

Wydarzenie: Łemkowyna Ultra-Trail
Organizator: Fundacja Ultra
Data: 2024-10-19
Miejsce: Komańcza
Dystans: 30 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyśzów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
1	LEŚNIAK Dawid	3004		Open M	1	01:05:22	02:08:37.35	02:08:37.35		4:26	13.5 (100%)
2	DUDA Sebastian	3002	MOUNTAIN RUNNING GUIDES	Open M	2	01:07:05	02:10:06.65	02:10:06.65	+00:01:29 (1.1%)	4:29	13.4 (99.3%)
3	BULENDA Bartosz	3006	PIŹDZICA	Open M	3	01:09:09	02:14:38.60	02:14:38.60	+00:06:01 (4.5%)	4:38	12.9 (95.6%)
4	KOCZWARA Tomasz	3388		Open M	4		02:15:45.65	02:15:45.65	+00:07:08 (5.3%)	4:40	12.8 (94.8%)
5	KNAPIK Sebastian	3147	BUTYJANA	Open M	5	01:10:23	02:16:51.70	02:16:51.70	+00:08:14 (6.0%)	4:43	12.7 (94.1%)
6	PACHUT Jerzy	3003	ASICS FRONTRUNNER POLAND / SERCE BESKIDU	Open M	6	01:09:04	02:17:23.85	02:17:23.85	+00:08:46 (6.4%)	4:44	12.7 (94.1%)
7	SIERADZKI Krzysztof	3390	PRZEDWOJEWSKI TEAM	Open M	7	01:10:50	02:18:14.55	02:18:14.55	+00:09:37 (7.0%)	4:46	12.6 (93.3%)
8	PRĘTNIK Sławomir	3005		Open M	8	01:11:22	02:19:27.35	02:19:27.35	+00:10:50 (7.8%)	4:48	12.5 (92.6%)
9	PIWOWARSKI Sławomir	3243	SAMOLOTOWY	Open M	9	01:12:06	02:21:11.10	02:21:11.10	+00:12:33 (8.9%)	4:52	12.3 (91.1%)
10	TRACZ Łukasz	3341	@TRENINGFIZJO/@AQUAREH/RMT	Open M	10	01:12:26	02:22:21.60	02:22:21.60	+00:13:44 (9.6%)	4:54	12.2 (90.4%)
11	ZĄBKIEWICZ Szymon	3377	MŁYNARCZYK ENDURANCE TEAM	Open M	11	01:13:27	02:24:52.35	02:24:52.35	+00:16:15 (11.2%)	4:59	12 (88.9%)
12	GRZELAK Adrian	3104		Open M	12	01:15:37	02:26:30.50	02:26:30.50	+00:17:53 (12.2%)	5:03	11.9 (88.1%)
13	DROPEK Sławomir	3073	STAYHARD	Open M	13	01:15:57	02:27:08.80	02:27:08.80	+00:18:31 (12.6%)	5:04	11.8 (87.4%)
14	MATCZAK Mateusz	3201	SH RUNNING TEAM	Open M	14	01:16:30	02:29:14.25	02:29:14.25	+00:20:36 (13.8%)	5:08	11.7 (86.7%)
15	WASIEWICZ Adam	3350	NIE MÓJ CYRK, MOJE MAŁPY!	Open M	15	01:17:38	02:31:20.45	02:31:20.45	+00:22:43 (15.0%)	5:13	11.5 (85.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyśzów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
16	PISKADŁO Jacek	3242	NOWY STYL RUNNING TEAM	Open M	16	01:17:33	02:32:04.50	02:32:04.50	+00:23:27 (15.4%)	5:14	11.4 (84.4%)
17	GALIK Piotr	3083		Open M	17	01:18:36	02:33:28.85	02:33:28.85	+00:24:51 (16.2%)	5:17	11.3 (83.7%)
18	ŁASKI Tomasz	3188	PTASIE RADIO BRZOZOW	Open M	18	01:16:48	02:34:19.60	02:34:19.60	+00:25:42 (16.7%)	5:19	11.3 (83.7%)
19	MIKOŁAJCZYK Mirosław	3403	MIRAZ RACE TEAM	Open M	19	01:18:30	02:34:43.90	02:34:43.90	+00:26:06 (16.9%)	5:20	11.2 (83.0%)
20	LENART Kamil	3179		Open M	20	01:21:00	02:36:40.35	02:36:40.35	+00:28:03 (17.9%)	5:24	11.1 (82.2%)
21	TOMKIEWICZ Łukasz	3338		Open M	21	01:18:33	02:37:20.00	02:37:20.00	+00:28:42 (18.2%)	5:25	11.1 (82.2%)
22	SMOLIŃSKI Jakub	3295		Open M	22	01:24:39	02:37:53.45	02:37:53.45	+00:29:16 (18.5%)	5:26	11 (81.5%)
23	STRZĘPEK Dariusz	3313	PRZYJACIELE PUT - POGÓRZE ULTRA TRAIL	Open M	23	01:20:52	02:38:01.25	02:38:01.25	+00:29:23 (18.6%)	5:26	11 (81.5%)
24	BAROSZ Natalia Paulina	3385		Open K	1	01:20:42	02:38:05.10	02:38:05.10	+00:29:27 (18.6%)	5:27	11 (81.5%)
25	MATYJASZCZYK Kamil	3203		Open M	24	01:18:12	02:40:16.85	02:40:16.85	+00:31:39 (19.8%)	5:31	10.9 (80.7%)
26	DAROWICKI Bartosz	3061	AW SZYBCIEJ TEAM	Open M	25	01:16:27	02:40:29.95	02:40:29.95	+00:31:52 (19.9%)	5:32	10.8 (80.0%)
27	GORCZYCA Maciej	3391	FINISZ RYMANÓW	Open M	26	01:16:26	02:40:45.25	02:40:45.25	+00:32:07 (20.0%)	5:32	10.8 (80.0%)
28	ZADROŻNY Kamil	3373		Open M	27	01:23:49	02:41:03.30	02:41:03.30	+00:32:25 (20.1%)	5:33	10.8 (80.0%)
29	BAJSAROWICZ Marlena	3012	IPA WROCŁAW	Open K	2	01:23:08	02:41:43.60	02:41:43.60	+00:33:06 (20.5%)	5:34	10.8 (80.0%)
30	JAKUBOWSKI Zbigniew	3122		Open M	28	01:23:34	02:42:26.40	02:42:26.40	+00:33:49 (20.8%)	5:36	10.7 (79.3%)
31	TOKARZ Michał	3335		Open M	29	01:23:17	02:42:58.50	02:42:58.50	+00:34:21 (21.1%)	5:37	10.7 (79.3%)
32	OBERWAN Marek	3225	PANFOTOGRAF.EU	Open M	30	01:24:52	02:44:51.55	02:44:51.55	+00:36:14 (22.0%)	5:41	10.6 (78.5%)
33	KMIECIK Paweł	3146	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ JAROSŁAW	Open M	31	01:20:38	02:45:05.90	02:45:05.90	+00:36:28 (22.1%)	5:41	10.5 (77.8%)
34	WOŹNIAK Sebastian	3365	AW SZYBCIEJ TEAM	Open M	32	01:24:15	02:45:09.35	02:45:09.35	+00:36:32 (22.1%)	5:41	10.5 (77.8%)
35	LEMISIEWICZ Tomasz	3177		Open M	33	01:24:45	02:45:24.65	02:45:24.65	+00:36:47 (22.2%)	5:42	10.5 (77.8%)
36	PRASOŁ Sylwia	3253	MŁYNARCZYK ENDURANCE TEAM	Open K	3	01:26:17	02:45:47.40	02:45:47.40	+00:37:10 (22.4%)	5:43	10.5 (77.8%)
37	KLIMKIEWICZ Bogusław	3393	FINISZ RYMANÓW	Open M	34	01:14:00	02:46:08.95	02:46:08.95	+00:37:31 (22.6%)	5:43	10.5 (77.8%)
38	PIETRAS Ryszard	3239	STAY INSANE/BIEGAM Z ABS	Open M	35	01:21:38	02:46:27.15	02:46:27.15	+00:37:49 (22.7%)	5:44	10.5 (77.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
39	SOWA Pamela	3299		Open K	4	01:22:58	02:47:15.85	02:47:15.85	+00:38:38 (23.1%)	5:46	10.4 (77.0%)
40	MIKOŁAJCZYK Krzysztof	3209		Open M	36	01:24:31	02:48:07.70	02:48:07.70	+00:39:30 (23.5%)	5:47	10.3 (76.3%)
41	ŚLUSARZ Łukasz	3330	TYGRYSY TARGÓWEK	Open M	37		02:48:46.55	02:48:46.55	+00:40:09 (23.8%)	5:49	10.3 (76.3%)
42	PAĆKO Michał	3231	SPARTA LUBLIN	Open M	38		02:49:31.55	02:49:31.55	+00:40:54 (24.1%)	5:50	10.3 (76.3%)
43	RZĄDZIŃSKI Paweł	3282		Open M	39	01:27:31	02:49:37.90	02:49:37.90	+00:41:00 (24.2%)	5:50	10.3 (76.3%)
44	RAJKOWSKI Tomasz	3266	PRZEDWOJEWSKI TEAM	Open M	40	01:30:55	02:50:04.95	02:50:04.95	+00:41:27 (24.4%)	5:51	10.2 (75.6%)
45	TOPOLSKI Marcin	3339	CZŁOWIEK KTÓRY NIE BOI SIĘ CHUCKA NORRISA	Open M	41	01:26:37	02:50:31.10	02:50:31.10	+00:41:53 (24.6%)	5:52	10.2 (75.6%)
46	SOCHA Krzysztof	3296	RZESZOWSKIE GAZELE I GEPARDY	Open M	42	01:27:47	02:51:28.35	02:51:28.35	+00:42:51 (25.0%)	5:54	10.1 (74.8%)
47	DYRCZ Dawid	3077	PMKW	Open M	43	01:28:41	02:52:05.85	02:52:05.85	+00:43:28 (25.3%)	5:56	10.1 (74.8%)
48	GIERUT Paweł	3093		Open M	44	01:29:14	02:54:26.50	02:54:26.50	+00:45:49 (26.3%)	6:00	10 (74.1%)
49	KNAPIK Przemysław	3148	HEINEKEN KRAKOW TRIWISE	Open M	45	01:29:33	02:54:29.10	02:54:29.10	+00:45:51 (26.3%)	6:01	10 (74.1%)
50	ROZPARA Karolina	3386		Open K	5	01:29:19	02:54:39.50	02:54:39.50	+00:46:02 (26.4%)	6:01	10 (74.1%)
51	RUSIN Marcin	3278	ASSECO ACTIVE TEAM	Open M	46	01:30:09	02:55:57.00	02:55:57.00	+00:47:19 (26.9%)	6:04	9.9 (73.3%)
51	KOSTRUBAŁA Sebastian	3153	TRIMP	Open M	46	01:30:14	02:55:57.00	02:55:57.00	+00:47:19 (26.9%)	6:04	9.9 (73.3%)
53	MROWIEC Agnieszka	3216		Open K	6	01:31:29	02:56:33.05	02:56:33.05	+00:47:55 (27.1%)	6:05	9.9 (73.3%)
54	BORYCKI Artur	3030		Open M	48	01:29:53	02:56:53.75	02:56:53.75	+00:48:16 (27.3%)	6:05	9.8 (72.6%)
55	BRYSZEWSKA Patrycja	3034	ACCENTURE	Open K	7	01:31:35	02:57:04.35	02:57:04.35	+00:48:27 (27.4%)	6:06	9.8 (72.6%)
56	SZCZYGIEŁ Ola	3322		Open K	8	01:31:21	02:57:12.40	02:57:12.40	+00:48:35 (27.4%)	6:06	9.8 (72.6%)
57	PURGAL Tomasz	3262	SAINT-GOBAIN SQUAD	Open M	49	01:30:21	02:57:24.80	02:57:24.80	+00:48:47 (27.5%)	6:07	9.8 (72.6%)
58	SZCZEPANIAK Jakub	3317		Open M	50	01:32:34	02:58:17.00	02:58:17.00	+00:49:39 (27.9%)	6:08	9.8 (72.6%)
59	KOCZARA Monika	3150		Open K	9	01:32:32	02:58:27.10	02:58:27.10	+00:49:49 (27.9%)	6:09	9.8 (72.6%)
60	RĄCZKA Kacper	3268		Open M	51	01:35:06	02:58:55.65	02:58:55.65	+00:50:18 (28.1%)	6:10	9.7 (71.9%)
61	SZYSZŁO Tomasz	3328	SANOK BIEGA	Open M	52	01:32:06	02:58:58.00	02:58:58.00	+00:50:20 (28.1%)	6:10	9.7 (71.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyśzów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
62	GAŁĘCKI Kamil	3085	MJK	Open M	53	01:26:26	02:59:25.55	02:59:25.55	+00:50:48 (28.3%)	6:11	9.7 (71.9%)
63	GANCZEWSKI Paweł	3088		Open M	54	01:33:19	03:00:14.10	03:00:14.10	+00:51:36 (28.6%)	6:12	9.7 (71.9%)
64	PROKOP Monika	3256		Open K	10	01:30:07	03:01:29.90	03:01:29.90	+00:52:52 (29.1%)	6:15	9.6 (71.1%)
65	PARADOWSKI Tomasz	3233	CIISZAISPOKÓJ	Open M	55	01:27:34	03:01:34.50	03:01:34.50	+00:52:57 (29.2%)	6:15	9.6 (71.1%)
66	KORONA-SIERADZKA Bogusława	3389		Open K	11		03:01:35.40	03:01:35.40	+00:52:58 (29.2%)	6:15	9.6 (71.1%)
67	WESOŁOWSKI Maciej	3352		Open M	56	01:31:08	03:01:38.60	03:01:38.60	+00:53:01 (29.2%)	6:15	9.6 (71.1%)
68	POSPISZYL Jakub	3251	DOBRA PALARNIA KAWY	Open M	57	01:31:38	03:01:45.25	03:01:45.25	+00:53:07 (29.2%)	6:16	9.6 (71.1%)
69	KOZIOŁ Weronika	3160		Open K	12	01:29:13	03:02:09.95	03:02:09.95	+00:53:32 (29.4%)	6:16	9.6 (71.1%)
70	KOŚCIAK Tomasz	3154	OSP PASZCZYNA	Open M	58	01:32:54	03:02:27.40	03:02:27.40	+00:53:50 (29.5%)	6:17	9.5 (70.4%)
71	JAWORSKI Marek	3124		Open M	59	01:30:50	03:02:41.95	03:02:41.95	+00:54:04 (29.6%)	6:17	9.5 (70.4%)
72	SZARAWARA Łukasz	3316	OBOZYBIEGOWE.PL	Open M	60	01:31:14	03:03:07.45	03:03:07.45	+00:54:30 (29.8%)	6:18	9.5 (70.4%)
73	BAK Artur	3016	ELITARNY KLUB GERIATRYCZNY	Open M	61	01:32:29	03:03:31.35	03:03:31.35	+00:54:54 (29.9%)	6:19	9.5 (70.4%)
74	BODNARKA Anna	3402		Open K	13	01:37:42	03:04:18.65	03:04:18.65	+00:55:41 (30.2%)	6:21	9.4 (69.6%)
75	KRUKAR Adam	3164	FINISZ RYMANÓW	Open M	62	01:31:43	03:04:24.60	03:04:24.60	+00:55:47 (30.3%)	6:21	9.4 (69.6%)
76	DRĄG Mateusz	3070		Open M	63	02:08:30	03:05:15.00	03:05:15.00	+00:56:37 (30.6%)	6:23	9.4 (69.6%)
77	KRETOWICZ Paweł	3163		Open M	64	01:28:05	03:05:33.30	03:05:33.30	+00:56:55 (30.7%)	6:23	9.4 (69.6%)
78	DZIADUS Marcin	3409		Open M	65	01:36:22	03:05:44.15	03:05:44.15	+00:57:06 (30.7%)	6:24	9.4 (69.6%)
79	SZYDLIK Grzegorz	3327	ACCELERATING POLAND	Open M	66		03:06:08.70	03:06:08.70	+00:57:31 (30.9%)	6:25	9.3 (68.9%)
80	BRYTAŃCZYK Mateusz	3035		Open M	67	01:32:16	03:06:26.55	03:06:26.55	+00:57:49 (31.0%)	6:25	9.3 (68.9%)
81	BERNATOWICZ Paweł	3017		Open M	68	01:33:02	03:06:38.05	03:06:38.05	+00:58:00 (31.1%)	6:26	9.3 (68.9%)
82	PAŁYS Krzysztof	3232	NOWY STYL RUNNING TEAM	Open M	69		03:06:40.60	03:06:40.60	+00:58:03 (31.1%)	6:26	9.3 (68.9%)
83	KANIA Rafał	3134		Open M	70	01:35:21	03:07:52.70	03:07:52.70	+00:59:15 (31.5%)	6:28	9.3 (68.9%)
84	SAKOWSKI Rafał	3284		Open M	71	01:31:53	03:08:34.50	03:08:34.50	+00:59:57 (31.8%)	6:30	9.2 (68.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
85	KULIK Karolina	3170		Open K	14	01:36:28	03:09:21.15	03:09:21.15	+01:00:43 (32.1%)	6:31	9.2 (68.1%)
86	FILAK Lukasz	3079	PULPET	Open M	72	01:33:43	03:09:57.70	03:09:57.70	+01:01:20 (32.3%)	6:33	9.2 (68.1%)
87	SKRZYŃSKI Andrzej	3293	KS STASZEWCY	Open M	73	01:37:19	03:10:57.60	03:10:57.60	+01:02:20 (32.6%)	6:35	9.1 (67.4%)
88	GRASELA Ernest	3102	BESKIDZKIE RYSIE RUNNING TEAM	Open M	74	01:29:42	03:11:08.60	03:11:08.60	+01:02:31 (32.7%)	6:35	9.1 (67.4%)
89	MAJCHROWSKI Jacek	3191	NIEZALEŻNA TARNOBRZESKA GRUPA BIEGOWA "RUNNER'S NOT DEAD"	Open M	75	01:36:59	03:11:24.90	03:11:24.90	+01:02:47 (32.8%)	6:36	9.1 (67.4%)
90	MARCZEWSKA- WOJTAS Anna	3198		Open K	15	01:41:15	03:11:36.15	03:11:36.15	+01:02:58 (32.9%)	6:36	9.1 (67.4%)
91	GÓRSKI Bartosz	3101	KROSSKI-REMSPORT	Open M	76	01:33:49	03:11:46.55	03:11:46.55	+01:03:09 (32.9%)	6:36	9.1 (67.4%)
92	MRÓWKA Małgorzata	3217		Open K	16	01:38:36	03:12:01.30	03:12:01.30	+01:03:23 (33.0%)	6:37	9.1 (67.4%)
93	BOLONEK Magdalena	3026	BIEGING TEAM ZELÓW	Open K	17	01:36:24	03:12:15.35	03:12:15.35	+01:03:38 (33.1%)	6:37	9.1 (67.4%)
94	STYCZYŃSKI Maciej	3314	NOWY STYL RUNNING TEAM	Open M	77	01:36:02	03:12:51.50	03:12:51.50	+01:04:14 (33.3%)	6:39	9 (66.7%)
95	WÓLKIEWICZ Dorota	3370	TEAM ZABIEGANEDNI	Open K	18	01:40:41	03:13:11.55	03:13:11.55	+01:04:34 (33.4%)	6:39	9 (66.7%)
96	HAWROT Bartłomiej	3114		Open M	78	01:40:16	03:13:20.05	03:13:20.05	+01:04:42 (33.5%)	6:40	9 (66.7%)
97	GALUSKIN Alexey	3084		Open M	79	01:36:13	03:13:25.35	03:13:25.35	+01:04:48 (33.5%)	6:40	9 (66.7%)
98	SZCZEPAŃSKA Kinga	3319		Open K	19	01:40:08	03:13:27.85	03:13:27.85	+01:04:50 (33.5%)	6:40	9 (66.7%)
99	CICHOŃ Sabina	3051		Open K	20	01:36:30	03:13:31.95	03:13:31.95	+01:04:54 (33.5%)	6:40	9 (66.7%)
100	PACZWA Łukasz	3230		Open M	80	01:34:08	03:13:58.45	03:13:58.45	+01:05:21 (33.7%)	6:41	9 (66.7%)
101	PWIERTOWSKI Adam	3407		Open M	81	01:40:06	03:15:16.30	03:15:16.30	+01:06:38 (34.1%)	6:44	8.9 (65.9%)
102	BEZULSKI Łukasz	3018	KTS DONKI	Open M	82	01:37:53	03:16:53.70	03:16:53.70	+01:08:16 (34.7%)	6:47	8.8 (65.2%)
103	WASIEWICZ Jolanta	3351	MEE	Open K	21	01:40:59	03:17:06.35	03:17:06.35	+01:08:29 (34.7%)	6:47	8.8 (65.2%)
104	STRZESAK Patrycja	3312	TEK-PAK	Open K	22	01:40:12	03:17:58.35	03:17:58.35	+01:09:21 (35.0%)	6:49	8.8 (65.2%)
105	MICHALAK Wojciech	3205	NIEZRZESZONY	Open M	83	01:36:21	03:18:21.85	03:18:21.85	+01:09:44 (35.2%)	6:50	8.8 (65.2%)
106	PTAK Sylwia	3260	TRAIL IS OUR WAY	Open K	23	01:41:37	03:20:32.85	03:20:32.85	+01:11:55 (35.9%)	6:54	8.7 (64.4%)
107	GORCZYCA Julia	3392	FINISZ RYMANÓW	Open K	24	01:40:55	03:20:34.05	03:20:34.05	+01:11:56 (35.9%)	6:54	8.7 (64.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
108	ILASHCHUK Oleksandr	3118		Open M	84	01:41:06	03:21:05.80	03:21:05.80	+01:12:28 (36.0%)	6:56	8.7 (64.4%)
109	BACZUK Jakub	3011		Open M	85		03:21:13.30	03:21:13.30	+01:12:35 (36.1%)	6:56	8.6 (63.7%)
110	SROKA Tymoteusz	3300		Open M	86	01:39:13	03:21:45.00	03:21:45.00	+01:13:07 (36.2%)	6:57	8.6 (63.7%)
111	BŁAŻ Tomasz	3023	STAYHARD	Open M	87	01:38:46	03:21:52.15	03:21:52.15	+01:13:14 (36.3%)	6:57	8.6 (63.7%)
112	SZOŁAJSKI Bartłomiej	3325	BIELAŃSKI KLUB SPORTOWY	Open M	88	01:43:22	03:21:54.40	03:21:54.40	+01:13:17 (36.3%)	6:57	8.6 (63.7%)
113	GRZESIAK Marek	3106		Open M	89	01:38:42	03:22:00.90	03:22:00.90	+01:13:23 (36.3%)	6:57	8.6 (63.7%)
114	RYBIŃSKI Kamil	3280		Open M	90	01:43:05	03:22:43.50	03:22:43.50	+01:14:06 (36.6%)	6:59	8.6 (63.7%)
115	PRZYBYŁOWICZ Joanna	3259		Open K	25	01:41:43	03:23:18.25	03:23:18.25	+01:14:40 (36.7%)	7:00	8.6 (63.7%)
116	JUSZCZYK Robert	3129		Open M	91	01:43:15	03:23:18.55	03:23:18.55	+01:14:41 (36.7%)	7:00	8.6 (63.7%)
117	PAWELEC Piotr	3235	DALEKO JESZCZE?	Open M	92	01:42:59	03:23:28.15	03:23:28.15	+01:14:50 (36.8%)	7:00	8.6 (63.7%)
118	MAŃKOWSKA Anna	3196		Open K	26	01:43:34	03:23:45.00	03:23:45.00	+01:15:07 (36.9%)	7:01	8.5 (63.0%)
119	SIUDA Adam	3292		Open M	93	01:43:21	03:24:08.65	03:24:08.65	+01:15:31 (37.0%)	7:02	8.5 (63.0%)
120	PODSIADŁO Wiktor	3246	STAYHARD	Open M	94	01:41:24	03:24:23.05	03:24:23.05	+01:15:45 (37.1%)	7:02	8.5 (63.0%)
121	RENNIÉ Stéphanie	3272	COLUMBIA	Open K	27	01:43:25	03:24:31.70	03:24:31.70	+01:15:54 (37.1%)	7:03	8.5 (63.0%)
122	STARZYŃSKI Daniel	3310	LEMKY HOROM	Open M	95	01:42:49	03:24:48.25	03:24:48.25	+01:16:10 (37.2%)	7:03	8.5 (63.0%)
123	PIETRZAK Bartłomiej	3240		Open M	96	01:41:48	03:24:56.95	03:24:56.95	+01:16:19 (37.2%)	7:04	8.5 (63.0%)
124	LIGĘZA Witek	3186	KANGUROWA SZKOŁA/SMASHING PĄPKINS	Open M	97	01:42:39	03:25:06.45	03:25:06.45	+01:16:29 (37.3%)	7:04	8.5 (63.0%)
125	GOSZTYŁA Patryk	3097		Open M	98	01:44:31	03:25:16.05	03:25:16.05	+01:16:38 (37.3%)	7:04	8.5 (63.0%)
126	DRABIKOWSKI Michał	3405		Open M	99	01:42:25	03:25:48.90	03:25:48.90	+01:17:11 (37.5%)	7:05	8.5 (63.0%)
127	SROKA Bartłomiej	3301		Open M	100	01:39:32	03:26:08.00	03:26:08.00	+01:17:30 (37.6%)	7:06	8.4 (62.2%)
128	RAJCZONEK Rafał	3265	NO FUTURE	Open M	101	01:43:30	03:26:23.00	03:26:23.00	+01:17:45 (37.7%)	7:07	8.4 (62.2%)
129	KRZYKAŁA Krzysztof	3167		Open M	102	01:42:35	03:26:25.15	03:26:25.15	+01:17:47 (37.7%)	7:07	8.4 (62.2%)
130	PRZYBUŁEK Tomasz	3258	STAYHARD	Open M	103	01:44:26	03:26:29.50	03:26:29.50	+01:17:52 (37.7%)	7:07	8.4 (62.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
131	RYGIEL Grzegorz	3281		Open M	104	01:44:18	03:26:39.20	03:26:39.20	+01:18:01 (37.8%)	7:07	8.4 (62.2%)
132	WOJTOWICZ Paweł	3361	NOWY STYL RUNNING TEAM	Open M	105	01:43:17	03:26:42.70	03:26:42.70	+01:18:05 (37.8%)	7:07	8.4 (62.2%)
133	STANOSZ-CHEŁKOWSKA Aneta	3308	HARDE DZIKI	Open K	28	01:43:56	03:26:53.60	03:26:53.60	+01:18:16 (37.8%)	7:08	8.4 (62.2%)
134	ZYCH Zbigniew	3382	STAY INSANE	Open M	106	01:43:11	03:26:55.10	03:26:55.10	+01:18:17 (37.8%)	7:08	8.4 (62.2%)
135	ZELAZNY Mariusz	3406	STAY INSANE	Open M	107		03:26:58.00	03:26:58.00	+01:18:20 (37.9%)	7:08	8.4 (62.2%)
136	MAKSYMIOUK Magdalena	3193		Open K	29	01:43:53	03:28:04.10	03:28:04.10	+01:19:26 (38.2%)	7:10	8.4 (62.2%)
137	KRAWIEC Robert	3162		Open M	108	01:43:50	03:28:04.55	03:28:04.55	+01:19:27 (38.2%)	7:10	8.4 (62.2%)
138	SZCZYGIEŁ Piotr	3323	KROSSKI REMSPORT	Open M	109	01:46:32	03:28:06.40	03:28:06.40	+01:19:29 (38.2%)	7:10	8.4 (62.2%)
139	JASKÓLSKI Piotr	3404		Open M	110	01:46:32	03:28:32.50	03:28:32.50	+01:19:55 (38.3%)	7:11	8.3 (61.5%)
140	ORGANEK Maksym	3387		Open M	111	01:43:34	03:29:59.35	03:29:59.35	+01:21:22 (38.7%)	7:14	8.3 (61.5%)
141	MAREK Bartłomiej	3199	LKS SZAFLARY	Open M	112	01:40:19	03:30:53.85	03:30:53.85	+01:22:16 (39.0%)	7:16	8.3 (61.5%)
142	MIERZYŃSKI Rafał	3208	BIEGING TEAM ZELÓW	Open M	113	01:44:44	03:31:04.25	03:31:04.25	+01:22:26 (39.1%)	7:16	8.2 (60.7%)
143	GÓRNICKA Edyta	3099		Open K	30	01:45:13	03:31:06.25	03:31:06.25	+01:22:28 (39.1%)	7:16	8.2 (60.7%)
144	DEMCZUK Marek	3062		Open M	114		03:31:08.90	03:31:08.90	+01:22:31 (39.1%)	7:16	8.2 (60.7%)
145	FRITZ Wojciech	3081	SWORDS ATHLETICS	Open M	115	01:46:25	03:31:09.60	03:31:09.60	+01:22:32 (39.1%)	7:16	8.2 (60.7%)
146	KOWALCZYK Olga	3157	SWORDS ATHLETICS	Open K	31	01:46:28	03:31:54.45	03:31:54.45	+01:23:17 (39.3%)	7:18	8.2 (60.7%)
147	GÓRECKI Krzysztof	3098		Open M	116	01:45:06	03:31:54.55	03:31:54.55	+01:23:17 (39.3%)	7:18	8.2 (60.7%)
148	LEWANDOWSKA Karolina	3185		Open K	32	01:49:05	03:32:06.65	03:32:06.65	+01:23:29 (39.4%)	7:18	8.2 (60.7%)
149	KUNDA Edyta	3172	KRISS COACHING	Open K	33	01:44:31	03:32:08.05	03:32:08.05	+01:23:30 (39.4%)	7:18	8.2 (60.7%)
150	CZYŻOWICZ-GOTFRYD Agnieszka	3058		Open K	34	01:46:05	03:32:10.95	03:32:10.95	+01:23:33 (39.4%)	7:18	8.2 (60.7%)
151	WIŚNIEWSKI Arkadiusz	3357		Open M	117	01:45:37	03:32:19.60	03:32:19.60	+01:23:42 (39.4%)	7:19	8.2 (60.7%)
152	SAMBOROWSKI Marcin	3285	PRYMA.PL	Open M	118	01:44:23	03:32:27.60	03:32:27.60	+01:23:50 (39.5%)	7:19	8.2 (60.7%)
153	TUROSZ Zbigniew	3395		Open M	119	01:48:01	03:32:32.90	03:32:32.90	+01:23:55 (39.5%)	7:19	8.2 (60.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
154	KMIECIAK Grzegorz	3145	WARRIORS ŁÓDŹ	Open M	120	01:42:46	03:32:34.35	03:32:34.35	+01:23:57 (39.5%)	7:19	8.2 (60.7%)
155	PŁACHTA Grzegorz	3244	BDSTEAM	Open M	121	01:46:18	03:32:52.20	03:32:52.20	+01:24:14 (39.6%)	7:20	8.2 (60.7%)
156	RAZIK Agnieszka	3267		Open K	35	01:48:07	03:33:22.95	03:33:22.95	+01:24:45 (39.7%)	7:21	8.2 (60.7%)
157	DARLAK Marek	3059		Open M	122	01:47:53	03:33:26.55	03:33:26.55	+01:24:49 (39.7%)	7:21	8.2 (60.7%)
158	ZENG Yi	3378	WARSAW INTERNATIONAL TRIATHLON CLUB	Open M	123	01:44:27	03:33:31.35	03:33:31.35	+01:24:54 (39.8%)	7:21	8.1 (60.0%)
159	GRZESIAK Anna	3105		Open K	36	01:48:05	03:33:33.35	03:33:33.35	+01:24:56 (39.8%)	7:21	8.1 (60.0%)
160	HALIGOWSKI Karol	3112	STRZYZOWSKI KLUB SPORTOWY MK TEAM	Open M	124	01:27:27	03:34:54.20	03:34:54.20	+01:26:16 (40.1%)	7:24	8.1 (60.0%)
161	NOWOSADZKI Wojciech	3224		Open M	125	01:48:03	03:34:55.75	03:34:55.75	+01:26:18 (40.2%)	7:24	8.1 (60.0%)
162	PASZYNA Dawid	3234		Open M	126	01:47:58	03:35:42.05	03:35:42.05	+01:27:04 (40.4%)	7:26	8.1 (60.0%)
163	BRZEZIŃSKI Karol	3039		Open M	127	01:47:56	03:35:42.25	03:35:42.25	+01:27:04 (40.4%)	7:26	8.1 (60.0%)
164	TELEON-POLSKA Marlena	3332	CENTRO TEAM	Open K	37	01:46:13	03:35:59.95	03:35:59.95	+01:27:22 (40.5%)	7:26	8.1 (60.0%)
165	POLSKI Adrian	3249	CENTRO TEAM	Open M	128	01:45:08	03:36:00.85	03:36:00.85	+01:27:23 (40.5%)	7:26	8.1 (60.0%)
166	GOŁASZEWSKA Marta	3096		Open K	38	02:07:47	03:36:14.15	03:36:14.15	+01:27:36 (40.5%)	7:27	8 (59.3%)
167	URBANOWICZ Łukasz	3346		Open M	129	01:46:14	03:36:35.80	03:36:35.80	+01:27:58 (40.6%)	7:28	8 (59.3%)
168	KOZIOŁ Elżbieta	3159		Open K	39	01:48:48	03:36:38.60	03:36:38.60	+01:28:01 (40.6%)	7:28	8 (59.3%)
169	GINALSKI Adrian	3094		Open M	130	01:46:44	03:36:39.05	03:36:39.05	+01:28:01 (40.6%)	7:28	8 (59.3%)
170	JAKUBIK Kamil	3121		Open M	131	01:47:04	03:36:39.20	03:36:39.20	+01:28:01 (40.6%)	7:28	8 (59.3%)
171	WOLEK Maks	3364		Open M	132	01:59:15	03:36:41.25	03:36:41.25	+01:28:03 (40.6%)	7:28	8 (59.3%)
172	MORAWSKA Jaga	3215	PULPET	Open K	40	01:49:16	03:37:04.75	03:37:04.75	+01:28:27 (40.7%)	7:29	8 (59.3%)
173	MIROWSKI Mariusz	3212		Open M	133	01:46:50	03:37:29.65	03:37:29.65	+01:28:52 (40.9%)	7:29	8 (59.3%)
174	DEPTA Elżbieta	3063		Open K	41	01:47:49	03:37:42.00	03:37:42.00	+01:29:04 (40.9%)	7:30	8 (59.3%)
175	BROCZKOWSKA Monika	3032		Open K	42	01:52:14	03:37:57.15	03:37:57.15	+01:29:19 (41.0%)	7:30	8 (59.3%)
176	SROKA Andrzej	3302		Open M	134	01:43:38	03:38:00.95	03:38:00.95	+01:29:23 (41.0%)	7:31	8 (59.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyśzów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
177	MURGRABIA Klaudia	3219		Open K	43	01:50:31	03:38:02.20	03:38:02.20	+01:29:24 (41.0%)	7:31	8 (59.3%)
178	MENTEL Monika	3204		Open K	44	01:51:55	03:38:17.55	03:38:17.55	+01:29:40 (41.1%)	7:31	8 (59.3%)
179	JURYŚ Sławomir	3401		Open M	135	01:50:48	03:38:22.55	03:38:22.55	+01:29:45 (41.1%)	7:31	8 (59.3%)
180	RĄCZKA Rafał	3269		Open M	136	01:50:41	03:38:27.00	03:38:27.00	+01:29:49 (41.1%)	7:31	8 (59.3%)
181	KRUPA Paulina	3165		Open K	45	01:51:54	03:39:01.50	03:39:01.50	+01:30:24 (41.3%)	7:33	7.9 (58.5%)
182	RÓŻYCKA Dorota	3276	NOWY STYL RUNNING TEAM	Open K	46		03:39:05.45	03:39:05.45	+01:30:28 (41.3%)	7:33	7.9 (58.5%)
183	NIEMIEC Dariusz	3220	BESKIDZKIE RYSIE RUNNING TEAM	Open M	137	01:47:24	03:39:06.15	03:39:06.15	+01:30:28 (41.3%)	7:33	7.9 (58.5%)
184	MADEJCZYK Sławomir	3189		Open M	138	01:51:06	03:39:06.50	03:39:06.50	+01:30:29 (41.3%)	7:33	7.9 (58.5%)
185	KUPKA Dawid	3173		Open M	139		03:40:35.00	03:40:35.00	+01:31:57 (41.7%)	7:36	7.9 (58.5%)
186	ADAMIAK Piotr	3008		Open M	140	01:52:08	03:40:43.75	03:40:43.75	+01:32:06 (41.7%)	7:36	7.9 (58.5%)
187	TWARDZIK Laura	3343		Open K	47	01:53:15	03:40:50.00	03:40:50.00	+01:32:12 (41.8%)	7:36	7.9 (58.5%)
188	OZIMINA Samuel	3229		Open M	141	01:48:54	03:40:50.60	03:40:50.60	+01:32:13 (41.8%)	7:36	7.9 (58.5%)
189	WRZESIAK Marcin	3372		Open M	142	01:50:21	03:41:01.40	03:41:01.40	+01:32:24 (41.8%)	7:37	7.9 (58.5%)
190	STACHECKI Maciej	3305	MAĆKI	Open M	143	01:49:34	03:41:20.25	03:41:20.25	+01:32:42 (41.9%)	7:37	7.9 (58.5%)
191	TOBJASZ Maciej	3333	MAĆKI	Open M	144	01:48:55	03:41:20.55	03:41:20.55	+01:32:43 (41.9%)	7:37	7.9 (58.5%)
192	BOBROWSKI Damian	3025	STAYHARD	Open M	145	01:52:30	03:41:58.55	03:41:58.55	+01:33:21 (42.1%)	7:39	7.8 (57.8%)
193	KOWALCZYK Łukasz	3158		Open M	146	01:53:08	03:42:36.45	03:42:36.45	+01:33:59 (42.2%)	7:40	7.8 (57.8%)
194	OSTASZEWSKA Weronika	3228		Open K	48	01:47:14	03:42:40.25	03:42:40.25	+01:34:02 (42.2%)	7:40	7.8 (57.8%)
195	POMIERNY Dominik	3250		Open M	147	01:52:33	03:43:40.40	03:43:40.40	+01:35:03 (42.5%)	7:42	7.8 (57.8%)
196	BANAT Robert	3013	PODIUM	Open M	148	01:48:12	03:43:59.05	03:43:59.05	+01:35:21 (42.6%)	7:43	7.8 (57.8%)
197	CZUPIK Jerzy	3057	RUSYN-LEMKO	Open M	149	01:52:09	03:44:22.85	03:44:22.85	+01:35:45 (42.7%)	7:44	7.8 (57.8%)
198	WÓJCIK Grzegorz	3368	BIEGING TEAM ZELÓW	Open M	150	01:53:10	03:44:46.75	03:44:46.75	+01:36:09 (42.8%)	7:45	7.7 (57.0%)
199	PŁATEK Dominik	3245		Open M	151	01:51:02	03:45:10.30	03:45:10.30	+01:36:32 (42.9%)	7:45	7.7 (57.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyśzów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
200	KOZIOŁ Krzysztof	3161		Open M	152	01:51:16	03:46:06.25	03:46:06.25	+01:37:28 (43.1%)	7:47	7.7 (57.0%)
201	TOKARZ Adrian	3334	DZIKIE MUSTANGI	Open M	153	01:50:54	03:46:06.60	03:46:06.60	+01:37:29 (43.1%)	7:47	7.7 (57.0%)
202	ŚMIGIELSKA Joanna	3331	KB SPARTAKUS BEŁCHATÓW	Open K	49	01:56:57	03:46:43.55	03:46:43.55	+01:38:06 (43.3%)	7:49	7.7 (57.0%)
203	BOROWIAK Luiza	3029	TRAIL IS OUR WAY	Open K	50	01:52:42	03:46:46.45	03:46:46.45	+01:38:09 (43.3%)	7:49	7.7 (57.0%)
204	TOL Kamil	3336	KUNA W AGREŚCIE	Open M	154	01:51:08	03:46:52.75	03:46:52.75	+01:38:15 (43.3%)	7:49	7.7 (57.0%)
205	KONDRACKI Jacek	3151	KUNA W AGREŚCIE	Open M	155	01:51:09	03:46:52.95	03:46:52.95	+01:38:15 (43.3%)	7:49	7.7 (57.0%)
206	ANDRZEJCZYK Grzegorz	3010		Open M	156	01:55:21	03:47:26.10	03:47:26.10	+01:38:48 (43.4%)	7:50	7.7 (57.0%)
207	STANOSZ Dawid	3307		Open M	157	01:47:03	03:47:31.50	03:47:31.50	+01:38:54 (43.5%)	7:50	7.6 (56.3%)
208	GÓRSKA Zuzanna	3100	KROSSKI REMSPORT	Open K	51	01:56:36	03:47:36.30	03:47:36.30	+01:38:58 (43.5%)	7:50	7.6 (56.3%)
209	KARCZ Bartłomiej	3135		Open M	158	01:52:27	03:47:43.35	03:47:43.35	+01:39:06 (43.5%)	7:51	7.6 (56.3%)
210	RUDZIŃSKI Tomasz	3277	KUNA W AGREŚCIE	Open M	159		03:47:45.85	03:47:45.85	+01:39:08 (43.5%)	7:51	7.6 (56.3%)
211	SOCHACKI Marek	3297		Open M	160	01:51:52	03:48:28.45	03:48:28.45	+01:39:51 (43.7%)	7:52	7.6 (56.3%)
212	STARZYCKA Barba	3309		Open K	52	01:53:30	03:48:47.65	03:48:47.65	+01:40:10 (43.8%)	7:53	7.6 (56.3%)
213	BORCZ Rafał	3027	NOWY STYL RUNNING TEAM	Open M	161	01:48:46	03:48:50.10	03:48:50.10	+01:40:12 (43.8%)	7:53	7.6 (56.3%)
214	DOBZEAŃSKI Paweł	3064	POSMAKUJ RUN TEAM	Open M	162	01:42:29	03:48:54.75	03:48:54.75	+01:40:17 (43.8%)	7:53	7.6 (56.3%)
214	KOSTKA Janusz	3397	POSMAKUJ RUN TEAM	Open M	162	01:42:33	03:48:54.75	03:48:54.75	+01:40:17 (43.8%)	7:53	7.6 (56.3%)
216	JÓZEFczyk Tomasz	3394	POSMAKUJ RUN TEAM	Open M	164	01:42:48	03:48:55.00	03:48:55.00	+01:40:17 (43.8%)	7:53	7.6 (56.3%)
217	SAMOSIEJ Jakub	3286		Open M	165	01:56:46	03:48:58.05	03:48:58.05	+01:40:20 (43.8%)	7:53	7.6 (56.3%)
218	ZIĘBA Ewelina	3379		Open K	53	01:55:31	03:49:14.75	03:49:14.75	+01:40:37 (43.9%)	7:54	7.6 (56.3%)
219	SZCZERBATKO Konrad	3320	STAY INSANE	Open M	166	01:52:30	03:49:54.80	03:49:54.80	+01:41:17 (44.1%)	7:55	7.6 (56.3%)
220	ZIĘBA Arkadiusz	3380	RUNHOGS TYCHY	Open M	167	01:54:27	03:50:06.80	03:50:06.80	+01:41:29 (44.1%)	7:56	7.6 (56.3%)
221	CHODZIŃSKA Mariola	3049		Open K	54	01:52:13	03:50:19.85	03:50:19.85	+01:41:42 (44.2%)	7:56	7.6 (56.3%)
222	GĘBARA Łukasz	3092		Open M	168	01:52:15	03:50:22.00	03:50:22.00	+01:41:44 (44.2%)	7:56	7.6 (56.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
223	STRZALA Marcin	3311		Open M	169		03:50:40.15	03:50:40.15	+01:42:02 (44.2%)	7:57	7.5 (55.6%)
224	ADAMSKI Bartłomiej	3009	OLDMANRUNNING	Open M	170	01:57:39	03:50:46.15	03:50:46.15	+01:42:08 (44.3%)	7:57	7.5 (55.6%)
225	BOROŃSKA Joanna	3028		Open K	55	01:51:48	03:50:52.40	03:50:52.40	+01:42:15 (44.3%)	7:57	7.5 (55.6%)
226	STABRAWA Marcin	3303		Open M	171	01:51:58	03:50:52.60	03:50:52.60	+01:42:15 (44.3%)	7:57	7.5 (55.6%)
227	NOWAK Piotr	3222		Open M	172	01:56:29	03:51:08.25	03:51:08.25	+01:42:30 (44.4%)	7:58	7.5 (55.6%)
228	ŚLIWA Adam	3329		Open M	173		03:51:08.50	03:51:08.50	+01:42:31 (44.4%)	7:58	7.5 (55.6%)
229	GAZDA Agata	3091		Open K	56	01:53:42	03:51:18.35	03:51:18.35	+01:42:41 (44.4%)	7:58	7.5 (55.6%)
230	BUTRYN Wojciech	3045		Open M	174	01:54:41	03:51:22.95	03:51:22.95	+01:42:45 (44.4%)	7:58	7.5 (55.6%)
231	CIERPIAŁ Barbara	3052		Open K	57	01:56:39	03:51:34.75	03:51:34.75	+01:42:57 (44.5%)	7:59	7.5 (55.6%)
232	SUWALSKA Julia	3315		Open K	58	01:59:38	03:51:40.05	03:51:40.05	+01:43:02 (44.5%)	7:59	7.5 (55.6%)
233	KEMPISTY Piotr	3138	ROWEROWY BIAŁYSTOK	Open M	175	01:56:51	03:52:47.00	03:52:47.00	+01:44:09 (44.7%)	8:01	7.5 (55.6%)
234	DRGAS Kinga	3072	SYNERGIA CROSSCAMP	Open K	59	01:57:21	03:53:29.25	03:53:29.25	+01:44:51 (44.9%)	8:03	7.5 (55.6%)
235	DRGAS Patryk	3071	SYNERGIA CROSSCAMP OŁAWA	Open M	176	01:57:36	03:53:29.40	03:53:29.40	+01:44:52 (44.9%)	8:03	7.5 (55.6%)
236	JEGER Wojtek	3125	SKLEP BIEGACZA RUNNING TEAM	Open M	177	01:55:25	03:54:29.55	03:54:29.55	+01:45:52 (45.1%)	8:05	7.4 (54.8%)
237	ADAM Zbigniew	3007	#SZLACHTABIEGA	Open M	178		03:56:00.75	03:56:00.75	+01:47:23 (45.5%)	8:08	7.4 (54.8%)
238	DRABICKA Agnieszka	3068	#SZLACHTABIEGA	Open K	60	01:56:35	03:56:00.85	03:56:00.85	+01:47:23 (45.5%)	8:08	7.4 (54.8%)
239	GWIŹDŹ Karolina	3111	NOWY STYL RUNNING TEAM	Open K	61	01:56:09	03:56:01.00	03:56:01.00	+01:47:23 (45.5%)	8:08	7.4 (54.8%)
240	REKOSZ Kamil	3271		Open M	179	01:50:28	03:56:31.00	03:56:31.00	+01:47:53 (45.6%)	8:09	7.4 (54.8%)
241	HUSIATYŃSKI Maciej	3117		Open M	180	02:02:07	03:57:23.30	03:57:23.30	+01:48:45 (45.8%)	8:11	7.3 (54.1%)
242	LASKOŚ Karolina	3176		Open K	62	01:59:04	03:57:59.15	03:57:59.15	+01:49:21 (46.0%)	8:12	7.3 (54.1%)
243	DUDZIAK Magdalena	3075		Open K	63	02:01:48	03:59:16.55	03:59:16.55	+01:50:39 (46.2%)	8:15	7.3 (54.1%)
244	ZALISZ Tobiasz	3376		Open M	181	02:00:56	03:59:17.35	03:59:17.35	+01:50:40 (46.2%)	8:15	7.3 (54.1%)
245	MARCINIAK Tomasz	3398		Open M	182	01:53:37	04:00:01.40	04:00:01.40	+01:51:24 (46.4%)	8:16	7.2 (53.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
246	PYKA Jarosław	3263		Open M	183	01:53:57	04:02:06.05	04:02:06.05	+01:53:28 (46.9%)	8:20	7.2 (53.3%)
247	WOŹNIAK Mateusz	3367	GINTOMNIC ULTRAFRIENDS	Open M	184	02:05:26	04:02:24.00	04:02:24.00	+01:53:46 (46.9%)	8:21	7.2 (53.3%)
248	JAWORSKI Bartłomiej	3123	GINTOMNIC ULTRAFRIENDS	Open M	185	02:05:32	04:02:24.10	04:02:24.10	+01:53:46 (46.9%)	8:21	7.2 (53.3%)
249	KWAŚNY Elżbieta	3175		Open K	64	02:00:39	04:03:10.65	04:03:10.65	+01:54:33 (47.1%)	8:23	7.2 (53.3%)
250	MIELCZAREK Piotr	3207		Open M	186	02:04:55	04:03:32.90	04:03:32.90	+01:54:55 (47.2%)	8:23	7.1 (52.6%)
251	TOMAKA Jadwiga	3337		Open K	65	02:04:43	04:03:39.65	04:03:39.65	+01:55:02 (47.2%)	8:24	7.1 (52.6%)
252	KIEPIEL Agata	3142		Open K	66	01:59:21	04:03:40.90	04:03:40.90	+01:55:03 (47.2%)	8:24	7.1 (52.6%)
253	BUKOWSKI Grzegorz	3043		Open M	187	02:00:17	04:03:53.40	04:03:53.40	+01:55:16 (47.3%)	8:24	7.1 (52.6%)
254	MAJDYŚ Wojciech	3192		Open M	188	02:02:11	04:03:59.20	04:03:59.20	+01:55:21 (47.3%)	8:24	7.1 (52.6%)
255	KIM Renata	3143		Open K	67	02:01:10	04:04:06.50	04:04:06.50	+01:55:29 (47.3%)	8:25	7.1 (52.6%)
256	WIELOCH Mateusz	3354		Open M	189	01:57:16	04:04:08.95	04:04:08.95	+01:55:31 (47.3%)	8:25	7.1 (52.6%)
257	WITUSIK Olga	3360		Open K	68	01:59:59	04:04:11.10	04:04:11.10	+01:55:33 (47.3%)	8:25	7.1 (52.6%)
258	WITUSIK Dorota	3359		Open K	69	01:59:51	04:04:11.25	04:04:11.25	+01:55:33 (47.3%)	8:25	7.1 (52.6%)
259	CHRUŚCIEL Łukasz	3050		Open M	190	01:52:38	04:04:14.05	04:04:14.05	+01:55:36 (47.3%)	8:25	7.1 (52.6%)
260	DUDEK-HEWIG Magdalena	3074		Open K	70	02:04:13	04:04:44.20	04:04:44.20	+01:56:06 (47.4%)	8:26	7.1 (52.6%)
261	PRAŻANOWSKI Mariusz	3254		Open M	191	01:59:48	04:05:52.30	04:05:52.30	+01:57:14 (47.7%)	8:28	7.1 (52.6%)
262	RZESZOWSKI Tomasz	3283	MIRAZ RACE TEAM	Open M	192	02:00:28	04:05:52.35	04:05:52.35	+01:57:15 (47.7%)	8:28	7.1 (52.6%)
263	ROLKA Aleksandra	3274		Open K	71	02:03:07	04:06:35.25	04:06:35.25	+01:57:57 (47.8%)	8:30	7.1 (52.6%)
264	ROLKA Wiktor	3273		Open M	193	02:02:59	04:06:35.40	04:06:35.40	+01:57:58 (47.8%)	8:30	7.1 (52.6%)
265	ROSŁONIEC Karolina	3275		Open K	72	01:59:49	04:06:56.15	04:06:56.15	+01:58:18 (47.9%)	8:30	7 (51.9%)
266	KRYCZEK Piotr	3166		Open M	194	02:00:06	04:07:35.75	04:07:35.75	+01:58:58 (48.1%)	8:32	7 (51.9%)
267	CEGLEWSKA Izabela	3046		Open K	73	01:57:04	04:07:57.00	04:07:57.00	+01:59:19 (48.1%)	8:33	7 (51.9%)
268	NIEWCZAS- WIEPRZOWSKA Katarzyna	3221	LEKARSKA GRUPA KOLARSKA	Open K	74	02:00:43	04:08:01.40	04:08:01.40	+01:59:24 (48.1%)	8:33	7 (51.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
269	LEPAK Aleksandra	3180		Open K	75	02:03:21	04:08:01.90	04:08:01.90	+01:59:24 (48.1%)	8:33	7 (51.9%)
270	WIETECZA Paweł	3355		Open M	195	02:04:09	04:08:06.55	04:08:06.55	+01:59:29 (48.2%)	8:33	7 (51.9%)
271	KWAŚNY Michał	3174		Open M	196	02:00:45	04:08:32.90	04:08:32.90	+01:59:55 (48.3%)	8:34	7 (51.9%)
272	REC Bartosz	3270		Open M	197	01:58:19	04:08:43.60	04:08:43.60	+02:00:06 (48.3%)	8:34	7 (51.9%)
273	MISZCZYK Marcin	3213		Open M	198	02:03:35	04:09:00.00	04:09:00.00	+02:00:22 (48.3%)	8:35	7 (51.9%)
274	DARŁAK Joanna	3060	NAPRZÓD MŁOCINY	Open K	76	02:00:55	04:09:46.65	04:09:46.65	+02:01:09 (48.5%)	8:36	7 (51.9%)
275	CHMIEL Bożena	3047	DZIKIE MUSTANGI	Open K	77	02:15:22	04:10:22.80	04:10:22.80	+02:01:45 (48.6%)	8:38	6.9 (51.1%)
276	GUBERNAT-MAGRYŚ Małgorzata	3109	59WDH	Open K	78	02:03:51	04:11:05.05	04:11:05.05	+02:02:27 (48.8%)	8:39	6.9 (51.1%)
277	MAGRYŚ Krzysztof	3190		Open M	199	02:04:18	04:11:05.30	04:11:05.30	+02:02:27 (48.8%)	8:39	6.9 (51.1%)
278	KULIK Michał	3169		Open M	200	01:59:27	04:11:26.30	04:11:26.30	+02:02:48 (48.8%)	8:40	6.9 (51.1%)
279	LEŚNOWOLSKI Piotr	3184	KLUB BIEGACZA RTV EURO AGD	Open M	201	01:58:46	04:11:26.45	04:11:26.45	+02:02:49 (48.8%)	8:40	6.9 (51.1%)
280	BIŻEK Katarzyna	3021		Open K	79	02:01:40	04:11:28.10	04:11:28.10	+02:02:50 (48.9%)	8:40	6.9 (51.1%)
281	MICHALIK Anna	3396		Open K	80		04:12:38.25	04:12:38.25	+02:04:00 (49.1%)	8:42	6.9 (51.1%)
282	MICHALIK Adam	3054		Open M	202	02:07:53	04:12:39.05	04:12:39.05	+02:04:01 (49.1%)	8:42	6.9 (51.1%)
283	WIŚNIEWSKI Piotr	3358	GBY	Open M	203	01:56:59	04:12:42.30	04:12:42.30	+02:04:04 (49.1%)	8:42	6.9 (51.1%)
284	SENDYKA Regina	3289		Open K	81	02:03:50	04:12:54.05	04:12:54.05	+02:04:16 (49.1%)	8:43	6.9 (51.1%)
285	GULA Tomasz	3110	GBY	Open M	204	02:10:39	04:13:44.05	04:13:44.05	+02:05:06 (49.3%)	8:44	6.9 (51.1%)
286	BRUD Damian	3033		Open M	205	01:52:40	04:14:17.70	04:14:17.70	+02:05:40 (49.4%)	8:46	6.8 (50.4%)
287	GARBACZ Kamila	3089		Open K	82	02:08:51	04:14:32.45	04:14:32.45	+02:05:55 (49.5%)	8:46	6.8 (50.4%)
288	SKRZYPEK Robert	3294	BIEGNIJ Z PROSERVICE	Open M	206	02:08:02	04:14:43.80	04:14:43.80	+02:06:06 (49.5%)	8:47	6.8 (50.4%)
289	LESZCZYŃSKA Agnieszka	3181	LASY WAWERSKIE	Open K	83	02:04:42	04:15:43.80	04:15:43.80	+02:07:06 (49.7%)	8:49	6.8 (50.4%)
290	WOLEK Marcin	3363		Open M	207	02:05:07	04:16:53.85	04:16:53.85	+02:08:16 (49.9%)	8:51	6.8 (50.4%)
291	PULAWSKA Marianna	3261		Open K	84	02:08:25	04:18:06.10	04:18:06.10	+02:09:28 (50.2%)	8:54	6.7 (49.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
292	MONCZYŃSKA Małgorzata	3214		Open K	85	02:08:17	04:18:19.85	04:18:19.85	+02:09:42 (50.2%)	8:54	6.7 (49.6%)
293	POLAK Aleksandra	3248		Open K	86	02:11:14	04:18:31.65	04:18:31.65	+02:09:54 (50.2%)	8:54	6.7 (49.6%)
294	KMIECIAK Małgorzata	3144	DON DOLARESKI 32 KRESKI	Open K	87	02:06:29	04:18:44.40	04:18:44.40	+02:10:07 (50.3%)	8:55	6.7 (49.6%)
295	WICHERKIEWICZ Ilona	3353	IN MUD WE TRUST	Open K	88	02:05:05	04:19:04.70	04:19:04.70	+02:10:27 (50.4%)	8:56	6.7 (49.6%)
296	BRZEZIŃSKI Piotr	3038		Open M	208	02:11:36	04:19:19.65	04:19:19.65	+02:10:42 (50.4%)	8:56	6.7 (49.6%)
297	MARCINIAK Katarzyna	3197		Open K	89	02:08:36	04:19:31.90	04:19:31.90	+02:10:54 (50.4%)	8:56	6.7 (49.6%)
298	DYLONG Kamil	3076	NIEZRZESZONY	Open M	209	01:54:27	04:20:07.55	04:20:07.55	+02:11:30 (50.6%)	8:58	6.7 (49.6%)
299	KOWALCZYK Michał	3156	IN MUD WE TRUST	Open M	210	02:07:29	04:20:15.80	04:20:15.80	+02:11:38 (50.6%)	8:58	6.7 (49.6%)
300	GRZESIAK Agata	3107		Open K	90	02:10:36	04:20:50.95	04:20:50.95	+02:12:13 (50.7%)	8:59	6.7 (49.6%)
301	GAMŻA Adrian	3087		Open M	211	02:02:03	04:22:11.45	04:22:11.45	+02:13:34 (50.9%)	9:02	6.6 (48.9%)
302	BIENIEK Bartłomiej	3020		Open M	212	02:05:39	04:23:21.95	04:23:21.95	+02:14:44 (51.2%)	9:04	6.6 (48.9%)
303	BARCIKOWSKI Maciej	3015	DESMI	Open M	213	02:11:13	04:23:48.65	04:23:48.65	+02:15:11 (51.2%)	9:05	6.6 (48.9%)
304	KUCHARSKI Lukasz	3168		Open M	214	02:06:01	04:24:22.90	04:24:22.90	+02:15:45 (51.3%)	9:06	6.6 (48.9%)
305	WÓJT Kamil	3369	WARRIORS ŁÓDŹ	Open M	215	02:06:32	04:24:36.95	04:24:36.95	+02:15:59 (51.4%)	9:07	6.6 (48.9%)
306	BŁASZCZAK Anna	3022		Open K	91	02:06:17	04:24:49.50	04:24:49.50	+02:16:12 (51.4%)	9:07	6.6 (48.9%)
307	KACPRZAK Kamil	3131	GBY	Open M	216	02:01:13	04:26:43.30	04:26:43.30	+02:18:05 (51.8%)	9:11	6.5 (48.1%)
308	RUSINEK Paweł	3279		Open M	217	02:01:48	04:27:03.40	04:27:03.40	+02:18:26 (51.8%)	9:12	6.5 (48.1%)
309	BURYŁ Dominika	3044		Open K	92	02:03:42	04:27:27.25	04:27:27.25	+02:18:49 (51.9%)	9:13	6.5 (48.1%)
310	SIKORSKI Bartosz	3291		Open M	218	02:01:07	04:28:03.65	04:28:03.65	+02:19:26 (52.0%)	9:14	6.5 (48.1%)
311	BUBERNAK Mateusz	3040	RUSYN-LEM	Open M	219	02:04:25	04:28:29.15	04:28:29.15	+02:19:51 (52.1%)	9:15	6.5 (48.1%)
312	OKRÓJ Dawid	3226	DEAF RUNNING	Open M	220	02:10:42	04:30:17.05	04:30:17.05	+02:21:39 (52.4%)	9:19	6.4 (47.4%)
313	KIEC Margareta	3141		Open K	93	02:15:48	04:31:05.35	04:31:05.35	+02:22:28 (52.6%)	9:20	6.4 (47.4%)
314	STACHAŃCZYK Wojciech	3304	MGC	Open M	221	02:12:24	04:32:13.60	04:32:13.60	+02:23:36 (52.8%)	9:23	6.4 (47.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyśzów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
315	BRZESKA Edyta	3036		Open K	94	02:10:17	04:33:16.60	04:33:16.60	+02:24:39 (52.9%)	9:25	6.4 (47.4%)
316	BARCIKOWSKA Olga	3014		Open K	95	02:16:21	04:35:21.75	04:35:21.75	+02:26:44 (53.3%)	9:29	6.3 (46.7%)
317	KRUKOWSKA- PIETRASIAK Klaudia	3399		Open K	96	02:17:29	04:36:41.70	04:36:41.70	+02:28:04 (53.5%)	9:32	6.3 (46.7%)
318	WACŁAW Maria	3400		Open K	97	02:17:44	04:36:41.80	04:36:41.80	+02:28:04 (53.5%)	9:32	6.3 (46.7%)
319	SENDOBRY Marta	3288	HARPAGAN SOSNOWIEC	Open K	98	02:19:59	04:37:47.85	04:37:47.85	+02:29:10 (53.7%)	9:34	6.3 (46.7%)
320	KALISZUK Roman	3133		Open M	222	02:20:39	04:38:03.75	04:38:03.75	+02:29:26 (53.7%)	9:35	6.3 (46.7%)
321	KALISZUK Małgorzata	3132		Open K	99	02:20:41	04:38:03.90	04:38:03.90	+02:29:26 (53.7%)	9:35	6.3 (46.7%)
322	CHMURA- SKERCZYŃSKA Natalia	3048		Open K	100	02:11:34	04:38:49.30	04:38:49.30	+02:30:11 (53.9%)	9:36	6.2 (45.9%)
323	KOSIŃSKI Tomasz	3152		Open M	223	02:11:43	04:38:49.95	04:38:49.95	+02:30:12 (53.9%)	9:36	6.2 (45.9%)
324	LENAR Kamila	3178		Open K	101	02:04:51	04:40:17.40	04:40:17.40	+02:31:40 (54.1%)	9:39	6.2 (45.9%)
325	BREJ Marianna	3031		Open K	102	02:03:52	04:40:17.45	04:40:17.45	+02:31:40 (54.1%)	9:39	6.2 (45.9%)
326	ŻURAWSKI Jakub	3383		Open M	224	02:23:32	04:40:45.90	04:40:45.90	+02:32:08 (54.2%)	9:40	6.2 (45.9%)
327	JĘDRZEJEK Kinga	3127	HAPPY RUNNERS	Open K	103	02:23:23	04:42:01.60	04:42:01.60	+02:33:24 (54.4%)	9:43	6.2 (45.9%)
328	MICHAŁOWSKI Kamil	3206	SLOW CHEETAH RUN CLUB	Open M	225	02:04:02	04:42:02.95	04:42:02.95	+02:33:25 (54.4%)	9:43	6.2 (45.9%)
329	MUCHA Aleksandra	3218		Open K	104	02:25:05	04:44:43.00	04:44:43.00	+02:36:05 (54.8%)	9:49	6.1 (45.2%)
330	WARDA Agnieszka Tonny	3349	SPARTA LUBLIN	Open K	105	02:17:55	04:45:53.30	04:45:53.30	+02:37:15 (55.0%)	9:51	6.1 (45.2%)
331	MALEC Basia	3194		Open K	106	02:17:13	04:45:53.80	04:45:53.80	+02:37:16 (55.0%)	9:51	6.1 (45.2%)
332	WOJTYKA Magdalena	3362		Open K	107	02:22:53	04:48:36.25	04:48:36.25	+02:39:58 (55.4%)	9:57	6 (44.4%)
333	CZARNECKA Marzena	3053	PEGERINS:)	Open K	108	02:22:32	04:49:06.85	04:49:06.85	+02:40:29 (55.5%)	9:58	6 (44.4%)
334	KOWALCZUK Marta	3155	MICHAŁ_MILAN_ADAM	Open K	109	02:22:19	04:49:07.25	04:49:07.25	+02:40:29 (55.5%)	9:58	6 (44.4%)
335	KIEC Natalia	3140		Open K	110	02:28:40	04:50:41.30	04:50:41.30	+02:42:03 (55.8%)	10:01	6 (44.4%)
336	IZDEBSKA Renata	3119		Open K	111	02:29:13	04:51:51.00	04:51:51.00	+02:43:13 (55.9%)	10:03	6 (44.4%)
337	MIROWSKA Anna	3211		Open K	112	02:25:39	04:53:11.15	04:53:11.15	+02:44:33 (56.1%)	10:06	5.9 (43.7%)

Przekroczony limit czasu: 05:00:00

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
338	KATARZYNA Dawid	3408		Open M	226	02:26:45	05:06:42.20	05:06:42.20	+02:58:04 (58.1%)	10:34	5.7 (42.2%)
339	POTRZYSZCZ Lukasz	3252	BIEGAM Z ABS	Open M	227	02:19:35	05:25:27.75	05:25:27.75	+03:16:50 (60.5%)	11:13	5.3 (39.3%)
340	JAGIELSKA Magdalena	3120	POŁAWIACZKI PEREŁ, KS STASZEWSKY	Open K	113	02:38:40	05:32:26.35	05:32:26.35	+03:23:49 (61.3%)	11:27	5.2 (38.5%)
341	PODSIADŁY Maciej	3247	TRAIL IS OUR WAY	Open M	228	02:38:46	05:32:26.45	05:32:26.45	+03:23:49 (61.3%)	11:27	5.2 (38.5%)
342	KIEC Piotr	3139		Open M	229	03:01:20	06:05:46.70	06:05:46.70	+03:57:09 (64.8%)	12:36	4.8 (35.6%)
	TRACZ Paulina	3001	@TRENINGFIZJO/@AQUAREH	Open K		01:21:10 DNF	DNF	DNF	-	-	- (0.0%)
	PIENIAŻEK Agnieszka	3238		Open K		02:23:42 DNF	DNF	DNF	-	-	- (0.0%)
	KACPERSKI Olaf	3130		Open M		DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 345 wynik(ów)