



Wydarzenie:  
Organizator:  
Data:  
Miejsce:  
Dystans:

Łemkowna Ultra-Trail 2021  
Fundacja Ultra  
2021-05-15  
Komańcza  
150 km

# ŁEMKOWYNA ULTRA-TRAIL® 150

B4SPORT

B4SPORT  
INTELEKTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Ropki 19.9km	Bartne 47.5km	Przełęcz Hałbowska 64.3km	Chyrowa 80.4km	Iwonicz- Zdrój 102.3km	Puławy Górne 121km	Wilcze Budy 128km	Czas netto 150km	Różn	Tempo min/km	Tempo km/h
1	ZIEJEWSKI Grzegorz	417		Open M	1	01:53:01	04:51:21	06:54:29	08:55:30	11:43:45	14:11:41	15:16:08	<b>17:33:05.20</b>		7:01	8.5 (100%)
2	KUBASIK Łukasz	451		Open M	2	02:22:00	05:43:31	07:54:44	10:01:17	13:10:59	15:22:43	16:23:51	<b>18:39:22.00</b>	+01:06:16 (5.9%)	7:27	8 (94.1%)
2	KOT Rafał	416	LEDLENSER // MUAY RUNNING TEAM	Open M	2	01:58:46	05:07:16	07:14:11	09:17:55	12:21:55	14:35:17	15:47:20	<b>18:39:22.00</b>	+01:06:16 (5.9%)	7:27	8 (94.1%)
4	ŁAWNIK Mateusz	200		Open M	4	02:11:47	05:24:50	07:37:24	09:51:34	13:08:08	15:22:21	16:26:33	<b>19:04:42.65</b>	+01:31:37 (8.0%)	7:37	7.9 (92.9%)
5	WŁOCHAL Robert	389		Open M	5	02:15:08	05:30:20	07:38:47	09:52:08	12:57:49	15:22:20	16:26:03	<b>19:05:01.40</b>	+01:31:56 (8.0%)	7:38	7.9 (92.9%)
6	BORÓWKA Ryszard	35		Open M	6	02:17:20	05:42:44	08:03:57	10:18:41	13:40:37	16:06:26	17:16:03	<b>19:53:57.50</b>	+02:20:52 (11.8%)	7:57	7.5 (88.2%)
7	MATYSIAK Bartłomiej	221	WILD ULTRA WARRIORS	Open M	7	02:14:58	05:37:42	07:40:34	09:56:15	13:12:52	16:04:33		<b>20:01:47.65</b>	+02:28:42 (12.4%)	8:00	7.5 (88.2%)
8	BRZOZA Piotr	37	B&B KIELCE TEAM	Open M	8	02:05:06	05:11:05	07:19:24	09:30:37	12:48:08	15:15:36	16:28:17	<b>20:13:20.10</b>	+02:40:14 (13.2%)	8:05	7.4 (87.1%)
9	MAŁYGA Grzegorz	213	RMT TEAM	Open M	9	01:57:23	05:08:28	07:21:26	09:33:54	12:50:07	15:17:29	16:30:21	<b>20:15:18.40</b>	+02:42:13 (13.3%)	8:06	7.4 (87.1%)
10	BEREZNOWSKA Patrycja	437	WIELISZEW HERON TEAM	Open K	1	02:17:33	05:47:45	08:04:16	10:22:51	13:50:36	16:17:28	17:24:00	<b>20:18:01.70</b>	+02:44:56 (13.5%)	8:07	7.4 (87.1%)
11	KOTARBA Wojciech	449	BARTOSZ GORCZYCA RUNNING TEAM	Open M	10	02:14:02	05:46:10	08:06:50	10:25:29	13:44:51	16:19:05	17:33:22	<b>20:29:27.35</b>	+02:56:22 (14.3%)	8:11	7.3 (85.9%)
12	WIERZBICKI Hubert	380	RMT TEAM	Open M	11	02:01:46	05:12:31	07:20:48	09:37:50	13:16:14	16:08:17	17:27:20	<b>20:38:58.70</b>	+03:05:53 (15.0%)	8:15	7.3 (85.9%)
13	WRONKOWSKI Igor	472	CANES VENATICI	Open M	12	02:13:05	06:11:55	08:46:41	11:29:04	14:51:28	17:24:41	18:25:30	<b>20:52:52.85</b>	+03:19:47 (15.9%)	8:21	7.2 (84.7%)
14	PACZUSKI Michał	263		Open M	13	02:16:27	05:42:24	08:05:57	10:22:11	13:50:42	16:25:09	17:42:22	<b>21:17:17.00</b>	+03:44:11 (17.6%)	8:30	7 (82.4%)
15	CEBULA Leszek	43		Open M	14	02:24:00	06:02:16	08:31:21	10:52:19	14:22:25	17:09:13	18:31:05	<b>21:21:27.60</b>	+03:48:22 (17.8%)	8:32	7 (82.4%)
16	DVOŘÁKOVÁ Martina	76	COLUMBIA MONTRAIL	Open K	2	02:17:04	05:49:32	08:12:12	10:36:46	14:00:20	16:47:58	18:07:00	<b>21:23:56.95</b>	+03:50:51 (18.0%)	8:33	7 (82.4%)
17	WÓJCIK Ziemowit	471	ULTRAPRAWNIK / CANES VENATICI	Open M	15	02:14:41	06:13:16	08:48:59	11:30:43	14:52:56	17:26:46	18:33:21	<b>21:29:06.65</b>	+03:56:01 (18.3%)	8:35	7 (82.4%)
18	WYROBA Wojciech	401		Open M	16	02:10:13	05:36:03	07:59:36	10:25:27	14:08:35	16:55:21	18:14:24	<b>21:37:39.95</b>	+04:04:34 (18.8%)	8:39	6.9 (81.2%)
19	SKROBAŃSKI Roman	463	SKROBKITEAM	Open M	17	02:13:29	05:41:25	08:12:31	10:39:35	14:26:23	17:21:42	18:42:31	<b>22:20:04.25</b>	+04:46:59 (21.4%)	8:56	6.7 (78.8%)
20	PIETLUSZENKO Dariusz	280		Open M	18	02:34:32	06:24:16	08:48:43	11:19:02	15:05:45	17:58:33	19:19:04	<b>22:42:09.50</b>	+05:09:04 (22.7%)	9:04	6.6 (77.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz										Tempo min/km	Tempo km/h
						Ropki 19.9km	Bartne 47.5km	Hałbowska 64.3km	Chyrowa 80.4km	Iwonicz-Zdrój 102.3km	Puławy Górne 121km	Wilcze Budy 128km	Czas netto 150km	Różn			
21	BIENIEK Damian	28		Open M	19	02:24:01	06:04:53	08:37:45	11:09:57	14:54:20	17:50:31	19:12:28	<b>22:44:55.30</b>	+05:11:50 (22.8%)	9:05	6.6 (77.6%)	
22	ZIMKOWSKI Marcin	473	KGHM ZG RUN	Open M	20	02:16:50	06:00:56	08:29:51	11:01:08	14:55:43	17:47:59	19:22:17	<b>22:45:36.70</b>	+05:12:31 (22.9%)	9:06	6.6 (77.6%)	
23	PLISZKA Bartosz	284	OLA TEAM	Open M	21	02:15:57	05:56:53	08:33:10	11:04:50	14:41:47	17:42:32	19:03:21	<b>22:48:45.95</b>	+05:15:40 (23.1%)	9:07	6.6 (77.6%)	
24	ŻARNOWSKI Grzegorz	412	GREGZARNOWSKI.PL	Open M	22	02:46:12	06:42:26	09:17:43	11:43:17	15:35:56	18:24:08	19:41:38	<b>22:49:01.00</b>	+05:15:55 (23.1%)	9:07	6.6 (77.6%)	
25	SIWIECKI Tomasz	320	MUAY RUNNING TEAM	Open M	23	02:31:12	06:24:27	08:51:39	11:38:36	15:39:59	18:27:14	19:42:37	<b>22:49:46.85</b>	+05:16:41 (23.1%)	9:07	6.6 (77.6%)	
26	SUCH Arkadiusz	334	RZESZOWSKIE GAZELE I GEPARDY	Open M	24	02:30:31	06:13:30	08:42:38	11:08:17	14:53:52	17:47:23	19:12:21	<b>22:54:26.20</b>	+05:21:21 (23.4%)	9:09	6.5 (76.5%)	
27	BIAŁCZYK Jarosław	438	SZAMOTUŁY	Open M	25	02:21:55	06:19:46	08:53:21	11:10:40	15:00:12	17:53:19	19:18:19	<b>23:00:27.70</b>	+05:27:22 (23.7%)	9:12	6.5 (76.5%)	
28	DZIEDZIC Piotr	79	TG SOKÓŁ GNIEWKOWO	Open M	26	02:17:24	05:42:30	08:04:00	10:27:56	14:25:22	17:34:51	19:04:57	<b>23:18:37.45</b>	+05:45:32 (24.7%)	9:19	6.4 (75.3%)	
29	TWARDOWSKI Tomasz	360		Open M	27	02:10:26	05:51:59	08:31:17	11:08:26	15:20:28	18:12:30	19:45:14	<b>23:23:24.30</b>	+05:50:19 (25.0%)	9:21	6.4 (75.3%)	
30	DĄBKOWSKI Wojciech	68	ARP E-VEHICLES	Open M	28	02:25:51	06:04:36	08:34:33	11:09:31	14:57:51	17:53:31	19:18:32	<b>23:40:47.30</b>	+06:07:42 (25.9%)	9:28	6.3 (74.1%)	
31	LESZKO Rafał	191	444	Open M	29	02:29:40	06:20:43	09:05:50	11:43:10	15:23:43	18:24:15	20:01:23	<b>24:12:51.10</b>	+06:39:45 (27.5%)	9:41	6.2 (72.9%)	
32	SNARSKI Dariusz	323	WATAHA-ŁĄCZY NAS BIEGANIE	Open M	30	02:17:36	05:45:37	08:12:40	11:28:30	15:56:03	18:57:58	20:25:47	<b>24:14:47.90</b>	+06:41:42 (27.6%)	9:41	6.2 (72.9%)	
33	MAJCHROWSKI Jacek	208	NIEZALEŻNA TARNOBRSZESKA GRUPA BIEGOWA 'RUN'S NOT DEAD'	Open M	31	02:36:06	06:31:44	09:18:09	12:02:55	16:16:11	19:09:51	20:43:24	<b>24:48:58.70</b>	+07:15:53 (29.3%)	9:55	6 (70.6%)	
34	BUJALSKI Szymon	40		Open M	32	02:31:52	06:18:55	08:54:04	11:29:11	15:42:31	18:39:20	20:25:04	<b>24:50:12.35</b>	+07:17:07 (29.3%)	9:56	6 (70.6%)	
35	BUŁANOW Leszek	41		Open M	33	02:19:19	06:09:17	08:52:48	11:37:24	15:50:26	18:52:06	20:34:17	<b>24:57:41.30</b>	+07:24:36 (29.7%)	9:59	6 (70.6%)	
36	URACZ Łukasz	364	HARPAGAN SOSNOWIEC	Open M	34	02:36:54	06:34:30	09:15:16	11:59:30	16:23:29	19:24:49	21:01:03	<b>25:03:55.90</b>	+07:30:50 (30.0%)	10:01	6 (70.6%)	
37	KALANDYK Wojciech	134	TURLAM SIĘ DO METY	Open M	35	02:29:49	06:26:22	09:15:45	12:14:58	16:33:39	19:27:45	21:08:09	<b>25:06:55.95</b>	+07:33:50 (30.1%)	10:02	6 (70.6%)	
38	WYROBA Waldi	402	BEFIT24TEAM	Open M	36	02:28:20	06:21:51	09:12:52	12:10:23	16:42:38	19:46:23	21:30:56	<b>25:10:12.70</b>	+07:37:07 (30.3%)	10:04	6 (70.6%)	
39	SZYMCZYK Tomasz	344		Open M	37	02:37:29	06:29:20	09:12:33	11:54:53	16:32:40	19:47:37	21:15:33	<b>25:10:14.60</b>	+07:37:09 (30.3%)	10:04	6 (70.6%)	
40	GALA Damian	441		Open M	38	02:24:13	06:20:06	09:09:56	12:19:10	17:06:28	20:13:16	21:49:41	<b>25:19:02.40</b>	+07:45:57 (30.7%)	10:07	5.9 (69.4%)	
41	JANUS Justyna	123	GOHARDORGOHOME	Open K	3	02:33:06	06:30:25	09:08:20	11:46:20	15:47:25	19:11:10	20:51:07	<b>25:25:30.30</b>	+07:52:25 (31.0%)	10:10	5.9 (69.4%)	
42	TKACZYK Szymon	353		Open M	39	02:42:19	06:31:49	09:16:46	12:10:26	16:36:36	19:55:46	21:37:29	<b>25:33:05.10</b>	+07:59:59 (31.3%)	10:13	5.9 (69.4%)	
43	RAJCZAK Maciej	298		Open M	40	02:13:24	05:55:20	08:28:56	11:05:01	15:38:06	18:51:08	20:35:45	<b>25:34:51.20</b>	+08:01:46 (31.4%)	10:13	5.9 (69.4%)	
44	POCHYLSKI Przemysław	286	ZGRUPKA TEAM	Open M	41	02:39:54	06:43:25	09:31:16	12:06:41	15:51:20	18:55:53	20:19:01	<b>25:37:41.50</b>	+08:04:36 (31.5%)	10:15	5.9 (69.4%)	
45	SIEROCIUK Adrian	317		Open M	42	02:25:02	06:21:27	09:05:04	12:07:18	16:53:54	20:04:57	21:46:15	<b>25:46:46.55</b>	+08:13:41 (31.9%)	10:18	5.8 (68.2%)	
46	MUSIAŁ Szymon	459	PRZEBIEGLI UNISŁAW	Open M	43	02:51:42	07:07:20	09:56:19	12:27:59	17:06:18	20:09:27	22:11:41	<b>25:53:29.35</b>	+08:20:24 (32.2%)	10:21	5.8 (68.2%)	
47	JEZIORSKI Tomasz	129		Open M	44	02:36:10	06:26:43	09:14:53	11:49:21	16:11:41	19:18:08	21:07:24	<b>26:01:45.30</b>	+08:28:40 (32.6%)	10:24	5.8 (68.2%)	
48	MICHALSKI Mateusz	229		Open M	45	02:32:05	06:32:22	09:23:45	12:21:07	16:40:34	20:08:47	21:56:16	<b>26:20:34.15</b>	+08:47:28 (33.4%)	10:32	5.7 (67.1%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz				Włoczek	Puławy	Wilcze	Czas netto	Różn	Tempo min/km	Tempo km/h
						Ropki	Bartne	Hałbowska	Chyrowa							
49	<b>SOWA Dariusz</b>	<b>325</b>	RZESZOWSKIE GAZELE I GEPARDY	Open M	46	02:45:47	06:57:26	09:38:41	12:26:20	16:56:51	20:07:20	21:49:55	<b>26:29:27.35</b>	+08:56:22 (33.7%)	10:35	5.7 (67.1%)
50	<b>KRAWCZYK Michał</b>	<b>172</b>	KWW	Open M	47	02:30:48	06:29:14	09:20:12	12:25:39	17:05:14	20:11:42	21:53:10	<b>26:33:55.90</b>	+09:00:50 (33.9%)	10:37	5.6 (65.9%)
51	<b>SANOCKI Janusz</b>	<b>311</b>	NOWY STYL GROUP RUNNING TEAM	Open M	48	02:43:26	06:45:36	09:54:02	12:54:14	17:37:50	20:44:05	22:16:37	<b>26:41:17.10</b>	+09:08:11 (34.2%)	10:40	5.6 (65.9%)
52	<b>MROWIEC Jakub</b>	<b>458</b>		Open M	49	02:12:42	05:48:46	08:22:31	11:14:03	17:17:22	20:50:41	22:22:56	<b>26:41:43.80</b>	+09:08:38 (34.3%)	10:40	5.6 (65.9%)
53	<b>WOJCIECHOWSKI Krzysztof</b>	<b>393</b>	RADLINIOKI W BIEGU	Open M	50	02:48:33	07:19:52	10:17:38	13:24:24	17:36:54	20:47:12	22:19:28	<b>26:44:19.05</b>	+09:11:13 (34.4%)	10:41	5.6 (65.9%)
54	<b>KRZYŻAN Jakub</b>	<b>181</b>	KW KRAKÓW	Open M	51	02:36:47	06:39:28	09:31:48	12:27:36	17:07:00	20:27:35	22:14:44	<b>26:46:26.35</b>	+09:13:21 (34.4%)	10:42	5.6 (65.9%)
55	<b>CIEŚLAK Krzysztof</b>	<b>52</b>	CIEŚLAK TEAM :)	Open M	52	02:58:00	07:29:40	10:34:04	13:26:03	18:28:49	21:32:25	23:13:31	<b>27:03:09.35</b>	+09:30:04 (35.1%)	10:49	5.5 (64.7%)
56	<b>WALASZCZYK Radosław</b>	<b>468</b>	OIRP OPOLE/2PLUS2	Open M	53	02:58:32	07:30:13	10:33:45	13:26:31	18:29:20	21:32:59	23:14:09	<b>27:03:32.40</b>	+09:30:27 (35.1%)	10:49	5.5 (64.7%)
57	<b>KONARSKI Maciej</b>	<b>161</b>	DOGOŃ GRODZISK MAZOWIECKI	Open M	54	02:32:56	06:34:43	09:17:16	12:11:20	16:36:58	19:55:25	21:43:18	<b>27:09:00.25</b>	+09:35:55 (35.4%)	10:51	5.5 (64.7%)
58	<b>CIEMBOROWICZ Karol</b>	<b>50</b>	#KFD	Open M	55	02:38:09	06:39:00	09:29:11	12:23:23	16:51:32	20:21:47	22:14:47	<b>27:14:13.05</b>	+09:41:07 (35.6%)	10:53	5.5 (64.7%)
59	<b>DRAGON Przemysław</b>	<b>73</b>		Open M	56	02:41:43	07:36:23	10:49:50	14:09:03	18:21:05	21:47:13	23:17:19	<b>27:14:41.00</b>	+09:41:35 (35.6%)	10:53	5.5 (64.7%)
60	<b>LEWANDOWSKI Janusz</b>	<b>193</b>		Open M	57	02:47:15	07:15:23	10:14:23	13:09:33	18:00:39	21:24:45	23:04:41	<b>27:17:18.80</b>	+09:44:13 (35.7%)	10:54	5.5 (64.7%)
61	<b>WARDAK Ewa</b>	<b>372</b>	IMPULS KOMORÓW	Open K	4	02:56:14	07:10:55	10:11:55	13:07:07	17:55:42	21:26:28	23:11:54	<b>27:20:51.45</b>	+09:47:46 (35.8%)	10:56	5.5 (64.7%)
62	<b>KOCIUBA Przemysław</b>	<b>156</b>	TT SZCZECIN	Open M	58	02:46:04	06:52:11	09:47:26	12:47:21	17:37:15	21:04:59	23:06:57	<b>27:25:28.45</b>	+09:52:23 (36.0%)	10:58	5.5 (64.7%)
63	<b>FRICKY Wlodo</b>	<b>88</b>	BARRAN TEAM	Open M	59	02:46:17	06:57:59	09:50:33	12:22:19	17:22:20	20:31:48	22:26:45	<b>27:39:17.85</b>	+10:06:12 (36.5%)	11:03	5.4 (63.5%)
64	<b>MOĆKO Jacek</b>	<b>238</b>		Open M	60	02:27:58	06:27:38	09:28:02	12:26:18	17:21:49	20:43:46	22:38:42	<b>27:41:07.30</b>	+10:08:02 (36.6%)	11:04	5.4 (63.5%)
65	<b>DZIERKA Mariusz</b>	<b>80</b>		Open M	61	02:38:54	06:59:46	10:01:34	13:10:01	17:59:53	21:50:11	23:36:02	<b>28:04:19.60</b>	+10:31:14 (37.5%)	11:13	5.3 (62.4%)
66	<b>SZCZOTKA Paweł</b>	<b>340</b>		Open M	62	02:30:33	06:47:06	09:44:00	12:55:12	17:39:32	21:22:36	23:17:58	<b>28:06:38.15</b>	+10:33:32 (37.6%)	11:14	5.3 (62.4%)
67	<b>MAJ Grzegorz</b>	<b>207</b>		Open M	63	02:43:57	07:14:02	10:17:26	13:19:24	18:22:51	21:54:18	23:40:28	<b>28:10:21.00</b>	+10:37:15 (37.7%)	11:16	5.3 (62.4%)
68	<b>WOJCIECHOWSKI Paweł</b>	<b>392</b>	BIEGACZE JUNIORA - RUNNERS TEAM	Open M	64	02:49:37	07:09:32	10:20:23	13:55:53	18:58:18	22:25:56	24:23:20	<b>28:14:27.85</b>	+10:41:22 (37.9%)	11:17	5.3 (62.4%)
69	<b>BAK Adam</b>	<b>24</b>		Open M	65	02:35:20	06:43:00	09:34:39	13:27:19	18:30:50	22:02:15	23:48:27	<b>28:18:21.45</b>	+10:45:16 (38.0%)	11:19	5.3 (62.4%)
70	<b>LITEWKA Jacek</b>	<b>197</b>		Open M	66	02:43:43	07:11:29	10:28:44	14:08:21	18:44:00	22:14:40	23:53:29	<b>28:25:50.75</b>	+10:52:45 (38.3%)	11:22	5.3 (62.4%)
71	<b>HENTSCH Torsten</b>	<b>114</b>	SV HERMSDORF	Open M	67	02:48:45	06:59:12	09:54:36	12:53:13	17:51:59	21:21:51	23:34:02	<b>28:28:28.75</b>	+10:55:23 (38.4%)	11:23	5.3 (62.4%)
72	<b>GIBAŁA Marcin</b>	<b>98</b>	BIEGAM POMAGAM	Open M	68	02:44:27	07:10:16	10:22:57	13:23:30	18:06:42	21:45:47	23:40:14	<b>28:29:22.40</b>	+10:56:17 (38.4%)	11:23	5.3 (62.4%)
73	<b>JANIK Mariusz</b>	<b>121</b>		Open M	69	02:37:39	06:54:55	09:51:25	12:55:59	18:07:15	21:45:40	23:40:57	<b>28:29:57.85</b>	+10:56:52 (38.4%)	11:23	5.3 (62.4%)
74	<b>WIERZBICKA Joanna</b>	<b>470</b>	BLACKWOLF	Open K	5	02:52:37	07:20:28	10:35:41	13:50:47	18:22:36	22:06:48	24:08:35	<b>28:30:08.35</b>	+10:57:03 (38.4%)	11:24	5.3 (62.4%)
75	<b>DUDEK Łukasz</b>	<b>74</b>		Open M	70	02:41:52	07:06:48		13:31:13	18:31:42	22:24:17	24:16:41	<b>28:31:25.15</b>	+10:58:19 (38.5%)	11:24	5.3 (62.4%)
76	<b>JEZIORSKI Przemysław</b>	<b>128</b>		Open M	71	02:57:09	07:46:26	10:53:52	14:04:01	19:02:58	22:46:30	24:33:09	<b>28:32:12.95</b>	+10:59:07 (38.5%)	11:24	5.3 (62.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz				Włoczek- Zdrój	Puławy Górne	Wilcze Budy	Czas netto 150km	Różn	Tempo min/km	Tempo km/h
						Ropki 19.9km	Bartne 47.5km	Hałbowska 64.3km	Chyrowa 80.4km							
77	FRĄCZEK Maciej	87	KREJSERS	Open M	72	02:49:46	07:14:16	10:09:52	13:31:15		22:16:15	24:05:24	<b>28:32:49.05</b>	+10:59:43 (38.5%)	11:25	5.3 (62.4%)
78	MAMLA Zbigniew	215	TRUCHT TARCHOMIN TEAM/ULTRA PASTERZE	Open M	73	02:42:14	06:51:56	09:46:57	12:50:33	17:52:11	21:36:53	23:41:38	<b>28:35:39.80</b>	+11:02:34 (38.6%)	11:26	5.2 (61.2%)
79	GINTER Grzegorz	99	AZS COLLEGIUM MEDICUM UJ	Open M	74	03:00:21	07:46:49	10:51:12	14:11:43	19:02:25	22:20:44	24:10:59	<b>28:36:42.90</b>	+11:03:37 (38.7%)	11:26	5.2 (61.2%)
80	SKOWRON Radosław	321	PŁONAŃCE KONDONY BABUNI	Open M	75	02:57:16	07:22:06	10:17:43	13:39:15	18:45:54	22:24:11	24:13:13	<b>28:40:39.10</b>	+11:07:33 (38.8%)	11:28	5.2 (61.2%)
81	NAWROCKI Marcin	247		Open M	76	02:32:17	06:31:04	09:41:37	13:05:06	18:06:36	21:47:19	23:52:04	<b>28:46:08.85</b>	+11:13:03 (39.0%)	11:30	5.2 (61.2%)
82	GOŁDA Paweł	445		Open M	77	02:35:51	06:26:44	09:28:17	12:36:04	18:45:15	22:25:41	24:06:23	<b>28:47:46.25</b>	+11:14:41 (39.0%)	11:31	5.2 (61.2%)
83	STACHURSKI Piotr	326	PIEKARNIA RUSTYKALNA	Open M	78	02:35:31	06:55:12	10:06:33	13:35:44	18:52:44	22:30:18	24:20:39	<b>28:51:31.80</b>	+11:18:26 (39.2%)	11:32	5.2 (61.2%)
84	WITEK Wojciech	385		Open M	79	02:46:29	07:00:44	10:10:00	13:13:29	18:42:04	22:14:41	24:13:36	<b>28:58:51.70</b>	+11:25:46 (39.4%)	11:35	5.2 (61.2%)
85	SIWIEC Stanisław	319		Open M	80	02:45:46	07:13:13	10:20:09	13:25:06	18:24:30	22:10:07	24:12:05	<b>29:02:05.20</b>	+11:29:00 (39.6%)	11:36	5.2 (61.2%)
86	MUSZYŃSKI Krzysztof	244		Open M	81	02:50:49	07:05:13	10:14:30	13:17:55	18:46:31	22:19:13	24:18:00	<b>29:03:19.05</b>	+11:30:13 (39.6%)	11:37	5.2 (61.2%)
87	ŁOPATKIEWICZ Beata	456		Open K	6	03:01:19	07:47:56	10:51:14	14:19:57	19:25:48	23:01:53	24:55:49	<b>29:23:50.40</b>	+11:50:45 (40.3%)	11:45	5.1 (60.0%)
88	CHOJNOWSKI Andrzej	46		Open M	82	02:46:27	07:13:48	10:17:46	13:25:42	18:55:42	22:53:22	24:53:40	<b>29:24:48.20</b>	+11:51:43 (40.3%)	11:45	5.1 (60.0%)
89	MAZERSKI Grzegorz	223		Open M	83	02:47:31	07:08:35	10:08:37	13:18:28	18:34:34	22:23:53	24:23:35	<b>29:26:10.95</b>	+11:53:05 (40.4%)	11:46	5.1 (60.0%)
90	WAWRESZUK Wiktor	469		Open M	84	02:49:04	07:13:14	10:15:36	13:45:03	19:02:33	22:46:12	24:37:36	<b>29:26:30.75</b>	+11:53:25 (40.4%)	11:46	5.1 (60.0%)
91	KASKA-ŁOBODOWSKA Ewelina	447	RACEFIGHTER GOSIR DĘBE WIELKIE	Open K	7	02:56:04	07:31:54	10:51:34	14:03:57	19:23:14	22:57:44	24:58:10	<b>29:29:12.15</b>	+11:56:06 (40.5%)	11:47	5.1 (60.0%)
92	KOBIEC Elżbieta	154		Open K	8	02:56:18	07:22:33	10:25:58	13:50:35	19:07:55	22:42:46	24:40:47	<b>29:40:07.25</b>	+12:07:02 (40.8%)	11:52	5.1 (60.0%)
93	MINIUR Jacek	236		Open M	85	02:56:16	07:22:37	10:26:04	13:50:35	19:07:56	22:42:40	24:40:55	<b>29:40:08.15</b>	+12:07:02 (40.8%)	11:52	5.1 (60.0%)
94	PALKIJ Aleksandra	265	KS FOREST LIMANOWA	Open K	9	02:57:17	07:36:10	10:57:57	14:17:49	19:23:28	23:02:20	25:23:01	<b>29:40:40.75</b>	+12:07:35 (40.9%)	11:52	5.1 (60.0%)
95	PANEK Piotr	267	WATER TEAM	Open M	86	02:55:00	07:38:04	10:59:35	14:20:58	19:25:16	23:04:06	25:25:08	<b>29:42:30.30</b>	+12:09:25 (40.9%)	11:53	5 (58.8%)
96	WESOŁOWSKI Marcin	375	WYZNAWCY KOŃCA SEZONU BIEGOWEGO	Open M	87	02:58:26	07:38:05	11:01:40	14:12:40	19:05:07	22:54:21	24:55:43	<b>29:43:23.10</b>	+12:10:17 (41.0%)	11:53	5 (58.8%)
97	MICHALEC Marcin	457	KKB MOSIR KROSNO	Open M	88	03:22:05	08:08:42	11:11:58	14:40:38	19:52:50	23:22:39	25:16:35	<b>29:44:41.45</b>	+12:11:36 (41.0%)	11:53	5 (58.8%)
98	MISZCZYK Roman	237	WKS B AKTYWNE BESKIDY	Open M	89	03:00:23	07:40:01	11:04:01	14:14:49	19:07:04	22:56:24	24:57:46	<b>29:45:21.50</b>	+12:12:16 (41.0%)	11:54	5 (58.8%)
99	STELMACH Damian	464	DOGOŃ GRODZISK MAZOWIECKI	Open M	90	02:43:48	07:17:03	10:54:17	14:15:17	20:15:29	23:57:44	25:49:09	<b>30:16:10.40</b>	+12:43:05 (42.0%)	12:06	5 (58.8%)
100	PIETRZYKOWSKI Artur	282		Open M	91	02:49:09	07:06:32	10:15:39	13:22:02	18:55:16	22:45:52	24:47:53	<b>30:17:04.30</b>	+12:43:59 (42.0%)	12:06	5 (58.8%)
101	GOLON Marlena	101	GOLONTEAM	Open K	10	03:06:13	07:54:59	11:23:48	14:49:30	20:27:45	24:37:53	27:04:20	<b>30:21:13.00</b>	+12:48:07 (42.2%)	12:08	4.9 (57.6%)
102	KRUSZEWSKI Filip	179		Open M	92	02:49:08	07:21:20	10:28:11	13:56:38	19:16:52	23:09:31	25:22:15	<b>30:22:46.90</b>	+12:49:41 (42.2%)	12:09	4.9 (57.6%)
103	MOKRZYCKA Patrycja	415	IMPOSSIBLE TARGET	Open K	11	02:49:13	07:22:10	10:27:57	13:57:11	19:17:04	23:09:22	25:22:19	<b>30:22:58.50</b>	+12:49:53 (42.2%)	12:09	4.9 (57.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz										Czas netto 150km	Różn	Tempo min/km	Tempo km/h
						Ropki 19.9km	Bartne 47.5km	Hałbowska 64.3km	Chyrowa 80.4km	Iwonicz- Zdrój 102.3km	Puławy Górne 121km	Wilcze Budy 128km							
104	<b>MROZIAK Maciek</b>	<b>243</b>	ULTRA M@C	Open M	93	03:08:37	07:57:34	11:28:27	14:52:02	20:30:11	24:40:24	27:06:29	<b>30:23:39.55</b>	+12:50:34 (42.3%)	12:09	4.9 (57.6%)			
105	<b>ŁYSIAK Michał</b>	<b>203</b>	SZWAGRY DWA	Open M	94	02:40:20	07:13:57	10:45:01	14:08:50	19:32:38	23:22:37	25:32:16	<b>30:25:39.50</b>	+12:52:34 (42.3%)	12:10	4.9 (57.6%)			
106	<b>KARWACKI Grzegorz</b>	<b>142</b>	KATCROSS WAŁBRZYCH	Open M	95	02:38:57	06:51:12	09:56:13	13:07:58	18:59:16	22:56:51	24:57:57	<b>30:26:35.90</b>	+12:53:30 (42.3%)	12:10	4.9 (57.6%)			
107	<b>TRZETRZELEWSKA-LALIK Ewa</b>	<b>358</b>	POWERICE	Open K	12	03:11:24	08:19:23	11:28:40	14:43:42	19:32:21	23:47:02	25:47:53	<b>30:29:58.25</b>	+12:56:53 (42.5%)	12:11	4.9 (57.6%)			
108	<b>DZIADOŃ Grzegorz</b>	<b>77</b>	NIEPOŁOMICE BIEGAJĄ	Open M	96	02:38:46	06:57:30	10:05:35	13:19:47	18:37:59	22:36:21	24:47:42	<b>30:32:46.85</b>	+12:59:41 (42.5%)	12:13	4.9 (57.6%)			
109	<b>PASECKA Sylwia</b>	<b>269</b>	INŻYNIERIA BIEGANIA	Open K	13	02:59:01	07:49:54	11:01:03	14:49:14	20:03:31	23:52:26	25:53:27	<b>30:35:25.40</b>	+13:02:20 (42.6%)	12:14	4.9 (57.6%)			
110	<b>GAWRON Tomasz</b>	<b>444</b>		Open M	97	03:04:04	07:20:12	10:20:51	13:23:54	18:38:57	22:28:05	24:47:13	<b>30:37:04.65</b>	+13:03:59 (42.7%)	12:14	4.9 (57.6%)			
111	<b>NOWAK Mariusz</b>	<b>252</b>	HIRSCHVOGEL	Open M	98	02:53:03	07:06:40	10:08:03	13:24:46	18:26:21	22:23:29	24:37:35	<b>30:53:12.55</b>	+13:20:07 (43.2%)	12:21	4.9 (57.6%)			
112	<b>LEWANDOWSKA Marlena</b>	<b>192</b>	PODGÓRZ TORUŃ	Open K	14	02:56:36	07:10:12	10:17:39	13:31:51	18:29:58	22:27:14	24:41:58	<b>30:56:49.90</b>	+13:23:44 (43.3%)	12:22	4.8 (56.5%)			
113	<b>WRÓBEL Grzegorz</b>	<b>399</b>		Open M	99	02:43:55	07:06:43	10:12:18	13:40:23	19:29:57	24:00:22	26:24:29	<b>31:08:57.15</b>	+13:35:51 (43.7%)	12:27	4.8 (56.5%)			
114	<b>GAŁEK Wojciech</b>	<b>442</b>	NO PAIN NO GAIN	Open M	100	03:02:46	07:59:24	11:26:51	14:59:18	20:14:11	24:27:59	26:45:08	<b>31:16:16.30</b>	+13:43:11 (43.9%)	12:30	4.8 (56.5%)			
115	<b>MORAWSKI Maciej</b>	<b>240</b>	GULO GULO CLUB POLAND	Open M	101	03:13:34	08:06:07	11:45:03	15:11:42	20:09:25	24:27:14	26:43:30	<b>31:26:37.55</b>	+13:53:32 (44.2%)	12:34	4.8 (56.5%)			
116	<b>ROSZAK Waldemar</b>	<b>303</b>	BIEGAM NA ZIELONEJ BIAŁOŁĘCE	Open M	102	03:25:56	08:21:36	11:47:02	15:00:51	20:11:27	24:18:11	26:32:14	<b>31:40:31.30</b>	+14:07:26 (44.6%)	12:40	4.7 (55.3%)			
117	<b>GRABARCZYK Mateusz</b>	<b>105</b>	RADLINIOKI W BIEGU	Open M	103	03:04:25	08:11:00	11:32:21	14:35:27	19:34:19	23:47:27	26:20:57	<b>31:43:42.35</b>	+14:10:37 (44.7%)	12:41	4.7 (55.3%)			
118	<b>KOZIEŁ Tadeusz</b>	<b>170</b>	SZCZĘŚCIARZ BIEGA	Open M	104	03:04:03	07:56:03	11:21:37	14:35:08	20:13:23	24:50:34	27:19:42	<b>31:52:19.60</b>	+14:19:14 (44.9%)	12:44	4.7 (55.3%)			
119	<b>KRACZKOWSKI Przemysław</b>	<b>450</b>		Open M	105	03:10:20	08:14:54	11:52:05	15:26:09	21:28:57	25:33:19	27:35:31	<b>31:53:46.10</b>	+14:20:40 (45.0%)	12:45	4.7 (55.3%)			
120	<b>TURLEJ Wojciech</b>	<b>359</b>	ŚLAD	Open M	106	02:38:29	07:08:23	10:31:34	14:12:31	20:21:24	24:58:29	27:27:54	<b>32:00:19.45</b>	+14:27:14 (45.2%)	12:48	4.7 (55.3%)			
121	<b>CZUBA Robert</b>	<b>63</b>	ORANGE POLSKA	Open M	107	03:08:17	08:13:07	12:05:40	15:50:46	21:19:58	25:24:21	27:26:42	<b>32:01:28.95</b>	+14:28:23 (45.2%)	12:48	4.7 (55.3%)			
122	<b>PASZKIEL Artur</b>	<b>271</b>		Open M	108	02:52:54	07:56:57	11:26:52	15:06:24	20:44:41	24:56:03	27:15:06	<b>32:15:06.00</b>	+14:42:00 (45.6%)	12:54	4.7 (55.3%)			
123	<b>WOLANIN Tomasz</b>	<b>396</b>		Open M	109	02:55:55	08:00:15	11:32:22	15:10:17	20:47:12	24:58:18	27:17:43	<b>32:17:34.15</b>	+14:44:28 (45.6%)	12:55	4.6 (54.1%)			
124	<b>WAŁEK Piotr</b>	<b>370</b>	RUNNERS TEAM QUIBL	Open M	110	02:56:00	07:52:54	11:33:00	15:15:02	21:03:36	25:29:34	27:38:49	<b>32:17:50.70</b>	+14:44:45 (45.7%)	12:55	4.6 (54.1%)			
125	<b>WITKA Piotr</b>	<b>387</b>	GARCZEGORZE BIEGA	Open M	111	03:08:26	08:16:12	11:50:17	15:20:25	21:20:27	25:24:31	27:24:32	<b>32:18:03.95</b>	+14:44:58 (45.7%)	12:55	4.6 (54.1%)			
126	<b>WITKA Grażyna</b>	<b>388</b>	GARCZEGORZE BIEGA	Open K	15	03:08:21	08:16:08	11:48:53	15:20:25	21:20:27	25:24:27	27:24:22	<b>32:18:04.00</b>	+14:44:58 (45.7%)	12:55	4.6 (54.1%)			
127	<b>LIC Janusz</b>	<b>195</b>	BISKUPICE ULTRARUN	Open M	112	03:06:31	08:11:56	11:47:43	15:38:00	21:15:06	25:37:18	27:39:07	<b>32:22:04.50</b>	+14:48:59 (45.8%)	12:56	4.6 (54.1%)			
128	<b>DAWID Mirosław</b>	<b>440</b>		Open M	113	02:52:17	07:40:38	11:03:42	14:29:23	20:36:34	25:16:45	27:22:30	<b>32:22:13.35</b>	+14:49:08 (45.8%)	12:56	4.6 (54.1%)			
129	<b>FERENC Adrian</b>	<b>82</b>		Open M	114	02:54:10	07:47:13	11:21:40	15:11:37	20:43:11	25:18:31	27:30:37	<b>32:24:12.60</b>	+14:51:07 (45.8%)	12:57	4.6 (54.1%)			
130	<b>JANIK Joanna</b>	<b>122</b>		Open K	16	02:55:41	07:57:07	11:36:39	15:17:36	21:03:16	25:19:01	27:27:08	<b>32:24:46.60</b>	+14:51:41 (45.9%)	12:57	4.6 (54.1%)			
131	<b>PIETRASIK Hanna</b>	<b>281</b>	PRZESTRZENSWIADOMEGORUCHU.PL	Open K	17	02:56:02	07:46:15	11:11:52	14:42:59	20:42:44	25:23:12	27:28:40	<b>32:28:22.15</b>	+14:55:16 (46.0%)	12:59	4.6 (54.1%)			

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz					Włoczek	Puławy	Wilcze	Czas netto	Różn	Tempo min/km	Tempo km/h
						Ropki	Bartne	Hałbowska	Chyrowa	Zdrój							
132	<b>GRUNTOWSKI Mateusz</b>	<b>111</b>	NIEMO ADVENTURE	Open M	115	02:52:08	08:01:32	11:23:04	15:30:34	20:46:19	25:26:55	27:32:12	<b>32:31:57.95</b>	+14:58:52 (46.0%)	13:00	4.6 (54.1%)	
133	<b>LIBERACKI Grzegorz</b>	<b>194</b>	NOWY STYL GROUP RUNNING TEAM	Open M	116	03:04:26	07:52:21	11:10:30	14:49:22	20:37:23	24:39:32	27:11:48	<b>32:32:35.00</b>	+14:59:29 (46.1%)	13:01	4.6 (54.1%)	
134	<b>GUZIK Robert</b>	<b>113</b>	PEDRAFORCA	Open M	117	02:48:06	07:10:39	10:30:01	13:51:02	18:55:44	23:05:46	25:56:19	<b>32:37:36.75</b>	+15:04:31 (46.2%)	13:03	4.6 (54.1%)	
135	<b>WOJTASZEK Marcin</b>	<b>395</b>	MUCHY NA ZĘBACH	Open M	118	03:00:52	07:50:32	11:26:25	15:08:37	20:57:53	25:22:51	27:32:10	<b>32:39:49.95</b>	+15:06:44 (46.3%)	13:03	4.6 (54.1%)	
136	<b>ŁAJTAR Krzysztof</b>	<b>455</b>		Open M	119	02:55:05	07:45:28	11:32:29	15:20:19	21:35:13	25:47:46	27:48:40	<b>32:48:06.85</b>	+15:15:01 (46.5%)	13:07	4.6 (54.1%)	
137	<b>DZISZKIEWICZ Grzegorz</b>	<b>81</b>		Open M	120	03:21:03	08:24:23	11:40:08	14:52:51	20:33:19	24:35:33	26:48:20	<b>32:52:10.95</b>	+15:19:05 (46.6%)	13:08	4.6 (54.1%)	
138	<b>CZAPSKI Piotr</b>	<b>61</b>		Open M	121	03:01:07	07:57:16	11:29:44	15:13:49	21:06:26	25:31:14	27:36:40	<b>32:54:50.80</b>	+15:21:45 (46.7%)	13:09	4.6 (54.1%)	
139	<b>SZRETER Paweł</b>	<b>343</b>		Open M	122	03:32:53	08:52:19	12:36:24	16:24:21	22:19:06	26:21:42	28:18:52	<b>32:55:15.25</b>	+15:22:10 (46.7%)	13:10	4.6 (54.1%)	
140	<b>WIEDERMANN Krzysztof</b>	<b>379</b>	PEDRAFORCA	Open M	123	03:09:02	08:39:16	12:44:54	16:25:57	22:14:25	26:19:39	28:15:31	<b>33:09:19.05</b>	+15:36:13 (47.1%)	13:15	4.5 (52.9%)	
141	<b>BRYSZEWSKA Patrycja</b>	<b>36</b>	DOMATORKI	Open K	18	02:42:51	07:23:26	10:44:01	14:24:28	19:56:32	25:30:29	27:41:52	<b>33:12:08.65</b>	+15:39:03 (47.1%)	13:16	4.5 (52.9%)	
142	<b>BARTELA Edyta</b>	<b>21</b>	DOMATORKI	Open K	19	02:42:53	07:23:16	10:43:55	14:24:30	19:56:32	25:30:23	27:42:48	<b>33:12:08.80</b>	+15:39:03 (47.1%)	13:16	4.5 (52.9%)	
143	<b>BOGACZYK Krzysztof</b>	<b>31</b>		Open M	124	02:51:07	07:56:30	11:29:55	15:15:50	22:07:53	26:33:50	28:31:13	<b>33:19:38.55</b>	+15:46:33 (47.3%)	13:19	4.5 (52.9%)	
144	<b>NITSCH Tomasz</b>	<b>248</b>	UNTS WARSZAWA	Open M	125	03:03:12	07:55:43	11:32:07	15:41:34	21:30:49	25:58:22	27:58:31	<b>33:36:45.50</b>	+16:03:40 (47.8%)	13:26	4.5 (52.9%)	
145	<b>KREZMAŃSKI Robert</b>	<b>175</b>	DREAM RUN	Open M	126	02:39:30	07:06:18	10:18:35	14:47:03	21:07:10	27:54:49	29:32:27	<b>33:43:08.75</b>	+16:10:03 (47.9%)	13:29	4.4 (51.8%)	
146	<b>OLESZCZAK Piotr</b>	<b>256</b>	BIEGAM BO SĄ TACY CO NIE MOGĄ	Open M	127	03:15:09	09:01:02	13:05:08	17:16:38	23:35:35	27:42:02	29:32:08	<b>33:45:05.90</b>	+16:12:00 (48.0%)	13:30	4.4 (51.8%)	
147	<b>ARKUSZYŃSKA Beata</b>	<b>17</b>	TIME4RUNNING	Open K	20	02:54:26	08:08:34	12:00:30	15:46:10	22:13:26	26:31:13	28:42:24	<b>33:57:41.15</b>	+16:24:35 (48.3%)	13:35	4.4 (51.8%)	
148	<b>ARKUSZYŃSKI Paweł</b>	<b>18</b>	TIME4RUNNING	Open M	128	03:04:24	08:18:27	12:10:35	15:56:12	22:23:26	26:41:15	28:52:26	<b>34:07:41.20</b>	+16:34:36 (48.6%)	13:39	4.4 (51.8%)	
149	<b>MASZEWSKA-WACH Mariola</b>	<b>220</b>	ZBIEG OKOLICZNOŚCI	Open K	21	03:39:22	09:18:13	13:05:49	17:08:03	22:52:20	27:05:54	29:13:46	<b>34:20:47.10</b>	+16:47:41 (48.9%)	13:44	4.4 (51.8%)	
150	<b>PRÓŃCZUK Adam</b>	<b>293</b>	ZBIEG OKOLICZNOŚCI	Open M	129	03:39:53	09:19:23	13:06:10	17:09:09	22:52:36	27:05:46	29:13:52	<b>34:21:04.50</b>	+16:47:59 (48.9%)	13:44	4.4 (51.8%)	
151	<b>STYSIEK Piotr</b>	<b>465</b>	BIEGIEM RADOM!	Open M	130	03:32:47	09:05:56	13:06:11	17:10:51		27:05:44	29:13:17	<b>34:25:54.95</b>	+16:52:49 (49.0%)	13:46	4.4 (51.8%)	
	<b>DAJEK Łukasz</b>	<b>65</b>	JEDZIBIEGAJ.PL	Open M		02:14:59 DNF	05:47:32 DNF	08:19:26 DNF	10:52:19 DNF	14:51:30 DNF	17:43:25 DNF	19:11:20 DNF	<b>DNF</b>		-	- (0.0%)	
	<b>KARAWACKI Grzegorz</b>	<b>139</b>	KĘCKIE HARPAGANY	Open M		03:16:55 DNF	08:41:40 DNF	12:34:51 DNF	16:40:07 DNF	22:53:40 DNF	27:25:30 DNF	29:32:47 DNF	<b>DNF</b>		-	- (0.0%)	
	<b>WANTUCH Marcin</b>	<b>371</b>		Open M		02:04:47 DNF	05:25:34 DNF	07:49:29 DNF	10:05:17 DNF	13:31:39 DNF	16:36:40 DNF	DNF	<b>DNF</b>		-	- (0.0%)	
	<b>SZOSTEK Michał</b>	<b>467</b>	BEFIT24TEAM	Open M		02:03:25 DNF	05:24:08 DNF	07:54:45 DNF	10:15:29 DNF	13:58:42 DNF	16:49:31 DNF	DNF	<b>DNF</b>		-	- (0.0%)	
	<b>TOMCZYK Marcin</b>	<b>355</b>	AZS AWF KRAKÓW MASTERS	Open M		02:46:24 DNF	06:56:15 DNF	09:48:31 DNF	12:52:40 DNF	17:42:44 DNF	21:43:36 DNF	DNF	<b>DNF</b>		-	- (0.0%)	
	<b>WINIARSKA Izabela</b>	<b>384</b>	EKOBIEGI	Open K		02:56:46 DNF	08:09:17 DNF	12:04:05 DNF	15:32:57 DNF	21:47:44 DNF	26:28:09 DNF	DNF	<b>DNF</b>		-	- (0.0%)	
	<b>JAWORSKI Piotr</b>	<b>126</b>	PIOTRBIEGA	Open M		03:00:09 DNF	08:16:41 DNF	12:03:45 DNF	15:39:55 DNF	21:55:11 DNF	26:35:44 DNF	DNF	<b>DNF</b>		-	- (0.0%)	
	<b>KRÓLICKI Zbigniew</b>	<b>178</b>		Open M		DNF	08:50:34 DNF	12:38:37 DNF	16:24:17 DNF	22:38:42 DNF	27:04:18 DNF	DNF	<b>DNF</b>		-	- (0.0%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz				Iwonicz-Zdrój	Puławy Górne	Wilcze Budy	Czas netto	Różn	Tempo min/km	Tempo km/h
						19.9km	Bartne 47.5km	Hałbowska 64.3km	Chyrowa 80.4km							
	<b>WITEK Bogdan</b>	<b>386</b>	WATER TEAM		Open M	02:32:20 DNF	06:27:14 DNF	09:18:17 DNF	12:21:57 DNF	16:54:06 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KAPROŃ Sebastian</b>	<b>138</b>			Open M	02:22:45 DNF	06:09:55 DNF	08:47:31 DNF	11:27:20 DNF	17:04:39 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>NOSKI Mariusz</b>	<b>251</b>			Open M	02:25:42 DNF	07:10:15 DNF	10:29:30 DNF	14:02:54 DNF	18:19:11 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>SZANECKI Jakub</b>	<b>338</b>	ZAPIERDALACZE		Open M	03:00:02 DNF	07:24:55 DNF	10:20:26 DNF	13:42:11 DNF	18:53:22 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>BALON Piotr</b>	<b>435</b>	BAKOMAT TEAM		Open M	02:52:52 DNF	07:34:13 DNF	10:57:18 DNF	14:25:46 DNF	19:28:19 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KUCIŃSKI Tomasz</b>	<b>452</b>	MKB DREPTAK		Open M	02:49:13 DNF	07:03:00 DNF	10:04:29 DNF	13:10:36 DNF	19:32:36 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>MIKRUT Remigiusz</b>	<b>232</b>			Open M	02:52:07 DNF	07:19:31 DNF	10:35:14 DNF	14:06:26 DNF	19:35:41 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>GAUDYN Hubert</b>	<b>443</b>	TEAMCZTERY		Open M	02:52:01 DNF	07:03:20 DNF	10:19:43 DNF	13:44:18 DNF	19:42:09 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>FORYŚ Adam</b>	<b>85</b>	PATO BIEGI		Open M	02:39:28 DNF	07:32:28 DNF	10:54:11 DNF	14:15:39 DNF	19:43:11 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KOCHAN Rafał</b>	<b>155</b>			Open M	02:56:32 DNF	07:47:50 DNF	11:03:14 DNF	14:36:06 DNF	19:51:31 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>SAWICKI Bartosz</b>	<b>313</b>	JACEKBIEGA RUNNING TEAM		Open M	03:16:34 DNF	08:20:52 DNF	12:00:31 DNF	15:41:11 DNF	21:24:24 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>MĘŻYŃSKI Michał</b>	<b>227</b>	ŻIMBAKI		Open M	03:10:11 DNF	08:00:10 DNF	11:36:39 DNF	15:22:24 DNF	21:26:03 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>POTEMPSKI Paweł</b>	<b>292</b>	ZABIEGANI PO USZY		Open M	03:07:01 DNF	08:18:02 DNF	11:59:40 DNF	15:40:07 DNF	21:47:23 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>ŻAK Oliwia</b>	<b>411</b>	PIASECZNO RUNNING		Open K	03:31:00 DNF	08:57:35 DNF	12:42:57 DNF	16:22:18 DNF	22:25:00 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>GAWLIK Sławek</b>	<b>3</b>	DYNAFIT TEAM POLAND		Open M	01:52:39 DNF	04:51:09 DNF	06:54:24 DNF	08:55:29 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>TYLEK Rafał</b>	<b>362</b>			Open M	02:24:51 DNF	05:54:03 DNF	08:08:51 DNF	10:39:48 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>ŚLIWA Arkadiusz</b>	<b>349</b>	SPORTOWA KRYNICA		Open M	02:25:39 DNF	06:23:53 DNF	08:53:11 DNF	11:49:01 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>MIETŁA Mateusz</b>	<b>230</b>	KSS JPII		Open M	02:37:46 DNF	06:36:01 DNF	09:30:38 DNF	12:21:18 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>ZAKROCZYMSKI Michał</b>	<b>404</b>			Open M	DNF	06:37:42 DNF	09:36:24 DNF	12:44:56 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>MAKOWSKI Łukasz</b>	<b>210</b>			Open M	02:55:48 DNF	07:23:24 DNF	10:24:07 DNF	13:17:19 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KOSMALA Mateusz</b>	<b>448</b>	SĄSIEDZKA WATAHA		Open M	02:35:54 DNF	06:47:27 DNF	10:03:56 DNF	13:28:23 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KOBIERSKI Piotr</b>	<b>11</b>	UKA ULTRAS RUNNERS		Open M	02:34:00 DNF	06:40:36 DNF	09:58:32 DNF	13:30:08 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KAŁOL Łukasz</b>	<b>148</b>			Open M	02:49:19 DNF	07:25:05 DNF	10:33:44 DNF	13:55:31 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>BOGACZ Dariusz Piotr</b>	<b>30</b>	KLUB WYSOKOGÓRSKI WARSZAWA		Open M	02:40:11 DNF	07:08:54 DNF	10:23:04 DNF	14:09:16 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KUJAWA Maciej</b>	<b>453</b>	HQ MNC NE		Open M	02:44:28 DNF	06:54:03 DNF	10:09:44 DNF	14:19:46 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>PASTWA Marek</b>	<b>270</b>	OH!ZUZA.COM/BEAUTYSPORT		Open M	03:16:33 DNF	08:11:40 DNF	11:21:28 DNF	14:54:46 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KOZERA Waldemar</b>	<b>168</b>	OMA		Open M	02:53:46 DNF	07:12:22 DNF	10:37:34 DNF	15:10:36 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KRAWCZYK Wojciech</b>	<b>174</b>	BIEGAM NA TARCZOMINIE		Open M	02:55:07 DNF	07:59:05 DNF	11:43:21 DNF	15:32:22 DNF	DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz				Iwonicz- Zdrój	Puławy Górne	Wilcze Budy	Czas netto 150km	Różn	Tempo min/km	Tempo km/h
						Ropki 19.9km	Bartne 47.5km	Hałbowska 64.3km	Chyrowa 80.4km							
	<b>STROIŃSKA Iwona</b>	<b>332</b>	C&C SPORTS TEAM			Open K	02:54:48 DNF	08:09:28 DNF	11:55:57 DNF	15:33:42 DNF	DNF	DNF	DNF	DNF	-	- (0.0%)
	<b>STROIŃSKI Wojciech</b>	<b>333</b>	C&C SPORTS TEAM			Open M	02:54:45 DNF	08:09:26 DNF	11:55:55 DNF	15:33:47 DNF	DNF	DNF	DNF	DNF	-	- (0.0%)
	<b>BIADASIEWICZ Andrzej</b>	<b>25</b>	HTF LUDWIK SIKORSKI			Open M	02:59:51 DNF	07:50:53 DNF	11:29:00 DNF	15:35:15 DNF	DNF	DNF	DNF	DNF	-	- (0.0%)
	<b>SZARF Paweł</b>	<b>339</b>	ZAŁOGA GÓRSKA			Open M	03:06:02 DNF	08:15:12 DNF	11:38:45 DNF	15:53:47 DNF	DNF	DNF	DNF	DNF	-	- (0.0%)
	<b>LUBOCH Krzysztof</b>	<b>199</b>	KW OPOLE			Open M	03:06:33 DNF	08:15:45 DNF	11:39:36 DNF	15:58:43 DNF	DNF	DNF	DNF	DNF	-	- (0.0%)
	<b>BARTOLIK Piotr</b>	<b>436</b>				Open M	02:59:27 DNF	07:57:39 DNF	11:56:39 DNF	16:10:30 DNF	DNF	DNF	DNF	DNF	-	- (0.0%)
	<b>KIJOWSKA Aldona</b>	<b>150</b>	MARKOWI BIEGACZE			Open K	03:33:39 DNF	09:00:01 DNF	12:45:16 DNF	16:24:49 DNF	DNF	DNF	DNF	DNF	-	- (0.0%)
	<b>NIZIOŁEK Marek</b>	<b>250</b>	ZADYSZKA OŚWIĘCIM			Open M	03:26:20 DNF	09:04:02 DNF	13:06:49 DNF	17:00:43 DNF	DNF	DNF	DNF	DNF	-	- (0.0%)
	<b>NOWAK Bartosz</b>	<b>460</b>	POMIOTY SZATANA			Open M	03:10:34 DNF	08:40:35 DNF	12:55:36 DNF	17:28:48 DNF	DNF	DNF	DNF	DNF	-	- (0.0%)
	<b>DURA Piotr</b>	<b>75</b>	PKB ENDORFINA			Open M	03:43:58 DNF	09:53:29 DNF	13:57:09 DNF	17:56:44 DNF	DNF	DNF	DNF	DNF	-	- (0.0%)
	<b>KAWAŁKO Ryszard</b>	<b>146</b>	WOLNY RYS			Open M	03:44:16 DNF	10:03:06 DNF	14:34:43 DNF	18:42:49 DNF	DNF	DNF	DNF	DNF	-	- (0.0%)
	<b>POSTAWA Radosław</b>	<b>462</b>				Open M	03:17:24 DNF	08:51:59 DNF	13:10:44 DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)
	<b>KUŹMIŃSKI Wojciech</b>	<b>454</b>				Open M	03:30:51 DNF	09:14:38 DNF	13:49:10 DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)
	<b>NIZIOŁ Marian</b>	<b>249</b>	SMAK MARATON			Open M	03:58:50 DNF	10:25:27 DNF	14:57:39 DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)
	<b>OLEKSY Jarosław</b>	<b>254</b>	FORREST LIMANOWA			Open M	04:00:05 DNF	10:26:17 DNF	14:58:18 DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)
	<b>WYBRANIEC Michał</b>	<b>400</b>	PATO BIEGI			Open M	03:29:36 DNF	10:29:23 DNF	15:02:01 DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)
	<b>PAŁKA Tomasz</b>	<b>266</b>	LUZYX			Open M	02:24:27 DNF	06:38:50 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)
	<b>WÓJTOWICZ Jacek</b>	<b>398</b>	FRANCISZKANIE - KROSNO			Open M	03:04:19 DNF	08:17:16 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)
	<b>PIETRUS Maciek</b>	<b>461</b>				Open M	03:24:16 DNF	09:12:24 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)
	<b>SZCZERBA Rafał</b>	<b>466</b>				Open M	03:29:18 DNF	09:17:17 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)
	<b>MACHURA Sebastian</b>	<b>204</b>				Open M	03:16:48 DNF	09:24:45 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)
	<b>OBARSKI Norbert</b>	<b>253</b>				Open M	04:10:17 DNF	10:35:01 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)
	<b>ŻYWICKI Maciej</b>	<b>474</b>	DROGA DO ULTRA			Open M	02:40:39 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)
	<b>KUŹNIAR Paweł</b>	<b>188</b>	FINISZ RYMANÓW			Open M	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)

Znaleziono 211 wynik(ów)