



Wydarzenie: Łemkowyna Ultra-Trail
Organizator: Fundacja Ultra
Data: 2023-10-21
Miejsce: Komańcza
Dystans: 29 km

ŁEMKO TRAIL 30

B4SPORT

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Open M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
1	SIOŁA Karol	3345		Open M	1	01:11:12	02:15:01.45	02:15:01.45		4:39	12.9 (100%)
2	BALIGA Cezary	3002	TEAM HOKA GARMIN	Open M	2	01:12:40	02:20:34.40	02:20:34.40	+00:05:32 (3.9%)	4:50	12.4 (96.1%)
3	POPŁAWSKI Jan	3310	RELENTLESS TRIATHLON TEAM	Open M	3	01:11:08	02:22:26.60	02:22:26.60	+00:07:25 (5.2%)	4:54	12.2 (94.6%)
4	ZYGMUNT Tomasz	3460		Open M	4	01:15:31	02:25:32.35	02:25:32.35	+00:10:30 (7.2%)	5:01	12 (93.0%)
5	KOCIOŁEK Witold	3165	INŻYNIERIA BIEGANIA	Open M	5	01:15:49	02:27:17.05	02:27:17.05	+00:12:15 (8.3%)	5:04	11.8 (91.5%)
6	ZAKRZYŃSKI Paweł	3447	CSC ADVENTURE ACADEMY	Open M	6	01:16:53	02:31:05.25	02:31:05.25	+00:16:03 (10.6%)	5:12	11.5 (89.1%)
7	STANGRECIAK Adam	3364		Open M	7	01:18:36	02:31:38.20	02:31:38.20	+00:16:36 (11.0%)	5:13	11.5 (89.1%)
8	KNAPIK Sebastian	3163	BUTYJANA.PL	Open M	8	01:14:55	02:32:15.25	02:32:15.25	+00:17:13 (11.3%)	5:15	11.4 (88.4%)
9	ZAJĄC Marcin	3445	MOUNTAIN RUNNING GUIDES	Open M	9	01:19:26	02:38:58.00	02:38:58.00	+00:23:56 (15.1%)	5:28	10.9 (84.5%)
10	ŁASKI Tomasz	3224		Open M	10	01:20:02	02:40:13.90	02:40:13.90	+00:25:12 (15.7%)	5:31	10.9 (84.5%)
11	ZĄBKIEWICZ Szymon	3453		Open M	11	01:22:31	02:41:50.05	02:41:50.05	+00:26:48 (16.6%)	5:34	10.8 (83.7%)
12	MANJURA Tomasz	3237	CSC ADVENTURE ACADEMY	Open M	12	01:23:24	02:42:16.40	02:42:16.40	+00:27:14 (16.8%)	5:35	10.7 (82.9%)
13	GALIK Piotr	3088		Open M	13	01:22:10	02:42:35.35	02:42:35.35	+00:27:33 (17.0%)	5:36	10.7 (82.9%)
14	WALAG Rafał	3411		Open M	14	01:22:41	02:45:09.05	02:45:09.05	+00:30:07 (18.2%)	5:41	10.5 (81.4%)
15	FRANCUZ Konrad	3080	VEGE RUNNERS	Open M	15		02:45:53.50	02:45:53.50	+00:30:52 (18.6%)	5:43	10.5 (81.4%)
16	ALTEWĘGIER Jarosław	3005	AW - SZYBCIEJ - TEAM	Open M	16	01:24:49	02:46:17.85	02:46:17.85	+00:31:16 (18.8%)	5:44	10.5 (81.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
17	STRZĘPEK Dariusz	3368		Open M	17	01:25:12	02:46:46.45	02:46:46.45	+00:31:45 (19.0%)	5:45	10.4 (80.6%)
18	PIOSIK Emil	3302	ON	Open M	18	01:28:54	02:48:36.00	02:48:36.00	+00:33:34 (19.9%)	5:48	10.3 (79.8%)
19	RAFA Dominik	3322	ANIA I CHŁOPAKI	Open M	19	01:27:07	02:51:28.00	02:51:28.00	+00:36:26 (21.3%)	5:54	10.1 (78.3%)
20	ZALEWSKI Bartłomiej	3449	BBL ZDUŃSKA WOLA	Open M	20	01:27:21	02:51:47.65	02:51:47.65	+00:36:46 (21.4%)	5:55	10.1 (78.3%)
21	MAJORCZYK Gerard	3230		Open M	21		02:54:29.70	02:54:29.70	+00:39:28 (22.6%)	6:01	10 (77.5%)
22	SZYDŁAK Dariusz	3381		Open M	22	01:26:26	02:54:50.05	02:54:50.05	+00:39:48 (22.8%)	6:01	10 (77.5%)
23	OBERWAN Marek	3277	PANFOTOGRAF.EU	Open M	23	01:30:01	02:55:20.45	02:55:20.45	+00:40:19 (23.0%)	6:02	9.9 (76.7%)
24	GOLA Daniel	3106	TRAIL IS OUR WAY	Open M	24	01:26:37	02:57:12.45	02:57:12.45	+00:42:11 (23.8%)	6:06	9.8 (76.0%)
25	POSPISZYL Jakub	3311		Open M	25	01:36:26	02:57:14.65	02:57:14.65	+00:42:13 (23.8%)	6:06	9.8 (76.0%)
26	PIĄSTKA Tomasz	3298	UKS LIDER	Open M	26	01:30:18	02:57:30.50	02:57:30.50	+00:42:29 (23.9%)	6:07	9.8 (76.0%)
27	SOBCZAK Grzegorz	3356		Open M	27	01:28:08	02:58:30.25	02:58:30.25	+00:43:28 (24.4%)	6:09	9.7 (75.2%)
28	KUSAL Tomasz	3210	OMASZ.TEAM	Open M	28	01:30:15	02:58:34.40	02:58:34.40	+00:43:32 (24.4%)	6:09	9.7 (75.2%)
29	SIMKA Kamil	3344	FORREST GUMP TEAM	Open M	29	01:29:22	02:58:43.65	02:58:43.65	+00:43:42 (24.5%)	6:09	9.7 (75.2%)
30	SZYMAŃSKI Kacper	3384		Open M	30	01:36:52	02:59:03.40	02:59:03.40	+00:44:01 (24.6%)	6:10	9.7 (75.2%)
31	GALEWSKI Adrian	3087		Open M	31	01:30:48	02:59:09.60	02:59:09.60	+00:44:08 (24.6%)	6:10	9.7 (75.2%)
32	HOJAN Łukasz	3131	FEHLAU RUN TEAM	Open M	32	01:37:22	03:00:29.00	03:00:29.00	+00:45:27 (25.2%)	6:13	9.6 (74.4%)
33	BORYCKI Artur	3027		Open M	33	01:39:12	03:00:58.70	03:00:58.70	+00:45:57 (25.4%)	6:14	9.6 (74.4%)
34	DOŁŻYŃSKI Krzysztof	3063	LATAJĄCE KLAPKI KUBOTA	Open M	34		03:01:36.20	03:01:36.20	+00:46:34 (25.6%)	6:15	9.6 (74.4%)
35	WOSKOWICZ Mateusz	3432		Open M	35		03:02:44.60	03:02:44.60	+00:47:43 (26.1%)	6:18	9.5 (73.6%)
36	PODWÓJCI Michał	3309		Open M	36	01:37:17	03:02:59.85	03:02:59.85	+00:47:58 (26.2%)	6:18	9.5 (73.6%)
37	WILK Szymon	3423		Open M	37	01:39:25	03:03:31.05	03:03:31.05	+00:48:29 (26.4%)	6:19	9.5 (73.6%)
38	MATERA Marcin	3243	LOST 66	Open M	38	01:38:31	03:04:24.35	03:04:24.35	+00:49:22 (26.8%)	6:21	9.4 (72.9%)
39	BASAMANIA Krzysztof	3015	LOST 66	Open M	39	01:38:38	03:04:24.45	03:04:24.45	+00:49:23 (26.8%)	6:21	9.4 (72.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyśzów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
40	GAŁUSZKA Tomasz	3090	SKITUROWE BIESZCZADY	Open M	40	01:36:30	03:04:29.10	03:04:29.10	+00:49:27 (26.8%)	6:21	9.4 (72.9%)
41	SZYMCZAK Bartłomiej	3385	ŻARY RUNNERS TEAM	Open M	41	01:31:02	03:04:34.85	03:04:34.85	+00:49:33 (26.8%)	6:21	9.4 (72.9%)
42	PATRYN Łukasz	3293	POGÓRZE ULTRA TRAIL	Open M	42	01:25:25	03:05:51.40	03:05:51.40	+00:50:49 (27.4%)	6:24	9.4 (72.9%)
43	PASTUSZAK Mateusz	3292	KTC KROSNO	Open M	43		03:05:59.65	03:05:59.65	+00:50:58 (27.4%)	6:24	9.4 (72.9%)
44	GIEROSZKA Robert	3102	ADS MASNA	Open M	44	01:39:51	03:07:06.60	03:07:06.60	+00:52:05 (27.8%)	6:27	9.3 (72.1%)
45	HALIGOWSKI Karol	3126	STRZYŻOWSKI KLUB SPORTOWY MK DOJO TEAM	Open M	45	01:30:57	03:07:53.45	03:07:53.45	+00:52:52 (28.1%)	6:28	9.3 (72.1%)
46	PIWOWARSKI Sławomir	3306		Open M	46	01:29:35	03:10:03.45	03:10:03.45	+00:55:02 (29.0%)	6:33	9.2 (71.3%)
47	KOLACHA Patryk	3170	STUDIO GTS	Open M	47	01:40:06	03:10:41.15	03:10:41.15	+00:55:39 (29.2%)	6:34	9.1 (70.5%)
48	KOSTKA Janusz	3185		Open M	48	01:39:00	03:11:02.55	03:11:02.55	+00:56:01 (29.3%)	6:35	9.1 (70.5%)
49	JEGER Piotr	3146	SKLEP BIEGACZA RUNNING TEAM	Open M	49	01:40:17	03:12:13.05	03:12:13.05	+00:57:11 (29.8%)	6:37	9.1 (70.5%)
50	JASTRZĘBSKI Bartek	3145		Open M	50		03:12:17.45	03:12:17.45	+00:57:16 (29.8%)	6:37	9 (69.8%)
51	KORPAK Piotr	3178		Open M	51	01:40:01	03:12:35.00	03:12:35.00	+00:57:33 (29.9%)	6:38	9 (69.8%)
52	MASIUKIEWICZ Jacek	3240		Open M	52	01:42:29	03:13:08.25	03:13:08.25	+00:58:06 (30.1%)	6:39	9 (69.8%)
53	PLEWA Rafał	3307		Open M	53	01:36:23	03:13:12.80	03:13:12.80	+00:58:11 (30.1%)	6:39	9 (69.8%)
54	PERNAL Maciej	3296		Open M	54	01:37:12	03:14:01.10	03:14:01.10	+00:58:59 (30.4%)	6:41	9 (69.8%)
55	GOLEC Ireneusz	3108	VEGE RUNNERS / RUCH IZBICA	Open M	55	01:38:02	03:14:41.45	03:14:41.45	+00:59:40 (30.6%)	6:42	8.9 (69.0%)
56	TOPORKIEWICZ Bartosz	3397	TRAIL IS OUR WAY	Open M	56	01:40:11	03:15:50.30	03:15:50.30	+01:00:48 (31.1%)	6:45	8.9 (69.0%)
57	GARCZYŃSKI Darek	3095		Open M	57	01:39:56	03:15:51.45	03:15:51.45	+01:00:50 (31.1%)	6:45	8.9 (69.0%)
58	GANCZEWSKI Paweł	3091		Open M	58	01:42:19	03:16:08.90	03:16:08.90	+01:01:07 (31.2%)	6:45	8.9 (69.0%)
59	WITEK Bogdan	3428		Open M	59	01:40:46	03:18:17.75	03:18:17.75	+01:03:16 (31.9%)	6:50	8.8 (68.2%)
60	JADŁOSZ Sławomir	3140	RUSYNLEM	Open M	60	01:42:38	03:19:13.15	03:19:13.15	+01:04:11 (32.2%)	6:52	8.7 (67.4%)
61	PIWKO Maciej	3303		Open M	61	01:41:48	03:19:25.65	03:19:25.65	+01:04:24 (32.3%)	6:52	8.7 (67.4%)
62	JUCHA Rafał	3149		Open M	62	01:42:34	03:20:01.00	03:20:01.00	+01:04:59 (32.5%)	6:53	8.7 (67.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
63	KWIECIEŃ Tomek	3211		Open M	63	01:41:52	03:20:11.65	03:20:11.65	+01:05:10 (32.6%)	6:54	8.7 (67.4%)
63	PAĆKO Michał	3285		Open M	63	01:53:16	03:20:11.65	03:20:11.65	+01:05:10 (32.6%)	6:54	8.7 (67.4%)
65	KRASOŃ Marcin	3193	SMASHING PĄPKINS / NBR TEAM / OLX TEAM	Open M	65	01:41:14	03:20:48.30	03:20:48.30	+01:05:46 (32.8%)	6:55	8.7 (67.4%)
66	GRANOWSKI Krzysztof	3117		Open M	66	01:38:25	03:22:41.95	03:22:41.95	+01:07:40 (33.4%)	6:59	8.6 (66.7%)
67	DRGAS Patryk	3069	SYNERGIA CROSSCAMP OŁAWA	Open M	67	01:40:29	03:22:44.30	03:22:44.30	+01:07:42 (33.4%)	6:59	8.6 (66.7%)
68	GROMEK Piotr	3118		Open M	68	01:41:32	03:23:40.85	03:23:40.85	+01:08:39 (33.7%)	7:01	8.5 (65.9%)
69	DAROWICKI Bartosz	3059		Open M	69	01:38:48	03:24:00.70	03:24:00.70	+01:08:59 (33.8%)	7:02	8.5 (65.9%)
70	WAKOR Paweł	3410		Open M	70	01:43:54	03:24:42.95	03:24:42.95	+01:09:41 (34.0%)	7:03	8.5 (65.9%)
71	CHOJNACKI Mikołaj	3040	WARSAW RUN CLUB	Open M	71	01:52:41	03:25:17.10	03:25:17.10	+01:10:15 (34.2%)	7:04	8.5 (65.9%)
72	RADECKI Wojciech	3320		Open M	72	02:05:34	03:25:40.70	03:25:40.70	+01:10:39 (34.4%)	7:05	8.5 (65.9%)
73	KOPEĆ Karol	3175	MOVADO RUNERS	Open M	73	01:42:43	03:26:10.05	03:26:10.05	+01:11:08 (34.5%)	7:06	8.4 (65.1%)
74	KOCJAN Paweł	3166	KIDS RUN TEAM	Open M	74	01:57:29	03:26:12.70	03:26:12.70	+01:11:11 (34.5%)	7:06	8.4 (65.1%)
75	RATAJCZAK Łukasz	3325	NIGHT RUNNERS	Open M	75	01:42:13	03:27:03.20	03:27:03.20	+01:12:01 (34.8%)	7:08	8.4 (65.1%)
76	MIKOLAJCZYK Lukasz	3253		Open M	76	01:53:38	03:27:10.70	03:27:10.70	+01:12:09 (34.8%)	7:08	8.4 (65.1%)
77	KOLECKI Jakub	3171		Open M	77	01:53:53	03:27:37.25	03:27:37.25	+01:12:35 (35.0%)	7:09	8.4 (65.1%)
78	FILIP Mariusz	3079		Open M	78	02:02:35	03:27:50.30	03:27:50.30	+01:12:48 (35.0%)	7:10	8.4 (65.1%)
79	WYŻKIEWICZ Tomasz	3442	SZYBKIBUT	Open M	79	01:39:41	03:28:01.60	03:28:01.60	+01:13:00 (35.1%)	7:10	8.4 (65.1%)
80	OWOC Tomasz	3282	PKO BANK POLSKI / ADIDAS RUNNERS WARSAW	Open M	80	01:54:10	03:29:28.60	03:29:28.60	+01:14:27 (35.5%)	7:13	8.3 (64.3%)
81	CHOMIK Rafał	3042	3COACH	Open M	81		03:29:58.40	03:29:58.40	+01:14:56 (35.7%)	7:14	8.3 (64.3%)
82	KRÓL Kamil	3197	IM INSPIRATION	Open M	82	01:38:07	03:30:20.55	03:30:20.55	+01:15:19 (35.8%)	7:15	8.3 (64.3%)
83	SZCZEPANIAK Jakub	3371		Open M	83		03:31:04.15	03:31:04.15	+01:16:02 (36.0%)	7:16	8.2 (63.6%)
84	POŚPIECH Michał	3312		Open M	84	01:54:03	03:31:44.25	03:31:44.25	+01:16:42 (36.2%)	7:18	8.2 (63.6%)
85	CZARNIECKI Michał	3053	WOLSKI KOLEKTYW BIEGOWY	Open M	85		03:31:54.55	03:31:54.55	+01:16:53 (36.3%)	7:18	8.2 (63.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyśzów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
86	SALAMON Jarosław	3337		Open M	86	01:42:01	03:32:02.85	03:32:02.85	+01:17:01 (36.3%)	7:18	8.2 (63.6%)
87	KABZIŃSKI Marcin	3151	ANIA I CHŁOPAKI	Open M	87		03:33:01.20	03:33:01.20	+01:17:59 (36.6%)	7:20	8.2 (63.6%)
88	PIWKO Wojciech	3304		Open M	88	01:53:10	03:33:05.15	03:33:05.15	+01:18:03 (36.6%)	7:20	8.2 (63.6%)
89	BUCZYŃSKI Michał	3465	CROSS KAMPINOS	Open M	89	02:04:06	03:33:13.55	03:33:13.55	+01:18:12 (36.7%)	7:21	8.2 (63.6%)
90	BLICHARZ Artur	3020		Open M	90	02:03:27	03:33:22.10	03:33:22.10	+01:18:20 (36.7%)	7:21	8.2 (63.6%)
91	WILK Grzegorz	3424	RUN LOVING ANIMALS	Open M	91	01:42:55	03:33:33.00	03:33:33.00	+01:18:31 (36.8%)	7:21	8.1 (62.8%)
92	MATRACKI Sebastian	3245	TREKKING TEAM OSTROWIEC	Open M	92	02:04:37	03:33:45.80	03:33:45.80	+01:18:44 (36.8%)	7:22	8.1 (62.8%)
93	STELMACHOWSKI Leszek	3366	FITNESS SOUL	Open M	93	02:05:09	03:33:48.90	03:33:48.90	+01:18:47 (36.9%)	7:22	8.1 (62.8%)
94	FRYDRYCH Mateusz	3082	PAWKO RUNNER TEAM	Open M	94	02:06:31	03:34:07.25	03:34:07.25	+01:19:05 (36.9%)	7:23	8.1 (62.8%)
95	KOSTKA Andrzej	3184	CUBE TEAM	Open M	95	02:01:19	03:34:16.25	03:34:16.25	+01:19:14 (37.0%)	7:23	8.1 (62.8%)
96	OBREĆZAREK Jerzy	3278	CROSS KAMPINOS	Open M	96	02:04:30	03:34:49.20	03:34:49.20	+01:19:47 (37.1%)	7:24	8.1 (62.8%)
97	KRÓL Dawid	3196		Open M	97	02:06:08	03:35:30.20	03:35:30.20	+01:20:28 (37.3%)	7:25	8.1 (62.8%)
98	BONDAR Krzysztof	3025		Open M	98	02:02:41	03:36:01.65	03:36:01.65	+01:21:00 (37.5%)	7:26	8.1 (62.8%)
99	IDZIK Marcin	3137	KORONA	Open M	99	01:43:06	03:36:11.00	03:36:11.00	+01:21:09 (37.5%)	7:27	8 (62.0%)
100	CZARNECKI Zbigniew	3052	STARE BABICE BIEGAJĄ	Open M	100	02:01:34	03:36:40.30	03:36:40.30	+01:21:38 (37.7%)	7:28	8 (62.0%)
101	SZYDŁOWSKI Dawid	3382		Open M	101		03:37:43.10	03:37:43.10	+01:22:41 (38.0%)	7:30	8 (62.0%)
102	KNYCH Paweł	3164		Open M	102	01:57:34	03:37:59.35	03:37:59.35	+01:22:57 (38.1%)	7:31	8 (62.0%)
103	MAKOWSKI Jarosław	3231		Open M	103	02:04:44	03:39:24.20	03:39:24.20	+01:24:22 (38.5%)	7:33	7.9 (61.2%)
104	SALIK Stanisław	3338		Open M	104	02:05:40	03:39:50.65	03:39:50.65	+01:24:49 (38.6%)	7:34	7.9 (61.2%)
105	ŁYP Michał	3226		Open M	105	02:03:48	03:39:57.50	03:39:57.50	+01:24:56 (38.6%)	7:35	7.9 (61.2%)
106	ŁUSZCZ Paweł	3225	GAMONIUSZE DĘBICA	Open M	106	02:01:39	03:40:55.45	03:40:55.45	+01:25:54 (38.9%)	7:37	7.9 (61.2%)
107	PERLIŃSKI Mirosław	3467	ASSECO ACTIVE TEAM	Open M	107		03:41:09.65	03:41:09.65	+01:26:08 (38.9%)	7:37	7.9 (61.2%)
108	DULIK Arkadiusz	3073		Open M	108	02:02:28	03:41:33.25	03:41:33.25	+01:26:31 (39.1%)	7:38	7.9 (61.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
109	BOŻEK Grzegorz	3028	DZIKIE ŻYCIE RUNTEAM	Open M	109	02:03:42	03:41:57.85	03:41:57.85	+01:26:56 (39.2%)	7:39	7.8 (60.5%)
110	FILAK Lukasz	3078	PULPET	Open M	110	02:01:27	03:41:57.95	03:41:57.95	+01:26:56 (39.2%)	7:39	7.8 (60.5%)
111	NABORCZYK Sławomir	3265		Open M	111	02:10:54	03:42:52.05	03:42:52.05	+01:27:50 (39.4%)	7:41	7.8 (60.5%)
112	FIEBIG Jakub	3077	MAHLERTEAM	Open M	112		03:44:19.75	03:44:19.75	+01:29:18 (39.8%)	7:44	7.8 (60.5%)
113	LEJMAN Adam	3212		Open M	113	02:03:19	03:44:20.60	03:44:20.60	+01:29:19 (39.8%)	7:44	7.8 (60.5%)
114	PAWŁOWSKI Paweł	3294		Open M	114	01:41:40	03:44:27.25	03:44:27.25	+01:29:25 (39.8%)	7:44	7.8 (60.5%)
115	PYSZYNSKI Mariusz	3319	KAMCIA KAMCIA	Open M	115	02:03:09	03:45:13.90	03:45:13.90	+01:30:12 (40.1%)	7:45	7.7 (59.7%)
116	MUCHA Patryk	3263		Open M	116	02:12:56	03:45:31.25	03:45:31.25	+01:30:29 (40.1%)	7:46	7.7 (59.7%)
117	PTAK Paweł	3317		Open M	117	02:07:02	03:45:43.90	03:45:43.90	+01:30:42 (40.2%)	7:47	7.7 (59.7%)
118	WYSOCKI Bartosz	3441	KS JANUSZE	Open M	118	02:04:24	03:45:49.45	03:45:49.45	+01:30:48 (40.2%)	7:47	7.7 (59.7%)
119	SPORNIAK Krzysztof	3464		Open M	119	02:09:32	03:46:28.80	03:46:28.80	+01:31:27 (40.4%)	7:48	7.7 (59.7%)
120	WÓJTOWICZ Robert	3435		Open M	120	02:02:48	03:47:20.45	03:47:20.45	+01:32:19 (40.6%)	7:50	7.7 (59.7%)
121	KRUPEJ Michał	3198		Open M	121	02:07:29	03:47:55.25	03:47:55.25	+01:32:53 (40.8%)	7:51	7.6 (58.9%)
122	RUSIN Konrad	3332		Open M	122	02:12:14	03:48:19.55	03:48:19.55	+01:33:18 (40.9%)	7:52	7.6 (58.9%)
123	WOJDYŁA Wojciech	3430		Open M	123	02:10:03	03:48:54.25	03:48:54.25	+01:33:52 (41.0%)	7:53	7.6 (58.9%)
124	BUGAŁA Robert	3034	SOLIOD HOUSE	Open M	124	02:08:26	03:49:05.95	03:49:05.95	+01:34:04 (41.1%)	7:53	7.6 (58.9%)
125	DYBCZAK Maciej	3074		Open M	125	02:07:08	03:49:15.25	03:49:15.25	+01:34:13 (41.1%)	7:54	7.6 (58.9%)
126	GRYZ Jacek	3120		Open M	126	02:41:25	03:49:17.95	03:49:17.95	+01:34:16 (41.1%)	7:54	7.6 (58.9%)
127	PĘDRAK Łukasz	3297		Open M	127	02:03:55	03:49:26.35	03:49:26.35	+01:34:24 (41.2%)	7:54	7.6 (58.9%)
128	BRYTAŃCZYK Mateusz	3031		Open M	128	01:42:47	03:49:30.85	03:49:30.85	+01:34:29 (41.2%)	7:54	7.6 (58.9%)
129	SEREDA Paweł	3340		Open M	129	02:05:26	03:49:52.55	03:49:52.55	+01:34:51 (41.3%)	7:55	7.6 (58.9%)
130	KOWALCZUK Jakub	3186		Open M	130	02:07:43	03:49:54.30	03:49:54.30	+01:34:52 (41.3%)	7:55	7.6 (58.9%)
131	TRZCIŃSKI Marcin	3401		Open M	131	02:06:57	03:50:00.75	03:50:00.75	+01:34:59 (41.3%)	7:55	7.6 (58.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
132	WACHOWSKI Piotr	3409		Open M	132	02:08:40	03:50:52.95	03:50:52.95	+01:35:51 (41.5%)	7:57	7.5 (58.1%)
133	NAGORSKI Jacek	3268		Open M	133	02:07:49	03:51:28.45	03:51:28.45	+01:36:27 (41.7%)	7:58	7.5 (58.1%)
134	RAJCZONEK Rafał	3323	NO FUTURE	Open M	134	02:06:25	03:51:57.20	03:51:57.20	+01:36:55 (41.8%)	7:59	7.5 (58.1%)
135	KOMOROWSKI Łukasz	3173		Open M	135	02:11:13	03:52:05.20	03:52:05.20	+01:37:03 (41.8%)	8:00	7.5 (58.1%)
136	WÓJCIK Grzegorz	3433	BIEGING TEAM ZELÓW	Open M	136	02:11:47	03:52:20.80	03:52:20.80	+01:37:19 (41.9%)	8:00	7.5 (58.1%)
137	HABIB Marek	3125		Open M	137	02:10:26	03:52:42.30	03:52:42.30	+01:37:40 (42.0%)	8:01	7.5 (58.1%)
138	MUZAJ Grzegorz	3264		Open M	138	02:06:13	03:53:01.30	03:53:01.30	+01:37:59 (42.1%)	8:02	7.5 (58.1%)
139	JODKO Rafał	3148	OTF	Open M	139	02:06:45	03:53:51.80	03:53:51.80	+01:38:50 (42.3%)	8:03	7.4 (57.4%)
140	FUJA Łukasz	3083	DST	Open M	140	02:09:06	03:54:00.15	03:54:00.15	+01:38:58 (42.3%)	8:04	7.4 (57.4%)
141	PASTORICA Maxime	3290		Open M	141		03:55:01.55	03:55:01.55	+01:40:00 (42.5%)	8:06	7.4 (57.4%)
142	PASTORICA Eugenio	3291		Open M	142	02:09:40	03:55:02.40	03:55:02.40	+01:40:00 (42.6%)	8:06	7.4 (57.4%)
143	SKRUDLIK Wojciech	3350	NIGHT RUNNERS	Open M	143	02:12:51	03:55:16.70	03:55:16.70	+01:40:15 (42.6%)	8:06	7.4 (57.4%)
144	BAŁABAN Waldemar	3012	BIEGUNY WALBA	Open M	144	02:13:15	03:55:43.30	03:55:43.30	+01:40:41 (42.7%)	8:07	7.4 (57.4%)
145	KLUCZYNSKI Grzegorz	3468		Open M	145	02:08:11	03:56:29.80	03:56:29.80	+01:41:28 (42.9%)	8:09	7.4 (57.4%)
146	RYSZKO Grzegorz	3334	NEW BALANCE RUN CLUB WARSZAWA	Open M	146	02:04:00	03:56:56.40	03:56:56.40	+01:41:54 (43.0%)	8:10	7.3 (56.6%)
147	SIKORSKI Wojciech	3343		Open M	147	02:12:40	03:57:22.10	03:57:22.10	+01:42:20 (43.1%)	8:11	7.3 (56.6%)
148	SMOLIŃSKI Rafał	3353		Open M	148	02:07:20	03:57:45.15	03:57:45.15	+01:42:43 (43.2%)	8:11	7.3 (56.6%)
149	SMOLORZ Kewin	3354		Open M	149	02:08:56	03:57:59.40	03:57:59.40	+01:42:57 (43.3%)	8:12	7.3 (56.6%)
150	GOŁYGOWSKI Łukasz	3109	WITKOWO BIEGA	Open M	150	02:10:30	03:58:04.70	03:58:04.70	+01:43:03 (43.3%)	8:12	7.3 (56.6%)
151	DANIELXR21 Danielxr2I	3058	#R	Open M	151		03:58:43.90	03:58:43.90	+01:43:42 (43.4%)	8:13	7.3 (56.6%)
152	WIETECH Paweł	3421		Open M	152	02:11:26	03:59:06.65	03:59:06.65	+01:44:05 (43.5%)	8:14	7.3 (56.6%)
153	KISIEL Michał	3161		Open M	153	02:44:05	03:59:12.75	03:59:12.75	+01:44:11 (43.6%)	8:14	7.3 (56.6%)
154	ZAPAŚNIK Michał	3450	BIEGIEM PO WINO	Open M	154	02:10:15	03:59:44.25	03:59:44.25	+01:44:42 (43.7%)	8:16	7.3 (56.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyśzów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
155	PASISZ Artur	3289	WOODWARD RUNNERS	Open M	155	02:41:37	04:00:10.30	04:00:10.30	+01:45:08 (43.8%)	8:16	7.2 (55.8%)
156	LESZCZYŃSKI Paweł	3218	LASY WAWERSKIE	Open M	156	02:43:21	04:00:36.90	04:00:36.90	+01:45:35 (43.9%)	8:17	7.2 (55.8%)
157	CERAN Artur	3037		Open M	157	02:10:35	04:01:51.65	04:01:51.65	+01:46:50 (44.2%)	8:20	7.2 (55.8%)
158	KRAKOŚ Konrad	3192		Open M	158	02:08:06	04:02:10.55	04:02:10.55	+01:47:09 (44.2%)	8:21	7.2 (55.8%)
159	MALINOWSKI Tomasz Malinowski	3235	UKS LIDER SIERCZA	Open M	159		04:02:39.45	04:02:39.45	+01:47:38 (44.4%)	8:22	7.2 (55.8%)
160	KOISZEWSKI Krzysztof	3169	KLUB 42,2 LĘBORK	Open M	160	02:43:02	04:02:59.40	04:02:59.40	+01:47:57 (44.4%)	8:22	7.2 (55.8%)
161	KIFNER Hubert	3159	BIEGIEM PO WINO	Open M	161	02:08:45	04:03:24.40	04:03:24.40	+01:48:22 (44.5%)	8:23	7.1 (55.0%)
162	NIEDZIELA Wiktor	3269		Open M	162	02:11:00	04:03:42.95	04:03:42.95	+01:48:41 (44.6%)	8:24	7.1 (55.0%)
163	KUBRAK Wojciech	3202		Open M	163	02:41:04	04:04:00.20	04:04:00.20	+01:48:58 (44.7%)	8:24	7.1 (55.0%)
164	MIERZYŃSKI Rafał	3251	BIEGING TEAM ZELÓW	Open M	164	02:12:09	04:04:46.05	04:04:46.05	+01:49:44 (44.8%)	8:26	7.1 (55.0%)
165	MARCINIAK Tomasz	3239		Open M	165	02:42:11	04:04:48.05	04:04:48.05	+01:49:46 (44.8%)	8:26	7.1 (55.0%)
166	ZAWADZKI Piotr	3452		Open M	166		04:05:15.10	04:05:15.10	+01:50:13 (44.9%)	8:27	7.1 (55.0%)
167	CZUPIK Jerzy	3057	RUSYN-LEM	Open M	167	02:07:54	04:06:48.05	04:06:48.05	+01:51:46 (45.3%)	8:30	7.1 (55.0%)
168	HUSIATYNSKI Maciej	3136		Open M	168	02:50:13	04:07:12.95	04:07:12.95	+01:52:11 (45.4%)	8:31	7 (54.3%)
169	KOSOWSKI Seweryn	3182	KOSATEAM / RUSYNLEM	Open M	169		04:07:33.90	04:07:33.90	+01:52:32 (45.5%)	8:32	7 (54.3%)
170	KUCHARSKI Lukasz	3203		Open M	170	02:45:11	04:07:42.75	04:07:42.75	+01:52:41 (45.5%)	8:32	7 (54.3%)
171	OLZACKI Piotr	3281		Open M	171	02:42:50	04:07:55.35	04:07:55.35	+01:52:53 (45.5%)	8:32	7 (54.3%)
172	RZESZOWSKI Tomasz	3335	MIRAZ RACE TEAM	Open M	172	02:41:29	04:08:16.15	04:08:16.15	+01:53:14 (45.6%)	8:33	7 (54.3%)
173	CZEKAJ Szymon	3054		Open M	173	03:18:14	04:09:48.10	04:09:48.10	+01:54:46 (45.9%)	8:36	7 (54.3%)
174	BRUSIŁO Bartosz	3030		Open M	174	02:36:44	04:10:58.65	04:10:58.65	+01:55:57 (46.2%)	8:39	6.9 (53.5%)
175	BIEDROŃ Artur	3017	ERP HEART TEAM	Open M	175	02:52:36	04:11:14.65	04:11:14.65	+01:56:13 (46.3%)	8:39	6.9 (53.5%)
176	CZAJA Paweł	3049		Open M	176	02:36:18	04:11:42.05	04:11:42.05	+01:56:40 (46.4%)	8:40	6.9 (53.5%)
177	STAMM Tomasz	3363		Open M	177	02:37:16	04:12:37.35	04:12:37.35	+01:57:35 (46.6%)	8:42	6.9 (53.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyśzów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
178	OLSZEWSKI Kamil	3280		Open M	178	02:34:32	04:13:42.75	04:13:42.75	+01:58:41 (46.8%)	8:44	6.9 (53.5%)
179	STABRAWA Marcin	3362		Open M	179	02:35:18	04:13:43.05	04:13:43.05	+01:58:41 (46.8%)	8:44	6.9 (53.5%)
180	BUGAJCZYK Cezary	3033	SPARTA LUBLIN	Open M	180	02:52:05	04:15:15.05	04:15:15.05	+02:00:13 (47.1%)	8:48	6.8 (52.7%)
181	LESZCZYŃSKI Bartek	3219		Open M	181	02:40:52	04:16:27.95	04:16:27.95	+02:01:26 (47.4%)	8:50	6.8 (52.7%)
182	PIĘTKA Wojciech	3299		Open M	182	02:57:08	04:16:44.15	04:16:44.15	+02:01:42 (47.4%)	8:51	6.8 (52.7%)
183	WRZESIAK Marcin	3438	BIEGING TEAM ZELÓW	Open M	183	02:12:46	04:16:45.20	04:16:45.20	+02:01:43 (47.4%)	8:51	6.8 (52.7%)
184	ZAJDEL Szczepan	3446		Open M	184	02:42:32	04:16:59.85	04:16:59.85	+02:01:58 (47.5%)	8:51	6.8 (52.7%)
185	SKĄPSKI Ksawery	3347	BWRUNNERS	Open M	185	02:50:32	04:17:12.25	04:17:12.25	+02:02:10 (47.5%)	8:52	6.8 (52.7%)
186	JURYŚ Sławomir	3150	JSYSTEM	Open M	186	02:52:43	04:17:14.00	04:17:14.00	+02:02:12 (47.5%)	8:52	6.8 (52.7%)
187	OZIMINA Samuel	3283		Open M	187	02:55:42	04:17:30.55	04:17:30.55	+02:02:29 (47.6%)	8:52	6.8 (52.7%)
188	SKRZYPEK Robert	3351	BIEGNIJ Z PROSERVICE	Open M	188	02:49:52	04:18:11.45	04:18:11.45	+02:03:10 (47.7%)	8:54	6.7 (51.9%)
189	WIEKIERA Michał	3419		Open M	189	02:36:36	04:19:46.80	04:19:46.80	+02:04:45 (48.0%)	8:57	6.7 (51.9%)
190	SORNAT Mariusz	3359		Open M	190		04:19:47.00	04:19:47.00	+02:04:45 (48.0%)	8:57	6.7 (51.9%)
191	MATHIEU Aoutin	3244		Open M	191	02:36:51	04:19:47.30	04:19:47.30	+02:04:45 (48.0%)	8:57	6.7 (51.9%)
192	URBANOWICZ Piotr	3407		Open M	192		04:20:29.00	04:20:29.00	+02:05:27 (48.2%)	8:58	6.7 (51.9%)
193	NIKLEWICZ Zdzisław	3271		Open M	193	02:54:53	04:20:46.10	04:20:46.10	+02:05:44 (48.2%)	8:59	6.7 (51.9%)
194	KOPAŃSKI Damian	3174		Open M	194	02:42:44	04:21:34.40	04:21:34.40	+02:06:32 (48.4%)	9:01	6.7 (51.9%)
195	MIROWSKI Mariusz	3258		Open M	195	03:23:09	04:22:28.20	04:22:28.20	+02:07:26 (48.6%)	9:03	6.6 (51.2%)
196	NOWAK Piotr	3275		Open M	196	02:43:44	04:22:41.75	04:22:41.75	+02:07:40 (48.6%)	9:03	6.6 (51.2%)
197	MASZKOWSKI Rafał	3242		Open M	197	03:01:21	04:22:51.35	04:22:51.35	+02:07:49 (48.6%)	9:03	6.6 (51.2%)
198	GORAJEK Michał	3114	ALA&LILA	Open M	198	02:51:58	04:22:58.80	04:22:58.80	+02:07:57 (48.7%)	9:04	6.6 (51.2%)
199	WINIARCZYK Łukasz	3425	MIKI&OLUŚ&REMUŚ	Open M	199	02:50:23	04:22:58.95	04:22:58.95	+02:07:57 (48.7%)	9:04	6.6 (51.2%)
200	TYMBURSKI Michał	3405	SPARTA LUBLIN	Open M	200	02:52:27	04:23:15.30	04:23:15.30	+02:08:13 (48.7%)	9:04	6.6 (51.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
201	KOSIŃSKI Tomasz	3180		Open M	201	03:00:23	04:24:11.70	04:24:11.70	+02:09:10 (48.9%)	9:06	6.6 (51.2%)
202	KAWA Dariusz	3157		Open M	202	02:59:44	04:25:51.85	04:25:51.85	+02:10:50 (49.2%)	9:10	6.5 (50.4%)
203	HOPEK Tomasz	3133	AZS AWF KRAKÓW MASTERS	Open M	203	02:59:04	04:28:08.20	04:28:08.20	+02:13:06 (49.6%)	9:14	6.5 (50.4%)
204	SZYDLIK Marek	3380		Open M	204	02:55:11	04:32:08.95	04:32:08.95	+02:17:07 (50.4%)	9:23	6.4 (49.6%)
205	WIATRÓW Marcin	3418		Open M	205	03:03:23	04:34:23.75	04:34:23.75	+02:19:22 (50.8%)	9:27	6.3 (48.8%)
206	LEŃCZUK Andrzej	3215		Open M	206	03:00:13	04:35:18.05	04:35:18.05	+02:20:16 (51.0%)	9:29	6.3 (48.8%)
207	MAJCHROWSKI Marcin	3228	EGGER BISKUPIEC BIEGA	Open M	207	02:01:01	04:35:55.35	04:35:55.35	+02:20:53 (51.1%)	9:30	6.3 (48.8%)
208	NADOBNY Radosław	3267		Open M	208	02:54:09	04:35:55.55	04:35:55.55	+02:20:54 (51.1%)	9:30	6.3 (48.8%)
209	KROLIK Roman	3195		Open M	209	01:41:09	04:35:59.15	04:35:59.15	+02:20:57 (51.1%)	9:31	6.3 (48.8%)
210	KAPTUR Jarosław	3154	ŻÓRAWSKI TEAM	Open M	210	03:00:58	04:36:43.55	04:36:43.55	+02:21:42 (51.2%)	9:32	6.3 (48.8%)
211	TOCHOWICZ Jacek	3395		Open M	211	03:00:52	04:36:43.70	04:36:43.70	+02:21:42 (51.2%)	9:32	6.3 (48.8%)
212	ŚLIWA Adam	3386		Open M	212	02:43:52	04:36:47.80	04:36:47.80	+02:21:46 (51.2%)	9:32	6.3 (48.8%)
213	CYNARSKI Roland	3048	HAPPY RUNNERS	Open M	213	02:55:04	04:37:06.50	04:37:06.50	+02:22:05 (51.3%)	9:33	6.3 (48.8%)
214	ROLKA Wiktor	3328		Open M	214	02:55:26	04:37:32.90	04:37:32.90	+02:22:31 (51.4%)	9:34	6.3 (48.8%)
215	ŽIŠKA Maciej	3458		Open M	215	03:20:14	04:38:33.05	04:38:33.05	+02:23:31 (51.5%)	9:36	6.2 (48.1%)
216	SMOCZYŃSKI Piotr	3352		Open M	216	03:20:24	04:38:33.20	04:38:33.20	+02:23:31 (51.5%)	9:36	6.2 (48.1%)
217	TROCHANOWSKI Krystian	3399	RUSYNLEM	Open M	217	03:01:36	04:39:07.40	04:39:07.40	+02:24:05 (51.6%)	9:37	6.2 (48.1%)
218	TYLMAN Radosław	3404		Open M	218	03:16:44	04:39:33.10	04:39:33.10	+02:24:31 (51.7%)	9:38	6.2 (48.1%)
219	GIERLOTKA Maciej	3100	HARDE SUKI I WCZASOWICZE	Open M	219	03:18:53	04:39:47.75	04:39:47.75	+02:24:46 (51.7%)	9:38	6.2 (48.1%)
220	KOZŁOWSKI Tomasz	3191	HARDE SUKI I WCZASOWICZE	Open M	220	03:18:26	04:39:49.10	04:39:49.10	+02:24:47 (51.7%)	9:38	6.2 (48.1%)
221	SZYMAŃSKI Mariusz	3383		Open M	221	03:17:58	04:40:26.95	04:40:26.95	+02:25:25 (51.9%)	9:40	6.2 (48.1%)
222	KUPIEC Dariusz	3207	MKB DREPTAK	Open M	222	03:18:04	04:40:27.20	04:40:27.20	+02:25:25 (51.9%)	9:40	6.2 (48.1%)
223	ZACŁONA Krzysztof	3443	SAINT - GOBAIN SQUAD	Open M	223	03:19:13	04:40:59.00	04:40:59.00	+02:25:57 (51.9%)	9:41	6.2 (48.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
224	ZGÓRSKI Maciej	3454		Open M	224	03:19:07	04:41:47.95	04:41:47.95	+02:26:46 (52.1%)	9:43	6.2 (48.1%)
225	CHOMIAK Dariusz	3041		Open M	225	03:20:34	04:42:13.60	04:42:13.60	+02:27:12 (52.2%)	9:43	6.2 (48.1%)
226	NITSCH Tomasz	3272		Open M	226	03:17:42	04:44:01.30	04:44:01.30	+02:28:59 (52.5%)	9:47	6.1 (47.3%)
227	GALESKI Stanislaw	3086	KLUB SPORTOWY PSTRONG	Open M	227		04:44:21.75	04:44:21.75	+02:29:20 (52.5%)	9:48	6.1 (47.3%)
228	WALUGA Michał	3413		Open M	228	03:01:53	04:44:24.00	04:44:24.00	+02:29:22 (52.5%)	9:48	6.1 (47.3%)
229	GAWĘDZKI Rafał	3097		Open M	229	03:03:35	04:45:13.50	04:45:13.50	+02:30:12 (52.7%)	9:50	6.1 (47.3%)
230	MIELCZAREK Piotr	3250		Open M	230		04:47:18.15	04:47:18.15	+02:32:16 (53.0%)	9:54	6.1 (47.3%)
231	SZRENIAWA Waldemar	3377	MIRAZ RACE TEAM	Open M	231	03:03:29	04:47:23.35	04:47:23.35	+02:32:21 (53.0%)	9:54	6.1 (47.3%)
232	BACZUK Jakub	3008		Open M	232	02:40:26	04:49:13.20	04:49:13.20	+02:34:11 (53.3%)	9:58	6 (46.5%)
233	ROMANOWSKI Krystian	3330	OTF	Open M	233	03:02:01	04:51:18.70	04:51:18.70	+02:36:17 (53.6%)	10:02	6 (46.5%)
234	TARNOWSKI Paweł	3393	BRACTWO BIEGOWE BGK	Open M	234	03:22:03	04:56:58.45	04:56:58.45	+02:41:57 (54.5%)	10:14	5.9 (45.7%)
235	BIELIŃSKI Michał	3018	WERAARMY	Open M	235	03:20:59	04:57:21.45	04:57:21.45	+02:42:20 (54.6%)	10:15	5.9 (45.7%)
Przekroczony limit czasu: 05:00:00											
236	WASŁOWICZ Bartłomiej	3415		Open M	236	03:21:21	05:09:17.65	05:09:17.65	+02:54:16 (56.3%)	10:39	5.6 (43.4%)

Znaleziono 236 wynik(ów)