



Wydarzenie:
Organizator:

Data:
Miejsce:
Dystans:

ŁABISZYŃSKI BIEG ŚWIĘTOJAŃSKI

ŁABISZYŃSKI BIEG ŚWIĘTOJAŃSKI
UCZNIOWSKI KLUB SPORTOWY LIDER oraz GMINA
ŁABISZYN
2023-06-25
Łabiszyn
5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

B4SPORT

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	KLEIBOR Dawid	189	34BKPANC	M30-M39	1	00:15:53.45	00:15:53.45		3:10	18.9 (100%)
2	KLEDZIK Zbigniew	65	GMINA ŻNIN	M30-M39	2	00:16:22.65	00:16:22.80	+00:00:29 (3.0%)	3:16	18.3 (96.8%)
3	KUJAWA Zbigniew	186	TRFK KOLEJARZ	M30-M39	3	00:16:45.25	00:16:46.00	+00:00:52 (5.2%)	3:21	17.9 (94.7%)
4	MAĆKOWSKI Maciej	88	PAŁUKI RUNNING TEAM	M30-M39	4	00:16:58.10	00:16:58.10	+00:01:04 (6.4%)	3:23	17.7 (93.7%)
5	STANISZEWSKI Sławomir	143	PAŁUKI RUNNING TEAM	M30-M39	5	00:17:49.55	00:17:50.25	+00:01:56 (10.9%)	3:33	16.8 (88.9%)
6	KLEIBOR Natalia	188	34BKPANC	K20-K29	1	00:18:14.25	00:18:14.40	+00:02:20 (12.9%)	3:38	16.5 (87.3%)
7	POPA Mariusz	122		M30-M39	6	00:18:15.30	00:18:19.25	+00:02:25 (13.3%)	3:39	16.4 (86.8%)
8	ABRAMOWSKI Damian	1	ABRAM TEAM	M30-M39	7	00:18:21.05	00:18:21.45	+00:02:28 (13.4%)	3:40	16.3 (86.2%)
9	PIOTROWSKA Katarzyna	117	TEAMOCHAL	K30-K39	1	00:18:36.55	00:18:37.05	+00:02:43 (14.6%)	3:43	16.1 (85.2%)
10	JUCHACZ Michał	59	ROZBIEGANY DZIK	M40-M49	1	00:18:43.90	00:18:44.15	+00:02:50 (15.2%)	3:44	16 (84.7%)
11	SENGER Michał	137	PAŁUKI RUNNING TEAM	M40-M49	2	00:18:45.30	00:18:46.95	+00:02:53 (15.4%)	3:45	16 (84.7%)
12	GRZEGOCKI Piotr	48	CHMIELARZ TEAM	M30-M39	8	00:18:51.15	00:18:52.95	+00:02:59 (15.8%)	3:46	15.9 (84.1%)
13	KUJACH Agnieszka	79	TKKF KOLEJARZ BYDGOSZCZ	K30-K39	2	00:19:02.60	00:19:03.60	+00:03:10 (16.6%)	3:48	15.8 (83.6%)
14	DĄBROWSKI Robert	28		M40-M49	3	00:19:07.90	00:19:10.30	+00:03:16 (17.1%)	3:49	15.7 (83.1%)
15	PIEKUT Aleksandra	114	BRZEZIŃSKI RUN CLUB	K30-K39	3	00:19:24.05	00:19:25.35	+00:03:31 (18.2%)	3:52	15.5 (82.0%)
16	RUCIŃSKI Marcin	133	TT SODA	M40-M49	4	00:19:24.60	00:19:25.90	+00:03:32 (18.2%)	3:52	15.5 (82.0%)
17	KOLASA Dawid	69	GMINA ŻNIN	M30-M39	9	00:19:26.60	00:19:28.55	+00:03:35 (18.4%)	3:53	15.4 (81.5%)
18	NAWROCKI Dariusz	98	ŁABISZYN RUNNERS	M40-M49	5	00:19:32.60	00:19:34.55	+00:03:41 (18.8%)	3:54	15.4 (81.5%)
19	DUDEK Marcin	30	PAŁUKI RUNNING TEAM	M20-M29	1	00:19:36.85	00:19:41.35	+00:03:47 (19.3%)	3:55	15.3 (81.0%)
20	JANUSZEWSKI Radosław	57	TEAM RUDNIK	M20-M29	2	00:19:43.35	00:19:47.30	+00:03:53 (19.7%)	3:56	15.2 (80.4%)
21	KWAŚNIEWSKI Waldemar	82		M50-M59	1	00:19:45.00	00:19:48.50	+00:03:55 (19.8%)	3:57	15.2 (80.4%)
22	PILACHOWSKI Marcin	115	PAŁUKI RUNNING TEAM	M30-M39	10	00:20:10.75	00:20:11.75	+00:04:18 (21.3%)	4:02	14.9 (78.8%)
23	CZAJKA Beniamin	23	ŁABISZYN RUNNERS	M20-M29	3	00:20:14.25	00:20:16.85	+00:04:23 (21.6%)	4:02	14.8 (78.3%)
24	MORITZ Rafał	93	#SLIMAKIBARCIN	M40-M49	6	00:20:18.50	00:20:20.30	+00:04:26 (21.9%)	4:03	14.8 (78.3%)
25	UTECHT Sławomir	166	BIEGAJĄCE KREJZOLE	M30-M39	11	00:20:17.55	00:20:23.75	+00:04:30 (22.1%)	4:03	14.8 (78.3%)
26	WELCHOWSKI Rafał	169	DZIKI Z BALCZEWA	M40-M49	7	00:20:24.50	00:20:27.35	+00:04:33 (22.3%)	4:04	14.7 (77.8%)
27	GRZECHOWIAK Arkadiusz	45	ŁABISZYN RUNNERS	M20-M29	4	00:20:26.70	00:20:28.05	+00:04:34 (22.4%)	4:05	14.7 (77.8%)
28	GACZKOWSKI Robert	187	7KB 1992	M40-M49	8	00:20:27.65	00:20:29.25	+00:04:35 (22.4%)	4:05	14.7 (77.8%)
29	MARNOCHA Łukasz	90	GMINA ŻNIN	M40-M49	9	00:20:30.00	00:20:33.15	+00:04:39 (22.7%)	4:06	14.6 (77.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
30	KALA Jerzy	60		M30-M39	12	00:20:36.55	00:20:36.55	+00:04:43 (22.9%)	4:07	14.6 (77.2%)
31	MAŁACHA Dawid	89	PAŁUKI RUNNING TEAM	M20-M29	5	00:20:34.60	00:20:37.85	+00:04:44 (23.0%)	4:06	14.6 (77.2%)
32	RZESZUT Tomasz	134		M30-M39	13	00:20:32.45	00:20:39.90	+00:04:46 (23.1%)	4:06	14.6 (77.2%)
33	KOCHAN Wiktor	67	BIEGACZE KCYNIA TEAM	M20-M29	6	00:20:47.80	00:20:51.55	+00:04:58 (23.8%)	4:09	14.4 (76.2%)
34	CZYŻEWSKI Daniel	26	#SLIMAKIBARCIN	M20-M29	7	00:20:53.90	00:20:57.35	+00:05:03 (24.2%)	4:10	14.4 (76.2%)
35	PISARSKI Igor	118		M30-M39	14	00:20:59.70	00:21:03.55	+00:05:10 (24.5%)	4:11	14.3 (75.7%)
36	GŁOWSKA Anastazja	34		K16-K19	1	00:21:11.30	00:21:12.00	+00:05:18 (25.0%)	4:14	14.2 (75.1%)
37	RENC Patryk	130	SERCE TYBETU	M30-M39	15	00:21:08.95	00:21:12.40	+00:05:18 (25.1%)	4:13	14.2 (75.1%)
38	CIACIUCH Agnieszka	19	BIEGACZE KCYNIA TEAM	K20-K29	2	00:21:15.90	00:21:18.10	+00:05:24 (25.4%)	4:15	14.1 (74.6%)
39	GOCLIK Stanisław	35	ŻNIŃSKI KLUB BIEGACZA 1992	M60-M69	1	00:21:30.80	00:21:33.40	+00:05:39 (26.3%)	4:18	14 (74.1%)
40	SKARWECKI Remigiusz	139	ŁABISZYN RUNNERS	M30-M39	16	00:21:32.55	00:21:34.95	+00:05:41 (26.4%)	4:18	13.9 (73.5%)
41	KAŻMIERCZAK Arkadiusz	63	WCR I SPÓŁKA	M40-M49	10	00:21:38.35	00:21:38.35	+00:05:44 (26.6%)	4:19	13.9 (73.5%)
42	HELSTAJN Robert	50	GMINA ŻNIN	M50-M59	2	00:21:37.45	00:21:40.30	+00:05:46 (26.7%)	4:19	13.9 (73.5%)
43	MACIEJEWSKA Kamila	85	ŚLIMAKIBARCIN	K40-K49	1	00:21:37.80	00:21:40.45	+00:05:47 (26.7%)	4:19	13.9 (73.5%)
44	CZARTORYSKI Karol	24		M30-M39	17	00:21:39.40	00:21:42.00	+00:05:48 (26.8%)	4:19	13.9 (73.5%)
45	MACIEJEWSKI Maciej	86	BIEGACZE KCYNIA TEAM	M40-M49	11	00:21:41.55	00:21:44.05	+00:05:50 (26.9%)	4:20	13.8 (73.0%)
46	CHEŁMINIAK Mariusz	185	QŁYNYCZ TEAM	M40-M49	12	00:21:45.25	00:21:46.60	+00:05:53 (27.0%)	4:21	13.8 (73.0%)
47	SZOSTEK Jarek	155		M30-M39	18	00:21:35.65	00:21:47.20	+00:05:53 (27.1%)	4:19	13.9 (73.5%)
48	OSIŃSKI Karol	106	GMINA ŻNIN	M40-M49	13	00:21:40.75	00:21:49.75	+00:05:56 (27.2%)	4:20	13.8 (73.0%)
49	PUCHACZ Marcin	125	PUCHACZE	M30-M39	19	00:21:46.15	00:21:52.65	+00:05:59 (27.4%)	4:21	13.8 (73.0%)
50	SAK Joanna	135	DRUŻYNA SZPIKU	K30-K39	4	00:21:52.65	00:21:53.85	+00:06:00 (27.4%)	4:22	13.7 (72.5%)
51	CIEŚLAK Bartosz	22		M16-M19	1	00:22:12.25	00:22:14.15	+00:06:20 (28.5%)	4:26	13.5 (71.4%)
52	BĄCZKOWSKI Rafał	8	BRZEZIŃSKI RUN CLUB	M40-M49	14	00:22:13.35	00:22:16.60	+00:06:23 (28.7%)	4:26	13.5 (71.4%)
53	KRUCZYŃSKI Adam	77		M30-M39	20	00:22:08.25	00:22:19.10	+00:06:25 (28.8%)	4:25	13.6 (72.0%)
54	KOTER Mirosław	73	ŁABISZYN RUNNERS	M40-M49	15	00:22:12.40	00:22:21.05	+00:06:27 (28.9%)	4:26	13.5 (71.4%)
55	GÓRNA Sławomir	38	RUNCROSS ROZGARTY	M40-M49	16	00:22:15.55	00:22:23.40	+00:06:29 (29.0%)	4:27	13.5 (71.4%)
56	SZREDER Waldek	156	STOWARZYSZENIE POD EGIDĄ	M30-M39	21	00:22:22.65	00:22:27.60	+00:06:34 (29.2%)	4:28	13.4 (70.9%)
57	BIAŁKOWSKI Kacper	12		M30-M39	22	00:22:34.20	00:22:36.10	+00:06:42 (29.7%)	4:30	13.3 (70.4%)
58	CHOLEWCZYŃSKI Damian	18	IRONTEAM	M30-M39	23	00:22:31.75	00:22:36.40	+00:06:42 (29.7%)	4:30	13.3 (70.4%)
59	JABŁOŃSKI Tomasz	54	TEAMOCHAL	M40-M49	17	00:22:25.35	00:22:37.25	+00:06:43 (29.8%)	4:29	13.4 (70.9%)
60	SUPERCZYŃSKI Andrzej	147		M30-M39	24	00:22:35.55	00:22:41.90	+00:06:48 (30.0%)	4:31	13.3 (70.4%)
61	MAĆKOWSKA Katarzyna	87	PAŁUKI RUNNING TEAM	K30-K39	5	00:22:40.30	00:22:43.75	+00:06:50 (30.1%)	4:32	13.2 (69.8%)
62	WĘGIELEWSKI Szymon	170		M30-M39	25	00:22:42.00	00:22:47.35	+00:06:53 (30.3%)	4:32	13.2 (69.8%)
63	PASZKIET Remigiusz	113	#SLIMAKIBARCIN	M40-M49	18	00:22:43.00	00:22:48.65	+00:06:55 (30.3%)	4:32	13.2 (69.8%)
64	LEWANDOWSKI Maciej	84		M30-M39	26	00:22:46.15	00:22:49.80	+00:06:56 (30.4%)	4:33	13.2 (69.8%)
65	ZAJDLEWICZ Daniel	181		M40-M49	19	00:22:48.95	00:22:54.40	+00:07:00 (30.6%)	4:33	13.2 (69.8%)
66	WĘGRZYNOWSKI Sławomir	171		M50-M59	3	00:22:50.00	00:22:58.65	+00:07:05 (30.8%)	4:34	13.1 (69.3%)
67	KORDEK Dawid	72	BIEGACZE KCYNIA TEAM	M30-M39	27	00:23:03.10	00:23:06.00	+00:07:12 (31.2%)	4:36	13 (68.8%)
68	BĄK Łukasz	10		M30-M39	28	00:22:59.05	00:23:09.10	+00:07:15 (31.4%)	4:35	13.1 (69.3%)
69	BIAŁKOWSKA Anna	11		K30-K39	6	00:23:08.65	00:23:09.95	+00:07:16 (31.4%)	4:37	13 (68.8%)
70	JELIŃSKA Natalia	58	ROZBIEGANE TUCZNO	K30-K39	7	00:23:08.20	00:23:10.90	+00:07:17 (31.5%)	4:37	13 (68.8%)
71	TOKARCZYK Ryszard	160		M40-M49	20	00:23:14.55	00:23:25.45	+00:07:32 (32.2%)	4:38	12.9 (68.3%)
72	UTECHT Arkadiusz	167		M40-M49	21	00:23:20.15	00:23:30.35	+00:07:36 (32.4%)	4:40	12.9 (68.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Różn	Tempo min/km	Tempo km/h
						netto 5km	brutto 5km			
73	KAPELA Arkadiusz	61	ŁABISZYN RUNNERS	M30-M39	29	00:23:36.80	00:23:37.80	+00:07:44 (32.8%)	4:43	12.7 (67.2%)
74	MAŚLIŃSKI Mirosław	92		M50-M59	4	00:23:44.30	00:23:48.05	+00:07:54 (33.2%)	4:44	12.6 (66.7%)
75	DUDEK Joanna	31	GMINA ŻNIN	K30-K39	8	00:23:46.55	00:23:50.70	+00:07:57 (33.4%)	4:45	12.6 (66.7%)
76	SZAFRAN Katarzyna	150	BIEGAJĄCE KREJZOLE	K50-K59	1	00:23:45.65	00:23:51.85	+00:07:58 (33.4%)	4:45	12.6 (66.7%)
77	SUCHECKA-BEMBNISTA Joanna	145		K50-K59	2	00:23:52.15	00:23:57.80	+00:08:04 (33.7%)	4:46	12.6 (66.7%)
78	SZELAŃGOWSKI Wiktor	152		M20-M29	8	00:23:49.60	00:23:57.95	+00:08:04 (33.7%)	4:45	12.6 (66.7%)
79	SZUBIŃSKI Ireneusz	157	KOMPLETNY AMATOR	M40-M49	22	00:24:02.95	00:24:07.45	+00:08:14 (34.1%)	4:48	12.5 (66.1%)
80	GREINERT Michał	40		M50-M59	5	00:24:08.85	00:24:10.20	+00:08:16 (34.3%)	4:49	12.4 (65.6%)
81	GRZECHOWIAK Tomasz	47	HERNIK TEAM	M50-M59	6	00:24:05.80	00:24:11.55	+00:08:18 (34.3%)	4:49	12.5 (66.1%)
82	KINDERMAN Robert	64	EKIPA KIZA	M30-M39	30	00:24:10.10	00:24:17.30	+00:08:23 (34.6%)	4:50	12.4 (65.6%)
83	WINIECKI Sławek	191		M30-M39	31	00:24:08.70	00:24:18.25	+00:08:24 (34.6%)	4:49	12.4 (65.6%)
84	GRYCZKA Piotr	43		M50-M59	7	00:24:16.50	00:24:22.60	+00:08:29 (34.8%)	4:51	12.4 (65.6%)
85	POPKOWSKI Michał	123	PAŁUKI RUNNING TEAM	M30-M39	32	00:24:17.90	00:24:22.70	+00:08:29 (34.8%)	4:51	12.4 (65.6%)
86	TOKARCZYK Bartosz	161		M40-M49	23	00:24:08.85	00:24:24.65	+00:08:31 (34.9%)	4:49	12.4 (65.6%)
87	BALCERZAK Mikołaj	6		M16-M19	2	00:24:19.55	00:24:27.45	+00:08:34 (35.0%)	4:51	12.3 (65.1%)
88	AŁADOWICZ Mikołaj	4		M20-M29	9	00:24:20.30	00:24:29.55	+00:08:36 (35.1%)	4:52	12.3 (65.1%)
89	ALBIŃSKI Mariusz	3	WCR I SPÓŁKA	M30-M39	33	00:24:26.70	00:24:42.50	+00:08:49 (35.7%)	4:53	12.3 (65.1%)
90	BŁAŻAK Marcin	13		M16-M19	3	00:24:35.65	00:24:43.25	+00:08:49 (35.7%)	4:55	12.2 (64.6%)
91	GRUDA Mirosław	41		M60-M69	2	00:24:42.75	00:24:48.15	+00:08:54 (35.9%)	4:56	12.1 (64.0%)
92	DOBOSIEWICZ Sebastian	29		M40-M49	24	00:24:45.85	00:24:49.30	+00:08:55 (36.0%)	4:57	12.1 (64.0%)
93	PASZKIEWICZ Marika	198		K30-K39	9	00:24:48.95	00:24:55.50	+00:09:02 (36.2%)	4:57	12.1 (64.0%)
94	BALCERZAK Leszek	7		M40-M49	25	00:24:50.80	00:24:58.05	+00:09:04 (36.4%)	4:58	12.1 (64.0%)
95	PIETRZYKOWSKI Norbert	190	VITALABO	M50-M59	8	00:24:56.15	00:24:58.80	+00:09:05 (36.4%)	4:59	12 (63.5%)
96	WIERZCHOWSKI Michał	173	SAPER TEAM	M40-M49	26	00:24:46.45	00:25:02.45	+00:09:09 (36.5%)	4:57	12.1 (64.0%)
97	TUMKO Mateusz	162		M20-M29	10	00:25:03.10	00:25:04.15	+00:09:10 (36.6%)	5:00	12 (63.5%)
98	MILEJCZAK Artur	194	PAŁUCKIE RUNNING TEAM	M30-M39	34	00:25:02.70	00:25:13.25	+00:09:19 (37.0%)	5:00	12 (63.5%)
99	WOJTASZEWSKA Iwona	176		K30-K39	10	00:25:18.35	00:25:23.70	+00:09:30 (37.4%)	5:03	11.9 (63.0%)
100	KRANZ Amelia	76	ŁABISZYN RUNNERS	K16-K19	2	00:25:25.80	00:25:34.35	+00:09:40 (37.9%)	5:05	11.8 (62.4%)
101	PURCZYŃSKA Edyta	126	PAŁUKI RUNNING TEAM	K40-K49	2	00:25:26.55	00:25:35.80	+00:09:42 (37.9%)	5:05	11.8 (62.4%)
102	GÓRNA Halina	37	RUNCROSS ROZGARTY	K40-K49	3	00:25:30.90	00:25:39.05	+00:09:45 (38.0%)	5:06	11.8 (62.4%)
103	NEUMANN Andrzej	99		M40-M49	27	00:25:36.15	00:25:40.50	+00:09:47 (38.1%)	5:07	11.7 (61.9%)
104	PIOTROWSKI Łukasz	197		M20-M29	11	00:25:25.80	00:25:41.30	+00:09:47 (38.1%)	5:05	11.8 (62.4%)
105	TUREK Marta	163	KS SZOSA ŻNIN	K30-K39	11	00:25:38.15	00:25:42.50	+00:09:49 (38.2%)	5:07	11.7 (61.9%)
106	POMIECIŃSKI Michał	121		M30-M39	35	00:25:27.45	00:25:45.70	+00:09:52 (38.3%)	5:05	11.8 (62.4%)
107	SAK Anna	136	SOLANKOWI BIEGACZE	K40-K49	4	00:25:48.05	00:25:51.40	+00:09:57 (38.5%)	5:09	11.6 (61.4%)
108	MASŁOWSKA Angelika	91		K30-K39	12	00:25:44.35	00:25:52.35	+00:09:58 (38.6%)	5:08	11.7 (61.9%)
109	SZABLINSKA Honorata	149		K40-K49	5	00:25:44.75	00:25:52.65	+00:09:59 (38.6%)	5:08	11.7 (61.9%)
110	WIERZCHOSŁAWSKA Renata	172	PAŁUCKIE RUNNING TEAM	K50-K59	3	00:25:48.45	00:25:55.55	+00:10:02 (38.7%)	5:09	11.6 (61.4%)
111	SIKORA Antoni	184	8KB ŻNIN	M70+	1	00:25:56.20	00:25:56.95	+00:10:03 (38.8%)	5:11	11.6 (61.4%)
112	SZELAŃGOWSKI Marek	153		M40-M49	28	00:25:54.70	00:26:02.20	+00:10:08 (39.0%)	5:10	11.6 (61.4%)
113	PIECHOWIAK Leszek	192	TEAM RUN GOŁAŃCZ	M40-M49	29	00:25:58.85	00:26:03.00	+00:10:09 (39.0%)	5:11	11.6 (61.4%)
114	BRĄGIEL Jakub	16	VEGE RUNNERS	M40-M49	30	00:25:53.65	00:26:04.95	+00:10:11 (39.1%)	5:10	11.6 (61.4%)
115	GÓRNY Kacper	39	RUNCROSS ROZGARTY	M16-M19	4	00:25:58.00	00:26:06.45	+00:10:13 (39.1%)	5:11	11.6 (61.4%)
116	NITKA Kamil	101		M20-M29	12	00:25:58.30	00:26:12.85	+00:10:19 (39.4%)	5:11	11.6 (61.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Różn	Tempo min/km	Tempo km/h
						netto 5km	brutto 5km			
117	OSSOWSKA Karolina	107		K30-K39	13	00:26:27.10	00:26:35.25	+00:10:41 (40.2%)	5:17	11.3 (59.8%)
118	WOŹNIAK Łukasz	177		M30-M39	36	00:26:26.10	00:26:35.45	+00:10:42 (40.2%)	5:17	11.3 (59.8%)
119	JAKUBOWSKI Artur	55	#ŚLIMAKI BARCIN	M40-M49	31	00:26:27.25	00:26:37.30	+00:10:43 (40.3%)	5:17	11.3 (59.8%)
120	KRAJEWSKI Adam	75	KRAL SP. Z O.O.	M40-M49	32	00:26:35.90	00:26:41.65	+00:10:48 (40.5%)	5:19	11.3 (59.8%)
121	OWCZAREK Witek	108		M40-M49	33	00:26:32.75	00:26:43.10	+00:10:49 (40.5%)	5:18	11.3 (59.8%)
122	CABAŃSKA Katarzyna	17	#SLIMAKIBARCIN	K40-K49	6	00:26:47.10	00:26:52.70	+00:10:59 (40.9%)	5:21	11.2 (59.3%)
123	OBRZANOWSKI Maciej	105		M50-M59	9	00:26:54.90	00:27:02.30	+00:11:08 (41.2%)	5:22	11.2 (59.3%)
124	PASTEWSKA Anna	112	EKIPA KIZA	K30-K39	14	00:26:58.70	00:27:06.25	+00:11:12 (41.4%)	5:23	11.1 (58.7%)
125	KRAJEWSKA Lucyna	74	PZU SPORT TEAM	K40-K49	7	00:27:03.70	00:27:14.20	+00:11:20 (41.7%)	5:24	11.1 (58.7%)
126	ZDROJEWSKI Mirosław	182		M50-M59	10	00:26:59.55	00:27:16.75	+00:11:23 (41.7%)	5:23	11.1 (58.7%)
127	NALIWAJSKA Natalia	96		K30-K39	15	00:27:11.05	00:27:18.05	+00:11:24 (41.8%)	5:26	11 (58.2%)
128	NAPIERAŁA Katarzyna	97	KS SZOSA ŻNIN	K40-K49	8	00:27:09.85	00:27:22.80	+00:11:29 (42.0%)	5:25	11 (58.2%)
129	FURTAK Arkadiusz	33		M50-M59	11	00:27:13.65	00:27:23.20	+00:11:29 (42.0%)	5:26	11 (58.2%)
130	JAKUBOWSKI Radosław	56	ARMIN TEAM	M50-M59	12	00:27:16.40	00:27:28.40	+00:11:34 (42.2%)	5:27	11 (58.2%)
131	CIESIELSKA Agnieszka	20		K40-K49	9	00:27:19.70	00:27:28.45	+00:11:35 (42.2%)	5:27	11 (58.2%)
132	KARMONIK Monika	62	WCR I SPÓŁKA	K40-K49	10	00:27:13.35	00:27:29.40	+00:11:35 (42.2%)	5:26	11 (58.2%)
133	NALEWALSKA Justyna	95	SERCE TYBETU	K30-K39	16	00:27:19.00	00:27:31.65	+00:11:38 (42.3%)	5:27	11 (58.2%)
134	SURMA Dawid	148		M40-M49	34	00:27:23.60	00:27:34.70	+00:11:41 (42.4%)	5:28	11 (58.2%)
135	KWIATKOWSKI Łukasz	83	#POWIATŻNIŃSKIAKTYWNI	M40-M49	35	00:27:26.05	00:27:36.10	+00:11:42 (42.4%)	5:29	10.9 (57.7%)
136	HŁOND Andrzej	53	ŁABISZYN RUNNERS	M60-M69	3	00:27:26.70	00:27:36.35	+00:11:42 (42.4%)	5:29	10.9 (57.7%)
137	CZYŻEWSKA Justyna	25		K40-K49	11	00:27:23.95	00:27:36.70	+00:11:43 (42.4%)	5:28	11 (58.2%)
138	SKIBIŃSKI Sebastian	140		M40-M49	36	00:27:36.45	00:27:38.85	+00:11:45 (42.5%)	5:31	10.9 (57.7%)
139	KOCZOROWSKI Tomasz	68		M40-M49	37	00:27:36.50	00:27:53.15	+00:11:59 (43.0%)	5:31	10.9 (57.7%)
140	ROSIŃSKA Magdalena	132	BOLT TRZEMESZNO	K30-K39	17	00:27:41.70	00:27:53.40	+00:11:59 (43.0%)	5:32	10.8 (57.1%)
141	HĘŚ Tomasz	52	BOLT TRZEMESZNO	M50-M59	13	00:27:42.80	00:27:53.70	+00:12:00 (43.0%)	5:32	10.8 (57.1%)
142	GOTOWICZ Mariusz	36		M60-M69	4	00:27:52.85	00:28:08.10	+00:12:14 (43.5%)	5:34	10.8 (57.1%)
143	PACANOWSKA Magda	109		K30-K39	18	00:27:53.40	00:28:10.15	+00:12:16 (43.6%)	5:34	10.8 (57.1%)
144	BALCERZAK Justyna	5	ŁABISZYN RUNNERS	K30-K39	19	00:28:10.35	00:28:17.05	+00:12:23 (43.8%)	5:38	10.7 (56.6%)
145	WANECKA Małgorzata	168		K30-K39	20	00:28:26.75	00:28:32.95	+00:12:39 (44.3%)	5:41	10.6 (56.1%)
146	CIESIELSKI Adam	21		M40-M49	38	00:28:27.40	00:28:36.05	+00:12:42 (44.4%)	5:41	10.5 (55.6%)
147	WIKTOROWICZ Dominika	174	ŁABISZYN RUNNERS	K30-K39	21	00:28:24.60	00:28:40.90	+00:12:47 (44.6%)	5:40	10.6 (56.1%)
148	GRZECHNIK Paulina	44	PROJEKT SZUBIŃSKI BIEGACZ	K40-K49	12	00:28:45.75	00:28:52.85	+00:12:59 (45.0%)	5:45	10.4 (55.0%)
149	NOGA Joanna	102		K20-K29	3	00:28:37.85	00:28:54.60	+00:13:01 (45.0%)	5:43	10.5 (55.6%)
150	KŁOS Paweł	66		M20-M29	13	00:28:39.00	00:28:54.85	+00:13:01 (45.0%)	5:43	10.5 (55.6%)
151	SZNAJDROWSKI Mateusz	154		M20-M29	14	00:28:45.70	00:29:00.05	+00:13:06 (45.2%)	5:45	10.4 (55.0%)
152	SZYMANOWSKI Leszek	159		M40-M49	39	00:28:48.65	00:29:02.50	+00:13:09 (45.3%)	5:45	10.4 (55.0%)
153	JAWORSKA Sylwia	195		K30-K39	22	00:28:52.00	00:29:03.15	+00:13:09 (45.3%)	5:46	10.4 (55.0%)
154	SZCZYGIELSKA-GRZYBOWSKA Violetta	151		K50-K59	4	00:29:02.40	00:29:07.70	+00:13:14 (45.4%)	5:48	10.3 (54.5%)
155	NITKA Emilia	100		K20-K29	4	00:29:06.85	00:29:23.50	+00:13:30 (45.9%)	5:49	10.3 (54.5%)
156	PIONTEK Elżbieta	116		K60-K69	1	00:29:10.85	00:29:23.60	+00:13:30 (45.9%)	5:50	10.3 (54.5%)
157	FLORCZAK Sebastian	32	POLI TEAM	M40-M49	40	00:29:15.90	00:29:27.95	+00:13:34 (46.1%)	5:51	10.3 (54.5%)
158	KONWIŃSKA Alina	71	ŁABISZYN RUNNERS	K40-K49	13	00:29:13.10	00:29:29.60	+00:13:36 (46.1%)	5:50	10.3 (54.5%)
159	BOLEWSKA Wiktoria	15		K20-K29	5	00:29:28.65	00:29:33.30	+00:13:39 (46.2%)	5:53	10.2 (54.0%)
160	NOWACKI Rafał	103		M40-M49	41	00:29:29.30	00:29:46.10	+00:13:52 (46.6%)	5:53	10.2 (54.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
161	GRZECHOWIAK Agnieszka	46	HERNIK TEAM	K50-K59	5	00:30:01.75	00:30:11.70	+00:14:18 (47.4%)	6:00	10 (52.9%)
162	RATAJCZAK Agata	127		K40-K49	14	00:30:26.75	00:30:43.65	+00:14:50 (48.3%)	6:05	9.9 (52.4%)
163	RATAJCZAK Paweł	128	#SLIMAKIBARCIN	M40-M49	42	00:30:26.25	00:30:43.90	+00:14:50 (48.3%)	6:05	9.9 (52.4%)
164	KWAŚNIEWSKA Aldona	81		K40-K49	15	00:30:44.70	00:30:51.25	+00:14:57 (48.5%)	6:08	9.8 (51.9%)
165	POLAWSKI Marcin	120	PROJEKT SZUBIŃSKI BIEGACZ	M40-M49	43	00:30:57.60	00:31:09.95	+00:15:16 (49.0%)	6:11	9.7 (51.3%)
166	ADAMIUK Sylwia	2		K30-K39	23	00:31:04.60	00:31:15.70	+00:15:22 (49.2%)	6:12	9.7 (51.3%)
167	SZYMANOWSKA Katarzyna	158		K50-K59	6	00:31:17.05	00:31:30.35	+00:15:36 (49.6%)	6:15	9.6 (50.8%)
168	SKRZESZEWSKA Cecylia	141		K50-K59	7	00:31:16.90	00:31:30.45	+00:15:37 (49.6%)	6:15	9.6 (50.8%)
169	KONECKA Kornelia	70		K20-K29	6	00:31:30.40	00:31:34.95	+00:15:41 (49.7%)	6:18	9.5 (50.3%)
170	BĄK Remigiusz	9		M40-M49	44	00:31:31.90	00:31:40.95	+00:15:47 (49.8%)	6:18	9.5 (50.3%)
171	PRZYBYLSKI Filip	124		M20-M29	15	00:31:42.85	00:31:46.90	+00:15:53 (50.0%)	6:20	9.5 (50.3%)
172	MALUDZIŃSKA Aleksandra	193	TEAM KETCHUP	K40-K49	16	00:32:21.20	00:32:29.85	+00:16:36 (51.1%)	6:28	9.3 (49.2%)
173	HADOWSKA Anna	49	INOWROCAWSKI KLUB SPORTOWY KARATE	K60-K69	2	00:32:18.25	00:32:30.00	+00:16:36 (51.1%)	6:27	9.3 (49.2%)
174	DARDZIŃSKI Aleksander	27		M40-M49	45	00:33:45.65	00:33:45.65	+00:17:52 (52.9%)	6:45	8.9 (47.1%)
175	PACHOCKI Sebastian	110	ŁABISZYN	M40-M49	46	00:33:33.95	00:33:49.30	+00:17:55 (53.0%)	6:42	8.9 (47.1%)
176	MORITZ Monika	94		K40-K49	17	00:34:05.80	00:34:20.75	+00:18:27 (53.7%)	6:49	8.8 (46.6%)
177	NOWAK Agnieszka	104		K40-K49	18	00:34:14.60	00:34:28.15	+00:18:34 (53.9%)	6:50	8.8 (46.6%)
178	WITKOWSKA Karolina	175		K30-K39	24	00:34:52.30	00:35:08.60	+00:19:15 (54.8%)	6:58	8.6 (45.5%)
179	SIUDZIŃSKA Anna	138	BIEGAJ ZA MIASTEM	K40-K49	19	00:37:27.30	00:37:41.75	+00:21:48 (57.8%)	7:29	8 (42.3%)
180	SUBOCZ Wojciech	144	BIEGAJ ZA MIASTEM	M50-M59	14	00:37:27.30	00:37:42.15	+00:21:48 (57.9%)	7:29	8 (42.3%)
181	ULANDOWSKA Blanka	164		K16-K19	3	00:38:03.70	00:38:09.00	+00:22:15 (58.3%)	7:36	7.9 (41.8%)
182	ZAJDLEWICZ Jakub	180		M16-M19	5	00:38:04.55	00:38:09.90	+00:22:16 (58.4%)	7:36	7.9 (41.8%)
183	ZAJDLEWICZ Anna	179		K20-K29	7	00:38:06.25	00:38:11.30	+00:22:17 (58.4%)	7:37	7.9 (41.8%)
184	RAUHUT Bartłomiej	129	BIEGAJ ZA MIASTEM	M40-M49	47	00:38:42.75	00:38:57.40	+00:23:03 (59.2%)	7:44	7.8 (41.3%)

Znaleziono 184 wynik(ów)