

LEGNICA - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM

B4SPORT
INTELEKTUALNE ZARZĄDZANIE SPORTOWE

Wydarzenie: PUCHAR POLSKI NORDIC WALKING 2019
Organizator: Legnica
Data: 2019-06-22
Miejsce: Legnica
Dystans: 21.1 km



Klasyfikacja: M50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Herk_All 1.1km	Herk_All 3.6km	Herk_All 6.1km	Herk_All 8.6km	Herk_All 11.1km	Herk_All 13.6km	Herk_All 16.1km	Herk_All 18.6km	Czas netto 21.1km	Różn	Tempo min/km	Tempo km/h
1	SKIBA Krzysztof	325	MSPORT TEAM	M50-59	1	1		00:06:06	00:22:27	00:38:28	00:54:48	01:11:52	01:28:42	01:45:43	02:02:45	02:20:01.00		6:38	9 (100%)
2	BARCZYK Bogdan	301	NORDIC TEAM CZĘSTOCHOWA	M50-59	2			00:06:21	00:24:07	00:41:48	00:59:52	01:17:51	01:36:26	01:54:59	02:13:46	02:32:24.50	+00:12:23 (8.1%)	7:13	8.3 (92.2%)
3	LENZ Andrzej	317	MUSZKIETEROWIE	M50-59	3	2		00:06:42	00:25:22	00:44:02	01:02:51	01:21:43	01:40:40	01:59:37	02:18:48	02:38:41.60	+00:18:40 (11.8%)	7:31	8 (88.9%)
4	ŻYDACZEWSKI Ryszard	342	KS METRACO POLKOWICE	M50-59	4			00:06:40	00:24:57	00:45:59	01:04:02	01:22:35	01:41:30	02:00:43	02:20:13	02:40:09.90	+00:20:08 (12.6%)	7:35	7.9 (87.8%)
5	ŻAMOJCIN Marek	338		M50-59	5			00:06:39	00:25:30	00:44:34	01:03:46	01:23:09	01:42:42	02:02:37	02:22:39	02:42:48.95	+00:22:47 (14.0%)	7:42	7.8 (86.7%)
6	RAKOWIECKI Zbigniew	324	FACE NORDIC WALKING TEAM	M50-59	6	1		00:06:56	00:25:46	00:44:48	01:04:03	01:23:31	01:43:11	02:03:05	02:23:07	02:43:32.50	+00:23:31 (14.4%)	7:45	7.7 (85.6%)
7	GOŁĘBIEWSKI Krzysztof	305	ZAWSZE MŁODZI	M50-59	7			00:06:42	00:25:32	00:44:36	01:03:54	01:23:21	01:42:50	02:02:54	02:23:37	02:44:24.70	+00:24:23 (14.8%)	7:47	7.7 (85.6%)
8	SZYMAŃSKI Jacek	330	DAJ RADOŚĆ NIEPEŁNOSPRAWNYM	M50-59	8			00:06:55	00:26:16	00:45:45	01:05:05	01:24:56	01:45:06	02:04:30	02:24:50	02:45:24.80	+00:25:23 (15.4%)	7:50	7.7 (85.6%)
9	BADECKI Ryszard	344	KS METRACO POLKOWICE	M50-59	9			00:06:42	00:25:31	00:44:35	01:03:48	01:23:24	01:44:19	02:04:54	02:27:49	02:50:23.05	+00:30:22 (17.8%)	8:04	7.4 (82.2%)
10	LIGĘZA Janusz	318		M50-59	10	2		00:07:03	00:26:20	00:45:57	01:06:13	01:27:20	01:49:25	02:10:03	02:30:27	02:51:40.05	+00:31:39 (18.4%)	8:08	7.4 (82.2%)
11	WILDAUER Jugo	341	TEAM ERDINGER ALKOHOLFREI	M50-59	11			00:06:57	00:26:11	00:45:49	01:06:31	01:27:31	01:48:57	02:10:58	02:33:35	02:56:03.65	+00:36:02 (20.5%)	8:20	7.2 (80.0%)

Znaleziono 11 wynik(ów)