



# LEGNICA - WYŚCIG PRZYJAŹNI NORDIC WALKING - 5 KM

B4SPORT

**Event:** PUCHAR EUROPY NORDIC WALKING 2019  
**Organiser:** Polska Federacja Nordic Walking  
**Date:** 2019-06-23  
**Place:** Legnica  
**Distance:** 5 km



Classification: M45-59

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Herk_All 2.5km	Net time 5km	Gap	Pace min/km	Pace km/h
1	<b>KŁYŚ Ryszard</b>	<b>37</b>	STADION ŚLĄSKI	M45-59	1	2		00:16:10	<b>00:32:39.35</b>		6:31	9.2 (100%)
2	<b>ROŻYNEK Miron</b>	<b>73</b>	KS METRACO POLKOWICE	M45-59	2			00:16:08	<b>00:32:51.50</b>	+00:00:12 (0.6%)	6:34	9.1 (98.9%)
3	<b>SPYCHAŁA Lesław</b>	<b>76</b>	CKZIUMECHANIK NYSA	M45-59	3			00:16:35	<b>00:33:31.00</b>	+00:00:51 (2.6%)	6:42	9 (97.8%)
4	<b>HOŁUBKA Mariusz</b>	<b>29</b>		M45-59	4			00:16:35	<b>00:33:43.60</b>	+00:01:04 (3.2%)	6:44	8.9 (96.7%)
5	<b>KLIMCZAK Adam</b>	<b>36</b>	GOSADI NORDIC TEAM	M45-59	5			00:17:09	<b>00:34:15.10</b>	+00:01:35 (4.7%)	6:51	8.8 (95.7%)
6	<b>WIŚNIEWSKI Sławomir</b>	<b>123</b>	FUIGGER TEAM	M45-59	6			00:16:56	<b>00:34:49.45</b>	+00:02:10 (6.2%)	6:58	8.6 (93.5%)
7	<b>KRYŚ Artur</b>	<b>121</b>		M45-59	7			00:18:03	<b>00:36:28.90</b>	+00:03:49 (10.5%)	7:17	8.2 (89.1%)
8	<b>WILDAUER Ingo</b>	<b>115</b>	TEAM ERDINGER ALKOHOLFREI	M45-59	8			00:19:36	<b>00:38:39.40</b>	+00:06:00 (15.5%)	7:43	7.8 (84.8%)
9	<b>TOPOLNICKI Mariusz</b>	<b>92</b>	CKZIU MECHANIK NYSA	M45-59	9			00:19:56	<b>00:39:01.15</b>	+00:06:21 (16.3%)	7:48	7.7 (83.7%)
10	<b>WALESZKO Andrzej</b>	<b>97</b>		M45-59	10			00:19:35	<b>00:39:37.50</b>	+00:06:58 (17.6%)	7:55	7.6 (82.6%)
11	<b>DRAPIKOWSKI Marek</b>	<b>15</b>	DRAPIKI I PASJONACI NORDIC WALKING	M45-59	11			00:20:42	<b>00:42:21.00</b>	+00:09:41 (22.9%)	8:28	7.1 (77.2%)
12	<b>BERNASIEWICZ Józef</b>	<b>8</b>	DRAPIKI I PASJONACI NORDIC WALKING	M45-59	12			00:20:42	<b>00:42:21.20</b>	+00:09:41 (22.9%)	8:28	7.1 (77.2%)
13	<b>WINIARSKI Robert</b>	<b>101</b>		M45-59	13			00:22:26	<b>00:46:12.45</b>	+00:13:33 (29.3%)	9:14	6.5 (70.7%)
14	<b>DZIURA Piotr</b>	<b>18</b>	DRAPIKI I PASJONACI NORDIC WALKING	M45-59	14	1		00:25:45	<b>00:50:30.95</b>	+00:17:51 (35.4%)	10:06	5.9 (64.1%)
15	<b>LEWANDOWSKI Jacek</b>	<b>45</b>	STADION ŚLĄSKI	M45-59	15			00:25:09	<b>00:50:53.25</b>	+00:18:13 (35.8%)	10:10	5.9 (64.1%)
DQ	<b>URBANIAK Waldemar</b>	<b>94</b>		M45-59		3	1	00:18:04 DQ	<b>00:37:09.25 DQ</b>		-	- (0.0%)

Total 16 results.