



ŁEMKO TRAIL 30

B4SPORT

Wydarzenie: Łemkowyna Ultra-Trail
Organizator: Fundacja Ultra
Data: 2022-10-22
Miejsce: Komańcza
Dystans: 29 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
1	LEŚNIAK Kamil	3002	HOKA GARMIN TEAM	Open M	1		01:14:28	02:03:09.00	02:03:10.20		4:14	14.1 (100%)
2	ŚLIWA Arkadiusz	3346		Open M	2		01:14:35	02:12:53.30	02:12:55.80	+00:09:45 (7.3%)	4:34	13.1 (92.9%)
3	WILK Maciej	3004	RAMBO 3	Open M	3		01:14:31	02:13:06.55	02:13:08.20	+00:09:58 (7.5%)	4:35	13.1 (92.9%)
4	WOJTCZAK Jakub	3005	SPORT GENERATION	Open M	4		01:14:40	02:14:38.60	02:14:41.05	+00:11:30 (8.5%)	4:38	12.9 (91.5%)
5	MAZAN Piotr	3003	FINISZ RYMANÓW / #R	Open M	5			02:18:28.65	02:18:30.20	+00:15:20 (11.1%)	4:46	12.6 (89.4%)
6	KNAPIK Sebastian	3158	BUTYJANA	Open M	6			02:20:39.80	02:20:41.80	+00:17:31 (12.5%)	4:51	12.4 (87.9%)
7	SZKOŁA Wojciech	3343	NATURAL BORN RUNNERS	Open M	7		01:14:54	02:23:09.60	02:23:11.75	+00:20:01 (14.0%)	4:56	12.2 (86.5%)
8	ŁAGUNA Kacper	3215		Open M	8		01:14:53	02:23:31.05	02:23:31.05	+00:20:20 (14.2%)	4:56	12.1 (85.8%)
9	PUŁKOWSKI Jakub	3420	#PYZANAGIGANCIE TEAM	Open M	9		01:15:19	02:28:34.20	02:28:35.90	+00:25:25 (17.1%)	5:07	11.7 (83.0%)
10	MAZAN Beata	3001	FINISZ RYMANÓW / #R	Open K	1		01:16:54	02:30:42.35	02:30:43.55	+00:27:33 (18.3%)	5:11	11.5 (81.6%)
11	KULIGA Sławomir	3188	POSMAKUJ RUN TEAM	Open M	10		01:19:29	02:31:51.55	02:31:52.95	+00:28:42 (18.9%)	5:14	11.5 (81.6%)
12	ROSIAK Piotr	3306	ASSECO ACTIVE TEAM	Open M	11		01:20:06	02:33:27.15	02:33:29.75	+00:30:19 (19.8%)	5:17	11.3 (80.1%)
13	LEWANDOWSKA Magdalena	3202	SPORT GENERATION	Open K	2		01:19:45	02:33:58.20	02:34:00.35	+00:30:50 (20.0%)	5:18	11.3 (80.1%)
14	FRANCUZ Konrad	3076	VEGE RUNNERS	Open M	12		01:21:29	02:36:54.70	02:36:58.05	+00:33:47 (21.5%)	5:24	11.1 (78.7%)
15	WILCZKIEWICZ Daniel	3372	ENDEGO	Open M	13		01:21:07	02:36:53.75	02:37:03.00	+00:33:52 (21.6%)	5:24	11.1 (78.7%)

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16	ALTEWĘGIER Jarosław	3007	140MINUT.PL	Open M	14		01:23:37	02:38:52.65	02:38:52.65	+00:35:42 (22.5%)	5:28	11 (78.0%)
17	ŁASKI Tomasz	3216	PTASIE RADIO BRZOZÓW	Open M	15		01:22:28	02:39:43.25	02:39:45.45	+00:36:35 (22.9%)	5:30	10.9 (77.3%)
18	WALASZCZYK Lucyna	3423	NATURAL BORN RUNNERS TEAM	Open K	3		01:23:12	02:39:50.60	02:39:50.60	+00:36:40 (22.9%)	5:30	10.9 (77.3%)
19	LEŚNIAK Dawid	3201	LHO	Open M	16		01:23:19	02:40:11.65	02:40:15.05	+00:37:04 (23.1%)	5:31	10.9 (77.3%)
20	STRZELCZAK Robert	3332	TRAIL IS OUR WAY TEAM / EUROVENT ATHLETICS	Open M	17			02:40:31.20	02:40:35.50	+00:37:25 (23.3%)	5:32	10.8 (76.6%)
21	WINTER Piotr	3375	NIGHT RUNNERS	Open M	18		01:24:50	02:42:05.00	02:42:06.85	+00:38:56 (24.0%)	5:35	10.7 (75.9%)
22	MAJORCZYK Gerard	3221		Open M	19		01:26:38	02:42:15.70	02:42:15.70	+00:39:05 (24.1%)	5:35	10.7 (75.9%)
23	WÓJCIK Tomek	3392	DĄBROWSKI TEAM PIEKARY ŚLĄSKIE	Open M	20		01:26:25	02:41:56.00	02:42:16.90	+00:39:06 (24.1%)	5:35	10.7 (75.9%)
24	LEWCZAK Mateusz	3205	ULANI TEAM	Open M	21		01:24:31	02:42:36.35	02:42:40.20	+00:39:30 (24.3%)	5:36	10.7 (75.9%)
25	WOJTAS Piotr	3384		Open M	22		01:25:12	02:43:31.35	02:43:38.70	+00:40:28 (24.7%)	5:38	10.6 (75.2%)
26	BEKAS Marcin	3021		Open M	23		01:25:32	02:43:53.80	02:43:57.20	+00:40:47 (24.9%)	5:39	10.6 (75.2%)
27	SIKORA Łukasz	3317	GRUPA NOMAX	Open M	24		01:25:47	02:44:12.80	02:44:15.85	+00:41:05 (25.0%)	5:39	10.6 (75.2%)
28	KUŚMIERZAK Piotr	3193	PRZEDWOJEWSKI TEAM /STAY INSANE	Open M	25		01:24:23	02:45:02.35	02:45:05.10	+00:41:54 (25.4%)	5:41	10.5 (74.5%)
29	GALUSKIN Alexey	3087	GRUPA NOMAX	Open M	26			02:45:09.95	02:45:12.40	+00:42:02 (25.4%)	5:41	10.5 (74.5%)
30	CIENKOSZ Przemysław	3050		Open M	27		01:25:21	02:46:53.40	02:47:02.85	+00:43:52 (26.3%)	5:45	10.4 (73.8%)
31	KACZKOWSKI Miłosz	3134	DĄBROWSKI TEAM	Open M	28			02:47:48.90	02:47:52.75	+00:44:42 (26.6%)	5:47	10.4 (73.8%)
32	WESOŁOWSKI Krzysztof	3369	LASKOWE LUDKI	Open M	29		01:26:26	02:48:38.95	02:48:45.20	+00:45:35 (27.0%)	5:48	10.3 (73.0%)
33	KUBEJKO Bogumił	3185	THE OLD HEMP	Open M	30		01:26:15	02:51:46.25	02:51:54.80	+00:48:44 (28.4%)	5:55	10.1 (71.6%)
34	ŻUREK Krzysztof	3419	RUCH IZBICA	Open M	31		01:34:14	02:54:00.30	02:54:19.60	+00:51:09 (29.3%)	6:00	10 (70.9%)
35	STRZĘPEK Dariusz	3334		Open M	32		01:35:05	02:54:41.35	02:55:00.50	+00:51:50 (29.6%)	6:01	10 (70.9%)
36	DĄBSKI Piotr	3059		Open M	33		01:36:00	02:55:20.90	02:55:25.50	+00:52:15 (29.8%)	6:02	9.9 (70.2%)
37	WOJTAS Marcin	3383		Open M	34		01:33:29	02:55:49.80	02:55:58.05	+00:52:47 (30.0%)	6:03	9.9 (70.2%)
38	BREMER Bronisław	3038		Open M	35		01:34:39	02:55:05.70	02:56:15.90	+00:53:05 (30.1%)	6:02	9.9 (70.2%)

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39	BODZIONY Michał	3030	WADOMA TEAM	Open M	36		01:29:29	02:57:17.40	02:57:33.40	+00:54:23 (30.6%)	6:06	9.8 (69.5%)
40	DADEJ Grzegorz	3057	JORDAN KRAKÓW B3T	Open M	37		01:36:23	02:58:06.90	02:58:06.90	+00:54:56 (30.8%)	6:08	9.8 (69.5%)
41	BIERNAT Jakub	3024	WISEŁKA	Open M	38		01:36:23	02:58:03.90	02:58:07.25	+00:54:57 (30.9%)	6:08	9.8 (69.5%)
42	OGNIEWSKI Marcin	3263		Open M	39		01:36:20	02:58:00.70	02:58:11.80	+00:55:01 (30.9%)	6:08	9.8 (69.5%)
43	WALCZAK Adela	3365	TRAIL IS OUR WAY TEAM	Open K	4		01:35:29	02:58:39.25	02:58:43.50	+00:55:33 (31.1%)	6:09	9.7 (68.8%)
44	ZIELONY Łukasz	3413		Open M	40			02:58:39.95	02:58:48.05	+00:55:37 (31.1%)	6:09	9.7 (68.8%)
45	PASELA Bartosz	3274	SMASHINGPĄPKINS/#TEAMKRASUS	Open M	41		01:35:39	02:58:52.35	02:58:52.35	+00:55:42 (31.1%)	6:10	9.7 (68.8%)
46	KRUŻOŁEK Monika	3182	TURBOPTYSIE	Open K	5		01:36:25	02:59:01.80	02:59:22.10	+00:56:11 (31.3%)	6:10	9.7 (68.8%)
47	WIWATOWSKA Dagmara	3380		Open K	6		01:36:58	02:59:48.55	02:59:55.60	+00:56:45 (31.5%)	6:12	9.7 (68.8%)
48	GANCZEWSKI Paweł	3088		Open M	42		01:37:08	03:02:50.55	03:02:54.60	+00:59:44 (32.7%)	6:18	9.5 (67.4%)
49	GALIK Piotr	3086	-	Open M	43		01:41:18	03:02:43.60	03:03:05.00	+00:59:54 (32.7%)	6:18	9.5 (67.4%)
50	SKALSKI Daniel	3319	LKS BŁĘKITNI ŻEGLCE	Open M	44		01:35:44	03:03:19.20	03:03:21.40	+01:00:11 (32.8%)	6:19	9.5 (67.4%)
51	KOWALSKI Sebastian	3175		Open M	45		01:35:58	03:03:27.20	03:03:42.10	+01:00:31 (33.0%)	6:19	9.5 (67.4%)
52	HURAS Monika	3117	WOLSKI KOLEKTYW BIEGOWY	Open K	7		01:36:30	03:03:41.90	03:03:47.50	+01:00:37 (33.0%)	6:20	9.5 (67.4%)
53	TRYBUŁA Marcelina	3358	WIECZORNE BIEGANIE WE WROCŁAWIU	Open K	8		01:38:17	03:03:56.40	03:04:02.50	+01:00:52 (33.1%)	6:20	9.5 (67.4%)
54	BRYTAŃCZYK Mateusz	3040		Open M	46		01:35:21	03:04:18.20	03:04:25.60	+01:01:15 (33.2%)	6:21	9.4 (66.7%)
55	GÓRECKI Rafał	3100	UKS MELO BŁONIE	Open M	47		01:36:05	03:04:31.50	03:04:34.60	+01:01:24 (33.3%)	6:21	9.4 (66.7%)
56	HOŁOWATY Renata	3116	SANOK BIEGA	Open K	9		01:36:49	03:05:19.25	03:05:19.25	+01:02:09 (33.5%)	6:23	9.4 (66.7%)
57	WRÓBEL Arkadiusz	3398	FINISZ RYMANÓW	Open M	48		01:36:46	03:06:45.30	03:07:08.55	+01:03:58 (34.2%)	6:26	9.3 (66.0%)
58	DZIEWONSKI Pawel	3069	SAMPOLECE	Open M	49		01:36:30	03:07:29.80	03:07:39.35	+01:04:29 (34.4%)	6:27	9.3 (66.0%)
59	DUDKO Adam	3066	PEPE	Open M	50		01:35:54	03:07:55.50	03:07:55.50	+01:04:45 (34.5%)	6:28	9.3 (66.0%)
60	PETRENKO Galyna	3282		Open K	10		01:39:47	03:08:03.75	03:08:07.10	+01:04:56 (34.5%)	6:29	9.3 (66.0%)
61	KOSTKA Małgorzata	3172	CUBE TEAM	Open K	11		01:37:13	03:09:15.90	03:09:18.85	+01:06:08 (34.9%)	6:31	9.2 (65.2%)

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62	FIGIEL Bartosz	3075		Open M	51		01:37:04	03:09:42.20	03:09:59.05	+01:06:48 (35.2%)	6:32	9.2 (65.2%)
63	KAŁOWSKI Tomasz	3136		Open M	52		01:39:02	03:10:52.60	03:11:04.65	+01:07:54 (35.5%)	6:34	9.1 (64.5%)
64	GAŚ Piotr	3089	HUMANSPO	Open M	53		01:41:27	03:11:32.95	03:11:39.70	+01:08:29 (35.7%)	6:36	9.1 (64.5%)
65	DASZKOWSKA Olga	3058	BŁĘKITNA XVII	Open K	12		01:38:38	03:11:58.75	03:12:15.25	+01:09:05 (35.9%)	6:37	9.1 (64.5%)
66	DOMURAT Marian	3062	STRĄCZEK WIATROPĘDNY	Open M	54		01:39:02	03:11:52.35	03:12:16.65	+01:09:06 (35.9%)	6:36	9.1 (64.5%)
67	JURDZIŃSKI Grzegorz	3131	MOCNA GRUPA CEZARA	Open M	55		01:38:27	03:12:54.15	03:13:01.60	+01:09:51 (36.2%)	6:39	9 (63.8%)
68	TYSZKIEWICZ Rafal	3362	COLUMBIA	Open M	56		01:39:06	03:12:45.15	03:13:26.20	+01:10:16 (36.3%)	6:38	9 (63.8%)
69	JAZY Szymon	3125	NBR	Open M	57		01:38:32	03:14:05.50	03:14:05.50	+01:10:55 (36.5%)	6:41	9 (63.8%)
70	JUCHA Rafał	3130		Open M	58		01:41:01	03:13:41.95	03:14:08.05	+01:10:57 (36.6%)	6:40	9 (63.8%)
71	ROZWOD Marcin	3308		Open M	59		01:36:27	03:13:47.90	03:14:13.60	+01:11:03 (36.6%)	6:40	9 (63.8%)
72	MICHAŁOWSKI Piotr	3237		Open M	60		01:41:12	03:15:12.05	03:15:22.75	+01:12:12 (37.0%)	6:43	8.9 (63.1%)
73	ILCZUK Paweł	3118		Open M	61		01:41:51	03:15:10.30	03:15:23.15	+01:12:12 (37.0%)	6:43	8.9 (63.1%)
74	KOWALSKI Kuba	3174	TEAM ZABIEGANEDNI	Open M	62		01:39:14	03:15:27.95	03:15:36.40	+01:12:26 (37.0%)	6:44	8.9 (63.1%)
75	MATUSZAK Jakub	3231	NOWOCZESNYSPO	Open M	63		01:42:32	03:15:35.20	03:15:48.35	+01:12:38 (37.1%)	6:44	8.9 (63.1%)
76	RELICH Marek	3303	BR	Open M	64		01:39:10	03:15:58.20	03:16:18.70	+01:13:08 (37.3%)	6:45	8.9 (63.1%)
77	MNICH Jan	3244	ULTRA WYJADACZE	Open M	65		01:42:18	03:16:21.50	03:16:52.45	+01:13:42 (37.4%)	6:46	8.9 (63.1%)
78	RĄCZKA Rafał	3300		Open M	66		01:39:04	03:17:26.45	03:17:29.20	+01:14:19 (37.6%)	6:48	8.8 (62.4%)
79	ZAWADZKI Bartłomiej	3409		Open M	67			03:17:17.50	03:17:40.45	+01:14:30 (37.7%)	6:48	8.8 (62.4%)
80	STALMACH Damian	3330	LECYMY DURŚ	Open M	68		01:45:43	03:17:18.55	03:17:40.60	+01:14:30 (37.7%)	6:48	8.8 (62.4%)
81	JEDZINIAK Kamila	3126	KOLARSKI EU	Open K	13		01:48:19	03:17:51.45	03:17:51.45	+01:14:41 (37.7%)	6:49	8.8 (62.4%)
82	PASTOR Kamil	3275		Open M	69		01:41:02	03:18:43.50	03:18:58.25	+01:15:48 (38.1%)	6:51	8.8 (62.4%)
83	KOZIOŁ-KWAŚNICKA Weronika	3178		Open K	14		01:38:20	03:18:58.40	03:19:05.90	+01:15:55 (38.1%)	6:51	8.7 (61.7%)
84	STRZELCZYK Tomasz	3333		Open M	70		01:45:42	03:19:55.50	03:20:16.75	+01:17:06 (38.5%)	6:53	8.7 (61.7%)

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85	LEJMAN Adam	3198		Open M	71		01:45:07	03:19:54.60	03:20:27.80	+01:17:17 (38.6%)	6:53	8.7 (61.7%)
86	MAKÓWKA Justyna	3222	LASKOWE LUDKI	Open K	15		01:39:06	03:21:00.10	03:21:05.00	+01:17:54 (38.7%)	6:55	8.7 (61.7%)
87	PEDA Piotr	3278		Open M	72		01:42:38	03:21:20.60	03:21:24.90	+01:18:14 (38.8%)	6:56	8.6 (61.0%)
88	KANIA Rafał	3142		Open M	73		01:39:20	03:22:19.55	03:22:42.50	+01:19:32 (39.2%)	6:58	8.6 (61.0%)
89	IRLA Arkadiusz	3119		Open M	74		01:49:35	03:23:10.15	03:23:37.40	+01:20:27 (39.5%)	7:00	8.6 (61.0%)
90	KOSTKA Andrzej	3173	CUBE TEAM	Open M	75		01:50:35	03:23:21.00	03:23:38.20	+01:20:28 (39.5%)	7:00	8.6 (61.0%)
91	NAPORA Marcin	3247		Open M	76		01:45:46	03:23:16.20	03:23:48.75	+01:20:38 (39.6%)	7:00	8.6 (61.0%)
92	GORCZYCA Mariusz	3098		Open M	77		01:47:55	03:23:10.15	03:23:49.00	+01:20:38 (39.6%)	7:00	8.6 (61.0%)
93	ŚLIWA Karolina	3347	WADOMA TEAM	Open K	16		01:49:09	03:24:38.85	03:24:53.85	+01:21:43 (39.9%)	7:03	8.5 (60.3%)
94	ZAWADKA Marta	3407		Open K	17		01:48:15	03:25:06.45	03:25:17.05	+01:22:06 (40.0%)	7:04	8.5 (60.3%)
95	KWIECIEŃ - LIPIŃSKA Kamila	3194	TIGERS TEAM	Open K	18		01:46:10	03:25:13.15	03:25:17.85	+01:22:07 (40.0%)	7:04	8.5 (60.3%)
96	MASIUKIEWICZ Jacek	3227		Open M	78		01:45:39	03:25:01.80	03:25:21.80	+01:22:11 (40.0%)	7:04	8.5 (60.3%)
97	PIEJKO Joanna	3284	BŁĘKITNA XVII-TKA	Open K	19		01:48:56	03:25:20.85	03:25:37.20	+01:22:27 (40.1%)	7:04	8.5 (60.3%)
98	WYJATEK Wojciech	3402		Open M	79		02:07:21	03:25:47.90	03:25:56.35	+01:22:46 (40.2%)	7:05	8.5 (60.3%)
99	POWIERTOWSKI Adam	3295		Open M	80		02:07:17	03:25:48.80	03:25:57.35	+01:22:47 (40.2%)	7:05	8.5 (60.3%)
100	CZEMPIŃSKI Jan	3056		Open M	81		02:07:22	03:26:01.35	03:26:30.40	+01:23:20 (40.4%)	7:06	8.4 (59.6%)
101	WÓJCICKI Marcin	3391	ŁĘCZNA BIEGA / SOLET RUNNING TEAM	Open M	82		01:45:49	03:26:35.40	03:26:40.90	+01:23:30 (40.4%)	7:07	8.4 (59.6%)
102	ORZECHOWSKI Robert	3268	ARKADIUSZ GARDZIELEWSKI RUNNING TEAM	Open M	83		01:50:01	03:26:57.80	03:27:14.65	+01:24:04 (40.6%)	7:08	8.4 (59.6%)
103	MIKULSKI Hubert	3241	BLUE DOGS	Open M	84		01:44:55	03:27:04.20	03:27:39.20	+01:24:29 (40.7%)	7:08	8.4 (59.6%)
104	KOŁODZIEJ Marcin	3162		Open M	85		01:49:46	03:27:05.85	03:27:41.35	+01:24:31 (40.7%)	7:08	8.4 (59.6%)
105	ZAWADKA Darek	3408		Open M	86		01:48:18	03:27:35.10	03:27:45.50	+01:24:35 (40.7%)	7:09	8.4 (59.6%)
106	PIETRZAK Rafał	3285		Open M	87		02:07:01	03:28:05.05	03:28:20.70	+01:25:10 (40.9%)	7:10	8.4 (59.6%)
107	GRANOWSKI Krzysztof	3105		Open M	88		01:30:34	03:29:09.00	03:29:14.50	+01:26:04 (41.1%)	7:12	8.3 (58.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
108	WILK Grzegorz	3374	RUN LOVING ANIMALS	Open M	89		01:46:05	03:29:00.45	03:29:19.15	+01:26:08 (41.2%)	7:12	8.3 (58.9%)
109	GÓRSKI Bartosz	3103	KROSSKI REMSPORT	Open M	90		01:50:21	03:29:17.75	03:29:27.95	+01:26:17 (41.2%)	7:13	8.3 (58.9%)
110	GRUCELA Sebastian	3109	RUN LOVING ANIMALS	Open M	91		01:48:10	03:29:32.00	03:29:32.00	+01:26:21 (41.2%)	7:13	8.3 (58.9%)
111	CIOĆ Robert	3052		Open M	92		01:41:21	03:29:24.30	03:29:33.90	+01:26:23 (41.2%)	7:13	8.3 (58.9%)
112	TOMKIEWICZ Łukasz	3356		Open M	93		01:49:57	03:29:15.85	03:29:44.45	+01:26:34 (41.3%)	7:12	8.3 (58.9%)
113	WÓŁKIEWICZ Dorota	3394		Open K	20		02:08:29	03:31:02.00	03:31:09.20	+01:27:59 (41.7%)	7:16	8.2 (58.2%)
114	JASIŃSKA Anna	3122	BIEGAJĄCY ŚWIDNIK	Open K	21		01:50:32	03:31:20.25	03:31:25.35	+01:28:15 (41.7%)	7:17	8.2 (58.2%)
115	MOŻEJKO Jadwiga	3245	NIEPOŁOMICE BIEGAJĄ	Open K	22		02:07:50	03:31:31.30	03:31:37.90	+01:28:27 (41.8%)	7:17	8.2 (58.2%)
116	BOŻEK Grzegorz	3036	DZIKIE ŻYCIE RUN TEAM	Open M	94		01:48:33	03:32:35.05	03:32:39.20	+01:29:29 (42.1%)	7:19	8.2 (58.2%)
117	KARCZMARCZYK Tomasz	3147		Open M	95		02:07:01	03:32:26.80	03:32:58.30	+01:29:48 (42.2%)	7:19	8.2 (58.2%)
118	WOŹNIAKOWSKI Jan	3388	OPEL ACTIVE TEAM	Open M	96		02:10:06	03:33:05.05	03:33:05.05	+01:29:54 (42.2%)	7:20	8.2 (58.2%)
119	TOMCZYK Beata	3355	VEGE RUNNERS	Open K	23		01:50:23	03:33:46.45	03:34:12.45	+01:31:02 (42.5%)	7:22	8.1 (57.4%)
120	BORYCKI Artur	3035		Open M	97		02:06:47	03:33:49.70	03:34:13.55	+01:31:03 (42.5%)	7:22	8.1 (57.4%)
121	SMYRAK Emil	3321		Open M	98		01:48:59	03:34:20.55	03:34:38.00	+01:31:27 (42.6%)	7:23	8.1 (57.4%)
122	BOGUSZ Konrad	3031		Open M	99		01:49:47	03:34:59.00	03:35:25.60	+01:32:15 (42.8%)	7:24	8.1 (57.4%)
123	MICHNIAK Łukasz	3238	BYLE PRZED ŁYSYM	Open M	100		01:49:41	03:34:59.20	03:35:25.70	+01:32:15 (42.8%)	7:24	8.1 (57.4%)
124	BARAŃSKA Monika	3016		Open K	24		02:08:08	03:35:52.90	03:36:03.00	+01:32:52 (43.0%)	7:26	8.1 (57.4%)
125	FUKS Wiktoria	3083		Open K	25		02:07:29	03:36:01.60	03:36:32.40	+01:33:22 (43.1%)	7:26	8.1 (57.4%)
126	TARNAWSKA Monika	3352		Open K	26		02:07:25	03:36:37.75	03:36:58.85	+01:33:48 (43.2%)	7:28	8 (56.7%)
127	CISKOWSKA Weronika	3053		Open K	27			03:37:14.40	03:37:38.90	+01:34:28 (43.4%)	7:29	8 (56.7%)
128	BARTECKI Tomasz	3019		Open M	101		02:10:14	03:38:27.35	03:38:36.70	+01:35:26 (43.7%)	7:31	8 (56.7%)
129	OSTROWSKI Sławomir	3269		Open M	102		02:09:32	03:38:31.40	03:38:37.70	+01:35:27 (43.7%)	7:32	8 (56.7%)
130	WRÓBEL Barbara	3397	BEGAJĄCY ŚWIDNIK	Open K	28		02:09:25	03:38:32.40	03:38:38.00	+01:35:27 (43.7%)	7:32	8 (56.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
131	PABIAŃCZYK Małgorzata	3271		Open K	29		02:07:39	03:38:55.95	03:39:21.75	+01:36:11 (43.9%)	7:32	7.9 (56.0%)
132	ZYCH Aneta	3416		Open K	30		02:09:11	03:39:24.25	03:39:24.25	+01:36:14 (43.9%)	7:33	7.9 (56.0%)
133	FIAŁKOWSKI Jan	3073	NIGHT RUNNERS	Open M	103		02:09:41	03:39:17.65	03:39:30.30	+01:36:20 (43.9%)	7:33	7.9 (56.0%)
134	KOLASA Marcin	3161		Open M	104		02:08:02	03:39:48.90	03:40:10.70	+01:37:00 (44.1%)	7:34	7.9 (56.0%)
135	POPEŁDA Paulina	3292	HARPAGAN SOSNOWIEC	Open K	31			03:40:31.95	03:40:44.30	+01:37:34 (44.2%)	7:36	7.9 (56.0%)
136	GROCHOWSKA Daria	3106	ADIDAS RUNNERS WARSAW	Open K	32			03:40:41.40	03:40:46.80	+01:37:36 (44.2%)	7:36	7.9 (56.0%)
137	MROCZKOWSKI Mateusz	3246		Open M	105		02:08:54	03:40:26.45	03:40:49.15	+01:37:38 (44.2%)	7:36	7.9 (56.0%)
138	PERLIŃSKI Mirosław	3280	ASSECO ACTIVE TEAM	Open M	106		02:09:17	03:40:39.00	03:41:04.75	+01:37:54 (44.3%)	7:36	7.9 (56.0%)
139	STAŃCZUK Wojciech	3331	GRUPA BIEGOWA CHTMO	Open M	107		02:08:47	03:40:50.05	03:41:09.95	+01:37:59 (44.3%)	7:36	7.9 (56.0%)
140	PENCONEK Agata	3279		Open K	33		02:08:31	03:41:07.00	03:41:16.15	+01:38:05 (44.3%)	7:37	7.9 (56.0%)
141	REDEK Sylwia	3301	TEAM ZABIEGANEDNI	Open K	34			03:41:09.35	03:41:20.20	+01:38:10 (44.4%)	7:37	7.9 (56.0%)
142	BILSKA Anna	3025		Open K	35		02:10:58	03:41:15.95	03:41:26.80	+01:38:16 (44.4%)	7:37	7.9 (56.0%)
143	NÝVLT Martin	3257	COLUMBIA MONTRAIL	Open M	108		01:54:51	03:41:22.85	03:41:58.30	+01:38:48 (44.5%)	7:38	7.9 (56.0%)
144	JURKOWSKI Szczepan	3132	SUSKA GRUPA BIEGOWA	Open M	109		01:48:33	03:42:03.45	03:42:10.20	+01:39:00 (44.6%)	7:39	7.8 (55.3%)
145	TADROWSKI Tomasz	3351		Open M	110		02:09:41	03:41:51.40	03:42:11.10	+01:39:00 (44.6%)	7:39	7.8 (55.3%)
146	REJEWSKA Eliza	3302		Open K	36		02:09:48	03:41:52.30	03:42:12.40	+01:39:02 (44.6%)	7:39	7.8 (55.3%)
147	ZWIERZYŃSKI Roman	3415	LECĘ BO CHCĘ	Open M	111		02:08:48	03:42:37.50	03:42:48.70	+01:39:38 (44.7%)	7:40	7.8 (55.3%)
148	GLICA Monika	3094		Open K	37		01:54:56	03:42:46.75	03:43:02.50	+01:39:52 (44.8%)	7:40	7.8 (55.3%)
149	NOWAK Maciej	3253	SUPERNOVA	Open M	112		02:08:22	03:43:19.55	03:43:27.25	+01:40:17 (44.9%)	7:42	7.8 (55.3%)
150	CZABAN Katarzyna	3055	KULAM SIĘ JAK GUMIKLYJZY	Open K	38		02:10:36	03:43:26.90	03:43:41.70	+01:40:31 (44.9%)	7:42	7.8 (55.3%)
151	GAWRYSZEWSKI Michał	3092		Open M	113			03:44:08.35	03:44:22.30	+01:41:12 (45.1%)	7:43	7.8 (55.3%)
152	ZIOMBKA Kuba	3414		Open M	114		02:07:24	03:44:03.35	03:44:23.30	+01:41:13 (45.1%)	7:43	7.8 (55.3%)
153	KOCZY-ŁUSIAK Sylwia	3160	3COACH	Open K	39			03:45:58.00	03:45:58.00	+01:42:47 (45.5%)	7:47	7.7 (54.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
154	FIGAS Joanna	3074	PREDATORS WAŁBRZYCH	Open K	40			03:46:13.50	03:46:18.30	+01:43:08 (45.6%)	7:48	7.7 (54.6%)
155	NIEMIRO Dominika	3250	JAGODOWO-KALINOWY TEAM	Open K	41		02:10:24	03:46:12.80	03:46:30.75	+01:43:20 (45.6%)	7:48	7.7 (54.6%)
156	NIEMIRO Paweł	3251	JAGODOWO-KALINOWY TEAM	Open M	115		02:10:18	03:46:12.30	03:46:30.80	+01:43:20 (45.6%)	7:48	7.7 (54.6%)
157	CZACHOWSKI Michał	3424		Open M	116		02:11:34	03:47:20.50	03:47:20.50	+01:44:10 (45.8%)	7:50	7.7 (54.6%)
158	JANIEC Tomasz	3120		Open M	117			03:46:58.25	03:47:32.50	+01:44:22 (45.9%)	7:49	7.7 (54.6%)
159	WYSOCKI Rafał	3403	KKM KALORYFER	Open M	118		01:54:54	03:47:06.10	03:47:33.65	+01:44:23 (45.9%)	7:49	7.7 (54.6%)
160	WRONA Kamila	3395		Open K	42		02:07:30	03:46:24.05	03:47:38.35	+01:44:28 (45.9%)	7:48	7.7 (54.6%)
161	ŚMIECHOWSKA Małgorzata	3349		Open K	43			03:47:28.40	03:47:45.40	+01:44:35 (45.9%)	7:50	7.6 (53.9%)
162	BABICKI Grzegorz	3009		Open M	119		02:09:26	03:47:47.45	03:48:17.75	+01:45:07 (46.0%)	7:51	7.6 (53.9%)
163	PRAŻANOWSKI Mariusz	3297		Open M	120			03:47:57.00	03:48:22.15	+01:45:11 (46.1%)	7:51	7.6 (53.9%)
164	ŚWIERCZEK Marta	3350		Open K	44			03:48:19.30	03:48:33.40	+01:45:23 (46.1%)	7:52	7.6 (53.9%)
165	KOPERSKI Maciej	3168	KOPERSKI TEAM	Open M	121		02:08:37	03:48:29.05	03:48:41.00	+01:45:30 (46.1%)	7:52	7.6 (53.9%)
166	BARSZCZOWSKA Ewelina	3018	NOCNY BÓR	Open K	45			03:48:43.85	03:48:49.45	+01:45:39 (46.2%)	7:53	7.6 (53.9%)
167	WÓJCICKA Agnieszka	3390	ŁĘCZNA BIEGA	Open K	46		02:10:52	03:48:49.70	03:48:56.10	+01:45:45 (46.2%)	7:53	7.6 (53.9%)
168	GÓRSKA Alicja	3101		Open K	47		02:11:06	03:48:49.40	03:48:56.20	+01:45:46 (46.2%)	7:53	7.6 (53.9%)
168	KOŁODZIEJCZYK Marta	3164	ŁĘCZNA BIEGA	Open K	47		02:10:49	03:48:49.35	03:48:56.20	+01:45:46 (46.2%)	7:53	7.6 (53.9%)
170	DZIERŻANOWSKA Katarzyna	3068		Open K	49			03:48:26.00	03:48:59.65	+01:45:49 (46.2%)	7:52	7.6 (53.9%)
171	PUPEK Anna	3299		Open K	50		02:11:33	03:49:02.70	03:49:20.80	+01:46:10 (46.3%)	7:53	7.6 (53.9%)
172	BACZUK Jakub	3012		Open M	122			03:49:34.00	03:49:34.00	+01:46:23 (46.3%)	7:54	7.6 (53.9%)
173	PODSIADŁY Maciej	3289	KS STASZEWSKY	Open M	123			03:49:39.35	03:49:47.95	+01:46:37 (46.4%)	7:55	7.6 (53.9%)
174	SPORNIAK Krzysztof	3326		Open M	124		01:55:17	03:49:52.45	03:49:52.45	+01:46:42 (46.4%)	7:55	7.6 (53.9%)
175	ROJEK Magdalena	3305	DZIKIE FOKI	Open K	51		02:09:59	03:49:50.50	03:50:06.55	+01:46:56 (46.5%)	7:55	7.6 (53.9%)
176	NICIEJA Anna	3248		Open K	52		02:10:13	03:49:51.60	03:50:06.60	+01:46:56 (46.5%)	7:55	7.6 (53.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
177	BOKSA Anna	3032	KKM KALORYFER	Open K	53			03:49:56.25	03:50:23.35	+01:47:13 (46.5%)	7:55	7.6 (53.9%)
178	DOPIERAŁA Kinga	3063	JENOTY TEAM	Open K	54			03:50:00.55	03:50:24.60	+01:47:14 (46.5%)	7:55	7.6 (53.9%)
179	ZAWITKOWSKI Bartosz	3411		Open M	125		02:09:30	03:50:17.85	03:50:33.85	+01:47:23 (46.6%)	7:56	7.6 (53.9%)
180	MADEJ Katarzyna	3219	ALE TEMPO	Open K	55			03:50:15.45	03:50:38.10	+01:47:27 (46.6%)	7:56	7.6 (53.9%)
181	ONUFRWICZ Michał	3267	ALE TEMPO	Open M	126			03:50:38.15	03:50:38.15	+01:47:27 (46.6%)	7:57	7.5 (53.2%)
182	WIĘCKOWSKA Beata	3371	HEŃTEAM	Open K	56			03:50:44.25	03:50:44.25	+01:47:34 (46.6%)	7:57	7.5 (53.2%)
183	OBARZANOWSKI Michał	3258		Open M	127			03:50:45.45	03:51:04.75	+01:47:54 (46.7%)	7:57	7.5 (53.2%)
184	RESPONDEK Marcin	3304	LECYMY DURŚ / NOWAK TEAM	Open M	128			03:51:00.50	03:51:21.60	+01:48:11 (46.8%)	7:57	7.5 (53.2%)
185	KARCZEWSKI Maciej	3145	ENDURANCE	Open M	129			03:51:09.95	03:51:28.15	+01:48:17 (46.8%)	7:58	7.5 (53.2%)
186	KOSOWSKI Seweryn	3170		Open M	130		02:08:36	03:51:33.55	03:51:49.90	+01:48:39 (46.9%)	7:59	7.5 (53.2%)
186	CIURYK Julia	3054		Open K	57			03:51:49.90	03:51:49.90	+01:48:39 (46.9%)	7:59	7.5 (53.2%)
188	JARECKA Katarzyna	3121		Open K	58			03:51:41.20	03:52:08.60	+01:48:58 (46.9%)	7:59	7.5 (53.2%)
189	TOMASZEWSKA Julia	3353		Open K	59			03:51:52.75	03:52:21.40	+01:49:11 (47.0%)	7:59	7.5 (53.2%)
190	PARYSZ Anna	3273	STARE BABICE BIEGAJĄ	Open K	60			03:53:06.00	03:53:19.45	+01:50:09 (47.2%)	8:02	7.5 (53.2%)
191	GRANOWSKA Marta	3104		Open K	61			03:53:05.10	03:53:20.40	+01:50:10 (47.2%)	8:02	7.5 (53.2%)
192	GAWĘDA Marta	3091		Open K	62			03:53:03.60	03:53:24.85	+01:50:14 (47.2%)	8:02	7.5 (53.2%)
192	PISKORSKA Natalia	3287		Open K	62			03:52:48.40	03:53:24.85	+01:50:14 (47.2%)	8:01	7.5 (53.2%)
194	SILCZUK Andrzej	3318		Open M	131			03:52:48.50	03:53:24.95	+01:50:14 (47.2%)	8:01	7.5 (53.2%)
195	OBERC Łukasz	3260	FINISZ RYMANÓW	Open M	132		02:10:24	03:53:01.75	03:53:25.15	+01:50:14 (47.2%)	8:02	7.5 (53.2%)
196	BARCZENIEWICZ Przemysław	3017		Open M	133			03:54:08.40	03:54:08.40	+01:50:58 (47.4%)	8:04	7.4 (52.5%)
197	HOFMAN Piotr	3115	M.I.L.A. MASTERS IWICZNA LIFE ATHLETICS	Open M	134		02:09:40	03:53:29.10	03:54:08.85	+01:50:58 (47.4%)	8:03	7.5 (53.2%)
198	ŻUK Agata	3418	HEŃTEAM	Open K	64			03:54:18.75	03:54:23.20	+01:51:13 (47.5%)	8:04	7.4 (52.5%)
199	GAWEŁ Sebastian	3090	SPARTA LUBLIN	Open M	135			03:53:51.45	03:54:25.25	+01:51:15 (47.5%)	8:03	7.4 (52.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
200	PETA Iwona	3281		Open K	65			03:54:03.00	03:54:27.30	+01:51:17 (47.5%)	8:04	7.4 (52.5%)
201	WYSZOWSKA Agnieszka	3404	PREDATORS WAŁBRZYCH	Open K	66			03:54:22.80	03:54:28.00	+01:51:17 (47.5%)	8:04	7.4 (52.5%)
202	MILC Szymon	3242		Open M	136		02:07:40	03:54:28.55	03:54:28.55	+01:51:18 (47.5%)	8:05	7.4 (52.5%)
203	BEKER Katarzyna	3022		Open K	67		02:12:11	03:54:35.45	03:54:35.45	+01:51:25 (47.5%)	8:05	7.4 (52.5%)
204	PISZCZYŃSKA Izabela	3288		Open M	137			03:55:07.85	03:55:07.85	+01:51:57 (47.6%)	8:06	7.4 (52.5%)
205	WITYŃSKA Joanna	3379		Open K	68		02:13:13	03:55:14.20	03:55:20.30	+01:52:10 (47.7%)	8:06	7.4 (52.5%)
205	KAPUŚCIŃSKA Diana	3143	PODIUM	Open K	68		01:26:43	03:55:20.30	03:55:20.30	+01:52:10 (47.7%)	8:06	7.4 (52.5%)
207	BUJOCZEK Małgorzata	3044		Open K	70		02:11:59	03:55:07.05	03:55:24.80	+01:52:14 (47.7%)	8:06	7.4 (52.5%)
208	BUJOCZEK Leszek	3043		Open M	138		02:12:02	03:55:06.60	03:55:25.10	+01:52:14 (47.7%)	8:06	7.4 (52.5%)
209	ONDRUSZ Filip	3266		Open M	139		02:12:01	03:55:22.80	03:55:52.65	+01:52:42 (47.8%)	8:06	7.4 (52.5%)
210	NOGAJEWSKI Karol	3252		Open M	140		02:08:56	03:55:26.80	03:55:56.80	+01:52:46 (47.8%)	8:07	7.4 (52.5%)
211	STACHURSKI Paweł	3329	KRULOWIE ŻYCIA	Open M	141			03:55:24.75	03:56:00.05	+01:52:49 (47.8%)	8:07	7.4 (52.5%)
212	GOŁOSZ-ROMAŃSKA Sylwia	3097	KKTJ	Open K	71			03:55:44.25	03:56:12.10	+01:53:01 (47.9%)	8:07	7.4 (52.5%)
213	SELWESTRUK Izabela	3312		Open K	72			03:55:53.05	03:56:32.80	+01:53:22 (47.9%)	8:08	7.4 (52.5%)
214	NYKIEL Artur	3256		Open M	142		02:11:42	03:57:14.25	03:57:14.25	+01:54:04 (48.1%)	8:10	7.3 (51.8%)
215	NYKIEL Marlena	3255		Open K	73		02:11:12	03:56:47.65	03:57:14.55	+01:54:04 (48.1%)	8:09	7.3 (51.8%)
216	FAFARA Agnieszka	3071	BIEGNIĘTE ŁASKI	Open K	74		02:12:00	03:56:58.20	03:57:26.35	+01:54:16 (48.1%)	8:10	7.3 (51.8%)
217	KACZMAREK Aleksandra	3135		Open K	75		02:11:45	03:57:22.90	03:57:33.20	+01:54:23 (48.2%)	8:11	7.3 (51.8%)
218	SORNAT Mariusz	3323		Open M	143			03:57:37.90	03:57:57.45	+01:54:47 (48.2%)	8:11	7.3 (51.8%)
219	VOISIN Guillaume	3364		Open M	144			03:57:57.55	03:57:57.55	+01:54:47 (48.2%)	8:12	7.3 (51.8%)
219	AOUTIN Mathieu	3008		Open M	144			03:57:39.60	03:57:57.55	+01:54:47 (48.2%)	8:11	7.3 (51.8%)
221	WRÓBLEWSKI Borys	3399		Open M	146		02:08:53	03:57:57.15	03:58:07.55	+01:54:57 (48.3%)	8:12	7.3 (51.8%)
222	JURYŚ Sławomir	3133	JSYSTEM	Open M	147		02:12:07	03:58:03.50	03:58:37.75	+01:55:27 (48.4%)	8:12	7.3 (51.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
223	BACHURSKI Daniel	3010		Open M	148			03:58:36.90	03:58:46.60	+01:55:36 (48.4%)	8:13	7.3 (51.8%)
224	SELWESTRUK Tomasz	3313		Open M	149			03:58:13.25	03:58:53.15	+01:55:42 (48.4%)	8:12	7.3 (51.8%)
225	KUŁAKOWSKI Piotr	3190		Open M	150			03:58:44.55	03:59:17.65	+01:56:07 (48.5%)	8:13	7.3 (51.8%)
226	PIECYK Artur	3283	BLUE DOG	Open M	151			03:59:28.10	04:00:03.85	+01:56:53 (48.7%)	8:15	7.3 (51.8%)
227	SZELAĞ Piotr	3341		Open M	152		02:12:37	04:01:14.75	04:01:46.75	+01:58:36 (49.1%)	8:19	7.2 (51.1%)
228	BREWCAK Maciej	3039	SAVE LIFE	Open M	153		02:08:27	04:01:41.75	04:01:46.85	+01:58:36 (49.1%)	8:20	7.2 (51.1%)
229	BUK Kamil	3045		Open M	154		02:09:16	04:01:40.60	04:01:47.20	+01:58:37 (49.1%)	8:20	7.2 (51.1%)
230	KOSOWSKI Maciej	3171		Open M	155			04:01:30.30	04:01:47.60	+01:58:37 (49.1%)	8:19	7.2 (51.1%)
231	POTOCKI Jakub	3294		Open M	156		02:11:19	04:02:39.55	04:03:19.95	+02:00:09 (49.4%)	8:22	7.2 (51.1%)
231	POTOCKA Julia	3293		Open K	76			04:02:40.50	04:03:19.95	+02:00:09 (49.4%)	8:22	7.2 (51.1%)
233	ZAWADZKI Piotr	3410		Open M	157		02:11:35	04:03:36.55	04:03:48.35	+02:00:38 (49.5%)	8:24	7.1 (50.4%)
234	SZEWCZUK Joanna	3342	HEŃTEAM	Open K	77		02:17:44	04:04:40.70	04:04:46.20	+02:01:36 (49.7%)	8:26	7.1 (50.4%)
235	KURCZUK-SAMODULSKA Agnieszka	3192	HEŃTEAM	Open K	78		02:17:54	04:05:12.45	04:05:12.45	+02:02:02 (49.8%)	8:27	7.1 (50.4%)
236	KOPERSKI Dominik	3167	KOPERSKI TEAM	Open M	158			04:05:31.45	04:05:42.90	+02:02:32 (49.9%)	8:27	7.1 (50.4%)
237	ŚLEMP Małgorzata	3345	TURLAM SIĘ DO METY	Open K	79		02:19:12	04:05:17.50	04:05:47.90	+02:02:37 (49.9%)	8:27	7.1 (50.4%)
238	CHMURA-SKERCZYŃSKA Natalia	3049		Open K	80		02:10:46	04:05:22.55	04:05:51.60	+02:02:41 (49.9%)	8:27	7.1 (50.4%)
239	SZCZUREK Aleksandra	3338		Open K	81		02:18:52	04:05:50.55	04:06:12.05	+02:03:01 (50.0%)	8:28	7.1 (50.4%)
240	OCHREMIAK Aleksandra	3262		Open K	82		02:17:21	04:06:11.00	04:06:34.85	+02:03:24 (50.0%)	8:29	7.1 (50.4%)
241	KAMIŃSKI Marcin	3141	SFORA OJCA DYREKTORA	Open M	159			04:06:45.40	04:06:45.40	+02:03:35 (50.1%)	8:30	7.1 (50.4%)
242	BACZA Agnieszka	3011	ŁĘCZNA BIEGA	Open K	83		02:12:45	04:06:53.55	04:06:53.55	+02:03:43 (50.1%)	8:30	7 (49.6%)
243	JOZWIK Agnieszka	3129		Open K	84		02:12:23	04:07:14.75	04:07:27.15	+02:04:16 (50.2%)	8:31	7 (49.6%)
244	HANGIEL Urszula	3112	ŻWAWE ŻÓŁWIE	Open K	85		02:19:07	04:07:32.15	04:07:45.80	+02:04:35 (50.3%)	8:32	7 (49.6%)
245	SERAFIN Sebastian	3314	SIMS	Open M	160		02:17:27	04:07:39.40	04:08:07.85	+02:04:57 (50.4%)	8:32	7 (49.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
246	GROSZAK Joanna	3108		Open K	86		02:12:05	04:08:11.30	04:08:29.35	+02:05:19 (50.4%)	8:33	7 (49.6%)
247	JAWORSKI Bartek	3124		Open M	161		02:18:17	04:08:29.20	04:08:53.70	+02:05:43 (50.5%)	8:34	7 (49.6%)
248	WOŹNIAK Mateusz	3387		Open M	162			04:08:28.95	04:08:54.15	+02:05:43 (50.5%)	8:34	7 (49.6%)
249	KOSIŃSKI Tomasz	3169	EXTREME WAYS	Open M	163			04:10:25.90	04:10:55.35	+02:07:45 (50.9%)	8:38	6.9 (48.9%)
250	PIORUNKIEWICZ Lukasz	3286		Open M	164		02:18:08	04:10:29.20	04:10:59.20	+02:07:49 (50.9%)	8:38	6.9 (48.9%)
251	LUBOWIECKA Paulina	3213		Open K	87		02:17:33	04:10:45.25	04:10:59.50	+02:07:49 (50.9%)	8:38	6.9 (48.9%)
252	PRZETAKIEWICZ Magdalena	3298		Open K	88		02:21:37	04:10:46.35	04:10:59.80	+02:07:49 (50.9%)	8:38	6.9 (48.9%)
253	JELINSKI Sebastian	3127	IBM	Open M	165		02:17:31	04:11:10.70	04:11:43.85	+02:08:33 (51.1%)	8:39	6.9 (48.9%)
254	RYBIENIK Lech	3310		Open M	166		02:17:47	04:13:02.85	04:13:14.80	+02:10:04 (51.4%)	8:43	6.9 (48.9%)
255	KIJEWSKA Karolina	3153		Open K	89			04:13:03.85	04:13:15.00	+02:10:04 (51.4%)	8:43	6.9 (48.9%)
256	KOZŁOWSKA-SAWICKA Małgorzata	3179	KONDYCJA PIASECZNO	Open K	90		02:19:10	04:12:49.95	04:13:15.65	+02:10:05 (51.4%)	8:43	6.9 (48.9%)
257	KLAUS Monika	3156	KONDYCJA PIASECZNO	Open K	91		02:17:35	04:12:49.40	04:13:15.90	+02:10:05 (51.4%)	8:43	6.9 (48.9%)
258	WILGUS-KUBICA Katarzyna	3373		Open K	92		02:22:06	04:14:56.00	04:14:56.00	+02:11:45 (51.7%)	8:47	6.8 (48.2%)
259	KEMPISTY Anna	3151	12TRI.PL	Open K	93		02:18:01	04:15:06.65	04:15:19.55	+02:12:09 (51.8%)	8:47	6.8 (48.2%)
260	JEMIOŁA Wojciech	3128	POGÓRZA ULTRA TRAIL	Open M	167		02:19:18	04:14:45.00	04:15:23.40	+02:12:13 (51.8%)	8:47	6.8 (48.2%)
261	GRODZKI Tomasz	3107	POGÓRZE ULTRA TRAIL	Open M	168		02:19:16	04:14:45.60	04:15:23.50	+02:12:13 (51.8%)	8:47	6.8 (48.2%)
262	PATRYN Łukasz	3277	POGÓRZE ULTRA TRAIL	Open M	169		02:19:12	04:14:46.65	04:15:23.95	+02:12:13 (51.8%)	8:47	6.8 (48.2%)
263	TWARDZIK Laura	3359		Open K	94		02:19:42	04:15:45.20	04:16:12.30	+02:13:02 (51.9%)	8:49	6.8 (48.2%)
264	OZIMINA Samuel	3270		Open M	170		02:19:01	04:15:46.05	04:16:13.10	+02:13:02 (51.9%)	8:49	6.8 (48.2%)
265	STABRAWA Marcin	3328		Open M	171		02:19:50	04:15:53.50	04:16:16.75	+02:13:06 (51.9%)	8:49	6.8 (48.2%)
266	OLSZEWSKI Kamil	3264		Open M	172		02:19:54	04:15:54.95	04:16:17.45	+02:13:07 (51.9%)	8:49	6.8 (48.2%)
267	FRANEK Aneta	3078		Open K	95		02:19:19	04:17:16.65	04:17:22.35	+02:14:12 (52.1%)	8:52	6.8 (48.2%)
268	MARGOŁA Marta	3226	ROZBIEGAJMY RADOMSKO	Open K	96		02:21:08	04:18:27.95	04:18:57.80	+02:15:47 (52.4%)	8:54	6.7 (47.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
269	GÓRECKA Katarzyna	3099		Open K	97		02:19:52	04:19:44.20	04:19:59.20	+02:16:49 (52.6%)	8:57	6.7 (47.5%)
270	MATLAK Piotr	3229	VELUX	Open M	173		02:22:35	04:20:46.35	04:20:57.55	+02:17:47 (52.8%)	8:59	6.7 (47.5%)
271	KOZACZKA Włodzimierz	3176		Open M	174		02:20:26	04:20:39.35	04:21:15.80	+02:18:05 (52.9%)	8:59	6.7 (47.5%)
272	HIRTH Jasmin	3114		Open K	98		02:20:47	04:21:20.25	04:21:32.30	+02:18:22 (52.9%)	9:00	6.7 (47.5%)
273	EVANS Paul	3070		Open M	175		02:19:34	04:21:21.10	04:21:33.15	+02:18:22 (52.9%)	9:00	6.7 (47.5%)
274	KAZIMIERAK Kamil	3150		Open M	176		02:21:24	04:22:37.85	04:22:54.05	+02:19:43 (53.1%)	9:03	6.6 (46.8%)
275	GRZESZCZAK Małgorzata	3111	BIEGAMYRAZEM.PL	Open K	99		02:22:24	04:23:06.25	04:23:06.25	+02:19:56 (53.2%)	9:04	6.6 (46.8%)
276	MALEC Basia	3224		Open K	100		02:21:19	04:22:19.95	04:23:44.65	+02:20:34 (53.3%)	9:02	6.6 (46.8%)
277	KAMIŃSKI Łukasz	3140		Open M	177		02:20:44	04:23:25.40	04:23:47.10	+02:20:36 (53.3%)	9:05	6.6 (46.8%)
278	GOLA Karolina	3096		Open K	101		02:22:54	04:23:52.45	04:23:52.45	+02:20:42 (53.3%)	9:05	6.6 (46.8%)
279	BREMER Helena	3037		Open K	102		02:20:16	04:23:27.55	04:24:06.85	+02:20:56 (53.4%)	9:05	6.6 (46.8%)
280	ŻAK Grzegorz	3417	SPARTA	Open M	178		02:17:35	04:26:09.80	04:26:44.05	+02:23:33 (53.8%)	9:10	6.5 (46.1%)
281	KOŁODZIEJCZYK Aleksandra	3163	JENOTY TEAM	Open K	103		02:19:37	04:26:47.25	04:27:11.55	+02:24:01 (53.9%)	9:11	6.5 (46.1%)
282	LEWANDOWSKA Ewa	3203		Open K	104		02:22:31	04:27:13.65	04:27:40.10	+02:24:29 (54.0%)	9:12	6.5 (46.1%)
283	DOMINIAK Emilia	3061		Open K	105		02:22:15	04:27:57.80	04:27:57.80	+02:24:47 (54.0%)	9:14	6.5 (46.1%)
284	BUGAJSKA-JUCHA Renata	3042	CARBO ASECURA	Open K	106		02:22:09	04:30:59.80	04:31:08.40	+02:27:58 (54.6%)	9:20	6.4 (45.4%)
285	BAJUS-LEWKOWICZ Oksana	3014	VISON, PIOTR LEWKOWICZ	Open K	107		02:21:57	04:31:26.80	04:31:26.80	+02:28:16 (54.6%)	9:21	6.4 (45.4%)
286	LEWKOWICZ Piotr	3207		Open M	179		02:21:43	04:31:07.30	04:31:27.05	+02:28:16 (54.6%)	9:20	6.4 (45.4%)
287	SZYMAŃSKI Mariusz	3344	MKB DREPTAK	Open M	180		02:23:03	04:33:24.90	04:33:32.75	+02:30:22 (55.0%)	9:25	6.4 (45.4%)
288	KUPIEC Dariusz	3191	MKB DREPTAK	Open M	181			04:33:25.60	04:33:33.05	+02:30:22 (55.0%)	9:25	6.4 (45.4%)
289	WARDA Agnieszka Tonny	3367	SPARTA LUBLIN	Open K	108		02:21:40	04:32:59.75	04:34:34.85	+02:31:24 (55.1%)	9:24	6.4 (45.4%)
290	MATUSIK Agnieszka	3230		Open K	109		02:22:41	04:34:35.85	04:34:58.20	+02:31:48 (55.2%)	9:28	6.3 (44.7%)
291	LASON Magdalena	3197	ALETEMPO	Open K	110		02:22:43	04:34:34.70	04:34:58.25	+02:31:48 (55.2%)	9:28	6.3 (44.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
292	KLUŚ Sylwester	3421	MESMERIK RUNNERS	Open M	182		02:18:55	04:35:13.15	04:35:50.65	+02:32:40 (55.3%)	9:29	6.3 (44.7%)
293	TOMASZUK Ewelina	3354	NO LIMITS RUNNING TEAM	Open K	111		02:21:58	04:36:31.25	04:36:41.70	+02:33:31 (55.5%)	9:32	6.3 (44.7%)
294	WOJCIECHOWSKI Kacper	3381	SWORDS ATHLETICS	Open M	183		02:12:14	04:38:54.85	04:38:54.85	+02:35:44 (55.8%)	9:37	6.2 (44.0%)
295	TRODLER Ina	3357	CITYLAUF-VEREIN DRESDEN	Open K	112		02:23:56	04:39:12.45	04:39:20.70	+02:36:10 (55.9%)	9:37	6.2 (44.0%)
296	GIERUT Agata	3093		Open K	113		02:25:17	04:41:32.60	04:41:42.60	+02:38:32 (56.3%)	9:42	6.2 (44.0%)
297	KOBUS-DUNAJ Lidia	3159		Open K	114		02:23:02	04:41:53.45	04:42:16.25	+02:39:06 (56.4%)	9:43	6.2 (44.0%)
298	FRANCUZ Patrycja	3077	WIELKA WIEŚ BIEGA	Open K	115		02:39:31	04:42:35.15	04:42:56.85	+02:39:46 (56.5%)	9:44	6.2 (44.0%)
299	LAMPRYCHT-JANEK Natalia	3195		Open K	116		02:22:23	04:42:52.10	04:43:11.10	+02:40:00 (56.5%)	9:45	6.2 (44.0%)
300	WOJTKOWIAK Łukasz	3386	BIEGACZAMATOR	Open M	184		02:22:12	04:42:51.85	04:43:11.20	+02:40:01 (56.5%)	9:45	6.2 (44.0%)
301	ŚLUSARCZYK Tomek	3348	MUUKREACJE.PL	Open M	185		02:22:26	04:42:42.25	04:43:17.20	+02:40:07 (56.5%)	9:44	6.2 (44.0%)
302	OLZACKI Piotr	3265		Open M	186		02:20:33	04:42:46.60	04:43:24.40	+02:40:14 (56.5%)	9:45	6.2 (44.0%)
303	TYLMAN Radosław	3360		Open M	187		02:21:43	04:42:47.15	04:43:24.65	+02:40:14 (56.5%)	9:45	6.2 (44.0%)
304	POLAK Agnieszka	3290		Open K	117		02:10:00	04:44:18.65	04:44:31.50	+02:41:21 (56.7%)	9:48	6.1 (43.3%)
305	WIŚNIEWSKI Adam	3377		Open M	188		02:23:38	04:44:27.70	04:44:36.10	+02:41:25 (56.7%)	9:48	6.1 (43.3%)
306	PASZKIEL Agnieszka	3276	LUB	Open K	118		02:23:12	04:44:32.15	04:44:48.50	+02:41:38 (56.8%)	9:48	6.1 (43.3%)
307	MATLAK Lidia	3228	ZAWSZE W BIEGU	Open K	119		02:39:33	04:45:15.95	04:45:25.10	+02:42:14 (56.8%)	9:50	6.1 (43.3%)
308	TYMBURSKI Michał	3361	SPARTA LUBLIN	Open M	189		02:22:07	04:45:03.30	04:46:49.50	+02:43:39 (57.1%)	9:49	6.1 (43.3%)
309	GLIWKA Małgorzata	3095	SPARTA LUBLIN	Open K	120		02:22:16	04:45:04.40	04:46:49.55	+02:43:39 (57.1%)	9:49	6.1 (43.3%)
310	SIĘCIO Kamil	3316		Open M	190		02:23:11	04:47:16.40	04:47:48.90	+02:44:38 (57.2%)	9:54	6.1 (43.3%)
311	WOJTKOWIAK Dorota	3385		Open K	121		02:38:46	04:50:05.75	04:50:39.10	+02:47:28 (57.6%)	10:00	6 (42.6%)
312	WRONKOWSKA Katarzyna	3396		Open K	122		02:23:51	04:50:50.85	04:51:06.25	+02:47:56 (57.7%)	10:01	6 (42.6%)
313	FUS Jacek	3084		Open M	191		02:21:02	04:51:11.25	04:51:24.00	+02:48:13 (57.7%)	10:02	6 (42.6%)
314	MHADHBI Joanna	3235		Open K	123		02:27:34	04:52:15.25	04:52:15.25	+02:49:05 (57.9%)	10:04	6 (42.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
315	BIELIŃSKI Michał	3023		Open M	192		02:24:48	04:53:32.90	04:54:14.70	+02:51:04 (58.1%)	10:07	5.9 (41.8%)
316	BOR Monika	3033	KOBIETY BIEGAJĄ / POBIEDZISKA RUNNING TEAM	Open K	124		02:39:20	04:54:17.10	04:54:45.55	+02:51:35 (58.2%)	10:08	5.9 (41.8%)
317	MAKOSA Konrad	3234		Open M	193		02:39:57	04:55:01.40	04:55:07.50	+02:51:57 (58.3%)	10:10	5.9 (41.8%)
318	BALEWSKI Robert	3015		Open M	194		02:39:42	04:55:14.30	04:55:30.20	+02:52:20 (58.3%)	10:10	5.9 (41.8%)
319	RZENNO Dagmara	3311	MIECHOWICKA GRUPA BIEGOWA	Open K	125		02:39:25	04:56:45.30	04:57:00.30	+02:53:50 (58.5%)	10:13	5.9 (41.8%)
320	ZARAŃSKA Izabela	3406	MIECHOWICKA GRUPA BIEGOWA	Open K	126		02:39:14	04:56:44.60	04:57:00.50	+02:53:50 (58.5%)	10:13	5.9 (41.8%)
321	FRANKOWSKA Ania	3080	MIECHOWICKA GRUPA BIEGOWA	Open K	127		02:39:30	04:56:44.85	04:57:01.25	+02:53:51 (58.5%)	10:13	5.9 (41.8%)
322	KOPCZA Dariusz	3166		Open M	195		02:09:31	04:58:15.05	04:58:34.45	+02:55:24 (58.7%)	10:17	5.8 (41.1%)
323	FELENCZAK Michał	3072		Open M	196		02:40:08	04:58:34.80	04:58:34.80	+02:55:24 (58.7%)	10:17	5.8 (41.1%)
Przekroczony limit czasu: 05:00:00												
324	WIŚNIEWSKA-PIĄTY Katarzyna	3376		Open K	128		02:39:46	05:16:33.45	05:17:02.50	+03:13:52 (61.2%)	10:54	5.5 (39.0%)
325	DRATWICKA Agnieszka	3064	12TRI.PL	Open K	129		02:40:03	05:21:22.75	05:21:37.40	+03:18:27 (61.7%)	11:04	5.4 (38.3%)
326	CHMIELEWSKI Marcin	3048	BIEGAM BEZ SPINY	Open M	197		02:51:38	05:49:39.50	05:49:59.70	+03:46:49 (64.8%)	12:03	5 (35.5%)
327	WESOŁOWSKI Adam	3368		Open M	198		04:06:59	07:26:43.05	07:27:14.15	+05:24:03 (72.5%)	15:24	3.9 (27.7%)
	SOLAN Radek	3322		Open M			01:46:09 DNF	DNF	DNF	-	-	- (0.0%)
	LEMIEC Agnieszka	3199		Open K			02:13:13 DNF	DNF	DNF	-	-	- (0.0%)
	ŁAŻEŃSKI Łukasz	3217		Open M			DNF	DNF	DNF	-	-	- (0.0%)
	OBERC Grzegorz	3259	FINISZ RYMANOW	Open M			DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 331 wynik(ów)