

LEGNICA - FINAŁ PUCHARU EUROPY NORDIC WALKING - 10 KM

B4SPORT

Wydarzenie: Puchar Europy 10 km i Mistrzostwa Europy 5 km
Nordic Walking
Organizator: PFNW
Data: 2017-09-30
Miejsce: Legnica
Dystans: 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	NIECHWIEJCZYK Piotr	46	OPEL ACTIVE TEAM	M40-49	1			00:14:52	00:30:07	00:45:27	01:00:50.70		6:05	9.9 (100%)
2	MICHALSKI Andrzej	40	WESOŁY BORSUK TEAM	M50-59	1			00:15:06	00:30:38	00:46:37	01:02:16.00	+00:01:25 (2.3%)	6:13	9.6 (97.0%)
3	OLUWAGBEMI Melvin	80	PARIS	M20-29	1	1		00:16:17	00:32:31	00:48:28	01:03:52.50	+00:03:01 (4.7%)	6:23	9.4 (94.9%)
4	NAKONIECZNY Grzegorz	45	EKSPEDYCJA NORDIC TEAM SZCZECIN	M40-49	2			00:15:37	00:31:31	00:47:38	01:03:53.90	+00:03:03 (4.8%)	6:23	9.4 (94.9%)
5	WOJTASIŃSKI Daniel	64	VIKING NORDIC TEAM CZĘSTOCHOWA	M30-39	1			00:15:35	00:31:46	00:48:10	01:04:48.00	+00:03:57 (6.1%)	6:28	9.3 (93.9%)
6	REMBARZ Łukasz	53	KS IDMAR	M40-49	3			00:15:48	00:32:03	00:48:32	01:04:53.00	+00:04:02 (6.2%)	6:29	9.2 (92.9%)
7	PUSZKIEL Leszek	93	GREEN TEAM ZIELONA GÓRA	M60-69	1			00:15:55	00:32:16	00:49:00	01:05:38.55	+00:04:47 (7.3%)	6:33	9.1 (91.9%)
8	HAŁAS Marcin	19		M30-39	2			00:16:00	00:32:25	00:49:06	01:06:00.75	+00:05:10 (7.8%)	6:36	9.1 (91.9%)
9	BASSO Daniela	3	NORDIC WALKING COMO	K50-59	1			00:16:15	00:32:49	00:49:43	01:06:38.60	+00:05:47 (8.7%)	6:39	9 (90.9%)
10	KUBISZYN Małgorzata	33		K30-39	1			00:16:26	00:33:23	00:50:23	01:07:11.55	+00:06:20 (9.4%)	6:43	8.9 (89.9%)
11	PASIKOWSKA Mariola	49	POSITIVE ENERGY	K30-39	2			00:16:26	00:33:23	00:50:24	01:07:40.20	+00:06:49 (10.1%)	6:46	8.9 (89.9%)
12	GRZYBAŁA Piotr	18		M40-49	4	1		00:16:22	00:33:34	00:50:32	01:07:50.80	+00:07:00 (10.3%)	6:47	8.8 (88.9%)
13	GŁOWA Michał	13	UNIA MIAST	M16-19	1			00:16:20	00:33:06	00:50:27	01:07:55.75	+00:07:05 (10.4%)	6:47	8.8 (88.9%)
14	JACHIMOWICZ Renata	22	LUKI TEAM SIEDLCE	K50-59	2			00:16:32	00:33:22	00:50:45	01:08:14.90	+00:07:24 (10.8%)	6:49	8.8 (88.9%)

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											netto 10km	Różn		
15	GRAML Günther	16	NW TEAM CITY FIT & SPORT FERSTL	M50-59	2			00:16:46	00:34:07	00:51:25	01:08:39.85	+00:07:49 (11.4%)	6:52	8.7 (87.9%)
16	WITCZUK Łukasz	91	LUKI TEAM SIEDLCE	M30-39	3			00:16:43	00:33:59	00:51:20	01:08:54.65	+00:08:03 (11.7%)	6:53	8.7 (87.9%)
17	MORAWSKI Bartosz	42	KS IDMAR	M30-39	4			00:16:55	00:34:21	00:51:50	01:09:22.80	+00:08:32 (12.3%)	6:56	8.6 (86.9%)
18	LANGMANN Hubert	77	NORDIC WALKING TEAM BAYERN	M60-69	2	4		00:16:52	00:34:17	00:51:56	01:09:25.60	+00:08:34 (12.4%)	6:56	8.6 (86.9%)
19	SCHNEIDER Helmut	73	NW TEAM CITY FIT & SPORT FERSTL	M70-79	1			00:17:11	00:34:36	00:51:55	01:09:33.55	+00:08:42 (12.5%)	6:57	8.6 (86.9%)
20	KLIMSIK Sebastian	28		M30-39	5			00:17:14	00:34:23	00:51:53	01:09:34.35	+00:08:43 (12.5%)	6:57	8.6 (86.9%)
21	ADAMSKI Robert	1		M40-49	5	1		00:17:10	00:34:42	00:52:13	01:09:52.30	+00:09:01 (12.9%)	6:59	8.6 (86.9%)
22	KUBIAK Przemysław	32	KS IDMAR	M40-49	6			00:16:48	00:34:27	00:52:15	01:09:57.50	+00:09:06 (13.0%)	6:59	8.6 (86.9%)
23	SPYCHAŁA Marzena	94	WESOŁY BORSUK TEAM	K40-49	1			00:16:55	00:34:20	00:52:15	01:10:14.95	+00:09:24 (13.4%)	7:01	8.5 (85.9%)
24	ZIELIŃSKI Paweł	90	LUKI TEAM SIEDLCE	M30-39	6	1		00:16:47	00:34:08	00:51:49	01:10:22.45	+00:09:31 (13.5%)	7:02	8.5 (85.9%)
25	JERNEJ Anna Maria	69	BLEIBURGER WALKER TEAM AUSTRIA	K50-59	3	4		00:16:30	00:34:20	00:52:24	01:10:30.65	+00:09:39 (13.7%)	7:03	8.5 (85.9%)
26	BOCZAR Beata	5	GREEN TEAM ZIELONA GÓRA	K50-59	4			00:17:12	00:34:32	00:52:42	01:10:35.60	+00:09:44 (13.8%)	7:03	8.5 (85.9%)
27	TRATTNIG Claudia	67	BLEIBURGER WALKER TEAM AUSTRIA	K40-49	2	1		00:16:52	00:34:36	00:52:50	01:10:50.40	+00:09:59 (14.1%)	7:05	8.5 (85.9%)
28	PASIŃSKA-SKOWRON Sylwia	50	PRUSZYŃSKI NORDIC WALKING	K40-49	3			00:17:12	00:35:02	00:53:15	01:11:33.45	+00:10:42 (15.0%)	7:09	8.4 (84.8%)
29	IDKOWIAK Magdalena	20	KS IDMAR	K30-39	3			00:17:21	00:35:31	00:53:51	01:12:15.75	+00:11:25 (15.8%)	7:13	8.3 (83.8%)
30	ŁUKASZEWICZ Joanna	79	GREEN TEAM ZIELONA GÓRA	K40-49	4			00:17:21	00:35:19	00:53:52	01:12:23.85	+00:11:33 (16.0%)	7:14	8.3 (83.8%)
31	ROGOS Henryk	54		M70-79	2			00:17:55	00:36:04	00:54:29	01:12:40.95	+00:11:50 (16.3%)	7:16	8.3 (83.8%)
32	BADECKI Ryszard	89	NIEZRZESZONY	M50-59	3			00:17:55	00:36:29	00:54:46	01:12:55.10	+00:12:04 (16.6%)	7:17	8.2 (82.8%)
33	WILDAUER Ingo	85	TEAM ERDINGER ALKOHOLFREI	M50-59	4			00:18:08	00:36:45	00:55:13	01:13:22.45	+00:12:31 (17.1%)	7:20	8.2 (82.8%)
34	NIEDL Margot	76		K40-49	5			00:17:43	00:36:12	00:54:50	01:13:32.60	+00:12:41 (17.3%)	7:21	8.2 (82.8%)
35	ORTNER Günter	81	GÜNTER`S POWER WALKER	M50-59	5			00:17:48	00:36:08	00:54:45	01:13:32.90	+00:12:42 (17.3%)	7:21	8.2 (82.8%)
36	BERGER Agnieszka	4	GUBIŃSKA GRUPA NORDICK WALKING	K30-39	4			00:17:32	00:35:50	00:54:44	01:13:34.00	+00:12:43 (17.3%)	7:21	8.2 (82.8%)
37	WIEŃSKO Ryszard	62	NIEZRZESZONY	M60-69	3			00:18:19	00:36:44	00:55:11	01:13:36.45	+00:12:45 (17.3%)	7:21	8.2 (82.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas		Tempo min/km	Tempo km/h
											netto 10km	Różn		
38	DĄBROWA Wojciech	10	CHODŹ Z NAMI	M50-59	6			00:18:00	00:36:42	00:55:25	01:13:51.75	+00:13:01 (17.6%)	7:23	8.1 (81.8%)
39	CZYCZ Emilia	9	GREEN TEAM ZIELONA GÓRA	K60-69	1			00:18:00	00:36:22	00:55:00	01:13:57.80	+00:13:07 (17.7%)	7:23	8.1 (81.8%)
40	SCHULZ Sigrid	74	NW TEAM CITY FIT & SPORT FERSTL	K50-59	5	1		00:17:57	00:36:42	00:55:52	01:14:06.15	+00:13:15 (17.9%)	7:24	8.1 (81.8%)
41	KWIATKOWSKA Stanisława	35	CHODZ Z NAMI	K50-59	6			00:18:20	00:37:06	00:55:43	01:14:07.60	+00:13:16 (17.9%)	7:24	8.1 (81.8%)
42	TIPPMANN Ronny	72	NW TEAM CITY FIT & SPORT FERSTL	M40-49	7	1		00:17:52	00:36:19	00:55:15	01:14:18.05	+00:13:27 (18.1%)	7:25	8.1 (81.8%)
43	ŚLUSARCZYK Andrzej	87	WESOŁY BORSUK TEAM	M60-69	4			00:18:13	00:37:01	00:55:43	01:14:30.50	+00:13:39 (18.3%)	7:27	8.1 (81.8%)
44	FASOLA Rafaella	75	COMO NORDIC WALKING	K40-49	6	1		00:18:15	00:36:58	00:55:58	01:14:56.20	+00:14:05 (18.8%)	7:29	8 (80.8%)
45	SOBAŃSKA Grażyna	57		K60-69	2	1		00:18:25	00:37:12	00:56:09	01:15:01.80	+00:14:11 (18.9%)	7:30	8 (80.8%)
46	LIGĘZA Janusz	37		M50-59	7	1		00:18:13	00:36:55	00:55:59	01:15:03.20	+00:14:12 (18.9%)	7:30	8 (80.8%)
47	JARZYŃSKA Małgorzata	24	HIFI ARTE	K50-59	7			00:18:10	00:36:47	00:56:03	01:15:34.05	+00:14:43 (19.5%)	7:33	7.9 (79.8%)
48	JACHIMOWICZ Mirosław	23	LUKI TEAM SIEDLCE	M50-59	8			00:17:59	00:36:52	00:55:55	01:15:36.20	+00:14:45 (19.5%)	7:33	7.9 (79.8%)
49	KOBIELA Daria	29	KING&QUEEN	K20-29	1			00:18:42	00:37:46	00:56:29	01:16:01.80	+00:15:11 (20.0%)	7:36	7.9 (79.8%)
50	ILOWSKA-REMBARZ Karolina	21	KS IDMAR	K30-39	5			00:18:34	00:37:46	00:57:05	01:16:04.60	+00:15:13 (20.0%)	7:36	7.9 (79.8%)
51	TOMASIK Marta	60		K30-39	6	2		00:18:15	00:37:23	00:56:34	01:16:10.30	+00:15:19 (20.1%)	7:37	7.9 (79.8%)
52	MAKOCKA Halina	39	EKSPEDYCJA NORDIC TEAM SZCZECIN	K60-69	3	1		00:18:08	00:37:05	00:56:34	01:16:26.50	+00:15:35 (20.4%)	7:38	7.8 (78.8%)
53	GOLUS Urszula	14	EKSPEDYCJA NORDIC TEAM SZCZECIN	K60-69	4			00:18:40	00:38:17	00:57:54	01:17:39.05	+00:16:48 (21.6%)	7:45	7.7 (77.8%)
54	LEBIT-MIKINIK Małgorzata	36	KS BIKE TEAM JERZMANOWA	K40-49	7			00:18:50	00:38:20	00:58:03	01:17:39.40	+00:16:48 (21.6%)	7:45	7.7 (77.8%)
55	URBAN Joanna	61	AMATOR	K40-49	8	2		00:18:43	00:39:00	00:58:29	01:17:49.80	+00:16:59 (21.8%)	7:47	7.7 (77.8%)
56	SKAWIŃSKA Ewa	56	RIGHTWAY	K40-49	9			00:19:06	00:39:05	00:58:44	01:18:03.75	+00:17:13 (22.1%)	7:48	7.7 (77.8%)
57	PIKSA Kazimierz	86	NORDIC WALKING KRUSZYNA	M60-69	5			00:18:44	00:38:02	00:58:02	01:18:12.55	+00:17:21 (22.2%)	7:49	7.7 (77.8%)
58	KWAPIS Mariusz	34	KS METRACO POLKOWICE	M20-29	2			00:17:55	00:37:22	00:57:39	01:18:42.05	+00:17:51 (22.7%)	7:52	7.6 (76.8%)
59	DOBROWOLSKA-ŚWIĄTEK Elżbieta	11	KB HARCOWNIK JELCZ LASKOWICE	K50-59	8	1		00:19:20	00:39:39	00:59:39	01:18:59.55	+00:18:08 (23.0%)	7:54	7.6 (76.8%)
60	MOLENDĄ Magdalena	41	KS IDMAR	K30-39	7			00:19:10	00:39:08	00:59:09	01:19:05.70	+00:18:15 (23.1%)	7:54	7.6 (76.8%)

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											netto 10km	Różn		
61	MOŹDŹEŃ Barbara	44	NIEZRZESZONA	K50-59	9			00:18:53	00:38:56	00:59:02	01:19:07.25	+00:18:16 (23.1%)	7:54	7.6 (76.8%)
62	ORCZYK Robert	48	GUBIŃSKA GRUPA NORDICK WALKING	M40-49	8			00:19:25	00:39:13	00:59:21	01:19:28.45	+00:18:37 (23.4%)	7:56	7.6 (76.8%)
63	TRATTNIG Manfred	68	BLEIBURGER WALKER TEAM AUSTRIA	M40-49	9			00:19:20	00:39:38	00:59:38	01:19:49.95	+00:18:59 (23.8%)	7:59	7.5 (75.8%)
64	KIDAWA Danuta	27	SANTANDER CONSUMER BANK	K40-49	10			00:19:26	00:39:22	00:59:32	01:19:50.00	+00:18:59 (23.8%)	7:59	7.5 (75.8%)
65	AGARWAL Ritu	2		K40-49	11	1		00:19:37	00:39:32	00:59:47	01:20:05.30	+00:19:14 (24.0%)	8:00	7.5 (75.8%)
66	ZACZYŃSKA Janina	66	KS METRACO POLKOWICE	K70-79	1	1		00:19:07	00:38:55	00:59:07	01:20:17.10	+00:19:26 (24.2%)	8:01	7.5 (75.8%)
67	THOMALLA Bogdan	59	SILESIA NORDIC TEAM	M70-79	3			00:19:10	00:39:15	00:59:46	01:21:02.20	+00:20:11 (24.9%)	8:06	7.4 (74.7%)
68	RAUCH Sonja	70	BLEIBURGER WALKER TEAM AUSTRIA	K50-59	10			00:20:12	00:40:41	01:01:06	01:21:39.60	+00:20:48 (25.5%)	8:10	7.3 (73.7%)
69	RACZYŃSKA Aleksandra	82	NW STADION ŚLĄSKI	K70-79	2			00:19:55	00:40:44	01:01:12	01:21:51.25	+00:21:00 (25.7%)	8:11	7.3 (73.7%)
70	PLANKO Oton	51	KLUB NORDIJSKE HOJE CELJE	M60-69	6			00:19:38	00:39:52	01:00:49	01:21:55.30	+00:21:04 (25.7%)	8:11	7.3 (73.7%)
71	NOWAK Beata	47	SAILING TEAM FERAJNA	K40-49	12			00:20:00	00:40:37	01:01:25	01:22:01.70	+00:21:11 (25.8%)	8:12	7.3 (73.7%)
72	MOSTOWSKA-NOWAK Elżbieta	43	STOWARZYSZENIE AZYMUT	K50-59	11			00:20:42	00:41:22	01:01:39	01:22:10.95	+00:21:20 (26.0%)	8:13	7.3 (73.7%)
73	EBERT Christoph	83	SZ VELDEN THE WALKIES	M20-29	3			00:18:54	00:38:58	01:00:31	01:22:24.70	+00:21:34 (26.2%)	8:14	7.3 (73.7%)
74	SARZYŃSKA Iwona	88		K50-59	12			00:20:07	00:40:40	01:01:39	01:22:55.05	+00:22:04 (26.6%)	8:17	7.2 (72.7%)
75	KRÓL Władysław	31	STRZEGOMSKA DWUNASTKA	M60-69	7			00:20:31	00:41:12	01:02:23	01:23:29.50	+00:22:38 (27.1%)	8:21	7.2 (72.7%)
76	KRZYŚCIN Rafał	6	SANTANDER CONSUMER BANK	M40-49	10			00:20:47	00:41:41	01:03:02	01:24:38.65	+00:23:47 (28.1%)	8:27	7.1 (71.7%)
77	GRYCZAN Halina	17	GUBIŃSKA GRUPA NORDIC WALKING	K60-69	5			00:20:35	00:41:43	01:03:30	01:25:33.95	+00:24:43 (28.9%)	8:33	7 (70.7%)
78	GOLUS Lech	15	EKSPEDYCJA NORDIC TEAM SZCZECIN	M60-69	8			00:20:39	00:42:13	01:03:47	01:25:45.95	+00:24:55 (29.1%)	8:34	7 (70.7%)
79	STEFANIAK Bożena	58		K50-59	13			00:21:04	00:42:41	01:04:45	01:27:05.35	+00:26:14 (30.1%)	8:42	6.9 (69.7%)
80	BREXLER Jasmin	78	NORDIC WALKING TEAM BAYERN	K20-29	2			00:21:02	00:43:46	01:05:46	01:27:54.10	+00:27:03 (30.8%)	8:47	6.8 (68.7%)
81	KRAMER Leszek	30	OLEŚNICKA STREFA NORDIC WALKING	M80+	1			00:22:26	00:45:28	01:07:24	01:29:01.45	+00:28:10 (31.7%)	8:54	6.7 (67.7%)
82	JÓŹWIAK Łukasz	25	WTW WŁOCŁAWEK	M40-49	11			00:20:38	00:43:01	01:06:10	01:29:03.20	+00:28:12 (31.7%)	8:54	6.7 (67.7%)
83	LIS Zbigniew	38		M80+	2			00:22:28	00:45:30	01:07:26	01:29:07.50	+00:28:16 (31.7%)	8:54	6.7 (67.7%)

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84	DZIĘCIOŁ Ryszard	12	AKTYWNY BOLESŁAWIEC	M70-79	4	2		00:21:10	00:44:39	01:07:51	01:29:32.60	+00:28:41 (32.0%)	8:57	6.7 (67.7%)
85	JÓŹWIAK Dominik	26	WTW WŁOCLAWEK	M20-29	4			00:21:46	00:44:09	01:07:18	01:30:14.55	+00:29:23 (32.6%)	9:01	6.6 (66.7%)
86	CHRAPEK Urszula	7	KS RUDZICA	K20-29	3			00:21:43	00:44:59	01:07:19	01:30:31.70	+00:29:41 (32.8%)	9:03	6.6 (66.7%)
87	WIKIERSKA Alicja	63	GUBIŃSKA GRUPA NORDIC WALKING	K60-69	6			00:22:29	00:45:28	01:08:40	01:31:30.05	+00:30:39 (33.5%)	9:09	6.6 (66.7%)
88	HASLEBNER Julia	84	SZ VELDEN THE WALKIES	K20-29	4			00:22:57	00:45:50	01:09:14	01:33:51.50	+00:33:00 (35.2%)	9:23	6.4 (64.6%)
89	FRAGER Barbara	71	BLEIBURGER WALKER TEAM AUSTRIA	K50-59	14			00:23:36	00:47:21	01:11:21	01:35:37.40	+00:34:46 (36.4%)	9:33	6.3 (63.6%)

Znaleziono 89 wynik(ów)