

LECIMY DLA JULKI 5 KM

B4SPORT

Organizator: Gimnazjum 11 Koszalin, TKKF Koszalin
Data: 2016-10-23
Miejsce: Koszalin
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start All 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	KĘPKA Adrian	578		Mężczyźni	1	00:02:12	00:09:48	00:19:54.75	00:22:07.25		3:59	15.1 (100%)
2	KOŚCIELNIAK Robert	582	TKKF KOSZALIN	Mężczyźni	2	00:02:13	00:11:48	00:23:24.55	00:25:37.60	+00:03:29 (14.9%)	4:40	12.8 (84.8%)
3	BILEK Sebastian	549	DORIAN TEAM	Mężczyźni	3	00:02:14	00:11:44	00:24:10.80	00:26:25.60	+00:04:16 (17.6%)	4:50	12.4 (82.1%)
4	FRONTCZAK Izabela	567	TKKF KOSZALIN	Kobiety	1	00:02:11	00:12:07	00:25:13.45	00:27:24.95	+00:05:18 (21.1%)	5:02	11.9 (78.8%)
5	SKOWROŃSKI Tomasz	610		Mężczyźni	4	00:02:12	00:12:41	00:25:42.95	00:27:55.10	+00:05:48 (22.6%)	5:08	11.7 (77.5%)
6	ROGALSKI Roberto	605	TKKF KOSZALIN	Mężczyźni	5	00:02:19	00:13:03	00:26:06.50	00:28:25.80	+00:06:11 (23.7%)	5:13	11.5 (76.2%)
7	WILK Piotr	625		Mężczyźni	6	00:02:14	00:12:47	00:26:16.30	00:28:30.90	+00:06:21 (24.2%)	5:15	11.4 (75.5%)
8	KISIELIŃSKI Igor	579	TKKF	Mężczyźni	7	00:02:17	00:13:06	00:26:20.00	00:28:37.10	+00:06:25 (24.4%)	5:16	11.4 (75.5%)
9	SZABLA Ewelina	612		Kobiety	2	00:02:11	00:13:03	00:26:20.70	00:28:32.60	+00:06:25 (24.4%)	5:16	11.4 (75.5%)
10	ŚLEZIAŃSKI Kamil	737		Mężczyźni	8	00:02:17	00:13:11	00:26:39.40	00:28:56.95	+00:06:44 (25.3%)	5:19	11.3 (74.8%)
11	KOPCZEWSKI Dariusz	581		Mężczyźni	9	00:02:19	00:13:22	00:27:07.90	00:29:27.80	+00:07:13 (26.6%)	5:25	11.1 (73.5%)
12	WOŁOWIEC Przemek	752		Mężczyźni	10	00:02:16	00:13:55	00:27:35.00	00:29:51.35	+00:07:40 (27.8%)	5:31	10.9 (72.2%)
13	DERLIŃSKI Adam	745		Mężczyźni	11	00:02:18	00:13:46	00:27:42.05	00:30:00.65	+00:07:47 (28.1%)	5:32	10.8 (71.5%)
14	BOGACKA Lucyna	555	TKKF KOSZALIN	Kobiety	3	00:02:13	00:14:03	00:28:05.40	00:30:18.90	+00:08:10 (29.1%)	5:37	10.7 (70.9%)
15	ZARZYCKI Paweł	748		Mężczyźni	12	00:02:15	00:14:20	00:28:26.20	00:30:41.25	+00:08:31 (30.0%)	5:41	10.6 (70.2%)
16	BOGACKI Tomasz	556	TKKF KOSZALIN	Mężczyźni	13	00:02:13	00:14:05	00:28:31.60	00:30:45.20	+00:08:36 (30.2%)	5:42	10.5 (69.5%)
17	BRZĘCZEK Tomek	558	TĘCZA :)	Mężczyźni	14	00:02:16	00:14:09	00:28:32.90	00:30:49.20	+00:08:38 (30.2%)	5:42	10.5 (69.5%)
18	ZIĘBA Paweł	628	TKKF KOSZALIN	Mężczyźni	15	00:02:13	00:14:08	00:28:46.80	00:31:00.70	+00:08:52 (30.8%)	5:45	10.4 (68.9%)
19	BUCZEK Karolina	562		Kobiety	4	00:02:16	00:14:01	00:28:48.95	00:31:05.15	+00:08:54 (30.9%)	5:45	10.4 (68.9%)
20	TRUSIŁO Maciej	617	22 KDW PŁOMIEŃ ZHP KOSZALIN	Mężczyźni	16	00:02:21	00:14:13	00:29:16.60	00:31:37.75	+00:09:21 (32.0%)	5:51	10.3 (68.2%)
21	WANAGO Daniel	800	DORIAN TEAM	Mężczyźni	17	00:02:19	00:15:01	00:29:20.90	00:31:40.00	+00:09:26 (32.2%)	5:52	10.2 (67.5%)
22	LEMAŃCZYK Alina	795		Kobiety	5	00:02:18	00:15:02	00:29:23.10	00:31:41.60	+00:09:28 (32.2%)	5:52	10.2 (67.5%)
23	JURKIEWICZ Norbert	575	10 KDW ZHP 'CZARNE PANTERY'	Mężczyźni	18	00:02:13	00:14:18	00:29:24.30	00:31:37.55	+00:09:29 (32.3%)	5:52	10.2 (67.5%)
24	PACAN Mira	595	ŚWIAT PŁYTEK U KRYSPIŃA	Kobiety	6	00:02:14	00:14:54	00:29:24.90	00:31:39.80	+00:09:30 (32.3%)	5:53	10.2 (67.5%)
25	GAWIECKI Piotr	570	ROZBIEGANY KOSZALIN	Mężczyźni	19	00:02:13	00:15:04	00:29:24.95	00:31:38.25	+00:09:30 (32.3%)	5:53	10.2 (67.5%)
26	BARAŃSKI Maciej	553		Mężczyźni	20	00:02:15	00:14:57	00:29:27.05	00:31:42.45	+00:09:32 (32.4%)	5:53	10.2 (67.5%)
27	RADZIWIŃ Jakub	602	ZHP KOSZALIN	Mężczyźni	21	00:02:22	00:14:10	00:29:35.60	00:31:57.80	+00:09:40 (32.7%)	5:55	10.1 (66.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							2.5km	5km	5km			
28	MAZUREK Barbara	588	BABECZKI KOSZALIN	Kobiety	7	00:02:12	00:15:10	00:30:25.70	00:32:38.30	+00:10:30 (34.6%)	6:05	9.9 (65.6%)
29	BUCZEK Dariusz	560		Mężczyźni	22	00:02:18	00:14:19	00:30:39.15	00:32:57.25	+00:10:44 (35.0%)	6:07	9.8 (64.9%)
30	PACAN Bartosz	594		Mężczyźni	23	00:02:15	00:15:15	00:30:43.20	00:32:58.45	+00:10:48 (35.2%)	6:08	9.8 (64.9%)
31	TOMICKA Małgorzata	616		Kobiety	8	00:02:13	00:15:37	00:30:43.70	00:32:57.40	+00:10:48 (35.2%)	6:08	9.8 (64.9%)
32	WIERZBICKI Kacper	622	BIEGNIJCIE LUDZISKA	Mężczyźni	24	00:02:17	00:15:23	00:31:03.60	00:33:20.65	+00:11:08 (35.9%)	6:12	9.7 (64.2%)
33	SEEWALD Jan	608		Mężczyźni	25	00:02:16	00:14:34	00:31:10.10	00:33:26.10	+00:11:15 (36.1%)	6:14	9.6 (63.6%)
34	BUCZEK Barbara	561		Kobiety	9	00:02:15	00:15:06	00:31:13.05	00:33:28.35	+00:11:18 (36.2%)	6:14	9.6 (63.6%)
35	ZALECH Magdalena	523		Kobiety	10	00:02:20	00:15:35	00:31:38.30	00:33:58.40	+00:11:43 (37.1%)	6:19	9.5 (62.9%)
36	PUCUŁA Jacek	746		Mężczyźni	26	00:02:12	00:15:16	00:31:47.40	00:33:59.85	+00:11:52 (37.4%)	6:21	9.4 (62.3%)
37	WILK Agnieszka	626		Kobiety	11	00:02:19	00:15:01	00:32:03.15	00:34:22.55	+00:12:08 (37.9%)	6:24	9.4 (62.3%)
38	BUCZEK Karol	559				00:02:19	00:15:00	00:32:03.80	00:34:22.80	+00:12:09 (37.9%)	6:24	9.4 (62.3%)
39	MRUGALSKI Stanisław	592	MTS HAMER	Mężczyźni	27	00:02:16	00:16:11	00:32:08.70	00:34:24.70	+00:12:13 (38.1%)	6:25	9.3 (61.6%)
40	RYBIŃSKA Weronika	606	KL BAŁTYK KOSZALIN	Kobiety	12	00:02:15	00:15:21	00:32:28.25	00:34:43.65	+00:12:33 (38.7%)	6:29	9.2 (60.9%)
41	MAŁASZUK Agnieszka	586		Kobiety	13	00:02:18	00:16:45	00:33:02.00	00:35:20.50	+00:13:07 (39.7%)	6:36	9.1 (60.3%)
42	ZARZYCKA Wioletta	747		Kobiety	14	00:02:15	00:16:23	00:33:04.35	00:35:19.50	+00:13:09 (39.8%)	6:36	9.1 (60.3%)
43	RASIŃSKA Alicja	603	HKTP PTTK SEZAM KOSZALIN ZHP	Kobiety	15	00:02:20	00:15:34	00:33:21.70	00:35:42.60	+00:13:26 (40.3%)	6:40	9 (59.6%)
44	MAŁASZUK Grzegorz	587		Mężczyźni	28	00:02:18	00:16:46	00:33:22.25	00:35:40.25	+00:13:27 (40.3%)	6:40	9 (59.6%)
45	ZALECH Tomasz	524		Mężczyźni	29	00:02:19	00:16:02	00:33:24.65	00:35:44.45	+00:13:29 (40.4%)	6:41	9 (59.6%)
46	DOMAŃSKA Katarzyna	565		Kobiety	16	00:02:14	00:16:42	00:33:33.65	00:35:48.30	+00:13:38 (40.7%)	6:42	8.9 (58.9%)
47	DĄBROWSKA Alicja	564	TKKF KOSZALIN	Kobiety	17	00:02:13	00:17:22	00:33:48.90	00:36:01.90	+00:13:54 (41.1%)	6:45	8.9 (58.9%)
48	BORTNIK Joanna	743	ROZBIEGANY KOSZALIN	Kobiety	18	00:02:14	00:16:52	00:33:51.85	00:36:06.00	+00:13:57 (41.2%)	6:46	8.9 (58.9%)
49	BATYŃSKA Magdalena	554		Kobiety	19	00:02:15	00:16:21	00:33:53.65	00:36:09.55	+00:13:58 (41.3%)	6:46	8.8 (58.3%)
50	OLCZAK Krzysztof	593		Mężczyźni	30	00:02:15	00:16:22	00:33:54.95	00:36:09.95	+00:14:00 (41.3%)	6:46	8.8 (58.3%)
51	PIEKARZEWICZ Sylwia	599	BOBOLICE	Kobiety	20	00:02:12	00:16:37	00:33:55.75	00:36:08.45	+00:14:01 (41.3%)	6:47	8.8 (58.3%)
52	URBAŃSKA Anetta	618		Kobiety	21	00:02:14	00:16:33	00:34:05.35	00:36:19.55	+00:14:10 (41.6%)	6:49	8.8 (58.3%)
53	MADERA Wojtek	548		Mężczyźni	31	00:02:16	00:17:13	00:34:39.15	00:36:55.15	+00:14:44 (42.5%)	6:55	8.7 (57.6%)
54	MARSCHAŁKOWSKA Dorota	736	TKKF KOSZALIN	Kobiety	22	00:02:14	00:17:37	00:34:47.50	00:37:01.80	+00:14:52 (42.8%)	6:57	8.6 (57.0%)
55	DWULIT Iga	566		Kobiety	23	00:02:19	00:17:45	00:35:10.75	00:37:29.75	+00:15:16 (43.4%)	7:02	8.5 (56.3%)
56	GAWIECKA Mariola	569	ROZBIEGANY KOSZALIN	Kobiety	24	00:02:12	00:17:24	00:35:12.00	00:37:24.70	+00:15:17 (43.4%)	7:02	8.5 (56.3%)
57	SZOTT Aleksandra	613		Kobiety	25	00:02:23	00:17:14	00:35:43.20	00:38:06.80	+00:15:48 (44.3%)	7:08	8.4 (55.6%)
58	PRUSIK Marta	600	DECATHLON	Kobiety	26	00:02:11	00:17:38	00:36:08.30	00:38:20.00	+00:16:13 (44.9%)	7:13	8.3 (55.0%)
59	HOŁÓWKA Tomasz	573	DECATHLON	Mężczyźni	32	00:02:11	00:16:57	00:36:08.40	00:38:20.25	+00:16:13 (44.9%)	7:13	8.3 (55.0%)
60	GAŁĄŻKIEWICZ Kamil	568	15 GZ KOSYNIERZY ZHP	Mężczyźni	33	00:02:21	00:16:51	00:36:11.75	00:38:33.15	+00:16:17 (45.0%)	7:14	8.3 (55.0%)
61	MIKLASIŃSKA Monika	589	SŁAWNO	Kobiety	27	00:02:13	00:17:55	00:36:31.85	00:38:45.25	+00:16:37 (45.5%)	7:18	8.2 (54.3%)
62	ŁUBNIEWSKA Natalia	584	ROZBIEGANY KOSZALIN	Kobiety	28	00:02:20	00:17:54	00:36:42.45	00:39:03.15	+00:16:47 (45.8%)	7:20	8.2 (54.3%)
63	JUSZCZYK Agnieszka	576	ROZBIEGANY KOSZALIN	Kobiety	29	00:02:20	00:17:52	00:36:42.70	00:39:03.05	+00:16:47 (45.8%)	7:20	8.2 (54.3%)
64	PEŁKA Iwona	597		Kobiety	30	00:02:19	00:18:29	00:36:59.95	00:39:19.80	+00:17:05 (46.2%)	7:24	8.1 (53.6%)
65	JAKUBCZYK Agnieszka	671	BABECZKI	Kobiety	31	00:02:16	00:18:33	00:37:04.45	00:39:20.85	+00:17:09 (46.3%)	7:24	8.1 (53.6%)
66	RASZPLA Ilona	604	CIOTECZKI.PL	Kobiety	32	00:02:12	00:18:39	00:37:13.90	00:39:26.80	+00:17:19 (46.5%)	7:26	8.1 (53.6%)
67	WIKTOROWICZ Małgorzata	623	CIOTECZKI.PL	Kobiety	33	00:02:12	00:18:39	00:37:14.25	00:39:27.00	+00:17:19 (46.5%)	7:27	8.1 (53.6%)
68	MALINOWSKA Agnieszka	585	CIOTECZKI.PL	Kobiety	34	00:02:12	00:18:40	00:37:15.10	00:39:27.20	+00:17:20 (46.5%)	7:27	8.1 (53.6%)
69	KURCZ Barbara	583	BABECZKI KOSZALIN	Kobiety	35	00:02:15	00:18:43	00:37:28.45	00:39:44.15	+00:17:33 (46.9%)	7:29	8 (53.0%)
70	HAUSMAN Andrzej	572	KSR ROWERIA	Mężczyźni	34	00:02:14	00:19:20	00:41:55.45	00:44:09.60	+00:22:00 (52.5%)	8:23	7.2 (47.7%)
71	WANAGO Urszula	550	DORIAN TEAM	Kobiety	36	00:02:16	00:20:23	00:41:55.70	00:44:12.60	+00:22:00 (52.5%)	8:23	7.2 (47.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
72	WANAGO Anna	798	DORIAN TEAM	Kobiety	37	00:02:17	00:20:22	00:41:55.90	00:44:13.05	+00:22:01 (52.5%)	8:23	7.2 (47.7%)
73	SZYSZKOWSKI Tomasz	615		Mężczyźni	35	00:02:18	00:21:12	00:43:35.95	00:45:54.05	+00:23:41 (54.3%)	8:43	6.9 (45.7%)
74	SZYSZKOWSKA Katarzyna	614		Kobiety	38	00:02:17	00:21:13	00:43:36.50	00:45:54.15	+00:23:41 (54.3%)	8:43	6.9 (45.7%)
75	ZIÓŁKOWSKA Małgorzata	629		Kobiety	39	00:02:23	00:14:34			+00:04:46	5:49	10.3 (68.2%)
76	KONARZEWSKI Jacek	744		Mężczyźni	36	00:02:16	00:14:57			+00:05:10	5:58	10 (66.2%)
77	JAŚKIEWICZ Wojciech	574		Mężczyźni	37	00:02:17	00:16:12			+00:06:24	6:28	9.3 (61.6%)
78	STACIWA Daniel	751		Mężczyźni	38	00:02:23	00:17:37			+00:07:50	7:02	8.5 (56.3%)
79	LUDKA Amelia	750		Kobiety	40	00:02:21	00:17:38			+00:07:51	7:03	8.5 (56.3%)
80	LIPIŃSKA Katarzyna	797	DORIAN TEAM	Kobiety	41	00:02:17	00:20:22			+00:10:35	8:08	7.4 (49.0%)
81	LIPIŃSKA Wiktoria	787		Kobiety	42	00:02:22	00:25:58			+00:16:11	10:23	5.8 (38.4%)

Znaleziono 81 wynik(ów)