.3%)
106	CHABEL Sandra	30		K - Open	15	00:26:07.00	00:26:15.55	+00:09:10 (34.9%)	5:13	11.5 (65.3%)
107	NAWROCKI Marcin	163		M - Open	92	00:26:08.05	00:26:16.15	+00:09:10 (34.9%)	5:13	11.5 (65.3%)
108	KAWCZYŃSKI Paweł	94		M - Open	93	00:26:10.05	00:26:24.70	+00:09:19 (35.3%)	5:14	11.5 (65.3%)
109	HŁOND Andrzej	79	ŁABISZYN RUNNERS	M - Open	94	00:26:21.55	00:26:27.45	+00:09:22 (35.4%)	5:16	11.4 (64.8%)
110	SIKORA Antoni	212	ŻNIŃSKI KLUB BIEGACZA 1992	M - Open	95	00:26:19.30	00:26:27.90	+00:09:22 (35.4%)	5:15	11.4 (64.8%)
111	KRUSZYNA Renata	114		K - Open	16	00:26:22.60	00:26:33.10	+00:09:27 (35.6%)	5:16	11.4 (64.8%)
112	KRANZ Amelia	108		K - Open	17	00:26:31.85	00:26:35.20	+00:09:29 (35.7%)	5:18	11.3 (64.2%)
113	PIJAROWSKA Beata	188		K - Open	18	00:26:46.65	00:26:49.75	+00:09:44 (36.3%)	5:21	11.2 (63.6%)
114	PIJAROWSKI Dariusz	189		M - Open	96	00:26:46.65	00:26:50.15	+00:09:44 (36.3%)	5:21	11.2 (63.6%)
115	PIETRZAK Michał	187	BBL SZUBIN	M - Open	97	00:26:46.35	00:26:53.80	+00:09:48 (36.5%)	5:21	11.2 (63.6%)
116	MERECKI Michał	148		M - Open	98	00:26:39.10	00:26:54.35	+00:09:49 (36.5%)	5:19	11.3 (64.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Różn	Tempo min/km	Tempo km/h
						netto 5km	brutto 5km			
117	MILCZEK Jagoda	157		K - Open	19	00:26:51.25	00:26:56.60	+00:09:51 (36.6%)	5:22	11.2 (63.6%)
118	BOROWIEC Wioleta	17	BBL SZUBIN	K - Open	20	00:26:51.35	00:26:59.90	+00:09:54 (36.7%)	5:22	11.2 (63.6%)
119	SZOCIŃSKI Robert	226	2 PUŁK INŻYNIERY	M - Open	99	00:27:04.65	00:27:07.70	+00:10:02 (37.0%)	5:24	11.1 (63.1%)
120	WIŚNIEWSKI Marcin	246		M - Open	100	00:26:54.05	00:27:09.40	+00:10:04 (37.1%)	5:22	11.2 (63.6%)
121	STUDZIŃSKA Justyna	264	ŁABISZYN RUNNERS	K - Open	21	00:27:07.15	00:27:12.15	+00:10:06 (37.2%)	5:25	11.1 (63.1%)
122	CIEŚLAK Patrycja	34		K - Open	22	00:27:01.90	00:27:13.40	+00:10:08 (37.2%)	5:24	11.1 (63.1%)
123	PACZKOWSKA Joanna	183	TRISPACE	K - Open	23	00:27:08.15	00:27:14.00	+00:10:08 (37.3%)	5:25	11 (62.5%)
124	WIKTOROWICZ Dominika	244	ŁABISZYN RUNNERS	K - Open	24	00:27:18.10	00:27:18.10	+00:10:12 (37.4%)	5:27	11 (62.5%)
125	NIEMCZEWSKI Mirosław	165	ŁABISZYN RUNNERS	M - Open	101	00:27:13.70	00:27:20.10	+00:10:14 (37.5%)	5:26	11 (62.5%)
126	BURZYŃSKA Magdalena	24		K - Open	25	00:27:11.25	00:27:26.30	+00:10:21 (37.7%)	5:26	11 (62.5%)
127	TOMASZEWSKA Agnieszka	235	ŁABISZYN RUNNERS	K - Open	26	00:27:22.95	00:27:28.25	+00:10:22 (37.8%)	5:28	11 (62.5%)
128	KASZEWSKI Konrad	91		M - Open	102	00:27:18.95	00:27:32.55	+00:10:27 (38.0%)	5:27	11 (62.5%)
129	NOWAKOWSKI Szymon	174		M - Open	103	00:27:25.30	00:27:33.00	+00:10:27 (38.0%)	5:29	10.9 (61.9%)
130	GŁADYSZ Krzysztof	53	GŁADZIORKI	M - Open	104	00:27:20.70	00:27:34.75	+00:10:29 (38.0%)	5:28	11 (62.5%)
131	GAPINSKA Bogna	50		K - Open	27	00:27:20.95	00:27:35.30	+00:10:30 (38.1%)	5:28	11 (62.5%)
132	SKRZESZEWSKI Mateusz	218		M - Open	105	00:27:35.25	00:27:45.45	+00:10:40 (38.4%)	5:31	10.9 (61.9%)
133	ZIELIŃSKI Radosław	259		M - Open	106	00:27:37.45	00:27:48.45	+00:10:43 (38.5%)	5:31	10.9 (61.9%)
134	ANDRYSZAK Vanessa	3	BRZOZA BIEGA	K - Open	28	00:27:42.00	00:27:51.50	+00:10:46 (38.7%)	5:32	10.8 (61.4%)
135	WIŚNIEWSKI Krzysztof	247	1965	M - Open	107	00:27:56.05	00:28:02.65	+00:10:57 (39.1%)	5:35	10.7 (60.8%)
136	WYSOKIŃSKI Sławomir	255	TARKOWO BIEGA	M - Open	108	00:27:55.75	00:28:07.25	+00:11:01 (39.2%)	5:35	10.7 (60.8%)
137	ŁOŚKO Łukasz	136	INOWROCŁAW	M - Open	109	00:28:00.90	00:28:08.20	+00:11:02 (39.3%)	5:36	10.7 (60.8%)
138	DURLAK Damian	44		M - Open	110	00:27:57.35	00:28:09.70	+00:11:04 (39.3%)	5:35	10.7 (60.8%)
139	JABŁOŃSKI Tomasz	81		M - Open	111	00:27:53.90	00:28:10.15	+00:11:04 (39.3%)	5:34	10.8 (61.4%)
140	BRĄGIEL Jakub	18	VEGE RUNNERS	M - Open	112	00:27:54.60	00:28:13.85	+00:11:08 (39.5%)	5:34	10.8 (61.4%)
141	GRYGORCZUK Elżbieta	69	TRISPACE	K - Open	29	00:28:10.00	00:28:16.10	+00:11:10 (39.5%)	5:38	10.7 (60.8%)
142	WIŚNIEWSKA Lucyna	245	TRISPACE	K - Open	30	00:28:11.15	00:28:17.25	+00:11:11 (39.6%)	5:38	10.6 (60.2%)
143	GOŁATA Ewa	56	BBL INOWROCŁAW	K - Open	31	00:28:12.15	00:28:21.60	+00:11:16 (39.7%)	5:38	10.6 (60.2%)
144	GOŁATA Bogusław	55	BIEGAM Z ŻONĄ	M - Open	113	00:28:12.85	00:28:21.75	+00:11:16 (39.8%)	5:38	10.6 (60.2%)
145	BIEGAŁA Agnieszka	13	TEAM RENEGAT	K - Open	32	00:28:09.70	00:28:23.45	+00:11:18 (39.8%)	5:38	10.7 (60.8%)
146	ORLIŃSKI Marcin	180		M - Open	114	00:28:05.60	00:28:24.55	+00:11:19 (39.8%)	5:37	10.7 (60.8%)
147	KUBICKI Mateusz	122	DZIKIE KUNY	M - Open	115	00:28:14.50	00:28:24.85	+00:11:19 (39.9%)	5:38	10.6 (60.2%)
148	GŁADYSZ Edyta	52	GŁADZIORKI	K - Open	33	00:28:12.40	00:28:26.75	+00:11:21 (39.9%)	5:38	10.6 (60.2%)
149	SKORUPKA Radek	217	ULUNG TEAM	M - Open	116	00:28:16.00	00:28:28.40	+00:11:23 (40.0%)	5:39	10.6 (60.2%)
150	NOWIŃSKI Jarosław	176	1980	M - Open	117	00:28:29.60	00:28:37.05	+00:11:31 (40.3%)	5:42	10.5 (59.7%)
151	DANIELEK Piotr	41		M - Open	118	00:28:22.95	00:28:40.80	+00:11:35 (40.4%)	5:40	10.6 (60.2%)
152	SKIBIŃSKI Sebastian	216		M - Open	119	00:28:32.45	00:28:44.85	+00:11:39 (40.6%)	5:42	10.5 (59.7%)
153	LEWANDOWSKI Paweł	131		M - Open	120	00:28:28.05	00:28:46.10	+00:11:40 (40.6%)	5:41	10.5 (59.7%)
154	ŁUKOMSKI Dawid	138	ŁABISZYN RUNNERS	M - Open	121	00:28:50.20	00:28:56.00	+00:11:50 (40.9%)	5:46	10.4 (59.1%)
155	OLSZEWSKA Ewa	178	T.G.SOKÓŁ GNIEWKOWO	K - Open	34	00:28:52.30	00:28:57.25	+00:11:51 (41.0%)	5:46	10.4 (59.1%)
156	OBREMSKI Wojciech	177		M - Open	122	00:28:52.00	00:29:00.00	+00:11:54 (41.1%)	5:46	10.4 (59.1%)
157	HAUS Katarzyna	78	BBL SZUBIN	K - Open	35	00:29:08.45	00:29:16.80	+00:12:11 (41.6%)	5:49	10.3 (58.5%)
158	AUGUSTYNOWICZ Aurelia	7	RCI BYDGOSZCZ	K - Open	36	00:29:04.25	00:29:19.70	+00:12:14 (41.7%)	5:48	10.3 (58.5%)
159	SZYMANOWSKA Katarzyna	231		K - Open	37	00:29:12.35	00:29:25.65	+00:12:20 (41.9%)	5:50	10.3 (58.5%)
160	KOWALSKA Magdalena	106		K - Open	38	00:29:21.30	00:29:27.20	+00:12:21 (42.0%)	5:52	10.2 (58.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Różn	Tempo min/km	Tempo km/h
						netto 5km	brutto 5km			
161	MICHALIK Monika	153		K - Open	39	00:29:17.90	00:29:27.50	+00:12:22 (42.0%)	5:51	10.2 (58.0%)
162	GACKA Joanna	48		K - Open	40	00:29:30.75	00:29:32.40	+00:12:27 (42.2%)	5:54	10.2 (58.0%)
163	GOTOWICZ Kacper	58	KDP GOTOWICZ	M - Open	123	00:29:12.00	00:29:33.60	+00:12:28 (42.2%)	5:50	10.3 (58.5%)
164	OSTROWSKA Justyna	182		K - Open	41	00:29:30.35	00:29:35.60	+00:12:30 (42.3%)	5:54	10.2 (58.0%)
165	KUŻAJ Sławomir	128	PIŁA	M - Open	124	00:29:31.65	00:29:38.55	+00:12:33 (42.4%)	5:54	10.2 (58.0%)
166	PIECZKA Maciej	186		M - Open	125	00:29:36.00	00:29:48.65	+00:12:43 (42.7%)	5:55	10.1 (57.4%)
167	CZYŻEWSKA Anna	39		K - Open	42	00:29:45.35	00:29:52.25	+00:12:46 (42.8%)	5:57	10.1 (57.4%)
168	MALUDZIŃSKA Aleksandra	145		K - Open	43	00:29:45.20	00:29:53.15	+00:12:47 (42.8%)	5:57	10.1 (57.4%)
169	POLAWSKI Marcin	193	BBL SZUBIN	M - Open	126	00:29:49.70	00:29:57.45	+00:12:52 (43.0%)	5:58	10.1 (57.4%)
170	CELANOWICZ Lidia	29	DZIKIE KUNY	K - Open	44	00:29:48.65	00:29:59.35	+00:12:54 (43.0%)	5:57	10.1 (57.4%)
171	NADRAJKOWSKA Joanna	160	DZIKIE KUNY	K - Open	45	00:29:53.15	00:30:04.35	+00:12:59 (43.2%)	5:58	10 (56.8%)
172	KŁOSSOWSKA Katarzyna	100	UKS BAILAMOS BYDGOSZCZ	K - Open	46	00:21:22.40	00:30:07.25	+00:13:01 (43.3%)	4:16	14 (79.5%)
173	SZULC Marta	227	-	K - Open	47	00:30:18.85	00:30:22.65	+00:13:17 (43.7%)	6:03	9.9 (56.3%)
174	NIEMCZEWSKA Zofia	164	ŁABISZYN RUNNERS	K - Open	48	00:30:16.45	00:30:23.15	+00:13:17 (43.8%)	6:03	9.9 (56.3%)
175	PIONTEK Elżbieta	190		K - Open	49	00:30:14.85	00:30:30.55	+00:13:25 (44.0%)	6:03	9.9 (56.3%)
176	PODSIEDLIK Zuzanna	192	1BLOG	K - Open	50	00:30:23.15	00:30:36.30	+00:13:31 (44.2%)	6:04	9.9 (56.3%)
177	SIKORA Piotr	213		M - Open	127	00:30:39.05	00:30:48.20	+00:13:42 (44.5%)	6:07	9.8 (55.7%)
178	PAWSKI Przemysław	185		M - Open	128	00:30:41.00	00:30:57.50	+00:13:52 (44.8%)	6:08	9.8 (55.7%)
179	NITKA Kamil	169		M - Open	129	00:30:49.75	00:31:00.45	+00:13:55 (44.9%)	6:10	9.7 (55.1%)
180	CHOLEWCZYŃSKI Damian	31		M - Open	130	00:31:01.00	00:31:01.00	+00:13:55 (44.9%)	6:12	9.7 (55.1%)
181	WOJCIECHOWSKI Krzysztof	250		M - Open	131	00:30:50.55	00:31:01.95	+00:13:56 (44.9%)	6:10	9.7 (55.1%)
182	KORZONEK Emilia	103		K - Open	51	00:30:57.90	00:31:08.90	+00:14:03 (45.1%)	6:11	9.7 (55.1%)
183	GUMIENNY Maciej	73		M - Open	132	00:31:01.65	00:31:17.55	+00:14:12 (45.4%)	6:12	9.7 (55.1%)
184	ZDROJEWSKA Marta	257		K - Open	52	00:31:09.80	00:31:22.95	+00:14:17 (45.5%)	6:13	9.6 (54.5%)
185	SMOLIŃSKI Piotr	219	BBL SZUBIN	M - Open	133	00:32:01.45	00:32:09.10	+00:15:03 (46.9%)	6:24	9.4 (53.4%)
186	BYCZKOWSKI Miłosz	27	INDYWIDUALNIE	M - Open	134	00:32:03.75	00:32:13.80	+00:15:08 (47.0%)	6:24	9.4 (53.4%)
187	KNIOŁA Lucyna	268		K - Open	53	00:32:09.05	00:32:19.00	+00:15:13 (47.1%)	6:26	9.3 (52.8%)
188	BYCZKOWSKI Zenon	26	INDYWIDUALNIE	M - Open	135	00:32:10.00	00:32:20.90	+00:15:15 (47.2%)	6:26	9.3 (52.8%)
189	ASTUKIEWICZ Julia	6		K - Open	54	00:32:11.40	00:32:26.70	+00:15:21 (47.3%)	6:26	9.3 (52.8%)
190	KRAWCZUK Joanna	110		K - Open	55	00:32:15.80	00:32:32.90	+00:15:27 (47.5%)	6:27	9.3 (52.8%)
191	KOSZOWSKA Ania	104	1 BLOG	K - Open	56	00:33:08.85	00:33:21.85	+00:16:16 (48.8%)	6:37	9.1 (51.7%)
192	NOWAKOWSKA Sylwia	173		K - Open	57	00:33:14.35	00:33:30.60	+00:16:25 (49.0%)	6:38	9 (51.1%)
193	BRĄGIEL Anna	19	VEGE RUNNERS	K - Open	58	00:33:15.40	00:33:34.85	+00:16:29 (49.1%)	6:39	9 (51.1%)
194	GRABSKA-ZIELIŃSKA Sylwia	65		K - Open	59	00:33:33.65	00:33:44.35	+00:16:39 (49.4%)	6:42	8.9 (50.6%)
195	BUDZYŃSKA-GÓRKA Monika	23		K - Open	60	00:33:38.20	00:33:56.40	+00:16:51 (49.7%)	6:43	8.9 (50.6%)
196	SAŁACIŃSKI Piotr	209		M - Open	136	00:33:48.55	00:33:58.00	+00:16:52 (49.7%)	6:45	8.9 (50.6%)
197	DRAPIŃSKA Anna	43	DRAPEK	K - Open	61	00:34:00.60	00:34:18.30	+00:17:13 (50.2%)	6:48	8.8 (50.0%)
198	KIEŁPIŃSKI Krzysztof	98	MARTEX MEBLE	M - Open	137	00:34:09.20	00:34:26.30	+00:17:21 (50.4%)	6:49	8.8 (50.0%)
199	ASTUKIEWICZ Agnieszka	5		K - Open	62	00:34:20.85	00:34:36.10	+00:17:30 (50.6%)	6:52	8.7 (49.4%)
200	GOTOWICZ Mariusz	57	KDP GOTOWICZ	M - Open	138	00:34:43.50	00:35:04.35	+00:17:59 (51.3%)	6:56	8.6 (48.9%)
201	MIELCAREK Małgosia	156	KDP GOTOWICZ	K - Open	63	00:34:44.95	00:35:04.80	+00:17:59 (51.3%)	6:57	8.6 (48.9%)
202	ROGALSKA Marcelina	203		K - Open	64	00:35:30.35	00:35:47.15	+00:18:41 (52.2%)	7:06	8.4 (47.7%)
203	KUŁAKOWSKI Robert	125	KIBICE POMORKA TEAM #BIEGACZE	M - Open	139	00:35:40.35	00:35:58.85	+00:18:53 (52.5%)	7:08	8.4 (47.7%)
204	MINISZEWSKA Irena	158		K - Open	65	00:36:04.65	00:36:19.90	+00:19:14 (53.0%)	7:12	8.3 (47.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
205	GRACZYK Wioletta	66		K - Open	66	00:36:27.05	00:36:40.85	+00:19:35 (53.4%)	7:17	8.2 (46.6%)
206	ŁOŻYKOWSKA Justyna	137		K - Open	67	00:36:51.15	00:37:05.85	+00:20:00 (53.9%)	7:22	8.1 (46.0%)
207	GÓRNIWICZ Angelika	59		K - Open	68	00:36:53.40	00:37:07.75	+00:20:02 (54.0%)	7:22	8.1 (46.0%)
208	MAJKOWSKA-LUBIŃSKA Judyta	144	CS GROUP RUNNERS TEAM	K - Open	69	00:37:42.35	00:37:50.95	+00:20:45 (54.9%)	7:32	8 (45.5%)
209	GIERACH Marcin	51	G-TEAM	M - Open	140	00:37:59.25	00:38:18.50	+00:21:13 (55.4%)	7:35	7.9 (44.9%)
210	BIZOŃ Natalia	14		K - Open	70	00:39:07.10	00:39:24.50	+00:22:19 (56.6%)	7:49	7.7 (43.8%)
211	SZEWczykowska Karolina	225		K - Open	71	00:39:07.40	00:39:24.80	+00:22:19 (56.6%)	7:49	7.7 (43.8%)
211	KOPCZYŃSKA Monika	102		K - Open	72	00:39:07.80	00:39:24.80	+00:22:19 (56.6%)	7:49	7.7 (43.8%)
213	SAMUL Ewa	210		K - Open	73	00:42:44.25	00:42:56.15	+00:25:50 (60.2%)	8:33	7 (39.8%)
214	LINOWSKA Karolina	133	BAILAMOS :)	K - Open	74					(0.0%)

Znaleziono 214 wynik(ów)