



LEMKOWYNA ULTRA-TRAIL® 100

B4SPORT
INTELEKTUJĄCE ZAWODY SPORTOWE

Wydarzenie: Łemkowska Ultra-Trail
Organizator: Fundacja Ultra
Data: 2019-10-12
Miejsce: Komańcza
Dystans: 100 km

B4SPORT
INTELEKTUJĄCE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz				Czas netto 102.3km	Czas brutto 102.3km	Różn	Tempo min/km	Tempo km/h
						Ropki 19.6km	Zdynia 30km	Hałbowska 64.2km	Chyrowa 82km					
1	WALASZCZYK Lucyna	682	NATURAL BORN RUNNERS TEAM	Open K	1	01:59:18	03:46:40	07:43:10	10:05:49	12:50:16.95	12:50:20.05		7:31	8 (100%)
2	MATYSIAK Bartłomiej	601	JACEKBIEGA RUNNING TEAM	Open M	1	02:05:33	03:59:01	07:53:24	10:13:41	12:54:56.75	12:55:04.05	+00:04:44 (0.6%)	7:34	7.9 (98.8%)
3	VAN DER JAGT Luuk	504		Open M	2	02:01:53	03:50:53	07:50:02	10:13:41	12:58:59.80	12:59:14.65	+00:08:54 (1.1%)	7:36	7.9 (98.8%)
4	ASPERSKI Michał	512	KB SUPERMARATOŃCZYK	Open M	3	02:06:53	03:59:14	07:57:19	10:26:04	13:14:19.45	13:14:23.55	+00:24:03 (3.0%)	7:45	7.7 (96.3%)
5	REJ Mirosław	627	M&T WYJADACZE PARÓWKÓW	Open M	4	02:15:12	04:12:04	08:15:43	10:44:14	13:26:19.30	13:26:24.40	+00:36:04 (4.5%)	7:52	7.6 (95.0%)
6	MOCZYŃSKI Paweł	604	OSTROBIEC	Open M	5	02:10:38	04:03:08	08:08:40	10:45:24	13:41:44.25	13:41:55.30	+00:51:35 (6.3%)	8:01	7.5 (93.8%)
7	BERGHAMMER Tamas	517	COOL CATS	Open M	6	02:09:20	04:05:31	08:19:48	10:43:29	13:45:24.25	13:45:30.25	+00:55:10 (6.7%)	8:04	7.4 (92.5%)
8	KOPIEC Przemek	573		Open M	7	01:57:36	03:46:10	07:50:21	10:35:55	13:48:13.35	13:48:18.00	+00:57:57 (7.0%)	8:05	7.4 (92.5%)
9	LONC Tomasz	590	M&T WYJADACZE PARÓWKÓW	Open M	8	02:06:43	04:03:33	08:12:36	10:54:41	13:53:53.05	13:53:58.35	+01:03:38 (7.6%)	8:09	7.4 (92.5%)
10	NIEDZIAŁKOWSKI Jan	610		Open M	9	02:07:23	04:03:35	08:23:18	11:11:24	13:59:33.75	13:59:39.05	+01:09:19 (8.3%)	8:12	7.3 (91.3%)
11	GRABOŚ Nina	503		Open K	2	02:21:06	04:28:36	08:30:35	11:03:23	14:03:15.75	14:03:24.75	+01:13:04 (8.7%)	8:14	7.3 (91.3%)
12	SZOTOWICZ Sebastian	651	TT SZCZECIN / SZWLA STARGARD	Open M	10	02:06:22	03:58:49	08:03:49	10:50:55	14:07:33.90	14:07:37.30	+01:17:17 (9.1%)	8:17	7.2 (90.0%)
13	WAGNER Lenka	660		Open K	3	02:29:39	04:38:32	08:51:00	11:26:54	14:07:49.10	14:07:54.65	+01:17:34 (9.1%)	8:17	7.2 (90.0%)
14	KERSULIS Marijus	570	MDM	Open M	11	02:25:04	04:34:48	08:49:55	11:17:54	14:09:50.75	14:09:56.15	+01:19:36 (9.4%)	8:18	7.2 (90.0%)
15	PRUCNAL Zbigniew	624	ELKO24.PL	Open M	12	02:20:41	04:28:37	08:43:00	11:26:29	14:12:42.70	14:12:46.40	+01:22:26 (9.7%)	8:20	7.2 (90.0%)
16	MARKIEWICZ Agnieszka	597	PRORUNNING PROMOTION	Open K	4	02:14:03	04:14:13	08:25:20	11:06:09	14:23:54.75	14:23:59.10	+01:33:39 (10.8%)	8:26	7.1 (88.8%)
17	KUŹNIAR Paweł	584	FINISH RYMANÓW	Open M	13	02:15:18	04:17:20	08:42:26	11:29:37	14:26:01.70	14:26:10.30	+01:35:50 (11.1%)	8:27	7.1 (88.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz				Czas netto 102.3km	Czas brutto 102.3km	Różn	Tempo min/km	Tempo km/h
						Ropki 19.6km	Zdynia 30km	Hałbowska 64.2km	Chyrowa 82km					
18	KOZŁOWSKI Łukasz	578		Open M	14	02:14:44	04:11:40	08:29:15	11:35:58	14:28:25.00	14:28:31.95	+01:38:11 (11.3%)	8:29	7.1 (88.8%)
19	STAROBRAT Arkadiusz	644	ALETEMPO	Open M	15	02:15:05	04:23:43	08:43:49	11:30:10	14:31:00.75	14:31:11.25	+01:40:51 (11.6%)	8:30	7 (87.5%)
20	NIEDZIELA Marcin	611		Open M	16	02:12:12	04:22:37	08:47:08	11:41:57	14:59:00.85	14:59:04.55	+02:08:44 (14.3%)	8:47	6.8 (85.0%)
21	BIENIEK Damian	518		Open M	17	02:12:02	04:22:25	08:46:57	11:41:46	14:58:53.45	14:59:04.65	+02:08:44 (14.3%)	8:47	6.8 (85.0%)
22	LILLA Piotr	589	KLUB WYSOKOGÓRSKI W JASTRZĘBIU - ZDROJU	Open M	18	02:15:34	04:25:30	09:12:37	12:02:48	15:15:38.00	15:15:48.90	+02:25:28 (15.9%)	8:57	6.7 (83.8%)
23	POMAGRUK Piotr	621	DZIKI ZE ŚLICHOWIC	Open M	19	02:26:31	04:37:44	09:03:14	12:00:23	15:18:44.35	15:18:58.55	+02:28:38 (16.2%)	8:58	6.7 (83.8%)
24	BATISTELLA Cristian Gabriel	516	URETA TEAM	Open M	20	02:24:20	04:38:02	09:12:16	12:07:57	15:26:18.60	15:26:23.60	+02:36:03 (16.8%)	9:03	6.6 (82.5%)
25	NAWROCKI Przemek	609	SILESIA MARATHON TEAM	Open M	21	02:12:43	04:14:21	09:11:46	12:16:30	15:28:04.35	15:28:04.35	+02:37:44 (17.0%)	9:04	6.6 (82.5%)
26	MARMORATO Alessandro	598	TURIN CREW RUNNING CO.	Open M	22	02:26:34	04:51:48	09:14:16	12:05:16	15:40:04.90	15:40:12.60	+02:49:52 (18.1%)	9:11	6.5 (81.3%)
27	JACKSON Daisy	501	COOL CATS	Open K	5	02:23:41	04:36:48	09:26:18	12:22:09	15:40:58.25	15:41:04.45	+02:50:44 (18.1%)	9:11	6.5 (81.3%)
28	KOCEMBA Askaniusz	571		Open M	23	02:12:31	04:24:25	09:01:25	12:08:32	15:41:47.10	15:41:49.95	+02:51:29 (18.2%)	9:12	6.5 (81.3%)
29	TYCZKA Wojciech	656	CIDRY LOTAJOM	Open M	24	02:30:04	04:42:38	09:15:53	12:26:07	15:43:43.90	15:43:56.60	+02:53:36 (18.4%)	9:13	6.5 (81.3%)
30	BARTOSZ Marek	515	JCI RUNNING TEAM	Open M	25	02:30:50	04:45:47	09:25:13	12:22:40	15:46:19.30	15:46:26.90	+02:56:06 (18.6%)	9:15	6.5 (81.3%)
31	AGRES Paweł	509	KW KOTŁOWNIA	Open M	26	02:11:58	04:17:14	09:19:06	12:28:31	15:52:11.60	15:52:28.65	+03:02:08 (19.1%)	9:18	6.4 (80.0%)
32	GRABOWSKI Wojciech	545		Open M	27	02:23:52	04:35:45	09:11:51	12:28:03	15:54:37.85	15:54:42.65	+03:04:22 (19.3%)	9:19	6.4 (80.0%)
33	SZLOSER Anna	505	MONTEKAZURA TEAM	Open K	6	02:36:37	04:57:07	09:42:16	12:45:48	16:04:05.50	16:04:14.55	+03:13:54 (20.1%)	9:25	6.4 (80.0%)
34	AUGUSTYNIAK Grzegorz	513		Open M	28	02:25:56	04:37:29	09:15:06	12:37:03	16:05:43.15	16:05:54.95	+03:15:34 (20.2%)	9:26	6.4 (80.0%)
35	GAJDA Piotr	540		Open M	29	02:35:11	04:50:29	09:30:48	12:55:14	16:06:09.05	16:06:18.15	+03:15:58 (20.3%)	9:26	6.4 (80.0%)
36	URBAŃCZYK Darek	658	RANDONNEURS POLSKA	Open M	30	02:23:45	04:39:01	09:19:46	12:40:33	16:07:38.10	16:07:48.05	+03:17:28 (20.4%)	9:27	6.3 (78.8%)
37	WOJEWODA Michał	672	TRIWAWA / RUN THE PARK	Open M	31	02:35:13	04:56:50	09:44:45	12:50:37	16:09:53.00	16:10:03.15	+03:19:43 (20.6%)	9:28	6.3 (78.8%)
38	ANTOSIAK Tomasz	511	TMTEAM	Open M	32	02:37:00	04:54:23	09:42:22	12:55:59	16:22:09.85	16:22:22.95	+03:32:02 (21.6%)	9:36	6.2 (77.5%)
39	KORDECKA Anna	574	WCHSZT	Open K	7	02:37:03	04:54:20	09:27:47	12:37:50	16:23:31.10	16:23:44.60	+03:33:24 (21.7%)	9:36	6.2 (77.5%)
40	JĘDRZEJEWSKI Łukasz	563	WATAHA	Open M	33	02:27:10	04:47:08	09:34:37	12:47:48	16:26:00.40	16:26:10.25	+03:35:50 (21.9%)	9:38	6.2 (77.5%)
41	ZIĘTERSKI Robert	679	EBIEGI.PL	Open M	34	02:27:13	04:47:09	09:34:50	12:47:47	16:26:00.20	16:26:10.95	+03:35:50 (21.9%)	9:38	6.2 (77.5%)
42	CHLÁDEK Roman	526	RUNSPORT TEAM	Open M	35	02:18:51	04:39:56	09:42:11	12:51:17	16:28:35.25	16:28:44.35	+03:38:24 (22.1%)	9:39	6.2 (77.5%)

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						Ropki 19.6km	Zdynia 30km	Hałbowska 64.2km	Chyrowa 82km					
43	POPŁAWSKI Piotr	622	PGB SPORTOWA PACZKA	Open M	36	02:36:34	05:00:07	09:46:37	12:56:00	16:28:52.15	16:29:01.15	+03:38:41 (22.1%)	9:39	6.2 (77.5%)
44	ŻURAWSKI Sławomir	681	PGB SPORTOWA PACZKA	Open M	37	02:36:23	04:57:10	09:42:23	12:42:25	16:31:07.20	16:31:17.05	+03:40:57 (22.3%)	9:41	6.2 (77.5%)
45	SOBCZAK Tomasz	641	MARCIN SWIERC TEAM	Open M	38	02:35:54	04:59:28	10:05:44	13:21:19	16:42:16.40	16:42:22.00	+03:52:01 (23.1%)	9:47	6.1 (76.3%)
46	HEJNOWICZ Tomasz	552	KMWTW	Open M	39	02:36:25	05:12:40	10:04:51	13:23:25	16:43:27.60	16:43:37.60	+03:53:17 (23.2%)	9:48	6.1 (76.3%)
47	GUZIK Grzegorz	548	SPORTOWE KARPATY	Open M	40	02:36:27	05:12:43	10:04:49	13:23:26	16:43:27.50	16:43:38.25	+03:53:18 (23.2%)	9:48	6.1 (76.3%)
48	CHODKIEWICZ Tomasz	528	TRZEBA BIEGAĆ I ...	Open M	41	02:38:52	04:58:13	10:26:27	13:37:00	16:43:20.80	16:43:42.15	+03:53:22 (23.3%)	9:48	6.1 (76.3%)
49	FRYBEL Damian	536		Open M	42	02:36:41	05:03:54	09:48:44	13:10:27	16:44:04.25	16:44:16.75	+03:53:56 (23.3%)	9:48	6.1 (76.3%)
50	HRABEC Michal	683		Open M	43	02:19:24	04:35:08	09:42:04	13:18:37	16:48:13.95	16:48:20.45	+03:58:00 (23.6%)	9:51	6.1 (76.3%)
51	GAJDECKI Tomek	541	ACCENTURE	Open M	44	02:36:39	04:53:45	09:55:46	13:22:08	16:49:28.55	16:49:44.50	+03:59:24 (23.7%)	9:52	6.1 (76.3%)
52	REJMAN Grzegorz	628	#BIEGAMGRZEGORZREJMAN	Open M	45	02:35:09	05:09:30	10:26:46	13:15:20	16:50:09.15	16:50:14.10	+03:59:54 (23.7%)	9:52	6.1 (76.3%)
53	CZELNY Zbyszek	531		Open M	46	02:36:42	04:54:24	10:04:15	13:34:16	16:57:57.10	16:58:03.90	+04:07:43 (24.3%)	9:57	6 (75.0%)
54	TUŁAZA Jan	655	KLUB BIEGACZA T2/4	Open M	47	02:25:43	04:45:09	09:39:55	13:06:53	17:04:13.25	17:04:20.45	+04:14:00 (24.8%)	10:00	6 (75.0%)
55	URBANÍK Martin	657	STEFANIKTRAIL.SK	Open M	48	02:28:28	04:53:34	09:42:42	13:18:34	17:06:42.50	17:06:56.75	+04:16:36 (25.0%)	10:02	6 (75.0%)
56	ZINCKE Jonathan	680	COOL CATS	Open M	49	02:36:07	04:54:53	09:46:34	13:28:35	17:08:03.95	17:08:11.15	+04:17:51 (25.1%)	10:02	6 (75.0%)
57	KULIG Tomasz	582		Open M	50	02:54:06	05:20:22	10:26:43	13:29:42	17:11:42.05	17:12:01.45	+04:21:41 (25.4%)	10:05	5.9 (73.8%)
58	MACIEJEWSKI Marcin	592	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ/WOŹNIAK RUNNING TEAM	Open M	51	02:26:32	04:36:12	09:03:33	12:16:04	17:14:31.00	17:14:45.20	+04:24:25 (25.6%)	10:06	5.9 (73.8%)
59	BONCZEK Łukasz	522		Open M	52	02:39:23	05:00:02	10:04:37	13:35:49	17:28:13.05	17:28:29.30	+04:38:09 (26.5%)	10:14	5.9 (73.8%)
60	ZADROŻNY Piotr	676	DRZWI DO MARZEŃ	Open M	53	02:39:30	05:05:30	10:26:34	13:54:46	17:31:01.95	17:31:14.35	+04:40:54 (26.7%)	10:16	5.8 (72.5%)
61	POCHYLSKI Przemysław	620	ZGRUPKA TEAM	Open M	54	02:36:43	05:05:54	10:32:21	14:08:39	17:32:29.05	17:32:36.45	+04:42:16 (26.8%)	10:17	5.8 (72.5%)
62	NOWAK Jordan	613	ALIOR RUNNING TEAM	Open M	55	02:32:37	05:00:45	10:07:02	14:00:26	17:32:30.50	17:32:40.45	+04:42:20 (26.8%)	10:17	5.8 (72.5%)
63	JAKUBOWSKI Łukasz	556	KB KAMIEŃ POMORSKI	Open M	56	02:26:10	04:52:20	10:26:26	13:41:11	17:46:40.80	17:46:58.80	+04:56:38 (27.8%)	10:25	5.8 (72.5%)
64	MORCINEK Marcin	605	BLUSZCZA	Open M	57	02:31:41	04:52:17	09:56:03	13:36:00	17:46:49.85	17:47:02.50	+04:56:42 (27.8%)	10:25	5.8 (72.5%)
65	PIETRZAK Mariusz	618		Open M	58	02:32:52	04:57:13	09:57:53	13:38:39	17:46:51.45	17:47:03.45	+04:56:43 (27.8%)	10:25	5.8 (72.5%)
66	SZCZEPAŃSKI Jakub	650		Open M	59	02:41:53	05:10:53	10:27:01	13:56:19	17:46:59.25	17:47:03.70	+04:56:43 (27.8%)	10:25	5.8 (72.5%)
67	MAMCARCZYK Tomasz	596	EKOBIEGI	Open M	60	02:40:06	05:07:46	10:08:14	13:53:07	17:47:44.05	17:47:51.55	+04:57:31 (27.9%)	10:26	5.7 (71.3%)

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						Ropki 19.6km	Zdynia 30km	Hałbowska 64.2km	Chyrowa 82km					
68	CZAJKOWSKI Rafał	530	EKOBIEGI	Open M	61	02:40:12	05:10:46	10:08:10	13:53:07	17:47:45.15	17:47:52.05	+04:57:32 (27.9%)	10:26	5.7 (71.3%)
69	SANNER Marcin	633	POWSINOGA	Open M	62	02:35:48	05:00:05	10:04:55	13:42:13	17:49:37.75	17:49:56.75	+04:59:36 (28.0%)	10:27	5.7 (71.3%)
70	DYREK Mateusz	534		Open M	63	02:17:56	04:44:53	09:48:22	13:54:09	17:55:16.15	17:55:20.65	+05:05:00 (28.4%)	10:30	5.7 (71.3%)
71	HENSEL Krzysztof	506	LUXTORPEDA CZERWIONKA	Open M	64	02:25:00	04:37:41	10:04:51	14:20:09	17:55:39.90	17:55:53.20	+05:05:33 (28.4%)	10:30	5.7 (71.3%)
72	PASECKA Sylwia	616	INŻYNIERIA BIEGANIA	Open K	8	02:39:53	05:07:56	10:28:44	14:13:22	17:55:44.95	17:55:53.35	+05:05:33 (28.4%)	10:30	5.7 (71.3%)
73	CHOJNOWSKI Andrzej	529		Open M	65	02:30:21	05:06:23	10:34:05	13:56:22	17:55:48.30	17:55:58.75	+05:05:38 (28.4%)	10:30	5.7 (71.3%)
74	SZAFRAN Łukasz	649	ENERGIZE YOUR LIFE	Open M	66	02:56:35	05:33:48	10:36:10	14:12:52	18:03:59.90	18:04:11.25	+05:13:51 (28.9%)	10:35	5.7 (71.3%)
75	JANIK Mariusz	560		Open M	67	02:41:10	05:03:29	10:07:09	13:46:04	18:05:12.80	18:05:31.55	+05:15:11 (29.0%)	10:36	5.7 (71.3%)
76	SIEK Jakub	636	COOL CATS	Open M	68	02:23:35	04:41:47		13:53:02	18:06:06.20	18:06:09.40	+05:15:49 (29.1%)	10:37	5.7 (71.3%)
77	STUDZINSKA Jana	507	COOL CATS	Open K	9	02:36:09	04:54:57	10:05:00	13:53:00	18:08:47.65	18:08:54.25	+05:18:34 (29.3%)	10:38	5.6 (70.0%)
78	KAŁUŻNY Marcin	566	FLYING PIG	Open M	69	02:39:33	05:20:38	10:35:47	14:30:44	18:13:47.80	18:13:53.85	+05:23:33 (29.6%)	10:41	5.6 (70.0%)
79	NOWAK Jaroslaw	612		Open M	70	02:35:41	05:08:42	10:28:42	14:23:12	18:13:43.20	18:13:56.45	+05:23:36 (29.6%)	10:41	5.6 (70.0%)
80	GIRA Rastislav	543	#ZAZIULTRA	Open M	71	02:42:13	05:07:04	10:26:38	14:20:44	18:14:05.70	18:14:20.45	+05:24:00 (29.6%)	10:41	5.6 (70.0%)
81	KOWALEWSKA Claudia	575		Open K	10	02:38:50	05:23:38	10:31:02	13:58:02	18:22:02.55	18:22:24.90	+05:32:04 (30.1%)	10:46	5.6 (70.0%)
82	KUCIŃSKI Tomasz	581	MKB DREPTAK	Open M	72	02:49:17	05:14:00	10:05:11	14:31:42	18:24:06.85	18:24:28.75	+05:34:08 (30.3%)	10:47	5.6 (70.0%)
83	LEŚNIAK Marcin	587	ZARAŻENI BÓLEM	Open M	73	02:37:28	05:06:57	10:26:54	14:10:41	18:30:43.65	18:30:58.50	+05:40:38 (30.7%)	10:51	5.5 (68.8%)
84	ZAWADA Mateusz	677	DELL TECHNOLOGIES	Open M	74	02:37:25	05:06:53	10:26:43	14:10:43	18:30:44.00	18:30:58.55	+05:40:38 (30.7%)	10:51	5.5 (68.8%)
85	CASALLAS Yvette	525	COOL CATS	Open K	11	02:35:44	05:08:45	10:36:01	14:20:38	18:41:04.00	18:41:10.30	+05:50:50 (31.3%)	10:57	5.5 (68.8%)
86	JANISZ Katarzyna	561		Open K	12	02:44:26	05:24:18	10:53:06	14:31:58	18:53:53.90	18:54:07.60	+06:03:47 (32.1%)	11:05	5.4 (67.5%)
87	PIĘTA Marlena	619	OSTROBIEC	Open K	13	02:47:19	05:28:51	10:58:02	14:53:17	18:56:46.45	18:57:00.85	+06:06:40 (32.2%)	11:06	5.4 (67.5%)
88	WIERZBIŃSKA Karolina	665	JACEKBIEGA RUNNING TEAM	Open K	14	02:55:20	05:46:20	11:36:23	15:15:48	19:06:15.50	19:06:24.00	+06:16:03 (32.8%)	11:12	5.4 (67.5%)
89	SAWICKI Bartosz	634	JACEKBIEGA RUNNING TEAM	Open M	75	02:55:25	05:46:13	11:35:51	15:06:07	19:09:33.25	19:09:40.85	+06:19:20 (33.0%)	11:14	5.3 (66.3%)
90	GRZANECKI Rafał	546	JEEP	Open M	76	02:52:56	05:40:30	11:37:26	15:24:43	19:10:51.70	19:11:13.20	+06:20:53 (33.1%)	11:14	5.3 (66.3%)
91	ZABRZEWSKI Patryk	675	JASTRZĘBSKI KLUB WYSOKOGÓRSKI	Open M	77	02:37:09	05:19:27	10:58:09	14:45:48	19:13:46.40	19:13:57.75	+06:23:37 (33.2%)	11:16	5.3 (66.3%)
92	SIECZKOWSKI Artur	635	NATURAL BORN RUNNERS TEAM	Open M	78	02:43:45	05:20:46	10:58:12	14:49:24	19:13:46.15	19:13:58.00	+06:23:37 (33.2%)	11:16	5.3 (66.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz				Czas netto 102.3km	Czas brutto 102.3km	Różn	Tempo min/km	Tempo km/h
						Ropki 19.6km	Zdynia 30km	Hałbowska 64.2km	Chyrowa 82km					
93	RYBAK Aneta	630		Open K	15	02:44:48	05:29:11	10:58:18	14:53:53	19:14:06.00	19:14:18.05	+06:23:58 (33.3%)	11:16	5.3 (66.3%)
94	WOJCIECHOWSKI Paweł	671	BIEGACZE JUNIORA-RUNNER TEAM	Open M	79	02:45:02	05:23:27	11:08:06	15:26:05	19:21:36.40	19:21:48.25	+06:31:28 (33.7%)	11:21	5.3 (66.3%)
95	ŚLIWICKA Ewa	653	BIEGACZE JUNIORA-RUNNERS TEAM	Open K	16	02:45:04	05:23:37	11:08:09	15:18:11	19:21:36.70	19:21:48.50	+06:31:28 (33.7%)	11:21	5.3 (66.3%)
96	JANIK Joanna	559		Open K	17	02:41:30	05:23:49	11:00:48	15:13:25	19:21:43.25	19:22:01.65	+06:31:41 (33.7%)	11:21	5.3 (66.3%)
97	SOCHA Marcin	642		Open M	80	02:35:16	05:07:12	10:36:09	14:36:47	19:23:52.70	19:24:02.25	+06:33:42 (33.8%)	11:22	5.3 (66.3%)
98	WAGNER Ewa	659		Open K	18	02:53:42	05:45:09	11:11:22	15:06:34	19:27:22.70	19:27:34.75	+06:37:14 (34.0%)	11:24	5.3 (66.3%)
99	WISNIEWSKA Agnieszka	668	PARA W BIEGU	Open K	19	02:44:21	05:24:16	10:53:07	14:31:59	19:42:06.70	19:42:20.20	+06:52:00 (34.8%)	11:33	5.2 (65.0%)
100	WISNIEWSKI Janusz	669	PARAWBIEGU	Open M	81	02:38:22	05:11:53	10:26:47	14:11:49	19:42:08.80	19:42:21.50	+06:52:01 (34.8%)	11:33	5.2 (65.0%)
101	WITKOWSKA Beata	670	#KASZANIENAMOKA	Open K	20	03:12:03	06:02:44	11:40:45	15:22:10	19:43:03.30	19:43:23.85	+06:53:03 (34.9%)	11:33	5.2 (65.0%)
102	MISIĄGIEWICZ Paweł	603		Open M	82	02:39:44	05:10:46	11:08:47	15:26:54	19:44:43.25	19:44:56.45	+06:54:36 (35.0%)	11:34	5.2 (65.0%)
103	LEMIESZKA Marta	586	FRACHT SPORT CLUB	Open K	21	02:41:52	05:27:30	10:50:28	14:47:56	19:45:48.35	19:46:02.15	+06:55:42 (35.0%)	11:35	5.2 (65.0%)
104	KARWACKI Łukasz	569	PIĘKNI MŁODZIEŃCY	Open M	83	03:00:09	05:54:05	11:40:12	15:22:19	20:01:17.75	20:01:38.80	+07:11:18 (35.9%)	11:44	5.1 (63.8%)
105	HADAM Michał	549	KB MANIAC POZNAŃ/NBR	Open M	84	02:40:46	05:19:30	11:07:17	15:18:23	20:01:25.50	20:01:39.00	+07:11:18 (35.9%)	11:44	5.1 (63.8%)
106	RĄCZKA Rafał	626		Open M	85	02:56:25	05:39:40	11:23:29	15:28:37	20:22:33.70	20:22:49.35	+07:32:29 (37.0%)	11:57	5 (62.5%)
107	WIETECZA Paweł	666		Open M	86	02:56:36	05:39:37	11:23:31	15:28:39	20:22:36.10	20:22:51.50	+07:32:31 (37.0%)	11:57	5 (62.5%)
108	WÓJTOWICZ Jacek	674	FRANCISZKANIE - KROSNO	Open M	87	02:40:42	05:31:57	11:33:13	15:44:44	20:24:32.35	20:24:40.65	+07:34:20 (37.1%)	11:58	5 (62.5%)
109	ROSA Aleksander	629	JACKO	Open M	88	02:53:23	05:58:05	12:21:51	16:15:06	20:33:46.60	20:34:02.10	+07:43:42 (37.6%)	12:03	5 (62.5%)
110	HORBACZ Hanna	555	JACKO	Open K	22	02:53:20	05:57:58	12:21:47	16:15:06	20:33:46.25	20:34:02.20	+07:43:42 (37.6%)	12:03	5 (62.5%)
111	STOLARZ Grzegorz	645	NIEPOŁOMICE BIEGAJĄ	Open M	89	02:42:32	05:26:08	11:07:58	15:39:51	20:38:03.80	20:38:13.35	+07:47:53 (37.8%)	12:06	5 (62.5%)
112	KUNKEL Anna	583	PGB SPORTOWA PACZKA	Open K	23	03:07:12	06:09:05	12:03:30	15:55:32	20:40:44.00	20:40:53.20	+07:50:33 (37.9%)	12:07	4.9 (61.3%)
113	WASIL Joanna	663		Open K	24	03:03:47	06:08:48	12:07:47	16:17:45	20:47:32.40	20:47:48.35	+07:57:28 (38.3%)	12:11	4.9 (61.3%)
114	FURMANOWSKI Paweł	538		Open M	90	02:46:19	05:16:09	11:37:39	15:54:47	20:51:24.10	20:51:39.25	+08:01:19 (38.5%)	12:13	4.9 (61.3%)
115	FURMANOWSKI Franciszek	537		Open M	91	02:46:17	05:16:05	11:37:41	15:54:46	20:51:24.05	20:51:39.50	+08:01:19 (38.5%)	12:13	4.9 (61.3%)
116	STACHURSKI Paweł	643		Open M	92	02:51:32	05:33:49	11:20:21	16:02:50	20:57:06.10	20:57:14.15	+08:06:54 (38.7%)	12:17	4.9 (61.3%)
117	JANAS Kasia	558		Open K	25	02:51:37	05:33:56	11:20:25	16:02:48	20:57:06.30	20:57:14.50	+08:06:54 (38.7%)	12:17	4.9 (61.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz				Czas netto 102.3km	Czas brutto 102.3km	Różn	Tempo min/km	Tempo km/h
						Ropki 19.6km	Zdymia 30km	Hałbowska 64.2km	Chyrowa 82km					
118	BONDARCZUK Sylwia	523	SZYBKIE ŻÓŁWIE	Open K	26	02:52:50	05:50:32	11:58:05	16:15:41	21:14:44.50	21:14:57.60	+08:24:37 (39.6%)	12:27	4.8 (60.0%)
119	BOGACZ Dariusz Piotr	521	KLUB WYSOKOGÓRSKI WARSZAWA	Open M	93	02:44:11	05:57:14	12:07:54	16:26:23	21:15:44.40	21:15:49.95	+08:25:29 (39.6%)	12:28	4.8 (60.0%)
120	GRZĘDA Krzysztof	547		Open M	94	02:42:26	05:28:42	11:43:29	16:31:41	21:21:12.60	21:21:23.55	+08:31:03 (39.9%)	12:31	4.8 (60.0%)
	ADAMEC Petr	508	RUNSPORT	Open M		03:11:19 DNF	06:27:21 DNF	12:55:30 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	OBIDOWICZ Agata	614	MOUNTAIN FUEL POLSKA	Open K		02:21:14 DNF	04:25:07 DNF	08:53:32 DNF	12:13:24 DNF	DNF	DNF	-	-	- (0.0%)
	MACZUGA Monika	593	MUSTANGI GLIWICE	Open K		03:13:58 DNF	06:39:46 DNF	13:08:47 DNF	16:39:14 DNF	DNF	DNF	-	-	- (0.0%)
	MOSIŃSKI Michał	606	HAWAJSKIE REKINY / AKADEMIADUATHLONU.PL	Open M		02:08:18 DNF	04:03:06 DNF	08:13:58 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	KUBIK Grzegorz	580		Open M		02:18:55 DNF	04:30:08 DNF	09:37:44 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	ZDUNEK Michał	678	EUROSOFT TEAM / WKURW_TEAM	Open M		02:20:26 DNF	04:27:41 DNF	09:41:21 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	MAGALSKI Tomasz	594	KB KAMIEŃ POMORSKI	Open M		02:26:01 DNF	04:52:23 DNF	10:26:36 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	MAJ Grzegorz	595		Open M		02:22:02 DNF	04:39:34 DNF	10:37:55 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	JAMROZIAK Grzegorz	557	KB KAMIEŃ POMORSKI	Open M		02:40:08 DNF	05:10:36 DNF	11:02:50 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	BLICHARZ Artur	519	KS SPORTIVA	Open M		02:52:46 DNF	05:39:39 DNF	11:33:19 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	CZERWIEC Artur	532	VEGERUNERS	Open M		02:50:11 DNF	05:51:32 DNF	11:43:36 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	SYK Bartosz	647		Open M		03:17:23 DNF	06:11:29 DNF	12:17:19 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	RYSIAWA Marek	631	BRAK	Open M		03:03:44 DNF	06:03:28 DNF	12:35:46 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	GAŁĄZKA Marcin	542	ESK	Open M		03:03:52 DNF	06:03:25 DNF	12:35:48 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	SILSKI Marek	638	ATRAKCYJNE TOWARZYSTWO	Open M		03:12:11 DNF	06:22:31 DNF	13:07:10 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	SILSKA Sylwia	637	ATRAKCYJNE TOWARZYSTWO	Open K		03:12:20 DNF	06:22:43 DNF	13:07:12 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	SALAMON Justyna	632	TIGRES DEL PAPA	Open K		03:06:23 DNF	06:39:57 DNF	13:08:52 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	JANKOWSKI Sebastian	562		Open M		02:07:28 DNF	04:47:19 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	SYPUŁA Waldemar	648		Open M		02:39:40 DNF	05:15:05 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	JÓZEFOWICZ Michał	564		Open M		02:36:18 DNF	05:24:13 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	KANIA Tomasz	567		Open M		02:48:20 DNF	05:45:46 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	POTOCKI Maciej	623	ORANGE POLSKA	Open M		02:57:05 DNF	05:47:19 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Ropki		Przełęcz		Czas netto 102.3km	Czas brutto 102.3km	Różn	Tempo min/km	Tempo km/h
						19.6km	30km	Hałbowska 64.2km	Chyrowa 82km					
	KOWALEWSKI Łukasz	576		Open M		02:39:29 DNF	05:48:15 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	LUŃÁK David	591	RUNSPORT TEAM	Open M		02:39:08 DNF	05:57:35 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	MARMUROWICZ Krystian	599	KOLOROWA DRUŻYNA NESSI	Open M		03:01:13 DNF	06:05:58 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	PARTYKA Andrzej	615	RZESZOWSKIE GAZELE I GEPARDY KM	Open M		03:09:26 DNF	06:09:16 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	FARKAS Péter	535		Open M		03:07:15 DNF	06:11:30 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	WEUSTENRAED Claire	664	COOL CATS	Open K		03:14:40 DNF	06:33:05 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	HANGIEL Bolesław	551		Open M		03:32:04 DNF	06:39:04 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	BUĆKO Artur	524	TATAALI TEAM	Open M		03:17:44 DNF	06:43:40 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	HANGIEL Urszula	550	ŻWAWIE ŻÓŁWIE	Open K		03:32:07 DNF	06:43:49 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	CHMIELOWSKA Anna	527		Open K		03:13:24 DNF	06:48:52 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)

Znaleziono 152 wynik(ów)