



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Lemkowna Ultra-Trail
Fundacja Ultra
2022-10-22
Komańcza
150 km

ŁEMKOWYNA ULTRA-TRAIL® 150

B4SPORT

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Hańczowa 22.2km	Zdynia 34km	Bartne 47.3km	Przełęcz Hałbowska 64.2km	Chyrowa 80.4km	Iwonicz- Zdrój 102.3km	Puławy Górne 121km	Wilcze Budy 130km	Przybyszów 136.5km	Czas netto 150km	Czas brutto 150km	Różn	Tempo min/km	Tempo km/h
1	JUREK Michał	115	RMT TEAM PRO	Open M	1		02:05:10	03:31:30	04:56:10	06:55:18	08:49:43	11:29:34	13:37:46	14:39:15	15:31:08	17:06:28.55	17:06:31.40		6:50	8.8 (100%)
2	FUDALI Bartosz	73	NORDAN / WOLSZTYŃSKI KLUB BIEGOWY	Open M	2		02:09:16	03:41:52	05:11:00	07:17:13	09:11:16	11:59:17	14:14:09	15:17:05	16:06:13	17:41:38.40	17:41:40.40	+00:35:09 (3.3%)	7:04	8.5 (96.6%)
3	KUBASIK Łukasz	161	BARTOSZ GORCZYCA TEAM	Open M	3		02:18:44	03:51:11	05:21:24	07:26:08	09:25:36	12:11:57	14:18:37	15:21:06	16:12:24	17:58:13.30	17:58:18.00	+00:51:46 (4.8%)	7:11	8.3 (94.3%)
4	SOWA Łukasz	289		Open M	4		02:11:57	03:46:16	05:19:31	07:27:26	09:34:28	12:42:01		16:06:01	16:58:20	18:34:21.30	18:34:24.80	+01:27:53 (7.9%)	7:25	8.1 (92.0%)
5	KRAWCZAK Paulina	1	ATTIQ TEAM/BIEGUSIEM.PL	Open K	1		02:18:00	03:53:38	05:23:02	07:32:55	09:36:59	12:37:35	15:03:07	16:14:05	17:12:12	18:58:33.85	18:58:37.00	+01:52:05 (9.8%)	7:35	7.9 (89.8%)
6	ŁYJAK Błażej	180		Open M	5		02:09:10	03:41:53	05:11:04	07:18:44	09:22:48	12:34:41	15:04:41	16:22:18	17:30:47	19:47:26.80	19:47:30.70	+02:40:59 (13.6%)	7:54	7.6 (86.4%)
7	DROZD Michał	61		Open M	6		02:17:07	03:57:44	05:39:49	07:57:49	10:12:24	13:27:26	15:54:39	17:07:00	18:01:35	19:50:01.55	19:50:05.10	+02:43:33 (13.7%)	7:56	7.6 (86.4%)
8	ADLER Łukasz	10	LESZ NO LIMITS RUNNERS	Open M	7		02:27:03	04:10:08	05:44:11	08:00:26	10:11:20	13:19:00	15:53:30	17:08:10	18:10:59	19:58:35.25	19:58:47.05	+02:52:15 (14.4%)	7:59	7.5 (85.2%)
9	ROPELEWSKI Tomasz	263	NBR TEAM	Open M	8		02:33:03	04:15:20	05:51:24	08:08:23	10:20:51	13:50:37	16:17:38	17:24:28	18:21:00	20:03:30.60	20:03:46.05	+02:57:14 (14.7%)	8:01	7.5 (85.2%)
10	PALUCH Marek	230	ULTRA BLATNIA CHARYTATYWNI/ LIGA OBRONY PRZEMYTNIKÓW RZEŻUCHY	Open M	9		02:14:15	03:46:38	05:19:07	07:37:52	09:51:51	13:13:00	15:51:40	17:08:51	18:11:00	20:10:01.55	20:10:20.30	+03:03:48 (15.2%)	8:04	7.4 (84.1%)
11	KOMRAUS Krzysztof	136	PRESS GLASS - BIEGAMY I WSPIERAMY	Open M	10		02:14:34	03:45:12	05:12:48	07:18:47	09:26:20	12:58:30	15:58:14	17:21:37	18:47:58	20:45:38.80	20:45:43.80	+03:39:12 (17.6%)	8:18	7.2 (81.8%)
12	BUJAK Krzysztof	39	PEPITKA TEAM	Open M	11		02:21:08	04:06:36	05:40:18	07:57:50	10:10:17	13:24:00	16:03:04	17:32:17	18:54:46	21:03:07.55	21:03:12.00	+03:56:40 (18.7%)	8:25	7.1 (80.7%)
12	SKOCZYLAS Adrian	8	SKOCZYLIWLASY / STAY INSANE	Open M	11		02:27:53	04:17:29	05:49:55	07:57:45	10:10:02	13:23:54	16:02:58	17:30:54	18:54:41	21:03:01.05	21:03:12.00	+03:56:40 (18.7%)	8:25	7.1 (80.7%)
14	WANTUCH Marcin	6		Open M	13		02:26:33	04:09:24	05:45:33	08:03:44	10:24:53	14:00:39	16:35:31	17:52:13	19:01:56	21:15:23.35	21:15:29.10	+04:08:57 (19.5%)	8:30	7.1 (80.7%)
15	BARTKOWSKI Mariusz	16	GÓRAL Z MAZUR RUNNING TEAM	Open M	14		02:15:20	03:52:27	05:30:05	07:52:06	10:08:40	13:50:40	16:50:49	18:13:36	19:23:00	21:38:23.00	21:38:28.00	+04:31:56 (20.9%)	8:39	6.9 (78.4%)
16	KREŻAŁEK Marcin	155		Open M	15		02:25:30	04:08:14	05:51:32	08:25:18	10:47:27	14:15:41	17:08:34	18:30:14	19:40:41	21:39:10.35	21:39:13.35	+04:32:41 (21.0%)	8:39	6.9 (78.4%)
17	WYROBA Wojciech	344		Open M	16		02:28:40	04:14:30	05:57:55	08:27:47	10:44:55	14:06:40	16:45:53	18:19:10	19:32:46	21:47:51.50	21:48:07.60	+04:41:36 (21.5%)	8:43	6.9 (78.4%)
18	PACZUSKI Michał	228		Open M	17		02:47:33	04:38:20	06:22:47	08:45:24	11:09:44	14:29:20	17:10:06	18:31:57	19:41:32	21:58:32.25	21:58:50.40	+04:52:19 (22.2%)	8:47	6.8 (77.3%)
19	BIENIEK Damian	25	AZYMUT TEAM	Open M	18		02:26:01	04:09:18	05:46:54	08:03:12	10:25:06	13:45:50			19:23:04	21:59:03.50	21:59:13.40	+04:52:42 (22.2%)	8:47	6.8 (77.3%)
20	KULCZYK Marcin	164	ULTRA WAY TEAM	Open M	19		02:24:45	04:06:49	05:44:41	08:03:10	10:22:53	13:43:36	16:42:05	18:04:25	19:23:19	21:59:35.10	21:59:39.80	+04:53:08 (22.2%)	8:47	6.8 (77.3%)
21	GAJOS Daniel	79	GRUPA_LUKTRANS	Open M	20		02:24:55	04:09:52	05:49:00	08:11:04	10:37:08	14:02:18	16:47:11	18:05:34	19:23:05	22:00:01.45	22:00:12.70	+04:53:41 (22.2%)	8:48	6.8 (77.3%)
22	SKWARA Marek	282		Open M	21		02:29:46	04:19:14		08:29:08	10:53:29	14:15:41	16:56:43	18:19:20	19:42:41	22:28:16.65	22:28:19.90	+05:21:48 (23.9%)	8:59	6.7 (76.1%)
23	ØDERUD Thomas	221	SALOMON NORWAY	Open M	22		02:26:45	04:11:31	05:52:17	08:22:16	10:50:42	14:29:36	17:20:31	18:55:42	20:13:52	22:33:04.40	22:33:06.40	+05:26:35 (24.1%)	9:01	6.7 (76.1%)
24	HJUKSE Gro Siljan	98	SALAMON NORGE	Open K	2		02:24:18	04:11:27	05:52:21	08:22:10	10:50:33	14:29:08	17:20:32	18:55:47	20:13:44	22:33:04.10	22:33:06.65	+05:26:35 (24.1%)	9:01	6.7 (76.1%)
25	MĘDRYKOWSKI Damian	197		Open M	23		02:24:11	04:10:29	05:51:47	08:21:17	10:49:27	14:29:38	17:14:38	18:50:16	20:12:13	22:34:51.85	22:34:55.40	+05:28:24 (24.2%)	9:01	6.6 (75.0%)
26	REJ Mirosław	262	BARTOSZ GORCZYCA TEAM	Open M	24		02:47:02	04:43:00	06:25:53	08:50:51	11:13:10	14:50:34	17:38:42	19:07:11	20:22:04	22:41:57.95	22:42:10.80	+05:35:39 (24.6%)	9:04	6.6 (75.0%)
27	KOSECKI Krzysztof	138	NSZZFSG	Open M	25		02:37:53	04:32:20	06:18:45	08:49:08	11:22:47	14:47:20	17:41:56	19:01:02	20:13:50	22:43:12.90	22:43:29.55	+05:36:58 (24.7%)	9:05	6.6 (75.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Hańcзова 22.2km	Zdynia 34km	Bartne 47.3km	Przełęcz Hałbowska 64.2km	Chyrowa 80.4km	Iwonicz- Zdrój 102.3km	Puławy Górne 121km	Wilcze Budy 130km	Przybyszów 136.5km	Czas		Różn	Tempo min/km	Tempo km/h
																netto 150km	brutto 150km			
28	BOGACZYK Krzysztof	30		Open M	26		02:36:30	04:26:46	06:09:26	08:31:25	11:01:19	14:50:37	17:49:06	19:19:05	20:35:48	22:44:06.65	22:44:37.55	+05:38:06 (24.8%)	9:05	6.6 (75.0%)
29	MÓJTA Grzegorz	208	KOŁO BIEGA	Open M	27		02:37:06	04:24:04	06:03:50	08:28:37	10:55:11	14:54:58	17:41:16	19:11:54	20:36:05	22:47:54.35	22:48:04.85	+05:41:33 (25.0%)	9:07	6.6 (75.0%)
30	CHOŁKA Michał	46		Open M	28		02:40:12	04:31:39	06:15:01	08:45:24	11:14:06	15:02:13	18:02:39	19:25:05	20:38:51	22:49:52.05	22:50:02.25	+05:43:30 (25.1%)	9:07	6.6 (75.0%)
31	KARAMON Marcin	124		Open M	29		02:33:09	04:29:50	06:40:35	09:09:28	11:30:57	14:52:27	17:48:27	19:24:50	20:38:18	22:54:43.30	22:55:14.05	+05:48:42 (25.4%)	9:09	6.5 (73.9%)
32	STEFANIAK Łukasz	292		Open M	30		02:37:09	04:29:14	06:13:28	08:43:12	11:10:02	14:39:27	17:34:12	19:06:17	20:28:45	22:57:02.85	22:57:21.30	+05:50:49 (25.5%)	9:10	6.5 (73.9%)
33	STRZELCZYK Mariusz	297	PROJEKT1000UP	Open M	31		02:37:10	04:28:55	06:17:20	08:51:01	11:25:25	15:09:38	18:05:29	19:45:11	20:59:05	23:04:51.45	23:05:07.00	+05:58:35 (25.9%)	9:13	6.5 (73.9%)
34	HEJKRLÍK Jiří	97	HEJAHEJTRAIL.CZ	Open M	32			04:55:46	06:40:28	09:13:02	11:47:08	15:12:52	18:11:25	19:47:01	21:03:32	23:05:50.00	23:06:08.75	+05:59:37 (25.9%)	9:14	6.5 (73.9%)
35	BIAŁAS Filip	21		Open M	33		02:38:12	04:26:10	06:03:09	08:27:15	10:50:13	14:06:57	16:57:11	18:23:48	19:48:13	23:08:56.30	23:09:02.90	+06:02:31 (26.1%)	9:15	6.5 (73.9%)
36	FERSZT Piotr	68	ULTRA WAY TEAM	Open M	34		02:22:21		05:49:11	08:11:07	10:37:24	14:06:59	16:56:44	18:23:48	19:48:32	23:08:58.95	23:09:03.05	+06:02:31 (26.1%)	9:15	6.5 (73.9%)
37	KALIN Władysław	121		Open M	35		02:32:47	04:26:41	06:05:12	08:38:09	11:03:45	15:06:29	18:04:57	19:53:30	21:03:11	23:11:09.15	23:11:46.70	+06:05:15 (26.2%)	9:16	6.5 (73.9%)
38	KIEROŃSKI Robert	127		Open M	36		02:14:30	03:50:10	05:20:15	07:38:20	10:02:06	13:23:58	16:34:05	18:06:46	19:54:27	23:15:22.95	23:15:29.20	+06:08:57 (26.4%)	9:18	6.4 (72.7%)
39	PAWELCZAK Kazimierz	238		Open M	37		02:29:58	04:22:51	06:00:51	08:26:30	10:52:41	14:35:16	17:38:40	19:24:35	20:39:18	23:19:20.45	23:19:23.50	+06:12:52 (26.6%)	9:19	6.4 (72.7%)
40	PAJDOSZ Rafał	229	KB BIAŁA BIEGA	Open M	38		02:42:23	04:36:49	06:27:23	09:05:51	11:34:18	15:04:03	17:57:13	19:24:57	20:40:47	23:19:06.40	23:19:23.65	+06:12:52 (26.6%)	9:19	6.4 (72.7%)
41	JANKOWSKI Sebastian	105	COKE RUNNERS	Open M	39		02:45:19	04:37:54	06:20:46	08:54:01	11:28:50	14:59:29	17:58:02	19:29:47	20:43:51	23:20:09.70	23:20:33.25	+06:14:01 (26.7%)	9:20	6.4 (72.7%)
42	BUK Sławomir	40	LESZNO LIMITS RUNNERS	Open M	40		02:24:04	04:19:30	05:57:29	08:26:15	11:11:09	14:58:50	17:58:07	19:30:00	20:44:00	23:20:21.00	23:20:34.00	+06:14:02 (26.7%)	9:20	6.4 (72.7%)
43	SAMORAŃSKI Krzysztof	272	ULTRA-SZCZĘŚCIE	Open M	41		02:33:50	04:24:07	06:09:21	08:35:49	11:02:47	14:50:06	18:02:26	19:30:10	20:52:04	23:34:51.40	23:34:56.15	+06:28:24 (27.5%)	9:25	6.4 (72.7%)
44	POLNY Daniel	250	PASS RUNNING TEAM	Open M	42		02:35:57	04:29:39	06:09:50	08:36:57	11:00:30	14:50:42	17:48:50	19:18:13	20:38:51	23:39:46.30	23:39:51.20	+06:33:19 (27.7%)	9:27	6.3 (71.6%)
45	RYCERSKI Rafał	268	DOMINIK GRZĄDZIEL TEAM	Open M	43		02:49:52	04:52:56	06:35:05	09:05:38	11:30:11	15:10:13	17:58:21	19:33:58	20:59:19	23:40:18.30	23:40:34.20	+06:34:02 (27.7%)	9:28	6.3 (71.6%)
46	KLONOWSKI Jacek	130		Open M	44		02:36:10	04:17:50	06:00:19	08:29:34	11:22:05	15:19:38	18:02:11	19:35:27	20:59:29	23:40:28.30	23:40:35.60	+06:34:04 (27.7%)	9:28	6.3 (71.6%)
47	WYROBA Waldi	343		Open M	45		02:29:15	04:15:42	05:58:08	08:34:02	11:04:53	14:45:38	17:52:21	19:43:28	21:19:37	23:55:52.45	23:56:07.75	+06:49:36 (28.5%)	9:34	6.3 (71.6%)
48	SZOSTEK Michał	306		Open M	46		02:28:40	04:14:39	05:57:39	08:27:38	10:57:19	14:36:15	17:39:42	19:43:24	21:19:35	23:55:53.40	23:56:08.00	+06:49:36 (28.5%)	9:34	6.3 (71.6%)
49	STEPAK Włodzimierz	294	KB AKTYWNI KONIN	Open M	47		02:38:43	04:29:12	06:13:48	08:57:25	11:30:36	15:14:01	18:31:06	20:10:05	21:23:45	23:56:44.70	23:56:53.15	+06:50:21 (28.6%)	9:34	6.3 (71.6%)
50	OZIMKIEWICZ Radosław	227	SKL STARGARD/KALMAR RUNNERS	Open M	48		02:24:47	04:16:31	06:01:18	08:27:16	11:09:19	14:41:25	18:03:40	19:43:36	21:08:23	23:56:49.15	23:57:06.85	+06:50:35 (28.6%)	9:34	6.3 (71.6%)
51	PTASZYŃSKA Wioletta	259		Open K	3		02:35:00	04:24:59	06:05:40	08:38:39	11:09:55	14:45:59	17:42:49	19:16:10	20:44:04	23:57:32.25	23:57:36.70	+06:51:05 (28.6%)	9:35	6.3 (71.6%)
52	BORÓWKA Ryszard	32		Open M	49		02:33:18	04:24:01	06:05:55	08:37:47	11:09:40	14:35:13	17:42:56	19:16:00	20:43:36	23:57:32.60	23:57:37.20	+06:51:05 (28.6%)	9:35	6.3 (71.6%)
53	ŻARNOWSKI Grzegorz	355	GREGZARNOWSKI.PL	Open M	50		02:59:49	04:51:04	06:38:04	09:25:13	11:55:46	15:58:38	19:06:25	20:32:57	22:21:41	24:18:00.00	24:18:08.40	+07:11:37 (29.6%)	9:43	6.2 (70.5%)
54	LIPIŃSKI Michał	173	PRZEBIEGLI UNISŁAW	Open M	51		02:32:57	04:26:44	06:05:16	08:46:06	11:17:32	15:10:37	18:12:51	20:01:05	21:33:26	24:23:42.65	24:24:19.95	+07:17:48 (29.9%)	9:45	6.1 (69.3%)
55	KOCIUBA Przemysław	132	TT SZCZECIN	Open M	52		02:34:06	04:25:00	06:01:42	08:23:50	11:12:39	15:08:49	18:14:50	19:57:39	21:29:05	24:39:13.45	24:39:30.15	+07:32:58 (30.6%)	9:51	6.1 (69.3%)
56	BUGA Piotr	38	NOKIA	Open M	53		02:32:51	04:07:58	05:55:49	08:26:33	10:59:54	15:11:48	18:41:43	20:22:20	21:52:08	24:41:14.70	24:41:26.10	+07:34:54 (30.7%)	9:52	6.1 (69.3%)
57	JANAS Kacper	101	PUSZCZYK BUKOWY	Open M	54		02:38:51	04:37:14	06:27:25	09:07:09	11:49:35	15:37:24	18:46:13	20:23:43	21:52:24	24:41:34.65	24:41:38.85	+07:35:07 (30.7%)	9:52	6.1 (69.3%)
58	ZAKRZEWSKI Paweł	348	PAWEŁ ZAKRZEWSKI	Open M	55		02:42:35	04:37:20	06:27:33	09:07:38	11:50:00	15:37:40	18:46:16	20:23:51	21:52:28	24:41:35.45	24:41:39.35	+07:35:07 (30.7%)	9:52	6.1 (69.3%)
59	TRODLER Ulrich	318	CITYLAUF-VEREIN DRESDEN	Open M	56			04:29:00	06:13:12	08:46:03	11:21:07	15:09:22	18:14:42	20:10:20	21:52:07	24:42:04.10	24:42:11.85	+07:35:40 (30.7%)	9:52	6.1 (69.3%)
59	BUŁANOW Leszek	42		Open M	56		02:35:01	04:34:25	06:23:40	08:56:41	11:38:37	15:22:17	18:41:45	20:19:21	21:52:08	24:42:02.25	24:42:11.85	+07:35:40 (30.7%)	9:52	6.1 (69.3%)
61	SZCZOTKA Paweł	303		Open M	58		02:51:32	04:47:05	06:37:49	09:19:52	11:55:04	15:48:57	19:12:17	20:49:42	22:26:37	25:03:38.20	25:03:50.30	+07:57:18 (31.7%)	10:01	6 (68.2%)
62	DAMPS Sylwester	56		Open M	59		03:06:40	05:04:51	06:52:58	09:24:57	11:56:22	15:58:05	19:28:01	21:20:39	22:50:35	25:03:25.30	25:03:56.30	+07:57:24 (31.7%)	10:01	6 (68.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Przełęcz										Czas netto 150km	Czas brutto 150km	Różn	Tempo min/km	Tempo km/h
							Hańcзова 22.2km	Zdynia 34km	Bartne 47.3km	Hałbowska 64.2km	Chyrowa 80.4km	Iwonicz- Zdrój 102.3km	Puławy Górne 121km	Wilcze Budy 130km	Przybyszów 136.5km						
63	MARS Maksymilian	192	TRAILRUN	Open M	60		02:49:09	04:47:18	06:38:02	09:13:35	11:54:35	16:04:31	19:21:58	21:02:46	22:39:03	25:04:19.95	25:04:38.15	+07:58:06 (31.8%)	10:01	6 (68.2%)	
64	SMÓLKOWSKI Marcin	287	PROJEKT1000UP	Open M	61		02:37:48	04:28:58	06:17:15	08:50:58	11:28:47	15:38:02	18:52:12	20:55:44	22:27:03	25:15:48.30	25:16:03.75	+08:09:32 (32.3%)	10:06	5.9 (67.0%)	
65	KRUSZEWSKI Filip	158		Open M	62		02:48:40	04:51:24	06:37:55	09:19:39	12:06:24	15:56:19	19:23:57	21:20:32	22:50:34	25:21:18.65	25:21:47.40	+08:15:16 (32.5%)	10:08	5.9 (67.0%)	
66	JĘDRASZEK Alicja	110	TRAIL IS OUR WAY	Open K	4		02:53:59	04:55:24	06:48:11	09:31:38	12:15:36	16:05:34	19:26:52	21:08:13	22:39:09	25:22:00.15	25:22:17.70	+08:15:46 (32.6%)	10:08	5.9 (67.0%)	
67	KUPIŃSKI Cezary	166	MOCNA GRUPA CEZARA	Open M	63		02:33:19	04:23:43	06:06:00	08:44:25	11:19:30	15:12:36	18:40:32	20:37:43	22:21:47	25:22:25.70	25:22:37.55	+08:16:06 (32.6%)	10:08	5.9 (67.0%)	
68	MOĆKO Jacek	205	DSV	Open M	64		02:40:12	04:34:14	06:20:46	08:56:41	11:30:32	15:28:22	18:40:30	20:29:29	22:21:44	25:27:39.35	25:27:47.25	+08:21:15 (32.8%)	10:11	5.9 (67.0%)	
69	KUJAWA Maciej	163	HQ MNC NE	Open M	65		02:59:54	04:52:21	06:40:40	09:22:41	12:01:45	15:58:07	19:07:25	20:53:34	22:38:52	25:36:23.85	25:37:03.10	+08:30:31 (33.2%)	10:14	5.9 (67.0%)	
70	KREPA Daniel	154	EXTREME WOLF	Open M	66		02:45:41	04:39:18	06:31:54	09:09:24	11:50:47	15:54:14	19:32:58	21:26:18	23:16:47	25:40:19.95	25:40:47.05	+08:34:15 (33.4%)	10:16	5.8 (65.9%)	
70	MALEC Mariusz	185	NIEZDIAGNOZOWANI W SZALE	Open M	66		02:46:36	04:42:20	06:30:18	09:09:31	11:50:28	15:57:36	19:33:09	21:26:39	23:16:54	25:40:21.55	25:40:47.05	+08:34:15 (33.4%)	10:16	5.8 (65.9%)	
72	WOJCIECH Łukasz	335		Open M	68		02:28:37	04:40:13	06:47:27	09:23:41	11:57:26	15:59:07	19:16:06	20:48:13	22:26:28	25:49:30.20	25:49:38.90	+08:43:07 (33.8%)	10:19	5.8 (65.9%)	
73	KUNCEWICZ Dariusz	165	STAY INSANE	Open M	69		02:47:38	04:41:30	06:32:49	09:13:04	11:58:57	16:05:42	19:34:08	21:22:04	23:17:21	25:51:46.50	25:51:53.80	+08:45:22 (33.9%)	10:20	5.8 (65.9%)	
74	JĘDRZEJEWSKI Paweł	112	BANDA GRUDNIA / STAY INSANE	Open M	70		02:47:41	04:41:23	06:32:45	09:13:00	11:58:55	16:05:42	19:34:10	21:21:53	23:17:18	25:51:46.90	25:51:53.90	+08:45:22 (33.9%)	10:20	5.8 (65.9%)	
75	POWAŁOWSKI Marcin	255		Open M	71		02:50:18	04:56:03	06:50:33	09:31:43	12:07:50	16:14:35	19:34:26	21:26:52	23:17:19	25:58:44.45	25:59:01.10	+08:52:29 (34.2%)	10:23	5.8 (65.9%)	
76	PAPRZYCKI Rafał	235	NBRTEAM	Open M	72		03:02:32	05:01:04	07:18:10	10:00:55	12:36:35	16:32:03	19:40:20	21:25:46	23:16:56	25:58:41.90	25:59:01.30	+08:52:29 (34.2%)	10:23	5.8 (65.9%)	
77	KAROLCZAK Aleksander	125		Open M	73		02:57:04	05:01:28	06:53:19	09:50:50	12:28:10	16:37:47	20:13:53	22:12:28	23:26:48	26:06:49.55	26:07:26.75	+09:00:55 (34.5%)	10:26	5.7 (64.8%)	
78	BELZ Tomasz	19		Open M	74		02:25:06	04:10:12	05:50:15	08:11:05	10:40:17	14:39:49	18:12:16	20:51:37	22:50:55	26:08:07.40	26:08:11.50	+09:01:40 (34.5%)	10:27	5.7 (64.8%)	
79	DĘBSKA Marta	58	ZIELONEBIEGANIE.PL	Open K	5		02:47:32	04:44:21	06:42:13	09:31:44	12:20:44	16:21:38	19:40:16	21:17:33	22:48:59	26:14:13.55	26:14:19.60	+09:07:48 (34.8%)	10:29	5.7 (64.8%)	
80	CZAPLIŃSKI Michał	52		Open M	75		03:04:02	05:06:23	07:02:29	10:00:26	12:57:15	17:13:57		22:02:59	23:33:45	26:14:16.35	26:14:32.35	+09:08:00 (34.8%)	10:29	5.7 (64.8%)	
81	KARPIŃSKI Tomasz	126	RUNFORYOURBEER!	Open M	76		02:43:53	04:44:33	06:39:22	09:17:59	11:54:39	15:58:31		21:21:00	23:33:42	26:16:03.30	26:16:09.35	+09:09:37 (34.9%)	10:30	5.7 (64.8%)	
82	MORAWA Mateusz	206	LACHO TEAM	Open M	77		02:24:07	04:06:40	05:58:02	08:51:57	11:27:11	15:56:34	19:33:13	21:32:36	23:33:45	26:17:38.05	26:17:43.80	+09:11:12 (34.9%)	10:31	5.7 (64.8%)	
83	KUTNIK Mirosław	168	NAJWIĘKSZY PRZEGRANY	Open M	78		02:41:36	04:42:56	06:37:26	09:15:16	11:52:19	15:31:17	18:50:37	20:57:00	22:50:44	26:18:51.85	26:19:05.25	+09:12:33 (35.0%)	10:31	5.7 (64.8%)	
84	KOZIEŁ Krzysztof	147		Open M	79		02:35:09	04:25:03	06:14:50	08:57:50	11:34:53	15:38:37	18:51:07	20:57:08	22:50:47	26:18:59.30	26:19:07.10	+09:12:35 (35.0%)	10:31	5.7 (64.8%)	
85	LISIECKI Tomasz	174	TRZYNASTKA PLUS	Open M	80		02:41:17	04:33:40	06:20:44	08:59:22	11:41:01	16:12:36	19:47:33	21:32:10	23:33:23	26:31:04.75	26:31:40.10	+09:25:08 (35.5%)	10:36	5.7 (64.8%)	
86	KACZMARCZYK Paweł	117	BIEGNĘ ZA WODZEM	Open M	81		03:14:54	05:31:30	07:22:10	10:06:27	12:42:41	16:34:37	20:13:39	22:10:37	22:50:30	26:34:58.35	26:35:36.70	+09:29:05 (35.7%)	10:37	5.6 (63.6%)	
87	BEDNARCZYK Gerard	18		Open M	82		02:54:32	05:08:54	07:16:21	10:02:45	12:40:30	16:55:46	20:23:20	22:20:45	24:05:12	26:36:20.80	26:36:30.75	+09:29:59 (35.7%)	10:38	5.6 (63.6%)	
88	BUDZICH Wojciech	36	KB TKKF PROMYK CIECHANÓW	Open M	83		02:50:28	04:47:57	06:41:30	09:39:15	12:36:23	16:45:19	20:30:55	22:38:42	24:05:44	26:38:40.15	26:38:54.00	+09:32:22 (35.8%)	10:39	5.6 (63.6%)	
89	MUSZYŃSKI Maciej	213	MM POWER/KOLIBER TEAM	Open M	84		02:49:39	04:49:30	06:55:41	09:42:56	12:24:10	16:38:25	20:07:25	22:01:36	23:51:04	26:52:22.55	26:52:44.75	+09:46:13 (36.3%)	10:44	5.6 (63.6%)	
90	TARNOWSKI Maciej	312	MM POWER / KOLIBER TEAM	Open M	85		02:49:42	04:49:32	06:55:45	09:43:03	12:24:13	16:38:24	20:07:43	22:01:00	23:51:05	26:52:21.55	26:52:44.90	+09:46:13 (36.3%)	10:44	5.6 (63.6%)	
91	SADOWSKA Jagoda	270	#YOLOTEAMKRK	Open K	6		02:44:31	04:38:00	06:24:41	08:58:20	11:38:34	15:39:50	19:28:24	21:36:06	23:40:14	27:01:07.40	27:01:13.20	+09:54:41 (36.7%)	10:48	5.6 (63.6%)	
92	JANUSZEWSKI Karol	106	BIEGAM U KOLESI	Open M	86		02:49:14	04:55:35	06:58:47	09:43:25	12:29:04	16:48:43	20:17:58	22:27:21	24:05:15	27:03:47.00	27:04:01.20	+09:57:29 (36.8%)	10:49	5.5 (62.5%)	
93	KALANDYK Wojciech	120	TURLAM SIĘ DO METY	Open M	87		03:00:03	04:58:05	06:54:41	09:41:15	12:38:09	16:50:50	20:25:01	22:38:07	24:16:46	27:16:08.00	27:16:48.00	+10:10:16 (37.3%)	10:54	5.5 (62.5%)	
94	POPŁAWSKI Piotr	251	PGB SPORTOWA PACZKA	Open M	88		02:52:46	04:58:12	06:53:21	09:41:45	12:32:38	16:44:10	20:26:31	22:20:54	24:05:15	27:16:53.35	27:17:05.45	+10:10:34 (37.3%)	10:54	5.5 (62.5%)	
94	WOJNA Mikołaj	336	MALIGNA	Open M	88		02:47:19	04:55:33	06:56:41	09:55:52	12:38:30	16:54:50	20:23:07	22:20:40	24:05:02	27:16:43.00	27:17:05.45	+10:10:34 (37.3%)	10:54	5.5 (62.5%)	
96	SZOSTEK Filip	305	JW 2420	Open M	90		02:49:01	04:46:48	06:38:31	09:28:56	12:30:44	16:37:27	20:26:16	22:36:27	24:17:02	27:19:36.95	27:19:56.35	+10:13:24 (37.4%)	10:55	5.5 (62.5%)	
97	PAŁKA Tomasz	232	LUZYX	Open M	91		03:03:47	05:09:25	07:09:07	09:58:42	12:49:18	17:07:55	20:40:46	22:41:45	24:21:48	27:22:41.25	27:23:14.70	+10:16:43 (37.5%)	10:57	5.5 (62.5%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Hańcзова 22.2km	Zdynia 34km	Bartne 47.3km	Przełęcz Hałbowska 64.2km	Chyrowa 80.4km	Iwonicz- Zdrój 102.3km	Puławy Górne 121km	Wilcze Budy 130km	Przybyszów 136.5km	Czas		Różn	Tempo min/km	Tempo km/h
																netto 150km	brutto 150km			
98	FUS Maciej	75		Open M	92		03:05:05	05:12:30	07:08:59	09:59:32	12:50:24	17:07:53	20:40:48	22:41:42	24:21:49	27:22:41.65	27:23:14.80	+10:16:43 (37.5%)	10:57	5.5 (62.5%)
99	RADYK Jakub	260	PRZEMYSKI KLUB BIEGACZA	Open M	93		02:45:09	04:45:48	06:40:34	09:32:01	12:29:05	16:57:00	20:29:34	22:41:34	24:27:54	27:41:32.45	27:41:39.30	+10:35:07 (38.2%)	11:04	5.4 (61.4%)
100	BIADASZ Andrzej Michał	20	POLITECHNIKA POZNAŃSKA	Open M	94		03:02:30	05:05:53	07:18:13	10:15:15	12:57:24	16:56:26	20:29:17	22:41:25	24:27:39	27:41:18.45	27:41:39.35	+10:35:07 (38.2%)	11:04	5.4 (61.4%)
101	KIEZIK Anna	128	PSZCZÓŁKOWSKI TEAM	Open K	7		02:51:21	05:01:02	06:57:33	09:48:44	12:45:18	16:58:08		22:41:40	24:27:58	27:41:31.75	27:41:39.55	+10:35:08 (38.2%)	11:04	5.4 (61.4%)
102	BLICHARZ Artur	28		Open M	95		03:03:17	05:05:59	07:02:30	09:56:03	12:56:06	17:11:52		22:59:51	24:36:49	27:41:26.50	27:41:51.40	+10:35:20 (38.2%)	11:04	5.4 (61.4%)
103	NICPON Sebastian	218	PATOBIEGACZE	Open M	96		03:00:45	05:10:18	07:11:36	10:07:30	13:06:14	17:24:24	21:02:00	23:00:06	24:37:07	27:43:42.90	27:43:54.95	+10:37:23 (38.3%)	11:05	5.4 (61.4%)
104	BALON Piotr	13	U(L)TRA BAKOMAT	Open M	97		02:43:05	04:48:28	06:50:23	09:40:17	12:33:03	16:54:51	20:34:35	22:38:47	24:29:34	27:48:47.55	27:48:53.90	+10:42:22 (38.5%)	11:07	5.4 (61.4%)
105	BZOWSKI Michał	44	TRAILRUN	Open M	98		02:49:07	04:47:22	06:41:15	09:40:26	12:28:19	17:18:33	20:50:22	23:32:51	25:15:26	27:48:36.05	27:48:54.25	+10:42:22 (38.5%)	11:07	5.4 (61.4%)
106	BLASZKE Beata	27	BIEGAJ Z TRENERAMI	Open K	8		02:45:11	05:03:57	07:02:31	09:59:11	12:50:53	17:04:27	20:44:27	22:53:17	25:04:54	28:01:01.35	28:01:30.20	+10:54:58 (39.0%)	11:12	5.4 (61.4%)
107	PIECUCH Karolina	242		Open K	9		02:52:51	05:01:45	07:01:18	09:59:13	13:03:52	17:24:01	20:57:13	23:09:26	25:05:06	28:03:49.60	28:04:03.75	+10:57:32 (39.0%)	11:13	5.3 (60.2%)
108	DZIADOSZ Jerzy	64	ONEMANTEAM	Open M	99		02:52:44	04:57:11	06:49:45	09:34:38	12:29:13	17:04:29	20:45:36	23:09:40	25:05:02	28:05:21.90	28:05:49.90	+10:59:18 (39.1%)	11:14	5.3 (60.2%)
109	DOLATA Krzysztof	59	SOCIOS SILESIA	Open M	100		03:07:08	05:27:23	07:23:27	10:50:10	13:29:30	17:29:11	21:01:59	23:09:38	25:05:21	28:05:43.05	28:05:50.00	+10:59:18 (39.1%)	11:14	5.3 (60.2%)
110	MIETŁA Mateusz	200	KSS JPIL	Open M	101		03:03:32	05:06:57	07:00:49	09:53:08	12:46:03	17:34:19	21:03:16	23:09:23	25:05:02	28:05:27.05	28:05:50.70	+10:59:19 (39.1%)	11:14	5.3 (60.2%)
111	SMOLIŃSKI Piotr	286		Open M	102		02:59:50	05:09:11	07:12:20	10:02:49	12:56:43	17:23:57	21:02:41	23:23:28	25:15:29	28:25:40.80	28:25:59.75	+11:19:28 (39.8%)	11:22	5.3 (60.2%)
112	BOREK Robert	31	THE RUNNERS ŚWIECIE	Open M	103		03:01:45	05:12:47	07:01:13	09:49:02	12:35:22	16:55:15	20:45:56	22:53:52	25:04:55	28:28:24.60	28:29:00.80	+11:22:29 (39.9%)	11:23	5.3 (60.2%)
113	SIWIEC Stanisław	279		Open M	104		02:40:29	04:47:26	06:41:07	09:26:20	12:18:39	16:44:17	20:55:41	23:24:13	25:22:20	28:36:40.00	28:36:45.60	+11:30:14 (40.2%)	11:26	5.2 (59.1%)
114	GRZYBOWSKA Karolina	92	GRANDAUTO	Open K	10		02:50:16	04:54:38	06:52:14	09:34:53	12:18:44	16:40:48		23:24:19	25:22:22	28:36:36.75	28:36:45.75	+11:30:14 (40.2%)	11:26	5.2 (59.1%)
115	STANIO Arkadiusz	290	ASSECO ACTIVE TEAM / BIEGAM W RZESZOWIE	Open M	105		02:38:37	04:32:43	06:17:31	09:00:52	11:50:11	16:37:18	20:15:32	23:24:04	25:16:18	28:36:38.70	28:36:45.85	+11:30:14 (40.2%)	11:26	5.2 (59.1%)
116	LEWANDOWSKI Janusz	172	KS SPRINT BIELSKO-BIAŁA	Open M	106		03:07:38	05:23:25	07:26:29	10:20:03	13:18:01	17:39:52	21:30:41	23:41:21	25:36:38	28:37:04.15	28:37:20.90	+11:30:49 (40.2%)	11:26	5.2 (59.1%)
117	DWORNICKI Kamil	63	FREE RUN	Open M	107		02:47:36	04:38:59	06:27:47	09:14:50	11:56:23	16:02:25	19:51:00	22:46:09	24:38:49	28:37:51.90	28:38:18.20	+11:31:46 (40.3%)	11:27	5.2 (59.1%)
118	NOWOMIEJSKI Marcin	219	PROGRES	Open M	108		03:02:55	05:11:12	07:09:56	09:58:37	12:48:50	17:13:28	20:57:42	22:53:39	25:05:19	28:38:12.10	28:38:27.25	+11:31:55 (40.3%)	11:27	5.2 (59.1%)
119	ŚWIERCZEK Grzegorz	311	JURA.PL	Open M	109		03:12:01	05:24:28	07:26:11	10:23:39	13:17:12	17:36:32	21:30:29	23:41:17	25:36:32	28:45:02.50	28:45:30.20	+11:38:58 (40.5%)	11:30	5.2 (59.1%)
120	CISEK Piotr	50	FINISZ RYMANÓW	Open M	110		03:00:35	05:17:11	07:18:57	10:25:01	13:31:44	18:35:56	22:20:03	24:25:15	26:02:44	28:47:44.55	28:48:19.05	+11:41:47 (40.6%)	11:31	5.2 (59.1%)
121	ŁYCZKO Anna	179		Open K	11		02:57:35	05:02:11	06:57:25	09:53:49	13:03:41	18:01:11		24:23:56	26:13:03	29:02:45.65	29:02:51.10	+11:56:19 (41.1%)	11:37	5.2 (59.1%)
122	DZISZKIEWICZ Grzegorz	66		Open M	111		03:21:22	05:40:27	07:48:16	10:43:16	13:33:41	17:30:09	21:00:25	23:52:27	25:45:16	29:05:10.55	29:05:39.70	+11:59:08 (41.2%)	11:38	5.2 (59.1%)
123	KOSTERA Tomasz	141	VEGE RUNNERS	Open M	112		02:47:31	04:53:17	06:53:40	09:56:20	12:50:56	17:27:21	21:40:57	23:46:07	25:50:19	29:08:07.45	29:08:20.00	+12:01:48 (41.3%)	11:39	5.1 (58.0%)
124	MORCINEK Marcin	207	BLUSZCZA	Open M	113		03:02:15	05:17:59	07:22:26	10:13:34	13:08:37	17:39:59	21:40:43	23:45:50	25:50:17	29:07:53.10	29:08:20.45	+12:01:49 (41.3%)	11:39	5.1 (58.0%)
125	LADRA Ryszard	169	KKM KALORYFER	Open M	114		03:14:45	05:39:03	07:44:55	10:51:06	14:10:53	18:42:21	22:28:17	24:37:49	26:13:01	29:07:59.45	29:08:31.15	+12:01:59 (41.3%)	11:39	5.1 (58.0%)
126	ŁUKASZEK Artur	178		Open M	115		03:08:40	05:28:39	07:30:00	10:45:35	14:01:35	18:39:00	22:32:01	24:47:27		29:13:51.40	29:14:21.50	+12:07:50 (41.5%)	11:41	5.1 (58.0%)
127	MALESA Radosław	186	ULTRASY	Open M	116		03:08:40	05:28:36	07:31:27	10:45:34	14:01:40	18:39:01	19:47:52	24:47:23	26:28:24	29:13:53.10	29:14:21.85	+12:07:50 (41.5%)	11:41	5.1 (58.0%)
128	FRYSIAK Artur	71	WIELUŃ ULTRA	Open M	117		03:05:00	05:25:31	07:25:34	10:31:17	13:31:28	18:01:46	22:02:55	24:23:37	26:13:11	29:21:13.95	29:21:27.65	+12:14:56 (41.7%)	11:44	5.1 (58.0%)
129	BIEGAJ Arkadiusz	23	SKARŻYSKI DZIKI	Open M	118		02:57:02	05:14:12	07:11:51	10:07:04	13:18:38	18:06:19	22:02:51	24:23:18	26:12:35	29:20:52.15	29:21:27.85	+12:14:56 (41.7%)	11:44	5.1 (58.0%)
130	BARTNIAK Daria	17	NO LIMITS TRAIL	Open K	12		02:49:47	05:01:14	06:57:55	09:58:59	13:11:29	17:52:44	22:05:24	24:34:33	26:20:08	29:22:20.45	29:22:32.65	+12:16:01 (41.8%)	11:44	5.1 (58.0%)
131	ZIELIŃSKI Sławek	350	DZIKITIM	Open M	119		02:37:18	04:45:47	06:57:31	10:11:10	13:29:57	18:18:30	22:02:22	24:24:02	26:13:14	29:32:23.95	29:32:28.35	+12:25:56 (42.1%)	11:48	5.1 (58.0%)
132	OLESIAK Arkadiusz	222	BIEGAM NA TARCHOMINIE / PKO BP	Open M	120		03:15:02	05:29:28	07:36:13	10:38:38	13:44:09	18:20:22	22:04:40	24:23:33	26:12:35	29:35:54.05	29:36:13.15	+12:29:41 (42.2%)	11:50	5.1 (58.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Hańcзова 22.2km	Zdynia 34km	Bartne 47.3km	Przełęcz Hałbowska 64.2km	Chyrowa 80.4km	Iwonicz- Zdrój 102.3km	Puławy Górne 121km	Wilcze Budy 130km	Przybyszów 136.5km	Czas		Różn	Tempo min/km	Tempo km/h
																netto 150km	brutto 150km			
133	WIECZOREK Agata	330		Open K	13		02:51:26	04:57:18	06:58:39	10:13:29	13:08:47	18:07:28	22:14:07	24:47:27	26:29:12	29:37:46.85	29:38:14.25	+12:31:42 (42.3%)	11:51	5.1 (58.0%)
134	WALKOWIAK Dariusz	325		Open M	121		03:00:45	05:08:30	07:12:18	10:22:07	13:28:54	18:19:48	22:27:05	24:47:49	26:29:08	29:42:22.00	29:42:50.00	+12:36:18 (42.4%)	11:52	5 (56.8%)
135	KOWALCZYK Aleksander	142		Open M	122		03:06:01	05:30:49	07:22:32	10:34:51	13:32:03	18:01:38		24:52:42		29:47:51.30	29:48:03.95	+12:41:32 (42.6%)	11:55	5 (56.8%)
136	KRUKAR Wojtek	157		Open M	123		02:53:06	05:16:49	07:19:30	10:17:20	13:29:30	18:38:24	22:57:17	25:06:31	26:47:23	29:47:55.25	29:48:30.65	+12:41:59 (42.6%)	11:55	5 (56.8%)
137	OSTANSKI Artur	226		Open M	124		03:00:12	05:07:18	07:09:31	10:05:37	13:08:04	17:52:19	22:29:29	24:58:17	26:28:05	29:47:55.40	29:48:31.00	+12:41:59 (42.6%)	11:55	5 (56.8%)
138	SLETTVOLD TELLEFSEN Beathe	284	SALOMON NORGE	Open K	14		02:50:16	05:08:45	07:09:48	10:22:42	13:34:36	18:17:41	22:27:40	24:58:44	26:29:28	29:48:27.55	29:48:31.15	+12:41:59 (42.6%)	11:55	5 (56.8%)
139	MIELNIK Krzysztof	199	LESZ NO LIMITS RUNNERS	Open M	125		02:54:59	05:05:40	07:02:15	09:51:37	12:59:53	17:31:39	21:52:40	24:09:32	26:13:01	29:51:26.00	29:51:38.15	+12:45:06 (42.7%)	11:56	5 (56.8%)
140	MALISZEWSKA Malwina	187		Open K	15		02:51:14	05:01:07	06:57:45	09:49:05	12:44:30	17:08:01	20:55:44	23:31:01	25:54:14	29:54:53.35	29:55:01.45	+12:48:30 (42.8%)	11:57	5 (56.8%)
141	PODOLSKI Marek	247	BIEGAMYRAZEM.PL	Open M	126		02:56:52	05:04:18	06:58:20	09:50:31	12:54:44	17:19:04	21:01:09	23:31:03	25:54:06	29:54:53.30	29:55:02.60	+12:48:31 (42.8%)	11:57	5 (56.8%)
142	JĘDRZEJCZAK Wojciech	111		Open M	127		03:11:45	05:30:51	07:37:08	10:44:59	13:53:31	19:02:24		25:31:42	27:14:18	30:26:15.45	30:26:40.05	+13:20:08 (43.8%)	12:10	4.9 (55.7%)
143	KOŁODZIEJSKI Jarek	134	ZDZISŁAW I GRAŻYNA	Open M	128		03:04:08	05:31:03	07:37:14	10:45:00	13:53:24	19:02:26	22:59:34	25:31:44	27:14:33	30:26:19.00	30:26:40.60	+13:20:09 (43.8%)	12:10	4.9 (55.7%)
144	KOŁODZIEJSKI Ariel	135	TEAM KARAŚ	Open M	129		03:12:14	05:31:13	07:37:31	10:45:13	13:53:48	19:02:48	22:59:54	25:32:10	27:13:28	30:26:43.80	30:26:43.80	+13:20:12 (43.8%)	12:10	4.9 (55.7%)
145	KLONOWSKI Sławomir	129		Open M	130		02:53:48	05:08:04	07:09:44	10:34:44	14:17:33	19:04:00	23:45:03	26:13:13	28:05:31	30:39:30.90	30:39:47.20	+13:33:15 (44.2%)	12:15	4.9 (55.7%)
146	JASKULA Bartosz	107		Open M	131		03:02:14	05:06:49	07:03:02	10:03:27	13:01:03	17:40:07	21:52:36	24:35:13	26:38:27	30:40:38.35	30:40:52.95	+13:34:21 (44.2%)	12:16	4.9 (55.7%)
147	STRĄŚ Jarosław	296		Open M	132		02:38:00	04:26:38	06:13:03	09:15:09	12:26:06	17:29:30	21:38:39	24:04:27	26:17:29	30:43:23.45	30:43:37.15	+13:37:05 (44.3%)	12:17	4.9 (55.7%)
148	SZKOŁA-ŚNIEŻEK Agnieszka	304	PRZYSZŁAM POPATRZEĆ	Open K	16		03:22:41	05:46:20	07:53:47	11:00:32	14:08:23	18:48:56	22:46:21	25:16:54	27:08:45	30:43:43.05	30:44:12.85	+13:37:41 (44.3%)	12:17	4.9 (55.7%)
149	WYSOKIŃSKI Jerzy	345	ORANGE POLSKA	Open M	133		03:06:32	05:21:35	07:36:56	10:53:02	13:49:40	18:32:23	22:46:26	25:17:03	27:08:43	30:43:47.80	30:44:13.00	+13:37:41 (44.3%)	12:17	4.9 (55.7%)
150	ZIMNIEWICZ Jacek	352		Open M	134		03:17:03	05:38:39	07:49:07	10:58:56	14:07:45	18:57:18	23:13:58	25:31:22	27:14:46	30:51:47.95	30:52:19.25	+13:45:47 (44.6%)	12:20	4.9 (55.7%)
151	NALEPA Maciek	215		Open M	135		02:57:56	05:14:52	07:18:39	10:24:48	13:27:11	18:30:25	22:58:07	25:31:25	27:18:12	30:51:48.55	30:52:19.60	+13:45:48 (44.6%)	12:20	4.9 (55.7%)
152	RYBARCZYK Ilona	267	KOŁO BIEGA	Open K	17		02:46:18	04:49:06	06:51:28	09:49:51	12:57:45	17:44:56	22:04:39	24:49:41	26:55:01	30:52:36.30	30:52:45.55	+13:46:14 (44.6%)	12:21	4.9 (55.7%)
153	TYŚ Radek	322	NOWA RUDA BIEGA	Open M	136		02:48:50	04:53:08	06:56:26	10:02:17	13:00:23	17:34:43	22:04:34	24:49:44	26:54:59	30:52:34.85	30:52:45.85	+13:46:14 (44.6%)	12:21	4.9 (55.7%)
154	SIWA Kinga	277		Open K	18		03:02:45	05:07:58	07:08:31	10:07:25	13:13:01	18:17:58	23:02:38	25:45:51	27:30:04	30:55:03.60	30:55:28.15	+13:48:56 (44.7%)	12:22	4.9 (55.7%)
155	JÓZEFKO Arkadiusz	114	KASZĘBĚ	Open M	137		02:50:46	04:48:37	06:33:59	09:24:41	12:29:49		22:02:40	24:46:58	26:42:34	30:55:12.35	30:55:28.50	+13:48:57 (44.7%)	12:22	4.9 (55.7%)
156	FUKS Szymon	74	MCBIEGACZE	Open M	138		02:33:46	04:29:21	06:34:15	09:26:24	12:29:58	17:27:44	22:02:49	24:47:12	26:42:50	30:55:23.85	30:55:28.85	+13:48:57 (44.7%)	12:22	4.9 (55.7%)
157	KOZICZAK Katarzyna	145		Open K	19		03:05:28	05:23:23	07:22:59	10:48:01	14:05:07			25:48:52	27:53:30	30:57:05.30	30:57:29.00	+13:50:57 (44.7%)	12:22	4.8 (54.5%)
158	MILEWSKI Mateusz	203	ASSECO ACTIVE TEAM	Open M	139		03:03:01	05:22:02	07:23:32	10:40:51	13:54:38	19:14:00	23:15:22	25:49:07	27:53:42	31:07:17.45	31:07:31.00	+14:00:59 (45.0%)	12:26	4.8 (54.5%)
159	GRZYWA Kinga	94	PORUNNE FURGANIE	Open K	20		03:06:33	05:19:15	07:26:06	10:35:51	13:44:58	18:35:55	23:00:04	25:31:15	27:30:05	31:11:53.25	31:12:13.30	+14:05:41 (45.2%)	12:28	4.8 (54.5%)
160	MUCHA Adam	212		Open M	140		03:06:20	05:19:06	07:22:39	10:31:56	13:39:12	18:34:37	23:00:04	25:31:11	27:30:01	31:11:54.05	31:12:13.70	+14:05:42 (45.2%)	12:28	4.8 (54.5%)
161	MARCZEWSKI Maciej	191		Open M	141		02:54:28	05:10:16	07:12:35	10:15:11	13:20:45	18:39:03	23:01:03	25:44:41	27:45:22	31:30:20.70	31:30:38.10	+14:24:06 (45.7%)	12:36	4.8 (54.5%)
162	JANGAŚ Andrzej	102		Open M	142		03:07:45	05:39:44	07:45:24	10:53:44	14:09:51	19:28:09	23:45:08	26:13:19	28:05:07	31:30:42.00	31:31:14.00	+14:24:42 (45.7%)	12:36	4.8 (54.5%)
163	MIELECKI Maciej	198	FAT&FURIOUS	Open M	143			05:11:19	06:59:39	09:56:15	12:48:48	17:59:47	22:49:12	26:12:19	28:20:34	31:31:50.35	31:32:01.25	+14:25:29 (45.7%)	12:36	4.8 (54.5%)
164	HRABEC Michal	100	RUNNING2.CZ/COLUMBIA	Open M	144		03:00:47	05:32:40	07:57:35	10:57:33	14:24:07	19:38:12	23:45:22	26:52:22	28:42:43	31:50:04.20	31:50:24.25	+14:43:52 (46.3%)	12:44	4.7 (53.4%)
165	SKORUPA Tomasz	281	AGB TORFY	Open M	145		03:03:48	05:14:21	07:15:35	10:20:18	13:39:20	18:34:28	22:58:08	26:37:31	28:46:49	32:02:01.50	32:02:18.60	+14:55:47 (46.6%)	12:48	4.7 (53.4%)
166	PTASZYŃSKA Eliza	258	PNB	Open K	21		03:11:49	05:31:23	07:37:17	10:46:14	13:53:52	19:02:33	23:06:10	26:20:56	28:25:20	32:04:06.95	32:04:29.70	+14:57:58 (46.7%)	12:49	4.7 (53.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Hańcзова 22.2km	Zdynia 34km	Bartne 47.3km	Przełęcz Hałbowska 64.2km	Chyrowa 80.4km	Iwonicz- Zdrój 102.3km	Puławy Górne 121km	Wilcze Budy 130km	Przybyszów 136.5km	Czas		Różn	Tempo min/km	Tempo km/h
																netto 150km	brutto 150km			
167	RATAJCZAK Joanna	261	PNB	Open K	22		03:11:47	05:31:08	07:37:17	10:45:37	13:53:51	19:02:33	23:05:23	26:20:36	28:23:36	32:04:09.95	32:04:30.00	+14:57:58 (46.7%)	12:49	4.7 (53.4%)
168	WOJTKOWIAK Renata	338	PIĄTKOWO NA BIEGOWO	Open K	23		03:11:45	05:31:12	07:37:22	10:46:13	13:53:48	19:02:35	23:06:10	26:20:55	28:25:17	32:04:09.50	32:04:30.30	+14:57:58 (46.7%)	12:49	4.7 (53.4%)
169	GOŁDA Paweł	86		Open M	146		02:46:53	04:55:15	06:56:40	10:00:42	13:10:38	18:50:18	23:45:57	27:01:15	29:05:56	32:05:50.65	32:05:55.70	+14:59:24 (46.7%)	12:50	4.7 (53.4%)
170	MROWIEC Jakub	210		Open M	147		02:46:54	04:55:11	06:56:43	10:00:38	13:10:34	18:50:18	23:45:55	27:01:12	29:05:53	32:05:49.65	32:05:55.90	+14:59:24 (46.7%)	12:50	4.7 (53.4%)
171	KACZOR Miłosz	119	KG TRAWERS	Open M	148		03:17:17	05:38:15	07:41:05	11:02:34	14:25:11	19:34:37	23:32:27	26:20:37	28:24:24	32:06:09.10	32:06:41.75	+15:00:10 (46.7%)	12:50	4.7 (53.4%)
172	PTAK Adam	257	PIĄTKOWO NA BIEGOWO	Open M	149		03:11:54	05:31:27	07:43:07	10:57:22	14:31:52	19:34:48	23:32:40	26:20:46	28:23:44	32:06:37.10	32:06:58.80	+15:00:27 (46.7%)	12:50	4.7 (53.4%)
173	SKŁODOWSKI Piotr	280	BRYGADA RR	Open M	150		02:59:40	05:01:56	07:15:24	10:16:15	13:27:39	17:51:48	22:30:41	25:33:22	27:52:40	32:09:13.05	32:09:51.05	+15:03:19 (46.8%)	12:51	4.7 (53.4%)
174	GADOMSKI Radosław	76	ŻÓRAWSKI TEAM	Open M	151		02:44:36	04:51:22	06:48:41	09:41:42	12:41:13	17:48:06	22:31:04	25:33:52	27:53:05	32:09:50.00	32:09:59.30	+15:03:27 (46.8%)	12:51	4.7 (53.4%)
175	COP Anna	51	SUMT / DAV SEKCJA KATOWICKA	Open K	24		02:54:36	05:00:17	07:03:42	10:02:14	13:25:35	19:08:55	24:41:02	27:01:38	28:56:21	32:29:45.10	32:30:13.95	+15:23:42 (47.4%)	12:59	4.6 (52.3%)
176	CICHOWSKI Grzegorz	48		Open M	152		03:24:53	05:54:56	08:06:12	11:32:53	15:00:40	20:12:23	24:46:16	27:03:28	28:56:26	32:29:59.30	32:30:20.50	+15:23:49 (47.4%)	12:59	4.6 (52.3%)
177	GASIECKI Andrzej	81	PIASKOWY DZIADEK	Open M	153		03:00:45	05:16:30	07:32:27	10:56:31	14:22:17	19:54:16		27:01:53	28:55:56	32:30:05.65	32:30:21.20	+15:23:49 (47.4%)	13:00	4.6 (52.3%)
178	BRZEZIŃSKI Cezary	35	AKADEMIA NAUK STOSOWANYCH STEFANA BATOREGO	Open M	154		03:15:29	05:39:35	07:45:36	11:13:24	14:34:35	19:52:27	24:45:50	27:01:48	29:01:27	32:30:05.40	32:30:29.05	+15:23:57 (47.4%)	13:00	4.6 (52.3%)
179	SZUSTER Karol	307	KOSTERA TEAM	Open M	155		02:51:03	04:51:10	06:34:15	09:05:32	11:35:37	15:36:06	18:44:46	20:36:50	22:26:58	32:38:05.60	32:38:22.00	+15:31:50 (47.6%)	13:03	4.6 (52.3%)
180	DOŁĘGA Anna	60	ZABIEGANA MAMA	Open K	25		03:28:13	06:04:01	08:23:54	11:49:41	15:06:26	20:24:40	25:25:34	27:37:17	29:44:41	32:41:46.25	32:42:10.50	+15:35:39 (47.7%)	13:04	4.6 (52.3%)
181	PAŚNIK Dariusz	237		Open M	156		03:03:04	05:19:58	07:21:07	10:30:52	13:47:11	18:56:15	23:20:49	26:20:40	28:29:39	32:45:05.10	32:45:26.60	+15:38:55 (47.8%)	13:06	4.6 (52.3%)
182	FRANCZYK Robert	70		Open M	157		03:07:49	05:29:23	07:27:36	10:37:14	13:55:44	18:51:50	23:21:20	26:20:39	28:29:53	32:45:08.50	32:45:27.15	+15:38:55 (47.8%)	13:06	4.6 (52.3%)
183	TOMASZEWSKI Michał	316	BIEG OPOLSKI	Open M	158		02:57:05	05:05:30	07:02:52	10:17:04	13:24:01	18:31:01	23:20:44	26:20:14	28:29:37	32:44:56.20	32:45:27.80	+15:38:56 (47.8%)	13:05	4.6 (52.3%)
183	CHOMIAK Katarzyna	47		Open K	26		03:02:03	05:20:03	07:25:11	10:32:51	13:47:10	18:55:03	23:21:08	26:20:29	28:29:47	32:45:01.00	32:45:27.80	+15:38:56 (47.8%)	13:06	4.6 (52.3%)
185	KOSTERA Katarzyna	140	VEGE RUNNERS	Open K	27		03:06:59	05:28:27	07:34:38	11:01:32	14:22:10	19:39:16		27:27:40	29:44:45	32:45:30.30	32:45:43.30	+15:39:11 (47.8%)	13:06	4.6 (52.3%)
186	BARAN Grzegorz	14	NAPIERAJAKBYNIEBYŁOJUTRA SQUAD	Open M	159		03:08:54	05:17:08	07:21:53	10:28:49	14:04:15	19:54:12	25:13:27	27:38:36	29:44:40	32:50:13.10	32:50:34.00	+15:44:02 (47.9%)	13:08	4.6 (52.3%)
187	DEBSLEY Stephen	57		Open M	160		03:36:40	06:09:01	08:31:59	12:06:12	15:48:10	20:57:37	25:25:21	27:37:11	29:44:28	32:55:18.90	32:55:54.75	+15:49:23 (48.0%)	13:10	4.6 (52.3%)
188	BIAŁY Jakub	22	HYCOK	Open M	161		03:16:55	05:28:38	07:33:03	10:32:50	13:38:12	18:18:11	22:53:11	26:17:53	28:34:50	32:59:16.25	32:59:50.50	+15:53:19 (48.2%)	13:11	4.5 (51.1%)
189	LITEWKA Jacek	175		Open M	162		03:16:02	05:53:31	08:04:26	11:35:10	15:01:44	20:30:53		28:10:05	30:02:19	33:19:38.15	33:20:11.40	+16:13:40 (48.7%)	13:19	4.5 (51.1%)
190	KRZYŻIŃSKA Sylvia	160	DOGOŃ GRODZISK MAZOWIECKI	Open K	28		03:16:33	05:58:36	08:06:36	11:30:54	14:47:27	20:23:12	25:11:57	28:10:37	30:02:25	33:19:59.75	33:20:11.50	+16:13:40 (48.7%)	13:19	4.5 (51.1%)
191	BODNAR Adrian	29		Open M	163		03:06:50	05:28:14	07:34:24	11:01:16	14:22:06	19:38:59	24:23:45	27:27:24	29:44:38	33:22:36.95	33:23:06.50	+16:16:35 (48.8%)	13:21	4.5 (51.1%)
192	BUDZISZ Rajmund	37		Open M	164		03:05:16	05:30:22	07:34:33	10:50:32	14:20:28	19:28:18	25:43:43	28:43:37	30:45:02	33:24:51.80	33:25:15.50	+16:18:44 (48.8%)	13:21	4.5 (51.1%)
193	KÓZKA Przem	149	NBR TEAM	Open M	165		03:31:31	06:06:43	08:25:51	12:03:24	15:21:05	21:00:30	26:05:48	28:59:16	30:26:54	33:34:07.75	33:34:29.05	+16:27:57 (49.0%)	13:25	4.5 (51.1%)
194	POCHYLSKI Przemysław	246	ZGRUPKA TEAM	Open M	166		03:31:30	06:06:38	08:25:51	12:03:43	15:21:11	21:00:29	26:05:25	28:59:26	30:25:10	33:34:11.20	33:34:31.20	+16:27:59 (49.0%)	13:25	4.5 (51.1%)
195	TYMOSZUK Michał	320	KB BIAŁA BIEGA	Open M	167		03:16:56	05:41:03	07:49:16	10:59:03	14:18:40	19:37:35	24:33:42	27:57:25	30:16:24	33:37:41.80	33:38:09.50	+16:31:38 (49.1%)	13:27	4.5 (51.1%)
196	KUŚMIERCZYK Piotr	167	ULTRARADOMSKO / ROZBIEGAJMY RADOMSKO	Open M	168		03:04:01	05:26:04	07:28:55	10:41:36	14:09:45	19:34:52	24:47:04	27:39:52	29:51:18	33:41:15.05	33:41:48.25	+16:35:16 (49.2%)	13:28	4.5 (51.1%)
197	KOWALCZYK Marek	143	ROZBIEGAJMY RADOMSKO/ULTRA RADOMSKO	Open M	169			05:25:59	07:29:03	10:41:52	14:12:20	19:35:02	24:47:03	27:39:57	29:52:57	33:41:16.80	33:41:49.20	+16:35:17 (49.2%)	13:28	4.5 (51.1%)
198	CIEŚLIK Kapitan	49	ROZBIEGAJMY RADOMSKO	Open M	170		03:03:58	05:26:08	07:29:00	10:41:55	14:10:25	19:35:03	24:47:12	27:40:35	29:53:46	33:41:16.60	33:41:49.45	+16:35:18 (49.2%)	13:28	4.5 (51.1%)
199	JANIK Mariusz	104		Open M	171		03:05:14	05:51:04	08:12:05	11:52:53	15:22:59	20:49:50	26:00:38	28:43:31	30:45:00	33:48:13.65	33:48:31.35	+16:41:59 (49.4%)	13:31	4.4 (50.0%)
200	JANIK Joanna	103		Open K	29		03:05:13	05:50:46	08:12:10	11:53:00	15:23:15	20:49:50	26:01:32	28:43:37	30:45:03	33:48:13.70	33:48:31.45	+16:42:00 (49.4%)	13:31	4.4 (50.0%)
201	WAPA Marek	326		Open M	172		03:06:56	05:22:05	07:37:24	10:55:10	14:33:32		25:57:48	28:58:14	30:45:23	34:05:35.00	34:05:35.00	+16:59:03 (49.8%)	13:38	4.4 (50.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Hańcowa 22.2km	Zdynia 34km	Bartne 47.3km	Przełęcz Hałbowska 64.2km	Chyrowa 80.4km	Iwonicz- Zdrój 102.3km	Puławy Górne 121km	Wilcze Budy 130km	Przybyszów 136.5km	Czas netto 150km	Czas brutto 150km	Różn	Tempo min/km	Tempo km/h	
202	MASZEWSKA-WACH Mariola	193		Open K	30		03:28:21	06:02:28	08:28:59	12:03:06	15:41:47	21:26:18	26:12:07	29:06:06	31:10:12	34:09:02.15	34:09:32.05	+17:03:00 (49.9%)	13:39	4.4 (50.0%)	
203	KRASIŃSKI Tomasz	150		Open M	173		02:50:20	05:19:02	07:39:36	10:43:48	14:32:03	21:30:19	28:11:27	30:26:20	31:41:45	34:13:52.50	34:13:58.80	+17:07:27 (50.0%)	13:41	4.4 (50.0%)	
204	SULEJ Michał	299		Open M	174		03:13:00	05:35:37	07:49:53	10:59:05	14:18:12	19:37:30	24:33:40	27:57:23	30:16:26	34:17:04.60	34:17:32.25	+17:11:00 (50.1%)	13:42	4.4 (50.0%)	
205	HOJCZYK Karol	99	EXPLORADOR & WOLNE ŚLIMAKI	Open M	175		03:37:37	06:30:15	08:52:28	12:42:50	16:21:52	21:59:08	26:54:07	29:39:05	31:17:23	34:24:59.30	34:25:35.80	+17:19:04 (50.3%)	13:45	4.4 (50.0%)	
206	POSTAWA Radosław	253	ESSVE RACING TEAM	Open M	176		03:34:17	06:08:59	08:39:52	12:32:43	16:23:19	22:05:15	27:18:42	29:39:13	31:25:56	34:33:49.25	34:34:24.10	+17:27:52 (50.5%)	13:49	4.3 (48.9%)	
207	KOZIEŁ Tadeusz	146	SZCZĘŚCIARZ BIEGA	Open M	177		03:33:49	06:03:27	08:39:40	12:31:41	16:22:39	22:04:27	27:18:21	29:36:55	31:25:51	34:33:54.35	34:34:24.15	+17:27:52 (50.5%)	13:49	4.3 (48.9%)	
208	RUTKOWSKI Janusz	266		Open M	178		03:24:27	06:07:28	08:34:59	12:06:32	15:55:35	22:13:22	27:19:27	29:59:20	31:26:57	34:46:04.55	34:46:29.55	+17:39:58 (50.8%)	13:54	4.3 (48.9%)	
Przekroczony limit czasu: 35:00:00																					
209	KOSMALA Bartosz	139	KOSMALA TEAM	Open M	179		03:53:00	06:40:51	09:11:25	13:03:17	16:53:47	23:19:59	28:36:37	30:40:22	32:27:41	35:05:52.00	35:06:18.00	+17:59:46 (51.3%)	14:02	4.3 (48.9%)	
	MAZUREK Dariusz	194	RZESZOWSKIE GAZELE I GEPARDY	Open M			DNF	02:51:27	04:57:13	06:57:47	09:48:34	12:31:37	16:12:08	19:07:00	20:48:04	22:21:26	DNF	DNF	-	-	(0.0%)
	WINIARSKA Izabela	333	IZAGÓRA	Open K			DNF	03:31:54	06:22:30	08:53:31	13:03:36	17:06:15	23:22:14	28:36:52	30:40:31	DNF	DNF	-	-	(0.0%)	
	DUC-SYPOSZ Aureliusz	62		Open M			DNF	02:42:28	04:32:00	06:09:46	08:30:38	10:49:38	14:18:17	17:16:29	DNF	DNF	DNF	DNF	-	-	(0.0%)
	WOŁOSZYN Artur	339		Open M			DNF	03:03:50	05:05:39	06:54:43	09:23:55	11:50:24	15:20:23	18:23:27	DNF	DNF	DNF	DNF	-	-	(0.0%)
	PALUCH Tobiasz	231	KS RYGLICE	Open M			DNF	02:57:20	04:55:21	06:43:55	09:11:05	11:37:51	15:25:04	18:30:20	DNF	DNF	DNF	DNF	-	-	(0.0%)
	FUCZIK Małgorzata	72	HIT THE TRAIL TOMASZ KLISZ TEAM	Open K			DNF	02:37:03	04:22:54	06:04:03	08:35:03	11:11:32	15:28:43	19:29:51	DNF	DNF	DNF	DNF	-	-	(0.0%)
	ROŻNIATA Iwona	264	SNG WILD DUCKS	Open K			DNF	03:15:05	05:31:36	07:33:03	10:30:31	13:22:18	17:35:24	21:15:13	DNF	DNF	DNF	DNF	-	-	(0.0%)
	LUTY Paweł	176		Open M			DNF	02:46:55	04:56:04	07:00:23	10:07:09	13:10:52	18:15:47	22:14:19	DNF	DNF	DNF	DNF	-	-	(0.0%)
	POLAŃSKI Paweł	249	#KASZANIENAMOKA	Open M			DNF	03:22:51	05:44:08	07:50:23	10:48:11	13:59:02	18:49:38	23:20:57	DNF	DNF	DNF	DNF	-	-	(0.0%)
	SEGIN Marcin	274	SPRINT ZALEWO	Open M			DNF	03:35:01	06:00:27	08:10:52	11:16:03	14:27:24	19:28:15	23:32:52	DNF	DNF	DNF	DNF	-	-	(0.0%)
	ANZEL Dawid	11	KURŻĘTNIK BIEGA	Open M			DNF	03:35:09	06:00:30	08:10:47	11:16:27	14:27:33	19:28:15	23:33:01	DNF	DNF	DNF	DNF	-	-	(0.0%)
	NAPIERAŁA Marcin	216	#BIEGIEMWLAS	Open M			DNF	03:06:46	05:41:22	08:01:58	11:27:02	14:48:06	19:54:13	24:23:54	DNF	DNF	DNF	DNF	-	-	(0.0%)
	GRZESZCZAK Adam	91	BIEGAMYRAZEM.PL	Open M			DNF	03:26:23	05:58:46	08:18:26	11:40:50	14:59:44	20:29:31	25:06:02	DNF	DNF	DNF	DNF	-	-	(0.0%)
	SEDLAK Michał	273	MARCIN ŚWIERC TEAM	Open M			DNF	02:13:51	03:47:05	05:18:52	07:29:55	09:37:10	13:18:00	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	VIK Ole Jørgen	323	TOMREFJORD IL / SPORT 1 TOMRA	Open M			DNF	02:24:58	04:12:22	05:52:12	08:22:05	10:48:33	14:29:37	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	CZUWAJ Andrzej	54	ZADYSZKA OŚWIĘCIM	Open M			DNF	02:28:18	04:14:58	05:54:19	08:13:56	10:45:22	14:45:14	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	SKWARA Dariusz	283	PODIUM	Open M			DNF	02:29:52	04:19:18	06:00:05	08:33:53	11:21:52	15:04:01	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	WAGNER Lenka	324	BOBOWSKA GRUPA BIEGOWA	Open K			DNF	03:00:45	04:57:41	06:46:29	09:16:41	11:42:12	15:18:18	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	BIELECKI Marcin	24	SOKUDO OTWOCK	Open M			DNF	02:43:38	04:32:30	06:15:50	08:53:50	11:22:08	15:22:40	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	TYLEK Rafał	319		Open M			DNF	03:16:11	05:19:46	07:11:24	09:51:21	12:27:11	16:25:17	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	JUSZCZAK Marcin	116		Open M			DNF	02:59:55	05:04:38	06:49:42	09:32:12	12:21:34	16:43:53	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	ŁODZIANA Dorota	177	STODOŁA CUSTOM	Open K			DNF	02:50:14	04:48:48	06:41:09	09:34:04	12:33:44	16:56:09	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	CHOJNOWSKI Andrzej	45	ŁAWA	Open M			DNF	02:59:47	05:04:14	06:58:54	10:01:19	12:53:59	17:14:15	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	GAJDA Michał	77	UMK SOCHACZEW	Open M			DNF	02:56:54	05:04:12	07:00:04	09:54:57	12:50:55	17:17:45	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	SZAREK Rafał	302	KB MCKIS JAWORZNO	Open M			DNF	02:58:37	04:59:55	06:50:40	09:38:06	12:37:36	17:31:22	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	WTOREK-BUGAŃSKA Iłona	342	CARBON SILESIA SPORT	Open K			DNF	03:02:12	05:15:42	07:12:06	10:14:06	13:32:57	17:44:49	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Hańczowa 22.2km	Zdynia 34km	Bartne 47.3km	Przełęcz Hałbowska 64.2km	Chyrowa 80.4km	Iwonicz- Zdrój 102.3km	Puławy Górne 121km	Wilcze Budy 130km	Przybyszów 136.5km	Czas netto 150km	Czas brutto 150km	Różn	Tempo min/km	Tempo km/h
	ZUGAJ Robert	353	42K PRO TEAM	Open M			03:00:29 DNF	05:18:16 DNF	07:19:45 DNF	10:19:51 DNF	13:41:08 DNF	18:25:49 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KRAWCZYK Wojciech	153	BIEGAM NA TARCHOMINIE	Open M			02:54:40 DNF	05:04:10 DNF	07:07:04 DNF	10:07:25 DNF	13:08:52 DNF	18:28:24 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	MAMLA Zbigniew	190	BIEGIEM NA KAWĘ	Open M			02:43:36 DNF	04:51:35 DNF	06:48:31 DNF	09:41:40 DNF	12:53:35 DNF	18:36:12 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	PASTWA Marek	236	OH!ZUZA.COM/BEAUTYSPORT	Open M			DNF	05:10:49 DNF	07:08:10 DNF	10:09:17 DNF	13:22:50 DNF	18:52:01 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	DZIURKA Rafal	67	SKAVEN DANMARK	Open M			03:06:27 DNF	05:26:08 DNF	07:29:09 DNF	10:42:33 DNF	14:05:20 DNF	18:52:28 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	TROCHANOWSKI Krystian	317	RUSYN - LEM	Open M	Tak		03:09:05 DNF	05:31:36 DNF	07:32:45 DNF	10:32:52 DNF	14:08:25 DNF	19:34:17 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	MAKSELON Maciej	183	TORPEDO SZCZECINEK	Open M			03:27:05 DNF	05:56:59 DNF	08:07:05 DNF	11:27:57 DNF	14:55:52 DNF	20:19:59 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	MAKSELON Anna	184		Open K			03:27:03 DNF	05:56:51 DNF	08:07:08 DNF	11:27:42 DNF	14:55:55 DNF	20:19:59 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	JAWORSKI Piotr	109	MARKOWI BIEGACZE	Open M			03:07:56 DNF	05:25:27 DNF	07:38:21 DNF	10:59:16 DNF	14:29:30 DNF	20:27:21 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	PAPIERNIK Aneta	233	MARKOWI BIEGACZE	Open K			03:07:42 DNF	05:25:23 DNF	07:37:59 DNF	10:59:13 DNF	14:30:07 DNF	20:27:23 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	MROZIAK Maciek	211	KEEP THE FAITH	Open M			03:28:15 DNF	06:04:03 DNF	08:23:55 DNF	11:49:37 DNF	15:06:27 DNF	20:33:58 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	WÓŁKIEWICZ Paweł	341	OX5	Open M			03:26:57 DNF	06:04:58 DNF	08:17:11 DNF	11:45:22 DNF	15:08:42 DNF	20:43:05 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	WOJNO Małgorzata	337	DROGA DO ULTRA	Open K			03:29:21 DNF	06:07:38 DNF	08:21:06 DNF	11:51:45 DNF	15:17:39 DNF	20:49:41 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	ZIELIŃSKI Adam	351	DROGA DO ULTRA / EVERRUN	Open M			03:29:24 DNF	06:07:42 DNF	08:21:10 DNF	11:51:53 DNF	15:17:34 DNF	20:49:44 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	WÓJCIK Jacek	340		Open M			03:23:04 DNF	05:58:08 DNF	08:07:30 DNF	11:46:03 DNF	15:12:07 DNF	20:49:49 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	OSSOWSKI Maciej	225		Open M			02:58:08 DNF	05:10:42 DNF	07:17:55 DNF	10:58:49 DNF	15:10:24 DNF	20:49:56 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	SIWEK Sebastian	278		Open M			03:23:11 DNF	05:58:16 DNF	08:07:23 DNF	11:46:00 DNF	15:12:12 DNF	20:49:58 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	SILSKA Sylwia	275	ATRAKCYJNE TOWARZYSTWO	Open K			03:16:47 DNF	05:38:57 DNF	07:52:49 DNF	11:13:16 DNF	14:32:51 DNF	20:57:13 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	STASZEWSKI Piotr	291		Open M			03:07:37 DNF	05:33:29 DNF	07:50:44 DNF	11:11:31 DNF	14:50:25 DNF	20:57:17 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	LEGUTKO Włodzimierz	171	OSTOYA	Open M			03:47:55 DNF	06:22:25 DNF	08:44:48 DNF	12:24:01 DNF	15:55:24 DNF	21:43:34 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	FLIS Marcin	69		Open M			03:07:52 DNF	05:53:54 DNF	08:06:31 DNF	11:53:34 DNF	16:00:55 DNF	21:43:58 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	GROMADZKA Justyna	89	KOBIETY WATAHA	Open K			03:21:16 DNF	05:54:10 DNF	DNF	11:43:36 DNF	15:41:32 DNF	21:49:42 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	HAŁAS Marcin	96		Open M			03:31:47 DNF	06:03:26 DNF	08:20:47 DNF	11:43:40 DNF	15:41:04 DNF	21:49:44 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	JASZEK Paweł	108		Open M			03:31:20 DNF	05:56:15 DNF	08:13:52 DNF	11:53:20 DNF	15:23:34 DNF	21:55:10 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	BADURA Wojtek	12	KS KANDAHAR	Open M			03:20:18 DNF	05:53:38 DNF	08:21:39 DNF	12:04:08 DNF	15:43:54 DNF	21:59:41 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	GIENIECZKO Marcin	84	XICORR GIENIECZKO	Open M			03:28:44 DNF	06:17:32 DNF	08:35:47 DNF	12:43:59 DNF	16:25:01 DNF	22:13:32 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	SZYMANIK Paweł	308		Open M			02:34:48 DNF	06:09:34 DNF	08:27:20 DNF	12:10:31 DNF	15:57:55 DNF	22:56:18 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KRZESIŃSKA Renata	159		Open K			03:25:08 DNF	06:09:31 DNF	08:27:17 DNF	12:10:27 DNF	15:57:51 DNF	22:56:19 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KUC Maciek	162	JAJAMIOMETE	Open M			03:53:03 DNF	06:40:44 DNF	09:11:20 DNF	13:03:22 DNF	16:53:51 DNF	23:19:59 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	GRZADZIEL Dominik	2	ATTIQ TEAM	Open M			02:05:13 DNF	03:31:31 DNF	04:56:06 DNF	06:54:37 DNF	08:50:33 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	PRUCNAL Zbigniew	256	ELKO24.PL	Open M			02:34:48 DNF	04:29:19 DNF	06:09:25 DNF	08:35:08 DNF	11:10:02 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	WERNER Kamil	329	DZIKI BIEG	Open M			02:37:56 DNF	04:25:26 DNF	06:01:11 DNF	08:36:27 DNF	11:30:25 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	MAKOWSKI Tomasz	195	CIECHANÓW	Open M			02:42:23 DNF	04:34:57 DNF	06:33:16 DNF	09:07:14 DNF	11:47:08 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	GOŁEK Robert	87	FORZA ŁĘKAWICA	Open M			02:30:01 DNF	04:32:37 DNF	06:21:04 DNF	09:05:38 DNF	11:50:58 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KANIA Piotr	122		Open M			02:34:03 DNF	04:34:20 DNF	06:31:45 DNF	09:23:52 DNF	12:23:03 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Przełęcz					Puławy Górne 121km	Wilcze Budy 130km	Przybyszów 136.5km	Czas netto 150km	Czas brutto 150km	Różn	Tempo min/km	Tempo km/h
							Hańczowa 22.2km	Zdynia 34km	Bartne 47.3km	Hałbowska 64.2km	Chyrowa 80.4km								
	GRZABA Szymon	90													DNF	DNF	-	-	(0.0%)
	TOMALSKI Marcin	315													DNF	DNF	-	-	(0.0%)
	GAMROT Filip	80													DNF	DNF	-	-	(0.0%)
	BROCHOCKI Paweł	33	GLAJTY SĄ WSZĘDZIE												DNF	DNF	-	-	(0.0%)
	LANGĘ Beata	170	BP RUNNING TEAM / EXTREMALNI RZEŹNICY NA RELAKSIE												DNF	DNF	-	-	(0.0%)
	SWOBODA Jarosław	300	BP RUNNING TEAM / EXTREMALNI RZEŹNICY NA RELAKSIE												DNF	DNF	-	-	(0.0%)
	MAŁYSZA Sławomir	189													DNF	DNF	-	-	(0.0%)
	SZARANIEC Sebastian	301	TRAIL IS OUR WAY TEAM / MCBIEGACZE												DNF	DNF	-	-	(0.0%)
	GOLEC Rafał	85													DNF	DNF	-	-	(0.0%)
	BARCIK Maciej	15													DNF	DNF	-	-	(0.0%)
	TOL Kamil	314	KUNA W AGREŚCIE												DNF	DNF	-	-	(0.0%)
	TAWRAL Michał	313													DNF	DNF	-	-	(0.0%)
	SŁOCIĄK Rafał	285	RAJSPOORT ACTIVE/PRZEDWOJEWSKI TEAM												DNF	DNF	-	-	(0.0%)
	MAJDA Maciej	182	BRYGADA BESKIDÓW												DNF	DNF	-	-	(0.0%)
	SOBIERAJ Grzegorz	288	KUMPLE SEBANA												DNF	DNF	-	-	(0.0%)
	BURY Marek	43													DNF	DNF	-	-	(0.0%)
	ZUGAJ Bartosz	354													DNF	DNF	-	-	(0.0%)
	KROCZYŃSKA Kinga	156													DNF	DNF	-	-	(0.0%)
	BINIENDA Agnieszka	26	KOBIETY WATAHY												DNF	DNF	-	-	(0.0%)
	ŻURAWSKI Arkadiusz	356													DNF	DNF	-	-	(0.0%)
	ORŁOWSKI Jakub	223	ULTRA KSP												DNF	DNF	-	-	(0.0%)
	KOZŁOWSKI Tomasz	148	TRI4FUN												DNF	DNF	-	-	(0.0%)
	REWERS Dariusz 7	7	ULTRA WAY TEAM												DNF	DNF	-	-	(0.0%)
	BULANDA Damian	41	BRYGADA BESKIDÓW												DNF	DNF	-	-	(0.0%)
	KOŁACZ Piotr	133													DNF	DNF	-	-	(0.0%)
	POROWSKI Waldek	252	KB SOBÓTKA												DNF	DNF	-	-	(0.0%)
	MYSZK Łukasz	214	KUMPLE SEBANA												DNF	DNF	-	-	(0.0%)
	JĘDRZEJUK Robert	113													DNF	DNF	-	-	(0.0%)
	SILSKI Marek	276	ATRAKCYJNE TOWARZYSTWO												DNF	DNF	-	-	(0.0%)
	NARKOWICZ Aleksandra	5	SALOMON NORGE												DNF	DNF	-	-	(0.0%)
	OSINA Jakub	224	BIEGAJĄCY ŚWIDNIK												DNF	DNF	-	-	(0.0%)
	PINKIEWICZ Miłosz	244													DNF	DNF	-	-	(0.0%)
	PAPROCKA Marta	234													DNF	DNF	-	-	(0.0%)
	RUDZIŃSKI Tomasz	265	KUNA W AGREŚCIE												DNF	DNF	-	-	(0.0%)
	PODSKARBI Dawid	248	GOD IS GOOD												DNF	DNF	-	-	(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Hańczowa 22.2km	Zdynia 34km	Bartne 47.3km	Przełęcz Hałbowska 64.2km	Chyrowa 80.4km	Iwonicz- Zdrój 102.3km	Puławy Górne 121km	Wilcze Budy 130km	Przybyszów 136.5km	Czas netto 150km	Czas brutto 150km	Różn	Tempo min/km	Tempo km/h
	KOCHAN Rafał	131		Open M			03:21:15 DNF	06:02:28 DNF	08:29:36 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	MIGDAL Michał	201	MARKOWI BIEGACZE	Open M			02:38:44 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	MEZINCESCU Alice	196	TEAM PYLLON	Open K			02:40:23 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	NAWROT Artur	217	DTR BIEGA / MARIO TEAM	Open M			02:41:49 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	MAGIERA Grzegorz	181	KGHM ZG RUN HUTA MIEDZI GŁOGÓW	Open M			02:50:36 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	PIECUCH Marcin	243		Open M			02:51:13 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	TYSZKA Dariusz	321		Open M			DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 312 wynik(ów)