

ŁEMKOWYNA  
ULTRA-TRAIL®



COROS  
SPONSOR POMIARU CZASU

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Łemkowyna Ultra-Trail  
Fundacja Ultra  
2021-10-23  
Komańcza  
47.7 km

# ŁEMKO MARATON 48

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Puławy Górne 18.7km	Przybyszów 34.2km	Czas netto 47.7km	Czas brutto 47.7km	Różn	Tempo min/km	Tempo km/h
1	<b>WILK Maciej</b>	<b>2326</b>	RAMBO 3	Open M	1	01:25:25	02:41:34	<b>03:56:01.50</b>	<b>03:56:03.50</b>		4:56	12.1 (100%)
2	<b>SZKOŁA Wojciech</b>	<b>2290</b>	NATURAL BORN RUNNERS	Open M	2	01:31:31	02:50:07	<b>04:06:55.05</b>	<b>04:06:57.85</b>	+00:10:54 (4.4%)	5:10	11.6 (95.9%)
3	<b>MAZAN Piotr</b>	<b>2004</b>	FINISZ RYMANÓW	Open M	3	01:32:07	02:54:09	<b>04:08:49.90</b>	<b>04:08:51.65</b>	+00:12:48 (5.1%)	5:12	11.5 (95.0%)
4	<b>WASIEWICZ Adam</b>	<b>2320</b>	NIE MÓJ CYRK, NIE MOJE MAŁPY	Open M	4	01:37:47	02:58:16	<b>04:14:02.85</b>	<b>04:14:08.15</b>	+00:18:04 (7.1%)	5:19	11.3 (93.4%)
5	<b>MATUSIAK Daniel</b>	<b>2177</b>		Open M	5	01:34:28	02:58:23	<b>04:15:58.95</b>	<b>04:16:01.65</b>	+00:19:58 (7.8%)	5:21	11.2 (92.6%)
6	<b>ZDUNEK Michał</b>	<b>2343</b>	GMINA FRAMPOL	Open M	6	01:32:01	02:55:07	<b>04:18:43.05</b>	<b>04:18:45.30</b>	+00:22:41 (8.8%)	5:25	11.1 (91.7%)
7	<b>KWIATKOWSKI Michael</b>	<b>2146</b>	LACHO TEAM	Open M	7	01:32:42	03:00:52	<b>04:22:02.25</b>	<b>04:22:03.90</b>	+00:26:00 (9.9%)	5:29	10.9 (90.1%)
8	<b>HORZELA Błażej</b>	<b>2078</b>		Open M	8	01:31:48	02:54:30	<b>04:24:10.20</b>	<b>04:24:12.25</b>	+00:28:08 (10.7%)	5:32	10.8 (89.3%)
9	<b>BÁLINT Martin</b>	<b>2008</b>		Open M	9	01:36:43	03:05:34	<b>04:31:17.00</b>	<b>04:31:19.80</b>	+00:35:16 (13.0%)	5:41	10.5 (86.8%)
10	<b>KRYGIER Krzysztof</b>	<b>2127</b>	SPIESZSIEPOWOLI.PL	Open M	10	01:29:03	02:53:03	<b>04:32:10.80</b>	<b>04:32:12.90</b>	+00:36:09 (13.3%)	5:42	10.5 (86.8%)
11	<b>SZCZUREK Michał</b>	<b>2288</b>		Open M	11	01:36:14	03:03:47	<b>04:32:26.65</b>	<b>04:32:37.65</b>	+00:36:34 (13.4%)	5:42	10.5 (86.8%)
12	<b>WILK Antoni</b>	<b>2325</b>		Open M	12	01:38:23	03:07:19	<b>04:33:10.30</b>	<b>04:33:13.00</b>	+00:37:09 (13.6%)	5:43	10.5 (86.8%)
13	<b>RUSIN Krzysztof</b>	<b>2258</b>		Open M	13	01:37:07	03:09:37	<b>04:34:48.20</b>	<b>04:34:55.50</b>	+00:38:52 (14.1%)	5:45	10.4 (86.0%)
14	<b>KWIATKOWSKA Kinga</b>	<b>2001</b>	SALCO GARMIN TEAM	Open K	1	01:47:43	03:19:29	<b>04:35:23.25</b>	<b>04:35:25.85</b>	+00:39:22 (14.3%)	5:46	10.4 (86.0%)
15	<b>FLOREK Sebastian</b>	<b>2002</b>		Open M	14	01:40:08	03:10:29	<b>04:35:38.00</b>	<b>04:35:42.90</b>	+00:39:39 (14.4%)	5:46	10.4 (86.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Puławy Górne 18.7km	Przybyszów 34.2km	Czas netto 47.7km	Czas brutto 47.7km	Różn	Tempo min/km	Tempo km/h
16	<b>SNARSKI Bogdan</b>	<b>2275</b>	DREAM RUN	Open M	15	01:42:37	03:11:56	<b>04:36:04.70</b>	<b>04:36:08.00</b>	+00:40:04 (14.5%)	5:47	10.4 (86.0%)
17	<b>CHOJNACKI Wiktor</b>	<b>2030</b>	KAMIEŃ DWERNIK TRAIL	Open M	16	01:39:23	03:12:48	<b>04:36:24.15</b>	<b>04:36:27.40</b>	+00:40:23 (14.6%)	5:47	10.4 (86.0%)
18	<b>PIETRZYK Mariusz</b>	<b>2221</b>		Open M	17	01:42:20	03:12:42	<b>04:40:18.90</b>	<b>04:40:26.65</b>	+00:44:23 (15.8%)	5:52	10.2 (84.3%)
19	<b>MALECKA-LEŃ Patrycja</b>	<b>2168</b>	STAJNIA BALONA	Open K	2	01:45:35	03:19:40	<b>04:42:38.35</b>	<b>04:42:39.85</b>	+00:46:36 (16.5%)	5:55	10.1 (83.5%)
20	<b>TOPOLSKI Marcin</b>	<b>2305</b>	CZŁOWIEK KTÓRY NIE BOI SIĘ CHUCKA NORRISA	Open M	18	01:46:50	03:18:42	<b>04:43:42.25</b>	<b>04:43:47.00</b>	+00:47:43 (16.8%)	5:56	10.1 (83.5%)
21	<b>OLENDER Marcin</b>	<b>2202</b>		Open M	19	01:44:37	03:15:42	<b>04:44:04.50</b>	<b>04:44:08.15</b>	+00:48:04 (16.9%)	5:57	10.1 (83.5%)
22	<b>WALASIK Jarosław</b>	<b>2314</b>		Open M	20	01:46:39	03:21:14	<b>04:49:13.30</b>	<b>04:49:18.90</b>	+00:53:15 (18.4%)	6:03	9.9 (81.8%)
23	<b>KLUS Anna</b>	<b>2102</b>		Open K	3	01:48:02	03:24:55	<b>04:49:54.85</b>	<b>04:50:01.50</b>	+00:53:58 (18.6%)	6:04	9.9 (81.8%)
24	<b>SKRZYPCZYK Paulina</b>	<b>2271</b>	TEAM FRUN / 42K PRO TEAM	Open K	4	01:44:40	03:21:34	<b>04:50:50.65</b>	<b>04:50:53.65</b>	+00:54:50 (18.9%)	6:05	9.8 (81.0%)
25	<b>GASPAROVIC Filip</b>	<b>2058</b>	LIPT KOKAVA	Open M	21	01:43:10	03:19:32	<b>04:51:25.10</b>	<b>04:51:29.35</b>	+00:55:25 (19.0%)	6:06	9.8 (81.0%)
26	<b>DOMINIAK Michał</b>	<b>2040</b>	LKS OLYMP BŁONIE	Open M	22	01:44:28	03:23:18	<b>04:54:27.05</b>	<b>04:54:36.75</b>	+00:58:33 (19.9%)	6:10	9.7 (80.2%)
27	<b>SZELC Mikołaj</b>	<b>2289</b>	ORT ŁOMIANKI	Open M	23	01:46:58	03:24:46	<b>04:56:15.25</b>	<b>04:56:34.65</b>	+01:00:31 (20.4%)	6:12	9.7 (80.2%)
28	<b>RÓŻAŃSKI Mateusz</b>	<b>2253</b>		Open M	24	01:47:23	03:25:18	<b>05:01:12.35</b>	<b>05:01:19.70</b>	+01:05:16 (21.7%)	6:18	9.5 (78.5%)
29	<b>GŁÓD Łukasz</b>	<b>2062</b>	MTB MOSIR DUKLA	Open M	25	01:44:25	03:24:47	<b>05:03:16.75</b>	<b>05:03:27.75</b>	+01:07:24 (22.2%)	6:21	9.4 (77.7%)
30	<b>PIWOWAR Dawid</b>	<b>2223</b>		Open M	26	01:49:52	03:29:57	<b>05:03:53.45</b>	<b>05:03:57.05</b>	+01:07:53 (22.3%)	6:22	9.4 (77.7%)
31	<b>WITEK Bogdan</b>	<b>2327</b>	WATER TEAM	Open M	27	01:46:33	03:28:13	<b>05:04:14.75</b>	<b>05:04:18.65</b>	+01:08:15 (22.4%)	6:22	9.4 (77.7%)
32	<b>WYSZYŃSKI Roman</b>	<b>2337</b>		Open M	28	01:49:31	03:27:45	<b>05:04:02.90</b>	<b>05:04:26.50</b>	+01:08:23 (22.5%)	6:22	9.4 (77.7%)
33	<b>MĘDRYKOWSKI Damian</b>	<b>2181</b>		Open M	29	01:52:50	03:34:48	<b>05:04:59.35</b>	<b>05:05:03.50</b>	+01:09:00 (22.6%)	6:23	9.4 (77.7%)
34	<b>BRZUSKA Lesław</b>	<b>2026</b>		Open M	30	01:48:45	03:33:33	<b>05:05:54.90</b>	<b>05:05:59.85</b>	+01:09:56 (22.9%)	6:24	9.4 (77.7%)
35	<b>KURASZ Piotr</b>	<b>2138</b>	47	Open M	31	01:45:40	03:26:19	<b>05:06:20.45</b>	<b>05:06:27.20</b>	+01:10:23 (23.0%)	6:25	9.3 (76.9%)
36	<b>PAPIERZ Marta</b>	<b>2213</b>		Open K	5	01:49:49	03:30:56	<b>05:06:34.00</b>	<b>05:06:42.35</b>	+01:10:38 (23.0%)	6:25	9.3 (76.9%)
37	<b>BLUMENFELD Jacek</b>	<b>2019</b>		Open M	32	01:44:16	03:22:02	<b>05:06:36.15</b>	<b>05:06:49.75</b>	+01:10:46 (23.1%)	6:25	9.3 (76.9%)
38	<b>KOŁODZIEJSKI Michał</b>	<b>2109</b>	LIPIEC RUNNING TEAM	Open M	33	01:49:51	03:32:11	<b>05:06:44.65</b>	<b>05:06:51.50</b>	+01:10:48 (23.1%)	6:25	9.3 (76.9%)

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39	MORAWSKI Bartosz	2194	STARE BABICE BIEGAJĄ	Open M	34	01:57:47	03:39:44	05:08:18.00	05:08:27.30	+01:12:23 (23.5%)	6:27	9.3 (76.9%)
40	NIESZPOREK Adam	2348	INTO THE WILD	Open M	35	01:48:39	03:32:09	05:09:13.90	05:09:18.70	+01:13:15 (23.7%)	6:28	9.3 (76.9%)
41	SMYK Łukasz	2272		Open M	36	01:46:45	03:27:30	05:09:23.45	05:09:33.35	+01:13:29 (23.7%)	6:29	9.3 (76.9%)
42	SKOTNICZNY Michał	2270		Open M	37	01:53:08	03:34:26	05:10:00.30	05:10:15.70	+01:14:12 (23.9%)	6:29	9.2 (76.0%)
43	KURUC Maria	2144		Open K	6	01:52:40	03:35:21	05:09:53.25	05:10:15.80	+01:14:12 (23.9%)	6:29	9.2 (76.0%)
44	KOPCZYŃSKI Paweł	2111		Open M	38	02:02:37	03:43:25	05:10:28.50	05:11:01.70	+01:14:58 (24.1%)	6:30	9.2 (76.0%)
45	PRUTA Rafał	2239	FATBOYS SPRINT	Open M	39	01:54:07	03:38:28	05:11:58.30	05:12:08.85	+01:16:05 (24.4%)	6:32	9.2 (76.0%)
46	MAGDA Łukasz	2163	3 XL	Open M	40	01:52:52	03:35:30	05:13:53.45	05:13:59.30	+01:17:55 (24.8%)	6:34	9.1 (75.2%)
47	KOLIMAGA Kamil	2107	ICEKURP #MORSY ŁYSE	Open M	41	01:53:32	03:39:50	05:14:46.95	05:15:01.15	+01:18:57 (25.1%)	6:35	9.1 (75.2%)
48	ODOLAK Piotr	2201	STANWEX II	Open M	42	01:52:51	03:37:11	05:14:38.05	05:15:04.35	+01:19:00 (25.1%)	6:35	9.1 (75.2%)
49	FILIPIUK Tomasz	2049	POWIAT ŚWIDNICKI	Open M	43	01:53:13	03:40:16	05:14:52.40	05:15:11.95	+01:19:08 (25.1%)	6:36	9.1 (75.2%)
50	URMANOWSKI Daniel	2309	DREAM RUN	Open M	44	01:42:28	03:29:26	05:15:16.40	05:15:20.10	+01:19:16 (25.1%)	6:36	9.1 (75.2%)
51	GNIEWEK Justyna	2063		Open K	7	01:53:50	03:40:56	05:15:18.95	05:15:32.35	+01:19:28 (25.2%)	6:36	9.1 (75.2%)
52	SWIANIEWICZ Stanisław	2285		Open M	45	01:47:01	03:35:14	05:16:23.80	05:16:34.40	+01:20:30 (25.4%)	6:37	9 (74.4%)
53	ZAJĄC Mateusz	2339		Open M	46	01:50:05	03:38:21	05:16:42.70	05:16:54.70	+01:20:51 (25.5%)	6:38	9 (74.4%)
54	ZIELIŃSKI Mateusz	2344		Open M	47	01:52:43	03:36:55	05:17:31.80	05:17:43.30	+01:21:39 (25.7%)	6:39	9 (74.4%)
55	BARCIKOWSKI Jędrzej	2010	S.S.O.C.	Open M	48	01:54:00	03:41:04	05:17:48.60	05:18:01.75	+01:21:58 (25.8%)	6:39	9 (74.4%)
56	KURASZKIEWICZ Robert	2139		Open M	49	01:50:20	03:37:53	05:18:08.85	05:18:12.75	+01:22:09 (25.8%)	6:40	9 (74.4%)
57	PŁONKA Rafał	2228	RUNNERSTOGETHER	Open M	50	01:51:10		05:18:48.80	05:18:52.20	+01:22:48 (26.0%)	6:41	9 (74.4%)
58	PIECZONKA Paweł	2219	PIĘKNE I BRODACZE	Open M	51	01:53:21		05:19:18.25	05:19:37.20	+01:23:33 (26.1%)	6:41	9 (74.4%)
59	SMYK Małgorzata	2273		Open K	8	01:51:51	03:39:09	05:21:45.00	05:21:54.85	+01:25:51 (26.7%)	6:44	8.9 (73.6%)
60	NIEMIRO Dominika	2199	JAGODOWO-KALINOWY TEAM	Open K	9	01:58:44	03:48:00	05:22:13.70	05:22:26.45	+01:26:22 (26.8%)	6:45	8.9 (73.6%)
61	MATUŁA Natalia	2176	TRIO	Open K	10	02:03:47	03:51:02	05:22:48.75	05:22:51.50	+01:26:48 (26.9%)	6:46	8.9 (73.6%)

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62	<b>BIERNAT Mateusz</b>	<b>2017</b>		Open M	52	02:03:37	03:49:50	<b>05:22:40.10</b>	<b>05:22:57.40</b>	+01:26:53 (26.9%)	6:45	8.9 (73.6%)
63	<b>KACZMAREK Tomasz</b>	<b>2090</b>		Open M	53	01:58:59	03:47:12	<b>05:22:52.40</b>	<b>05:23:12.90</b>	+01:27:09 (27.0%)	6:46	8.9 (73.6%)
64	<b>KOZŁOWSKI Michał</b>	<b>2122</b>	MATNER RUNNING TEAM	Open M	54	01:51:40	03:41:43	<b>05:23:11.30</b>	<b>05:23:15.50</b>	+01:27:12 (27.0%)	6:46	8.9 (73.6%)
65	<b>CZEMERYS Piotr</b>	<b>2035</b>	RUCH IZBICA	Open M	55	01:49:35	03:39:05	<b>05:23:55.40</b>	<b>05:24:05.40</b>	+01:28:01 (27.2%)	6:47	8.8 (72.7%)
66	<b>NIEMCZYK Dominik</b>	<b>2198</b>	EUROCLEAR RUNNING TEAM	Open M	56	02:01:19	03:50:53	<b>05:24:58.65</b>	<b>05:25:14.25</b>	+01:29:10 (27.4%)	6:48	8.8 (72.7%)
67	<b>TOMECKA Aleksandra</b>	<b>2304</b>	LPP TEAM	Open K	11	01:58:59	03:49:20	<b>05:26:03.25</b>	<b>05:26:12.95</b>	+01:30:09 (27.6%)	6:50	8.8 (72.7%)
68	<b>BANIAK Eryk</b>	<b>2009</b>		Open M	57	01:52:27	03:45:25	<b>05:27:09.55</b>	<b>05:27:12.35</b>	+01:31:08 (27.9%)	6:51	8.7 (71.9%)
69	<b>MAŃKOWSKA Anna</b>	<b>2170</b>		Open K	12	02:01:36	03:50:14	<b>05:26:59.25</b>	<b>05:27:14.40</b>	+01:31:10 (27.9%)	6:51	8.8 (72.7%)
70	<b>KRAWCZYK Dariusz</b>	<b>2124</b>		Open M	58	01:53:11	03:44:28	<b>05:27:48.55</b>	<b>05:28:17.40</b>	+01:32:13 (28.1%)	6:52	8.7 (71.9%)
71	<b>PŁAZA Piotr</b>	<b>2227</b>		Open M	59	02:00:13	03:51:08	<b>05:29:02.95</b>	<b>05:29:14.75</b>	+01:33:11 (28.3%)	6:53	8.7 (71.9%)
72	<b>LIPIŃSKI Oskar</b>	<b>2154</b>		Open M	60	01:55:18	03:44:50	<b>05:29:23.35</b>	<b>05:29:48.95</b>	+01:33:45 (28.4%)	6:54	8.7 (71.9%)
73	<b>SIKORA Jacek</b>	<b>2266</b>	SAMOTNY WILK	Open M	61	01:59:20	03:51:04	<b>05:30:23.40</b>	<b>05:30:30.90</b>	+01:34:27 (28.6%)	6:55	8.7 (71.9%)
74	<b>FORNAL Brygida</b>	<b>2050</b>	#ZALINIAMIETYTEAM	Open K	13	02:00:10	03:51:00	<b>05:31:39.95</b>	<b>05:31:55.90</b>	+01:35:52 (28.9%)	6:57	8.6 (71.1%)
75	<b>KOCIK Marcin</b>	<b>2106</b>	FATBOYS SPRINT	Open M	62	01:54:57	03:45:13	<b>05:32:19.10</b>	<b>05:32:29.45</b>	+01:36:25 (29.0%)	6:58	8.6 (71.1%)
76	<b>PAŁYSA Robert</b>	<b>2211</b>	STANWEX II	Open M	63	01:52:42	03:47:12	<b>05:32:23.25</b>	<b>05:32:50.65</b>	+01:36:47 (29.1%)	6:58	8.6 (71.1%)
77	<b>KACPERSKI Olaf</b>	<b>2089</b>		Open M	64	01:58:51	03:50:32	<b>05:33:43.50</b>	<b>05:33:48.40</b>	+01:37:44 (29.3%)	6:59	8.6 (71.1%)
78	<b>SAJDA Igor</b>	<b>2262</b>	MELVIT RUN	Open M	65	01:54:09	03:46:28	<b>05:34:00.90</b>	<b>05:34:06.75</b>	+01:38:03 (29.3%)	7:00	8.6 (71.1%)
79	<b>MUNIAK Kamil</b>	<b>2197</b>		Open M	66	02:00:13	03:53:51	<b>05:33:55.80</b>	<b>05:34:11.20</b>	+01:38:07 (29.4%)	7:00	8.6 (71.1%)
80	<b>WOŹNIAK Artur</b>	<b>2335</b>		Open M	67	01:57:16	03:48:02	<b>05:34:01.80</b>	<b>05:34:20.10</b>	+01:38:16 (29.4%)	7:00	8.6 (71.1%)
81	<b>PISZCZEK Jakub</b>	<b>2222</b>		Open M	68	01:49:22	03:47:40	<b>05:34:41.05</b>	<b>05:34:52.25</b>	+01:38:48 (29.5%)	7:00	8.6 (71.1%)
82	<b>POPŁAWSKI Piotr</b>	<b>2235</b>	PGB SPORTOWA PACZKA	Open M	69	02:06:40		<b>05:34:37.40</b>	<b>05:34:58.65</b>	+01:38:55 (29.5%)	7:00	8.6 (71.1%)
83	<b>KAMIŃSKI Artur</b>	<b>2092</b>	PERSONALTRIATHLON.PL	Open M	70	02:04:55	04:00:39	<b>05:35:19.45</b>	<b>05:35:45.85</b>	+01:39:42 (29.7%)	7:01	8.5 (70.2%)
84	<b>ŁUCJANEK Justyna</b>	<b>2158</b>	KAJA TEAM	Open K	14	02:02:55	03:55:46	<b>05:35:49.75</b>	<b>05:35:58.70</b>	+01:39:55 (29.7%)	7:02	8.5 (70.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Puławy Górne 18.7km	Przybyszów 34.2km	Czas netto 47.7km	Czas brutto 47.7km	Różn	Tempo min/km	Tempo km/h
85	<b>TURSKA Agnieszka</b>	<b>2307</b>	DUDYCZ RUN	Open K	15	02:01:09	03:54:05	<b>05:36:39.25</b>	<b>05:36:42.40</b>	+01:40:38 (29.9%)	7:03	8.5 (70.2%)
86	<b>MIERZWICKI Krzysztof</b>	<b>2189</b>		Open M	71	01:53:17	03:44:15	<b>05:36:54.40</b>	<b>05:36:56.65</b>	+01:40:53 (29.9%)	7:03	8.5 (70.2%)
87	<b>CZELEJ Rafał</b>	<b>2034</b>	BIEGAJĄCY ŚWIDNIK	Open M	72	02:00:10	03:52:50	<b>05:37:21.20</b>	<b>05:37:42.00</b>	+01:41:38 (30.1%)	7:04	8.5 (70.2%)
88	<b>MARUT Artur</b>	<b>2174</b>	FITNESS FREAKS	Open M	73	01:58:26	03:49:51	<b>05:37:28.95</b>	<b>05:37:57.90</b>	+01:41:54 (30.2%)	7:04	8.5 (70.2%)
89	<b>MACHAJ Wojciech</b>	<b>2161</b>	PGB SPORTOWA PACZKA	Open M	74	02:03:30	03:57:28	<b>05:37:57.80</b>	<b>05:38:07.70</b>	+01:42:04 (30.2%)	7:05	8.5 (70.2%)
90	<b>SZAFRANIEC Monika</b>	<b>2286</b>		Open K	16	02:07:45	03:59:43	<b>05:38:16.55</b>	<b>05:38:46.20</b>	+01:42:42 (30.3%)	7:05	8.5 (70.2%)
91	<b>WADZIŃSKI Kamil</b>	<b>2311</b>	SOLIN TEAM	Open M	75	01:55:16	03:50:18	<b>05:39:26.85</b>	<b>05:39:34.15</b>	+01:43:30 (30.5%)	7:06	8.4 (69.4%)
92	<b>GRYMULSKI Łukasz</b>	<b>2069</b>	TRIATHLON LUBLIN TEAM	Open M	76	01:59:18	03:50:04	<b>05:39:40.80</b>	<b>05:40:11.00</b>	+01:44:07 (30.6%)	7:07	8.4 (69.4%)
93	<b>RATAJ Tomasz</b>	<b>2247</b>		Open M	77	02:01:18	04:00:14	<b>05:41:43.80</b>	<b>05:42:09.85</b>	+01:46:06 (31.0%)	7:09	8.4 (69.4%)
94	<b>ZBORALSKI Michał</b>	<b>2342</b>		Open M	78	02:01:22	04:02:10	<b>05:42:04.85</b>	<b>05:42:30.90</b>	+01:46:27 (31.1%)	7:10	8.4 (69.4%)
95	<b>RYBKA Sławek</b>	<b>2259</b>	PĘDZĄCE ŚLIMAKI	Open M	79	01:58:11	03:54:39	<b>05:42:23.85</b>	<b>05:42:47.25</b>	+01:46:43 (31.1%)	7:10	8.4 (69.4%)
96	<b>KUREK Mariusz</b>	<b>2142</b>	MARATOŃCZYK DĘBICA	Open M	80	01:58:17	03:54:50	<b>05:42:24.40</b>	<b>05:42:47.45</b>	+01:46:43 (31.1%)	7:10	8.4 (69.4%)
97	<b>KRUKOWSKI Łukasz</b>	<b>2126</b>	MKS SIECHNICE	Open M	81	02:00:04	03:56:18	<b>05:42:58.05</b>	<b>05:43:06.10</b>	+01:47:02 (31.2%)	7:11	8.3 (68.6%)
98	<b>SUDOMIR Paweł</b>	<b>2282</b>		Open M	82	01:54:51	03:50:18	<b>05:43:57.25</b>	<b>05:44:02.50</b>	+01:47:59 (31.4%)	7:12	8.3 (68.6%)
99	<b>PAŁUBSKI Andrzej</b>	<b>2209</b>		Open M	83	02:02:52	04:00:11	<b>05:44:22.35</b>	<b>05:44:37.45</b>	+01:48:33 (31.5%)	7:13	8.3 (68.6%)
100	<b>SZYMANIAK Emil</b>	<b>2296</b>		Open M	84	02:04:08	04:05:41	<b>05:44:46.35</b>	<b>05:44:50.35</b>	+01:48:46 (31.5%)	7:13	8.3 (68.6%)
101	<b>KOCHANOWSKA Michalina</b>	<b>2105</b>	KRISS KROSS COACHING	Open K	17	02:08:41	04:00:44	<b>05:44:48.10</b>	<b>05:45:04.75</b>	+01:49:01 (31.6%)	7:13	8.3 (68.6%)
102	<b>DOMAZET Rafael</b>	<b>2039</b>	#ZPOGARDADLASMIERCI	Open M	85	03:32:38	04:03:38	<b>05:45:19.70</b>	<b>05:45:52.00</b>	+01:49:48 (31.7%)	7:14	8.3 (68.6%)
103	<b>BUCHAŁA Bartek</b>	<b>2027</b>		Open M	86	02:04:49	04:02:45	<b>05:46:35.60</b>	<b>05:47:08.40</b>	+01:51:04 (32.0%)	7:15	8.3 (68.6%)
104	<b>JĘCZKOWSKI Dariusz</b>	<b>2085</b>		Open M	87	02:01:40	03:57:26	<b>05:46:59.35</b>	<b>05:47:18.75</b>	+01:51:15 (32.0%)	7:16	8.2 (67.8%)
105	<b>ZAJĄCZKOWSKI Paweł</b>	<b>2340</b>	POWER TRAINING	Open M	88	01:59:53	04:03:21	<b>05:47:26.95</b>	<b>05:47:31.10</b>	+01:51:27 (32.1%)	7:17	8.2 (67.8%)
106	<b>SIŃCZUK Patrycja</b>	<b>2267</b>	MIRAZ RACE TEAM	Open K	18	02:05:01	04:08:12	<b>05:47:48.00</b>	<b>05:47:55.70</b>	+01:51:52 (32.2%)	7:17	8.2 (67.8%)
107	<b>KULER Bartosz</b>	<b>2134</b>	PGB SPORTOWA PACZKA	Open M	89	02:00:18	03:56:29	<b>05:48:18.40</b>	<b>05:48:39.60</b>	+01:52:36 (32.3%)	7:18	8.2 (67.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Puławy Górne 18.7km	Przybyszów 34.2km	Czas netto 47.7km	Czas brutto 47.7km	Różn	Tempo min/km	Tempo km/h
108	<b>BIEŃ Magdalena</b>	<b>2360</b>		Open K	19	02:00:40	04:01:51	<b>05:49:10.50</b>	<b>05:49:14.80</b>	+01:53:11 (32.4%)	7:19	8.2 (67.8%)
109	<b>KUCHARSKI Paweł</b>	<b>2131</b>	PLANETA NISKO	Open M	90	02:10:20	04:08:12	<b>05:48:48.60</b>	<b>05:49:18.70</b>	+01:53:15 (32.4%)	7:18	8.2 (67.8%)
110	<b>RUDNIK Sławomir</b>	<b>2255</b>		Open M	91	02:09:03	04:05:08	<b>05:50:28.00</b>	<b>05:50:44.85</b>	+01:54:41 (32.7%)	7:20	8.2 (67.8%)
111	<b>PRZEŹDZIECKA Katarzyna</b>	<b>2240</b>	SMASHING PĄPKINS	Open K	20	02:08:12	04:10:02	<b>05:51:38.00</b>	<b>05:52:01.65</b>	+01:55:58 (32.9%)	7:22	8.1 (66.9%)
112	<b>WYPIJEWSKI Igor</b>	<b>2336</b>		Open M	92	02:05:06	04:03:42	<b>05:51:53.70</b>	<b>05:52:06.30</b>	+01:56:02 (33.0%)	7:22	8.1 (66.9%)
113	<b>JACHYMSKI Ignacy</b>	<b>2080</b>	AKG ŁÓDŹ	Open M	93	02:03:31	04:06:24	<b>05:52:31.10</b>	<b>05:52:38.85</b>	+01:56:35 (33.1%)	7:23	8.1 (66.9%)
114	<b>FIGIEL Bartosz</b>	<b>2048</b>		Open M	94	01:58:38	04:02:54	<b>05:52:24.45</b>	<b>05:52:44.40</b>	+01:56:40 (33.1%)	7:23	8.1 (66.9%)
115	<b>MICHNIEWICZ Adrian</b>	<b>2186</b>	SK MALINOVO	Open M	95	02:03:13	04:03:26	<b>05:52:44.60</b>	<b>05:53:01.30</b>	+01:56:57 (33.1%)	7:23	8.1 (66.9%)
116	<b>FURTEK Iwona</b>	<b>2053</b>		Open K	21	02:01:39	04:02:56	<b>05:54:12.20</b>	<b>05:54:17.95</b>	+01:58:14 (33.4%)	7:25	8.1 (66.9%)
117	<b>WALKOWIAK Mateusz</b>	<b>2317</b>	BRONOWICE TEŻ BIEGAJĄ	Open M	96	01:57:06	03:57:13	<b>05:54:23.55</b>	<b>05:54:37.10</b>	+01:58:33 (33.4%)	7:25	8.1 (66.9%)
118	<b>KOZIOŁ Krzysztof</b>	<b>2120</b>		Open M	97	02:02:45	04:05:26	<b>05:54:17.35</b>	<b>05:54:42.00</b>	+01:58:38 (33.4%)	7:25	8.1 (66.9%)
119	<b>LEŚNIAK Marcin</b>	<b>2152</b>	STANWEX II	Open M	98	02:04:24	04:07:33	<b>05:54:56.00</b>	<b>05:55:18.50</b>	+01:59:15 (33.6%)	7:26	8.1 (66.9%)
120	<b>MĘKARSKI Sławomir</b>	<b>2182</b>	WANDA PANFIL TEAM	Open M	99	02:08:05	04:09:02	<b>05:55:00.40</b>	<b>05:55:20.30</b>	+01:59:16 (33.6%)	7:26	8.1 (66.9%)
121	<b>HOŁÓWKA Sławomir</b>	<b>2076</b>		Open M	100	02:01:44	04:05:13	<b>05:55:48.05</b>	<b>05:55:54.35</b>	+01:59:50 (33.7%)	7:27	8 (66.1%)
122	<b>SKONECZNY Artur</b>	<b>2269</b>		Open M	101	02:09:05	04:08:14	<b>05:55:58.80</b>	<b>05:56:11.80</b>	+02:00:08 (33.7%)	7:27	8 (66.1%)
123	<b>SIDDONS Jonathan</b>	<b>2265</b>		Open M	102	02:09:41	04:10:19	<b>05:56:09.10</b>	<b>05:56:36.75</b>	+02:00:33 (33.8%)	7:27	8 (66.1%)
124	<b>JĘDRZEJCZYK Agnieszka</b>	<b>2350</b>	RZESZOWSKIE GAZELE I GEPARDY	Open K	22	02:11:48	04:13:59	<b>05:56:37.20</b>	<b>05:56:47.75</b>	+02:00:44 (33.8%)	7:28	8 (66.1%)
125	<b>KUŁAKOWSKA Monika</b>	<b>2136</b>		Open K	23	02:09:10	04:13:04	<b>05:57:29.05</b>	<b>05:57:55.55</b>	+02:01:52 (34.0%)	7:29	8 (66.1%)
126	<b>PIELECHA Rafał</b>	<b>2220</b>	FITNESS FREAKS	Open M	103	02:07:52	04:05:00	<b>05:57:48.60</b>	<b>05:58:17.60</b>	+02:02:14 (34.1%)	7:30	8 (66.1%)
127	<b>POGODA Kamil</b>	<b>2232</b>	ACCENTURE RUNNERS CLUB	Open M	104	02:09:15	04:12:12	<b>05:58:04.35</b>	<b>05:58:21.20</b>	+02:02:17 (34.1%)	7:30	8 (66.1%)
128	<b>KUŚ Gabriela</b>	<b>2145</b>	KB MCKIS JAWORZNO	Open K	24	02:08:37	04:11:54	<b>05:58:56.05</b>	<b>05:59:12.55</b>	+02:03:09 (34.3%)	7:31	8 (66.1%)
129	<b>JONCZYK Erwin</b>	<b>2087</b>	STANWEX II	Open M	105	02:15:08	04:14:10	<b>05:59:34.00</b>	<b>06:00:00.60</b>	+02:03:57 (34.4%)	7:32	8 (66.1%)
130	<b>KOWALCZYK Ania</b>	<b>2116</b>	AVANTURA.COM.PL	Open K	25	02:14:19	04:17:45	<b>06:01:05.35</b>	<b>06:01:22.35</b>	+02:05:18 (34.7%)	7:34	7.9 (65.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Puławy Górne 18.7km	Przybyszów 34.2km	Czas netto 47.7km	Czas brutto 47.7km	Różn	Tempo min/km	Tempo km/h
131	<b>WNUK-SCARDACCIONE Agnieszka</b>	<b>2332</b>	ZNOWU W BIEGU	Open K	26	02:09:17	04:13:15	<b>06:01:10.45</b>	<b>06:01:31.05</b>	+02:05:27 (34.7%)	7:34	7.9 (65.3%)
132	<b>ŁUSZCZ Paweł</b>	<b>2160</b>	GAMONIUSZE	Open M	106	02:08:09	04:17:21	<b>06:02:08.60</b>	<b>06:02:30.25</b>	+02:06:26 (34.9%)	7:35	7.9 (65.3%)
133	<b>NOWAK Krzysztof</b>	<b>2200</b>		Open M	107	02:06:44	04:11:21	<b>06:03:36.55</b>	<b>06:03:48.05</b>	+02:07:44 (35.1%)	7:37	7.9 (65.3%)
134	<b>ŁUKASIK Marek</b>	<b>2159</b>		Open M	108	02:12:10	04:18:21	<b>06:04:12.95</b>	<b>06:04:25.95</b>	+02:08:22 (35.2%)	7:38	7.9 (65.3%)
135	<b>CZAJ Artur</b>	<b>2033</b>		Open M	109	02:09:21	04:17:27	<b>06:04:49.60</b>	<b>06:05:18.70</b>	+02:09:15 (35.4%)	7:38	7.8 (64.5%)
136	<b>DYREK Adam</b>	<b>2044</b>		Open M	110	01:57:49	03:59:31	<b>06:05:58.55</b>	<b>06:06:15.55</b>	+02:10:12 (35.5%)	7:40	7.8 (64.5%)
137	<b>GRADKOWSKA Gosia</b>	<b>2066</b>		Open K	27	02:03:57	04:11:16	<b>06:06:17.90</b>	<b>06:06:42.90</b>	+02:10:39 (35.6%)	7:40	7.8 (64.5%)
138	<b>WIERZBICKI Daniel Wierzbicki</b>	<b>2324</b>	TERESIN TEAM	Open M	111	02:10:12	04:15:28	<b>06:06:38.70</b>	<b>06:07:08.80</b>	+02:11:05 (35.7%)	7:41	7.8 (64.5%)
139	<b>BARĆ Piotr</b>	<b>2011</b>	PLANETA NISKO	Open M	112	02:10:18	04:12:21	<b>06:06:51.15</b>	<b>06:07:21.65</b>	+02:11:18 (35.7%)	7:41	7.8 (64.5%)
140	<b>ZIÓŁKOWSKA-WNUK Monika</b>	<b>2345</b>		Open K	28	02:11:56	04:18:40	<b>06:07:38.40</b>	<b>06:08:00.95</b>	+02:11:57 (35.9%)	7:42	7.8 (64.5%)
141	<b>WNUK Tomasz</b>	<b>2331</b>	BREMBO	Open M	113	02:11:56	04:18:59	<b>06:07:38.05</b>	<b>06:08:01.10</b>	+02:11:57 (35.9%)	7:42	7.8 (64.5%)
142	<b>RAJCZONEK Rafał</b>	<b>2244</b>	NO FUTURE	Open M	114	02:10:51	04:17:55	<b>06:08:36.15</b>	<b>06:08:53.45</b>	+02:12:49 (36.0%)	7:43	7.8 (64.5%)
143	<b>PAKULSKA Dorota</b>	<b>2208</b>		Open K	29	02:20:02	04:24:19	<b>06:08:50.00</b>	<b>06:09:02.10</b>	+02:12:58 (36.0%)	7:43	7.8 (64.5%)
144	<b>PAWŁOWSKI Paweł</b>	<b>2216</b>		Open M	115	02:07:38	04:16:51	<b>06:08:44.95</b>	<b>06:09:08.85</b>	+02:13:05 (36.1%)	7:43	7.8 (64.5%)
145	<b>MIELNIK Michał</b>	<b>2188</b>	MAXSTONE	Open M	116	01:56:59	04:07:30	<b>06:09:54.85</b>	<b>06:10:02.10</b>	+02:13:58 (36.2%)	7:45	7.7 (63.6%)
146	<b>ORZECOWSKI Tomasz</b>	<b>2204</b>	BIEGAMBOLUBIĘ	Open M	117	02:13:57	04:23:01	<b>06:11:40.55</b>	<b>06:11:58.45</b>	+02:15:54 (36.5%)	7:47	7.7 (63.6%)
147	<b>KUDRYCKI Jakub</b>	<b>2132</b>		Open M	118	02:04:48	04:16:36	<b>06:12:08.90</b>	<b>06:12:25.20</b>	+02:16:21 (36.6%)	7:48	7.7 (63.6%)
148	<b>BODZIAKOWSKI Bartosz</b>	<b>2023</b>	LKS MAKÓW	Open M	119	02:16:44	04:17:07	<b>06:12:12.50</b>	<b>06:12:34.70</b>	+02:16:31 (36.6%)	7:48	7.7 (63.6%)
149	<b>WANTUCH Tomasz</b>	<b>2319</b>	TRNW	Open M	120	02:16:43	04:17:11	<b>06:12:17.30</b>	<b>06:12:38.90</b>	+02:16:35 (36.7%)	7:48	7.7 (63.6%)
150	<b>KARDASZEWSKI Tomasz</b>	<b>2096</b>		Open M	121	02:09:53	04:17:29	<b>06:12:56.55</b>	<b>06:13:06.50</b>	+02:17:03 (36.7%)	7:49	7.7 (63.6%)
151	<b>GIEL Jarosław</b>	<b>2060</b>	NKB CHYŻY	Open M	122	02:09:18	04:19:20	<b>06:13:11.95</b>	<b>06:13:18.35</b>	+02:17:14 (36.8%)	7:49	7.7 (63.6%)
152	<b>MIKSA Sławomir</b>	<b>2190</b>		Open M	123	02:14:13	04:23:51	<b>06:13:24.50</b>	<b>06:13:49.40</b>	+02:17:45 (36.9%)	7:49	7.7 (63.6%)
153	<b>JĘDRZEJCZAK Anna</b>	<b>2086</b>	KB MCKIS JAWORZNO	Open K	30	02:15:12	04:20:23	<b>06:13:38.50</b>	<b>06:13:55.35</b>	+02:17:51 (36.9%)	7:49	7.7 (63.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Puławy Górne 18.7km	Przybyszów 34.2km	Czas netto 47.7km	Czas brutto 47.7km	Różn	Tempo min/km	Tempo km/h
154	<b>MACHALSKI Mateusz</b>	<b>2162</b>	ASP WARSZAWA	Open M	124	02:08:36	04:16:51	<b>06:13:23.00</b>	<b>06:13:55.65</b>	+02:17:52 (36.9%)	7:49	7.7 (63.6%)
155	<b>SARNOWSKA Karolina</b>	<b>2264</b>	PRORUNNING PROMOTION	Open K	31	02:11:40	04:28:46	<b>06:13:58.00</b>	<b>06:14:08.55</b>	+02:18:05 (36.9%)	7:50	7.7 (63.6%)
156	<b>MORDAS Magdalena</b>	<b>2195</b>	KW WARSZAWA	Open K	32	02:09:32	04:17:59	<b>06:14:35.00</b>	<b>06:14:43.65</b>	+02:18:40 (37.0%)	7:51	7.6 (62.8%)
157	<b>MATUKIN-SZUMLIŃSKA Aleksandra</b>	<b>2175</b>		Open K	33	02:16:47	04:21:22	<b>06:14:45.45</b>	<b>06:14:58.95</b>	+02:18:55 (37.0%)	7:51	7.6 (62.8%)
158	<b>STYRNA Bartosz</b>	<b>2281</b>		Open M	125	02:03:39	04:13:52	<b>06:14:58.45</b>	<b>06:15:03.15</b>	+02:18:59 (37.1%)	7:51	7.6 (62.8%)
159	<b>SMYKA Michał</b>	<b>2274</b>		Open M	126	02:14:25	04:20:06	<b>06:15:13.95</b>	<b>06:15:39.00</b>	+02:19:35 (37.2%)	7:51	7.6 (62.8%)
160	<b>WITKOWSKI Robert</b>	<b>2329</b>		Open M	127	02:17:36	04:30:40	<b>06:17:24.15</b>	<b>06:17:42.60</b>	+02:21:39 (37.5%)	7:54	7.6 (62.8%)
161	<b>POLAK Andrzej</b>	<b>2233</b>		Open M	128	02:09:35	04:24:27	<b>06:17:52.85</b>	<b>06:18:18.35</b>	+02:22:14 (37.6%)	7:55	7.6 (62.8%)
162	<b>TOMCZYK Grzegorz</b>	<b>2303</b>	PALARNIA KAWY GREGORIO	Open M	129	02:17:57	04:25:19	<b>06:18:50.85</b>	<b>06:19:05.65</b>	+02:23:02 (37.7%)	7:56	7.6 (62.8%)
163	<b>WALCZAK Agnieszka</b>	<b>2315</b>	OLKUSZBIEGA	Open K	34	02:20:20	04:30:00	<b>06:19:08.20</b>	<b>06:19:38.00</b>	+02:23:34 (37.8%)	7:56	7.5 (62.0%)
164	<b>GAC Karolina</b>	<b>2056</b>		Open K	35	02:18:00	04:23:36	<b>06:19:14.50</b>	<b>06:19:48.35</b>	+02:23:44 (37.8%)	7:57	7.5 (62.0%)
164	<b>KAWKA Michał</b>	<b>2099</b>		Open M	130	02:15:54	04:24:15	<b>06:19:15.05</b>	<b>06:19:48.35</b>	+02:23:44 (37.8%)	7:57	7.5 (62.0%)
166	<b>PYSZYNSKI Mariusz</b>	<b>2347</b>		Open M	131	02:01:27	04:10:55	<b>06:20:19.90</b>	<b>06:20:31.15</b>	+02:24:27 (38.0%)	7:58	7.5 (62.0%)
167	<b>FRAŃSKI Łukasz</b>	<b>2051</b>	NKB CHYŻY NOWY TOMYŚL	Open M	132	02:07:08	04:21:18	<b>06:20:33.70</b>	<b>06:20:38.80</b>	+02:24:35 (38.0%)	7:58	7.5 (62.0%)
168	<b>BRONOWICKI Ryszard</b>	<b>2025</b>	NKB CHYŻY NOWY TOMYŚL	Open M	133	02:16:04	04:28:23	<b>06:21:40.60</b>	<b>06:21:47.00</b>	+02:25:43 (38.2%)	8:00	7.5 (62.0%)
169	<b>BAŚ Tomasz</b>	<b>2012</b>	PZU SPORT TEAM/STOKOWCZYKI TEAM	Open M	134	02:19:12	04:29:42	<b>06:22:33.55</b>	<b>06:22:39.75</b>	+02:26:36 (38.3%)	8:01	7.5 (62.0%)
170	<b>PLUTA Sylwester</b>	<b>2225</b>	BRAK	Open M	135	02:14:03	04:29:57	<b>06:22:33.80</b>	<b>06:22:48.05</b>	+02:26:44 (38.3%)	8:01	7.5 (62.0%)
171	<b>WITKOWSKA Beata</b>	<b>2328</b>	#KASZANIENAMOKA	Open K	36	02:29:57	04:40:24	<b>06:23:39.20</b>	<b>06:23:54.95</b>	+02:27:51 (38.5%)	8:02	7.5 (62.0%)
172	<b>DOMURAT Marian</b>	<b>2041</b>	STRĄCZEK WIATROPĘDNY	Open M	136	02:11:28	04:24:41	<b>06:24:17.25</b>	<b>06:24:44.65</b>	+02:28:41 (38.6%)	8:03	7.4 (61.2%)
173	<b>SZULC Edyta</b>	<b>2294</b>	ADIDAS RUNNERS	Open K	37	02:13:52	04:26:50	<b>06:24:42.50</b>	<b>06:25:07.30</b>	+02:29:03 (38.7%)	8:03	7.4 (61.2%)
174	<b>SZKUTNIK Jakub</b>	<b>2292</b>		Open M	137	02:07:22	04:18:55	<b>06:24:53.65</b>	<b>06:25:09.40</b>	+02:29:05 (38.7%)	8:04	7.4 (61.2%)
175	<b>BLICHARZ Artur</b>	<b>2018</b>		Open M	138	02:12:39	04:20:04	<b>06:24:53.15</b>	<b>06:25:17.00</b>	+02:29:13 (38.7%)	8:04	7.4 (61.2%)
176	<b>GURBIEL Mateusz</b>	<b>2071</b>		Open M	139	02:08:37	04:20:09	<b>06:24:56.85</b>	<b>06:25:17.50</b>	+02:29:14 (38.7%)	8:04	7.4 (61.2%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Puławy Górne 18.7km	Przybyszów 34.2km	Czas netto 47.7km	Czas brutto 47.7km	Różn	Tempo min/km	Tempo km/h
177	<b>SUŁEK Tomek</b>	<b>2283</b>		Open M	140	02:10:54	04:20:00	<b>06:25:23.45</b>	<b>06:25:31.70</b>	+02:29:28 (38.8%)	8:04	7.4 (61.2%)
178	<b>PAWLIK ŚLAWSKA Jadwiga</b>	<b>2215</b>	POSMAKUJ RUN TEAM	Open K	38	02:22:00	04:31:17	<b>06:25:21.10</b>	<b>06:25:49.55</b>	+02:29:46 (38.8%)	8:04	7.4 (61.2%)
179	<b>MOKRZYCKI Patryk</b>	<b>2193</b>	SAINT-GOBAIN SQUAD	Open M	141	02:04:55	04:21:02	<b>06:25:23.95</b>	<b>06:25:54.00</b>	+02:29:50 (38.8%)	8:04	7.4 (61.2%)
180	<b>GAWRYLCZYK Andrzej</b>	<b>2059</b>		Open M	142	02:06:59	04:22:53	<b>06:25:54.80</b>	<b>06:26:04.15</b>	+02:30:00 (38.9%)	8:05	7.4 (61.2%)
181	<b>OSTATEK Lukasz</b>	<b>2206</b>		Open M	143	02:08:19	04:28:10	<b>06:25:53.10</b>	<b>06:26:18.50</b>	+02:30:15 (38.9%)	8:05	7.4 (61.2%)
182	<b>MICHALSKA Bogna</b>	<b>2185</b>		Open K	39	02:21:50	04:32:30	<b>06:27:01.05</b>	<b>06:27:14.35</b>	+02:31:10 (39.0%)	8:06	7.4 (61.2%)
183	<b>JEMIOŁA Paulina</b>	<b>2084</b>	POMUSZ	Open K	40	02:22:01	04:30:58	<b>06:27:36.10</b>	<b>06:27:58.00</b>	+02:31:54 (39.2%)	8:07	7.4 (61.2%)
184	<b>RAPIOR Maciej</b>	<b>2246</b>	SZYNSZYL TEAM	Open M	144		04:20:03	<b>06:28:20.00</b>	<b>06:28:20.00</b>	+02:32:16 (39.2%)	8:08	7.4 (61.2%)
185	<b>RUCIŃSKI Adam</b>	<b>2254</b>		Open M	145	02:20:46	04:31:48	<b>06:28:36.60</b>	<b>06:28:55.80</b>	+02:32:52 (39.3%)	8:08	7.4 (61.2%)
186	<b>HILLER Artur</b>	<b>2075</b>		Open M	146	02:11:43	04:27:31	<b>06:29:58.70</b>	<b>06:30:17.70</b>	+02:34:14 (39.5%)	8:10	7.3 (60.3%)
187	<b>KOWALCZUK Paweł</b>	<b>2115</b>		Open M	147	02:24:18	04:39:48	<b>06:33:15.85</b>	<b>06:33:23.40</b>	+02:37:19 (40.0%)	8:14	7.3 (60.3%)
188	<b>GABRYEL Anna</b>	<b>2055</b>		Open K	41	02:13:34	04:32:52	<b>06:34:07.80</b>	<b>06:34:16.15</b>	+02:38:12 (40.1%)	8:15	7.3 (60.3%)
189	<b>DYRCZ Dawid</b>	<b>2043</b>	PMKW	Open M	148	02:20:39	04:32:37	<b>06:34:54.50</b>	<b>06:35:10.65</b>	+02:39:07 (40.3%)	8:16	7.2 (59.5%)
190	<b>MRYCZKO Roman</b>	<b>2196</b>	AKTYWNY DYNÓW	Open M	149	02:12:59	04:29:23	<b>06:35:04.70</b>	<b>06:35:17.00</b>	+02:39:13 (40.3%)	8:16	7.2 (59.5%)
191	<b>BIALIK Szymon</b>	<b>2015</b>	TOKENOMIC	Open M	150	02:05:45	04:12:25	<b>06:35:15.45</b>	<b>06:35:27.50</b>	+02:39:24 (40.3%)	8:17	7.2 (59.5%)
192	<b>MISZALSKI Henryk</b>	<b>2192</b>		Open M	151	02:20:03	04:34:30	<b>06:35:37.80</b>	<b>06:35:52.65</b>	+02:39:49 (40.4%)	8:17	7.2 (59.5%)
193	<b>WĘGRZYNEK Mirka</b>	<b>2322</b>		Open K	42	02:25:17	04:36:16	<b>06:36:02.60</b>	<b>06:36:17.55</b>	+02:40:14 (40.4%)	8:18	7.2 (59.5%)
194	<b>JANOWSKA Ula</b>	<b>2081</b>		Open K	43	02:23:17	04:40:01	<b>06:36:09.45</b>	<b>06:36:36.20</b>	+02:40:32 (40.5%)	8:18	7.2 (59.5%)
195	<b>KRÓLICKI Dariusz</b>	<b>2125</b>	FINISZ RYMANÓW	Open M	152	02:16:01	04:36:27	<b>06:36:59.00</b>	<b>06:37:14.50</b>	+02:41:11 (40.6%)	8:19	7.2 (59.5%)
196	<b>ROSA Alex</b>	<b>2252</b>		Open M	153	02:16:59	04:33:45	<b>06:38:08.35</b>	<b>06:38:25.05</b>	+02:42:21 (40.8%)	8:20	7.2 (59.5%)
197	<b>KOZŁOWSKI Tomasz</b>	<b>2121</b>		Open M	154	02:15:03	04:35:05	<b>06:40:12.85</b>	<b>06:40:24.95</b>	+02:44:21 (41.0%)	8:23	7.2 (59.5%)
198	<b>HYDZIK Łukasz</b>	<b>2079</b>		Open M	155	02:07:43	04:17:58	<b>06:40:42.45</b>	<b>06:40:48.80</b>	+02:44:45 (41.1%)	8:24	7.1 (58.7%)
199	<b>ULANOWSKI Owca</b>	<b>2308</b>	X-TEAM SPECIAL FORCES	Open M	156	02:14:47	04:42:23	<b>06:41:12.20</b>	<b>06:41:34.75</b>	+02:45:31 (41.2%)	8:24	7.1 (58.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Puławy Górne 18.7km	Przybyszów 34.2km	Czas netto 47.7km	Czas brutto 47.7km	Różn	Tempo min/km	Tempo km/h
200	<b>WYDRA Mariusz</b>	<b>2349</b>	STARE BABICE BIEGAJĄ	Open M	157	02:14:18	04:38:01	<b>06:42:22.65</b>	<b>06:42:31.95</b>	+02:46:28 (41.4%)	8:26	7.1 (58.7%)
201	<b>KLESZNO Zbigniew</b>	<b>2101</b>	RAJSPOORT	Open M	158	02:21:47	04:38:21	<b>06:42:26.10</b>	<b>06:42:37.50</b>	+02:46:34 (41.4%)	8:26	7.1 (58.7%)
202	<b>STAŃCZAK Maciej</b>	<b>2278</b>		Open M	159	02:19:34	04:42:30	<b>06:43:13.00</b>	<b>06:43:13.00</b>	+02:47:09 (41.5%)	8:27	7.1 (58.7%)
203	<b>ŚLIWA Justyna</b>	<b>2300</b>		Open K	44	02:19:13	04:39:55	<b>06:42:46.40</b>	<b>06:43:13.95</b>	+02:47:10 (41.5%)	8:26	7.1 (58.7%)
204	<b>KURBIEL Sylwia</b>	<b>2140</b>	BIEGAMBOLUBIĘ	Open K	45	02:22:55	04:46:41	<b>06:43:10.25</b>	<b>06:43:27.40</b>	+02:47:23 (41.5%)	8:27	7.1 (58.7%)
205	<b>RUPIK Maria</b>	<b>2257</b>		Open K	46	02:12:20	04:22:56	<b>06:43:29.05</b>	<b>06:43:43.90</b>	+02:47:40 (41.5%)	8:27	7.1 (58.7%)
205	<b>RUPIK Jakub</b>	<b>2256</b>		Open M	160	02:12:25	04:22:59	<b>06:43:28.95</b>	<b>06:43:43.90</b>	+02:47:40 (41.5%)	8:27	7.1 (58.7%)
207	<b>PŁUCIENNICZAK Barbara</b>	<b>2229</b>		Open K	47	02:27:33	04:42:49	<b>06:44:36.00</b>	<b>06:44:39.70</b>	+02:48:36 (41.7%)	8:28	7.1 (58.7%)
208	<b>FUS Wojciech</b>	<b>2054</b>	ASSECO ACTIVE TEAM	Open M	161	02:21:57	04:43:27	<b>06:45:25.45</b>	<b>06:45:40.20</b>	+02:49:36 (41.8%)	8:29	7.1 (58.7%)
209	<b>MARJAŃSKI Tomasz</b>	<b>2172</b>	KS PIDRINA GDYNIA	Open M	162	02:24:07	04:39:26	<b>06:45:40.55</b>	<b>06:45:53.00</b>	+02:49:49 (41.8%)	8:30	7.1 (58.7%)
210	<b>CIEŚLIK Zdzisław</b>	<b>2032</b>	TEAM RUN GOŁAŃCZ	Open M	163	02:30:42	04:41:25	<b>06:45:47.40</b>	<b>06:46:02.30</b>	+02:49:58 (41.9%)	8:30	7.1 (58.7%)
211	<b>KŁOPOTEK Nina</b>	<b>2103</b>	EXTREME FAMILY	Open K	48	02:27:55	04:48:09	<b>06:45:48.00</b>	<b>06:46:12.00</b>	+02:50:08 (41.9%)	8:30	7.1 (58.7%)
211	<b>KŁOPOTEK Marcin</b>	<b>2104</b>	EXTREME FAMILY	Open M	164	02:27:55	04:48:23	<b>06:45:47.85</b>	<b>06:46:12.00</b>	+02:50:08 (41.9%)	8:30	7.1 (58.7%)
213	<b>KULIŃSKA Justyna</b>	<b>2135</b>		Open K	49	02:18:19	04:41:08	<b>06:47:02.10</b>	<b>06:47:19.35</b>	+02:51:15 (42.0%)	8:31	7 (57.9%)
214	<b>LORYŚ Adam</b>	<b>2155</b>		Open M	165	02:21:06	04:52:49	<b>06:47:35.30</b>	<b>06:47:58.35</b>	+02:51:54 (42.1%)	8:32	7 (57.9%)
215	<b>KOSZAŁKA Marcin</b>	<b>2113</b>		Open M	166	02:21:06	04:57:39	<b>06:48:32.00</b>	<b>06:48:55.65</b>	+02:52:52 (42.3%)	8:33	7 (57.9%)
216	<b>WAGNER Grzegorz</b>	<b>2312</b>		Open M	167	02:19:41	04:56:40	<b>06:49:39.45</b>	<b>06:50:02.20</b>	+02:53:58 (42.4%)	8:35	7 (57.9%)
217	<b>JURYŚ Sławomir</b>	<b>2088</b>	JSYSTEM	Open M	168	02:25:11	04:43:19	<b>06:49:51.05</b>	<b>06:50:22.70</b>	+02:54:19 (42.5%)	8:35	7 (57.9%)
218	<b>RĘKOSIEWICZ-TOKARZ Monika</b>	<b>2251</b>	GLOGOVIA GŁOGÓW MAŁOPOLSKI	Open K	50	02:30:34	04:50:55	<b>06:50:36.55</b>	<b>06:51:05.70</b>	+02:55:02 (42.6%)	8:36	7 (57.9%)
219	<b>SUSZ Artur</b>	<b>2284</b>	PORANNY PATROL	Open M	169	02:22:28	04:44:17	<b>06:51:32.45</b>	<b>06:52:00.95</b>	+02:55:57 (42.7%)	8:37	7 (57.9%)
220	<b>ORNATOWSKI Dariusz</b>	<b>2203</b>		Open M	170	02:22:27	04:44:12	<b>06:51:31.60</b>	<b>06:52:01.15</b>	+02:55:57 (42.7%)	8:37	7 (57.9%)
221	<b>MICHTA Bartłomiej</b>	<b>2187</b>		Open M	171	02:30:14	04:52:14	<b>06:51:36.05</b>	<b>06:52:02.05</b>	+02:55:58 (42.7%)	8:37	7 (57.9%)
222	<b>JARECKA Katarzyna</b>	<b>2083</b>	+48533799977	Open K	51	02:25:21	04:45:13	<b>06:52:49.45</b>	<b>06:53:03.55</b>	+02:57:00 (42.9%)	8:39	6.9 (57.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Puławy		Czas netto 47.7km	Czas brutto 47.7km	Różn	Tempo min/km	Tempo km/h
						Górne 18.7km	Przybyszów 34.2km					
223	<b>BIELKA Marcin</b>	<b>2346</b>		Open M	172	02:21:26	04:49:19	<b>06:56:16.45</b>	<b>06:56:24.00</b>	+03:00:20 (43.3%)	8:43	6.9 (57.0%)
224	<b>BĘBEN Marta</b>	<b>2013</b>		Open K	52	02:23:18	04:53:04	<b>06:56:00.80</b>	<b>06:56:28.85</b>	+03:00:25 (43.3%)	8:43	6.9 (57.0%)
225	<b>WAJDA Andrzej</b>	<b>2313</b>		Open M	173	02:23:08	04:44:46	<b>06:57:29.05</b>	<b>06:57:59.85</b>	+03:01:56 (43.5%)	8:45	6.9 (57.0%)
226	<b>WITORZENC Izabela</b>	<b>2330</b>		Open K	53	02:19:05	04:43:17	<b>06:58:30.80</b>	<b>06:58:46.30</b>	+03:02:42 (43.6%)	8:46	6.8 (56.2%)
227	<b>SADOWSKA Justyna</b>	<b>2260</b>		Open K	54	02:31:00	04:52:46	<b>06:59:58.55</b>	<b>07:00:17.60</b>	+03:04:14 (43.8%)	8:48	6.8 (56.2%)
228	<b>RATASZEWSKI Marek</b>	<b>2249</b>	NEW BALANCE RUN TEAM	Open M	174	02:17:11	04:39:26	<b>07:02:29.30</b>	<b>07:02:49.20</b>	+03:06:45 (44.2%)	8:51	6.8 (56.2%)
229	<b>KARCZEWSKI Maciej</b>	<b>2095</b>		Open M	175	02:21:40	04:54:42	<b>07:02:30.20</b>	<b>07:02:57.45</b>	+03:06:53 (44.2%)	8:51	6.8 (56.2%)
230	<b>DYMIŃSKI Paweł</b>	<b>2042</b>		Open M	176	02:21:05	04:43:51	<b>07:02:49.85</b>	<b>07:03:20.05</b>	+03:07:16 (44.2%)	8:51	6.8 (56.2%)
231	<b>MAĆZNIK Andrzej</b>	<b>2179</b>		Open M	177	02:21:40	04:52:29	<b>07:03:43.70</b>	<b>07:04:11.00</b>	+03:08:07 (44.3%)	8:52	6.8 (56.2%)
232	<b>STOPA Marcin</b>	<b>2280</b>		Open M	178	02:17:53	04:43:36	<b>07:04:17.25</b>	<b>07:04:38.10</b>	+03:08:34 (44.4%)	8:53	6.7 (55.4%)
233	<b>MALCZEWSKA-CHAŁADAJ Karina</b>	<b>2167</b>		Open K	55	02:36:19	04:57:03	<b>07:05:29.70</b>	<b>07:05:53.20</b>	+03:09:49 (44.6%)	8:55	6.7 (55.4%)
234	<b>MICHALECKI Łukasz</b>	<b>2183</b>	NMG	Open M	179	02:20:20	04:57:26	<b>07:05:52.60</b>	<b>07:06:15.65</b>	+03:10:12 (44.6%)	8:55	6.7 (55.4%)
235	<b>PRUCNAL Paweł</b>	<b>2238</b>		Open M	180	02:33:33	03:40:19	<b>07:06:42.90</b>	<b>07:07:08.90</b>	+03:11:05 (44.7%)	8:56	6.7 (55.4%)
236	<b>HETEL Adam</b>	<b>2073</b>		Open M	181	02:33:33	04:56:35	<b>07:06:44.85</b>	<b>07:07:09.15</b>	+03:11:05 (44.7%)	8:56	6.7 (55.4%)
237	<b>SOCHA Jacek</b>	<b>2276</b>		Open M	182	02:30:03	04:51:38	<b>07:06:48.55</b>	<b>07:07:19.55</b>	+03:11:16 (44.8%)	8:56	6.7 (55.4%)
238	<b>PŁATEK Dominik</b>	<b>2226</b>		Open M	183	02:16:35	04:41:26	<b>07:07:44.40</b>	<b>07:08:02.55</b>	+03:11:59 (44.9%)	8:58	6.7 (55.4%)
239	<b>PYTLEWSKI Łukasz</b>	<b>2241</b>		Open M	184	02:24:24	04:44:42	<b>07:08:06.50</b>	<b>07:08:31.85</b>	+03:12:28 (44.9%)	8:58	6.7 (55.4%)
240	<b>CEGLEWSKA Izabela</b>	<b>2029</b>	ROZBISURMANIONE KARPIDŁA BIEGAJĄ	Open K	56	02:22:25	05:00:55	<b>07:09:18.70</b>	<b>07:09:32.55</b>	+03:13:29 (45.0%)	9:00	6.7 (55.4%)
241	<b>FIGIEL Natasza</b>	<b>2047</b>	SKPG KRAKÓW	Open K	57	02:16:12	04:46:56	<b>07:09:14.85</b>	<b>07:09:45.75</b>	+03:13:42 (45.1%)	8:59	6.7 (55.4%)
242	<b>GRĘBOWSKA Dagmara</b>	<b>2067</b>	W KOBIECIE SIŁA	Open K	58	02:27:19	05:02:12	<b>07:11:50.85</b>	<b>07:12:15.10</b>	+03:16:11 (45.4%)	9:03	6.6 (54.5%)
242	<b>LEPIARZ Beata</b>	<b>2151</b>	W KOBIECIE SIŁA	Open K	58	02:26:48	05:02:14	<b>07:11:50.60</b>	<b>07:12:15.10</b>	+03:16:11 (45.4%)	9:03	6.6 (54.5%)
244	<b>KRYJAK Tomasz</b>	<b>2128</b>		Open M	185	02:35:18	05:03:35	<b>07:11:46.40</b>	<b>07:12:17.80</b>	+03:16:14 (45.4%)	9:03	6.6 (54.5%)
245	<b>MAŁEK Krzysztof</b>	<b>2169</b>		Open M	186	02:21:07	04:54:00	<b>07:13:11.45</b>	<b>07:13:35.10</b>	+03:17:31 (45.6%)	9:04	6.6 (54.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Puławy		Czas netto 47.7km	Czas brutto 47.7km	Różn	Tempo min/km	Tempo km/h
						Górne 18.7km	Przybyszów 34.2km					
246	<b>GŁAZ Marek</b>	<b>2061</b>		Open M	187	02:21:47	04:57:56	<b>07:13:15.80</b>	<b>07:13:38.95</b>	+03:17:35 (45.6%)	9:04	6.6 (54.5%)
247	<b>LENKIEWICZ Aleksander</b>	<b>2150</b>	WKURW_TEAM	Open M	188	02:31:21	04:57:36	<b>07:13:37.60</b>	<b>07:14:08.35</b>	+03:18:04 (45.6%)	9:05	6.6 (54.5%)
248	<b>SZYMAŃSKI Henryk</b>	<b>2297</b>		Open M	189	02:38:48	05:04:13	<b>07:14:06.20</b>	<b>07:14:24.35</b>	+03:18:20 (45.7%)	9:06	6.6 (54.5%)
249	<b>GÓRSKA Yvonne</b>	<b>2065</b>		Open K	60	02:37:25	05:09:47	<b>07:14:29.70</b>	<b>07:14:48.45</b>	+03:18:44 (45.7%)	9:06	6.6 (54.5%)
250	<b>SANIAK Przemysław</b>	<b>2263</b>		Open M	190	02:32:05	05:05:45	<b>07:16:57.55</b>	<b>07:17:18.20</b>	+03:21:14 (46.0%)	9:09	6.5 (53.7%)
251	<b>STEFAŃCZYK Monika</b>	<b>2279</b>	LES FEMMES COURANT DANS LES FORETS	Open K	61	02:39:42	03:46:16	<b>07:19:49.40</b>	<b>07:20:17.15</b>	+03:24:13 (46.4%)	9:13	6.5 (53.7%)
252	<b>TOKARSKI Jacek</b>	<b>2302</b>		Open M	191	02:30:53	05:05:32	<b>07:28:26.35</b>	<b>07:28:46.65</b>	+03:32:43 (47.4%)	9:24	6.4 (52.9%)
253	<b>CZESAK Marcin</b>	<b>2036</b>	RWM TEAM	Open M	192	02:34:24	05:07:05	<b>07:28:41.55</b>	<b>07:29:10.70</b>	+03:33:07 (47.4%)	9:24	6.4 (52.9%)
254	<b>KARPIŃSKA Karolina</b>	<b>2098</b>	NOWA HUTA TEAM	Open K	62	02:36:35	05:13:39	<b>07:29:12.15</b>	<b>07:29:32.80</b>	+03:33:29 (47.5%)	9:25	6.4 (52.9%)
255	<b>SZALAJ Pawel</b>	<b>2287</b>	BCD RUNNING TEAM	Open M	193	02:22:29	05:00:35	<b>07:29:19.20</b>	<b>07:29:37.20</b>	+03:33:33 (47.5%)	9:25	6.4 (52.9%)
256	<b>FIEDORCZUK Łukasz</b>	<b>2046</b>	HDD WINNICZKI	Open M	194	02:20:26	04:58:19	<b>07:30:32.50</b>	<b>07:30:50.10</b>	+03:34:46 (47.6%)	9:26	6.4 (52.9%)
257	<b>MARKIEWICZ Jarek</b>	<b>2173</b>	TRIWAWA	Open M	195	02:38:52	05:06:30	<b>07:31:03.40</b>	<b>07:31:24.40</b>	+03:35:20 (47.7%)	9:27	6.3 (52.1%)
258	<b>DZIAMSKI Marcin</b>	<b>2045</b>	TRIWAWA	Open M	196	02:38:52	05:07:56	<b>07:31:03.45</b>	<b>07:31:24.60</b>	+03:35:21 (47.7%)	9:27	6.3 (52.1%)
259	<b>KOWALIK Krzysztof</b>	<b>2118</b>		Open M	197	02:34:41	05:08:10	<b>07:31:46.90</b>	<b>07:32:06.35</b>	+03:36:02 (47.8%)	9:28	6.3 (52.1%)
260	<b>KUROWSKI Mateusz</b>	<b>2143</b>		Open M	198	02:20:44	05:01:04	<b>07:31:55.00</b>	<b>07:32:13.65</b>	+03:36:10 (47.8%)	9:28	6.3 (52.1%)
261	<b>KSIĄŻEK Joanna</b>	<b>2129</b>		Open K	63	02:32:18	05:11:26	<b>07:32:38.50</b>	<b>07:32:49.90</b>	+03:36:46 (47.9%)	9:29	6.3 (52.1%)
262	<b>RAJEWSKI Robert</b>	<b>2245</b>		Open M	199	02:32:21	05:10:47	<b>07:32:38.95</b>	<b>07:32:49.95</b>	+03:36:46 (47.9%)	9:29	6.3 (52.1%)
263	<b>RAFAL Milewski</b>	<b>2243</b>		Open M	200	02:33:31	05:13:02	<b>07:33:00.85</b>	<b>07:33:07.80</b>	+03:37:04 (47.9%)	9:29	6.3 (52.1%)
264	<b>TALAGA Bartosz</b>	<b>2301</b>	MARATONKA GRAJEWO	Open M	201	02:34:03	05:23:23	<b>07:33:41.95</b>	<b>07:34:26.20</b>	+03:38:22 (48.1%)	9:30	6.3 (52.1%)
265	<b>WOŁOWIEC Krzysztof</b>	<b>2334</b>	LABORATORYJNIE.PL	Open M	202	02:33:04	05:15:18	<b>07:35:08.10</b>	<b>07:35:25.70</b>	+03:39:22 (48.2%)	9:32	6.3 (52.1%)
266	<b>SZUMLAŃSKA Paulina</b>	<b>2295</b>		Open K	64	02:41:41	05:17:06	<b>07:35:51.40</b>	<b>07:36:11.25</b>	+03:40:07 (48.3%)	9:33	6.3 (52.1%)
267	<b>STACHAŃCZYK Wojciech</b>	<b>2277</b>	MATNER RUNNING TEAM	Open M	203	02:39:19	05:25:19	<b>07:40:31.75</b>	<b>07:40:50.10</b>	+03:44:46 (48.8%)	9:39	6.2 (51.2%)
268	<b>LENART Rafał</b>	<b>2149</b>		Open M	204	02:39:53	05:15:42	<b>07:41:35.45</b>	<b>07:41:57.40</b>	+03:45:53 (48.9%)	9:40	6.2 (51.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Puławy Górne 18.7km	Przybyszów 34.2km	Czas netto 47.7km	Czas brutto 47.7km	Różn	Tempo min/km	Tempo km/h
269	<b>LENART Wioleta</b>	<b>2148</b>		Open K	65	02:40:01	05:15:50	<b>07:41:34.90</b>	<b>07:41:57.45</b>	+03:45:53 (48.9%)	9:40	6.2 (51.2%)
270	<b>ADAMCZYK Marcin</b>	<b>2007</b>		Open M	205	02:49:03	05:27:27	<b>07:43:29.60</b>	<b>07:43:42.80</b>	+03:47:39 (49.1%)	9:42	6.2 (51.2%)
271	<b>ADAMCZYK Ania</b>	<b>2006</b>		Open K	66	02:49:27	05:27:46	<b>07:43:30.00</b>	<b>07:43:43.30</b>	+03:47:39 (49.1%)	9:43	6.2 (51.2%)
272	<b>HOROWSKA Karolina</b>	<b>2316</b>	RUNHOGS TYCHY	Open K	67	02:49:46	05:28:31	<b>07:45:18.45</b>	<b>07:45:40.25</b>	+03:49:36 (49.3%)	9:45	6.2 (51.2%)
273	<b>MAGOCSY Adam</b>	<b>2164</b>		Open M	206	02:51:06	05:31:17	<b>07:47:54.10</b>	<b>07:48:21.10</b>	+03:52:17 (49.6%)	9:48	6.1 (50.4%)
274	<b>MAGOCSY Justyna</b>	<b>2165</b>		Open K	68	02:51:07	05:31:26	<b>07:47:54.40</b>	<b>07:48:21.35</b>	+03:52:17 (49.6%)	9:48	6.1 (50.4%)
275	<b>SZTĘGIERKA Agata</b>	<b>2293</b>		Open K	69	02:50:23	05:38:02	<b>07:49:16.65</b>	<b>07:49:44.35</b>	+03:53:40 (49.7%)	9:50	6.1 (50.4%)
276	<b>LATAŁA Wojciech</b>	<b>2147</b>	LEŚNE GRUBASY	Open M	207	02:51:17	05:31:05	<b>07:50:10.90</b>	<b>07:50:39.40</b>	+03:54:35 (49.8%)	9:51	6.1 (50.4%)
277	<b>KARCZ Bartłomiej</b>	<b>2094</b>		Open M	208	02:44:16	05:26:11	<b>07:53:19.05</b>	<b>07:53:50.95</b>	+03:57:47 (50.2%)	9:55	6 (49.6%)
<b>Przekroczony limit czasu: 08:00:00</b>												
278	<b>GALESKI Stanisław</b>	<b>2057</b>		Open M	209	02:44:18	05:26:15	<b>08:00:03.30</b>	<b>08:00:35.70</b>	+04:04:32 (50.9%)	10:03	6 (49.6%)
279	<b>VU Doa</b>	<b>2310</b>	TOKENOMIC	Open M	210	02:38:21	05:32:36	<b>08:27:54.40</b>	<b>08:28:07.55</b>	+04:32:04 (53.5%)	10:38	5.6 (46.3%)
	<b>HETMAŃCZYK Jakub</b>	<b>2074</b>		Open M		01:53:06 DNF	03:57:00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>OSYSZKO Izabela</b>	<b>2207</b>		Open K		02:10:56 DNF	04:12:21 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MAKÓWKA Justyna</b>	<b>2166</b>	LASKOWE LUDKI	Open K		01:55:12 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>JANUSZEWSKI Maciej</b>	<b>2082</b>		Open M		01:56:34 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KARAŚ Agnieszka</b>	<b>2093</b>	STARE BABICE BIEGAJĄ	Open K		DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 284 wynik(ów)