

**Wydarzenie:** Łemkowyna Ultra-Trail 2021  
**Organizator:** Fundacja Ultra  
**Data:** 2021-05-15  
**Miejsce:** Komańcza  
**Dystans:** 30 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyśzów 15.5km	Czas netto 29km	Różn	Tempo min/km	Tempo km/h
1	<b>KOREK Michał</b>	<b>3546</b>	MARCINŚWIERCTEAM	Open M	1	01:09:44	<b>02:13:59.10</b>		4:37	13 (100%)
2	<b>WOJTCZAK Jakub</b>	<b>3613</b>		Open M	2	01:10:18	<b>02:14:46.55</b>	+00:00:47 (0.6%)	4:38	12.9 (99.2%)
3	<b>GAZDOWICZ Michał</b>	<b>3523</b>	RUNPASSION.PL TEAM	Open M	3	01:14:14	<b>02:27:55.30</b>	+00:13:56 (9.4%)	5:06	11.8 (90.8%)
4	<b>WOJTASIK Dawid</b>	<b>3612</b>		Open M	4	01:16:15	<b>02:29:02.05</b>	+00:15:02 (10.1%)	5:08	11.7 (90.0%)
5	<b>ŻURAWSKI Kamil</b>	<b>3480</b>		Open M	5	01:17:11	<b>02:30:44.45</b>	+00:16:45 (11.1%)	5:11	11.5 (88.5%)
6	<b>JÓZEFczyk Tomasz</b>	<b>3491</b>	POSMAKUJ RUN TEAM	Open M	6	01:21:35	<b>02:38:55.50</b>	+00:24:56 (15.7%)	5:28	10.9 (83.8%)
7	<b>JAZŁOCKI Łukasz</b>	<b>3149</b>	LLAMA IN MY LIVING ROOM	Open M	7	01:24:00	<b>02:39:27.65</b>	+00:25:28 (16.0%)	5:29	10.9 (83.8%)
8	<b>MIGACZ Jacek</b>	<b>3260</b>	TRAILRUN KRAKÓW	Open M	8	01:27:30	<b>02:39:33.35</b>	+00:25:34 (16.0%)	5:30	10.9 (83.8%)
9	<b>GOLEC Ireneusz</b>	<b>3525</b>	VEGE RUNNERS	Open M	9	01:23:25	<b>02:41:55.20</b>	+00:27:56 (17.3%)	5:35	10.7 (82.3%)
10	<b>SABAT Sebastian</b>	<b>3343</b>		Open M	10	01:20:12	<b>02:42:02.65</b>	+00:28:03 (17.3%)	5:35	10.7 (82.3%)
11	<b>KUBACKI Krzysztof</b>	<b>3204</b>	NADLEŚNICTWO ŁOSIE	Open M	11	01:23:22	<b>02:45:20.00</b>	+00:31:20 (19.0%)	5:42	10.5 (80.8%)
12	<b>TELESZ Mateusz</b>	<b>3603</b>		Open M	12	01:27:21	<b>02:46:07.90</b>	+00:32:08 (19.4%)	5:43	10.5 (80.8%)
13	<b>SMYK Łukasz</b>	<b>3593</b>		Open M	13	01:22:51	<b>02:46:27.95</b>	+00:32:28 (19.5%)	5:44	10.5 (80.8%)
14	<b>MAĆZKA Ryszard</b>	<b>3562</b>	LUBELSKI BANK SPÓŁDZIELCZY	Open M	14	01:25:18	<b>02:49:02.20</b>	+00:35:03 (20.7%)	5:49	10.3 (79.2%)
15	<b>KOSTKA Janusz</b>	<b>3183</b>	POSMAKUJ RUN TEAM	Open M	15	01:24:51	<b>02:50:00.95</b>	+00:36:01 (21.2%)	5:51	10.2 (78.5%)
16	<b>WYSZYŃSKI Roman</b>	<b>3455</b>		Open M	16	01:28:46	<b>02:51:14.95</b>	+00:37:15 (21.8%)	5:54	10.2 (78.5%)
17	<b>CICHOSZ Krzysztof</b>	<b>3510</b>		Open M	17	01:25:40	<b>02:51:51.70</b>	+00:37:52 (22.0%)	5:55	10.1 (77.7%)
18	<b>MALINOWSKA Izabela</b>	<b>3561</b>		Open K	1	01:25:36	<b>02:51:52.05</b>	+00:37:52 (22.0%)	5:55	10.1 (77.7%)
19	<b>KOPIEĆ Kamil</b>	<b>3545</b>	JAJA NA BOK RUNNING TEAM	Open M	18	01:31:02	<b>02:52:51.35</b>	+00:38:52 (22.5%)	5:57	10.1 (77.7%)
20	<b>WARDA Jarosław</b>	<b>3420</b>		Open M	19	01:31:21	<b>02:56:36.10</b>	+00:42:37 (24.1%)	6:05	9.9 (76.2%)
21	<b>MOŻEJKO Artur</b>	<b>3266</b>	NIEPOŁOMICE BIEGAJĄ	Open M	20	01:30:53	<b>02:57:21.00</b>	+00:43:21 (24.5%)	6:06	9.8 (75.4%)
22	<b>ZIELIŃSKI Paweł</b>	<b>3626</b>	RUCH IZBICA	Open M	21	01:33:34	<b>02:58:32.10</b>	+00:44:33 (25.0%)	6:09	9.7 (74.6%)
23	<b>WARĘCKA Katarzyna</b>	<b>3606</b>		Open K	2	01:31:14	<b>02:59:28.15</b>	+00:45:29 (25.3%)	6:11	9.7 (74.6%)
24	<b>REGULSKI Doman</b>	<b>3330</b>		Open M	22	01:32:31	<b>02:59:42.60</b>	+00:45:43 (25.4%)	6:11	9.7 (74.6%)
25	<b>KOPEĆ Paweł</b>	<b>3177</b>	RZESZOWSKIE GAZELE I GEPARDY	Open M	23	01:29:39	<b>02:59:56.55</b>	+00:45:57 (25.5%)	6:12	9.7 (74.6%)
26	<b>KURASZ Piotr</b>	<b>3556</b>		Open M	24	01:27:50	<b>03:02:43.75</b>	+00:48:44 (26.7%)	6:18	9.5 (73.1%)
27	<b>SMYK Małgorzata</b>	<b>3592</b>		Open K	3	01:33:03	<b>03:03:10.70</b>	+00:49:11 (26.9%)	6:18	9.5 (73.1%)
28	<b>JUREK Przemysław</b>	<b>3155</b>	KS STASZEWSKY	Open M	25	01:35:08	<b>03:03:10.85</b>	+00:49:11 (26.9%)	6:18	9.5 (73.1%)
29	<b>STRZELCZYK Wiktor</b>	<b>3376</b>	CARPATHIAN RUNNERS	Open M	26	01:29:33	<b>03:03:14.40</b>	+00:49:15 (26.9%)	6:19	9.5 (73.1%)

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							netto 29km	Różn		
30	<b>SMERECKI Maciej</b>	<b>3494</b>	POSMAKUJ RUN TEAM	Open M	27	01:32:34	<b>03:03:25.80</b>	+00:49:26 (27.0%)	6:19	9.5 (73.1%)
31	<b>KWAŚNIEWSKI Marcin</b>	<b>3557</b>	EINE SPORTGRUPPE	Open M	28	01:34:54	<b>03:03:43.50</b>	+00:49:44 (27.1%)	6:20	9.5 (73.1%)
32	<b>PAKOWSKI Robert</b>	<b>3288</b>	WANDA PANFIL TEAM	Open M	29		<b>03:04:18.15</b>	+00:50:19 (27.3%)	6:21	9.4 (72.3%)
33	<b>JASŁOWSKA Justyna</b>	<b>3148</b>	SCOTT	Open K	4	01:34:33	<b>03:04:58.05</b>	+00:50:58 (27.6%)	6:22	9.4 (72.3%)
34	<b>DUDEK Paweł</b>	<b>3513</b>	RUCH IZBICA	Open M	30	01:33:16	<b>03:05:26.85</b>	+00:51:27 (27.8%)	6:23	9.4 (72.3%)
35	<b>MAKOWSKI Jarosław</b>	<b>3560</b>	STAY INSANE	Open M	31	01:34:17	<b>03:07:03.90</b>	+00:53:04 (28.4%)	6:27	9.3 (71.5%)
36	<b>KRAJEWSK Bartek</b>	<b>3194</b>		Open M	32	01:37:46	<b>03:07:08.95</b>	+00:53:09 (28.4%)	6:27	9.3 (71.5%)
37	<b>SZADKOWSKI Denis</b>	<b>3380</b>		Open M	33	01:31:37	<b>03:07:12.75</b>	+00:53:13 (28.4%)	6:27	9.3 (71.5%)
38	<b>RODZINKA Erwin</b>	<b>3584</b>		Open M	34	01:36:38	<b>03:07:49.30</b>	+00:53:50 (28.7%)	6:28	9.3 (71.5%)
39	<b>KOPACZ Piotr</b>	<b>3543</b>	PERFEX	Open M	35	01:37:07	<b>03:08:30.15</b>	+00:54:31 (28.9%)	6:30	9.2 (70.8%)
40	<b>MICHALCZYK Krzysztof</b>	<b>3563</b>		Open M	36	01:36:41	<b>03:09:43.35</b>	+00:55:44 (29.4%)	6:32	9.2 (70.8%)
41	<b>BANIAK Eryk</b>	<b>3011</b>		Open M	37	01:32:48	<b>03:10:02.10</b>	+00:56:03 (29.5%)	6:33	9.2 (70.8%)
42	<b>IZDEBSKI Tomasz</b>	<b>3530</b>	NBS TEAM	Open M	38	01:37:38	<b>03:10:57.25</b>	+00:56:58 (29.8%)	6:35	9.1 (70.0%)
43	<b>DOBROMILSKA Agata</b>	<b>3063</b>	WM TRISELF	Open K	5	01:38:42	<b>03:11:13.85</b>	+00:57:14 (29.9%)	6:35	9.1 (70.0%)
44	<b>PETER Marcin</b>	<b>3302</b>		Open M	39	01:36:48	<b>03:11:43.70</b>	+00:57:44 (30.1%)	6:36	9.1 (70.0%)
45	<b>SAMBOROWSKI Marcin</b>	<b>3347</b>	PRYMA.PL	Open M	40	01:34:38	<b>03:11:50.70</b>	+00:57:51 (30.2%)	6:36	9.1 (70.0%)
46	<b>SKRZYŃSKI Andrzej</b>	<b>3590</b>	KS STASZEWSKY	Open M	41	01:37:14	<b>03:12:02.95</b>	+00:58:03 (30.2%)	6:37	9.1 (70.0%)
47	<b>WASIAK Tomasz</b>	<b>3502</b>	RAZEM TRENUJEMY SPORT	Open M	42	01:38:04	<b>03:12:41.60</b>	+00:58:42 (30.5%)	6:38	9 (69.2%)
48	<b>WADZIŃSKI Kamil</b>	<b>3605</b>	#KASIASOLIŃSKATEAM	Open M	43	01:37:18	<b>03:12:47.70</b>	+00:58:48 (30.5%)	6:38	9 (69.2%)
49	<b>FOSSAERT Sylwia</b>	<b>3084</b>		Open K	6	01:38:03	<b>03:13:12.75</b>	+00:59:13 (30.7%)	6:39	9 (69.2%)
50	<b>PELCZAR Joanna</b>	<b>3299</b>		Open K	7	01:39:08	<b>03:13:13.15</b>	+00:59:14 (30.7%)	6:39	9 (69.2%)
51	<b>PERENC Michał</b>	<b>3300</b>	CARPATHIAN RUNNERS	Open M	44	01:36:37	<b>03:13:22.15</b>	+00:59:23 (30.7%)	6:40	9 (69.2%)
52	<b>TOMCZYK Grzegorz</b>	<b>3405</b>	PALARNIA KAWY GREGORIO	Open M	45	01:38:02	<b>03:13:31.75</b>	+00:59:32 (30.8%)	6:40	9 (69.2%)
53	<b>FURS Teodor</b>	<b>3521</b>	PIERDZĄCE ZAJĄCE	Open M	46	01:37:45	<b>03:14:16.50</b>	+01:00:17 (31.0%)	6:41	9 (69.2%)
54	<b>PATSCHEK Grzegorz</b>	<b>3575</b>		Open M	47	01:37:52	<b>03:15:25.00</b>	+01:01:25 (31.4%)	6:44	8.9 (68.5%)
55	<b>PRYŚKO-GROBELNA Małgorzata</b>	<b>3583</b>		Open K	8	01:38:21	<b>03:15:33.85</b>	+01:01:34 (31.5%)	6:44	8.9 (68.5%)
56	<b>STUDZIŃSKI Rafał</b>	<b>3600</b>	ANPOLEKO DRINK TEAM	Open M	48	01:39:24	<b>03:15:53.75</b>	+01:01:54 (31.6%)	6:45	8.9 (68.5%)
57	<b>OSIK Przemysław</b>	<b>3572</b>	3T BIAŁYSTOK	Open M	49	01:36:32	<b>03:15:58.20</b>	+01:01:59 (31.6%)	6:45	8.9 (68.5%)
58	<b>GOTFRYD Karol</b>	<b>3526</b>	ANPOLEKO DRINK TEAM	Open M	50	01:40:00	<b>03:16:25.55</b>	+01:02:26 (31.8%)	6:46	8.9 (68.5%)
59	<b>LATAWIEC Jakub</b>	<b>3218</b>		Open M	51	01:37:55	<b>03:16:36.65</b>	+01:02:37 (31.9%)	6:46	8.9 (68.5%)
60	<b>GAŁĘCKI Kamil</b>	<b>3090</b>	RYBA TEAM.	Open M	52	01:38:27	<b>03:17:02.60</b>	+01:03:03 (32.0%)	6:47	8.8 (67.7%)
61	<b>DYŚ Małgorzata</b>	<b>3514</b>	STAY INSANE	Open K	9	01:41:38	<b>03:17:49.00</b>	+01:03:49 (32.3%)	6:49	8.8 (67.7%)
62	<b>SKWARNECKI Damian</b>	<b>3501</b>		Open M	53	01:41:19	<b>03:18:45.45</b>	+01:04:46 (32.6%)	6:51	8.8 (67.7%)
63	<b>ORTYL Magdalena</b>	<b>3571</b>	ZABIEGANI MIELEC	Open K	10	01:39:21	<b>03:18:54.10</b>	+01:04:55 (32.6%)	6:51	8.7 (66.9%)
64	<b>SOWIŃSKA-JANECZEK Joanna</b>	<b>3597</b>	KB MARATON TUREK	Open K	11	01:40:04	<b>03:19:07.40</b>	+01:05:08 (32.7%)	6:51	8.7 (66.9%)
65	<b>WEWIOR Tomasz</b>	<b>3608</b>		Open M	54	01:38:59	<b>03:19:34.75</b>	+01:05:35 (32.9%)	6:52	8.7 (66.9%)
66	<b>JĘDRZEJOWSKA Karolina</b>	<b>3152</b>		Open K	12	01:41:09	<b>03:21:24.35</b>	+01:07:25 (33.5%)	6:56	8.6 (66.2%)
67	<b>JACHYMSKI Ignacy</b>	<b>3138</b>	AKG ŁÓDŹ	Open M	55	01:40:10	<b>03:22:41.30</b>	+01:08:42 (33.9%)	6:59	8.6 (66.2%)
68	<b>DYMIŃSKI Paweł</b>	<b>3077</b>		Open M	56	01:44:40	<b>03:23:15.00</b>	+01:09:15 (34.1%)	7:00	8.6 (66.2%)
69	<b>KUCIŃSKA Magdalena</b>	<b>3206</b>		Open K	13	01:39:59	<b>03:23:47.30</b>	+01:09:48 (34.3%)	7:01	8.5 (65.4%)
70	<b>MIERZWICKI Krzysztof</b>	<b>3259</b>	MAZURSKIE TROPY	Open M	57	01:42:16	<b>03:23:55.30</b>	+01:09:56 (34.3%)	7:01	8.5 (65.4%)
71	<b>KORZUS Katarzyna</b>	<b>3181</b>		Open K	14	01:39:49	<b>03:24:03.25</b>	+01:10:04 (34.3%)	7:02	8.5 (65.4%)
72	<b>KOZIOŁ Sylwester</b>	<b>3191</b>		Open M	58	01:39:33	<b>03:24:36.80</b>	+01:10:37 (34.5%)	7:03	8.5 (65.4%)
73	<b>KUŁYK Łukasz Kułyk</b>	<b>3209</b>	RUSYNLEM	Open M	59	01:41:52	<b>03:24:49.35</b>	+01:10:50 (34.6%)	7:03	8.5 (65.4%)

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							netto 29km	Różn		
74	<b>KĘDZIERSKI Michał</b>	<b>3166</b>	HTF LUDWIK SIKORSKI	Open M	60	01:41:43	<b>03:25:37.15</b>	+01:11:38 (34.8%)	7:05	8.5 (65.4%)
75	<b>BIDUŚ Marek</b>	<b>3017</b>		Open M	61	01:44:54	<b>03:26:01.60</b>	+01:12:02 (35.0%)	7:06	8.4 (64.6%)
76	<b>MUSIAŁ Witold</b>	<b>3565</b>	NIEPOŁOMICE BIEGAJĄ	Open M	62	01:40:54	<b>03:26:20.30</b>	+01:12:21 (35.1%)	7:06	8.4 (64.6%)
77	<b>MUSIAŁ Anna</b>	<b>3566</b>	NIEPOŁOMICE BIEGAJĄ	Open K	15	01:40:49	<b>03:26:21.15</b>	+01:12:22 (35.1%)	7:06	8.4 (64.6%)
78	<b>TYSZKIEWICZ Rafał</b>	<b>3490</b>	COLUMBIA	Open M	63	01:47:57	<b>03:26:35.65</b>	+01:12:36 (35.1%)	7:07	8.4 (64.6%)
79	<b>LEWANDOWSKI Paweł</b>	<b>3222</b>	CHARZYNO - SUPER WIEŚ!	Open M	64	01:48:15	<b>03:26:59.40</b>	+01:13:00 (35.3%)	7:08	8.4 (64.6%)
80	<b>KOZIOŁ Weronika</b>	<b>3192</b>	TEAM MOUNTAIN FUEL POLSKA	Open K	16	01:41:38	<b>03:27:38.60</b>	+01:13:39 (35.5%)	7:09	8.4 (64.6%)
81	<b>JEDZINIAK Kamila</b>	<b>3536</b>		Open K	17	01:43:09	<b>03:27:39.25</b>	+01:13:40 (35.5%)	7:09	8.4 (64.6%)
82	<b>JURECZKO Agnieszka</b>	<b>3539</b>	DZIK KOMANDO	Open K	18	01:45:18	<b>03:28:59.75</b>	+01:15:00 (35.9%)	7:12	8.3 (63.8%)
83	<b>HUNIA Mateusz</b>	<b>3131</b>		Open M	65	01:39:08	<b>03:29:12.05</b>	+01:15:12 (36.0%)	7:12	8.3 (63.8%)
84	<b>MADEJ Magdalena</b>	<b>3238</b>		Open K	19	01:45:02	<b>03:29:41.30</b>	+01:15:42 (36.1%)	7:13	8.3 (63.8%)
85	<b>MĘKARSKI Sławomir</b>	<b>3256</b>	WANDA PANFIL TEAM	Open M	66	01:46:28	<b>03:30:26.40</b>	+01:16:27 (36.3%)	7:15	8.3 (63.8%)
86	<b>WLEZIEŃ Alek</b>	<b>3434</b>	TRICLUB	Open M	67	01:43:50	<b>03:30:40.70</b>	+01:16:41 (36.4%)	7:15	8.3 (63.8%)
87	<b>PODBIELSKI Michał</b>	<b>3579</b>		Open M	68	01:48:51	<b>03:31:18.30</b>	+01:17:19 (36.6%)	7:17	8.2 (63.1%)
88	<b>OLBORSKA Gabriela</b>	<b>3570</b>		Open K	20	01:46:37	<b>03:31:40.35</b>	+01:17:41 (36.7%)	7:17	8.2 (63.1%)
89	<b>HORZELA Beata</b>	<b>3127</b>		Open K	21	01:46:31	<b>03:31:47.70</b>	+01:17:48 (36.7%)	7:18	8.2 (63.1%)
90	<b>JÓZEFczyk Jacek</b>	<b>3538</b>		Open M	69	01:48:00	<b>03:33:08.65</b>	+01:19:09 (37.1%)	7:20	8.2 (63.1%)
91	<b>SIELIWONIK Anita</b>	<b>3353</b>		Open K	22	01:50:38	<b>03:33:47.90</b>	+01:19:48 (37.3%)	7:22	8.1 (62.3%)
92	<b>ZABIRONINA Olya</b>	<b>3457</b>	POWER TRAINING	Open K	23	01:47:59	<b>03:34:59.65</b>	+01:21:00 (37.7%)	7:24	8.1 (62.3%)
93	<b>BEDLA Anna</b>	<b>3507</b>		Open K	24	01:48:28	<b>03:35:00.20</b>	+01:21:01 (37.7%)	7:24	8.1 (62.3%)
94	<b>GŁADYSZ Jadwiga</b>	<b>3524</b>	ADRHA	Open K	25	01:51:34	<b>03:36:13.35</b>	+01:22:14 (38.0%)	7:27	8 (61.5%)
95	<b>WOJCIECHOWSKI Michał</b>	<b>3439</b>		Open M	70	01:48:59	<b>03:36:20.10</b>	+01:22:21 (38.1%)	7:27	8 (61.5%)
96	<b>WOJCIECHOWSKI Maciej</b>	<b>3440</b>	STG WARSZAWA	Open M	71	01:49:33	<b>03:36:20.25</b>	+01:22:21 (38.1%)	7:27	8 (61.5%)
97	<b>CZERNIAK Anna</b>	<b>3512</b>	VEGE RUNNERS	Open K	26	01:51:55	<b>03:36:45.85</b>	+01:22:46 (38.2%)	7:28	8 (61.5%)
98	<b>KOPEĆ Renata</b>	<b>3544</b>	KS STASZEWSKY	Open K	27	01:49:00	<b>03:37:05.45</b>	+01:23:06 (38.3%)	7:29	8 (61.5%)
99	<b>ZIÓŁKOWSKI Łukasz</b>	<b>3472</b>		Open M	72	01:53:40	<b>03:37:31.10</b>	+01:23:32 (38.4%)	7:30	8 (61.5%)
100	<b>WOLNY Michał</b>	<b>3444</b>		Open M	73	01:48:11	<b>03:37:35.75</b>	+01:23:36 (38.4%)	7:30	8 (61.5%)
101	<b>LIŚKIEWICZ Aleksandra</b>	<b>3559</b>	VEGE RUNNERS	Open K	28	01:53:06	<b>03:37:46.25</b>	+01:23:47 (38.5%)	7:30	8 (61.5%)
102	<b>WÓLKIEWICZ Dorota</b>	<b>3615</b>	KS STASZEWSKY	Open K	29		<b>03:38:06.45</b>	+01:24:07 (38.6%)	7:31	8 (61.5%)
103	<b>DOBOSZYŃSKI Rafał</b>	<b>3062</b>		Open M	74	01:47:29	<b>03:38:31.35</b>	+01:24:32 (38.7%)	7:32	8 (61.5%)
104	<b>OLESIAK Monika</b>	<b>3281</b>		Open K	30	01:48:32	<b>03:38:36.00</b>	+01:24:36 (38.7%)	7:32	8 (61.5%)
105	<b>KOLASA Marcin</b>	<b>3487</b>		Open M	75	01:50:39	<b>03:39:44.65</b>	+01:25:45 (39.0%)	7:34	7.9 (60.8%)
106	<b>KOWALCZUK Paweł</b>	<b>3549</b>		Open M	76	01:53:01	<b>03:40:20.90</b>	+01:26:21 (39.2%)	7:35	7.9 (60.8%)
107	<b>KONOPKO Kacper</b>	<b>3485</b>	MODESTE BIAŁYSTOK	Open M	77		<b>03:41:08.15</b>	+01:27:09 (39.4%)	7:37	7.9 (60.8%)
108	<b>COFALSKI Jakub</b>	<b>3049</b>		Open M	78	01:51:54	<b>03:41:15.05</b>	+01:27:15 (39.4%)	7:37	7.9 (60.8%)
109	<b>KORZENIECKA Klaudia</b>	<b>3486</b>	MODESTE BIAŁYSTOK	Open K	31	01:52:52	<b>03:41:26.85</b>	+01:27:27 (39.5%)	7:38	7.9 (60.8%)
110	<b>RZEPNIEWSKA Agata</b>	<b>3585</b>		Open K	32	01:51:49	<b>03:41:33.40</b>	+01:27:34 (39.5%)	7:38	7.9 (60.8%)
111	<b>LIS-PASIONEK Małgorzata</b>	<b>3484</b>		Open K	33	01:55:07	<b>03:41:35.55</b>	+01:27:36 (39.5%)	7:38	7.9 (60.8%)
112	<b>WRÓBLEWSKI Jacek</b>	<b>3618</b>		Open M	79	01:50:23	<b>03:41:48.15</b>	+01:27:49 (39.6%)	7:38	7.8 (60.0%)
113	<b>STĘPIEŃ Dorota</b>	<b>3598</b>	MECHANIKA ZDROWIA	Open K	34	01:52:33	<b>03:41:49.05</b>	+01:27:49 (39.6%)	7:38	7.8 (60.0%)
114	<b>ŁOMIAK Piotr</b>	<b>3235</b>		Open M	80	01:48:10	<b>03:42:02.55</b>	+01:28:03 (39.7%)	7:39	7.8 (60.0%)
115	<b>HUNIA Filip</b>	<b>3130</b>		Open M	81	01:51:45	<b>03:42:12.10</b>	+01:28:13 (39.7%)	7:39	7.8 (60.0%)
116	<b>PACIOREK Michał</b>	<b>3286</b>		Open M	82	01:44:24	<b>03:42:24.20</b>	+01:28:25 (39.8%)	7:40	7.8 (60.0%)
117	<b>JEMIOŁA Paulina</b>	<b>3150</b>	POMUSZ	Open K	35	01:55:30	<b>03:43:03.60</b>	+01:29:04 (39.9%)	7:41	7.8 (60.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas		Tempo min/km	Tempo km/h
							netto 29km	Różn		
118	WLOCH Joanna	3435		Open K	36	01:51:29	<b>03:44:06.45</b>	+01:30:07 (40.2%)	7:43	7.8 (60.0%)
119	BARANSKI Piotr	3012		Open M	83	01:58:37	<b>03:44:56.55</b>	+01:30:57 (40.4%)	7:45	7.7 (59.2%)
120	WOJCIECHOWSKI Miłosz	3611	TEAM WOJCIECHOWSCY	Open M	84	01:55:26	<b>03:45:38.10</b>	+01:31:39 (40.6%)	7:46	7.7 (59.2%)
121	KRAUSE Anna	3196		Open K	37	01:53:31	<b>03:45:46.95</b>	+01:31:47 (40.7%)	7:47	7.7 (59.2%)
122	KOSZELA Aleksandra	3547	ZABIEGANI CZĘSTOCHOWA	Open K	38	01:55:24	<b>03:46:02.60</b>	+01:32:03 (40.7%)	7:47	7.7 (59.2%)
123	WĘGRZYNEK Mirosława	3423	ADIDAS RUNNERS WARSAW	Open K	39	01:55:17	<b>03:46:26.10</b>	+01:32:27 (40.8%)	7:48	7.7 (59.2%)
124	BĄK Paulina	3506		Open K	40	01:55:36	<b>03:46:44.25</b>	+01:32:45 (40.9%)	7:49	7.7 (59.2%)
125	DZIARNOWSKA Magda	3515	MECHANIKA ZDROWIA	Open K	41	01:54:20	<b>03:46:44.75</b>	+01:32:45 (40.9%)	7:49	7.7 (59.2%)
126	GÓRSKA Dominika	3106		Open K	42	01:56:21	<b>03:46:50.80</b>	+01:32:51 (40.9%)	7:49	7.7 (59.2%)
127	ABRAMIUK Michał	3001	MEDYCZNY KLUB TURYSTYCZNY	Open M	85	01:51:27	<b>03:46:56.15</b>	+01:32:57 (41.0%)	7:49	7.7 (59.2%)
128	HONKISZ-GODLEWSKA Urszula	3529	NOWY STYL GROUP RUNNING TEAM	Open K	43	01:52:34	<b>03:47:12.45</b>	+01:33:13 (41.0%)	7:50	7.7 (59.2%)
129	GRODOWSKA Katarzyna	3528	BIEGAJĄCY POTWÓR SPAGHETTI	Open K	44	01:51:09	<b>03:47:58.65</b>	+01:33:59 (41.2%)	7:51	7.6 (58.5%)
130	GŁUSZEK Dariusz	3098	BRAK	Open M	86	01:53:49	<b>03:48:09.20</b>	+01:34:10 (41.3%)	7:52	7.6 (58.5%)
131	GIBAS Wojciech	3094		Open M	87	01:49:31	<b>03:48:18.05</b>	+01:34:18 (41.3%)	7:52	7.6 (58.5%)
132	ZAJĄC Paweł	3620		Open M	88	01:49:02	<b>03:48:54.70</b>	+01:34:55 (41.5%)	7:53	7.6 (58.5%)
133	JASIŃSKA-WARMUŁA Sylwia	3146	FUNTRI	Open K	45	01:54:03	<b>03:49:01.90</b>	+01:35:02 (41.5%)	7:53	7.6 (58.5%)
134	GAŁKOWSKI Paweł	3522	AFF	Open M	89	01:51:54	<b>03:49:28.45</b>	+01:35:29 (41.6%)	7:54	7.6 (58.5%)
135	PIECH Marzena	3304	FIT STORY MARZENA PIECH	Open K	46	01:55:17	<b>03:49:58.20</b>	+01:35:59 (41.7%)	7:55	7.6 (58.5%)
136	ZACHWIEJA Katarzyna	3458	WOODRUN	Open K	47	01:56:26	<b>03:50:00.60</b>	+01:36:01 (41.7%)	7:55	7.6 (58.5%)
137	MŁOCKA-GORCZYŃSKA Matylda	3264		Open K	48	01:50:37	<b>03:50:02.15</b>	+01:36:03 (41.8%)	7:55	7.6 (58.5%)
138	CIECHOMSKA Agata	3048	HTF LUDWIK SIKORSKI	Open K	49	01:54:23	<b>03:50:30.15</b>	+01:36:31 (41.9%)	7:56	7.5 (57.7%)
139	STUDZIŃSKA Joanna	3377		Open K	50	01:56:34	<b>03:50:56.90</b>	+01:36:57 (42.0%)	7:57	7.5 (57.7%)
140	TENDAJ Daniel	3604		Open M	90	01:58:11	<b>03:51:49.40</b>	+01:37:50 (42.2%)	7:59	7.5 (57.7%)
141	PASIONEK Bartłomiej	3574		Open M	91	01:55:37	<b>03:53:39.35</b>	+01:39:40 (42.7%)	8:03	7.4 (56.9%)
142	BEJTKA Rafał	3496		Open M	92	01:46:50	<b>03:53:42.05</b>	+01:39:42 (42.7%)	8:03	7.4 (56.9%)
143	GLAZER Marcin	3488	PKO BANK POLSKI	Open M	93	01:57:20	<b>03:54:44.05</b>	+01:40:44 (42.9%)	8:05	7.4 (56.9%)
144	TAMBORSKI Tomasz	3399	HTF LUDWIK SIKORSKI	Open M	94	02:03:00	<b>03:55:32.90</b>	+01:41:33 (43.1%)	8:07	7.4 (56.9%)
145	PAWELEC Krystyna	3298	DOGOŃ GRODZISK MAZOWIECKI	Open K	51	02:01:31	<b>03:55:59.05</b>	+01:41:59 (43.2%)	8:08	7.4 (56.9%)
146	MAJEWSKA Anna	3242	AKG ŁÓDŹ	Open K	52	02:00:21	<b>03:56:25.80</b>	+01:42:26 (43.3%)	8:09	7.4 (56.9%)
147	DOBEK Halina	3061	GORLICKA GRUPA BIEGOWA	Open K	53	01:58:44	<b>03:57:01.75</b>	+01:43:02 (43.5%)	8:10	7.3 (56.2%)
148	ŻELAZNY Agnieszka	3489	GORLICKA GRUPA BIEGOWA	Open K	54	01:53:41	<b>03:57:01.80</b>	+01:43:02 (43.5%)	8:10	7.3 (56.2%)
149	BAŁABAN Waldemar	3009	BIEGUNY WALBA	Open M	95	02:01:23	<b>03:57:07.90</b>	+01:43:08 (43.5%)	8:10	7.3 (56.2%)
150	GAWRYSZEWSKI Michał	3093		Open M	96	02:03:05	<b>03:57:27.15</b>	+01:43:28 (43.6%)	8:11	7.3 (56.2%)
151	POLAŃSKI Robert	3581	NOĆNE WOŁKI	Open M	97	02:00:48	<b>03:58:35.70</b>	+01:44:36 (43.8%)	8:13	7.3 (56.2%)
152	GRANECKA Monika	3527	DZIK KOMANDO	Open K	55	01:55:57	<b>03:59:15.60</b>	+01:45:16 (44.0%)	8:15	7.3 (56.2%)
153	MASZKOWSKI Rafał	3251		Open M	98	02:00:14	<b>03:59:55.60</b>	+01:45:56 (44.2%)	8:16	7.3 (56.2%)
154	GRYCZ Michał	3112	TOO HEAVY TO STOP	Open M	99	02:01:12	<b>04:00:18.45</b>	+01:46:19 (44.2%)	8:17	7.2 (55.4%)
155	JARTYM Karol	3532	MOTOKOMANDO	Open M	100	01:55:55	<b>04:00:44.05</b>	+01:46:44 (44.3%)	8:18	7.2 (55.4%)
156	MASZKOWSKA Anna	3250		Open K	56	02:01:10	<b>04:00:55.65</b>	+01:46:56 (44.4%)	8:18	7.2 (55.4%)
157	KRÓL Przemysław	3552	LUBELSKI BANK SPÓŁDZIELCZY	Open M	101	01:59:22	<b>04:01:19.35</b>	+01:47:20 (44.5%)	8:19	7.2 (55.4%)
158	ULBRYCH Artur	3409		Open M	102	02:01:10	<b>04:01:34.45</b>	+01:47:35 (44.5%)	8:19	7.2 (55.4%)
159	SANIAK Przemysław	3349		Open M	103	01:59:24	<b>04:01:47.60</b>	+01:47:48 (44.6%)	8:20	7.2 (55.4%)
160	MILEWSKA Beata	3262	HOP DOG	Open K	57	01:51:09	<b>04:02:41.95</b>	+01:48:42 (44.8%)	8:22	7.2 (55.4%)
161	JANKOWSKI Gracjan	3142	HOP DOG	Open M	104	01:52:17	<b>04:02:42.45</b>	+01:48:43 (44.8%)	8:22	7.2 (55.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas		Tempo min/km	Tempo km/h
							netto 29km	Różn		
162	<b>MAZUREK Grzegorz</b>	<b>3252</b>		Open M	105	01:53:55	<b>04:03:25.35</b>	+01:49:26 (45.0%)	8:23	7.1 (54.6%)
163	<b>KIM Renata</b>	<b>3167</b>	KS STASZEWSKY	Open K	58	02:01:06	<b>04:03:26.25</b>	+01:49:27 (45.0%)	8:23	7.1 (54.6%)
164	<b>DZIOPA Paweł</b>	<b>3517</b>	WKURW_TEAM	Open M	106	02:02:09	<b>04:04:25.00</b>	+01:50:25 (45.2%)	8:25	7.1 (54.6%)
165	<b>MEBENGA Joanna</b>	<b>3254</b>	BOAT CITY TEAM	Open K	59	02:04:59	<b>04:05:28.20</b>	+01:51:29 (45.4%)	8:27	7.1 (54.6%)
166	<b>CICHOWICZ Przemysław</b>	<b>3511</b>	WAWER	Open M	107	01:57:09	<b>04:06:04.55</b>	+01:52:05 (45.6%)	8:29	7.1 (54.6%)
167	<b>SIKORA Dawid</b>	<b>3354</b>		Open M	108	02:00:04	<b>04:06:39.95</b>	+01:52:40 (45.7%)	8:30	7.1 (54.6%)
168	<b>WOJAS-KRAWCZYK Kamila</b>	<b>3438</b>	PIĘKNIJSZE ŻYCIE LUBLIN	Open K	60	01:59:46	<b>04:06:48.25</b>	+01:52:49 (45.7%)	8:30	7.1 (54.6%)
169	<b>MARCINIAK Agata</b>	<b>3497</b>		Open K	61	02:03:16	<b>04:06:54.30</b>	+01:52:55 (45.7%)	8:30	7 (53.8%)
170	<b>KOWALIK Krzysztof</b>	<b>3188</b>		Open M	109	02:04:47	<b>04:06:55.95</b>	+01:52:56 (45.7%)	8:30	7 (53.8%)
171	<b>ZIELENKIEWICZ Agnieszka</b>	<b>3624</b>		Open K	62	02:05:33	<b>04:07:43.35</b>	+01:53:44 (45.9%)	8:32	7 (53.8%)
172	<b>TOKARSKI Jacek</b>	<b>3403</b>		Open M	110	01:58:33	<b>04:08:03.55</b>	+01:54:04 (46.0%)	8:33	7 (53.8%)
173	<b>HETMAŃCZYK Maciej</b>	<b>3125</b>		Open M	111	01:51:12	<b>04:08:18.10</b>	+01:54:19 (46.0%)	8:33	7 (53.8%)
174	<b>JACHYMSKA Zofia</b>	<b>3137</b>		Open K	63	02:05:36	<b>04:08:32.50</b>	+01:54:33 (46.1%)	8:34	7 (53.8%)
175	<b>KOTULA Weronika</b>	<b>3548</b>		Open K	64	01:58:46	<b>04:08:34.45</b>	+01:54:35 (46.1%)	8:34	7 (53.8%)
176	<b>WISZNIEWSKI Roman</b>	<b>3427</b>		Open M	112	02:05:49	<b>04:08:40.60</b>	+01:54:41 (46.1%)	8:34	7 (53.8%)
177	<b>ZIĄBKA Jakub</b>	<b>3465</b>	BOAT CITY TEAM	Open M	113	02:05:12	<b>04:09:07.40</b>	+01:55:08 (46.2%)	8:35	7 (53.8%)
178	<b>MALEC Basia</b>	<b>3244</b>		Open K	65	02:06:51	<b>04:09:14.00</b>	+01:55:14 (46.2%)	8:35	7 (53.8%)
179	<b>BAJOREK Norbert</b>	<b>3503</b>	FITNESS FREAKS	Open M	114	02:06:55	<b>04:10:33.40</b>	+01:56:34 (46.5%)	8:38	6.9 (53.1%)
180	<b>SZTYLER Konrad</b>	<b>3602</b>		Open M	115	01:59:47	<b>04:10:44.90</b>	+01:56:45 (46.6%)	8:38	6.9 (53.1%)
181	<b>PASZEK Krystyna</b>	<b>3293</b>	DOGOŃ GRODZISK MAZOWIECKI	Open K	66	02:07:25	<b>04:13:44.00</b>	+01:59:44 (47.2%)	8:44	6.9 (53.1%)
182	<b>MARCINIAK Katarzyna</b>	<b>3246</b>		Open K	67	02:07:11	<b>04:13:48.55</b>	+01:59:49 (47.2%)	8:45	6.9 (53.1%)
183	<b>JASEK Wioletta</b>	<b>3533</b>	KOBIETY WATAHY	Open K	68	02:05:23	<b>04:13:59.10</b>	+02:00:00 (47.2%)	8:45	6.9 (53.1%)
184	<b>ZIELIŃSKA Magdalena</b>	<b>3625</b>		Open K	69	02:05:31	<b>04:14:13.05</b>	+02:00:13 (47.3%)	8:45	6.8 (52.3%)
185	<b>JASKOT Joanna</b>	<b>3534</b>	HARPAGAN BEAST	Open K	70	02:13:30	<b>04:14:40.05</b>	+02:00:40 (47.4%)	8:46	6.8 (52.3%)
186	<b>JAROSZ Michał</b>	<b>3145</b>		Open M	116	02:13:27	<b>04:14:41.30</b>	+02:00:42 (47.4%)	8:46	6.8 (52.3%)
187	<b>PIETRZAK Sylwia</b>	<b>3308</b>	12TRI	Open K	71	02:05:49	<b>04:16:05.80</b>	+02:02:06 (47.7%)	8:49	6.8 (52.3%)
188	<b>MISZCZYK Honorata</b>	<b>3263</b>	WKS B AKTYWNE BESKIDY	Open K	72	02:07:55	<b>04:16:21.80</b>	+02:02:22 (47.7%)	8:50	6.8 (52.3%)
189	<b>KOSSAKOWSKA Klaudia</b>	<b>3182</b>		Open K	73	02:06:14	<b>04:16:35.95</b>	+02:02:36 (47.8%)	8:50	6.8 (52.3%)
190	<b>CZYŻYKIEWICZ Piotr</b>	<b>3059</b>	GORLICKA GRUPA BIEGOWA	Open M	117	02:04:35	<b>04:16:55.25</b>	+02:02:56 (47.8%)	8:51	6.8 (52.3%)
191	<b>PETELSKA- ALTHAMER Matea</b>	<b>3578</b>	12TRI	Open K	74	02:11:00	<b>04:18:39.75</b>	+02:04:40 (48.2%)	8:55	6.7 (51.5%)
192	<b>MONCZYŃSKA Małgorzata</b>	<b>3265</b>		Open K	75	02:12:14	<b>04:19:09.45</b>	+02:05:10 (48.3%)	8:56	6.7 (51.5%)
193	<b>ADAŚ Łukasz</b>	<b>3003</b>		Open M	118	02:10:04	<b>04:19:46.90</b>	+02:05:47 (48.4%)	8:57	6.7 (51.5%)
194	<b>FRAŃCZEK Marcin</b>	<b>3520</b>	TMTEAM	Open M	119	02:06:20	<b>04:19:49.05</b>	+02:05:49 (48.4%)	8:57	6.7 (51.5%)
195	<b>JANIK Magdalena</b>	<b>3141</b>		Open K	76	02:08:25	<b>04:20:43.05</b>	+02:06:43 (48.6%)	8:59	6.7 (51.5%)
196	<b>JANOWSKA Agata</b>	<b>3143</b>		Open K	77	02:08:28	<b>04:20:44.15</b>	+02:06:45 (48.6%)	8:59	6.7 (51.5%)
197	<b>DZIEWULSKA Henryka</b>	<b>3516</b>	ROZBIEGANY PIASTÓW	Open K	78	02:08:26	<b>04:21:22.90</b>	+02:07:23 (48.7%)	9:00	6.7 (51.5%)
198	<b>BAK Magdalena</b>	<b>3504</b>	ROZBIEGANY PIASTOW	Open K	79	02:07:37	<b>04:21:23.95</b>	+02:07:24 (48.7%)	9:00	6.7 (51.5%)
199	<b>WROŃSKA Magdalena</b>	<b>3616</b>	ROZBIEGANY PIASTÓW	Open K	80	02:08:10	<b>04:21:24.45</b>	+02:07:25 (48.7%)	9:00	6.7 (51.5%)
200	<b>NOWACKA Magda</b>	<b>3568</b>	ROZBIEGANY PIASTOW	Open K	81	02:08:55	<b>04:21:24.55</b>	+02:07:25 (48.7%)	9:00	6.7 (51.5%)
201	<b>CHOJNOWSKA Dominika</b>	<b>3043</b>	NOAJAK	Open K	82	02:11:20	<b>04:21:31.85</b>	+02:07:32 (48.8%)	9:01	6.7 (51.5%)
202	<b>SZALSKA Elżbieta</b>	<b>3601</b>		Open K	83	02:14:14	<b>04:21:52.80</b>	+02:07:53 (48.8%)	9:01	6.6 (50.8%)
203	<b>MARSZAŁEK Bartłomiej</b>	<b>3249</b>		Open M	120	02:08:14	<b>04:25:00.95</b>	+02:11:01 (49.4%)	9:08	6.6 (50.8%)
204	<b>SOCHAJ Anna</b>	<b>3365</b>		Open K	84	02:05:42	<b>04:26:26.55</b>	+02:12:27 (49.7%)	9:11	6.5 (50.0%)
205	<b>ROJEK Magdalena</b>	<b>3334</b>		Open K	85	02:11:59	<b>04:27:32.50</b>	+02:13:33 (49.9%)	9:13	6.5 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas		Tempo min/km	Tempo km/h
							netto 29km	Różn		
206	<b>SZUMLAŃSKA Paulina</b>	<b>3389</b>		Open K	86	02:05:02	<b>04:28:06.40</b>	+02:14:07 (50.0%)	9:14	6.5 (50.0%)
207	<b>KOZIOL Marcin</b>	<b>3190</b>		Open M	121	02:02:11	<b>04:29:19.95</b>	+02:15:20 (50.3%)	9:17	6.5 (50.0%)
208	<b>ZABŁOCKA Małgorzata</b>	<b>3619</b>	NATIONALE NEDERLANDEN	Open K	87	02:08:45	<b>04:29:31.45</b>	+02:15:32 (50.3%)	9:17	6.5 (50.0%)
209	<b>KRAWCZYK Paweł</b>	<b>3197</b>	MEDYCZNY KLUB TURYSTYCZNY W LUBLINIE	Open M	122	02:06:40	<b>04:34:12.45</b>	+02:20:13 (51.1%)	9:27	6.3 (48.5%)
210	<b>PEPLIŃSKA Iwona</b>	<b>3576</b>		Open K	88	02:16:07	<b>04:34:24.55</b>	+02:20:25 (51.2%)	9:27	6.3 (48.5%)
211	<b>NITSCH Joanna</b>	<b>3567</b>	UNTS	Open K	89	02:13:34	<b>04:34:48.60</b>	+02:20:49 (51.2%)	9:28	6.3 (48.5%)
212	<b>KUC Maciek</b>	<b>3205</b>		Open M	123	02:07:19	<b>04:35:44.20</b>	+02:21:45 (51.4%)	9:30	6.3 (48.5%)
213	<b>BRODAWKA Olga</b>	<b>3029</b>		Open K	90	02:18:02	<b>04:37:04.20</b>	+02:23:05 (51.6%)	9:33	6.3 (48.5%)
214	<b>KACHNIARZ Tomasz</b>	<b>3540</b>		Open M	124	02:06:59	<b>04:37:19.10</b>	+02:23:20 (51.7%)	9:33	6.3 (48.5%)
215	<b>NICIEJA Anna</b>	<b>3272</b>		Open K	91	02:22:24	<b>04:38:00.85</b>	+02:24:01 (51.8%)	9:35	6.3 (48.5%)
216	<b>SITARSKA Agnieszka</b>	<b>3356</b>	KOBIETY WATAHY	Open K	92	02:20:21	<b>04:38:54.05</b>	+02:24:54 (52.0%)	9:37	6.2 (47.7%)
217	<b>WAJCHERT Krzysztof</b>	<b>3415</b>	#SZYBKIEŃÓŻKI	Open M	125	02:02:52	<b>04:39:54.10</b>	+02:25:55 (52.1%)	9:39	6.2 (47.7%)
218	<b>PUCHAŁA Aneta</b>	<b>3326</b>		Open K	93	02:19:07	<b>04:40:12.90</b>	+02:26:13 (52.2%)	9:39	6.2 (47.7%)
219	<b>PYRA Marek</b>	<b>3328</b>	#SZYBKIEŃÓŻKI	Open M	126	02:08:39	<b>04:44:24.70</b>	+02:30:25 (52.9%)	9:48	6.1 (46.9%)
220	<b>KOZŁOWSKA-WOYCIECHOWSKA Hanna</b>	<b>3550</b>		Open K	94	02:19:16	<b>04:45:28.55</b>	+02:31:29 (53.1%)	9:50	6.1 (46.9%)
221	<b>SERWATKA Angelika</b>	<b>3587</b>	KOBIETY WATAHY	Open K	95	02:20:53	<b>04:45:54.60</b>	+02:31:55 (53.1%)	9:51	6.1 (46.9%)
222	<b>JEZIERSKA Karina</b>	<b>3537</b>	12TRI.PL TEAMZABIEGANEDNI	Open K	96	02:20:12	<b>04:46:28.90</b>	+02:32:29 (53.2%)	9:52	6.1 (46.9%)
223	<b>ZAWISZA Beata</b>	<b>3621</b>	KOBIETY WATAHY	Open K	97	02:26:38	<b>04:46:50.95</b>	+02:32:51 (53.3%)	9:53	6.1 (46.9%)
224	<b>CHOJNOWSKA Barbara</b>	<b>3044</b>		Open K	98	02:18:08	<b>04:47:22.40</b>	+02:33:23 (53.4%)	9:54	6.1 (46.9%)
224	<b>SIKORSKA Magdalena</b>	<b>3355</b>	HTF LUDWIK SIKORSKI	Open K	98	02:18:46	<b>04:47:22.40</b>	+02:33:23 (53.4%)	9:54	6.1 (46.9%)
226	<b>SIKORSKI Ludwik</b>	<b>3589</b>	HTF LUDWIK SIKORSKI	Open M	127	02:18:44	<b>04:47:23.35</b>	+02:33:24 (53.4%)	9:54	6.1 (46.9%)
227	<b>PODEMSKA Patrycja</b>	<b>3580</b>	FOREST GANG	Open K	100	02:22:23	<b>04:47:45.45</b>	+02:33:46 (53.4%)	9:55	6 (46.2%)
228	<b>GŁOWACKI Michał</b>	<b>3096</b>	#SZYBKIEŃÓŻKI	Open M	128	02:14:57	<b>04:50:25.30</b>	+02:36:26 (53.9%)	10:00	6 (46.2%)
229	<b>WIESZOŁEK Grzegorz</b>	<b>3609</b>		Open M	129	02:09:29	<b>04:50:32.50</b>	+02:36:33 (53.9%)	10:01	6 (46.2%)
230	<b>WRÓBEL Mariola</b>	<b>3617</b>		Open K	101	02:09:26	<b>04:50:33.15</b>	+02:36:34 (53.9%)	10:01	6 (46.2%)
231	<b>WARDA Agnieszka</b>	<b>3482</b>	SPARTA LUBLIN	Open K	102	02:25:07	<b>04:52:24.25</b>	+02:38:25 (54.2%)	10:04	6 (46.2%)
232	<b>KALISZUK Małgorzata</b>	<b>3160</b>		Open K	103	02:21:52	<b>04:55:35.45</b>	+02:41:36 (54.7%)	10:11	5.9 (45.4%)
233	<b>KALISZUK Roman</b>	<b>3159</b>		Open M	130	02:22:34	<b>04:56:03.45</b>	+02:42:04 (54.7%)	10:12	5.9 (45.4%)
234	<b>FRANCUZ Patrycja</b>	<b>3085</b>		Open K	104	02:27:06	<b>04:57:15.55</b>	+02:43:16 (54.9%)	10:15	5.9 (45.4%)
235	<b>BORYKA Piotr</b>	<b>3027</b>		Open M	131	02:14:15	<b>04:57:27.55</b>	+02:43:28 (55.0%)	10:15	5.8 (44.6%)
236	<b>NOWAK Mariusz</b>	<b>3569</b>	BOAT CITY TEAM	Open M	132	02:15:34	<b>04:57:51.75</b>	+02:43:52 (55.0%)	10:16	5.8 (44.6%)
<b>Przekroczony limit czasu: 05:00:00</b>										
237	<b>MAGOCSY Justyna</b>	<b>3493</b>		Open K	105	02:27:03	<b>05:01:51.20</b>	+02:47:52 (55.6%)	10:24	5.8 (44.6%)
238	<b>PEPLIŃSKI Piotr</b>	<b>3577</b>		Open M	133	02:25:45	<b>05:03:59.10</b>	+02:50:00 (55.9%)	10:28	5.7 (43.8%)
239	<b>PATEJUK Anna</b>	<b>3294</b>	DZIKIE ŻYCIE RUNTEAM	Open K	106	02:27:00	<b>05:05:19.35</b>	+02:51:20 (56.1%)	10:31	5.7 (43.8%)
240	<b>DZIURZYŃSKA Ulka</b>	<b>3518</b>	GOOD COACH TEAM	Open K	107	02:27:11	<b>05:05:34.60</b>	+02:51:35 (56.2%)	10:32	5.7 (43.8%)
241	<b>LASEK Krzysztof</b>	<b>3217</b>		Open M	134	02:32:51	<b>05:11:09.75</b>	+02:57:10 (56.9%)	10:43	5.6 (43.1%)
242	<b>JANICKA Aleksandra</b>	<b>3140</b>	BOAT CITY TEAM	Open K	108	02:29:06	<b>05:11:19.65</b>	+02:57:20 (57.0%)	10:44	5.6 (43.1%)
243	<b>BUKOWIEC Jacek</b>	<b>3037</b>		Open M	135	02:26:06	<b>05:29:10.30</b>	+03:15:11 (59.3%)	11:21	5.3 (40.8%)
244	<b>DOMANSKI Jarek</b>	<b>3065</b>	GAZELE NA STARCIE	Open M	136	02:37:11	<b>05:31:00.00</b>	+03:17:00 (59.5%)	11:24	5.3 (40.8%)
245	<b>KORCZYŃSKI Piotr</b>	<b>3179</b>	AR WARSZAWA	Open M	137	02:36:47	<b>05:36:51.25</b>	+03:22:52 (60.2%)	11:36	5.2 (40.0%)
246	<b>LYSIAK Agnieszka</b>	<b>3231</b>	ADIDAS RUNNERS WARSAW	Open K	109	02:37:19	<b>05:36:52.05</b>	+03:22:52 (60.2%)	11:36	5.2 (40.0%)
247	<b>KARPIŃSKA Nina</b>	<b>3163</b>		Open K	110	02:35:47	<b>05:39:13.75</b>	+03:25:14 (60.5%)	11:41	5.1 (39.2%)
248	<b>MANIURA Iwona</b>	<b>3245</b>		Open K	111	02:38:14	<b>05:44:12.65</b>	+03:30:13 (61.1%)	11:52	5.1 (39.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Różn	Tempo min/km	Tempo km/h
249	<b>PIETRASZEK Ewa</b>	<b>3306</b>	KOBIETY WATAHY	Open K	112	03:19:20	<b>06:32:10.00</b>	+04:18:10 (65.8%)	13:31	4.4 (33.8%)
	<b>SŁODKOWSKI Piotr</b>	<b>3591</b>		Open M		02:11:31 DNF	<b>DNF</b>		-	- (0.0%)
	<b>POŹNIAK-STYCZYŃSKA Maja</b>	<b>3582</b>	DDC	Open K		02:32:42 DNF	<b>DNF</b>		-	- (0.0%)
	<b>SĘDZIELOWSKI Mariusz</b>	<b>3588</b>		Open M		03:00:36 DNF	<b>DNF</b>		-	- (0.0%)
	<b>STASIAK Mateusz Stasiak</b>	<b>3372</b>	ITFF	Open M		03:09:55 DNF	<b>DNF</b>		-	- (0.0%)
	<b>WOŹNIAK Anna</b>	<b>3448</b>	KOBIETY WATAHY	Open K		03:16:34 DNF	<b>DNF</b>		-	- (0.0%)

Znaleziono 254 wynik(ów)