



**Wydarzenie:** Łemkowyna Ultra-Trail 2021  
**Organizator:** Fundacja Ultra  
**Data:** 2021-05-15  
**Miejsce:** Komańcza  
**Dystans:** 48 km

# ŁEMKO MARATON 48

B4SPORT

**B4SPORT**  
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Open K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Puławy Górne 18.7km	Czas netto 47.7km	Różn	Tempo min/km	Tempo km/h
1	<b>BORUSZEWSKA Beata</b>	<b>2040</b>		Open K	1	01:52:00	<b>05:09:09.40</b>		6:28	9.3 (100%)
2	<b>LEŚNIAK Karolina</b>	<b>2238</b>		Open K	2	01:57:20	<b>05:14:33.35</b>	+00:05:23 (1.7%)	6:35	9.1 (97.8%)
3	<b>FURTEK Iwona</b>	<b>2103</b>	LACHO TEAM	Open K	3	01:59:54	<b>05:16:54.35</b>	+00:07:44 (2.4%)	6:38	9 (96.8%)
4	<b>KRENZEL Regina</b>	<b>2213</b>		Open K	4	02:01:55	<b>05:23:43.50</b>	+00:14:34 (4.5%)	6:47	8.8 (94.6%)
5	<b>FIEDOROWICZ Asia</b>	<b>2558</b>		Open K	5	01:58:48	<b>05:26:10.50</b>	+00:17:01 (5.2%)	6:50	8.8 (94.6%)
6	<b>KULIK Karolina</b>	<b>2224</b>		Open K	6	02:00:08	<b>05:39:56.10</b>	+00:30:46 (9.1%)	7:07	8.4 (90.3%)
7	<b>GNIADK Gosia</b>	<b>2117</b>	DABEX - BOLT	Open K	7	02:08:32	<b>05:44:05.35</b>	+00:34:55 (10.2%)	7:12	8.3 (89.2%)
8	<b>WAŁACH-BIŚTA Zuza</b>	<b>2654</b>		Open K	8	02:03:29	<b>05:45:25.65</b>	+00:36:16 (10.5%)	7:14	8.3 (89.2%)
9	<b>RATKA Adriana</b>	<b>2624</b>		Open K	9	02:05:26	<b>05:45:55.60</b>	+00:36:46 (10.6%)	7:15	8.3 (89.2%)
10	<b>STRZESAK Patrycja</b>	<b>2419</b>		Open K	10	02:12:17	<b>05:50:25.25</b>	+00:41:15 (11.8%)	7:20	8.2 (88.2%)
11	<b>GRABOWSKA Aleksandra</b>	<b>2129</b>		Open K	11	02:07:20	<b>05:51:44.70</b>	+00:42:35 (12.1%)	7:22	8.1 (87.1%)
12	<b>CZAPRAN Magdalena</b>	<b>2062</b>		Open K	12	02:05:14	<b>05:54:19.65</b>	+00:45:10 (12.7%)	7:25	8.1 (87.1%)
13	<b>KORZENIOWSKA Anna</b>	<b>2583</b>	GALANCI CIEKACZE	Open K	13	02:10:42	<b>05:54:26.20</b>	+00:45:16 (12.8%)	7:25	8.1 (87.1%)
14	<b>KOSTKA Małgorzata</b>	<b>2205</b>	CUBE TEAM	Open K	14	02:04:01	<b>05:55:14.10</b>	+00:46:04 (13.0%)	7:26	8.1 (87.1%)
15	<b>GRABOWSKA Justyna</b>	<b>2127</b>	HTF LUDWIK SIKORSKI	Open K	15	02:10:05	<b>05:58:00.80</b>	+00:48:51 (13.6%)	7:30	8 (86.0%)
16	<b>GONCERZEWICZ Anna</b>	<b>2566</b>	STARE BABICE BIEGAJĄ	Open K	16	02:13:41	<b>05:58:37.95</b>	+00:49:28 (13.8%)	7:31	8 (86.0%)
17	<b>KAZUBOWSKA Aleksandra</b>	<b>2180</b>	PARKRUN GORZÓW WLKP.	Open K	17	02:07:34	<b>06:01:01.05</b>	+00:51:51 (14.4%)	7:34	7.9 (84.9%)
18	<b>POPEK Dominika</b>	<b>2620</b>	WM TRISELF	Open K	18	02:06:42	<b>06:01:17.90</b>	+00:52:08 (14.4%)	7:34	7.9 (84.9%)
19	<b>PAŁUSZNA Anna</b>	<b>2325</b>	HARPAGAN SOSNOWIEC	Open K	19	02:15:19	<b>06:04:58.65</b>	+00:55:49 (15.3%)	7:39	7.8 (83.9%)
20	<b>KACZMAREK Katarzyna</b>	<b>2167</b>	#ADAMCZERWINSKITEAM	Open K	20	02:17:03	<b>06:17:52.20</b>	+01:08:42 (18.2%)	7:55	7.6 (81.7%)
21	<b>SOŁTYSIAK Marta</b>	<b>2407</b>		Open K	21	02:09:36	<b>06:23:47.20</b>	+01:14:37 (19.4%)	8:02	7.5 (80.6%)
22	<b>BURCHARD Beata</b>	<b>2046</b>		Open K	22	02:22:04	<b>06:31:56.80</b>	+01:22:47 (21.1%)	8:12	7.3 (78.5%)
23	<b>RZEPNIEWSKA Joanna</b>	<b>2630</b>	MARKOWI BIEGACZE	Open K	23	02:22:14	<b>06:33:26.15</b>	+01:24:16 (21.4%)	8:14	7.3 (78.5%)
24	<b>PAKULSKA-TOMZA Dorota</b>	<b>2323</b>		Open K	24	02:25:22	<b>06:34:28.40</b>	+01:25:19 (21.6%)	8:16	7.3 (78.5%)
25	<b>ŻYLIŃSKA Agnieszka</b>	<b>2523</b>	555	Open K	25	02:16:34	<b>06:37:01.85</b>	+01:27:52 (22.1%)	8:19	7.2 (77.4%)
26	<b>TOMASZEWSKA Ewa</b>	<b>2649</b>		Open K	26	02:24:36	<b>06:37:11.95</b>	+01:28:02 (22.2%)	8:19	7.2 (77.4%)
27	<b>HRABEC KOTULKOVA Sona</b>	<b>2141</b>	COLUMBIA MONTRAIL/RUNNING2.CZ	Open K	27	02:25:02	<b>06:43:01.70</b>	+01:33:52 (23.3%)	8:26	7.1 (76.3%)
28	<b>FIRA-KREMPA Edyta</b>	<b>2560</b>		Open K	28	02:25:15	<b>06:43:33.50</b>	+01:34:24 (23.4%)	8:27	7.1 (76.3%)
29	<b>FILIP-PASEK Kasia</b>	<b>2093</b>		Open K	29	02:22:54	<b>06:43:51.20</b>	+01:34:41 (23.4%)	8:27	7.1 (76.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Puławy Górne		Różn	Tempo min/km	Tempo km/h
						18.7km	Czas netto 47.7km			
30	<b>KRZESIŃSKA Renata</b>	<b>2219</b>		Open K	30	02:26:46	<b>06:44:40.25</b>	+01:35:30 (23.6%)	8:29	7.1 (76.3%)
31	<b>DEMKO Anna</b>	<b>2074</b>	ŻÓŁTYCZERWONYPANDA	Open K	31	02:19:07	<b>06:50:13.30</b>	+01:41:03 (24.6%)	8:35	7 (75.3%)
32	<b>MARONKA Agnieszka</b>	<b>2261</b>		Open K	32	02:27:59	<b>06:52:07.05</b>	+01:42:57 (25.0%)	8:38	6.9 (74.2%)
33	<b>HUNKIEWICZ Ewelina</b>	<b>2568</b>	MARKOWI BIEGACZE	Open K	33	02:28:15	<b>06:52:35.30</b>	+01:43:25 (25.1%)	8:38	6.9 (74.2%)
34	<b>SIEŃSKA-PROKOPCZUK Anna</b>	<b>2633</b>		Open K	34	02:24:35	<b>06:52:39.70</b>	+01:43:30 (25.1%)	8:39	6.9 (74.2%)
35	<b>ROMANOWSKA Monika</b>	<b>2626</b>		Open K	35	02:24:42	<b>06:52:41.30</b>	+01:43:31 (25.1%)	8:39	6.9 (74.2%)
36	<b>FRĄCZEK Iwona</b>	<b>2097</b>	NOA	Open K	36	02:21:53	<b>06:53:09.10</b>	+01:43:59 (25.2%)	8:39	6.9 (74.2%)
37	<b>GADAMSKA-KABATA Paulina</b>	<b>2108</b>		Open K	37	02:30:23	<b>06:54:26.75</b>	+01:45:17 (25.4%)	8:41	6.9 (74.2%)
38	<b>OSIKOWSKA Teresa</b>	<b>2320</b>		Open K	38	02:23:25	<b>06:57:16.45</b>	+01:48:07 (25.9%)	8:44	6.9 (74.2%)
39	<b>RÓŻYCKA Dorota</b>	<b>2376</b>	NOWY STYL GROUP RUNNING TEAM	Open K	39	02:26:18	<b>06:58:33.00</b>	+01:49:23 (26.1%)	8:46	6.8 (73.1%)
40	<b>TROCHANOWSKA Kamila</b>	<b>2462</b>	RUSYN-LEM	Open K	40	02:25:12	<b>06:58:55.00</b>	+01:49:45 (26.2%)	8:46	6.8 (73.1%)
41	<b>WŁODEK-JARZYNA Magdalena</b>	<b>2487</b>	POLSKIE KWASY	Open K	41	02:31:58	<b>06:59:40.35</b>	+01:50:30 (26.3%)	8:47	6.8 (73.1%)
42	<b>SZYMANSKA Agata</b>	<b>2448</b>	RADZYMIN RUN TEAM	Open K	42	02:31:31	<b>07:08:31.70</b>	+01:59:22 (27.9%)	8:59	6.7 (72.0%)
42	<b>JARZĄBEK Agnieszka</b>	<b>2153</b>	RADZYMIN RUN TEAM	Open K	42	02:31:19	<b>07:08:31.70</b>	+01:59:22 (27.9%)	8:59	6.7 (72.0%)
44	<b>CAŁKA Agnieszka</b>	<b>2048</b>	RADZYMIN RUN TEAM	Open K	44	02:31:26	<b>07:08:33.40</b>	+01:59:24 (27.9%)	8:59	6.7 (72.0%)
45	<b>KWIATEK Monika</b>	<b>2229</b>		Open K	45	02:33:29	<b>07:08:47.65</b>	+01:59:38 (27.9%)	8:59	6.7 (72.0%)
46	<b>PARYSZ Anna</b>	<b>2327</b>	STARE BABICE BIEGAJĄ	Open K	46	02:40:56	<b>07:10:28.85</b>	+02:01:19 (28.2%)	9:01	6.6 (71.0%)
47	<b>SZYMELFENIG Gabriela</b>	<b>2643</b>	AKADEMIABIEGACZA.PL S.L SALOS-WODNA ŁÓDŹ	Open K	47	02:29:07	<b>07:11:24.65</b>	+02:02:15 (28.3%)	9:02	6.6 (71.0%)
48	<b>RZYMOWSKA Krystyna</b>	<b>2384</b>		Open K	48	02:33:10	<b>07:14:02.55</b>	+02:04:53 (28.8%)	9:05	6.6 (71.0%)
49	<b>BŁASZAK Monika</b>	<b>2032</b>	UBS KRAKOW RUNNING TEAM	Open K	49	02:27:52	<b>07:15:43.10</b>	+02:06:33 (29.0%)	9:08	6.6 (71.0%)
50	<b>KRYPCZYK Katarzyna</b>	<b>2217</b>		Open K	50	02:39:53	<b>07:16:20.95</b>	+02:07:11 (29.1%)	9:08	6.6 (71.0%)
51	<b>ZYGMUNT Monika</b>	<b>2519</b>		Open K	51	02:24:16	<b>07:18:56.65</b>	+02:09:47 (29.6%)	9:12	6.5 (69.9%)
52	<b>WIŚNIEWSKA Ewa</b>	<b>2481</b>		Open K	52	02:27:20	<b>07:21:50.90</b>	+02:12:41 (30.0%)	9:15	6.5 (69.9%)
53	<b>SKOLIMOWSKA Aga</b>	<b>2394</b>	SOLORUN	Open K	53	02:41:37	<b>07:22:35.60</b>	+02:13:26 (30.1%)	9:16	6.5 (69.9%)
54	<b>SKROBEK Karolina</b>	<b>2635</b>	VEGE RUNNERS	Open K	54	02:34:44	<b>07:23:41.90</b>	+02:14:32 (30.3%)	9:18	6.5 (69.9%)
55	<b>ROMANOWICZ Katarzyna</b>	<b>2371</b>		Open K	55	02:44:21	<b>07:25:47.65</b>	+02:16:38 (30.7%)	9:20	6.4 (68.8%)
56	<b>JABŁOŃSKA Małgorzata</b>	<b>2144</b>	WTORKOWY TRENING	Open K	56	02:39:02	<b>07:28:53.35</b>	+02:19:43 (31.1%)	9:24	6.4 (68.8%)
57	<b>MAJEWSKA Regina</b>	<b>2251</b>	KS "TĘCZA"	Open K	57	02:41:49	<b>07:37:23.45</b>	+02:28:14 (32.4%)	9:35	6.3 (67.7%)
58	<b>PAPIERNIK Aneta</b>	<b>2524</b>	MARKOWI BIEGACZE	Open K	58	02:44:20	<b>07:45:18.85</b>	+02:36:09 (33.6%)	9:45	6.2 (66.7%)
59	<b>STRADOMSKA Agnieszka</b>	<b>2641</b>	MARKOWI BIEGACZE	Open K	59	02:44:16	<b>07:45:19.20</b>	+02:36:09 (33.6%)	9:45	6.2 (66.7%)
60	<b>ŁĄCKA Ilona</b>	<b>2247</b>	EKOBIEGI	Open K	60	02:47:31	<b>07:46:09.85</b>	+02:37:00 (33.7%)	9:46	6.1 (65.6%)
61	<b>JUSZCZYK Małgorzata</b>	<b>2163</b>	NIEPOŁOMICE BIEGAJĄ	Open K	61	02:49:56	<b>07:55:01.00</b>	+02:45:51 (34.9%)	9:57	6 (64.5%)
<b>Przekroczony limit czasu: 08:00:00</b>										
62	<b>NAPIÓRKOWSKA Ingrid</b>	<b>2297</b>	BOAT CITY TEAM	Open K	62	03:01:11	<b>08:02:39.70</b>	+02:53:30 (35.9%)	10:07	5.9 (63.4%)
63	<b>RYSIAWA Joanna</b>	<b>2381</b>		Open K	63	02:49:31	<b>08:06:39.60</b>	+02:57:30 (36.5%)	10:12	5.9 (63.4%)
64	<b>PATYK Joanna</b>	<b>2333</b>		Open K	64	02:56:53	<b>08:11:03.35</b>	+03:01:53 (37.0%)	10:17	5.8 (62.4%)
65	<b>GARNCARZ Lucyna</b>	<b>2561</b>		Open K	65	02:58:40	<b>09:03:35.55</b>	+03:54:26 (43.1%)	11:23	5.3 (57.0%)

Znaleziono 65 wynik(ów)