



LEGNICA - MISTRZOSTWA EUROPY - NORDIC WALKING - 5 KM

B4SPORT

Organizator: PFNW
Data: 2016-10-08
Miejsce: Legnica
Dystans: 5 km



Klasyfikacja: K45-49

| Msc | Zawodnik | Numer Klub | Kategoria | Mkat | Disabled | Żół. kartki | Czer. kartki | Czas startu | Start All 2.5km | Czas netto 5km | Czas brutto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------|------------|-----------|------|----------|-------------|--------------|-------------|--------------------|----------------------|-----------------------|-------------------|-----------------|---------------|
| 1 | BORKOWSKA Lidia | 218 | K45-49 | 1 | | | | 00:08:40 | 00:16:49 | 00:33:48.30 | 00:42:28.95 | | 6:45 | 8.9 (100%) |
| 2 | SPYCHAŁA Marzena | 392 | K45-49 | 2 | | | | 00:08:40 | 00:16:47 | 00:34:02.40 | 00:42:42.80 | +00:00:14 (0.7%) | 6:48 | 8.8 (98.9%) |
| 3 | ŁUKASZEWICZ Joanna | 331 | K45-49 | 3 | | | | 00:08:40 | 00:16:52 | 00:34:09.90 | 00:42:50.30 | +00:00:21 (1.1%) | 6:50 | 8.8 (98.9%) |
| 4 | KOWALCZYK Edyta | 482 | K45-49 | 4 | | | | 00:08:42 | 00:17:41 | 00:35:52.90 | 00:44:35.50 | +00:02:04 (5.8%) | 7:10 | 8.4 (94.4%) |
| 5 | NIEDL Margot | 350 | K45-49 | 5 | | | | 00:08:41 | 00:18:11 | 00:37:03.50 | 00:45:45.35 | +00:03:15 (8.8%) | 7:24 | 8.1 (91.0%) |
| 6 | PTAŚ Jolanta | 477 | K45-49 | 6 | | | | 00:08:41 | 00:18:42 | 00:37:33.40 | 00:46:14.65 | +00:03:45 (10.0%) | 7:30 | 8 (89.9%) |
| 7 | LASOTA Dorota | 321 | K45-49 | 7 | | | | 00:08:41 | 00:18:41 | 00:37:43.05 | 00:46:24.20 | +00:03:54 (10.4%) | 7:32 | 8 (89.9%) |
| 8 | GABERT Beata | 244 | K45-49 | 8 | | | | 00:08:41 | 00:19:07 | 00:38:03.40 | 00:46:45.00 | +00:04:15 (11.2%) | 7:36 | 7.9 (88.8%) |
| 9 | DROZD Maria | 237 | K45-49 | 9 | | | | 00:08:40 | 00:19:02 | 00:38:04.05 | 00:46:45.00 | +00:04:15 (11.2%) | 7:37 | 7.9 (88.8%) |
| 10 | GWAREK Anita | 264 | K45-49 | 10 | | | | 00:08:42 | 00:19:02 | 00:38:29.50 | 00:47:12.20 | +00:04:41 (12.2%) | 7:42 | 7.8 (87.6%) |
| 11 | FASOLA Raffaella | 240 | K45-49 | 11 | | | | 00:07:40 | 00:19:10 | 00:38:32.60 | 00:46:13.50 | +00:04:44 (12.3%) | 7:42 | 7.8 (87.6%) |
| 12 | RADKA Iwona | 366 | K45-49 | 12 | | | | 00:08:41 | 00:19:43 | 00:39:51.60 | 00:48:33.40 | +00:06:03 (15.2%) | 7:58 | 7.5 (84.3%) |
| 13 | OLEJCZYK Renata | 353 | K45-49 | 13 | | | | 00:08:41 | 00:26:12 | | | +00:09:22 | 10:28 | 5.7 (64.0%) |

Znaleziono 13 wynik(ów)