

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Różn	Tempo min/km	Tempo km/h
1	KOREK Michał	3546	MARCINŚWIERCTEAM	Open M	1	01:09:44	02:13:59.10		4:37	13 (100%)
2	WOJTCZAK Jakub	3613		Open M	2	01:10:18	02:14:46.55	+00:00:47 (0.6%)	4:38	12.9 (99.2%)
3	GAZDOWICZ Michał	3523	RUNPASSION.PL TEAM	Open M	3	01:14:14	02:27:55.30	+00:13:56 (9.4%)	5:06	11.8 (90.8%)
4	WOJTASIK Dawid	3612		Open M	4	01:16:15	02:29:02.05	+00:15:02 (10.1%)	5:08	11.7 (90.0%)
5	ŻURAWSKI Kamil	3480		Open M	5	01:17:11	02:30:44.45	+00:16:45 (11.1%)	5:11	11.5 (88.5%)
6	JÓZEFczyk Tomasz	3491	POSMAKUJ RUN TEAM	Open M	6	01:21:35	02:38:55.50	+00:24:56 (15.7%)	5:28	10.9 (83.8%)
7	JAZŁOCKI Łukasz	3149	LLAMA IN MY LIVING ROOM	Open M	7	01:24:00	02:39:27.65	+00:25:28 (16.0%)	5:29	10.9 (83.8%)
8	MIGACZ Jacek	3260	TRAILRUN KRAKÓW	Open M	8	01:27:30	02:39:33.35	+00:25:34 (16.0%)	5:30	10.9 (83.8%)
9	GOLEC Ireneusz	3525	VEGE RUNNERS	Open M	9	01:23:25	02:41:55.20	+00:27:56 (17.3%)	5:35	10.7 (82.3%)
10	SABAT Sebastian	3343		Open M	10	01:20:12	02:42:02.65	+00:28:03 (17.3%)	5:35	10.7 (82.3%)
11	KUBACKI Krzysztof	3204	NADLEŚNICTWO ŁOSIE	Open M	11	01:23:22	02:45:20.00	+00:31:20 (19.0%)	5:42	10.5 (80.8%)
12	TELESZ Mateusz	3603		Open M	12	01:27:21	02:46:07.90	+00:32:08 (19.4%)	5:43	10.5 (80.8%)
13	SMYK Łukasz	3593		Open M	13	01:22:51	02:46:27.95	+00:32:28 (19.5%)	5:44	10.5 (80.8%)
14	MAĆZKA Ryszard	3562	LUBELSKI BANK SPÓŁDZIELCZY	Open M	14	01:25:18	02:49:02.20	+00:35:03 (20.7%)	5:49	10.3 (79.2%)
15	KOSTKA Janusz	3183	POSMAKUJ RUN TEAM	Open M	15	01:24:51	02:50:00.95	+00:36:01 (21.2%)	5:51	10.2 (78.5%)
16	WYSZYŃSKI Roman	3455		Open M	16	01:28:46	02:51:14.95	+00:37:15 (21.8%)	5:54	10.2 (78.5%)
17	CICHOSZ Krzysztof	3510		Open M	17	01:25:40	02:51:51.70	+00:37:52 (22.0%)	5:55	10.1 (77.7%)
18	MALINOWSKA Izabela	3561		Open K	1	01:25:36	02:51:52.05	+00:37:52 (22.0%)	5:55	10.1 (77.7%)
19	KOPIEĆ Kamil	3545	JAJA NA BOK RUNNING TEAM	Open M	18	01:31:02	02:52:51.35	+00:38:52 (22.5%)	5:57	10.1 (77.7%)
20	WARDA Jarosław	3420		Open M	19	01:31:21	02:56:36.10	+00:42:37 (24.1%)	6:05	9.9 (76.2%)
21	MOŻEJKO Artur	3266	NIEPOŁOMICE BIEGAJĄ	Open M	20	01:30:53	02:57:21.00	+00:43:21 (24.5%)	6:06	9.8 (75.4%)
22	ZIELIŃSKI Paweł	3626	RUCH IZBICA	Open M	21	01:33:34	02:58:32.10	+00:44:33 (25.0%)	6:09	9.7 (74.6%)
23	WARĘCKA Katarzyna	3606		Open K	2	01:31:14	02:59:28.15	+00:45:29 (25.3%)	6:11	9.7 (74.6%)
24	REGULSKI Doman	3330		Open M	22	01:32:31	02:59:42.60	+00:45:43 (25.4%)	6:11	9.7 (74.6%)
25	KOPEĆ Paweł	3177	RZESZOWSKIE GAZELE I GEPARDY	Open M	23	01:29:39	02:59:56.55	+00:45:57 (25.5%)	6:12	9.7 (74.6%)
26	KURASZ Piotr	3556		Open M	24	01:27:50	03:02:43.75	+00:48:44 (26.7%)	6:18	9.5 (73.1%)
27	SMYK Małgorzata	3592		Open K	3	01:33:03	03:03:10.70	+00:49:11 (26.9%)	6:18	9.5 (73.1%)
28	JUREK Przemysław	3155	KS STASZEWSKY	Open M	25	01:35:08	03:03:10.85	+00:49:11 (26.9%)	6:18	9.5 (73.1%)
29	STRZELCZYK Wiktor	3376	CARPATHIAN RUNNERS	Open M	26	01:29:33	03:03:14.40	+00:49:15 (26.9%)	6:19	9.5 (73.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas		Tempo min/km	Tempo km/h
							netto 29km	Różn		
30	SMERECKI Maciej	3494	POSMAKUJ RUN TEAM	Open M	27	01:32:34	03:03:25.80	+00:49:26 (27.0%)	6:19	9.5 (73.1%)
31	KWAŚNIEWSKI Marcin	3557	EINE SPORTGRUPPE	Open M	28	01:34:54	03:03:43.50	+00:49:44 (27.1%)	6:20	9.5 (73.1%)
32	PAKOWSKI Robert	3288	WANDA PANFIL TEAM	Open M	29		03:04:18.15	+00:50:19 (27.3%)	6:21	9.4 (72.3%)
33	JASŁOWSKA Justyna	3148	SCOTT	Open K	4	01:34:33	03:04:58.05	+00:50:58 (27.6%)	6:22	9.4 (72.3%)
34	DUDEK Paweł	3513	RUCH IZBICA	Open M	30	01:33:16	03:05:26.85	+00:51:27 (27.8%)	6:23	9.4 (72.3%)
35	MAKOWSKI Jarosław	3560	STAY INSANE	Open M	31	01:34:17	03:07:03.90	+00:53:04 (28.4%)	6:27	9.3 (71.5%)
36	KRAJEWSK Bartek	3194		Open M	32	01:37:46	03:07:08.95	+00:53:09 (28.4%)	6:27	9.3 (71.5%)
37	SZADKOWSKI Denis	3380		Open M	33	01:31:37	03:07:12.75	+00:53:13 (28.4%)	6:27	9.3 (71.5%)
38	RODZINKA Erwin	3584		Open M	34	01:36:38	03:07:49.30	+00:53:50 (28.7%)	6:28	9.3 (71.5%)
39	KOPACZ Piotr	3543	PERFEX	Open M	35	01:37:07	03:08:30.15	+00:54:31 (28.9%)	6:30	9.2 (70.8%)
40	MICHALCZYK Krzysztof	3563		Open M	36	01:36:41	03:09:43.35	+00:55:44 (29.4%)	6:32	9.2 (70.8%)
41	BANIAK Eryk	3011		Open M	37	01:32:48	03:10:02.10	+00:56:03 (29.5%)	6:33	9.2 (70.8%)
42	IZDEBSKI Tomasz	3530	NBS TEAM	Open M	38	01:37:38	03:10:57.25	+00:56:58 (29.8%)	6:35	9.1 (70.0%)
43	DOBROMILSKA Agata	3063	WM TRISELF	Open K	5	01:38:42	03:11:13.85	+00:57:14 (29.9%)	6:35	9.1 (70.0%)
44	PETER Marcin	3302		Open M	39	01:36:48	03:11:43.70	+00:57:44 (30.1%)	6:36	9.1 (70.0%)
45	SAMBOROWSKI Marcin	3347	PRYMA.PL	Open M	40	01:34:38	03:11:50.70	+00:57:51 (30.2%)	6:36	9.1 (70.0%)
46	SKRZYŃSKI Andrzej	3590	KS STASZEWSKY	Open M	41	01:37:14	03:12:02.95	+00:58:03 (30.2%)	6:37	9.1 (70.0%)
47	WASIAK Tomasz	3502	RAZEM TRENUJEMY SPORT	Open M	42	01:38:04	03:12:41.60	+00:58:42 (30.5%)	6:38	9 (69.2%)
48	WADZIŃSKI Kamil	3605	#KASIASOLIŃSKATEAM	Open M	43	01:37:18	03:12:47.70	+00:58:48 (30.5%)	6:38	9 (69.2%)
49	FOSSAERT Sylwia	3084		Open K	6	01:38:03	03:13:12.75	+00:59:13 (30.7%)	6:39	9 (69.2%)
50	PELCZAR Joanna	3299		Open K	7	01:39:08	03:13:13.15	+00:59:14 (30.7%)	6:39	9 (69.2%)
51	PERENC Michał	3300	CARPATHIAN RUNNERS	Open M	44	01:36:37	03:13:22.15	+00:59:23 (30.7%)	6:40	9 (69.2%)
52	TOMCZYK Grzegorz	3405	PALARNIA KAWY GREGORIO	Open M	45	01:38:02	03:13:31.75	+00:59:32 (30.8%)	6:40	9 (69.2%)
53	FURS Teodor	3521	PIERDZĄCE ZAJĄCE	Open M	46	01:37:45	03:14:16.50	+01:00:17 (31.0%)	6:41	9 (69.2%)
54	PATSCHEK Grzegorz	3575		Open M	47	01:37:52	03:15:25.00	+01:01:25 (31.4%)	6:44	8.9 (68.5%)
55	PRYŚKO-GROBELNA Małgorzata	3583		Open K	8	01:38:21	03:15:33.85	+01:01:34 (31.5%)	6:44	8.9 (68.5%)
56	STUDZIŃSKI Rafał	3600	ANPOLEKO DRINK TEAM	Open M	48	01:39:24	03:15:53.75	+01:01:54 (31.6%)	6:45	8.9 (68.5%)
57	OSIK Przemysław	3572	3T BIAŁYSTOK	Open M	49	01:36:32	03:15:58.20	+01:01:59 (31.6%)	6:45	8.9 (68.5%)
58	GOTFRYD Karol	3526	ANPOLEKO DRINK TEAM	Open M	50	01:40:00	03:16:25.55	+01:02:26 (31.8%)	6:46	8.9 (68.5%)
59	LATAWIEC Jakub	3218		Open M	51	01:37:55	03:16:36.65	+01:02:37 (31.9%)	6:46	8.9 (68.5%)
60	GAŁĘCKI Kamil	3090	RYBA TEAM.	Open M	52	01:38:27	03:17:02.60	+01:03:03 (32.0%)	6:47	8.8 (67.7%)
61	DYŚ Małgorzata	3514	STAY INSANE	Open K	9	01:41:38	03:17:49.00	+01:03:49 (32.3%)	6:49	8.8 (67.7%)
62	SKWARNECKI Damian	3501		Open M	53	01:41:19	03:18:45.45	+01:04:46 (32.6%)	6:51	8.8 (67.7%)
63	ORTYL Magdalena	3571	ZABIEGANI MIELEC	Open K	10	01:39:21	03:18:54.10	+01:04:55 (32.6%)	6:51	8.7 (66.9%)
64	SOWIŃSKA-JANECZEK Joanna	3597	KB MARATON TUREK	Open K	11	01:40:04	03:19:07.40	+01:05:08 (32.7%)	6:51	8.7 (66.9%)
65	WEWIOR Tomasz	3608		Open M	54	01:38:59	03:19:34.75	+01:05:35 (32.9%)	6:52	8.7 (66.9%)
66	JĘDRZEJOWSKA Karolina	3152		Open K	12	01:41:09	03:21:24.35	+01:07:25 (33.5%)	6:56	8.6 (66.2%)
67	JACHYMSKI Ignacy	3138	AKG ŁÓDŹ	Open M	55	01:40:10	03:22:41.30	+01:08:42 (33.9%)	6:59	8.6 (66.2%)
68	DYMIŃSKI Paweł	3077		Open M	56	01:44:40	03:23:15.00	+01:09:15 (34.1%)	7:00	8.6 (66.2%)
69	KUCIŃSKA Magdalena	3206		Open K	13	01:39:59	03:23:47.30	+01:09:48 (34.3%)	7:01	8.5 (65.4%)
70	MIERZWICKI Krzysztof	3259	MAZURSKIE TROPY	Open M	57	01:42:16	03:23:55.30	+01:09:56 (34.3%)	7:01	8.5 (65.4%)
71	KORZUS Katarzyna	3181		Open K	14	01:39:49	03:24:03.25	+01:10:04 (34.3%)	7:02	8.5 (65.4%)
72	KOZIOŁ Sylwester	3191		Open M	58	01:39:33	03:24:36.80	+01:10:37 (34.5%)	7:03	8.5 (65.4%)
73	KUŁYK Łukasz Kułyk	3209	RUSYNLEM	Open M	59	01:41:52	03:24:49.35	+01:10:50 (34.6%)	7:03	8.5 (65.4%)

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74	KĘDZIERSKI Michał	3166	HTF LUDWIK SIKORSKI	Open M	60	01:41:43	03:25:37.15	+01:11:38 (34.8%)	7:05	8.5 (65.4%)
75	BIDUŚ Marek	3017		Open M	61	01:44:54	03:26:01.60	+01:12:02 (35.0%)	7:06	8.4 (64.6%)
76	MUSIAŁ Witold	3565	NIEPOŁOMICE BIEGAJĄ	Open M	62	01:40:54	03:26:20.30	+01:12:21 (35.1%)	7:06	8.4 (64.6%)
77	MUSIAŁ Anna	3566	NIEPOŁOMICE BIEGAJĄ	Open K	15	01:40:49	03:26:21.15	+01:12:22 (35.1%)	7:06	8.4 (64.6%)
78	TYSZKIEWICZ Rafał	3490	COLUMBIA	Open M	63	01:47:57	03:26:35.65	+01:12:36 (35.1%)	7:07	8.4 (64.6%)
79	LEWANDOWSKI Paweł	3222	CHARZYNO - SUPER WIEŚ!	Open M	64	01:48:15	03:26:59.40	+01:13:00 (35.3%)	7:08	8.4 (64.6%)
80	KOZIOŁ Weronika	3192	TEAM MOUNTAIN FUEL POLSKA	Open K	16	01:41:38	03:27:38.60	+01:13:39 (35.5%)	7:09	8.4 (64.6%)
81	JEDZINIAK Kamila	3536		Open K	17	01:43:09	03:27:39.25	+01:13:40 (35.5%)	7:09	8.4 (64.6%)
82	JURECZKO Agnieszka	3539	DZIK KOMANDO	Open K	18	01:45:18	03:28:59.75	+01:15:00 (35.9%)	7:12	8.3 (63.8%)
83	HUNIA Mateusz	3131		Open M	65	01:39:08	03:29:12.05	+01:15:12 (36.0%)	7:12	8.3 (63.8%)
84	MADEJ Magdalena	3238		Open K	19	01:45:02	03:29:41.30	+01:15:42 (36.1%)	7:13	8.3 (63.8%)
85	MĘKARSKI Sławomir	3256	WANDA PANFIL TEAM	Open M	66	01:46:28	03:30:26.40	+01:16:27 (36.3%)	7:15	8.3 (63.8%)
86	WLEZIEŃ Alek	3434	TRICLUB	Open M	67	01:43:50	03:30:40.70	+01:16:41 (36.4%)	7:15	8.3 (63.8%)
87	PODBIELSKI Michał	3579		Open M	68	01:48:51	03:31:18.30	+01:17:19 (36.6%)	7:17	8.2 (63.1%)
88	OLBORSKA Gabriela	3570		Open K	20	01:46:37	03:31:40.35	+01:17:41 (36.7%)	7:17	8.2 (63.1%)
89	HORZELA Beata	3127		Open K	21	01:46:31	03:31:47.70	+01:17:48 (36.7%)	7:18	8.2 (63.1%)
90	JÓZEFczyk Jacek	3538		Open M	69	01:48:00	03:33:08.65	+01:19:09 (37.1%)	7:20	8.2 (63.1%)
91	SIELIWONIK Anita	3353		Open K	22	01:50:38	03:33:47.90	+01:19:48 (37.3%)	7:22	8.1 (62.3%)
92	ZABIRONINA Olya	3457	POWER TRAINING	Open K	23	01:47:59	03:34:59.65	+01:21:00 (37.7%)	7:24	8.1 (62.3%)
93	BEDLA Anna	3507		Open K	24	01:48:28	03:35:00.20	+01:21:01 (37.7%)	7:24	8.1 (62.3%)
94	GŁADYSZ Jadwiga	3524	ADRHA	Open K	25	01:51:34	03:36:13.35	+01:22:14 (38.0%)	7:27	8 (61.5%)
95	WOJCIECHOWSKI Michał	3439		Open M	70	01:48:59	03:36:20.10	+01:22:21 (38.1%)	7:27	8 (61.5%)
96	WOJCIECHOWSKI Maciej	3440	STG WARSZAWA	Open M	71	01:49:33	03:36:20.25	+01:22:21 (38.1%)	7:27	8 (61.5%)
97	CZERNIAK Anna	3512	VEGE RUNNERS	Open K	26	01:51:55	03:36:45.85	+01:22:46 (38.2%)	7:28	8 (61.5%)
98	KOPEĆ Renata	3544	KS STASZEWSKY	Open K	27	01:49:00	03:37:05.45	+01:23:06 (38.3%)	7:29	8 (61.5%)
99	ZIÓŁKOWSKI Łukasz	3472		Open M	72	01:53:40	03:37:31.10	+01:23:32 (38.4%)	7:30	8 (61.5%)
100	WOLNY Michał	3444		Open M	73	01:48:11	03:37:35.75	+01:23:36 (38.4%)	7:30	8 (61.5%)
101	LIŚKIEWICZ Aleksandra	3559	VEGE RUNNERS	Open K	28	01:53:06	03:37:46.25	+01:23:47 (38.5%)	7:30	8 (61.5%)
102	WÓLKIEWICZ Dorota	3615	KS STASZEWSKY	Open K	29		03:38:06.45	+01:24:07 (38.6%)	7:31	8 (61.5%)
103	DOBOSZYŃSKI Rafał	3062		Open M	74	01:47:29	03:38:31.35	+01:24:32 (38.7%)	7:32	8 (61.5%)
104	OLESIAK Monika	3281		Open K	30	01:48:32	03:38:36.00	+01:24:36 (38.7%)	7:32	8 (61.5%)
105	KOLASA Marcin	3487		Open M	75	01:50:39	03:39:44.65	+01:25:45 (39.0%)	7:34	7.9 (60.8%)
106	KOWALCZUK Paweł	3549		Open M	76	01:53:01	03:40:20.90	+01:26:21 (39.2%)	7:35	7.9 (60.8%)
107	KONOPKO Kacper	3485	MODESTE BIAŁYSTOK	Open M	77		03:41:08.15	+01:27:09 (39.4%)	7:37	7.9 (60.8%)
108	COFALSKI Jakub	3049		Open M	78	01:51:54	03:41:15.05	+01:27:15 (39.4%)	7:37	7.9 (60.8%)
109	KORZENIECKA Klaudia	3486	MODESTE BIAŁYSTOK	Open K	31	01:52:52	03:41:26.85	+01:27:27 (39.5%)	7:38	7.9 (60.8%)
110	RZEPNIEWSKA Agata	3585		Open K	32	01:51:49	03:41:33.40	+01:27:34 (39.5%)	7:38	7.9 (60.8%)
111	LIS-PASIONEK Małgorzata	3484		Open K	33	01:55:07	03:41:35.55	+01:27:36 (39.5%)	7:38	7.9 (60.8%)
112	WRÓBLEWSKI Jacek	3618		Open M	79	01:50:23	03:41:48.15	+01:27:49 (39.6%)	7:38	7.8 (60.0%)
113	STĘPIEŃ Dorota	3598	MECHANIKA ZDROWIA	Open K	34	01:52:33	03:41:49.05	+01:27:49 (39.6%)	7:38	7.8 (60.0%)
114	ŁOMIAK Piotr	3235		Open M	80	01:48:10	03:42:02.55	+01:28:03 (39.7%)	7:39	7.8 (60.0%)
115	HUNIA Filip	3130		Open M	81	01:51:45	03:42:12.10	+01:28:13 (39.7%)	7:39	7.8 (60.0%)
116	PACIOREK Michał	3286		Open M	82	01:44:24	03:42:24.20	+01:28:25 (39.8%)	7:40	7.8 (60.0%)
117	JEMIOŁA Paulina	3150	POMUSZ	Open K	35	01:55:30	03:43:03.60	+01:29:04 (39.9%)	7:41	7.8 (60.0%)

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118	WLOCH Joanna	3435		Open K	36	01:51:29	03:44:06.45	+01:30:07 (40.2%)	7:43	7.8 (60.0%)
119	BARANSKI Piotr	3012		Open M	83	01:58:37	03:44:56.55	+01:30:57 (40.4%)	7:45	7.7 (59.2%)
120	WOJCIECHOWSKI Miłosz	3611	TEAM WOJCIECHOWSCY	Open M	84	01:55:26	03:45:38.10	+01:31:39 (40.6%)	7:46	7.7 (59.2%)
121	KRAUSE Anna	3196		Open K	37	01:53:31	03:45:46.95	+01:31:47 (40.7%)	7:47	7.7 (59.2%)
122	KOSZELA Aleksandra	3547	ZABIEGANI CZĘSTOCHOWA	Open K	38	01:55:24	03:46:02.60	+01:32:03 (40.7%)	7:47	7.7 (59.2%)
123	WĘGRZYNEK Mirosława	3423	ADIDAS RUNNERS WARSAW	Open K	39	01:55:17	03:46:26.10	+01:32:27 (40.8%)	7:48	7.7 (59.2%)
124	BĄK Paulina	3506		Open K	40	01:55:36	03:46:44.25	+01:32:45 (40.9%)	7:49	7.7 (59.2%)
125	DZIARNOWSKA Magda	3515	MECHANIKA ZDROWIA	Open K	41	01:54:20	03:46:44.75	+01:32:45 (40.9%)	7:49	7.7 (59.2%)
126	GÓRSKA Dominika	3106		Open K	42	01:56:21	03:46:50.80	+01:32:51 (40.9%)	7:49	7.7 (59.2%)
127	ABRAMIUK Michał	3001	MEDYCZNY KLUB TURYSTYCZNY	Open M	85	01:51:27	03:46:56.15	+01:32:57 (41.0%)	7:49	7.7 (59.2%)
128	HONKISZ-GODLEWSKA Urszula	3529	NOWY STYL GROUP RUNNING TEAM	Open K	43	01:52:34	03:47:12.45	+01:33:13 (41.0%)	7:50	7.7 (59.2%)
129	GRODOWSKA Katarzyna	3528	BIEGAJĄCY POTWÓR SPAGHETTI	Open K	44	01:51:09	03:47:58.65	+01:33:59 (41.2%)	7:51	7.6 (58.5%)
130	GŁUSZEK Dariusz	3098	BRAK	Open M	86	01:53:49	03:48:09.20	+01:34:10 (41.3%)	7:52	7.6 (58.5%)
131	GIBAS Wojciech	3094		Open M	87	01:49:31	03:48:18.05	+01:34:18 (41.3%)	7:52	7.6 (58.5%)
132	ZAJĄC Paweł	3620		Open M	88	01:49:02	03:48:54.70	+01:34:55 (41.5%)	7:53	7.6 (58.5%)
133	JASIŃSKA-WARMUŁA Sylwia	3146	FUNTRI	Open K	45	01:54:03	03:49:01.90	+01:35:02 (41.5%)	7:53	7.6 (58.5%)
134	GAŁKOWSKI Paweł	3522	AFF	Open M	89	01:51:54	03:49:28.45	+01:35:29 (41.6%)	7:54	7.6 (58.5%)
135	PIECH Marzena	3304	FIT STORY MARZENA PIECH	Open K	46	01:55:17	03:49:58.20	+01:35:59 (41.7%)	7:55	7.6 (58.5%)
136	ZACHWIEJA Katarzyna	3458	WOODRUN	Open K	47	01:56:26	03:50:00.60	+01:36:01 (41.7%)	7:55	7.6 (58.5%)
137	MŁOCKA-GORCZYŃSKA Matylda	3264		Open K	48	01:50:37	03:50:02.15	+01:36:03 (41.8%)	7:55	7.6 (58.5%)
138	CIECHOMSKA Agata	3048	HTF LUDWIK SIKORSKI	Open K	49	01:54:23	03:50:30.15	+01:36:31 (41.9%)	7:56	7.5 (57.7%)
139	STUZIŃSKA Joanna	3377		Open K	50	01:56:34	03:50:56.90	+01:36:57 (42.0%)	7:57	7.5 (57.7%)
140	TENDAJ Daniel	3604		Open M	90	01:58:11	03:51:49.40	+01:37:50 (42.2%)	7:59	7.5 (57.7%)
141	PASIONEK Bartłomiej	3574		Open M	91	01:55:37	03:53:39.35	+01:39:40 (42.7%)	8:03	7.4 (56.9%)
142	BEJTKA Rafał	3496		Open M	92	01:46:50	03:53:42.05	+01:39:42 (42.7%)	8:03	7.4 (56.9%)
143	GLAZER Marcin	3488	PKO BANK POLSKI	Open M	93	01:57:20	03:54:44.05	+01:40:44 (42.9%)	8:05	7.4 (56.9%)
144	TAMBORSKI Tomasz	3399	HTF LUDWIK SIKORSKI	Open M	94	02:03:00	03:55:32.90	+01:41:33 (43.1%)	8:07	7.4 (56.9%)
145	PAWELEC Krystyna	3298	DOGOŃ GRODZISK MAZOWIECKI	Open K	51	02:01:31	03:55:59.05	+01:41:59 (43.2%)	8:08	7.4 (56.9%)
146	MAJEWSKA Anna	3242	AKG ŁÓDŹ	Open K	52	02:00:21	03:56:25.80	+01:42:26 (43.3%)	8:09	7.4 (56.9%)
147	DOBEK Halina	3061	GORLICKA GRUPA BIEGOWA	Open K	53	01:58:44	03:57:01.75	+01:43:02 (43.5%)	8:10	7.3 (56.2%)
148	ŻELAZNY Agnieszka	3489	GORLICKA GRUPA BIEGOWA	Open K	54	01:53:41	03:57:01.80	+01:43:02 (43.5%)	8:10	7.3 (56.2%)
149	BAŁABAN Waldemar	3009	BIEGUNY WALBA	Open M	95	02:01:23	03:57:07.90	+01:43:08 (43.5%)	8:10	7.3 (56.2%)
150	GAWRYSZEWSKI Michał	3093		Open M	96	02:03:05	03:57:27.15	+01:43:28 (43.6%)	8:11	7.3 (56.2%)
151	POLAŃSKI Robert	3581	NOĆNE WOŁKI	Open M	97	02:00:48	03:58:35.70	+01:44:36 (43.8%)	8:13	7.3 (56.2%)
152	GRANECKA Monika	3527	DZIK KOMANDO	Open K	55	01:55:57	03:59:15.60	+01:45:16 (44.0%)	8:15	7.3 (56.2%)
153	MASZKOWSKI Rafał	3251		Open M	98	02:00:14	03:59:55.60	+01:45:56 (44.2%)	8:16	7.3 (56.2%)
154	GRYCZ Michał	3112	TOO HEAVY TO STOP	Open M	99	02:01:12	04:00:18.45	+01:46:19 (44.2%)	8:17	7.2 (55.4%)
155	JARTYM Karol	3532	MOTOKOMANDO	Open M	100	01:55:55	04:00:44.05	+01:46:44 (44.3%)	8:18	7.2 (55.4%)
156	MASZKOWSKA Anna	3250		Open K	56	02:01:10	04:00:55.65	+01:46:56 (44.4%)	8:18	7.2 (55.4%)
157	KRÓL Przemysław	3552	LUBELSKI BANK SPÓŁDZIELCZY	Open M	101	01:59:22	04:01:19.35	+01:47:20 (44.5%)	8:19	7.2 (55.4%)
158	ULBRYCH Artur	3409		Open M	102	02:01:10	04:01:34.45	+01:47:35 (44.5%)	8:19	7.2 (55.4%)
159	SANIAK Przemysław	3349		Open M	103	01:59:24	04:01:47.60	+01:47:48 (44.6%)	8:20	7.2 (55.4%)
160	MILEWSKA Beata	3262	HOP DOG	Open K	57	01:51:09	04:02:41.95	+01:48:42 (44.8%)	8:22	7.2 (55.4%)
161	JANKOWSKI Gracjan	3142	HOP DOG	Open M	104	01:52:17	04:02:42.45	+01:48:43 (44.8%)	8:22	7.2 (55.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas		Tempo min/km	Tempo km/h
							netto 29km	Różn		
162	MAZUREK Grzegorz	3252		Open M	105	01:53:55	04:03:25.35	+01:49:26 (45.0%)	8:23	7.1 (54.6%)
163	KIM Renata	3167	KS STASZEWSKY	Open K	58	02:01:06	04:03:26.25	+01:49:27 (45.0%)	8:23	7.1 (54.6%)
164	DZIOPA Paweł	3517	WKURW_TEAM	Open M	106	02:02:09	04:04:25.00	+01:50:25 (45.2%)	8:25	7.1 (54.6%)
165	MEBENGA Joanna	3254	BOAT CITY TEAM	Open K	59	02:04:59	04:05:28.20	+01:51:29 (45.4%)	8:27	7.1 (54.6%)
166	CICHOWICZ Przemysław	3511	WAWER	Open M	107	01:57:09	04:06:04.55	+01:52:05 (45.6%)	8:29	7.1 (54.6%)
167	SIKORA Dawid	3354		Open M	108	02:00:04	04:06:39.95	+01:52:40 (45.7%)	8:30	7.1 (54.6%)
168	WOJAS-KRAWCZYK Kamila	3438	PIĘKNIEJSZE ŻYCIE LUBLIN	Open K	60	01:59:46	04:06:48.25	+01:52:49 (45.7%)	8:30	7.1 (54.6%)
169	MARCINIAK Agata	3497		Open K	61	02:03:16	04:06:54.30	+01:52:55 (45.7%)	8:30	7 (53.8%)
170	KOWALIK Krzysztof	3188		Open M	109	02:04:47	04:06:55.95	+01:52:56 (45.7%)	8:30	7 (53.8%)
171	ZIELENKIEWICZ Agnieszka	3624		Open K	62	02:05:33	04:07:43.35	+01:53:44 (45.9%)	8:32	7 (53.8%)
172	TOKARSKI Jacek	3403		Open M	110	01:58:33	04:08:03.55	+01:54:04 (46.0%)	8:33	7 (53.8%)
173	HETMAŃCZYK Maciej	3125		Open M	111	01:51:12	04:08:18.10	+01:54:19 (46.0%)	8:33	7 (53.8%)
174	JACHYMSKA Zofia	3137		Open K	63	02:05:36	04:08:32.50	+01:54:33 (46.1%)	8:34	7 (53.8%)
175	KOTULA Weronika	3548		Open K	64	01:58:46	04:08:34.45	+01:54:35 (46.1%)	8:34	7 (53.8%)
176	WISZNIEWSKI Roman	3427		Open M	112	02:05:49	04:08:40.60	+01:54:41 (46.1%)	8:34	7 (53.8%)
177	ZIĄBKA Jakub	3465	BOAT CITY TEAM	Open M	113	02:05:12	04:09:07.40	+01:55:08 (46.2%)	8:35	7 (53.8%)
178	MALEC Basia	3244		Open K	65	02:06:51	04:09:14.00	+01:55:14 (46.2%)	8:35	7 (53.8%)
179	BAJOREK Norbert	3503	FITNESS FREAKS	Open M	114	02:06:55	04:10:33.40	+01:56:34 (46.5%)	8:38	6.9 (53.1%)
180	SZTYLER Konrad	3602		Open M	115	01:59:47	04:10:44.90	+01:56:45 (46.6%)	8:38	6.9 (53.1%)
181	PASZEK Krystyna	3293	DOGOŃ GRODZISK MAZOWIECKI	Open K	66	02:07:25	04:13:44.00	+01:59:44 (47.2%)	8:44	6.9 (53.1%)
182	MARCINIAK Katarzyna	3246		Open K	67	02:07:11	04:13:48.55	+01:59:49 (47.2%)	8:45	6.9 (53.1%)
183	JASEK Wioletta	3533	KOBIETY WATAHY	Open K	68	02:05:23	04:13:59.10	+02:00:00 (47.2%)	8:45	6.9 (53.1%)
184	ZIELIŃSKA Magdalena	3625		Open K	69	02:05:31	04:14:13.05	+02:00:13 (47.3%)	8:45	6.8 (52.3%)
185	JASKOT Joanna	3534	HARPAGAN BEAST	Open K	70	02:13:30	04:14:40.05	+02:00:40 (47.4%)	8:46	6.8 (52.3%)
186	JAROSZ Michał	3145		Open M	116	02:13:27	04:14:41.30	+02:00:42 (47.4%)	8:46	6.8 (52.3%)
187	PIETRZAK Sylwia	3308	12TRI	Open K	71	02:05:49	04:16:05.80	+02:02:06 (47.7%)	8:49	6.8 (52.3%)
188	MISZCZYK Honorata	3263	WKS B AKTYWNE BESKIDY	Open K	72	02:07:55	04:16:21.80	+02:02:22 (47.7%)	8:50	6.8 (52.3%)
189	KOSSAKOWSKA Klaudia	3182		Open K	73	02:06:14	04:16:35.95	+02:02:36 (47.8%)	8:50	6.8 (52.3%)
190	CZYŻYKIEWICZ Piotr	3059	GORLICKA GRUPA BIEGOWA	Open M	117	02:04:35	04:16:55.25	+02:02:56 (47.8%)	8:51	6.8 (52.3%)
191	PETELSKA- ALTHAMER Matea	3578	12TRI	Open K	74	02:11:00	04:18:39.75	+02:04:40 (48.2%)	8:55	6.7 (51.5%)
192	MONCZYŃSKA Małgorzata	3265		Open K	75	02:12:14	04:19:09.45	+02:05:10 (48.3%)	8:56	6.7 (51.5%)
193	ADAŚ Łukasz	3003		Open M	118	02:10:04	04:19:46.90	+02:05:47 (48.4%)	8:57	6.7 (51.5%)
194	FRAŃCZEK Marcin	3520	TMTEAM	Open M	119	02:06:20	04:19:49.05	+02:05:49 (48.4%)	8:57	6.7 (51.5%)
195	JANIK Magdalena	3141		Open K	76	02:08:25	04:20:43.05	+02:06:43 (48.6%)	8:59	6.7 (51.5%)
196	JANOWSKA Agata	3143		Open K	77	02:08:28	04:20:44.15	+02:06:45 (48.6%)	8:59	6.7 (51.5%)
197	DZIEWULSKA Henryka	3516	ROZBIEGANY PIASTÓW	Open K	78	02:08:26	04:21:22.90	+02:07:23 (48.7%)	9:00	6.7 (51.5%)
198	BAK Magdalena	3504	ROZBIEGANY PIASTOW	Open K	79	02:07:37	04:21:23.95	+02:07:24 (48.7%)	9:00	6.7 (51.5%)
199	WROŃSKA Magdalena	3616	ROZBIEGANY PIASTÓW	Open K	80	02:08:10	04:21:24.45	+02:07:25 (48.7%)	9:00	6.7 (51.5%)
200	NOWACKA Magda	3568	ROZBIEGANY PIASTOW	Open K	81	02:08:55	04:21:24.55	+02:07:25 (48.7%)	9:00	6.7 (51.5%)
201	CHOJNOWSKA Dominika	3043	NOAJAK	Open K	82	02:11:20	04:21:31.85	+02:07:32 (48.8%)	9:01	6.7 (51.5%)
202	SZALSKA Elżbieta	3601		Open K	83	02:14:14	04:21:52.80	+02:07:53 (48.8%)	9:01	6.6 (50.8%)
203	MARSZAŁEK Bartłomiej	3249		Open M	120	02:08:14	04:25:00.95	+02:11:01 (49.4%)	9:08	6.6 (50.8%)
204	SOCHAJ Anna	3365		Open K	84	02:05:42	04:26:26.55	+02:12:27 (49.7%)	9:11	6.5 (50.0%)
205	ROJEK Magdalena	3334		Open K	85	02:11:59	04:27:32.50	+02:13:33 (49.9%)	9:13	6.5 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas		Tempo min/km	Tempo km/h
							netto 29km	Różn		
206	SZUMLAŃSKA Paulina	3389		Open K	86	02:05:02	04:28:06.40	+02:14:07 (50.0%)	9:14	6.5 (50.0%)
207	KOZIOL Marcin	3190		Open M	121	02:02:11	04:29:19.95	+02:15:20 (50.3%)	9:17	6.5 (50.0%)
208	ZABŁOCKA Małgorzata	3619	NATIONALE NEDERLANDEN	Open K	87	02:08:45	04:29:31.45	+02:15:32 (50.3%)	9:17	6.5 (50.0%)
209	KRAWCZYK Paweł	3197	MEDYCZNY KLUB TURYSTYCZNY W LUBLINIE	Open M	122	02:06:40	04:34:12.45	+02:20:13 (51.1%)	9:27	6.3 (48.5%)
210	PEPLIŃSKA Iwona	3576		Open K	88	02:16:07	04:34:24.55	+02:20:25 (51.2%)	9:27	6.3 (48.5%)
211	NITSCH Joanna	3567	UNTS	Open K	89	02:13:34	04:34:48.60	+02:20:49 (51.2%)	9:28	6.3 (48.5%)
212	KUC Maciek	3205		Open M	123	02:07:19	04:35:44.20	+02:21:45 (51.4%)	9:30	6.3 (48.5%)
213	BRODAWKA Olga	3029		Open K	90	02:18:02	04:37:04.20	+02:23:05 (51.6%)	9:33	6.3 (48.5%)
214	KACHNIARZ Tomasz	3540		Open M	124	02:06:59	04:37:19.10	+02:23:20 (51.7%)	9:33	6.3 (48.5%)
215	NICIEJA Anna	3272		Open K	91	02:22:24	04:38:00.85	+02:24:01 (51.8%)	9:35	6.3 (48.5%)
216	SITARSKA Agnieszka	3356	KOBIETY WATAHY	Open K	92	02:20:21	04:38:54.05	+02:24:54 (52.0%)	9:37	6.2 (47.7%)
217	WAJCHERT Krzysztof	3415	#SZYBKIEŃÓŻKI	Open M	125	02:02:52	04:39:54.10	+02:25:55 (52.1%)	9:39	6.2 (47.7%)
218	PUCHAŁA Aneta	3326		Open K	93	02:19:07	04:40:12.90	+02:26:13 (52.2%)	9:39	6.2 (47.7%)
219	PYRA Marek	3328	#SZYBKIEŃÓŻKI	Open M	126	02:08:39	04:44:24.70	+02:30:25 (52.9%)	9:48	6.1 (46.9%)
220	KOZŁOWSKA-WOYCIECHOWSKA Hanna	3550		Open K	94	02:19:16	04:45:28.55	+02:31:29 (53.1%)	9:50	6.1 (46.9%)
221	SERWATKA Angelika	3587	KOBIETY WATAHY	Open K	95	02:20:53	04:45:54.60	+02:31:55 (53.1%)	9:51	6.1 (46.9%)
222	JEZIERSKA Karina	3537	12TRI.PL TEAMZABIEGANEDNI	Open K	96	02:20:12	04:46:28.90	+02:32:29 (53.2%)	9:52	6.1 (46.9%)
223	ZAWISZA Beata	3621	KOBIETY WATAHY	Open K	97	02:26:38	04:46:50.95	+02:32:51 (53.3%)	9:53	6.1 (46.9%)
224	CHOJNOWSKA Barbara	3044		Open K	98	02:18:08	04:47:22.40	+02:33:23 (53.4%)	9:54	6.1 (46.9%)
224	SIKORSKA Magdalena	3355	HTF LUDWIK SIKORSKI	Open K	98	02:18:46	04:47:22.40	+02:33:23 (53.4%)	9:54	6.1 (46.9%)
226	SIKORSKI Ludwik	3589	HTF LUDWIK SIKORSKI	Open M	127	02:18:44	04:47:23.35	+02:33:24 (53.4%)	9:54	6.1 (46.9%)
227	PODEMSKA Patrycja	3580	FOREST GANG	Open K	100	02:22:23	04:47:45.45	+02:33:46 (53.4%)	9:55	6 (46.2%)
228	GŁOWACKI Michał	3096	#SZYBKIEŃÓŻKI	Open M	128	02:14:57	04:50:25.30	+02:36:26 (53.9%)	10:00	6 (46.2%)
229	WIESZOŁEK Grzegorz	3609		Open M	129	02:09:29	04:50:32.50	+02:36:33 (53.9%)	10:01	6 (46.2%)
230	WRÓBEL Mariola	3617		Open K	101	02:09:26	04:50:33.15	+02:36:34 (53.9%)	10:01	6 (46.2%)
231	WARDA Agnieszka	3482	SPARTA LUBLIN	Open K	102	02:25:07	04:52:24.25	+02:38:25 (54.2%)	10:04	6 (46.2%)
232	KALISZUK Małgorzata	3160		Open K	103	02:21:52	04:55:35.45	+02:41:36 (54.7%)	10:11	5.9 (45.4%)
233	KALISZUK Roman	3159		Open M	130	02:22:34	04:56:03.45	+02:42:04 (54.7%)	10:12	5.9 (45.4%)
234	FRANCUZ Patrycja	3085		Open K	104	02:27:06	04:57:15.55	+02:43:16 (54.9%)	10:15	5.9 (45.4%)
235	BORYKA Piotr	3027		Open M	131	02:14:15	04:57:27.55	+02:43:28 (55.0%)	10:15	5.8 (44.6%)
236	NOWAK Mariusz	3569	BOAT CITY TEAM	Open M	132	02:15:34	04:57:51.75	+02:43:52 (55.0%)	10:16	5.8 (44.6%)
Przekroczony limit czasu: 05:00:00										
237	MAGOCSY Justyna	3493		Open K	105	02:27:03	05:01:51.20	+02:47:52 (55.6%)	10:24	5.8 (44.6%)
238	PEPLIŃSKI Piotr	3577		Open M	133	02:25:45	05:03:59.10	+02:50:00 (55.9%)	10:28	5.7 (43.8%)
239	PATEJUK Anna	3294	DZIKIE ŻYCIE RUNTEAM	Open K	106	02:27:00	05:05:19.35	+02:51:20 (56.1%)	10:31	5.7 (43.8%)
240	DZIURZYŃSKA Ulka	3518	GOOD COACH TEAM	Open K	107	02:27:11	05:05:34.60	+02:51:35 (56.2%)	10:32	5.7 (43.8%)
241	LASEK Krzysztof	3217		Open M	134	02:32:51	05:11:09.75	+02:57:10 (56.9%)	10:43	5.6 (43.1%)
242	JANICKA Aleksandra	3140	BOAT CITY TEAM	Open K	108	02:29:06	05:11:19.65	+02:57:20 (57.0%)	10:44	5.6 (43.1%)
243	BUKOWIEC Jacek	3037		Open M	135	02:26:06	05:29:10.30	+03:15:11 (59.3%)	11:21	5.3 (40.8%)
244	DOMANSKI Jarek	3065	GAZELE NA STARCIE	Open M	136	02:37:11	05:31:00.00	+03:17:00 (59.5%)	11:24	5.3 (40.8%)
245	KORCZYŃSKI Piotr	3179	AR WARSZAWA	Open M	137	02:36:47	05:36:51.25	+03:22:52 (60.2%)	11:36	5.2 (40.0%)
246	LYSIAK Agnieszka	3231	ADIDAS RUNNERS WARSAW	Open K	109	02:37:19	05:36:52.05	+03:22:52 (60.2%)	11:36	5.2 (40.0%)
247	KARPIŃSKA Nina	3163		Open K	110	02:35:47	05:39:13.75	+03:25:14 (60.5%)	11:41	5.1 (39.2%)
248	MANIURA Iwona	3245		Open K	111	02:38:14	05:44:12.65	+03:30:13 (61.1%)	11:52	5.1 (39.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Różn	Tempo min/km	Tempo km/h
249	PIETRASZEK Ewa	3306	KOBIETY WATAHY	Open K	112	03:19:20	06:32:10.00	+04:18:10 (65.8%)	13:31	4.4 (33.8%)
	SŁODKOWSKI Piotr	3591		Open M		02:11:31 DNF	DNF		-	- (0.0%)
	POŹNIAK-STYCZYŃSKA Maja	3582	DDC	Open K		02:32:42 DNF	DNF		-	- (0.0%)
	SĘDZIELOWSKI Mariusz	3588		Open M		03:00:36 DNF	DNF		-	- (0.0%)
	STASIAK Mateusz Stasiak	3372	ITFF	Open M		03:09:55 DNF	DNF		-	- (0.0%)
	WOŹNIAK Anna	3448	KOBIETY WATAHY	Open K		03:16:34 DNF	DNF		-	- (0.0%)

Znaleziono 254 wynik(ów)