



# LEGNICA - MISTRZOSTWA EUROPY - NORDIC WALKING - 5 KM

B4SPORT

**Organizator:** PFNW  
**Data:** 2016-10-08  
**Miejsce:** Legnica  
**Dystans:** 5 km



Klasyfikacja: K30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Disabled	Żół. kartki	Czer. kartki	Czas startu	Start_All 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	SKRYCKA Katarzyna	384		K30-39	1				00:07:38	00:16:44	00:33:18.40	00:40:57.10		6:39	9 (100%)
2	MALCZYK Anna	335		K30-39	2				00:07:38	00:17:54	00:35:35.10	00:43:13.65	+00:02:16 (6.4%)	7:07	8.4 (93.3%)
3	TOMASIK Marta	426		K30-39	3				00:07:40	00:17:54	00:35:53.60	00:43:33.95	+00:02:35 (7.2%)	7:10	8.4 (93.3%)
4	TUCZYNSKA Barbara	430		K30-39	4	1			00:07:40	00:17:56	00:36:21.90	00:44:02.50	+00:03:03 (8.4%)	7:16	8.2 (91.1%)
5	KONASZCZUK Agnieszka	295		K30-39	5	1			00:07:39	00:18:00	00:36:46.65	00:44:25.65	+00:03:28 (9.4%)	7:21	8.2 (91.1%)
6	GAŁĘŻA Marta	249		K30-39	6				00:07:41	00:18:40	00:36:58.55	00:44:39.90	+00:03:40 (9.9%)	7:23	8.1 (90.0%)
7	RUDOLF Natalia	375		K30-39	7				00:07:39	00:18:38	00:37:41.50	00:45:21.20	+00:04:23 (11.6%)	7:32	8 (88.9%)
8	GERLE-KOTULA Anna	253		K30-39	8				00:07:39	00:19:18	00:38:45.60	00:46:24.70	+00:05:27 (14.1%)	7:45	7.7 (85.6%)
9	SZYJKA Izabela	415		K30-39	9				00:07:39	00:19:17	00:39:22.80	00:47:02.50	+00:06:04 (15.4%)	7:52	7.6 (84.4%)
10	BŁASZCZYK Monika	215		K30-39	10				00:07:39	00:19:19	00:39:48.00	00:47:27.85	+00:06:29 (16.3%)	7:57	7.5 (83.3%)
11	KOWALCZYK-LACHOWSKA Marta	304		K30-39	11				00:07:40	00:19:24	00:40:07.40	00:47:47.70	+00:06:49 (17.0%)	8:01	7.5 (83.3%)
12	CIEŚLIK Magdalena	227		K30-39	12				00:07:40	00:20:11	00:40:13.00	00:47:53.35	+00:06:54 (17.2%)	8:02	7.5 (83.3%)
13	GASYNA Joanna	252		K30-39	13				00:07:41	00:20:11	00:40:18.90	00:48:00.55	+00:07:00 (17.4%)	8:03	7.4 (82.2%)
14	GORZELA Izabela	256		K30-39	14				00:07:40	00:20:28	00:41:08.20	00:48:48.60	+00:07:49 (19.0%)	8:13	7.3 (81.1%)
15	BŁĘDOWSKA Agata	470		K30-39	15				00:07:43	00:22:13	00:43:52.20	00:51:35.50	+00:10:33 (24.1%)	8:46	6.8 (75.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Disabled	Żół. kartki	Czer. kartki	Czas startu	Start_All 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
16	<b>WOJNAROWSKA Małgorzata</b>	<b>442</b>		K30-39	16				00:07:41	00:21:59	<b>00:43:58.15</b>	<b>00:51:39.25</b>	+00:10:39 (24.2%)	8:47	6.8 (75.6%)
17	<b>KULBAS-LEŚNA Aleksandra</b>	<b>471</b>		K30-39	17				00:07:42	00:22:15	<b>00:44:03.20</b>	<b>00:51:45.55</b>	+00:10:44 (24.4%)	8:48	6.8 (75.6%)
18	<b>PUSTELNIK Elżbieta</b>	<b>361</b>		K30-39	18				00:07:41	00:21:40	<b>00:44:09.15</b>	<b>00:51:50.90</b>	+00:10:50 (24.6%)	8:49	6.8 (75.6%)
19	<b>TABOŁA Marta</b>	<b>485</b>		K30-39	19				00:07:43	00:21:58	<b>00:44:25.35</b>	<b>00:52:08.70</b>	+00:11:06 (25.0%)	8:53	6.8 (75.6%)
20	<b>SZAŁAJ Aleksandra</b>	<b>410</b>		K30-39	20	1			00:07:41	00:21:58	<b>00:44:29.10</b>	<b>00:52:10.85</b>	+00:11:10 (25.1%)	8:53	6.7 (74.4%)
21	<b>KONOPIŃSKA Daria</b>	<b>296</b>		K30-39	21				00:07:41	00:22:35	<b>00:45:34.15</b>	<b>00:53:15.35</b>	+00:12:15 (26.9%)	9:06	6.6 (73.3%)
22	<b>PIERZCHAŁA Izabela</b>	<b>359</b>		K30-39	22				00:07:39	00:22:37	<b>00:45:35.65</b>	<b>00:53:15.45</b>	+00:12:17 (26.9%)	9:07	6.6 (73.3%)
23	<b>PLEBAŃCZYK Anna</b>	<b>360</b>		K30-39	23				00:07:42	00:22:51	<b>00:45:36.90</b>	<b>00:53:19.60</b>	+00:12:18 (27.0%)	9:07	6.6 (73.3%)
DQ	<b>ZACZYŃSKA Anna</b>	<b>452</b>		K30-39			1		DQ	00:15:39 DQ	<b>DQ</b>	<b>DQ</b>		-	- (0.0%)

Znaleziono 24 wynik(ów)