

LEGNICA - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Event: PUCHAR POLSKI NORDIC WALKING 2019
Organiser: Legnica
Date: 2019-06-22
Place: Legnica
Distance: 21.1 km



Classification: K40-49

Place	Participant	Number	Club	Category	MCat	Żół.	Czer.	Herk_All	Herk_All	Herk_All	Herk_All	Herk_All	Herk_All	Herk_All	Herk_All	Herk_All	Net time	Gap	Pace	Pace
						kartki	kartki	1.1km	3.6km	6.1km	8.6km	11.1km	13.6km	16.1km	18.6km	21.1km		min/km	km/h	
1	SPYCHAŁA Marzena	327	CKZIU NYSA MECHANIK	K40-49	1			00:06:32	00:24:41	00:43:06	01:02:02	01:20:47	01:39:16	01:58:19	02:17:50	02:37:35.50		7:28	8	(100%)
2	KOLMETZ Katarzyna	311	POLIPACK TEAM GWE	K40-49	2	1		00:06:57	00:25:43	00:44:27	01:03:23	01:22:35	01:41:51	02:01:23	02:21:14	02:40:58.45	+00:03:22 (2.1%)	7:37	7.9	(98.8%)
3	SZULC Alicja	329		K40-49	3			00:06:26	00:24:38	00:42:42	01:01:21	01:20:34	01:39:46	02:00:03	02:20:51	02:41:31.20	+00:03:55 (2.4%)	7:39	7.8	(97.5%)
4	ŚCIBUT Ania	331	FORMA NA PIĄTKĘ NW	K40-49	4			00:06:43	00:25:28	00:44:31	01:03:56	01:23:47	01:43:52	02:04:06	02:24:39	02:45:09.10	+00:07:33 (4.6%)	7:49	7.7	(96.3%)
5	GROS Agnieszka	306	STADION ŚLĄSKI	K40-49	5			00:06:54	00:26:05	00:45:41	01:05:52	01:26:10	01:46:49	02:08:02	02:29:12	02:50:34.55	+00:12:59 (7.6%)	8:05	7.4	(92.5%)
6	KORDOWSKA Bogusława	313	LUX TORPEDA MAŁOPOLSKA	K40-49	6			00:07:09	00:27:04	00:46:42	01:06:45	01:27:05	01:48:33	02:09:24	02:30:53	02:52:28.30	+00:14:52 (8.6%)	8:10	7.3	(91.3%)
7	DANKIEWICZ Barbara	303	ZAWSZE MŁODZI	K40-49	7	1		00:07:30	00:28:15	00:48:38	01:08:44	01:29:05	01:49:29	02:10:17	02:31:36	02:52:49.00	+00:15:13 (8.8%)	8:11	7.3	(91.3%)
8	WIŚNIEWSKA Sylwia	336	EDUWIS	K40-49	8			00:07:54	00:29:45	00:52:09	01:14:42	01:37:02	02:01:25	02:25:56	02:49:33	03:13:32.20	+00:35:56 (18.6%)	9:10	6.5	(81.3%)

Total 8 results.