



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Lemkowna Ultra-Trail  
Fundacja Ultra  
2022-10-22  
Komańcza  
102.3 km

# LEMKOWYNA ULTRA-TRAIL® 100

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Open K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Hańczowa 22.2km	Zdunia 34km	Bartne 47.3km	Przełęcz Hałbowska 64.2km	Chyrowa 80.4km	Czas netto 102.3km	Czas brutto 102.3km	Różn	Tempo min/km	Tempo km/h
1	<b>TOMASIAK Natalia</b>	<b>501</b>	SALOMON TEAM	Open K	1	02:07:40	03:35:23	05:01:10	06:59:57	09:02:41	<b>12:14:35.25</b>	<b>12:14:37.80</b>		7:10	8.4 (100%)	
2	<b>GRZELAK Kamila</b>	<b>734</b>		Open K	2	02:27:44	04:09:32	05:45:32	08:01:34	10:13:12	<b>13:18:22.05</b>	<b>13:18:26.25</b>	+01:03:48 (8.0%)	7:48	7.7 (91.7%)	
3	<b>JANUS Justyna</b>	<b>567</b>	GOHARDORGOHOME	Open K	3	02:29:29	04:12:33	05:46:59	08:02:00	10:22:34	<b>13:57:25.80</b>	<b>13:57:30.55</b>	+01:42:52 (12.3%)	8:11	7.3 (86.9%)	
4	<b>GOLAS Grażyna</b>	<b>554</b>	DUDYCZRUN	Open K	4	02:36:02	04:25:35	06:07:26	08:33:29	11:03:08	<b>14:27:51.15</b>	<b>14:27:56.85</b>	+02:13:19 (15.4%)	8:29	7.1 (84.5%)	
5	<b>PLĄCZEK Anna</b>	<b>656</b>	CARBON SILESIA SPORT	Open K	5	02:38:54	04:40:21	06:39:25	09:22:30	12:06:10	<b>15:54:31.05</b>	<b>15:54:38.15</b>	+03:40:00 (23.0%)	9:19	6.4 (76.2%)	
6	<b>CICHON Magdalena</b>	<b>527</b>	PROFIL OPOLE	Open K	6	03:06:04	05:26:14	07:26:02	10:22:31	13:01:53	<b>16:04:55.55</b>	<b>16:05:14.90</b>	+03:50:37 (23.9%)	9:25	6.4 (76.2%)	
7	<b>BOGDAŃSKA Katarzyna</b>	<b>515</b>	SMASHING PĄPKINS	Open K	7	03:01:23	05:06:12	07:07:15		12:42:20	<b>16:25:04.90</b>	<b>16:25:12.10</b>	+04:10:34 (25.4%)	9:37	6.2 (73.8%)	
8	<b>WAWRZYŃIAK Małgorzata</b>	<b>716</b>	#BIEGIEMWLAS	Open K	8	02:54:26	05:07:17	06:58:32	09:45:21	12:39:09	<b>16:26:38.95</b>	<b>16:26:44.20</b>	+04:12:06 (25.5%)	9:38	6.2 (73.8%)	
9	<b>HABRAT Dorota</b>	<b>560</b>	HABRAT TEAM	Open K	9	02:51:09	04:59:50	06:59:42	09:53:43	12:33:02	<b>16:33:20.10</b>	<b>16:33:31.50</b>	+04:18:53 (26.1%)	9:42	6.2 (73.8%)	
10	<b>ŚWIĄTEK Anna</b>	<b>704</b>		Open K	10	02:49:06	04:46:33	06:36:51	09:29:30	12:37:46	<b>17:06:45.25</b>	<b>17:06:56.35</b>	+04:52:18 (28.5%)	10:02	6 (71.4%)	
11	<b>HEGYI-SÁGI Adrienn</b>	<b>562</b>	OUTDOORPARADISE	Open K	11	02:42:38	04:52:51	06:51:51	09:45:40	12:44:56	<b>17:15:35.80</b>	<b>17:15:38.50</b>	+05:01:00 (29.1%)	10:07	5.9 (70.2%)	
12	<b>MADEJ Magdalena</b>	<b>620</b>	GŁOGOVIA	Open K	12	02:57:09	05:06:32	07:07:21	10:12:40	13:17:16	<b>17:32:36.35</b>	<b>17:32:42.95</b>	+05:18:05 (30.2%)	10:17	5.8 (69.0%)	
13	<b>PROSOWIECKA SMAK Katarzyna</b>	<b>660</b>		Open K	13	03:06:07	05:26:21	07:26:06	10:22:41	13:18:08	<b>17:35:45.00</b>	<b>17:36:03.90</b>	+05:21:26 (30.4%)	10:19	5.8 (69.0%)	
14	<b>PASIEKA Agnieszka</b>	<b>647</b>	KB ATHLETICZREĆIN	Open K	14	02:56:57	05:22:26	07:29:12	10:34:06	13:38:20	<b>17:37:39.95</b>	<b>17:37:48.45</b>	+05:23:10 (30.6%)	10:20	5.8 (69.0%)	
15	<b>WITUSIK Dorota</b>	<b>719</b>		Open K	15	02:56:59	05:22:21	07:29:16	10:34:12	13:38:23	<b>17:37:40.05</b>	<b>17:37:48.65</b>	+05:23:10 (30.6%)	10:20	5.8 (69.0%)	
16	<b>MAZURKIEWICZ Jolanta</b>	<b>629</b>		Open K	16	03:00:04	05:13:58	07:12:40	10:17:55	13:34:02	<b>17:41:51.75</b>	<b>17:41:59.15</b>	+05:27:21 (30.8%)	10:22	5.8 (69.0%)	
17	<b>WLACH Anna</b>	<b>720</b>	BANDA Z POŁUDNIA	Open K	17	03:18:18	05:41:10	07:42:19	10:46:02	13:59:24	<b>18:53:52.70</b>	<b>18:54:10.25</b>	+06:39:32 (35.2%)	11:05	5.4 (64.3%)	
18	<b>LUDA Żaneta</b>	<b>617</b>		Open K	18	03:11:23	05:42:18	07:49:14	11:07:35	14:23:41	<b>18:54:40.80</b>	<b>18:54:53.75</b>	+06:40:15 (35.3%)	11:05	5.4 (64.3%)	
19	<b>SZKUDLAREK Agnieszka</b>	<b>701</b>	HURAGAN LIGOTA	Open K	19	03:18:04	05:40:31	07:51:26	11:05:31	14:25:58	<b>19:12:59.05</b>	<b>19:13:18.05</b>	+06:58:40 (36.3%)	11:16	5.3 (63.1%)	
20	<b>ŚWIĘTONIOWSKA Justyna</b>	<b>705</b>	SAINT TEAM	Open K	20	03:18:10	05:41:50	07:51:34	11:05:43	14:24:41	<b>19:13:15.10</b>	<b>19:13:23.85</b>	+06:58:46 (36.3%)	11:16	5.3 (63.1%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Hańczowa 22.2km	Zdynia 34km	Bartne 47.3km	Przełęcz		Czas netto 102.3km	Czas brutto 102.3km	Różn	Tempo min/km	Tempo km/h
										Hałbowska 64.2km	Chyrowa 80.4km					
21	<b>TOL Monika</b>	<b>709</b>	MAFIA TEAM LUBLINIEC	Open K	21		03:13:09	05:40:02	07:47:12	11:05:46	14:23:41	<b>19:15:22.10</b>	<b>19:15:37.15</b>	+07:00:59 (36.4%)	11:17	5.3 (63.1%)
22	<b>PRZEŹDZIECKA Katarzyna</b>	<b>661</b>	SMASHING PĄPKINS	Open K	22		03:13:24	05:44:57	07:49:11	11:13:52	14:38:00	<b>19:33:46.80</b>	<b>19:33:53.30</b>	+07:19:15 (37.4%)	11:28	5.2 (61.9%)
23	<b>KWECZKA-JANECZEK Anna</b>	<b>608</b>	NORDIC TEAM CZĘSTOCHOWA	Open K	23		03:17:51	05:47:36	07:54:22	11:29:03	14:47:11	<b>20:26:33.25</b>	<b>20:26:54.25</b>	+08:12:16 (40.1%)	11:59	5 (59.5%)
24	<b>KIEŁBOWICZ Aneta</b>	<b>584</b>	ASICSFRONTRUNNER	Open K	24		03:16:52	05:55:11	08:15:43	12:19:12	16:01:13	<b>21:04:57.40</b>	<b>21:05:06.00</b>	+08:50:28 (41.9%)	12:21	4.9 (58.3%)
25	<b>WYRWAS-ZYGARŁOWSKA Izabela</b>	<b>725</b>	KOBIETY BIAGAJĄ	Open K	25		03:16:47	05:55:08	08:15:38	12:19:09	16:01:17	<b>21:04:57.80</b>	<b>21:05:06.25</b>	+08:50:28 (41.9%)	12:21	4.9 (58.3%)
26	<b>KALICZYŃSKA Wioletta</b>	<b>578</b>	PROJEKT1000UP	Open K	26		03:20:49	06:00:18	08:17:17	12:03:44	15:43:18	<b>21:06:50.50</b>	<b>21:07:00.05</b>	+08:52:22 (42.0%)	12:23	4.8 (57.1%)
27	<b>JANCZAK-GOLAŃSKA Anna</b>	<b>566</b>		Open K	27		03:12:54	05:56:35	08:12:26	12:14:01	15:56:17	<b>21:08:22.10</b>	<b>21:08:29.00</b>	+08:53:51 (42.1%)	12:23	4.8 (57.1%)
28	<b>KARCZ Anna</b>	<b>579</b>	CB163	Open K	28		03:49:12	06:49:29	09:04:35	12:47:05	16:10:54	<b>21:21:26.90</b>	<b>21:21:46.00</b>	+09:07:08 (42.7%)	12:31	4.8 (57.1%)
29	<b>ZIÓŁKOWSKA Bożena</b>	<b>731</b>	BIEGUNY WALBA	Open K	29		03:24:48	06:07:34	08:34:29	12:17:36	15:53:03	<b>21:32:23.45</b>	<b>21:32:40.15</b>	+09:18:02 (43.2%)	12:37	4.7 (56.0%)
30	<b>JANUSZEWSKA Izabela</b>	<b>568</b>	BIEGAM U KOLESI	Open K	30		03:31:14	06:16:10	08:46:43	12:25:03	16:03:14	<b>21:35:18.80</b>	<b>21:35:32.75</b>	+09:20:54 (43.3%)	12:39	4.7 (56.0%)
	<b>WINIARSKA Katarzyna</b>	<b>503</b>	PRZEMYSKI KLUB BIEGACZA/HERCOG RUNNING TEAM	Open K			02:11:57 DNF	03:50:10 DNF	05:15:54 DNF	07:23:25 DNF	09:46:17 DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>RACZYŃSKA Ewa</b>	<b>667</b>	BIEGAMYRAZEM.PL	Open K			03:15:02 DNF	06:03:19 DNF	08:18:05 DNF	11:55:47 DNF	15:55:20 DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>JĘDRZEJEWSKA Beata</b>	<b>573</b>	MIRAZ RACE TEAM	Open K			03:31:16 DNF	06:16:07 DNF	08:46:40 DNF	12:25:07 DNF	16:04:56 DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>KUDŁA Joanna</b>	<b>602</b>	KUDŁATE MAKARONY / GÓRAL Z MAZUR RUNNING TEAM	Open K			02:42:38 DNF	04:55:57 DNF	07:05:26 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)

Znaleziono 34 wynik(ów)