



**Event:** Łemkowyna Ultra-Trail  
**Organiser:** Fundacja Ultra  
**Date:** 2023-10-21  
**Place:** Komańcza  
**Distance:** 29 km

# ŁEMKO TRAIL 30

B4SPORT

**B4SPORT**  
INTELEKTNE ZAWODY SPORTOWE

Classification: All

Place	Participant	Number	Club	Category	MCat	Przybyszów 15.5km	Net time 29km	Czas brutto 29km	Gap	Pace min/km	Pace km/h
1	SIOŁA Karol	3345		Open M	1	01:11:12	<b>02:15:01.45</b>	<b>02:15:01.45</b>		4:39	12.9 (100%)
2	BALIGA Cezary	3002	TEAM HOKA GARMIN	Open M	2	01:12:40	<b>02:20:34.40</b>	<b>02:20:34.40</b>	+00:05:32 (3.9%)	4:50	12.4 (96.1%)
3	POPŁAWSKI Jan	3310	RELENTLESS TRIATHLON TEAM	Open M	3	01:11:08	<b>02:22:26.60</b>	<b>02:22:26.60</b>	+00:07:25 (5.2%)	4:54	12.2 (94.6%)
4	ZYGMUNT Tomasz	3460		Open M	4	01:15:31	<b>02:25:32.35</b>	<b>02:25:32.35</b>	+00:10:30 (7.2%)	5:01	12 (93.0%)
5	KOCIOŁEK Witold	3165	INŻYNIERIA BIEGANIA	Open M	5	01:15:49	<b>02:27:17.05</b>	<b>02:27:17.05</b>	+00:12:15 (8.3%)	5:04	11.8 (91.5%)
6	ZAKRZYŃSKI Paweł	3447	CSC ADVENTURE ACADEMY	Open M	6	01:16:53	<b>02:31:05.25</b>	<b>02:31:05.25</b>	+00:16:03 (10.6%)	5:12	11.5 (89.1%)
7	STANGRECIAK Adam	3364		Open M	7	01:18:36	<b>02:31:38.20</b>	<b>02:31:38.20</b>	+00:16:36 (11.0%)	5:13	11.5 (89.1%)
8	KNAPIK Sebastian	3163	BUTYJANA.PL	Open M	8	01:14:55	<b>02:32:15.25</b>	<b>02:32:15.25</b>	+00:17:13 (11.3%)	5:15	11.4 (88.4%)
9	DUCZMAL Dominika	3072	AW SZYBCIEJ TEAM	Open K	1	01:18:42	<b>02:32:54.95</b>	<b>02:32:54.95</b>	+00:17:53 (11.7%)	5:16	11.4 (88.4%)
10	GAIK Natalia	3085	ŚLIWKA TUITAM	Open K	2	01:21:49	<b>02:34:53.35</b>	<b>02:34:53.35</b>	+00:19:51 (12.8%)	5:20	11.2 (86.8%)
11	ZAJĄC Marcin	3445	MOUNTAIN RUNNING GUIDES	Open M	9	01:19:26	<b>02:38:58.00</b>	<b>02:38:58.00</b>	+00:23:56 (15.1%)	5:28	10.9 (84.5%)
12	ŁASKI Tomasz	3224		Open M	10	01:20:02	<b>02:40:13.90</b>	<b>02:40:13.90</b>	+00:25:12 (15.7%)	5:31	10.9 (84.5%)
13	KWIATKOWSKA Kinga	3001	HOKA GARMIN TEAM	Open K	3	01:24:46	<b>02:41:06.90</b>	<b>02:41:06.90</b>	+00:26:05 (16.2%)	5:33	10.8 (83.7%)
14	MARCHUK Wioletta	3238		Open K	4	01:23:11	<b>02:41:29.20</b>	<b>02:41:29.20</b>	+00:26:27 (16.4%)	5:34	10.8 (83.7%)
15	ZĄBKIEWICZ Szymon	3453		Open M	11	01:22:31	<b>02:41:50.05</b>	<b>02:41:50.05</b>	+00:26:48 (16.6%)	5:34	10.8 (83.7%)

Place	Participant	Number	Club	Category	MCat	Przybyszów 15.5km	Net	Czas	Gap	Pace min/km	Pace km/h
							time 29km	brutto 29km			
16	<b>MANJURA Tomasz</b>	<b>3237</b>	CSC ADVENTURE ACADEMY	Open M	12	01:23:24	<b>02:42:16.40</b>	<b>02:42:16.40</b>	+00:27:14 (16.8%)	5:35	10.7 (82.9%)
17	<b>GALIK Piotr</b>	<b>3088</b>		Open M	13	01:22:10	<b>02:42:35.35</b>	<b>02:42:35.35</b>	+00:27:33 (17.0%)	5:36	10.7 (82.9%)
18	<b>WALAG Rafał</b>	<b>3411</b>		Open M	14	01:22:41	<b>02:45:09.05</b>	<b>02:45:09.05</b>	+00:30:07 (18.2%)	5:41	10.5 (81.4%)
19	<b>FRANCUZ Konrad</b>	<b>3080</b>	VEGE RUNNERS	Open M	15		<b>02:45:53.50</b>	<b>02:45:53.50</b>	+00:30:52 (18.6%)	5:43	10.5 (81.4%)
20	<b>ALTEWĘGIER Jarosław</b>	<b>3005</b>	AW - SZYBCIEJ - TEAM	Open M	16	01:24:49	<b>02:46:17.85</b>	<b>02:46:17.85</b>	+00:31:16 (18.8%)	5:44	10.5 (81.4%)
21	<b>STRZĘPEK Dariusz</b>	<b>3368</b>		Open M	17	01:25:12	<b>02:46:46.45</b>	<b>02:46:46.45</b>	+00:31:45 (19.0%)	5:45	10.4 (80.6%)
22	<b>PIOSIK Emil</b>	<b>3302</b>	ON	Open M	18	01:28:54	<b>02:48:36.00</b>	<b>02:48:36.00</b>	+00:33:34 (19.9%)	5:48	10.3 (79.8%)
23	<b>RAFA Dominik</b>	<b>3322</b>	ANIA I CHŁOPAKI	Open M	19	01:27:07	<b>02:51:28.00</b>	<b>02:51:28.00</b>	+00:36:26 (21.3%)	5:54	10.1 (78.3%)
24	<b>MAJEWSKA Agata</b>	<b>3229</b>		Open K	5	01:27:59	<b>02:51:35.05</b>	<b>02:51:35.05</b>	+00:36:33 (21.3%)	5:55	10.1 (78.3%)
25	<b>ZALEWSKI Bartłomiej</b>	<b>3449</b>	BBL ZDUŃSKA WOLA	Open M	20	01:27:21	<b>02:51:47.65</b>	<b>02:51:47.65</b>	+00:36:46 (21.4%)	5:55	10.1 (78.3%)
26	<b>MAJORCZYK Gerard</b>	<b>3230</b>		Open M	21		<b>02:54:29.70</b>	<b>02:54:29.70</b>	+00:39:28 (22.6%)	6:01	10 (77.5%)
27	<b>SZYDŁAK Dariusz</b>	<b>3381</b>		Open M	22	01:26:26	<b>02:54:50.05</b>	<b>02:54:50.05</b>	+00:39:48 (22.8%)	6:01	10 (77.5%)
28	<b>OBERWAN Marek</b>	<b>3277</b>	PANFOTOGRAF.EU	Open M	23	01:30:01	<b>02:55:20.45</b>	<b>02:55:20.45</b>	+00:40:19 (23.0%)	6:02	9.9 (76.7%)
29	<b>GOLA Daniel</b>	<b>3106</b>	TRAIL IS OUR WAY	Open M	24	01:26:37	<b>02:57:12.45</b>	<b>02:57:12.45</b>	+00:42:11 (23.8%)	6:06	9.8 (76.0%)
30	<b>POSPISZYL Jakub</b>	<b>3311</b>		Open M	25	01:36:26	<b>02:57:14.65</b>	<b>02:57:14.65</b>	+00:42:13 (23.8%)	6:06	9.8 (76.0%)
31	<b>PIĄSTKA Tomasz</b>	<b>3298</b>	UKS LIDER	Open M	26	01:30:18	<b>02:57:30.50</b>	<b>02:57:30.50</b>	+00:42:29 (23.9%)	6:07	9.8 (76.0%)
32	<b>SOBCZAK Grzegorz</b>	<b>3356</b>		Open M	27	01:28:08	<b>02:58:30.25</b>	<b>02:58:30.25</b>	+00:43:28 (24.4%)	6:09	9.7 (75.2%)
33	<b>KUSAL Tomasz</b>	<b>3210</b>	OMASZ.TEAM	Open M	28	01:30:15	<b>02:58:34.40</b>	<b>02:58:34.40</b>	+00:43:32 (24.4%)	6:09	9.7 (75.2%)
34	<b>SIMKA Kamil</b>	<b>3344</b>	FORREST GUMP TEAM	Open M	29	01:29:22	<b>02:58:43.65</b>	<b>02:58:43.65</b>	+00:43:42 (24.5%)	6:09	9.7 (75.2%)
35	<b>SZYMAŃSKI Kacper</b>	<b>3384</b>		Open M	30	01:36:52	<b>02:59:03.40</b>	<b>02:59:03.40</b>	+00:44:01 (24.6%)	6:10	9.7 (75.2%)
36	<b>GALEWSKI Adrian</b>	<b>3087</b>		Open M	31	01:30:48	<b>02:59:09.60</b>	<b>02:59:09.60</b>	+00:44:08 (24.6%)	6:10	9.7 (75.2%)
37	<b>SZTORC Joanna</b>	<b>3379</b>		Open K	6	01:37:03	<b>02:59:35.30</b>	<b>02:59:35.30</b>	+00:44:33 (24.8%)	6:11	9.7 (75.2%)
38	<b>HOJAN Łukasz</b>	<b>3131</b>	FEHLAU RUN TEAM	Open M	32	01:37:22	<b>03:00:29.00</b>	<b>03:00:29.00</b>	+00:45:27 (25.2%)	6:13	9.6 (74.4%)

Place	Participant	Number	Club	Category	MCat	Przybyszów 15.5km	Net time 29km	Czas brutto 29km	Gap	Pace min/km	Pace km/h
39	<b>BORYCKI Artur</b>	<b>3027</b>		Open M	33	01:39:12	<b>03:00:58.70</b>	<b>03:00:58.70</b>	+00:45:57 (25.4%)	6:14	9.6 (74.4%)
40	<b>DOŁŻYŃSKI Krzysztof</b>	<b>3063</b>	LATAJĄCE KLAPKI KUBOTA	Open M	34		<b>03:01:36.20</b>	<b>03:01:36.20</b>	+00:46:34 (25.6%)	6:15	9.6 (74.4%)
41	<b>WOSKOWICZ Mateusz</b>	<b>3432</b>		Open M	35		<b>03:02:44.60</b>	<b>03:02:44.60</b>	+00:47:43 (26.1%)	6:18	9.5 (73.6%)
42	<b>PODWÓJCI Michał</b>	<b>3309</b>		Open M	36	01:37:17	<b>03:02:59.85</b>	<b>03:02:59.85</b>	+00:47:58 (26.2%)	6:18	9.5 (73.6%)
43	<b>WILK Szymon</b>	<b>3423</b>		Open M	37	01:39:25	<b>03:03:31.05</b>	<b>03:03:31.05</b>	+00:48:29 (26.4%)	6:19	9.5 (73.6%)
44	<b>MATERA Marcin</b>	<b>3243</b>	LOST 66	Open M	38	01:38:31	<b>03:04:24.35</b>	<b>03:04:24.35</b>	+00:49:22 (26.8%)	6:21	9.4 (72.9%)
45	<b>BASAMANIA Krzysztof</b>	<b>3015</b>	LOST 66	Open M	39	01:38:38	<b>03:04:24.45</b>	<b>03:04:24.45</b>	+00:49:23 (26.8%)	6:21	9.4 (72.9%)
46	<b>GAŁUSZKA Tomasz</b>	<b>3090</b>	SKITUROWE BIESZCZADY	Open M	40	01:36:30	<b>03:04:29.10</b>	<b>03:04:29.10</b>	+00:49:27 (26.8%)	6:21	9.4 (72.9%)
47	<b>SZYMCZAK Bartłomiej</b>	<b>3385</b>	ŻARY RUNNERS TEAM	Open M	41	01:31:02	<b>03:04:34.85</b>	<b>03:04:34.85</b>	+00:49:33 (26.8%)	6:21	9.4 (72.9%)
48	<b>ZALEWSKA Anna</b>	<b>3448</b>	BBL ZDUŃSKA WOLA	Open K	7	01:39:32	<b>03:05:17.95</b>	<b>03:05:17.95</b>	+00:50:16 (27.1%)	6:23	9.4 (72.9%)
49	<b>PATRYN Łukasz</b>	<b>3293</b>	POGÓRZE ULTRA TRAIL	Open M	42	01:25:25	<b>03:05:51.40</b>	<b>03:05:51.40</b>	+00:50:49 (27.4%)	6:24	9.4 (72.9%)
50	<b>PASTUSZAK Mateusz</b>	<b>3292</b>	KTC KROSNO	Open M	43		<b>03:05:59.65</b>	<b>03:05:59.65</b>	+00:50:58 (27.4%)	6:24	9.4 (72.9%)
51	<b>ŚLUSARCZYK Edyta</b>	<b>3387</b>		Open K	8	01:37:27	<b>03:06:16.20</b>	<b>03:06:16.20</b>	+00:51:14 (27.5%)	6:25	9.3 (72.1%)
52	<b>GIEROSZKA Robert</b>	<b>3102</b>	ADS MASNA	Open M	44	01:39:51	<b>03:07:06.60</b>	<b>03:07:06.60</b>	+00:52:05 (27.8%)	6:27	9.3 (72.1%)
53	<b>HALIGOWSKI Karol</b>	<b>3126</b>	STRZYŻÓWSKI KLUB SPORTOWY MK DOJO TEAM	Open M	45	01:30:57	<b>03:07:53.45</b>	<b>03:07:53.45</b>	+00:52:52 (28.1%)	6:28	9.3 (72.1%)
54	<b>JACHYM-DREWNIAK Joanna</b>	<b>3471</b>	CENTRUM ZDROWIA BIEGACZA KRAKÓW	Open K	9	01:40:35	<b>03:08:08.90</b>	<b>03:08:08.90</b>	+00:53:07 (28.2%)	6:29	9.2 (71.3%)
55	<b>WITEK Aleksandra</b>	<b>3427</b>		Open K	10	01:40:41	<b>03:09:37.85</b>	<b>03:09:37.85</b>	+00:54:36 (28.8%)	6:32	9.2 (71.3%)
56	<b>PIWOWARSKI Sławomir</b>	<b>3306</b>		Open M	46	01:29:35	<b>03:10:03.45</b>	<b>03:10:03.45</b>	+00:55:02 (29.0%)	6:33	9.2 (71.3%)
57	<b>KOLACHA Patryk</b>	<b>3170</b>	STUDIO GTS	Open M	47	01:40:06	<b>03:10:41.15</b>	<b>03:10:41.15</b>	+00:55:39 (29.2%)	6:34	9.1 (70.5%)
58	<b>KOSTKA Janusz</b>	<b>3185</b>		Open M	48	01:39:00	<b>03:11:02.55</b>	<b>03:11:02.55</b>	+00:56:01 (29.3%)	6:35	9.1 (70.5%)
59	<b>KIEŁBOŃ Ewelina</b>	<b>3158</b>	PRZEWORSKA GRUPA BIEGOWA	Open K	11	01:41:44	<b>03:11:26.40</b>	<b>03:11:26.40</b>	+00:56:24 (29.5%)	6:36	9.1 (70.5%)
60	<b>JEGER Piotr</b>	<b>3146</b>	SKLEP BIEGACZA RUNNING TEAM	Open M	49	01:40:17	<b>03:12:13.05</b>	<b>03:12:13.05</b>	+00:57:11 (29.8%)	6:37	9.1 (70.5%)
61	<b>JASTRZĘBSKI Bartek</b>	<b>3145</b>		Open M	50		<b>03:12:17.45</b>	<b>03:12:17.45</b>	+00:57:16 (29.8%)	6:37	9 (69.8%)

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							time 29km	brutto 29km			
62	<b>KORPAK Piotr</b>	<b>3178</b>		Open M	51	01:40:01	<b>03:12:35.00</b>	<b>03:12:35.00</b>	+00:57:33 (29.9%)	6:38	9 (69.8%)
63	<b>MASIUKIEWICZ Jacek</b>	<b>3240</b>		Open M	52	01:42:29	<b>03:13:08.25</b>	<b>03:13:08.25</b>	+00:58:06 (30.1%)	6:39	9 (69.8%)
64	<b>PLEWA Rafał</b>	<b>3307</b>		Open M	53	01:36:23	<b>03:13:12.80</b>	<b>03:13:12.80</b>	+00:58:11 (30.1%)	6:39	9 (69.8%)
65	<b>MIGDAŁ Katarzyna</b>	<b>3252</b>	SWORDS ATHLETICS	Open K	12	01:41:26	<b>03:13:56.95</b>	<b>03:13:56.95</b>	+00:58:55 (30.4%)	6:41	9 (69.8%)
66	<b>PERNAL Maciej</b>	<b>3296</b>		Open M	54	01:37:12	<b>03:14:01.10</b>	<b>03:14:01.10</b>	+00:58:59 (30.4%)	6:41	9 (69.8%)
67	<b>GOLEC Ireneusz</b>	<b>3108</b>	VEGE RUNNERS / RUCH IZBICA	Open M	55	01:38:02	<b>03:14:41.45</b>	<b>03:14:41.45</b>	+00:59:40 (30.6%)	6:42	8.9 (69.0%)
68	<b>TOPORKIEWICZ Bartosz</b>	<b>3397</b>	TRAIL IS OUR WAY	Open M	56	01:40:11	<b>03:15:50.30</b>	<b>03:15:50.30</b>	+01:00:48 (31.1%)	6:45	8.9 (69.0%)
69	<b>GARCZYŃSKI Darek</b>	<b>3095</b>		Open M	57	01:39:56	<b>03:15:51.45</b>	<b>03:15:51.45</b>	+01:00:50 (31.1%)	6:45	8.9 (69.0%)
70	<b>MIDOR Karolina</b>	<b>3249</b>	OMASZ.TEAM	Open K	13	01:39:46	<b>03:16:05.85</b>	<b>03:16:05.85</b>	+01:01:04 (31.1%)	6:45	8.9 (69.0%)
71	<b>GANCZEWSKI Paweł</b>	<b>3091</b>		Open M	58	01:42:19	<b>03:16:08.90</b>	<b>03:16:08.90</b>	+01:01:07 (31.2%)	6:45	8.9 (69.0%)
72	<b>HURAS Monika</b>	<b>3135</b>	ITMBW KRAKÓW	Open K	14	01:38:16	<b>03:16:43.05</b>	<b>03:16:43.05</b>	+01:01:41 (31.4%)	6:47	8.8 (68.2%)
73	<b>KOWALSKA Agnieszka</b>	<b>3190</b>		Open K	15	01:42:05	<b>03:17:26.35</b>	<b>03:17:26.35</b>	+01:02:24 (31.6%)	6:48	8.8 (68.2%)
74	<b>WITEK Bogdan</b>	<b>3428</b>		Open M	59	01:40:46	<b>03:18:17.75</b>	<b>03:18:17.75</b>	+01:03:16 (31.9%)	6:50	8.8 (68.2%)
75	<b>JADŁOSZ Sławomir</b>	<b>3140</b>	RUSYNLEM	Open M	60	01:42:38	<b>03:19:13.15</b>	<b>03:19:13.15</b>	+01:04:11 (32.2%)	6:52	8.7 (67.4%)
76	<b>PIWKO Maciej</b>	<b>3303</b>		Open M	61	01:41:48	<b>03:19:25.65</b>	<b>03:19:25.65</b>	+01:04:24 (32.3%)	6:52	8.7 (67.4%)
77	<b>JUCHA Rafał</b>	<b>3149</b>		Open M	62	01:42:34	<b>03:20:01.00</b>	<b>03:20:01.00</b>	+01:04:59 (32.5%)	6:53	8.7 (67.4%)
78	<b>KWIECIEŃ Tomek</b>	<b>3211</b>		Open M	63	01:41:52	<b>03:20:11.65</b>	<b>03:20:11.65</b>	+01:05:10 (32.6%)	6:54	8.7 (67.4%)
78	<b>PAĆKO Michał</b>	<b>3285</b>		Open M	63	01:53:16	<b>03:20:11.65</b>	<b>03:20:11.65</b>	+01:05:10 (32.6%)	6:54	8.7 (67.4%)
80	<b>ADAMSKA Zofia</b>	<b>3004</b>		Open K	16	01:42:23	<b>03:20:24.35</b>	<b>03:20:24.35</b>	+01:05:22 (32.6%)	6:54	8.7 (67.4%)
81	<b>KRASOŃ Marcin</b>	<b>3193</b>	SMASHING PĄPKINS / NBR TEAM / OLX TEAM	Open M	65	01:41:14	<b>03:20:48.30</b>	<b>03:20:48.30</b>	+01:05:46 (32.8%)	6:55	8.7 (67.4%)
82	<b>GRANOWSKI Krzysztof</b>	<b>3117</b>		Open M	66	01:38:25	<b>03:22:41.95</b>	<b>03:22:41.95</b>	+01:07:40 (33.4%)	6:59	8.6 (66.7%)
83	<b>DRGAS Patryk</b>	<b>3069</b>	SYNERGIA CROSSCAMP OŁAWA	Open M	67	01:40:29	<b>03:22:44.30</b>	<b>03:22:44.30</b>	+01:07:42 (33.4%)	6:59	8.6 (66.7%)
84	<b>GROMEK Piotr</b>	<b>3118</b>		Open M	68	01:41:32	<b>03:23:40.85</b>	<b>03:23:40.85</b>	+01:08:39 (33.7%)	7:01	8.5 (65.9%)

Place	Participant	Number	Club	Category	MCat	Przybyszów 15.5km	Net	Czas	Gap	Pace min/km	Pace km/h
							time 29km	brutto 29km			
85	<b>DAROWICKI Bartosz</b>	<b>3059</b>		Open M	69	01:38:48	<b>03:24:00.70</b>	<b>03:24:00.70</b>	+01:08:59 (33.8%)	7:02	8.5 (65.9%)
86	<b>WAKOR Pawel</b>	<b>3410</b>		Open M	70	01:43:54	<b>03:24:42.95</b>	<b>03:24:42.95</b>	+01:09:41 (34.0%)	7:03	8.5 (65.9%)
87	<b>KULIK Karolina</b>	<b>3205</b>		Open K	17	02:01:07	<b>03:24:48.15</b>	<b>03:24:48.15</b>	+01:09:46 (34.1%)	7:03	8.5 (65.9%)
88	<b>HARASIMOWICZ Aleksandra</b>	<b>3127</b>	PRZEDWOJEWSKI TEAM	Open K	18	01:42:51	<b>03:25:12.80</b>	<b>03:25:12.80</b>	+01:10:11 (34.2%)	7:04	8.5 (65.9%)
89	<b>CHOJNACKI Mikołaj</b>	<b>3040</b>	WARSAW RUN CLUB	Open M	71	01:52:41	<b>03:25:17.10</b>	<b>03:25:17.10</b>	+01:10:15 (34.2%)	7:04	8.5 (65.9%)
90	<b>KOSIŃSKA Anna</b>	<b>3179</b>		Open K	19	02:02:10	<b>03:25:29.30</b>	<b>03:25:29.30</b>	+01:10:27 (34.3%)	7:05	8.5 (65.9%)
91	<b>RADECKI Wojciech</b>	<b>3320</b>		Open M	72	02:05:34	<b>03:25:40.70</b>	<b>03:25:40.70</b>	+01:10:39 (34.4%)	7:05	8.5 (65.9%)
92	<b>KOPEĆ Karol</b>	<b>3175</b>	MOVADO RUNERS	Open M	73	01:42:43	<b>03:26:10.05</b>	<b>03:26:10.05</b>	+01:11:08 (34.5%)	7:06	8.4 (65.1%)
93	<b>KOCJAN Paweł</b>	<b>3166</b>	KIDS RUN TEAM	Open M	74	01:57:29	<b>03:26:12.70</b>	<b>03:26:12.70</b>	+01:11:11 (34.5%)	7:06	8.4 (65.1%)
94	<b>RATAJCZAK Łukasz</b>	<b>3325</b>	NIGHT RUNNERS	Open M	75	01:42:13	<b>03:27:03.20</b>	<b>03:27:03.20</b>	+01:12:01 (34.8%)	7:08	8.4 (65.1%)
95	<b>MIKOLAJCZYK Lukasz</b>	<b>3253</b>		Open M	76	01:53:38	<b>03:27:10.70</b>	<b>03:27:10.70</b>	+01:12:09 (34.8%)	7:08	8.4 (65.1%)
96	<b>KOLECKI Jakub</b>	<b>3171</b>		Open M	77	01:53:53	<b>03:27:37.25</b>	<b>03:27:37.25</b>	+01:12:35 (35.0%)	7:09	8.4 (65.1%)
97	<b>DRĄG Justyna</b>	<b>3068</b>	INFINITIGYM - ŁUKASZ SZAPORÓW	Open K	20	02:01:59	<b>03:27:40.80</b>	<b>03:27:40.80</b>	+01:12:39 (35.0%)	7:09	8.4 (65.1%)
98	<b>FILIP Mariusz</b>	<b>3079</b>		Open M	78	02:02:35	<b>03:27:50.30</b>	<b>03:27:50.30</b>	+01:12:48 (35.0%)	7:10	8.4 (65.1%)
99	<b>ŚWIĄTEK Monika</b>	<b>3390</b>	ASICSFRONTRUNNER POLAND	Open K	21	01:57:57	<b>03:27:58.85</b>	<b>03:27:58.85</b>	+01:12:57 (35.1%)	7:10	8.4 (65.1%)
100	<b>WYŻKIEWICZ Tomasz</b>	<b>3442</b>	SZYBKIBUT	Open M	79	01:39:41	<b>03:28:01.60</b>	<b>03:28:01.60</b>	+01:13:00 (35.1%)	7:10	8.4 (65.1%)
101	<b>RADOSZEK- ZAKRZYŃSKA Barbara</b>	<b>3321</b>	CSC ADVENTURE ACADEMY	Open K	22	01:54:41	<b>03:28:55.30</b>	<b>03:28:55.30</b>	+01:13:53 (35.4%)	7:12	8.3 (64.3%)
102	<b>MORDARSKA Angelika</b>	<b>3261</b>	#R	Open K	23	02:02:56	<b>03:29:24.75</b>	<b>03:29:24.75</b>	+01:14:23 (35.5%)	7:13	8.3 (64.3%)
103	<b>OWOC Tomasz</b>	<b>3282</b>	PKO BANK POLSKI / ADIDAS RUNNERS WARSAW	Open M	80	01:54:10	<b>03:29:28.60</b>	<b>03:29:28.60</b>	+01:14:27 (35.5%)	7:13	8.3 (64.3%)
104	<b>CHOMIK Rafał</b>	<b>3042</b>	3COACH	Open M	81		<b>03:29:58.40</b>	<b>03:29:58.40</b>	+01:14:56 (35.7%)	7:14	8.3 (64.3%)
105	<b>KRÓL Kamil</b>	<b>3197</b>	IM INSPIRATION	Open M	82	01:38:07	<b>03:30:20.55</b>	<b>03:30:20.55</b>	+01:15:19 (35.8%)	7:15	8.3 (64.3%)
106	<b>HEJDUK Monika</b>	<b>3128</b>	UMCS BIEGA	Open K	24		<b>03:30:25.70</b>	<b>03:30:25.70</b>	+01:15:24 (35.8%)	7:15	8.3 (64.3%)
107	<b>SZCZEPANIAK Jakub</b>	<b>3371</b>		Open M	83		<b>03:31:04.15</b>	<b>03:31:04.15</b>	+01:16:02 (36.0%)	7:16	8.2 (63.6%)

Place	Participant	Number	Club	Category	MCat	Przybyszów 15.5km	Net time 29km	Czas brutto 29km	Gap	Pace min/km	Pace km/h
108	<b>POŚPIECH Michał</b>	<b>3312</b>		Open M	84	01:54:03	<b>03:31:44.25</b>	<b>03:31:44.25</b>	+01:16:42 (36.2%)	7:18	8.2 (63.6%)
109	<b>CZARNIECKI Michał</b>	<b>3053</b>	WOLSKI KOLEKTYW BIEGOWY	Open M	85		<b>03:31:54.55</b>	<b>03:31:54.55</b>	+01:16:53 (36.3%)	7:18	8.2 (63.6%)
110	<b>SALAMON Jarosław</b>	<b>3337</b>		Open M	86	01:42:01	<b>03:32:02.85</b>	<b>03:32:02.85</b>	+01:17:01 (36.3%)	7:18	8.2 (63.6%)
111	<b>KURPISZ Aniela</b>	<b>3209</b>	SWORDS ATHLETICS	Open K	25	01:53:43	<b>03:32:52.60</b>	<b>03:32:52.60</b>	+01:17:51 (36.6%)	7:20	8.2 (63.6%)
112	<b>KABZIŃSKI Marcin</b>	<b>3151</b>	ANIA I CHŁOPAKI	Open M	87		<b>03:33:01.20</b>	<b>03:33:01.20</b>	+01:17:59 (36.6%)	7:20	8.2 (63.6%)
112	<b>SADAJ Anna</b>	<b>3336</b>	ANIA I CHŁOPAKI	Open K	26	02:03:04	<b>03:33:01.20</b>	<b>03:33:01.20</b>	+01:17:59 (36.6%)	7:20	8.2 (63.6%)
114	<b>PIWKO Wojciech</b>	<b>3304</b>		Open M	88	01:53:10	<b>03:33:05.15</b>	<b>03:33:05.15</b>	+01:18:03 (36.6%)	7:20	8.2 (63.6%)
115	<b>BUCZYŃSKI Michał</b>	<b>3465</b>	CROSS KAMPINOS	Open M	89	02:04:06	<b>03:33:13.55</b>	<b>03:33:13.55</b>	+01:18:12 (36.7%)	7:21	8.2 (63.6%)
116	<b>BLICHARZ Artur</b>	<b>3020</b>		Open M	90	02:03:27	<b>03:33:22.10</b>	<b>03:33:22.10</b>	+01:18:20 (36.7%)	7:21	8.2 (63.6%)
117	<b>WILK Grzegorz</b>	<b>3424</b>	RUN LOVING ANIMALS	Open M	91	01:42:55	<b>03:33:33.00</b>	<b>03:33:33.00</b>	+01:18:31 (36.8%)	7:21	8.1 (62.8%)
118	<b>MATRACKI Sebastian</b>	<b>3245</b>	TREKKING TEAM OSTROWIEC	Open M	92	02:04:37	<b>03:33:45.80</b>	<b>03:33:45.80</b>	+01:18:44 (36.8%)	7:22	8.1 (62.8%)
119	<b>STELMACHOWSKI Leszek</b>	<b>3366</b>	FITNESS SOUL	Open M	93	02:05:09	<b>03:33:48.90</b>	<b>03:33:48.90</b>	+01:18:47 (36.9%)	7:22	8.1 (62.8%)
120	<b>CZERNAK Anna</b>	<b>3056</b>	VEGE RUNNERS / RUCH IZBICA	Open K	27	02:04:51	<b>03:34:02.95</b>	<b>03:34:02.95</b>	+01:19:01 (36.9%)	7:22	8.1 (62.8%)
121	<b>FRYDRYCH Mateusz</b>	<b>3082</b>	PAWKO RUNNER TEAM	Open M	94	02:06:31	<b>03:34:07.25</b>	<b>03:34:07.25</b>	+01:19:05 (36.9%)	7:23	8.1 (62.8%)
122	<b>KOSTKA Małgorzata</b>	<b>3183</b>	CUBE TEAM	Open K	28	01:57:46	<b>03:34:16.25</b>	<b>03:34:16.25</b>	+01:19:14 (37.0%)	7:23	8.1 (62.8%)
122	<b>KOSTKA Andrzej</b>	<b>3184</b>	CUBE TEAM	Open M	95	02:01:19	<b>03:34:16.25</b>	<b>03:34:16.25</b>	+01:19:14 (37.0%)	7:23	8.1 (62.8%)
124	<b>OBRĘCZAREK Jerzy</b>	<b>3278</b>	CROSS KAMPINOS	Open M	96	02:04:30	<b>03:34:49.20</b>	<b>03:34:49.20</b>	+01:19:47 (37.1%)	7:24	8.1 (62.8%)
125	<b>KOCZY-ŁUSIAK Sylwia</b>	<b>3167</b>	3COACH	Open K	29	02:05:57	<b>03:35:20.65</b>	<b>03:35:20.65</b>	+01:20:19 (37.3%)	7:25	8.1 (62.8%)
126	<b>KRÓL Dawid</b>	<b>3196</b>		Open M	97	02:06:08	<b>03:35:30.20</b>	<b>03:35:30.20</b>	+01:20:28 (37.3%)	7:25	8.1 (62.8%)
127	<b>MOŻEJKO Jadwiga</b>	<b>3262</b>	NIEPOŁOMICE BIEGAJĄ	Open K	30	02:10:21	<b>03:35:33.50</b>	<b>03:35:33.50</b>	+01:20:32 (37.4%)	7:25	8.1 (62.8%)
128	<b>BONDAR Krzysztof</b>	<b>3025</b>		Open M	98	02:02:41	<b>03:36:01.65</b>	<b>03:36:01.65</b>	+01:21:00 (37.5%)	7:26	8.1 (62.8%)
129	<b>IDZIK Marcin</b>	<b>3137</b>	KORONA	Open M	99	01:43:06	<b>03:36:11.00</b>	<b>03:36:11.00</b>	+01:21:09 (37.5%)	7:27	8 (62.0%)
130	<b>CZARNECKI Zbigniew</b>	<b>3052</b>	STARE BABICE BIEGAJĄ	Open M	100	02:01:34	<b>03:36:40.30</b>	<b>03:36:40.30</b>	+01:21:38 (37.7%)	7:28	8 (62.0%)

Place	Participant	Number	Club	Category	MCat	Przybyszów 15.5km	Net time 29km	Czas brutto 29km	Gap	Pace min/km	Pace km/h
131	<b>PENCONEK Agata</b>	<b>3295</b>		Open K	31		<b>03:36:46.85</b>	<b>03:36:46.85</b>	+01:21:45 (37.7%)	7:28	8 (62.0%)
132	<b>SZYDŁOWSKI Dawid</b>	<b>3382</b>		Open M	101		<b>03:37:43.10</b>	<b>03:37:43.10</b>	+01:22:41 (38.0%)	7:30	8 (62.0%)
133	<b>GARCZYŃSKA Ania</b>	<b>3094</b>		Open K	32	02:05:02	<b>03:37:52.15</b>	<b>03:37:52.15</b>	+01:22:50 (38.0%)	7:30	8 (62.0%)
134	<b>KNYCH Paweł</b>	<b>3164</b>		Open M	102	01:57:34	<b>03:37:59.35</b>	<b>03:37:59.35</b>	+01:22:57 (38.1%)	7:31	8 (62.0%)
135	<b>ŻUK-LIPIŃSKA Ewelina</b>	<b>3462</b>		Open K	33	02:05:51	<b>03:38:28.05</b>	<b>03:38:28.05</b>	+01:23:26 (38.2%)	7:32	8 (62.0%)
136	<b>WÓŁKIEWICZ Dorota</b>	<b>3437</b>	TEAM ZABIEGANEDNI	Open K	34	02:06:52	<b>03:39:19.25</b>	<b>03:39:19.25</b>	+01:24:17 (38.4%)	7:33	7.9 (61.2%)
137	<b>MAKOWSKI Jarosław</b>	<b>3231</b>		Open M	103	02:04:44	<b>03:39:24.20</b>	<b>03:39:24.20</b>	+01:24:22 (38.5%)	7:33	7.9 (61.2%)
138	<b>SALIK Stanisław</b>	<b>3338</b>		Open M	104	02:05:40	<b>03:39:50.65</b>	<b>03:39:50.65</b>	+01:24:49 (38.6%)	7:34	7.9 (61.2%)
139	<b>ŁYP Michał</b>	<b>3226</b>		Open M	105	02:03:48	<b>03:39:57.50</b>	<b>03:39:57.50</b>	+01:24:56 (38.6%)	7:35	7.9 (61.2%)
140	<b>ŁUSZCZ Paweł</b>	<b>3225</b>	GAMONIUSZE DĘBICA	Open M	106	02:01:39	<b>03:40:55.45</b>	<b>03:40:55.45</b>	+01:25:54 (38.9%)	7:37	7.9 (61.2%)
141	<b>PERLIŃSKI Mirosław</b>	<b>3467</b>	ASSECO ACTIVE TEAM	Open M	107		<b>03:41:09.65</b>	<b>03:41:09.65</b>	+01:26:08 (38.9%)	7:37	7.9 (61.2%)
142	<b>DULIK Arkadiusz</b>	<b>3073</b>		Open M	108	02:02:28	<b>03:41:33.25</b>	<b>03:41:33.25</b>	+01:26:31 (39.1%)	7:38	7.9 (61.2%)
143	<b>BOŻEK Grzegorz</b>	<b>3028</b>	DZIKIE ŻYCIE RUNTEAM	Open M	109	02:03:42	<b>03:41:57.85</b>	<b>03:41:57.85</b>	+01:26:56 (39.2%)	7:39	7.8 (60.5%)
144	<b>FILAK Lukasz</b>	<b>3078</b>	PULPET	Open M	110	02:01:27	<b>03:41:57.95</b>	<b>03:41:57.95</b>	+01:26:56 (39.2%)	7:39	7.8 (60.5%)
145	<b>NABORCZYK Sławomir</b>	<b>3265</b>		Open M	111	02:10:54	<b>03:42:52.05</b>	<b>03:42:52.05</b>	+01:27:50 (39.4%)	7:41	7.8 (60.5%)
146	<b>FRANCZAK Katarzyna</b>	<b>3081</b>		Open K	35	02:07:14	<b>03:43:43.05</b>	<b>03:43:43.05</b>	+01:28:41 (39.6%)	7:42	7.8 (60.5%)
147	<b>FIEBIG Jakub</b>	<b>3077</b>	MAHLERTEAM	Open M	112		<b>03:44:19.75</b>	<b>03:44:19.75</b>	+01:29:18 (39.8%)	7:44	7.8 (60.5%)
148	<b>LEJMAN Adam</b>	<b>3212</b>		Open M	113	02:03:19	<b>03:44:20.60</b>	<b>03:44:20.60</b>	+01:29:19 (39.8%)	7:44	7.8 (60.5%)
149	<b>PAWŁOWSKI Paweł</b>	<b>3294</b>		Open M	114	01:41:40	<b>03:44:27.25</b>	<b>03:44:27.25</b>	+01:29:25 (39.8%)	7:44	7.8 (60.5%)
150	<b>NIESIOBĘDZKA Katarzyna</b>	<b>3270</b>		Open K	36	02:05:15	<b>03:45:02.25</b>	<b>03:45:02.25</b>	+01:30:00 (40.0%)	7:45	7.7 (59.7%)
151	<b>PYSZYNSKI Mariusz</b>	<b>3319</b>	KAMCIA KAMCIA	Open M	115	02:03:09	<b>03:45:13.90</b>	<b>03:45:13.90</b>	+01:30:12 (40.1%)	7:45	7.7 (59.7%)
152	<b>MUCHA Patryk</b>	<b>3263</b>		Open M	116	02:12:56	<b>03:45:31.25</b>	<b>03:45:31.25</b>	+01:30:29 (40.1%)	7:46	7.7 (59.7%)
153	<b>PTAK Paweł</b>	<b>3317</b>		Open M	117	02:07:02	<b>03:45:43.90</b>	<b>03:45:43.90</b>	+01:30:42 (40.2%)	7:47	7.7 (59.7%)

Place	Participant	Number	Club	Category	MCat	Przybyszów 15.5km	Net	Czas	Gap	Pace min/km	Pace km/h
							time 29km	brutto 29km			
154	WYSOCKI Bartosz	3441	KS JANUSZE	Open M	118	02:04:24	<b>03:45:49.45</b>	<b>03:45:49.45</b>	+01:30:48 (40.2%)	7:47	7.7 (59.7%)
155	WYSOCKA Iwona	3440	KS JANUSZE	Open K	37	02:04:16	<b>03:45:49.60</b>	<b>03:45:49.60</b>	+01:30:48 (40.2%)	7:47	7.7 (59.7%)
156	PIĘTKA Marzena	3300	BRAVEHEARTS LEGIONOWO	Open K	38	02:05:45	<b>03:46:07.00</b>	<b>03:46:07.00</b>	+01:31:05 (40.3%)	7:47	7.7 (59.7%)
157	SPORNIAK Krzysztof	3464		Open M	119	02:09:32	<b>03:46:28.80</b>	<b>03:46:28.80</b>	+01:31:27 (40.4%)	7:48	7.7 (59.7%)
158	GARBATY Anna	3093		Open K	39	02:07:37	<b>03:47:01.50</b>	<b>03:47:01.50</b>	+01:32:00 (40.5%)	7:49	7.7 (59.7%)
159	WÓJTOWICZ Robert	3435		Open M	120	02:02:48	<b>03:47:20.45</b>	<b>03:47:20.45</b>	+01:32:19 (40.6%)	7:50	7.7 (59.7%)
160	DRUŻKOWSKA Monika	3070		Open K	40	02:10:41	<b>03:47:22.00</b>	<b>03:47:22.00</b>	+01:32:20 (40.6%)	7:50	7.7 (59.7%)
161	KRUPEJ Michał	3198		Open M	121	02:07:29	<b>03:47:55.25</b>	<b>03:47:55.25</b>	+01:32:53 (40.8%)	7:51	7.6 (58.9%)
162	RUSIN Konrad	3332		Open M	122	02:12:14	<b>03:48:19.55</b>	<b>03:48:19.55</b>	+01:33:18 (40.9%)	7:52	7.6 (58.9%)
163	HETMAŃCZYK Agnieszka	3130	#CZELADZBIEGA	Open K	41	02:09:45	<b>03:48:29.80</b>	<b>03:48:29.80</b>	+01:33:28 (40.9%)	7:52	7.6 (58.9%)
164	PIWOWARCZYK Magdalena	3305		Open K	42	02:11:20	<b>03:48:48.20</b>	<b>03:48:48.20</b>	+01:33:46 (41.0%)	7:53	7.6 (58.9%)
165	WOJDYŁA Wojciech	3430		Open M	123	02:10:03	<b>03:48:54.25</b>	<b>03:48:54.25</b>	+01:33:52 (41.0%)	7:53	7.6 (58.9%)
166	BUGAŁA Robert	3034	SOLIOD HOUSE	Open M	124	02:08:26	<b>03:49:05.95</b>	<b>03:49:05.95</b>	+01:34:04 (41.1%)	7:53	7.6 (58.9%)
167	DYBCZAK Maciej	3074		Open M	125	02:07:08	<b>03:49:15.25</b>	<b>03:49:15.25</b>	+01:34:13 (41.1%)	7:54	7.6 (58.9%)
168	GRYZ Jacek	3120		Open M	126	02:41:25	<b>03:49:17.95</b>	<b>03:49:17.95</b>	+01:34:16 (41.1%)	7:54	7.6 (58.9%)
169	PĘDRAK Łukasz	3297		Open M	127	02:03:55	<b>03:49:26.35</b>	<b>03:49:26.35</b>	+01:34:24 (41.2%)	7:54	7.6 (58.9%)
170	BRYTAŃCZYK Mateusz	3031		Open M	128	01:42:47	<b>03:49:30.85</b>	<b>03:49:30.85</b>	+01:34:29 (41.2%)	7:54	7.6 (58.9%)
171	WIĘCEK Paulina	3422		Open K	43	02:13:05	<b>03:49:40.40</b>	<b>03:49:40.40</b>	+01:34:38 (41.2%)	7:55	7.6 (58.9%)
172	KOWALCZYK Olga	3188	SWORDS ATHLETICS	Open K	44	02:08:32	<b>03:49:48.85</b>	<b>03:49:48.85</b>	+01:34:47 (41.2%)	7:55	7.6 (58.9%)
173	SEREDA Paweł	3340		Open M	129	02:05:26	<b>03:49:52.55</b>	<b>03:49:52.55</b>	+01:34:51 (41.3%)	7:55	7.6 (58.9%)
174	KOWALCZUK Jakub	3186		Open M	130	02:07:43	<b>03:49:54.30</b>	<b>03:49:54.30</b>	+01:34:52 (41.3%)	7:55	7.6 (58.9%)
175	TRZCIŃSKI Marcin	3401		Open M	131	02:06:57	<b>03:50:00.75</b>	<b>03:50:00.75</b>	+01:34:59 (41.3%)	7:55	7.6 (58.9%)
176	GONZALEZ GUILLEN Anabel Berenice	3113		Open K	45	02:33:56	<b>03:50:11.20</b>	<b>03:50:11.20</b>	+01:35:09 (41.3%)	7:56	7.6 (58.9%)



Place	Participant	Number	Club	Category	MCat	Przybyszów 15.5km	Net	Czas	Gap	Pace min/km	Pace km/h
							time 29km	brutto 29km			
177	ZATORSKA Katarzyna	3451	LSYP ACTIVE!	Open K	46	02:09:51	03:50:27.25	03:50:27.25	+01:35:25 (41.4%)	7:56	7.6 (58.9%)
178	WACHOWSKI Piotr	3409		Open M	132	02:08:40	03:50:52.95	03:50:52.95	+01:35:51 (41.5%)	7:57	7.5 (58.1%)
179	NAGORSKI Jacek	3268		Open M	133	02:07:49	03:51:28.45	03:51:28.45	+01:36:27 (41.7%)	7:58	7.5 (58.1%)
180	GUSTAW Malgorzata	3123	HARDE SUKI I WCZASOWICZE	Open K	47	02:10:09	03:51:40.00	03:51:40.00	+01:36:38 (41.7%)	7:59	7.5 (58.1%)
181	RAJCZONEK Rafał	3323	NO FUTURE	Open M	134	02:06:25	03:51:57.20	03:51:57.20	+01:36:55 (41.8%)	7:59	7.5 (58.1%)
182	KOMOROWSKI Łukasz	3173		Open M	135	02:11:13	03:52:05.20	03:52:05.20	+01:37:03 (41.8%)	8:00	7.5 (58.1%)
183	WÓJCIK Grzegorz	3433	BIEGING TEAM ZELÓW	Open M	136	02:11:47	03:52:20.80	03:52:20.80	+01:37:19 (41.9%)	8:00	7.5 (58.1%)
184	HABIB Marek	3125		Open M	137	02:10:26	03:52:42.30	03:52:42.30	+01:37:40 (42.0%)	8:01	7.5 (58.1%)
185	MUZAJ Grzegorz	3264		Open M	138	02:06:13	03:53:01.30	03:53:01.30	+01:37:59 (42.1%)	8:02	7.5 (58.1%)
186	GONCERZEWICZ Anna	3111	ASICS FRONTRUNNER/STARE BABICE BIEGAJĄ	Open K	48	02:34:12	03:53:23.20	03:53:23.20	+01:38:21 (42.1%)	8:02	7.5 (58.1%)
187	JODKO Rafał	3148	OTF	Open M	139	02:06:45	03:53:51.80	03:53:51.80	+01:38:50 (42.3%)	8:03	7.4 (57.4%)
188	FUJA Łukasz	3083	DST	Open M	140	02:09:06	03:54:00.15	03:54:00.15	+01:38:58 (42.3%)	8:04	7.4 (57.4%)
189	PASTORICA Maxime	3290		Open M	141		03:55:01.55	03:55:01.55	+01:40:00 (42.5%)	8:06	7.4 (57.4%)
190	PASTORICA Eugenio	3291		Open M	142	02:09:40	03:55:02.40	03:55:02.40	+01:40:00 (42.6%)	8:06	7.4 (57.4%)
191	PRZYBYLSKA Katarzyna	3315	WITKOWO BIEGA	Open K	49	02:09:27	03:55:08.55	03:55:08.55	+01:40:07 (42.6%)	8:06	7.4 (57.4%)
192	KAWA Wioletta	3156		Open K	50		03:55:13.05	03:55:13.05	+01:40:11 (42.6%)	8:06	7.4 (57.4%)
193	SKRUDLIK Wojciech	3350	NIGHT RUNNERS	Open M	143	02:12:51	03:55:16.70	03:55:16.70	+01:40:15 (42.6%)	8:06	7.4 (57.4%)
194	BAŁABAN Waldemar	3012	BIEGUNY WALBA	Open M	144	02:13:15	03:55:43.30	03:55:43.30	+01:40:41 (42.7%)	8:07	7.4 (57.4%)
195	KRYSA Halina	3199	ROZBIEGANA BABCIA	Open K	51	02:40:41	03:56:20.90	03:56:20.90	+01:41:19 (42.9%)	8:08	7.4 (57.4%)
196	KLUCZYNSKI Grzegorz	3468		Open M	145	02:08:11	03:56:29.80	03:56:29.80	+01:41:28 (42.9%)	8:09	7.4 (57.4%)
197	BABICKA Olga	3006		Open K	52	02:35:36	03:56:33.60	03:56:33.60	+01:41:32 (42.9%)	8:09	7.4 (57.4%)
198	LUBOWIECKA Katarzyna	3221		Open K	53	02:09:20	03:56:55.50	03:56:55.50	+01:41:54 (43.0%)	8:10	7.3 (56.6%)
199	RYSZKO Grzegorz	3334	NEW BALANCE RUN CLUB WARSZAWA	Open M	146	02:04:00	03:56:56.40	03:56:56.40	+01:41:54 (43.0%)	8:10	7.3 (56.6%)

Place	Participant	Number	Club	Category	MCat	Przybyszów 15.5km	Net time 29km	Czas brutto 29km	Gap	Pace min/km	Pace km/h
200	<b>DEC Marzena</b>	<b>3062</b>		Open K	54	02:36:11	<b>03:56:57.65</b>	<b>03:56:57.65</b>	+01:41:56 (43.0%)	8:10	7.3 (56.6%)
201	<b>SIKORSKI Wojciech</b>	<b>3343</b>		Open M	147	02:12:40	<b>03:57:22.10</b>	<b>03:57:22.10</b>	+01:42:20 (43.1%)	8:11	7.3 (56.6%)
202	<b>SMOLIŃSKI Rafał</b>	<b>3353</b>		Open M	148	02:07:20	<b>03:57:45.15</b>	<b>03:57:45.15</b>	+01:42:43 (43.2%)	8:11	7.3 (56.6%)
203	<b>LEŚNIAK Izabela</b>	<b>3220</b>		Open K	55	02:35:58	<b>03:57:50.10</b>	<b>03:57:50.10</b>	+01:42:48 (43.2%)	8:12	7.3 (56.6%)
204	<b>SMOLORZ Kewin</b>	<b>3354</b>		Open M	149	02:08:56	<b>03:57:59.40</b>	<b>03:57:59.40</b>	+01:42:57 (43.3%)	8:12	7.3 (56.6%)
205	<b>GOŁYGOWSKI Łukasz</b>	<b>3109</b>	WITKOWO BIEGA	Open M	150	02:10:30	<b>03:58:04.70</b>	<b>03:58:04.70</b>	+01:43:03 (43.3%)	8:12	7.3 (56.6%)
206	<b>JASKÓLSKA Joanna</b>	<b>3143</b>		Open K	56	02:13:23	<b>03:58:22.15</b>	<b>03:58:22.15</b>	+01:43:20 (43.4%)	8:13	7.3 (56.6%)
207	<b>DANIELXR21 Danielxr21</b>	<b>3058</b>	#R	Open M	151		<b>03:58:43.90</b>	<b>03:58:43.90</b>	+01:43:42 (43.4%)	8:13	7.3 (56.6%)
208	<b>WIETECZA Paweł</b>	<b>3421</b>		Open M	152	02:11:26	<b>03:59:06.65</b>	<b>03:59:06.65</b>	+01:44:05 (43.5%)	8:14	7.3 (56.6%)
209	<b>KISIEL Michał</b>	<b>3161</b>		Open M	153	02:44:05	<b>03:59:12.75</b>	<b>03:59:12.75</b>	+01:44:11 (43.6%)	8:14	7.3 (56.6%)
209	<b>CISKOWSKA Weronika</b>	<b>3045</b>		Open K	57		<b>03:59:12.75</b>	<b>03:59:12.75</b>	+01:44:11 (43.6%)	8:14	7.3 (56.6%)
211	<b>SZELAĞIEWICZ Patrycja</b>	<b>3374</b>		Open K	58	02:33:50	<b>03:59:19.35</b>	<b>03:59:19.35</b>	+01:44:17 (43.6%)	8:15	7.3 (56.6%)
212	<b>ZAPAŚNIK Michał</b>	<b>3450</b>	BIEGIEM PO WINO	Open M	154	02:10:15	<b>03:59:44.25</b>	<b>03:59:44.25</b>	+01:44:42 (43.7%)	8:16	7.3 (56.6%)
213	<b>PASISZ Artur</b>	<b>3289</b>	WOODWARD RUNNERS	Open M	155	02:41:37	<b>04:00:10.30</b>	<b>04:00:10.30</b>	+01:45:08 (43.8%)	8:16	7.2 (55.8%)
214	<b>STANOSZ-CHEŁKOWSKA Aneta</b>	<b>3365</b>	HARDE DZIKI	Open K	59	02:13:10	<b>04:00:12.75</b>	<b>04:00:12.75</b>	+01:45:11 (43.8%)	8:16	7.2 (55.8%)
215	<b>LESZCZYŃSKI Paweł</b>	<b>3218</b>	LASY WAWERSKIE	Open M	156	02:43:21	<b>04:00:36.90</b>	<b>04:00:36.90</b>	+01:45:35 (43.9%)	8:17	7.2 (55.8%)
216	<b>CERAN Artur</b>	<b>3037</b>		Open M	157	02:10:35	<b>04:01:51.65</b>	<b>04:01:51.65</b>	+01:46:50 (44.2%)	8:20	7.2 (55.8%)
217	<b>KRAKOŚ Konrad</b>	<b>3192</b>		Open M	158	02:08:06	<b>04:02:10.55</b>	<b>04:02:10.55</b>	+01:47:09 (44.2%)	8:21	7.2 (55.8%)
218	<b>MALINOWSKI Tomasz Malinowski</b>	<b>3235</b>	UKS LIDER SIERCZA	Open M	159		<b>04:02:39.45</b>	<b>04:02:39.45</b>	+01:47:38 (44.4%)	8:22	7.2 (55.8%)
218	<b>TARNAWSKA Anna</b>	<b>3392</b>	UKS LIDER SIERCZA	Open K	60	02:35:43	<b>04:02:39.45</b>	<b>04:02:39.45</b>	+01:47:38 (44.4%)	8:22	7.2 (55.8%)
218	<b>SOWA-LEWANDOWSKA Katarzyna</b>	<b>3360</b>	UKS LIDER/ TECHNIKAM	Open K	60	02:34:02	<b>04:02:39.45</b>	<b>04:02:39.45</b>	+01:47:38 (44.4%)	8:22	7.2 (55.8%)
221	<b>KOISZEWSKI Krzysztof</b>	<b>3169</b>	KLUB 42,2 LĘBORK	Open M	160	02:43:02	<b>04:02:59.40</b>	<b>04:02:59.40</b>	+01:47:57 (44.4%)	8:22	7.2 (55.8%)
222	<b>KOISZEWSKA Izabela</b>	<b>3168</b>	KLUB 42,2 LĘBORK	Open K	62	02:43:17	<b>04:02:59.60</b>	<b>04:02:59.60</b>	+01:47:58 (44.4%)	8:22	7.2 (55.8%)

Place	Participant	Number	Club	Category	MCat	Przybyszów 15.5km	Net	Czas	Gap	Pace min/km	Pace km/h
							time 29km	brutto 29km			
223	<b>GLINKOWSKA Monika</b>	<b>3103</b>		Open K	63	02:45:16	<b>04:03:03.30</b>	<b>04:03:03.30</b>	+01:48:01 (44.4%)	8:22	7.2 (55.8%)
224	<b>KIFNER Hubert</b>	<b>3159</b>	BIEGIEM PO WINO	Open M	161	02:08:45	<b>04:03:24.40</b>	<b>04:03:24.40</b>	+01:48:22 (44.5%)	8:23	7.1 (55.0%)
225	<b>MISIUREWICZ Rozanna</b>	<b>3259</b>		Open K	64	02:11:33	<b>04:03:38.35</b>	<b>04:03:38.35</b>	+01:48:36 (44.6%)	8:24	7.1 (55.0%)
226	<b>GOMUŁKA Katarzyna</b>	<b>3110</b>	GORLICKA GRUPA BIEGOWA	Open K	65	02:11:06	<b>04:03:41.05</b>	<b>04:03:41.05</b>	+01:48:39 (44.6%)	8:24	7.1 (55.0%)
227	<b>NIEDZIELA Wiktor</b>	<b>3269</b>		Open M	162	02:11:00	<b>04:03:42.95</b>	<b>04:03:42.95</b>	+01:48:41 (44.6%)	8:24	7.1 (55.0%)
228	<b>RYBACZUK Ewelina</b>	<b>3333</b>		Open K	66	02:42:16	<b>04:04:00.05</b>	<b>04:04:00.05</b>	+01:48:58 (44.7%)	8:24	7.1 (55.0%)
229	<b>KUBRAK Wojciech</b>	<b>3202</b>		Open M	163	02:41:04	<b>04:04:00.20</b>	<b>04:04:00.20</b>	+01:48:58 (44.7%)	8:24	7.1 (55.0%)
230	<b>MIERZYŃSKI Rafał</b>	<b>3251</b>	BIEGING TEAM ZELÓW	Open M	164	02:12:09	<b>04:04:46.05</b>	<b>04:04:46.05</b>	+01:49:44 (44.8%)	8:26	7.1 (55.0%)
231	<b>MARCINIAK Tomasz</b>	<b>3239</b>		Open M	165	02:42:11	<b>04:04:48.05</b>	<b>04:04:48.05</b>	+01:49:46 (44.8%)	8:26	7.1 (55.0%)
232	<b>ZAWADZKI Piotr</b>	<b>3452</b>		Open M	166		<b>04:05:15.10</b>	<b>04:05:15.10</b>	+01:50:13 (44.9%)	8:27	7.1 (55.0%)
233	<b>TYLKA Gosia</b>	<b>3403</b>		Open K	67	02:43:39	<b>04:05:42.00</b>	<b>04:05:42.00</b>	+01:50:40 (45.0%)	8:28	7.1 (55.0%)
234	<b>MALARA Anna</b>	<b>3233</b>	3COACH	Open K	68	02:11:54	<b>04:06:00.25</b>	<b>04:06:00.25</b>	+01:50:58 (45.1%)	8:28	7.1 (55.0%)
235	<b>CZAPLIŃSKIA Wioletta</b>	<b>3051</b>		Open K	69	02:43:57	<b>04:06:44.75</b>	<b>04:06:44.75</b>	+01:51:43 (45.3%)	8:30	7.1 (55.0%)
236	<b>CZUPIK Jerzy</b>	<b>3057</b>	RUSYN-LEM	Open M	167	02:07:54	<b>04:06:48.05</b>	<b>04:06:48.05</b>	+01:51:46 (45.3%)	8:30	7.1 (55.0%)
237	<b>CHODZIŃSKA Mariola</b>	<b>3039</b>		Open K	70		<b>04:06:59.15</b>	<b>04:06:59.15</b>	+01:51:57 (45.3%)	8:31	7 (54.3%)
238	<b>HUSIATYNSKI Maciej</b>	<b>3136</b>		Open M	168	02:50:13	<b>04:07:12.95</b>	<b>04:07:12.95</b>	+01:52:11 (45.4%)	8:31	7 (54.3%)
239	<b>CIURYK-KOSOWSKA Julia</b>	<b>3046</b>	RUSYNLEM	Open K	71	02:12:26	<b>04:07:33.90</b>	<b>04:07:33.90</b>	+01:52:32 (45.5%)	8:32	7 (54.3%)
239	<b>KOSOWSKI Seweryn</b>	<b>3182</b>	KOSATEAM / RUSYNLEM	Open M	169		<b>04:07:33.90</b>	<b>04:07:33.90</b>	+01:52:32 (45.5%)	8:32	7 (54.3%)
241	<b>KUCHARSKI Lukasz</b>	<b>3203</b>		Open M	170	02:45:11	<b>04:07:42.75</b>	<b>04:07:42.75</b>	+01:52:41 (45.5%)	8:32	7 (54.3%)
242	<b>BŁASZCZAK Anna</b>	<b>3021</b>		Open K	72	02:45:03	<b>04:07:42.90</b>	<b>04:07:42.90</b>	+01:52:41 (45.5%)	8:32	7 (54.3%)
243	<b>OLZACKI Piotr</b>	<b>3281</b>		Open M	171	02:42:50	<b>04:07:55.35</b>	<b>04:07:55.35</b>	+01:52:53 (45.5%)	8:32	7 (54.3%)
244	<b>RZESZOWSKI Tomasz</b>	<b>3335</b>	MIRAZ RACE TEAM	Open M	172	02:41:29	<b>04:08:16.15</b>	<b>04:08:16.15</b>	+01:53:14 (45.6%)	8:33	7 (54.3%)
245	<b>STOLARZ Marta</b>	<b>3367</b>	NIEPOŁOMICE BIEGAJĄ	Open K	73	02:44:54	<b>04:09:18.15</b>	<b>04:09:18.15</b>	+01:54:16 (45.8%)	8:35	7 (54.3%)

Place	Participant	Number	Club	Category	MCat	Przybyszów 15.5km	Net time 29km	Czas brutto 29km	Gap	Pace min/km	Pace km/h
246	<b>DOMINIAK Emilia</b>	<b>3064</b>		Open K	74	02:44:27	<b>04:09:19.70</b>	<b>04:09:19.70</b>	+01:54:18 (45.8%)	8:35	7 (54.3%)
247	<b>BAJOŁEK Aleksandra</b>	<b>3009</b>	AZS AWF KRAKOW MASTERS	Open K	75	02:51:39	<b>04:09:27.05</b>	<b>04:09:27.05</b>	+01:54:25 (45.9%)	8:36	7 (54.3%)
248	<b>GŁUSZKOWSKA Monika</b>	<b>3105</b>	TEAMZABIEGANEDNI	Open K	76	02:11:42	<b>04:09:42.20</b>	<b>04:09:42.20</b>	+01:54:40 (45.9%)	8:36	7 (54.3%)
249	<b>CZEKAJ Szymon</b>	<b>3054</b>		Open M	173	03:18:14	<b>04:09:48.10</b>	<b>04:09:48.10</b>	+01:54:46 (45.9%)	8:36	7 (54.3%)
250	<b>KIM Renata</b>	<b>3160</b>	TEAM ZABIEGANEDNI	Open K	77	02:44:14	<b>04:10:01.05</b>	<b>04:10:01.05</b>	+01:54:59 (46.0%)	8:37	7 (54.3%)
251	<b>KORPAK Marta</b>	<b>3177</b>		Open K	78	02:55:29	<b>04:10:30.95</b>	<b>04:10:30.95</b>	+01:55:29 (46.1%)	8:38	6.9 (53.5%)
252	<b>BRUSIŁO Bartosz</b>	<b>3030</b>		Open M	174	02:36:44	<b>04:10:58.65</b>	<b>04:10:58.65</b>	+01:55:57 (46.2%)	8:39	6.9 (53.5%)
253	<b>BIEDROŃ Artur</b>	<b>3017</b>	ERP HEART TEAM	Open M	175	02:52:36	<b>04:11:14.65</b>	<b>04:11:14.65</b>	+01:56:13 (46.3%)	8:39	6.9 (53.5%)
254	<b>MAKSYMIUK Magdalena</b>	<b>3232</b>		Open K	79	02:42:38	<b>04:11:24.80</b>	<b>04:11:24.80</b>	+01:56:23 (46.3%)	8:40	6.9 (53.5%)
255	<b>REKOSIEWICZ-TOKARZ Monika</b>	<b>3326</b>	ZAWADZKA TEAM	Open K	80	02:50:47	<b>04:11:31.15</b>	<b>04:11:31.15</b>	+01:56:29 (46.3%)	8:40	6.9 (53.5%)
256	<b>GIERAŁT Urszula</b>	<b>3099</b>		Open K	81	02:41:52	<b>04:11:38.00</b>	<b>04:11:38.00</b>	+01:56:36 (46.3%)	8:40	6.9 (53.5%)
257	<b>CZAJA Paweł</b>	<b>3049</b>		Open M	176	02:36:18	<b>04:11:42.05</b>	<b>04:11:42.05</b>	+01:56:40 (46.4%)	8:40	6.9 (53.5%)
258	<b>CZAJKA Agata</b>	<b>3050</b>	WSL	Open K	82	02:37:06	<b>04:11:54.00</b>	<b>04:11:54.00</b>	+01:56:52 (46.4%)	8:41	6.9 (53.5%)
259	<b>STAMM Tomasz</b>	<b>3363</b>		Open M	177	02:37:16	<b>04:12:37.35</b>	<b>04:12:37.35</b>	+01:57:35 (46.6%)	8:42	6.9 (53.5%)
260	<b>GRANOWSKA Marta</b>	<b>3116</b>		Open K	83	02:40:35	<b>04:12:46.55</b>	<b>04:12:46.55</b>	+01:57:45 (46.6%)	8:42	6.9 (53.5%)
261	<b>MICHALCZYK Anna</b>	<b>3248</b>	NAPRZÓD MŁOCINY	Open K	84	02:51:50	<b>04:13:20.40</b>	<b>04:13:20.40</b>	+01:58:18 (46.7%)	8:44	6.9 (53.5%)
262	<b>LEJMAN-KUDŁA Kamila</b>	<b>3213</b>		Open K	85	02:45:31	<b>04:13:25.70</b>	<b>04:13:25.70</b>	+01:58:24 (46.7%)	8:44	6.9 (53.5%)
263	<b>OLSZEWSKI Kamil</b>	<b>3280</b>		Open M	178	02:34:32	<b>04:13:42.75</b>	<b>04:13:42.75</b>	+01:58:41 (46.8%)	8:44	6.9 (53.5%)
264	<b>STABRAWA Marcin</b>	<b>3362</b>		Open M	179	02:35:18	<b>04:13:43.05</b>	<b>04:13:43.05</b>	+01:58:41 (46.8%)	8:44	6.9 (53.5%)
265	<b>ZIĘBA Anna</b>	<b>3455</b>		Open K	86	02:53:54	<b>04:14:13.05</b>	<b>04:14:13.05</b>	+01:59:11 (46.9%)	8:45	6.8 (52.7%)
266	<b>BUGAJCZYK Cezary</b>	<b>3033</b>	SPARTA LUBLIN	Open M	180	02:52:05	<b>04:15:15.05</b>	<b>04:15:15.05</b>	+02:00:13 (47.1%)	8:48	6.8 (52.7%)
267	<b>PABIAŃCZYK Małgorzata</b>	<b>3284</b>		Open K	87	02:50:04	<b>04:15:39.65</b>	<b>04:15:39.65</b>	+02:00:38 (47.2%)	8:48	6.8 (52.7%)
268	<b>MAŁECKA-NOWAK Natalia</b>	<b>3236</b>	RUSYNLEM	Open K	88	02:53:44	<b>04:16:05.60</b>	<b>04:16:05.60</b>	+02:01:04 (47.3%)	8:49	6.8 (52.7%)

Place	Participant	Number	Club	Category	MCat	Przybyszów 15.5km	Net	Czas	Gap	Pace min/km	Pace km/h
							time 29km	brutto 29km			
269	<b>CIERPIAŁ Karolina</b>	<b>3044</b>		Open K	89	02:41:17	<b>04:16:19.70</b>	<b>04:16:19.70</b>	+02:01:18 (47.3%)	8:50	6.8 (52.7%)
270	<b>LESZCZYŃSKI Bartek</b>	<b>3219</b>		Open M	181	02:40:52	<b>04:16:27.95</b>	<b>04:16:27.95</b>	+02:01:26 (47.4%)	8:50	6.8 (52.7%)
271	<b>BIŻEK Katarzyna</b>	<b>3019</b>	SPARTA	Open K	90	02:44:21	<b>04:16:31.90</b>	<b>04:16:31.90</b>	+02:01:30 (47.4%)	8:50	6.8 (52.7%)
272	<b>PIĘTKA Wojciech</b>	<b>3299</b>		Open M	182	02:57:08	<b>04:16:44.15</b>	<b>04:16:44.15</b>	+02:01:42 (47.4%)	8:51	6.8 (52.7%)
273	<b>WRZESIAK Marcin</b>	<b>3438</b>	BIEGING TEAM ZELÓW	Open M	183	02:12:46	<b>04:16:45.20</b>	<b>04:16:45.20</b>	+02:01:43 (47.4%)	8:51	6.8 (52.7%)
274	<b>DZIŻA-URBANIAK Natalia</b>	<b>3075</b>		Open K	91		<b>04:16:45.80</b>	<b>04:16:45.80</b>	+02:01:44 (47.4%)	8:51	6.8 (52.7%)
275	<b>ZAJDEL Szczepan</b>	<b>3446</b>		Open M	184	02:42:32	<b>04:16:59.85</b>	<b>04:16:59.85</b>	+02:01:58 (47.5%)	8:51	6.8 (52.7%)
276	<b>SZCZECHLA-RUCHAŁA Anna</b>	<b>3370</b>		Open K	92	02:54:46	<b>04:17:03.95</b>	<b>04:17:03.95</b>	+02:02:02 (47.5%)	8:51	6.8 (52.7%)
277	<b>SKĄPSKI Ksawery</b>	<b>3347</b>	BWRUNNERS	Open M	185	02:50:32	<b>04:17:12.25</b>	<b>04:17:12.25</b>	+02:02:10 (47.5%)	8:52	6.8 (52.7%)
278	<b>JURYŚ Sławomir</b>	<b>3150</b>	JSYSTEM	Open M	186	02:52:43	<b>04:17:14.00</b>	<b>04:17:14.00</b>	+02:02:12 (47.5%)	8:52	6.8 (52.7%)
279	<b>OZIMINA Samuel</b>	<b>3283</b>		Open M	187	02:55:42	<b>04:17:30.55</b>	<b>04:17:30.55</b>	+02:02:29 (47.6%)	8:52	6.8 (52.7%)
280	<b>TWARDZIK Laura</b>	<b>3402</b>		Open K	93	02:57:56	<b>04:17:30.60</b>	<b>04:17:30.60</b>	+02:02:29 (47.6%)	8:52	6.8 (52.7%)
281	<b>SKRZYPEK Robert</b>	<b>3351</b>	BIEGNIJ Z PROSERVICE	Open M	188	02:49:52	<b>04:18:11.45</b>	<b>04:18:11.45</b>	+02:03:10 (47.7%)	8:54	6.7 (51.9%)
282	<b>TOMAKA Jadwiga</b>	<b>3396</b>	SZKÓŁKA ROLKOWA WODZU	Open K	94	02:57:29	<b>04:18:57.75</b>	<b>04:18:57.75</b>	+02:03:56 (47.9%)	8:55	6.7 (51.9%)
283	<b>SIOREK Katarzyna</b>	<b>3346</b>	WILQ TEAM	Open K	95	02:57:40	<b>04:19:13.05</b>	<b>04:19:13.05</b>	+02:04:11 (47.9%)	8:56	6.7 (51.9%)
284	<b>CYGAN Anna</b>	<b>3047</b>	BLACK HAT ULTRA	Open K	96	02:52:48	<b>04:19:15.95</b>	<b>04:19:15.95</b>	+02:04:14 (47.9%)	8:56	6.7 (51.9%)
285	<b>GACKA Wioleta</b>	<b>3084</b>		Open K	97	02:57:04	<b>04:19:19.35</b>	<b>04:19:19.35</b>	+02:04:17 (47.9%)	8:56	6.7 (51.9%)
286	<b>GARBACZ Kamila</b>	<b>3092</b>		Open K	98	02:57:26	<b>04:19:42.80</b>	<b>04:19:42.80</b>	+02:04:41 (48.0%)	8:57	6.7 (51.9%)
287	<b>WIEKIERA Michał</b>	<b>3419</b>		Open M	189	02:36:36	<b>04:19:46.80</b>	<b>04:19:46.80</b>	+02:04:45 (48.0%)	8:57	6.7 (51.9%)
288	<b>SORNAT Mariusz</b>	<b>3359</b>		Open M	190		<b>04:19:47.00</b>	<b>04:19:47.00</b>	+02:04:45 (48.0%)	8:57	6.7 (51.9%)
289	<b>MATHIEU Aoutin</b>	<b>3244</b>		Open M	191	02:36:51	<b>04:19:47.30</b>	<b>04:19:47.30</b>	+02:04:45 (48.0%)	8:57	6.7 (51.9%)
290	<b>LEPAK Aleksandra</b>	<b>3216</b>		Open K	99	02:44:47	<b>04:20:23.65</b>	<b>04:20:23.65</b>	+02:05:22 (48.1%)	8:58	6.7 (51.9%)
291	<b>URBANOWICZ Piotr</b>	<b>3407</b>		Open M	192		<b>04:20:29.00</b>	<b>04:20:29.00</b>	+02:05:27 (48.2%)	8:58	6.7 (51.9%)

Place	Participant	Number	Club	Category	MCat	Przybyszów 15.5km	Net	Czas	Gap	Pace min/km	Pace km/h
							time 29km	brutto 29km			
292	<b>NIKLEWICZ Zdzisław</b>	<b>3271</b>		Open M	193	02:54:53	<b>04:20:46.10</b>	<b>04:20:46.10</b>	+02:05:44 (48.2%)	8:59	6.7 (51.9%)
293	<b>WIERZBICKA Ewa</b>	<b>3420</b>		Open K	100	02:55:55	<b>04:20:55.30</b>	<b>04:20:55.30</b>	+02:05:53 (48.3%)	8:59	6.7 (51.9%)
294	<b>MASZKOWSKA Anna</b>	<b>3241</b>		Open K	101	03:01:14	<b>04:21:08.45</b>	<b>04:21:08.45</b>	+02:06:07 (48.3%)	9:00	6.7 (51.9%)
295	<b>KOPAŃSKI Damian</b>	<b>3174</b>		Open M	194	02:42:44	<b>04:21:34.40</b>	<b>04:21:34.40</b>	+02:06:32 (48.4%)	9:01	6.7 (51.9%)
296	<b>GOLA Karolina</b>	<b>3107</b>		Open K	102	02:58:55	<b>04:22:09.75</b>	<b>04:22:09.75</b>	+02:07:08 (48.5%)	9:02	6.6 (51.2%)
297	<b>MIROWSKI Mariusz</b>	<b>3258</b>		Open M	195	03:23:09	<b>04:22:28.20</b>	<b>04:22:28.20</b>	+02:07:26 (48.6%)	9:03	6.6 (51.2%)
298	<b>GWIZDŹ Karolina</b>	<b>3124</b>	BESKIDZKIE RYSIE RUNNING TEAM	Open K	103	02:57:17	<b>04:22:35.05</b>	<b>04:22:35.05</b>	+02:07:33 (48.6%)	9:03	6.6 (51.2%)
299	<b>MIKOSZ Marta</b>	<b>3255</b>		Open K	104	02:52:52	<b>04:22:40.85</b>	<b>04:22:40.85</b>	+02:07:39 (48.6%)	9:03	6.6 (51.2%)
300	<b>NOWAK Piotr</b>	<b>3275</b>		Open M	196	02:43:44	<b>04:22:41.75</b>	<b>04:22:41.75</b>	+02:07:40 (48.6%)	9:03	6.6 (51.2%)
301	<b>BOGDAŃSKA Katarzyna</b>	<b>3023</b>		Open K	105	02:54:40	<b>04:22:43.50</b>	<b>04:22:43.50</b>	+02:07:42 (48.6%)	9:03	6.6 (51.2%)
302	<b>MILEWSKA Dominika</b>	<b>3256</b>		Open K	106	02:54:16	<b>04:22:43.70</b>	<b>04:22:43.70</b>	+02:07:42 (48.6%)	9:03	6.6 (51.2%)
303	<b>MASZKOWSKI Rafał</b>	<b>3242</b>		Open M	197	03:01:21	<b>04:22:51.35</b>	<b>04:22:51.35</b>	+02:07:49 (48.6%)	9:03	6.6 (51.2%)
304	<b>GORAJEK Michał</b>	<b>3114</b>	ALA&LILA	Open M	198	02:51:58	<b>04:22:58.80</b>	<b>04:22:58.80</b>	+02:07:57 (48.7%)	9:04	6.6 (51.2%)
305	<b>WINIARCZYK Łukasz</b>	<b>3425</b>	MIKI&OLUŚ&REMUŚ	Open M	199	02:50:23	<b>04:22:58.95</b>	<b>04:22:58.95</b>	+02:07:57 (48.7%)	9:04	6.6 (51.2%)
306	<b>TYMBURSKI Michał</b>	<b>3405</b>	SPARTA LUBLIN	Open M	200	02:52:27	<b>04:23:15.30</b>	<b>04:23:15.30</b>	+02:08:13 (48.7%)	9:04	6.6 (51.2%)
307	<b>CHMURA-SKERCZYŃSKA Natalia</b>	<b>3038</b>		Open K	107	03:00:28	<b>04:24:11.55</b>	<b>04:24:11.55</b>	+02:09:10 (48.9%)	9:06	6.6 (51.2%)
308	<b>KOSIŃSKI Tomasz</b>	<b>3180</b>		Open M	201	03:00:23	<b>04:24:11.70</b>	<b>04:24:11.70</b>	+02:09:10 (48.9%)	9:06	6.6 (51.2%)
309	<b>POŹNIAK-STYCZYŃSKA Maja</b>	<b>3314</b>	DDC	Open K	108	02:57:00	<b>04:24:34.50</b>	<b>04:24:34.50</b>	+02:09:33 (49.0%)	9:07	6.6 (51.2%)
310	<b>CIBORSKA Agnieszka</b>	<b>3043</b>	NAPRZÓD MŁOCINY	Open K	109	03:01:09	<b>04:25:29.25</b>	<b>04:25:29.25</b>	+02:10:27 (49.1%)	9:09	6.6 (51.2%)
311	<b>ZIÓŁKOWSKA Bożena</b>	<b>3457</b>	BIEGUNY WALBA	Open K	110	02:07:59	<b>04:25:40.10</b>	<b>04:25:40.10</b>	+02:10:38 (49.2%)	9:09	6.5 (50.4%)
312	<b>KAWA Dariusz</b>	<b>3157</b>		Open M	202	02:59:44	<b>04:25:51.85</b>	<b>04:25:51.85</b>	+02:10:50 (49.2%)	9:10	6.5 (50.4%)
313	<b>HOPEK Elżbieta</b>	<b>3134</b>	ULTRAMARYNA	Open K	111	02:59:09	<b>04:28:06.95</b>	<b>04:28:06.95</b>	+02:13:05 (49.6%)	9:14	6.5 (50.4%)
314	<b>HOPEK Tomasz</b>	<b>3133</b>	AZS AWF KRAKÓW MASTERS	Open M	203	02:59:04	<b>04:28:08.20</b>	<b>04:28:08.20</b>	+02:13:06 (49.6%)	9:14	6.5 (50.4%)

Place	Participant	Number	Club	Category	MCat	Przybyszów 15.5km	Net time 29km	Czas brutto 29km	Gap	Pace min/km	Pace km/h
315	<b>WNUK Justyna</b>	<b>3429</b>	HARDE DZIKI	Open K	112	02:57:46	<b>04:28:46.80</b>	<b>04:28:46.80</b>	+02:13:45 (49.8%)	9:16	6.5 (50.4%)
316	<b>BACHÓRZ Agnieszka</b>	<b>3007</b>	ND	Open K	113	03:01:02	<b>04:29:02.90</b>	<b>04:29:02.90</b>	+02:14:01 (49.8%)	9:16	6.5 (50.4%)
317	<b>MADEJ Anna</b>	<b>3227</b>	BESKIDZKIE RYSIE RUNNING TEAM	Open K	114	02:57:36	<b>04:29:12.90</b>	<b>04:29:12.90</b>	+02:14:11 (49.8%)	9:16	6.5 (50.4%)
318	<b>MIKOŁAJCZYK Małgorzata</b>	<b>3254</b>	MIRAZ RACE TEAM	Open K	115	02:59:15	<b>04:30:05.95</b>	<b>04:30:05.95</b>	+02:15:04 (50.0%)	9:18	6.4 (49.6%)
319	<b>SZŁĘZAK Barbara</b>	<b>3376</b>	HARDE SUKI I WCZASOWICZE	Open K	116	02:56:54	<b>04:30:37.40</b>	<b>04:30:37.40</b>	+02:15:35 (50.1%)	9:19	6.4 (49.6%)
320	<b>CERAN Anna</b>	<b>3036</b>	12TRI.PL	Open K	117	02:55:21	<b>04:30:56.35</b>	<b>04:30:56.35</b>	+02:15:54 (50.2%)	9:20	6.4 (49.6%)
321	<b>SZYDLIK Marek</b>	<b>3380</b>		Open M	204	02:55:11	<b>04:32:08.95</b>	<b>04:32:08.95</b>	+02:17:07 (50.4%)	9:23	6.4 (49.6%)
322	<b>WIATRÓW Marcin</b>	<b>3418</b>		Open M	205	03:03:23	<b>04:34:23.75</b>	<b>04:34:23.75</b>	+02:19:22 (50.8%)	9:27	6.3 (48.8%)
323	<b>LEŃCZUK Grażyna</b>	<b>3214</b>	BESKIDZKIE RYSIE RUNNING TEAM	Open K	118	03:00:04	<b>04:35:12.25</b>	<b>04:35:12.25</b>	+02:20:10 (50.9%)	9:29	6.3 (48.8%)
324	<b>LEŃCZUK Andrzej</b>	<b>3215</b>		Open M	206	03:00:13	<b>04:35:18.05</b>	<b>04:35:18.05</b>	+02:20:16 (51.0%)	9:29	6.3 (48.8%)
325	<b>MAJCHROWSKI Marcin</b>	<b>3228</b>	EGGER BISKUPIEC BIEGA	Open M	207	02:01:01	<b>04:35:55.35</b>	<b>04:35:55.35</b>	+02:20:53 (51.1%)	9:30	6.3 (48.8%)
326	<b>NADOBNY Radosław</b>	<b>3267</b>		Open M	208	02:54:09	<b>04:35:55.55</b>	<b>04:35:55.55</b>	+02:20:54 (51.1%)	9:30	6.3 (48.8%)
326	<b>NADOBNA Kamila</b>	<b>3266</b>	STARGARD JA SIĘ NIE SCIGAM	Open K	119	02:54:00	<b>04:35:55.55</b>	<b>04:35:55.55</b>	+02:20:54 (51.1%)	9:30	6.3 (48.8%)
328	<b>KROLIK Roman</b>	<b>3195</b>		Open M	209	01:41:09	<b>04:35:59.15</b>	<b>04:35:59.15</b>	+02:20:57 (51.1%)	9:31	6.3 (48.8%)
329	<b>OGAREK Ania</b>	<b>3279</b>		Open K	120	03:00:37	<b>04:36:43.55</b>	<b>04:36:43.55</b>	+02:21:42 (51.2%)	9:32	6.3 (48.8%)
329	<b>KAPTUR Jarosław</b>	<b>3154</b>	ŻÓRAWSKI TEAM	Open M	210	03:00:58	<b>04:36:43.55</b>	<b>04:36:43.55</b>	+02:21:42 (51.2%)	9:32	6.3 (48.8%)
329	<b>SPRINGER Elżbieta</b>	<b>3361</b>		Open K	120	03:00:44	<b>04:36:43.55</b>	<b>04:36:43.55</b>	+02:21:42 (51.2%)	9:32	6.3 (48.8%)
332	<b>TOCHOWICZ Jacek</b>	<b>3395</b>		Open M	211	03:00:52	<b>04:36:43.70</b>	<b>04:36:43.70</b>	+02:21:42 (51.2%)	9:32	6.3 (48.8%)
333	<b>ŚLIWA Adam</b>	<b>3386</b>		Open M	212	02:43:52	<b>04:36:47.80</b>	<b>04:36:47.80</b>	+02:21:46 (51.2%)	9:32	6.3 (48.8%)
334	<b>CYNARSKI Roland</b>	<b>3048</b>	HAPPY RUNNERS	Open M	213	02:55:04	<b>04:37:06.50</b>	<b>04:37:06.50</b>	+02:22:05 (51.3%)	9:33	6.3 (48.8%)
335	<b>DRAGAN Izabela</b>	<b>3066</b>		Open K	122	01:39:19	<b>04:37:28.75</b>	<b>04:37:28.75</b>	+02:22:27 (51.3%)	9:34	6.3 (48.8%)
336	<b>ROLKA Wiktor</b>	<b>3328</b>		Open M	214	02:55:26	<b>04:37:32.90</b>	<b>04:37:32.90</b>	+02:22:31 (51.4%)	9:34	6.3 (48.8%)
337	<b>ROLKA Aleksandra</b>	<b>3327</b>		Open K	123	02:55:15	<b>04:37:33.05</b>	<b>04:37:33.05</b>	+02:22:31 (51.4%)	9:34	6.3 (48.8%)

Place	Participant	Number	Club	Category	MCat	Przybyszów 15.5km	Net	Czas	Gap	Pace min/km	Pace km/h
							time 29km	brutto 29km			
338	<b>SOŁTYS Teresa</b>	<b>3358</b>		Open K	124	03:19:46	<b>04:37:52.95</b>	<b>04:37:52.95</b>	+02:22:51 (51.4%)	9:34	6.3 (48.8%)
339	<b>BASAK Justyna</b>	<b>3014</b>		Open K	125	03:19:54	<b>04:37:53.15</b>	<b>04:37:53.15</b>	+02:22:51 (51.4%)	9:34	6.3 (48.8%)
340	<b>ŽIŠKA Maciej</b>	<b>3458</b>		Open M	215	03:20:14	<b>04:38:33.05</b>	<b>04:38:33.05</b>	+02:23:31 (51.5%)	9:36	6.2 (48.1%)
341	<b>SMOCZYŃSKI Piotr</b>	<b>3352</b>		Open M	216	03:20:24	<b>04:38:33.20</b>	<b>04:38:33.20</b>	+02:23:31 (51.5%)	9:36	6.2 (48.1%)
342	<b>TROCHANOWSKI Krystian</b>	<b>3399</b>	RUSYNLEM	Open M	217	03:01:36	<b>04:39:07.40</b>	<b>04:39:07.40</b>	+02:24:05 (51.6%)	9:37	6.2 (48.1%)
343	<b>TROCHANOWSKA Katarzyna</b>	<b>3398</b>	RUSYN-LEM	Open K	126	03:01:44	<b>04:39:07.45</b>	<b>04:39:07.45</b>	+02:24:06 (51.6%)	9:37	6.2 (48.1%)
344	<b>TYLMAN Radosław</b>	<b>3404</b>		Open M	218	03:16:44	<b>04:39:33.10</b>	<b>04:39:33.10</b>	+02:24:31 (51.7%)	9:38	6.2 (48.1%)
345	<b>GIERLOTKA Justyna</b>	<b>3101</b>	HARDE SUKI I WCZASOWICZE	Open K	127	03:19:01	<b>04:39:45.95</b>	<b>04:39:45.95</b>	+02:24:44 (51.7%)	9:38	6.2 (48.1%)
346	<b>KASZNIA Ania</b>	<b>3155</b>	HARDE SUKI I WCZASOWICZE	Open K	128	03:18:30	<b>04:39:46.60</b>	<b>04:39:46.60</b>	+02:24:45 (51.7%)	9:38	6.2 (48.1%)
347	<b>GIERLOTKA Maciej</b>	<b>3100</b>	HARDE SUKI I WCZASOWICZE	Open M	219	03:18:53	<b>04:39:47.75</b>	<b>04:39:47.75</b>	+02:24:46 (51.7%)	9:38	6.2 (48.1%)
348	<b>KOZŁOWSKI Tomasz</b>	<b>3191</b>	HARDE SUKI I WCZASOWICZE	Open M	220	03:18:26	<b>04:39:49.10</b>	<b>04:39:49.10</b>	+02:24:47 (51.7%)	9:38	6.2 (48.1%)
349	<b>ŚPIAK-JADŁOSZ Joanna</b>	<b>3389</b>	RUSYN LEM	Open K	129	03:19:32	<b>04:39:59.50</b>	<b>04:39:59.50</b>	+02:24:58 (51.8%)	9:39	6.2 (48.1%)
350	<b>SZYMAŃSKI Mariusz</b>	<b>3383</b>		Open M	221	03:17:58	<b>04:40:26.95</b>	<b>04:40:26.95</b>	+02:25:25 (51.9%)	9:40	6.2 (48.1%)
351	<b>KUPIEC Dariusz</b>	<b>3207</b>	MKB DREPTAK	Open M	222	03:18:04	<b>04:40:27.20</b>	<b>04:40:27.20</b>	+02:25:25 (51.9%)	9:40	6.2 (48.1%)
352	<b>ZACŁONA Krzysztof</b>	<b>3443</b>	SAINT - GOBAIN SQUAD	Open M	223	03:19:13	<b>04:40:59.00</b>	<b>04:40:59.00</b>	+02:25:57 (51.9%)	9:41	6.2 (48.1%)
353	<b>ZGÓRSKI Maciej</b>	<b>3454</b>		Open M	224	03:19:07	<b>04:41:47.95</b>	<b>04:41:47.95</b>	+02:26:46 (52.1%)	9:43	6.2 (48.1%)
354	<b>CHOMIAK Dariusz</b>	<b>3041</b>		Open M	225	03:20:34	<b>04:42:13.60</b>	<b>04:42:13.60</b>	+02:27:12 (52.2%)	9:43	6.2 (48.1%)
355	<b>LESKIW Olga</b>	<b>3217</b>		Open K	130	03:20:49	<b>04:43:53.60</b>	<b>04:43:53.60</b>	+02:28:52 (52.4%)	9:47	6.1 (47.3%)
356	<b>NITSCH Tomasz</b>	<b>3272</b>		Open M	226	03:17:42	<b>04:44:01.30</b>	<b>04:44:01.30</b>	+02:28:59 (52.5%)	9:47	6.1 (47.3%)
357	<b>NITSCH Joanna</b>	<b>3470</b>		Open K	131	03:17:20	<b>04:44:01.35</b>	<b>04:44:01.35</b>	+02:28:59 (52.5%)	9:47	6.1 (47.3%)
358	<b>ZWIEROWICZ Agnieszka</b>	<b>3459</b>		Open K	132		<b>04:44:06.70</b>	<b>04:44:06.70</b>	+02:29:05 (52.5%)	9:47	6.1 (47.3%)
359	<b>SZALSKA Elżbieta</b>	<b>3369</b>		Open K	133	03:01:31	<b>04:44:21.70</b>	<b>04:44:21.70</b>	+02:29:20 (52.5%)	9:48	6.1 (47.3%)
360	<b>GALESKI Stanislaw</b>	<b>3086</b>	KLUB SPORTOWY PSTRONG	Open M	227		<b>04:44:21.75</b>	<b>04:44:21.75</b>	+02:29:20 (52.5%)	9:48	6.1 (47.3%)



Place	Participant	Number	Club	Category	MCat	Przybyszów 15.5km	Net time 29km	Czas brutto 29km	Gap	Pace min/km	Pace km/h
361	ZAJĄC Aga	3444	77CATS_ULTRA	Open K	134	03:17:50	04:44:23.25	04:44:23.25	+02:29:21 (52.5%)	9:48	6.1 (47.3%)
362	WALUGA Michał	3413		Open M	228	03:01:53	04:44:24.00	04:44:24.00	+02:29:22 (52.5%)	9:48	6.1 (47.3%)
363	GAWĘDZKI Rafał	3097		Open M	229	03:03:35	04:45:13.50	04:45:13.50	+02:30:12 (52.7%)	9:50	6.1 (47.3%)
364	IZDEBSKA Renata	3139		Open K	135	03:21:04	04:46:57.15	04:46:57.15	+02:31:55 (52.9%)	9:53	6.1 (47.3%)
365	MIELCZAREK Piotr	3250		Open M	230		04:47:18.15	04:47:18.15	+02:32:16 (53.0%)	9:54	6.1 (47.3%)
366	SZRENIAWA Waldemar	3377	MIRAZ RACE TEAM	Open M	231	03:03:29	04:47:23.35	04:47:23.35	+02:32:21 (53.0%)	9:54	6.1 (47.3%)
367	ISKRA Alicja	3138	MIRAZ RACE TEAM	Open K	136	03:16:32	04:47:23.40	04:47:23.40	+02:32:21 (53.0%)	9:54	6.1 (47.3%)
368	BACZUK Jakub	3008		Open M	232	02:40:26	04:49:13.20	04:49:13.20	+02:34:11 (53.3%)	9:58	6 (46.5%)
369	ROMANOWSKI Krystian	3330	OTF	Open M	233	03:02:01	04:51:18.70	04:51:18.70	+02:36:17 (53.6%)	10:02	6 (46.5%)
370	KOŁACIŃSKA Ewelina	3172	LEŚNE SZYCHY	Open K	137	03:21:37	04:51:37.05	04:51:37.05	+02:36:35 (53.7%)	10:03	6 (46.5%)
371	BAJUS Aleksandra	3010	RUSYNLEM	Open K	138	03:19:25	04:53:51.90	04:53:51.90	+02:38:50 (54.1%)	10:07	5.9 (45.7%)
372	WÓJTOWICZ Izabela	3436		Open K	139	03:23:19	04:54:10.45	04:54:10.45	+02:39:09 (54.1%)	10:08	5.9 (45.7%)
373	SIKORA Małgorzata	3342		Open K	140	03:23:03	04:54:25.65	04:54:25.65	+02:39:24 (54.1%)	10:09	5.9 (45.7%)
374	BAJUS-LEWKOWICZ Oksana	3011	RUSYNLEM	Open K	141	03:19:38	04:55:26.10	04:55:26.10	+02:40:24 (54.3%)	10:11	5.9 (45.7%)
375	TARNOWSKI Paweł	3393	BRACHTWO BIEGOWE BGK	Open M	234	03:22:03	04:56:58.45	04:56:58.45	+02:41:57 (54.5%)	10:14	5.9 (45.7%)
376	JĘDRZEJEK Kinga	3147	HAPPY RUNNERS	Open K	142	03:21:42	04:56:58.75	04:56:58.75	+02:41:57 (54.5%)	10:14	5.9 (45.7%)
377	BIELIŃSKI Michał	3018	WERAARMY	Open M	235	03:20:59	04:57:21.45	04:57:21.45	+02:42:20 (54.6%)	10:15	5.9 (45.7%)
378	BOLIGŁOWA Małgorzata	3024		Open K	143	03:02:08	04:57:36.00	04:57:36.00	+02:42:34 (54.6%)	10:15	5.8 (45.0%)
379	CZEKAJ Katarzyna	3055		Open K	144	03:16:37	04:57:36.05	04:57:36.05	+02:42:34 (54.6%)	10:15	5.8 (45.0%)
380	BRZESKA Edyta	3032	ŁOMIANKOWSKA GRUPA BIEGOWA	Open K	145	03:18:42	04:58:16.30	04:58:16.30	+02:43:14 (54.7%)	10:17	5.8 (45.0%)
381	GRZYWIŃSKA-MIERZEJEWSKA Monika	3122		Open K	146	03:21:34	04:58:16.40	04:58:16.40	+02:43:14 (54.7%)	10:17	5.8 (45.0%)
382	DOMINIAK-LESZCZYŃSKA Elżbieta	3065	LASY WAWERSKIE	Open K	147	03:22:49	04:58:39.40	04:58:39.40	+02:43:37 (54.8%)	10:17	5.8 (45.0%)
<b>Przekroczony limit czasu: 05:00:00</b>											
383	PODGÓRSKA Agata	3308	KLUB SPORTOWY HUSARIA SZCZECINEK	Open K	148		05:00:17.05	05:00:17.05	+02:45:15 (55.0%)	10:21	5.8 (45.0%)

Place	Participant	Number	Club	Category	MCat	Przybyszów 15.5km	Net time 29km	Czas brutto 29km	Gap	Pace min/km	Pace km/h
384	<b>SZTECHMILER Katarzyna</b>	<b>3378</b>	KLUB SPORTOWY HUSARIA SZCZECINEK	Open K	149	03:22:33	<b>05:00:48.75</b>	<b>05:00:48.75</b>	+02:45:47 (55.1%)	10:22	5.8 (45.0%)
385	<b>MIROWSKA Anna</b>	<b>3257</b>		Open K	150	03:23:12	<b>05:05:45.85</b>	<b>05:05:45.85</b>	+02:50:44 (55.8%)	10:32	5.7 (44.2%)
386	<b>DUBIECKA Agnieszka</b>	<b>3071</b>	BIZUTERIASPORTOWA.COM	Open K	151	03:22:58	<b>05:07:01.40</b>	<b>05:07:01.40</b>	+02:51:59 (56.0%)	10:35	5.7 (44.2%)
387	<b>ŚWIERBUTOWICZ- KAWALEC Anna</b>	<b>3391</b>	HEŃTEAM	Open K	152	03:03:17	<b>05:08:40.45</b>	<b>05:08:40.45</b>	+02:53:39 (56.3%)	10:38	5.6 (43.4%)
388	<b>WASŁOWICZ Bartłomiej</b>	<b>3415</b>		Open M	236	03:21:21	<b>05:09:17.65</b>	<b>05:09:17.65</b>	+02:54:16 (56.3%)	10:39	5.6 (43.4%)
389	<b>MHADHBI Joanna</b>	<b>3247</b>		Open K	153	03:22:53	<b>05:09:53.55</b>	<b>05:09:53.55</b>	+02:54:52 (56.4%)	10:41	5.6 (43.4%)
390	<b>DAWID Katarzyna</b>	<b>3060</b>	HAPPY RUNNERS	Open K	154	03:23:29	<b>05:12:09.35</b>	<b>05:12:09.35</b>	+02:57:07 (56.7%)	10:45	5.6 (43.4%)
391	<b>KOWALCZUK Marta</b>	<b>3187</b>		Open K	155	03:21:12	<b>05:12:37.40</b>	<b>05:12:37.40</b>	+02:57:35 (56.8%)	10:46	5.6 (43.4%)
392	<b>PARTYKA Natalia</b>	<b>3287</b>		Open K	156	03:22:24	<b>05:32:28.35</b>	<b>05:32:28.35</b>	+03:17:26 (59.4%)	11:27	5.2 (40.3%)
393	<b>GRYCYŃSKA Izabela</b>	<b>3119</b>		Open K	157	03:24:50	<b>05:34:48.45</b>	<b>05:34:48.45</b>	+03:19:47 (59.7%)	11:32	5.2 (40.3%)
394	<b>GLIWKA Małgorzata</b>	<b>3104</b>		Open K	158	03:22:41	<b>05:44:12.80</b>	<b>05:44:12.80</b>	+03:29:11 (60.8%)	11:52	5.1 (39.5%)
395	<b>JANICKA Katarzyna</b>	<b>3141</b>		Open K	159	03:24:30	<b>05:48:08.40</b>	<b>05:48:08.40</b>	+03:33:06 (61.2%)	12:00	5 (38.8%)
396	<b>KNAP Katarzyna</b>	<b>3162</b>		Open K	160	02:12:17			+01:01:08	8:32	7 (54.3%)
	<b>BAROSZ Natalia Paulina</b>	<b>3469</b>		Open K		01:25:01 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SAWICKA Agnieszka</b>	<b>3339</b>	NIE W SZCZEPIONKĘTEAM	Open K		02:34:23 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>JASTRZĘBSKA Anna</b>	<b>3144</b>	KLUB SPORTOWY HUSARIA SZCZECINEK	Open K		DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Total 399 results.